MAURITIUS TI

Your voice is your vote, and your vote is your voice. – Anthony T. Hincks

Interview: Jack Bizlall

Friday, November, 1, 2024

"Il faut retrouver 'Missié Moustass'. On aura besoin de lui comme témoin"



· 'L'enjeu ici, ce n'est pas le soutien aux alliances de l'opposition, mais l'expulsion du MSM du pouvoir'

'Il ne faut pas privilégier des considérations secondaires quand la contradiction principale peut tout construire ou détruire le socle de la liberté de la personne humaine'



Breakfast with Bwana Letters to Seffican

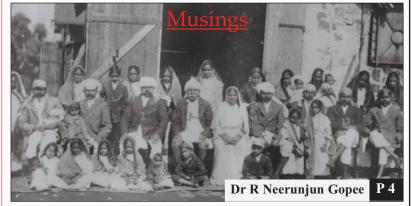
The Quirks and **Idiosyncrasies of American "Democracy"**



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Beyond The Ballot Box

s Mauritius approaches its elections on November 11, 2024, the political landscape is charged with tension and anticipation. The leader of the Labour Party (LP) asserts that these elections are not just significant but potentially more critical than those of 1967, the year marking Mauritius's first steps toward independence. This assertion prompts a deeper examination of the current political dynamics and the implications of the upcoming vote.

Historically, elections in Mauritius have been shaped by a complex interplay of social, economic, and political factors. The 1967 elections were pivotal, laying the foundation for the nation's democratic governance. Today, however, the stakes feel particularly high as citizens grapple with issues of governance, corruption, abuse of power and the integrity of democratic institutions. In this context, many are questioning whether the November elections will represent a vote against the current ruling party, the Mouvement Socialiste Mauricien (MSM), or if they will galvanize support for the opposition coalition, which includes the Labour Party (LP), the Mouvement Militant Mauricien (MMM), the Nouveaux Démocrates (ND), and Resistans ek Alternativ (ReA).

The notion that "Navin hasn't won yet, while Pravind L hasn't lost" echoes through various political circles, especially within the MSM establishment. This statement underscores a precarious reality: while the opposition appears ready to challenge the status quo, the MSM remains a formidable force, bolstered by a wellentrenched political apparatus and state institutions that are weaponized to suppress opposition voices. This sentiment may, however, indicatean internalization of defeat; it also underscores a critical truth: the electorate's mood can shift rapidly, especially in light of recent scandals and emerging evidence of misconduct. This evidence has been brought to light by the latterday moustachioed whistleblower — "Missié Moustass" who may have been a silent observer of, or even complicit in, many misdeeds. These revelations are being showcased in widely circulated videos of intercepted conversations involving allegedly senior MSM ministers, including the Prime Minister, high-ranking officials in the PMO, Police Headquarters, senior counsels, senior advisers, and other political agents.

The government's recently announced decision to establish a commission of inquiry into phone tapping allegations is a telling move, occurring just days before the general elections. Many see this as an attempt to divert attention from the political turmoil stirred by 'Missié Moustass,' a figure whose revelations have shaken the foundations of the current regime. The question remains: what does the government hope to achieve with this inquiry which has no hope to even start its work before the elections? Is it a genuine effort to restore integrity, or simply a political manoeuver designed to limit more damage to the ruling party's image? The vague wording does not clarify whether it is the contents of the phone-tapping leaks that would be investigated or the identity of the whistleblower and



his/her legal liability. Given the timing, the widespread scepticism is warranted.

Notwithstanding that announcement, 'Missié Moustass' (MM) remains a polarizing figure, intensifying the political discourse. First it indicates that there could be somewhere along the internet and telecoms highway, hugely costly devices and servers designed for mass snooping and listening of private phone conversations. If there is no reason to suspect Mauritius Telecom of such illegal operations, many wonder where or which agency has such means and resources. Some of the conversations, using end-to-end encrypted WhatsApp, are highly embarrassing, such as those involving breach of medical, financial or legal confidentialities. Others, if true, are indicative of highlevel conspiracies to commit unlawful acts and would take participants straight to CCID headquarters.

At the end of the day, MM's allegations have raised the stakes significantly, particularly concerning the trust voters place in the government. Some may argue that the impact of these revelations is overstated, yet they undeniably resonate with an electorate weary of corruption, hounding of opponents and constant manipulation. The challenge lies in whether this sentiment will translate into action at the ballot box, particularly among the undecided voters who have historically opted out of the electoral process.

On the other side of the fence, and in the event of an opposition victory, one must consider the potential consequences for governance in Mauritius. A change in leadership could usher in a new era of accountability and reform. The current socio-economic challenges — rising debt, currency depreciation, and inflation — demand urgent attention, and how the new government addresses these issues will be critical to its legitimacy and effectiveness. Improved relations between the LP

and the MMM, once fraught with suspicion, now suggest a possible alliance that could rival the MSM's dominance. It is said that the 2014 alliance was formed by politburos after months of wrangling, while the 2024 alliance is driven by widespread electoral base confluence between both major parties demanding change. However, although the real challenge will be how these parties manage their differences and govern together, there is a sense that both leaders exhibit greater maturity today than ever before.

The upcoming elections in Mauritius are not merely another chapter in the nation's political history; they represent a critical juncture that could redefine the country's trajectory. As voters prepare to cast their ballots, the weight of their decisions bears heavily upon the future of Mauritius. The electorate's engagement, particularly among the youth, the women folk, the elderly, the private sector working class, will be pivotal in determining whether these elections will be a moment of renewal or a continuation of the status quo. With pressing social, economic, and political challenges ahead, the choice made on November 11 will resonate far beyond the ballot box and even beyond our shores.

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Elections générales

Un vent de changement souffle-t-il sur le pays?

Aditya Narayan

a campagne électorale bat son plein à coups de meetings publics, de congrès régionaux et de «canvassing» porte-à-porte par des candidats aux élections. Il reste dix jours jusqu'au scrutin décisif du 10 novembre. Les partis en lice entreront dans la ligne droite vers le but avec les grands rassemblements nationaux prévus pour ce weekend, et dont l'ampleur aura une portée psychologique certaine auprès de l'électorat.

A ce jour, il semble que l'Alliance du Changement (Opposition) ait un léger avantage sur ses adversaires, à en juger par la foule présente aux meetings et son enthousiasme débordant. Ayant le vent en poupe, cette alliance pourra-t-elle maintenir le rythme de mobilisation populaire jusqu'au jour du scrutin? Si l'on constate qu'un certain vent de changement souffle sur le pays, il faut dire que c'est la majorité silencieuse absente des meetings qui décidera de l'issue des élections en cochant d'une croix les bulletins de vote dans l'isoloir.

Tournant historique

Certains candidats optimistes de l'Alliance du Changement sont assez téméraires pour prévoir un raz de marée électoral en leur faveur. En l'absence de sondages sur les intentions de vote à intervalles réguliers, comme on en voit dans les pays avancés, il est difficile de prédire l'issue du scrutin avec certitude dans un pays comme Maurice où parfois des facteurs autres que politiques ou économiques influencent les électeurs, dont les replis identitaires et la proximité du candidat.

Ces élections ont une valeur de tournant historique au même titre que les élections de 1967 pour l'indépendance politique ou les élections de 1982 qui furent disputées sur une base idéologique. Elles offrent le choix entre la Continuité ou le Changement.

La Continuité, c'est la perpétuation du statu quo marqué par la mauvaise gouvernance dans bien des domaines, comme le confirme le rapport 2024 de «Mo Ibrahim» sur la gouvernance démocratique en Afrique. En effet, selon l'*African Governance Index*, Maurice a subi une



présente campagne électorale a connu un phénomène inédit et recelant une certaine innovation technologique. C'est la diffusion sur les réseaux sociaux des bandes sonores des conversations enregistrées - par, parait-il, une agence de l'Etat - qui place des personnalités sur écoute téléphonique..."

baisse de 4 points de 2014 à 2023, passant au deuxième rang avec 72,8 points sur 100 derrière les Seychelles qui occupent la première place au classement avec 75,3 points.

Le Changement, c'est l'ouverture d'une perspective générale pour une réforme profonde du système socioéconomique et politique ainsi que la méthode de gouvernance.

S'il est vrai que le sentiment populaire contre le statu quo (anti-incumbency feeling) est assez fort, il n'en demeure pas moins que les promesses monétaires de l'Alliance Lepep (gouvernementale) ont le potentiel d'atténuer l'impact de la révolte contre la cherté du coût de la vie et autres maux qui rongent le tissu social (drogue, corruption, népotisme). Cette alliance a fait des promesses audacieuses qui coûteraient au minimum Rs 50 milliards durant la première année d'un nouveau mandat si elles devaient

être réalisées, comme nous l'avons expliqué dans nos éditions précédentes.

Loyer hypothétique

Dour faire miroiter les mirages de cette carotte devant l'électorat, le chef de l'Alliance Lepep s'appuie sur une source hypothétique de financement en brandissant un "carnet de loyer" pour la location de l'île de Diego Garcia aux Anglais. Or, ce loyer n'est pas encore acquis car un traité entre les deux pays est à négocier après l'avènement d'un nouveau gouvernement à Maurice. Déjà des voix conservatrices s'élèvent au Parlement britannique contre l'accord anglomauricien sur la souveraineté sur l'archipel des Chagos. Elles en appellent même à Donald Trump, candidat républicain aux élections présidentielles du 5 novembre aux États-Unis, de renverser cet accord au cas où il deviendrait président.

L'Alliance du Changement a aussi fait

des promesses monétaires mais dans une moindre mesure. Elle a rendu public son manifeste électoral mardi après celui de l'Alliance Lepep. Les deux manifestes, comme celui de la troisième force Linion Reform, regorgent de promesses et de propositions de réformes. Une analyse comparative de ces manifestes est nécessaire pour évaluer la fiabilité financière et la viabilité économique des propositions.

Bandes sonores

Contrairement aux campagnes précédentes, la présente campagne électorale a connu un phénomène inédit et recelant une certaine innovation technologique. C'est la diffusion sur les réseaux sociaux des bandes sonores des conversations enregistrées - par, parait-il, une agence de l'Etat - qui place des personnalités sur écoute téléphonique. L'initiative en revient à un lanceur d'alerte qui dit être contre les abus de pouvoir.

Ces bandes sonores ont suscité une émotion considérable au sein de la population dans la mesure où les écoutes téléphoniques violent la confidentialité d'une conversation privée. Étant donné que des personnalités de l'Opposition ont reconnu leur voix dans la première série de bandes sonores, leur authenticité n'est pas mise en doute.

a pratique d'écoutes téléphoniques aux dépens de l'Opposition a été associée à un Watergate mauricien, rappelant de sinistre mémoire l'espionnage du quartier général du Parti Démocrate par les services d'un Président républicain (Richard Nixon) aux États-Unis, ce qui l'amena à démissionner en 1974.

Une deuxième série de bandes sonores a été diffusée sur la Toile, visant des hommes du pouvoir, dont le commissaire de police. Ces derniers ont nié avoir tenu les propos qui leur sont attribués dans ces bandes. Toutefois, des propos blasphématoires entendus dans une bande sonore contre une religion particulière ont provoqué une réaction de désapprobation officielle de l'Evêché catholique.

Même le leader du PMSD a eu une réaction d'agacement, bien que tardivement. Pour toute défense, le Gouvernement a attribué les bandes sonores à l'ingéniosité de l'Intelligence Artificielle utilisée par des adversaires, ce qui est peu plausible. Puisque l'argument n'a pas convaincu l'opinion publique, il a annoncé une commission d'enquête sur l'infrastructure des écoutes téléphoniques.

Cette nouvelle parade vise à dénicher le lanceur d'alerte plutôt que de vérifier l'authenticité des bandes sonores. Plus que jamais une loi assurant la protection des lanceurs d'alerte est nécessaire à Maurice. Cependant, on a vu une réaction institutionnelle positive aux bandes sonores, celle du Directeur des Poursuites Publiques (DPP) qui a ordonné une enquête judiciaire sur un cas de décès survenu en janvier dernier (celui de Jacquelin Juliette) dans des circonstances troublantes révélées par une bande sonore. L'enquête a déjà démarré devant une Cour de justice lundi.

Guerre de bandes

Une troisième série de bandes sonores, celle-là montée manifestement par l'Intelligence Artificielle et diffusée par une partie autre que le lanceur d'alerte, simule des conversations entre des politiciens de l'Opposition et leur attribue des propos incendiaires qu'ils ont très vite démentis. Devrait-on s'attendre à une guerre de bandes sonores opposant le lanceur d'alerte à une partie vraisemblablement proche du gouvernement? Il est à parier que d'autres bandes gênantes surgiront dans les jours à venir.

Quelle est l'influence des bandes sonores sur l'opinion publique par rapport aux forces politiques en lice? Est-ce qu'elles détermineront les intentions de vote? Sans

publique par rapport aux forces politiques en lice? Est-ce qu'elles détermineront les intentions de vote? Sans un sondage ponctuel, il est difficile de tirer des conclusions. L'analyse faite par une agence privée, en l'occurrence Pulse Analytics, des opinions du public sur la base des réactions sur les réseaux sociaux n'est pas un exercice fiable. Toute extrapolation d'intentions de vote à partir de cet exercice n'est pas crédible non plus.



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Musings Mauritius Times Friday, November 1, 2024



May Divali's Light guide both Voters and Politicians

s far as I can remember this is the first time ever Lthat Divali and Aapravasi Ghat Day are almost coinciding, taking place this year within a day of each other - and but a few days away from the general election due on 10 November. Although the one is a celebration (of the return of Bhagavan Sri Rama to his kingdom Ayodhya) and the other a commemoration (of the arrival of the first batch of indentured labour from India), both occasions carry a common message of sacrifice

undergone by the respective

protagonists.

Thus, Sri Ram was banished to the forest for fourteen years with his wife Sita instead of living a princely life as ruler. This ordeal was compounded by a further, hard struggle to bring back his wife from Sri Lanka where she had been kept captive by the demon King Ravana. He had used deceit — disguise as a sadhu or holy man - to abduct her from the compound where she and Sri Ram had settled in the jungle while the latter was temporarily away.

Incidentally, Ravana was a highly educated and pious man too, but that didn't prevent him from committing this heinous act.

apravasi Ghat Day should remind us of the broadly similar narrative of people who were lured away from their homes and families to toil under the harshest of both working and living conditions. They too struggled to survive, and almost half of them never returned to be reunited with their families again, and those who remained had to overcome further hardships so as to improve their lives. For many still, however, this is yet to happen.

This is because the true Ram Rajya,



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Not only because they have been bickering among themselves for a start, but once they were installed, they became self-centred..."

which our political leaders have frequently alluded to while campaigning, hasn't really taken place across the board. Not only because they have been bickering among themselves for a start, but once they were installed, they became self-centred. Instead of humility, the arrogance and spoils of power clouded their previously avowed vision for the people.

Our leaders too are highly educated and do not miss an occasion of publicly displaying their piousness.

Let us hope that this fortuitous coincidence of a celebration and a commemoration make them commit themselves – for the times demand it even more forcefully – to the genuine spirit of Ram Rajya, which serves as a benchmark for an ideal form of governance ensuring progress,

prosperity, and peace. In Ram Rajya, there is no room for discrimination, the poor are not marginalized, and the rule of law prevails. People act out of free moral responsibility and self-discipline, inspired by Ram's own practice of austerity, generosity, kindness, justice, welfare orientation, and the ability to care for and plan for his subjects. This consciousness is deeply ingrained in the hearts of the people — under the inspiration of true leaders.

They wholeheartedly strive to establish a polity that seeks to fulfill the legitimate expectations of the people in an environment of peace and prosperity.

Thus, Ram Rajya gives context to what one would expect, namely that there are sources of higher wisdom that can serve as inspiration to everybody but in particular to those who take on the responsibility to be national leaders and to serve the people. A strong dose of the humility and compassion of Sri Rama should be the hallmarks of such leaders.

These traits should infuse the promise to do politics otherwise - faire la politique autrement - that we have heard of time and again. Since a wind of change seems to be blowing, let us hope that for a start, it takes a sweep at the topmost

level of the country's deliberations, namely its Parliament. If it materializes, may it freshen and at the same time illuminate the parliamentary minds that will give direction to the country's affairs.

We can only look forward to better days ahead if the level and type of discourse in the National Assembly match the pledges being taken as we approach the election. Instead of the violent argumentations and threats that seem to have become a routine there, one would hope for discussion and dialogue pitched at high levels but not ne-cessarily high decibels. Further, now that the debates are televised live, adherence to norms of common courtesy would serve as an example in particular to the impressionable younger demography who are now sold out to social media where all this material is available to them as well.

As people listen to the political broadcasts and take cognizance of the manifestos of the different parties taking part in the coming elections, they are having high hopes but also a certain scepticism about the 'goodies' to come. There is much apprehension about whether it will really be possible to deliver on all of them.

The electorate and the country are up against formidable challenges across all sectors which need to be faced, and sustainable solutions found. The package of measures being announced may appeal to the constituencies they are aimed at, but what we have to ask ourselves is whether they are sustainable in the

level of debt that has already exceeded the norm. People are not that naive, and there are questions being asked about where the money is going to come from to fuel the 'largesses' an-nounced? Eventually, from their own, taxpayer's money of course, and the common man too seems to be seeing through the political game.

long term when we know that we have a

Many are those who are beginning to question the practicality of what is being dangled to capture their votes and are starting to ask the searching and relevant questions. It will be in the interest of all parties and that of the electorate to address these queries being raised. Light must be thrown on the state of the country's finances and its economy so as to present before the people a more realistic picture of the country's affairs. Along with that, there should also be presented at least an outline of some solid, concrete measures that they plan to take in both the short and medium terms to put the economy back on its rails. Additionally, make the country recover as quickly as possible its democratic credentials which, according to the Mo Ibrahim Index, are sliding downwards.

Truly, may the light of Divali guide both voters and politicians...

The electorate and the country are up against formidable challenges across all sectors which need to be faced, and sustainable solutions found. The package of measures being announced may appeal to the constituencies they are aimed at, but what we have to ask ourselves is whether they are sustainable in the long term when we know that we have a level of debt that has already exceeded the norm. People are not that naive, and there are questions being asked about where the money is going to come from to fuel the 'largesses' announced? Eventually, from their own, taxpayer's money of course..."

Éclairages Mauritius Times Friday, November 1, 2024

À la suite des révélations de 'Missié Moustass'...

Signal vs. WhatsApp : Quel service de messagerie est le plus sécurisé ?

Par A. Bartleby

la suite des révélations concernant "Missié Moustass", mettant en lumière des vidéos - largement diffusées - d'échanges interceptés impliquant des ministres du MSM et d'autres hauts fonctionnaires, les utilisateurs de téléphones mobiles et d'applications de communication commencent à remettre en question l'intégrité des applications utilisées. Bien que WhatsApp soit plus largement adopté que Signal, de nombreux utilisateurs s'interrogent désormais sur la sécurité de ces plateformes.

Sécurité et cryptage

WhatsApp et Signal offrent toutes deux un cryptage de bout en bout pour les conversations vocales, vidéo et textuelles. Cela signifie que les données sont entièrement cryptées lorsqu'elles quittent votre appareil et ne sont décryptées qu'à l'arrivée sur celui du destinataire. En théorie, cela protège les messages des regards indiscrets, y compris ceux de la plateforme ellemême.

Cependant, il existe des différences significatives en matière de gestion des données personnelles, selon Business Insider. Signal se distingue en masquant les métadonnées ("metadata") de ses mes-



Différences notables dans la gestion des données personnelles : Signal masque les métadonnées de ses messages chiffrés, contrairement à WhatsApp qui ne prend pas de mesures pour les dissimuler. P - Fractional CISO

sages chiffrés, tandis que WhatsApp ne prend pas de mesures pour dissimuler ces informations, qui incluent l'expéditeur, le destinataire, ainsi que la date et l'heure d'envoi. Cette distinction est cruciale, car les métadonnées peuvent révéler des informations sensibles sur les habitudes de communication des utilisateurs.

Collecte de données personnelles

La politique de confidentialité des deux applications révèle des approches différentes en matière de collecte des données.

WhatsApp, propriété de Meta, a accès

à des données collectées par d'autres services de la même entreprise. Ces informations peuvent être vendues ou utilisées pour améliorer ses services.

En revanche, Signal, géré par une organisation à but non lucratif, ne collecte que le numéro de téléphone de l'utilisateur pour la vérification, sans incitation à vendre des données personnelles.

Sécurité des dispositifs

Bien que le cryptage de bout en bout soit essentiel, il est également crucial de protéger l'accès physique à votre appareil. Les deux applications permettent de sécuriser l'accès par un code d'accès ou une méthode biométrique, empêchant ainsi les utilisateurs non autorisés d'accéder à vos messages.

Propriété des applications

La propriété des applications est également un facteur important à considérer. WhatsApp appartient à Meta, une entreprise à but lucratif qui collecte et vend des données utilisateur. À l'inverse, Signal, en tant qu'organisation à but non lucratif, n'a pas d'incitation à collecter ou à vendre des données personnelles.

En résumé, bien que WhatsApp et Signal offrent des fonctionnalités de communication similaires, Signal est généralement considéré comme plus sûr pour ceux qui placent la sécurité et la confidentialité en priorité.

Les utilisateurs devraient prendre en compte non seulement le cryptage, mais aussi la façon dont chaque application gère les données personnelles et leur approche envers la confidentialité.

Ces préoccupations concernant la sécurité des applications de messagerie soulignent l'importance d'une éducation continue des utilisateurs à propos de la technologie. À l'heure où les informations sensibles sont fréquemment échangées via des plateformes numériques, il est crucial d'être conscient des implications de sécurité et de confidentialité de nos choix d'applications. Alors que les utilisateurs prennent conscience des failles potentielles dans des services populaires comme WhatsApp, ils devraient envisager d'adopter des alternatives plus sécurisées comme Signal, surtout dans un contexte où la confidentialité des communications devient de plus en plus critique.

Révélations sur «Team Jorge»: L'unité de désinformation qui a manipulé des élections



ne enquête approfondie a mis en lumière une équipe de contractants israéliens, surnommée «Team Jorge», qui prétend avoir manipulé plus de 30 élections à travers le monde. Utilisant des techniques de piratage, de sabotage et de désinformation automatisée sur les réseaux sociaux, cette unité est, selon The Guardian, dirigée par Tal Hanan, un ancien opérateur des forces spéciales israéliennes. Opérant sous le pseudonyme «Jorge», Hanan et son équipe ont été actifs dans l'ombre depuis plus de deux décennies, offrant leurs services à des gouvernements, des partis politiques et des entreprises cherchant à influencer l'opinion publique

Les méthodes de «Team Jorge»

L'enquête, menée par une coalition de journalistes de médias de renom, dont ceux de Le Monde, Der Spiegel, El País et d'autres publications, a révélé des détails extraordinaires sur la manière dont «Team Jorge» utilise la désinformation comme une arme.

Le groupe propose un service sophistiqué, le «Advanced Impact Media Solutions» (AIMS), capable de contrôler des milliers de faux profils sur des plate-

formes comme Twitter, Facebook et Instagram. Ces faux profils, créés avec des identités fictives et des récits élaborés, sont utilisés pour diffuser de fausses informations et manipuler les perceptions publiques, créant ainsi des narratives favorables ou défavorables à des candidats ou à des partis politiques.

Hanan a expliqué lors de réunions secrètes comment son équipe peut recueillir des informations sur des adversaires. Par exemple, ils utilisent des techniques de piratage pour accéder à des comptes Gmail et Telegram. Ils ont même vanté des tactiques de sabotage, incluant l'envoi de colis compromettants à des politiciens pour semer la discorde.

Une menace pour la démocratie

L'existence d'une telle équipe soulève des préoccupations majeures quant à l'intégrité des processus électoraux à l'échelle mondiale. L'enquête souligne que ces méthodes de désinformation pourraient avoir des conséquences dévastatrices sur la démocratie, en sapant la confiance des citoyens dans les élections et les institutions.

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Letters to Seffican

The Quirks and Idiosyncrasies of American "Democracy"

The answer to why we have such trouble finding leaders is that often, anyone who addresses national problems and promises to find solutions for them, loses to someone pandering to local and parochial interests

here is an incoherent coherence to America's system of government. We often refer to our system as a representative democracy. The idea underlying such a democracy is that the election of representatives by the people (meaning, by a majority of the people) creates a body that will, on their behalf, pass legislation and manage the functioning of the government. Inherent in this type of governance is the expectation that elected representatives will appoint, designate, or employ competent functionaries to perform tasks essential to the efficient functioning of the government

That concept is simple and straight-forward enough, but the structure of the American federal system has more layers to it. It is well known that the American Republic is a federation of sovereign states each of which has agreed, by accepting the terms of a written Constitution, to form a union and to delegate specified powers to a national or federal government.

Powers that are not delegated to the federal government are deemed to be retained by each state. As a practical matter, the sweep of federal power can be extremely broad and this often creates tension between the states and the federal government, but the federal government often prevails because the Constitution can be interpreted to confer sweeping powers to uphold most Congressional actions.

The federal government has three principal functions: Executive, Legislative, and Judicial. In theory, this structure is one of checks and balances, each co-equal branch checking the power — or rather the abuse of power — by the others.

Our system of government does not, however, choose the head of the Executive Branch (the President), or

Members of the Senate to reflect a truly democratic government. And whereas we think of the judiciary as being one of the essential checks on the other two branches — mostly by ensuring that their actions conform to the Constitution and that they can be held to account for their omissions — as a practical matter, that is far from reality.

A bit of American history

Let us survey a bit of American history to get a better understanding of this quirks. The fundamental premise of a Democracy is that there is one vote for each person. But that is not how the United States started out. At the outset, women, Native Americans (American Indians) and slaves were not allowed to vote. So much for one man, one vote.

An additional complication was caused by the three-fifths clause. In a quirky way, without referring directly to slaves, the Constitution declared that, to the total number of free persons, excluding [American] Indians not taxed, there would be added three-fifths of all other persons. The point was to keep the northern states in which slavery had been abolished, from dominating the southern states. By counting the slaves as three-firths of a person, the population of the southern states was effectively inflated so that the system of appointing representatives to the House of Representatives in Congress, would prevent the northern states from dominating the House. Never mind that the slaves could not vote, it was enough to shift the balance of power to have them count, as part of the population, by counting a fraction of each person.

The Legislative Branch was divided into two chambers, the House of Representatives, and the Senate. But only the Members of the House were chosen directly by the majority vote of the people in districts within the several

66We have also seen that the American media can be relentless in stripping away layer upon layer of every candidate's personal life, relishing exposé over explanation. Many competent people will not venture into that thicket.

Many other competent people feel that they have the skill to solve the nation's problems, but it is not worth the effort because they do not have the skills to weather the storm of dysfunctional scraping away layer upon layer of their personal lives to get to being a nominee..."



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states. This was representative democracy in its purest form, except for that three-fifths embellishment. How did that work? Well, the solution was that the number of Representatives in the House for each state was determined by the population of the state, one Representative for "a discrete number" of so many people. We do not need to elaborate on the "so many" because the number changed as America's population grew. Each state was to have at least one Representative, and the population was to be counted every ten years by taking a census.

And what about the Senate? Each state would appoint two Senators no matter how large or small its population. This, of course, detracted from the idea of a democratic government by giving states with smaller populations, a disproportionately larger voice in the affairs of government. By the terms of the original US Constitution, Senators were chosen by their respective state legislatures, meaning that each state's elected representatives to the local government would

vote to select their state's senators. However, this system was changed with the ratification of the 17th Amendment to the US Constitution in 1913, which established that Senators are now directly elected by the people of each state through popular vote.

With 50 states in the Union, there are 100 Senators. The number of Representatives in the House is now 435.

Senators are chosen at large in each State by votes of all citizens of that state. However, Representatives are chosen by districts. And how are districts configured? By the legislature of the state, of course. This means that the party with majority control of a state's legislature can divide the districts in such a way as to favour its own candidates, by carving up districts which disproportionately agglomerate voters who will tend to lean one way or other.

Cont. on page 7

Letters to Seffican

The Quirks and Idiosyncrasies of American "Democracy"

• Cont. from page 6

This process is known as gerrymandering. In a legal quirk, the Supreme Court has ruled that districting is a political issue that is not justiciable, i.e., not subject to legal review except when it is based on prohibited criteria such as racial discrimination. In other words, politics is sport, and it is fair game to manipulate districts.

Choosing a President

How then do we choose a President out of this political stew? To answer that question, we have to understand the system of Electors or, as the combination of all Electors is known, the Electoral College.

Technically, the people of each state do not vote to choose a President, but rather to cast votes that are allocated to Electors. There is, in each state, one elector for each Congressional District, and one for each Senate seat. So, with 435 members of Congress, that accounts for 435 electors, and 100 more for the Senate seats brings the total to 535. An amendment to the Constitution allocates three electors to the District of Columbia (Washington, DC), so this brings us to today's magic number of 538 electors. A majority of the number 538 is 270 which represents the number of electoral votes that a presidential candidate must win to be elected president.

revery state except two, Nebraska and Maine, has a winner-take-all allocation of delegates, meaning that the candidate winning a majority of the vote in the presidential election wins all the delegates of that state. The two exceptions, Nebraska and Maine allocate two electoral votes to the winner of the overall popular vote in the state, and then one electoral vote to the vote winner in each congressional district. Maine has 2 districts, Nebraska has 3. (Note that adding electors for the two Senate seats in each state gives Maine 4 electoral votes and Nebraska 5.)

Inspiring and competent leaders

What does all this have to do with why we have such difficulty in finding inspiring and competent leaders? The system for determining the nominees of the two major political parties, the Democrats and the Republicans, virtually guarantees that presidential candidates will be extremists or goofy in some way or other.

Given that the two major parties dominate American politics, third parties have a very slim to nonexistent chance of



66 Given the electoral college system, it is entirely possible that a presidential candidate could win the majority of the votes cast across the nation in the general election and still not win the presidency. How is that possible? Well, we saw that in 2000 when Al Gore won the majority vote but not the presidency, ditto in 2016 with Hillary Clinton. So, it is possible in the country that touts itself as the exemplar of the world's democracy, for a person who does not win the popular vote, to become president..."

putting up a candidate who will stage a successful run for the presidency. The best that such a third-party candidate can do is prevent the two major party nominees from accumulating the necessary 270 electoral votes.

Both the Republican and Democratic parties choose their nominees by staging primary elections in which, for the most part, only those voters who are registered as members of their party, can vote for candidates vying for the party's nomination. But this is only the first step. These primary elections are held over a period of months, sometimes one state primary in a week, and sometimes multiple state primaries in a week.

And the object of the state primaries? Why, it's a microcosm of the presidential election. In each state, each party's hopeful for its nomination vies with other hopefuls to collect enough electors to have 270 at the end of the process and thus win the party's nomination. There is, however, a complication. Some states have a winner-take-all primary system in which the popular vote winner gets all the delegates (equal to electors) allocated to that state, whereas some states apportion delegates according to the percentage of the vote that

each candidate wins.

The result is that candidates with extreme positions appeal to local voters and can capture commanding positions in state primaries, especially in states that do not follow the winner-take-all system of allocating delegates.

Sometimes, fringe candidates or locally popular candidates can sew up enough votes to ensure that no one gets the required 270 delegates on the first ballot at the party's Convention. This means that they have enormous leverage to exact concessions from potential nomination winners.

And what happens if nobody wins 270 delegates through the primary election process, or worse yet, in the presidential election? Well, we will explore those quirks next time.

For the moment think of this. Given the electoral college system, it is entirely possible that a presidential candidate could win the majority of the votes cast across the nation in the general election and still not win the presidency. How is that possible? Well, we saw that in 2000 when Al Gore won the majority vote but not the presidency, ditto in 2016 with Hillary Clinton

So, it is possible in the country that touts itself as the exemplar of the world's democracy, for a person who does not win the popular vote, to become president.

Ultimately, the answer to why we have such trouble finding leaders is that often, anyone who addresses national problems and promises to find solutions for them, loses to someone pandering to local and parochial interests.

We have also seen that the American media can be relentless in stripping away layer upon layer of every candidate's personal life, relishing exposé over explanation.

Many competent people will not venture into that thicket. Many other competent people feel that they have the skill to solve the nation's problems, but it is not worth the effort because they do not have the skills to weather the storm of dysfunctional scraping away layer upon layer of their personal lives to get to being a nominee

Cheerz... **Bwana**

The Aapravasi Ghat Indian Indentured Immigrants Arrival Celebration Committee

190th Anniversary Celebrations of Indentured Immigrants – Girmitia Arrival

2 November 1834 - 2 November 2024

The Aapravasi Ghat Indian Indentured Immigrants ArrivalCelebration Committee is solemnly inviting you to be present at the

Annual Yaj Ceremony

to pay tribute to the Girmitias - Indian Indentured Immigrants.

Aapravasi Ghat

Saturday 2nd November 2024 - From 8.00 am to 8.45 am

The programme will comprise Yaj, Prayers, Tribute, Lighting of Lamp and Shradhanjaliwith offering of flowers. Please bring along garlands, flowers, bouquets for the Shradhanjali.

Guests & Participants are requested to be seated by 7.30 am.

Mrs Rita Ramlallah Secretary Dr Mrs Sarita Boodhoo
President

-Jack Bizlall-

"Il faut retrouver 'Missié Moustass'. On aura besoin de lui comme témoin"

'Effectivement, il est dangereux. Dangereux pour qui? Pour le pouvoir? Pour les criminels?'

quelques jours des élections cruciales du 10 novembre, Jack Bizlall analyse l'impact potentiel de ces élections, les enjeux constitutionnels et il s'attarde aussi sur la manipulation des institutions. Il évoque également la fragmentation du paysage politique, les doutes sur la victoire du MSM, et le rôle des partis de l'opposition tels que le PTr et le MMM. Jack Bizlall met en lumière le clivage grandissant au sein de la société mauricienne, une division exacerbée par les récentes crises économiques et les tensions sociales. Il questionne les fondements même du régime actuel et appelle les citoyens à s'engager activement dans le processus électoral, soulignant que leur vote pourrait façonner non seulement l'avenir politique de Maurice, mais aussi la qualité de la vie démocratique et des droits fondamentaux.

Mauritius Times: Ayant vécu plusieurs élections depuis l'indépendance et analysé les enjeux qui les ont influencées, pensez-vous que les élections du 10 novembre prochain sont réellement tout aussi importantes, comme l'affirme le leader du PTr, voire plus importantes que celles de 1967?

Jack Bizlall: Il y a un enjeu majeur pour les élections du 10 novembre prochain: la manipulation par l'empire Soleil de notre Constitution. De mon point de vue, c'est notre Constitution et sa manipulation par certaines familles qui restent l'enjeu principal.

Personne n'ose défendre le comportement du régime. Personne ne dira: C'est le MSM.

Personne n'arrive à défendre le MSM en justifiant ses actes. Quand ce régime ne peut être défendu par les agents du MSM, je dirai que ce dernier ne peut gagner ces élections. Mais nous pourrions nous retrouver dans une situation similaire à celle de 1976, avec des votes partagés entre au moins trois forces politiques. Ce sont donc les électeurs qui choisiront de ne pas voter pour les deux principales formations qui détermineront les résultats ... »

Il faut mettre un terme à cette manipulation qui nous fait prendre le chemin du capitalisme imposé et ainsi autoritaire sous le joug d'un adepte du bonapartisme, au pire sous celui d'un autocrate se comportant en Roi.

Les éléments qui caractérisent une République démocratique sont systématiquement bafoués.

1967 fut une année qui nous a ouvert la voie à l'indépendance. Il ne faut pas oublier que les élections furent renvoyées en 1972.

On a publié un texte pour les élections de 2024 qui sera distribué aux journaux, aux parlementaires et aux organisations que je connais pour exposer notre analyse et nos propositions.

* Estimez-vous que le vote lors des prochaines

élections sera un vote contre le pouvoir en place ou un vote pour l'opposition PTr-MMM-ND-ReA?

Ce sera définitivement un vote contre le régime actuel. Il existe un clivage politique qui est une séparation complexe dans les intentions de vote - vote silencieux certes, mais combien viscéral (intime) et viral (surtout par l'internet).

D'ici le 10 novembre 2024, ce clivage sera ressenti chez les électeurs et ce sont les interrogations des uns et des autres qui vont influencer la masse.

La question qui est posée de plus en plus est: Le MSM va-t-il gagner les élections? C'est révélateur d'un changement majeur: Comment accepter l'autocratisme de Jugnauth fils? Personne n'ose défendre le comportement du régime. Personne ne dira: C'est le MSM. Personne n'arrive à défendre le MSM en justifiant ses actes. Quand ce régime ne peut être défendu par les agents du MSM, je dirai que ce dernier ne peut gagner ces élections.

Mais nous pourrions nous retrouver dans une situation similaire à celle de 1976, avec des votes partagés entre au moins trois forces politiques. Ce sont donc les électeurs qui choisiront de ne pas voter pour les deux principales formations qui détermineront les résultats.

* Cependant, dans certains milieux, on affirme que 'Navin n'a pas encore gagné les élections, tandis que Pravind n'a pas encore perdu.' Que pensezvous de cette affirmation? S'agit-il d'une forme d'intériorisation d'une défaite annoncée?



Si le MSM sort victorieux, Jugnauth accordera une légitimité à sa politique pouvoiriste envers la population et liberticide par rapport à la liberté de la personne humaine. J'ose affirmer que la culture politique à Maurice n'acceptera jamais cette situation. Le Régime MSM aura à injecter beaucoup d'argent pour satisfaire son autocratisme. Mais il existe des milliers de personnes qui vont descendre dans la rue...»

La question doit être posée autrement: Défaite pour qui et victoire pour qui?

Certainement pas pour notre société. Je pense que rien ne sera comme avant après les élections. Si le MSM sort victorieux, Jugnauth accordera une légitimité à sa politique pouvoiriste envers la population et liberticide par rapport à la liberté de la personne humaine.

Suite en page 9

Interview Mauritius Times Friday, November 1, 2024

L'enjeu ici, ce n'est pas le soutien aux alliances de l'opposition, mais l'expulsion du MSM du pouvoir

'Il ne faut pas privilégier des considérations secondaires quand la contradiction principale peut **tout** construire ou détruire le socle de la liberté de la personne humaine'

• Suite de la page 8

J'ose affirmer que la culture politique à Maurice n'acceptera jamais cette situation. Le Régime MSM aura à injecter beaucoup d'argent pour satisfaire son autocratisme. Mais il existe des milliers de personnes qui vont descendre dans la rue.

'Missié Moustass' doit être un homme ou une femme du pouvoir autrefois au service du régime. J'en suis convaincu. Un autocrate épie encore plus ses propres agents dans le sens des membres de son cabinet, des fonctionnaires et des membres de sa famille. Je dois dire que la décision du Cabinet ne sert à rien. L'impact des crimes dénoncés par 'Missié Moustass' sont exécrables...»

Il existe plusieurs autres contradictions qui sont vectrices de réactions populaires: l'inflation galopante, la concurrence entre les travailleurs par rapport aux étrangers, la ségrégation sociale, l'émigration comme l'immigration...

Attendons et observons.

* Quelle est votre réaction à la décision du Conseil des ministres de mettre en place une commission d'enquête sur les écoutes téléphoniques, à quelques jours de la fin du mandat du gouvernement? En tant que réponse politique à cette opération de démolition du régime entrepris par 'Missié Moustass', cela risque de n'avoir que peu d'impact. Que cherche-t-on à prouver ou à démontrer avec cette commission d'enquête?

Quand Jugnauth est venu de l'avant avec son idée d'imposition d'un nouveau 'SIM Card', il n'a rien dit pour le téléphone fixe. Nos téléphones fixes sont déjà sur écoute, n'est-ce pas? On peut aussi tout savoir sur les conversations passées en utilisant une fausse autorisation qui est, en soi, confidentielle.

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Un autocrate épie encore plus ses propres agents dans le sens des membres de son cabinet, des fonctionnaires et des membres de sa famille.

Je dois dire que la décision du Cabinet ne sert à rien. L'impact des crimes dénoncés par 'Missié Moustass'

Non, on ne doit pas négliger l'impact de ces bandes d'écoutes. Ce sont des crimes... les conspirations et les crimes sont immondes et ainsi inacceptables et encore mieux inacceptées. Imaginons que tel n'est pas le cas et que Jugnauth retrouve le pouvoir. Imaginons la suite. C'est dans ce contexte que je demande aux personnes qui n'ont jamais voté sauf pour le MSM, de s'abstenir activement...»



sont **exécrables**. C'est un élément déterminant dans le clivage dont je vous ai parlé.

* Par ailleurs, le fameux 'Missié Moustass' n'a apparemment pas dit son dernier mot. Il semblerait que ses attaques lors du dernier tournant de la campagne électorale soient dirigées contre le PMO et les proches du chef du gouvernement. Selon vous, exagère-t-on l'impact potentiel de ces bandes d'écoutes des conversations téléphoniques - enregistrées clandestinement - sur l'électorat?

Non, on ne doit pas négliger l'impact de ces bandes d'écoutes. Ce sont des crimes.

Dans une République, le citoyen a le devoir de dénoncer des crimes du passé (la sanction) et à venir (pour la prévention). Il peut être condamné pour ne pas l'avoir fait.

Les électeurs sont avant tout des citoyens qui vivent dans une société où le fond de civilisation est très grand. J'ai écrit un livret à ce sujet. Le titre est «Pour un Fond Commun de Civilisation» que j'ai dédié à un jeune avocat.

Par contre, les agissements, les conspirations et les crimes sont immondes et ainsi inacceptables et encore mieux inacceptées. Imaginons que tel n'est pas le cas et que Jugnauth retrouve le pouvoir. Imaginons la suite. C'est dans ce contexte que je demande aux personnes qui n'ont jamais voté sauf pour le MSM, de s'abstenir activement. J'explique ce qu'est l'abstention active dans une de mes publications.

Une double contradiction va surgir: d'une part, le danger d'utiliser une conversation privée à des fins politiques et, d'autre part, le risque de vivre dans une société dangereuse, qui, de surcroît, engendre la honte.

* Devenu l'allié objectif de l'opposition PTr-MMM-ND-ReA le temps d'une campagne électorale, faut-il tout de même reconnaître que ce 'Missié Moustass' demeure un homme dangereux? Ramgoolam et Bérenger doivent en être conscients, non?

Effectivement, il est dangereux. Dangereux pour qui? Pour le pouvoir? Pour les criminels? Et alors?

Mais il peut aussi être quelqu'un qui fait du chantage. Il pourrait ensuite venir avec des indications matérielles de l'objet qu'il veut obtenir. Si c'est le cas, on saura.

Changement: le travaillisme et le militantisme.

Dans le pays, les électeurs de plus de 45 ans sont porteurs d'une idéologie très progressiste dans leurs orientations politiques. C'est un socle progressiste dans son ensemble utilisé par les opportunistes et les électoralistes. Ceux qui ont moins de 45 ans sont en grande majorité élitistes, porteurs de l'idéologie que l'idéologie est morte.

Ils ne sont ni de gauche, ni de droite...»

Il peut aussi déborder la politique et entrer dans la vie personnelle des politiciens. Si tel est le cas, il va réduire l'impact de ses dénonciations.

Il faut le retrouver, car nous aurons besoin de lui comme témoin. Au lieu de le chercher en surveillant toute la population — ce qui pourrait être une tactique — il est essentiel d'arrêter les criminels.

* Si ce sont les bandes d'écoutes de 'Missié Moustass' qui ont effectivement renversé la vapeur, en particulier auprès de cette grande masse d'indécis qui s'abstient d'une élection à l'autre, qu'est-ce que cela signifie? L'Alliance du Changement n'est-elle pas suffisamment forte pour rivaliser avec l'Alliance Lepep?

Suivez les élections en Georgie pour comprendre l'ingérence des pays étrangers et la manipulation des votes.

Suite en page 10

'On ne doit pas négliger l'impact de ces bandes d'écoutes.

Ce sont des crimes... les conspirations et les crimes sont immondes'

• Suite de la page 9

Voyez le scandale aux Etats-Unis après la victoire de Joe Biden aux dernières élections, avec Trump affirmant que la tricherie a fait élire son opposant. Suivez ce qui se passe au Vénézuela et la non-reconnaissance du gouvernement de Nicolas Maduro.

Ce qui me pousse à conclure que 'Missié Moustass' a ouvert la boite de Pandore. Il nous restera que l'espérance que les autres pays ne rejettent pas le gouvernement pour sa pratique anti-républicaine.

Notre image à l'étranger est affectée grandement par les dénonciations de 'Missié Moutass' et l'affaire Diégo.

* Il semble que les relations se soient améliorées entre les leaders du PTr et du MMM, y compris au niveau de la base. Le soupçon qui prévalait en 2019 a disparu. Cependant, une fois au pouvoir, si l'opposition remporte les élections, c'est à ce moment-là que l'alliance sera réellement mise à l'épreuve, n'est-ce pas?

Il existe un socle sur lequel repose l'Alliance du Changement : le travaillisme et le militantisme. Dans le pays, les électeurs de plus de 45 ans sont porteurs d'une idéologie très progressiste dans leurs orientations politiques. C'est un socle progressiste dans son ensemble utilisé par les opportunistes et les électoralistes.

Ceux qui ont moins de 45 ans sont en grande majorité élitistes, porteurs de l'idéologie que l'idéologie est morte. Ils ne sont ni de gauche, ni de droite...

Je me pose des questions depuis la guerre entre l'Ukraine et la Russie, entre le régime israélien et le régime palestinien pro-Iran (des Chiites) sur la manière dont vont réagir les peuples du monde entier par rapport aux milliers de morts pendant ces deux guerres et le nombre d'immigrants noyés en Méditerranée.

J'ai ainsi construit quelques prémisses de ma réflexion et par l'induction et la déduction de ce qui se passe en France, je suis arrivé à la conclusion que les jeunes sont attirés par la Technocratie, l'Etatisme et le Populisme.

Ce groupe particulier des électeurs se fiche des partis politiques traditionnels. Le monde change. Les aspirations changent aussi, de même que les intérêts de classe.

* Quelles seraient, selon vous, les conséquences d'une victoire de l'opposition sur la dynamique politique actuelle? Pensez-vous que cela pourrait conduire à des changements significatifs dans la gouvernance?

Je pense que les gens avisés doivent avoir constaté que l'opposition est hétéroclite.

Prenons le cas de l'Alliance de Changement. Avec une alliance entre d'authentiques conservateurs, de quelques réactionnaires et de pseudo-révolutionnaires, que devrions-nous attendre comme Constitution, comme politique étrangère, et comme politique sociale?

Déjà plusieurs d'entre ces nombreuses organisations politiques n'ont jamais produit une réflexion sur la Constitution, sur l'expropriation de Diego Garcia, sur l'inflation, etc.

Prenons le cas de l'Alliance de Changement.

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À moins que nous ne nous retrouvions dans une situation de parlement minoritaire, l'alliance qui obtient le plus de sièges, même sans détenir la majorité, formera le gouvernement. Dans l'état actuel des choses, c'est le MSM qui perdrait le pouvoir, même s'il sort en premier. Toutefois, il est possible que la troisième force s'affaiblisse, ce qui pourrait favoriser le MSM, qui, avec moins de 40 % des voix, pourrait néanmoins obtenir une majorité absolue...»

Mais l'enjeu ici, ce n'est pas le soutien aux alliances de l'opposition, mais l'expulsion du MSM du pouvoir.

Il ne faut pas privilégier des considérations secondaires quand la Contradiction principale peut tout construire ou détruire le socle de la liberté de la personne humaine.

* Qu'attendez-vous en termes de 'rupture(s)' de l'Alliance du Changement si elle devait remporter les élections et former le prochain gouvernement...au cas où Linion Reform ne viendrait pas jouer le jeu de l'Alliance Lepep?

Il y a effectivement la possibilité qu'aucune alliance

n'obtienne une majorité comme en 1976.

Les causes de rupture sont différentes – ces partis politiques se sont opposés dans le passé, autant pour des raisons d'ordre idéologique et politique que pour des questions de pouvoir. Le syndrome d'Hubris doit entrer en ligne de compte.

Sur un plan précis, si la vie politique sera décidée par quatre dirigeants autant narcissiques que pouvoiristes, cela ne peut fonctionner que par la soumission et l'alternance en matière économique et politique.

Le MSM a imposé une structure qui élimine les dissidents et ses contradicteurs. Il garde certains en dehors du MSM et d'autres sont carrément expulsés.

On verra. Nous avons eu dans le passé des alliances qui se sont décomposées pour se retrouver ensuite.

* Y a-t-il des questions sociales, économiques ou politiques spécifiques que vous estimez cruciales pour le pays dans les prochaines années?

Évidemment. J'ai identifié plusieurs enjeux, notamment en ce qui concerne l'infrastructure économique. C'est un point important.

Sur le plan de l'économie, nous devons faire face à de nombreux conflits de nature différente entre le libéralisme économique des puissances comme les États-Unis, l'Europe et le Japon, d'une part, et les pays des BRICS, d'autre part. Le choix d'intégrer l'un de ces blocs déterminera nos droits internationaux et nos libertés.

Sur le plan social, il faudra prendre en compte le surendettement, la dépréciation de notre monnaie et les taux de change concernant le dollar, la livre sterling et l'euro par rapport au yuan et au rouble. Actuellement, nous faisons des transactions en euro et nous achetons en dollar.

Sur le plan de la superstructure politique, il y a la question de la nouvelle Constitution et du démantèlement de cette partie de l'État, qui est au seul service de Jugnauth. Bref, il s'agit de l'enjeu de la démocratie dans notre République.

Sur le plan de la superstructure idéologique, il faudra refuser de se soumettre ou de tolérer l'alternance. Les termes de résistance et d'alternative doivent être réhabilités, tout comme l'idée de Révolution.

* Envisagez-vous une évolution dans les alliances politiques après les élections, notamment en fonction des résultats obtenus par chaque parti?

C'est une possibilité. Je me souviens des résultats des élections de 1976 avec une majorité relative du MMM.

Un jour, je raconterai les tractations de recomposition politique entre le MMM et le PTr, le MMM et le PMSD (oui), et entre le PTr et le PMSD.

À moins que nous ne nous retrouvions dans une situation de parlement minoritaire, l'alliance qui obtient le plus de sièges, même sans détenir la majorité, formera le gouvernement. Dans l'état actuel des choses, c'est le MSM qui perdrait le pouvoir, même s'il sort en premier.

Toutefois, il est possible que la troisième force s'affaiblisse, ce qui pourrait favoriser le MSM, qui, avec moins de 40 % des voix, pourrait néanmoins obtenir une majorité absolue.

Dieu nous en garde! serait l'exclamation pertinente, mais je ne suis pas homme de foi. Alors, il faudrait principalement que l'on ne vote pas pour le MSM et ainsi appliquer l'abstention active. Bien entendu, il est important d'expliquer pourquoi il ne faut pas voter en faveur du MSM de Jugnauth.

Une question de ma part. Pourquoi se soucie-t-on si peu du vote des Rodriguais, des Agaléens et des Chagossiens? Spotlights Mauritius Times Friday, November 1, 2024

New Hezbollah chief says open to truce with Israel if offer is made



In a recent statement, Hezbollah's new leader, Naim Qassem, indicated that the Lebanese militant group could agree to a ceasefire under certain conditions, as Israeli forces ramp up their bombardment of Hezbollah strongholds. This comes as discussions within Israel's security cabinet are underway regarding potential terms for a truce.

Qassem expressed Hezbollah's determination to resist Israeli military actions for an extended period but acknowledged the possibility of a negotiated ceasefire if Israel presents a credible offer. "If the Israelis decide they want to stop the aggression, we say we accept, but under the conditions that we see as appropriate and suitable," he stated during an interview with Al-Jadeed.

Israeli forces have intensified their operations, targeting the eastern city of Baalbek, a known Hezbollah stronghold. Recent Israeli airstrikes reportedly killed a senior Hezbollah commander and resulted in significant casualties, with

Lebanon's health ministry reporting at least 19 deaths in Baalbek alone.

Lebanon 'Optimistic'

Lebanon's Prime Minister Najib Mikati expressed "cautious optimism" about the possibility of a ceasefire, noting that U.S. envoy Amos Hochstein suggested an agreement could be reached before the U.S. elections on November 5. Israeli Energy Minister Eli Cohen confirmed ongoing discussions within the security cabinet about potential

truce terms, which may include a 60-day halt to hostilities, contingent upon Hezbollah's withdrawal from areas near the Israeli border.

As explosions continued to rock Baalbek, Israeli military officials stated they were targeting Hezbollah's "command and control centers." The escalating hostilities have resulted in significant casualties on both sides; an AFP tally indicates at least 1,754 deaths in Lebanon since the conflict reignited in September.

On the international front, the U.S. State Department announced that President Biden's Middle East adviser and Hochstein were en route to Israel to promote progress on ceasefire negotiations in both Lebanon and Gaza. This follows a series of deadly strikes in Gaza that have drawn global condemnation.

As the situation evolves, the potential for a ceasefire remains uncertain, with diplomatic efforts intensifying amid ongoing violence.

Elon Musk spends \$35 million on secret compound for his 11 kids and their mothers



Elon Musk, who made headlines in 2020 by announcing he would sell all his properties and "own no house," has reportedly purchased a 14,400-square-foot compound in Texas for \$35 million in 2024.

The estate is intended to house his 11 children and three former partners, reflecting a shift in his approach to personal living arrangements, according to The New York Times.

The compound features two residences: one designed like an Italian Tuscan villa and the other a six-bedroom home situated directly behind it.

Musk has prioritized confidentiality in the transaction by requiring sellers to sign non-disclosure agreements. Sources indicate that he offered homeowners between 20 to 70 percent above the market value of their properties. The report also mentioned Musk's desire to "schedule time" for his youngest children, ensuring they are "a part of one another's lives."

Musk's family life is complex, with multiple relationships and a total of eleven children. He has five kids with his first wife, Justine Wilson, whom he was married to from 2000 to 2008. He shares three children with singer Grimes, although the pair is currently engaged in a

legal battle over custody. Additionally, he has three children with Shivon Zilis, an executive at Neuralink.

Zilis, 38, has reportedly moved into one of the properties with her children. Musk, known for his concerns about declining birth rates, has even "offered his sperm to friends and acquaintances." One of these individuals was Nicole Shanahan, a former independent vice-presidential candidate, who denied rumors of an affair with Musk and declined his offer.

Earlier this year, Musk expressed his belief in a looming global population collapse that could threaten humanity's survival. In a June post, he stated, "It should be considered a national emergency to have kids."

Trump vs. Harris: U.S. election poll of polls hints at a nail-biting finish in key states

Tho is winning the U.S. election in 2024? Recent polls reveal a shocking tie between Democrat Kamala Harris and Republican Donald Trump, setting the stage for a tight race as Election Day approaches.

With just one week until the election, polling indicates a fierce competition between Harris and Trump, particularly in crucial battleground states like Wisconsin, Minnesota, Michigan, and North Carolina.

The latest national average from the New York Times poll of polls gives a razorthin edge to Kamala Harris, showing her at 49% compared to Trump's 48%.

Pennsylvania, with its 19 electoral votes and no clear lean, is expected to be a decisive factor this election season. Current polling averages indicate Trump leading by 2% in Pennsylvania, while Harris holds a slight national lead of 1.4 points. Notably, Harris is performing better in Pennsylvania than Biden did earlier this year.

At the national level, a Morning Consult survey reveals Harris leading by



3%, with 50% to Trump's 47% among 8,807 likely voters. The findings suggest increasing positivity about Harris, although 49% of respondents reported hearing negative news about Trump. The poll has a 1% margin of error.

The Reuters/Ipsos poll shows Harris with a slim lead of 44% to 43% among 975 registered voters, while among the likeliest voters, she leads 47% to 46%. Harris has consistently outperformed

Trump in every Reuters/Ipsos poll of registered voters since July.

A SurveyUSA/WRAL poll conducted in North Carolina indicates a statistical deadlock, with Harris and Trump tied at 47% among 853 likely voters in this key battleground state, which carries 16 electoral votes.

The USA TODAY/Suffolk poll highlights a narrow race in Wisconsin, where Trump leads by just 1% at 48% to Harris's 47%. A gender gap is evident, with Harris winning women by 14%, while Trump leads among men by 18%.

The MinnPost-Embold poll shows Harris slightly ahead with a 48% to 45% lead, as the pool of undecided voters in Minnesota shrinks, with the state holding 10 electoral votes.

In Michigan, a WDIV/Detroit News poll reveals Harris with a slight advantage, leading 47% to 44%, with 41% of Michigan voters prioritizing jobs and the economy.

The TIPP Tracking Poll gives Harris an edge with 48% to Trump's 47%, based on a survey of 1,291 voters conducted over three days. This poll reflects a general dissatisfaction with the national economy, which may impact Harris's support.

While each poll offers a different perspective, the close margins suggest a likely nail-biter ahead. Voter turnout and late-breaking undecideds could ultimately sway these key states.

* Contd on page 12

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What are solid-fuel missiles, and why is North Korea developing them?

North Korea announced the launch of an intercontinental ballistic missile (ICBM) on Thursday. South Korean officials indicated that this could be linked to North Korea's development of new solid-fuel rocket engines.

South Korea's defense minister noted on Wednesday that North Korea might seek new ICBM technology from Russia in exchange for deploying troops to assist in Ukraine. However, other military officials in Seoul have stated that Pyongyang's missile program has advanced to a point where it is unclear what assistance it may still require.

Here are some characteristics of solid-fuel technology and how it could enhance North Korea's missile systems.

What are the advantages of solid fuel?

Solid-fuel missiles do not need to be fueled immediately prior to launch, are often easier and safer to operate, and require less logistical support, making them harder to detect than liquid-fuel weapons.

"These capabilities are much more responsive in a time of crisis," said Ankit Panda, a senior fellow at the U.S.-based Carnegie Endowment for International Peace.

What is solid-fuel technology?

Solid propellants consist of a mixture of fuel and oxidizer. Metallic powders, such as aluminum, often serve



as the fuel, while ammonium perchlorate, the salt of perchloric acid and ammonia, is the most common oxidizer.

The fuel and oxidizer are bound together by a hard, rubbery material and packed into a metal casing.

When solid propellant burns, oxygen from the ammonium perchlorate combines with aluminum to generate vast amounts of energy and temperatures exceeding 5,000 degrees Fahrenheit, creating thrust and lifting the missile from the launch pad.

Who has this technology?

The origins of solid fuel date back to fireworks developed by the Chinese centuries ago, but significant advancements were made in the mid-20th century when the U.S. developed more powerful propellants.

North Korea utilizes solid fuel in a range of smaller, shorter-range ballistic missiles, as well as in its new Hwasong-18 intercontinental ballistic missile.

The Soviet Union deployed its first solid-fuel ICBM, the RT-2, in the early 1970s, followed by France's development of the S3, also known as SSBS, a medium-range ballistic missile. China began testing solid-fuel ICBMs in the late 1990s.

South Korea has also reported securing "efficient and advanced" solid-propellant ballistic missile technology, although primarily for much smaller rockets thus far.

Solid vs. Liquid

Liquid propellants provide greater thrust and power but require more complex technology and additional weight.

In contrast, solid fuel is dense and burns quickly, generating thrust over a short duration. It can be stored for extended periods without degrading or breaking down — common issues associated with liquid fuel.

North Korea stated that the development of its solid-fuel Hwasong-18 would "radically promote" its nuclear counterattack capability. After the missile's first launch last year, South Korea's defense ministry sought to downplay the significance of the testing, asserting that North Korea would need "extra time and effort" to master the technology.

Barack Obama breaks silence on Daughter Malia dropping his name: 'I was all like...'



Former President Barack Obama recently shared his thoughts on daughter Malia's decision to drop the family name as she embarks on her own career. Malia, who debuted her film *The Heart* at Sundance 2024, chose to go by "Malia Ann," a decision that didn't surprise her father. She proudly walked the red carpet following the premiere and gave interviews without leveraging the Obama name.

Reflecting on his daughters' grounded outlook amid public attention, Obama expressed pride in how they have embraced their own paths without relying on the spotlight he once held.

Malia made waves in February when she launched her film career in Hollywood, opting to use "Malia Ann" and joining a trend among A-list stars who are choosing to drop their well-known last names. In a video for the Sundance Institute's Meet the Artist series, she was introduced as Malia Ann.

"Her first film went to Sundance and all these fancy film festivals, and she didn't use Obama as a director in the credits," Obama said during an episode of the Pivot podcast. The former president, who is currently campaigning for Democratic nominee Kamala Harris, described his reaction to Malia's decision: "I was all like, 'You do know they'll know who you are?" he shared, according to PageSix.

Before her Hollywood debut, Malia gained valuable experience interning for an HBO show and

at Harvey Weinstein's production company. She further honed her skills as a staff writer on Donald Glover's Amazon Prime series *Swarm*. Now, with her debut project *The Heart*, Malia hopes audiences will view her work independently of the Obama family connection. "And she's all like, 'I want them to watch it the first time without any association," Obama said.

Obama on Malia's Hollywood independence

Discussing Malia's decision, Barack Obama offered insight into his daughter's independent approach. Both Barack and Michelle, who run Higher Ground Productions, noted that Malia and Sasha are determined to build their own careers without relying on their parents' influence. "Our challenge," Barack explained, "is that they hardly want us involved. They're very sensitive and quite stubborn about it."

Obama acknowledged that as his daughters pursue their own careers, they have attracted more attention, especially from paparazzi. He warned them that people would still recognize them as his daughters, despite their efforts to establish their own identities. "Now, as they've gotten older, there's been some paparazzi stuff going on, and it drives them nuts," he said. "Their attitude is, 'We're not looking for all that.' So they're grounded."

Several celebrity children have opted to drop their famous parents' last names. For example, Suri Cruise uses her mother's middle name, Noelle, instead of her father's last name. Shiloh and Vivienne, children of Angelina Jolie and Brad Pitt, have chosen to adopt Jolie's surname. Similarly, Olivia Jade, daughter of Mossimo Giannulli and Lori Loughlin, often omits her last name professionally, while Rob Schneider's daughter, Tanner Elle Schneider, performs as Elle King. Even Will Smith and Jada Pinkett Smith's daughter goes by "Willow" instead of using her last name.

Prince Harry and Meghan Markle's latest move dubbed the 'oldest trick in the book'

Aroyal commentator has labeled Prince Harry and Meghan Markle's decision to buy a home in Portugal the "oldest trick in the book." According to Lady Colin Campbell, the Sussexes' choice could be an attempt to support Princess Eugenie and Jack Brooksbank's business ventures. Campbell further stated that the timing of the reports is "convenient," as it coincides with King Charles and Queen Camilla's royal tour.

"Charles and Camilla are in Australia and Samoa, and we are discussing Harry and Meghan in Portugal. They are geniuses," Campbell said.

Campbell expressed her views on Dan Wootton's YouTube channel, saying, "It's the oldest trick in the book. Colin Tenant very successfully gave Princess Margaret land on Mustique and even built her a house, which helped transform Mustique into what it became. This is a version of that—to help out Jack and Eugenie and give them some publicity."

Questions surrounding the Sussexes' move

Previously, royal expert Angela Levin also questioned the Sussexes' motives behind purchasing the property. "That's very interesting too, because Eugenie and Jack Brooksbank are there," Levin told GB News, suggesting that it may be a way to maintain royal appearances. "Is that a way for them to travel around various countries in Europe and pretend that they're still royals?" she asked.

Royal expert Richard Fitzwilliams pointed out that this move will provide the couple "a foothold in the EU and a base near Britain."

Despite their rift with the royal family, Harry and Meghan have maintained a close relationship with Eugenie and Jack, who own a home in Portugal. The Sussexes' new residence will allow them to visit Europe easily while also maintaining their primary home in Montecito, California.

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Slavery and Indentured Labour: Crime against humanity



Dr Shravan Nosib

"Sell me to this man; he needs a master" -- Diogenes of Sinope

t some point during mankind's evolutionary journey toward becoming apex predators, it acquired that ruthless streak of hunting its own kind, the only species to do so. Such predatory behaviour preyed upon differences in colour, culture, power and

economics, the latter being the overwhelming driving force for this barbaric and murderous exploitation.

Slavery appears to have been a widespread practice throughout history, as evidenced by accounts in Biblical literature; Greeks, Romans, Spanish, Dutch and Portuguese resorted to slaves to build and consolidate their empires at the height of their domination. However, the rapid expansion

of the American, British and French empires soon seized the lion's share of this lucrative trade as their military power and political influence paved the way for a malignant exploitation of natural resources around the world, masked as development and civilization of the colonies.

Africa, the cradle of humanity and birthplace of Mama Lucy whose genes all of us carry in our mitochondrial DNA, became the nexus of the slave trade during that dark period in human history and it is estimated that at least 10-15 million African slaves were traded globally to satisfy the greed of the colonisers. Slaves were forced into bondage by their owners, leaving them at their mercy for life. They could find no freedom except in death.

The first slaves in Mauritius were brought by the Dutch East India Company in 1638 to toil the land for agriculture and the wealthy French, fleeing the revolution and the guillotine back home, quickly took over and till 1810, they had imported about 100,000 slaves from Madagascar, Mozambique and other slave-trading African and Asian countries. The southwest Indian Ocean emerged as a regional epicenter for this booming trade, with Captain Dorval gaining notoriety as the most powerful slave trader in the area. In his deposition, he provides a graphic account of how slaves

were held captive aboard the ships that transported them to Mauritius.

Enchained at the neck, wrist and ankle and to the group, their descent into Hell was matched by their appalling conditions on the agricultural farms. They were systematically and often brutally deculturized as they were forbidden to speak their indigenous languages and practise their spirituality. This vile modus operandi, under Royal decree, has been the most cruel and efficient weapon in the hands of colonizers all over the world. Torture, maiming, whipping, branding, sexual violence, and decapitation were commonplace.

Slave Revolts

The human spirit, however, can only take so much, and slave revolts were not an uncommon occurrence. Their status as slaves was revoked to maroon, which meant that they had no owner/master. Death on capture was inevitable as the historically documented 11 cases of Peter of Bali, Louis of Bengal, and Jan of Goa who were torn to pieces at the wheels of farming equipment. Jack of Madagascar, Ventura of Mozambique, and Abbas of Penang were hanged. The rest of the group were whipped, branded, and chained to endure their life sentences. Countless others suffered similarly. The instruments of torture were beyond imagination.

Le Morne Brabant, Black River, is so much more than a mountain; it is a monument, a sanctuary, a mystical structure that weeps its violent and tragic history during heavy rains. It provided shelter deep into its rocky womb to the maroons, safe from sure death. Thus, it is fitting that it was declared a UNESCO World Heritage site in 2008.

he abolition of slavery in 1835 was a watershed moment in the history of Mauritius and it paved the way for the liberation and emancipation of these bonded souls. Slave owners received generous financial compensation for the loss of their "livelihood". One of the largest bank in Mauritius was established with funds from the slave trade.

Slaves were left to fend for themselves. It is very telling that they jumped to their deaths from their hideout in Le Morne, fearing recapture, after an emissary was dispatched to inform them that they were free. Oppression has since never left them as they continue to struggle with identity and ideology!



"There was one fundamental difference between slaves and indentured labourers: they were on a contractual agreement and were free at the end of their term. Lifelong bondage no longer dictated realities. Everything else remained the same. Violence, physical, emotional and sexual abuse continued unabated as the girmityas had to be trained on the job. Many of these girmityas were working in the opium fields in Bharat under British rule. Their master's job was made easy by drugging the workers with opium and making them addicted to it, they would report to work without fail for more of the same to avoid withdrawal symptoms..."

Notorious slave owners around the world attempted to redeem their ill-gotten wealth by donating to causes they valued. Cecil Rhodes donated huge sums of money to Oxford University and has a prestigious scholarship named after him. His statue sits proudly at Oriel College, Oxford, and attempts to have it removed by Professor Chigudu were vetoed by the University academic council. The slaver mentality has never left Oxford University, it seems!

The Indentured Labourer: Masked Slavery

The economic and social realities of the time created a demand for cheap and efficient labor. Bharat became the indentured labour supplier to British and French colonies around the world from Mauritius to Guyana to Trinidad and Tobago to South Africa and Fiji Islands.

There was one fundamental difference between slaves and indentured labourers: they were on a contractual agreement and were free at the end of their term. Lifelong bondage no longer dictated realities. Everything else remained the same. Violence, physical, emotional and sexual abuse continued unabated as the girmityas had to be trained on the job. Many of these girmityas were working in the opium fields in Bharat under British rule. Their master's job was made easy by drugging the workers with opium and making them addicted to it, they would report to work without fail for more of the same to avoid withdrawal symptoms.

Amitav Ghosh describes it succinctly in his 'Sea of

Poppies'. But these ruthless and cunning colonizers sold them yet another dream - gold nuggets were hidden under rocks in Mauritius and the die was cast. Their appalling living conditions and systemic deculturalization and dehumanization caught the eye of a transiting barrister, M.K. Gandhi, who upon his return to Bharat sent an emissary in the person and advocate Manilal Doctor to negotiate with the colonial masters and start the emancipation and rehabilitation of these downtrodden lot. The pregnant Anjalay Coopen, a heroine of the indentured labourer's uprising braved the British forces valiantly until she was brutally shot down.

The Aapravasi Ghat was designated a UNESCO World Heritage site in 2006, serving to commemorate the arrival of the first indentured laborers in Mauritius. While these laborers did not discover gold nuggets — except for a fortunate few — they contributed significantly to the agricultural deve-

lopment of the island, transforming its economic landscape.

Emancipation and freedom of indentured labourers occurred in1917 after this form of slavery was abolished. By then, almost half a million indentured labourers had walked through the gates of the Aapravasi Ghat between 1834 and 1920. Determination and education paved their way out of slavery. Engagement into social, academic and political activities provided further impetus to their emancipation and freedom.

Slavery Reparations: Truth and Reconciliation Committee

The Truth and Justice Commission of Mauritius was set up in February 2009 to look into and assess the impact of slavery and indentured labour on the island since colonization in 1638. Even though the report was submitted in 2011, its recommendations have been harder for successive governments to implement given the fact that it would involve dealing with erstwhile slave traders.

The descendants of enslaved individuals and indentured laborers continue to await overdue financial compensation and the restitution of their lands. Local heroes deserve recognition for their efforts to reclaim their ancestral land, though their struggles are far from over. The mentality of the

oppressor often seems to persist. True reconciliation cannot occur without addressing these injustices, and it is hoped that this issue will be resolved soon, as it has been lingering for far too long. The ongoing meeting of the Commonwealth heads of government in Apia, Samoa, has taken up the issue of reparations for slavery, and there is hope that all parties will agree on financial compensation.

Of Freedom

It is with gratitude, that we celebrate the fortitude of our ancestors' struggles on February 1st to mark the abolition of slavery and November 2nd to mark the abolition of indentured labour in "God's own little acre". Our ancestors' struggles and sufferings ensured we breathe freedom; the essence of which is beautifully captured in the music of slave descendants and cultural icons, Reginald Topize (Kaya) locally and Bob Marley globally. We have a duty to remember their indomitable spirit and to share their message with future generations. Freedom is not free.

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From the Pages of History - MT 70 Years Ago

7th Year No 287

MAURITIUS TIMES

Friday 19 February, 1960

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"Personality is everything in art and poetry." — Johann Wolfgang Von Goethe

Comments

Educational Statistics

he Education Department Bulletin of January 1960 has revealed some interesting facts and figures about the number of candidates who sat for different examinations and about the number of applications for admission to various Government colleges. For example, there were 214 applications for 50 places at the Technical Institute; 734 for 90 places at Queen Elizabeth College; 1,032 for 90 places at the Royal College, Port Louis; and 1,080 for 80 places at the Royal College, Curepipe. In 1959, for the

Junior Scholarship examination, there were 7,057 candidates compared with 2,689 in 1958; for the Standard VI examination, 24,096 compared with 13,120 in 1958; for the Cambridge School Certificate examination, 2,679 compared with 3,317 in 1958; for the HSC examination, 326 compared with 287 in 1958. For the GCE examination, 1,556 candidates sat in January 1960 compared with 923 in January 1959.

It will be noticed that for the Cambridge School Certificate examination, there was a decrease in 1959 instead of an increase over the 1958 figure. We think that the reason for this decrease is that the Minister of Education had received permission from the Cambridge Syndicate to publish the percentage of passes secured by each college at the 1958 examination. Since then, the Principals of our colleges have become more cautious and have allowed only the brighter pupils of their colleges to sit for the 1959 SC examination to ensure their percentage of passes might not be as low as that of the previous year. Certain principals have even held a "qualifying test" to select those candidates who are likely to succeed

When the percentage table was published last year, parents and teachers were shocked to see that certain colleges, which were publishing impressive lists of successful candidates every year, achieved a very low percentage of passes for the 1959 examination. That wise decision of the Ministry of Education will no doubt raise the standard of SC teaching in the future. Both teachers and pupils will have to work hard now. The "Qualifying Test" will prevent certain colleges from allowing insufficiently prepared candidates to sit for the SC examination.

When the Technical Institute was opened, it was feared that many parents, who are more inclined to give their children an education that would lead to a white-collar job, would be reluctant to send their children to a technical school. But the number of applications received proved the contrary.



The answer to the challenge posed by the phenomenal increase in the population of the Island is, among other things, the industrialization of the country. One Technical School is not enough; the country needs a dozen of them!

Schoolchildren's Health

The School Health Service item of the January issue of the Education Dept. Bulletin reveals very interesting information about the health of schoolchildren covering the period April-August 1959. A survey conducted by school nurses shows that an alarming percentage of pupils have nits — 12.1% — and that 4% of pupils have no handkerchief or clean piece of cloth.

In light of this situation, we feel that much remains to be done in the field of health among our children and in the health education of the people. The responsibility for this alarming situation lies mainly with the parents, who are not providing the necessary care for their children regarding cleanliness. Though Gammexane is being supplied free to schoolchildren, it is clear that many parents are not taking advantage of the facilities offered by the schools to help children get rid of nits and lice. On the other hand, it is deplorable to note that many children are doing without handkerchiefs; the bad habit of wiping their noses on shirt sleeves should be stopped.

Teachers cannot always be blamed for this state of affairs, but something in the direction of better cleanliness among pupils can be instituted by teachers in their classes, and prizes can be awarded to the best class in terms of cleanliness. It must also be pointed out that more practical lessons should be conducted by teachers instead of mere theorizing about hygienic habits.

Another important point to note is the high percentage of new entrants requiring medical treatment — 20.1% — and entrants of poor general condition — 21.4%. These figures speak volumes about the poor health condi-

tion of our school-going population.

From this report, one can glean an idea of the low standard of living of our people, and it is time that something be done to raise the health standard of the people.

We are pleased to read that 1,209 non-government teachers have been X-rayed free by the Department. We wish to congratulate the School Health Service, which is doing laudable work. We regret that this interesting report has not been published in the local press, which, we believe, would have helped the public take cognizance of the state of health of our children.

United States Youth Group Proclaims UN Year

The Afro Arts Theatre, a youth group in New York connected with Rotary International, has called on young people in other countries to celebrate 1960 as United Nations Year, commemorating the Organization's fifteenth anniversary.

In collaboration with the City of New York and a district Youth Council, the Afro Arts Theatre is organizing a "Mister and Miss United Nations" contest in which a young girl and boy from each UN member country will come to the Organization's headquarters in New York. An international children's outdoor art exhibit is also to be held during the year. Here is also an opportunity for our boys and girls to take part in the contest. The cost of passage is a problem that will have to be solved.

The Koran Published in Braille

UNESCO reveals that the first edition of the Koran to be printed in Braille has been completed in Cairo. The work was financed by the government of the United Arab Republic, which plans to distribute the publication to 23 Islamic states and other countries throughout the world.

London Press Service & Cyclone Alix

he London Press Service in its "Calco" edition of February 9 carried an account of cyclone Alix, which ravaged Mauritius. Our country rarely finds space in publications of the UK. We must make Mauritius known to the outside world. The more we are known, the better it will be for us. The gentleman responsible for sending the report has rendered Mauritius a good service.

There are many papers and magazines that would like to receive articles on Mauritius. Those who can write should not miss any opportunity that might present itself to write for papers in any part of the world.

We reproduce below the story of Alix:

"Fifteen thousand people are now known to be homeless in Mauritius following the severe cyclone that struck the west coast of the British sugar-producing colony last month.

"For 36 hours on January 18 and 19, gusts of up to 100 miles per hour swept the Island, wreaking havoc with power supplies and communications, destroying 6,000 homes and damaging as many again, scattering the fishing fleets and flattening tobacco, sugar, and other standing crops. Damage to the sugar crop — by far the most important element in the island's economy — cannot yet be reliably estimated, but first reports suggest that up to 40 percent of the crop has been destroyed.

"Immediately after the cyclone passed, relief centers were set up, and on January 28, the Governor, Sir Colville Deverell, announced that a relief fund was being opened. Administered by a representative committee headed personally by the Governor, it provides for the needs of those suffering hardship and distress, relying to a large extent on the charity and goodwill of sympathetic organizations and individuals."

Maha Shivaratri Festival 1960

At a joint meeting of the Hindu Maha Sabha and the Mauritius Sanatan Dharma Temple Federation it was decided:

- 1. To delegate the following gentlemen to be in charge of the Maha Shivaratree Procession throughout the Island:
- Messrs Balramsingh Beeharry, K. Gokulsingh, H. Padaruth Ojah, J. Ruhee
- 2. Mr Manilall Ramdin will be in charge for the accommodation and feeding of the pilgrims at Grand Bassin.
- 3. On their return from Grand Bassin on February 24, 1960, the pilgrims will meet at the Belle Village Tamil Temple, from where the Kanwarthees, grouping themselves in the order mentioned below, will march in procession until the end of their journey.

Pilgrims from:

Laventure Temple Grand Gaube Plaine des Papayes Vallée des Prêtres Rivière du Rempart Petit Raffray Long Mountain

Gokhoola Triolet Terre Rouge St. Denis Riche Mare Crêve Coeur

/allée des Prêtres Vallée Pitot St. Denis Maupin
The Hindu Maha Sabha and the Mauritius Sanatan Dharma Temple Federation
hereby make a special appeal to all representatives of Temples and other

generous persons to help the pilgrims as in the past.

J. Ruhee - (Secretary, Hindu Maha Sabha)

'Difficult' children are only slightly more likely to have insecure attachments with parents

hildren with difficult temperaments, including personality tendencies such as irritability and having a hard time being comforted, are only slightly more likely than other children to have insecure attachment relationships with one or both of their pa-rents, according to our research. This finding refutes the long-standing notion held by many psychologists that early attachment behaviours are mainly determined by a child's temperament.

An attachment relationship reflects the child's expectations about their caregiver in times of need. A secure attachment is likely if a caregiver is consistently available and emotionally supportive when the child is alarmed. However, if a child learns that their caregiver will not be there when needed or will not effectively soothe them, chances are they will develop an insecure attachment relationship with that caregiver.

As researchers in clinical psychology and child and family studies, we are interested in how the quality of child-caregiver relationships affects children's development.

Part of that is understanding what influences the way child-parent attachments form. Even infants show stark differences in temperament, and some psychologists have argued that these individual dispositions may also explain how youngsters interact with caregivers. Even the most sensitive and loving pa-rent could feel challenged when caring for a difficult child – does that dynamic influence the quality of their attachment relationship?

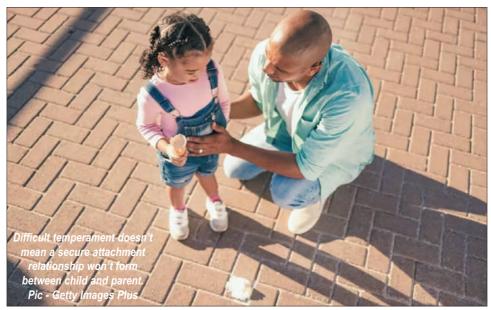
How we do our work

With 29 other researchers, we started a research consortium to study the quality of children's attachment relationships with their mothers and fathers – or what we call their attachment networks.

For this meta-analysis, we combined data collected over the past 40 years on 872 children from North American families.

Researchers observed these kids interacting separately with their mothers and fathers and completed assessments designed to evaluate children's attachment behaviours: How do they seek comfort in times of need? How easily do they find reassurance in their parents? How do they explore their en-vironment in the presence of their parents?

In addition, parents reported on the degree of their children's difficult temperament. How likely was the child to experience intense negative emotions, such as anger, sadness or fearfulness?



It seemed logical that children who have a more difficult temperament might tend to have more insecure attachment relationships within the family – but that's not exactly what we found. Instead, a difficult temperament had very little to do with the number of insecure attachment relationships a child had with their parents.

reater tendencies toward a difficult temperament had just a very small impact – less than 1%, according to our statistical analysis – on children's likelihood to have multiple insecure attachment relationships. And temperament was only slightly more difficult in infants who had insecure attachment with both parents rather than with only one or neither of the parents.

Why it matters

Recent research from our consortium has found that children who develop secure attachment relationships with both mom and dad tend to show fewer symptoms of anxiety and depression, as well as stronger language skills, compared with those who had only one or no secure attachment relationships in their two-parent families.

The results from our latest study suggest that even children with inborn characteristics of a difficult temperament can benefit from the advantages that come from multiple secure attachments. These findings may reassure worried parents.

What still isn't known

Further research is needed to explain the small increase in insecure attachments we did identify for kids with difficult temperaments.

For example, children's difficult temperament increases the likelihood of negative parenting, including anger and coercing and overcontrolling behaviours. These in turn can intensify children's negative emotions. Over time, it's possible this two-way street of negative reactions

increases the probability of insecure attachment relationships between child and parents.

Interventions that promote positive parenting and sensitive discipline increase children's attachment security with their parents. So, parents can foster secure attachment with deliberate efforts to be more sensitive to the child's emotional needs.

One thing has become clear. The secure attachment relationships that play a critical role in cognitive and emotional development are not closed off to children born with difficult temperaments.

By Or Dagan, Professor of Clinical Psychology, Long Island University Post & Carlo Schuengel, Professor of Clinical Child and Family Studies, Vrije Universiteit Amsterdam

Mauritius Times

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Thank you so much.

Mauritius Times

Éclairages Mauritius Times Friday, November 1, 2024

Suite de la page 5

Les acteurs comme «Team Jorge» exploitent les vulnérabilités des plateformes numériques pour diffuser des mensonges et des rumeurs, rendant difficile pour les électeurs la distinction entre le vrai et le faux.

Les grandes entreprises technologiques, qui ont déjà du mal à gérer la désinformation sur leurs plateformes, se retrouvent face à un défi de taille. Elles doivent renforcer leurs mesures de sécurité et améliorer la transparence sur les contenus sponsorisés et les campagnes d'influence. Les conséquences de la désinformation sont visibles dans plusieurs pays où des mouvements politiques ont été altérés par des campagnes de manipulation orchestrées par des tiers.

Propriétés et sécurité

L'enquête révèle également que Hanan a probablement exécuté certaines de ses opérations de désinformation à travers une société israélienne, Demoman International, enregistrée sur un site promu par le

Révélations sur «Team Jorge»: L'unité de désinformation qui a manipulé des élections

ministère israélien de la Défense.

Cette révélation soulève des questions cruciales sur la réglementation des entreprises impliquées dans des activités de désinformation, ainsi que sur la responsabilité des gouvernements dans la lutte contre ces pratiques.

Un autre aspect inquiétant de cette affaire est l'exploitation de failles de sécurité dans des applications de messagerie réputées sécurisées, comme Telegram. Hanan a démontré ses capacités de piratage en accédant à des comptes Telegram et Gmail, illustrant comment des méthodes sophistiquées peuvent compromettre des systèmes de communication, même ceux qui sont censés offrir un haut niveau de sécurité

Conclusion et réflexions

Les révélations concernant « Team

Jorge » mettent en lumière une menace grave pour l'intégrité démocratique à l'échelle mondiale. Alors que la technologie joue un rôle de plus en plus central dans nos vies, il est impératif que les citoyens, les gouvernements et les entreprises restent vigilants face aux menaces de manipulation et de désinformation.

Pour contrer cette menace, il est essentiel de renforcer la législation sur la protection des données et d'accroître la sensibilisation du public sur les risques associés à l'utilisation des médias sociaux. Les démocraties doivent s'unir pour établir des normes internationales concernant la transparence et la responsabilité des acteurs privés dans le domaine de la communication.

L'affaire «Team Jorge» devrait inciter à une réflexion approfondie sur l'avenir de la

démocratie dans un monde hyperconnecté. La désinformation est devenue un outil de manipulation puissant qui peut altérer les perceptions publiques et influencer le comportement électoral. Face à cela, il est crucial que les gouvernements et les organismes de réglementation prennent des mesures proactives pour protéger l'intégrité des élections et garantir que les citoyens puissent exercer leur droit de vote de manière informée et libre.

La lutte contre la désinformation nécessite non seulement des mesures techniques, mais aussi une mobilisation citoyenne pour encourager une consommation critique de l'information. L'éducation aux médias et à l'information doit devenir une priorité, afin de préparer les électeurs à naviguer dans un paysage médiatique complexe et souvent trompeur.

Prévisions électorales

Alliance du Changement 55 - Alliance Lepep 5, selon l'Arabian Intelligence Survey

'Arabian Intelligence Survey (AIS), membre de l'Arabian Business Press, a publié un rapport détaillé sur les élections générales qui se dérouleront à Maurice le 10 novembre 2024. Le rapport, rédigé par une équipe de 14 membres sur le terrain, souligne qu'une variation de ±2% est attendue dans les résultats finaux, avec les médias sociaux jouant un rôle clé dans la diffusion d'informations la semaine précédant les élections.

Rapports par circonscription

Le rapport présente des résultats préliminaires dans plusieurs circonscriptions :

Circonscription No. 1 à 7: Alliance du Changement 3 - 0 Circonscription No. 8 : Alliance du Changement 3 - 0 Circonscription No. 9 à 11 : Alliance du Changement 3 - 0 et Alliance Lepep 1 Des remarques indiquent que le Premier ministre sortant, Pravind Kumar Jugnauth, pourrait se retrouver en quatrième position, derrière le candidat de l'Alliance du Changement, GovindenVenkatasami. Des rapports suggèrent également que l'assassinat de l'ancien député SoopramanienKistnen constitue un facteur perturbateur majeur pour le gouvernement.

Situation des candidats

Dans certaines circonscriptions, des candidats comme MahenSeeruttun et Kailash Kumar Singh Jagatpal seraient mentionnés comme étant en bonne position grâce à des flux de trésorerie solides. Dans la circonscription No. 14, Alan Ganoo, un politicien vétéran, est également cité comme un candidat fort, et des discussions sont en cours pour un éventuel changement de parti après les élections.

En fin de compte, l'Arabian Intelligence Survey pré-



Alliance pour le Changement 55 - Alliance Lepep 5, selon le rapport de l'Arabian Intelligence. P- soundcloud.com

voit une victoire de 55 sièges pour l'Alliance du Changement et 5 sièges pour l'Alliance Lepep. Le prochain rapport sera publié le 4 novembre.

A. Bartleby

YOUR STARS

SAGITTARIUS: NOV 22 - DEC 21

Adventure calls! A change in scenery or a new activity could refresh your outlook. Avoid hasty decisions mid-week; assess options carefully. Sunday is great for social gatherings and reconnecting with friends.

Lucky Numbers: 5, 9, 15, 23, 28, 34 CAPRICORN: DEC 22 - JAN 19

Professional efforts show signs of progress.

Mid-week, there may be a need to revisit a project or goal. Home and family take priority over the weekend, allowing for valuable bonding time.

Lucky Numbers: 2, 10, 18, 24, 29, 40

AQUARIUS: JAN 20 - FEB 18

New connections and ideas energize you. Avoid distractions by focusing on personal goals. You may find inspiration in unexpected places, especially on Thursday. Social plans bring joy over the weekend.

Lucky Numbers: 7, 11, 22, 27, 31, 36 PISCES: FEB 19 - MAR 20

Inner peace is your theme this week. Take a break from daily demands to recharge. Intuition guides you in relationships, and Sunday offers a breakthrough in self-discovery or a creative pursuit.

Lucky Numbers: 8, 15, 20, 26, 33, 39 ARIES: MARCH 21 - APRIL 19

A boost in energy helps you tackle long-standing projects with confidence. Avoid impulsive decisions mid-week, especially in personal matters.

The weekend brings opportunities for meaningful conversations.

Lucky Numbers: 1, 7, 12, 19, 26, 34 TAURUS: APR 20 - MAY 20

This week offers stability and comfort but beware of unexpected challenges in finances. You may feel the need to indulge but keep an eye on spending.

Romance is highlighted over the weekend.

Lucky Numbers: 3, 10, 15, 24, 29, 37

GEMINI: MAY 21 - JUNE 20

Communication skills shine, especially at work. A friend may reach out with an intriguing opportunity. By Friday, be cautious with sensitive information to

avoid misunderstandings.

Lucky Numbers: 5, 9, 18, 23, 31, 38

This week focuses on balance and self-care. Family matters may require your attention, and it's a good time to connect deeply with loved ones. Friday offers a chance for creativity and self-expression.

CANCER: JUNE 21 - JULY 22

Lucky Numbers: 2, 8, 14, 22, 30, 35 **LEO: JULY 23 - AUG 22**

Your leadership and enthusiasm bring positive attention. Mid-week, a professional decision could open new paths. Social connections become meaningful over the weekend—spend time with those who inspire you.

Lucky Numbers: 4, 11, 17, 21, 28, 36 VIRGO: AUG 23 - SEPT 22

This week is about organization and making the most of opportunities. Financial planning pays off, so review your budget. Healthwise, focus on rest and avoid pushing yourself too hard.

Lucky Numbers: 6, 13, 20, 27, 33, 40 LIBRA: SEPT 23 - OCT 22

Harmony and balance are within reach, especially in relationships. Diplomacy helps you resolve any conflicts. By Thursday, a creative project might spark excitement, making the weekend lively.

Lucky Numbers: 1, 12, 16, 25, 32, 39 SCORPION: 23 OCT – 21 NOV

Your intuitive side is powerful. Pay attention to gut feelings, especially with career moves. Supportive conversations with friends bring clarity. Saturday is ideal for self-reflection and unwinding.

Lucky Numbers: 3, 14, 19, 26, 30, 37

Climbing the Social Ladder may slow Dementia

new study suggests that upward social mobility may help ward off dementia. Dementia, a collective term for conditions characterized by memory loss and impaired cognitive functioning, poses significant challenges to healthcare systems and severely affects the quality of life for patients and their families. Previous research has indicated correlations between socioeconomic status (SES)—including parental assets, education level, income, and employment status—and susceptibility to dementia. However, evidence linking changes in SES, known as social mobility, to dementia risk has been limited

The study, led by researchers at Osaka University and published in JAMA Network Open, provides robust evidence that upward social mobility is linked to a lower risk of dementia. Specifically, a downward transition in SES was associated with the greatest loss of healthy longevity starting at age 75, whereas an upward transition correlated with a longer period of healthy aging. Interestingly, individuals who experienced upward mobility exhibited more favourable outcomes than those with stable high SES since childhood.

"Thanks to a large and comprehensive dataset, our findings strengthen the association between socioe-



conomic mobility and dementia risk," said Ryoto Sakaniwa, the study's lead author. "Our results indicate that upward social mobility throughout a person's life is correlated with a prolonged period of dementia-free aging, suggesting that improving socioeconomic conditions could be crucial for dementia prevention and healthier longevity."

The researchers utilized data from the Japan Gerontological Evaluation Study, which followed 9,186 participants aged 65 and over from 2010 to 2016. They employed unsupervised clustering analysis and data-

driven classification to examine changes in participants' SES over their lifetimes, identifying six distinct SES transition patterns.

Additionally, the study used a national registry of long-term nursing care services to assess dementia incidence, allowing for a detailed exploration of the relationship between SES transitions and dementia risk. The findings revealed that upward SES transitions were significantly associated with a lower risk of developing dementia, while downward transitions markedly increased that risk.

The study also investigated the mediating effects of lifestyle behaviours, comorbidities, and social factors on the relationship between SES transitions and dementia risk. These factors were found to significantly influence that risk, particularly physical characteristics and lifestyle behaviours in upward transitions, and social factors in downward transitions.

"Future research should explore the mechanisms by which SES influences cognitive health, including potential interventions to mitigate dementia risk," stated senior author Hiroyasu Iso. "Understanding how SES and its transitions impact dementia is essential for developing targeted strategies to address underlying socioeconomic factors throughout an individual's life."



Could fungi actually cause a zombie apocalypse?

Be very afraid – if you're an insect.

Zombies strike fear into our hearts — 2 and if they're persistent, eventually they get inside our heads. Animals taken over by zombies no longer control their own bodies or behaviors. Instead, they serve the interests of a master, whether it's a virus, fungus or some other harmful agent.

The term "zombi" comes from Vodou, a religion that evolved in the Caribbean nation of Haiti. But the idea of armies of undead, brain-eating human zombies comes from movies, such as "Night of the Living Dead," television shows like "The Walking Dead" and video games like Resident Evil.

Those all are fictional. Nature is where we can find real examples of zombification – one organism controlling another organism's behavior.

I study fungi, a huge biological kingdom that includes molds, mildews, yeasts, mushrooms and zombifying fungi. Don't worry – these "brain-eating organisms" tend to target insects.

Insect body snatchers

One of the most famous examples is the zombie ant fungus, Ophiocordyceps unilateralis, which is part of a larger group known as Cordyceps fungi. This fungus inspired the video game and HBO series "The Last of Us," in which a widespread fungal infection turns people into zombie-like creatures and causes society to collapse.

In the real world, ants usually come into contact with this fungus when spores – pollen-size reproductive particles that the fungus makes – fall onto the ant from a tree or plant overhead. The spores



penetrate the ant's body without killing it.

Once inside, the fungus spreads in the form of a yeast. The ant stops communicating with nestmates and staggers around aimlessly. Eventually it becomes hyperactive.

Finally, the fungus causes the ant to climb up a plant and lock onto a leaf or a stem with its jaws — a behavior called summiting. The fungus changes into a new phase and consumes the ant's organs, including its brain. A stalk erupts from the dead insect's head and produces spores, which fall onto healthy ants below, starting the cycle again.

Scientists have described countless species of Ophiocordyceps. Each one is tiny, with a very specialized lifestyle. Some live only in specific areas: for example, Ophiocordyceps salganeicola, a parasite of social cockroaches, is found only in Japan's Ryukyu Islands. I expect that there are many more species around the world awaiting discovery.

The zombie cicada fungus, Massospora cicadina, has also received a lot of attention in recent years. It infects and controls periodical cicadas, which are cicadas that live underground and emerge briefly to mate on 13- or 17-year cycles.

The fungus keeps the cicadas energized and flying around, even as it consumes and replaces their rear ends and abdomens. This prolonged "active host" behavior is rare in fungi that invade insects. Massospora has family members that target flies, moths, millipedes and soldier beetles, but they cause their hosts to summit and die, like ants affected by Ophiocordyceps.

The real fungal threats

These diverse morbid partnerships – relationships that lead to death – were formed and refined over millions of years of evolutionary time. A fungus that specializes in infecting and controlling ants or cicadas would have to evolve vastly new tools over millions more years to be able to infect even another insect, even one that's closely related, let alone a human.

In my research, I've collected and handled hundreds of living and dead zombie cicadas, as well as countless fungus-infected insects, spiders and millipedes. I've dissected hundreds of specimens and uncovered fascinating aspects of their biology. Despite this prolonged exposure, I still control my own behavior.

Some fungi do threaten human health. Examples include Aspergillus fumigatus and Cryptococcus neoformans, both of which can invade people's lungs and cause serious pneumonia-like symptoms. Cryptococcus neoformans can spread outside the lungs into the central nervous system and cause symptoms such as neck stiffness, vomiting and sensitivity to light.

Invasive fungal diseases are on the rise worldwide. So are common fungal infections, such as athlete's foot – a rash between your toes – and ringworm, a rash that despite its name is caused by a fungus.

Fungi thrive in perpetually warm and wet environments. You can protect yourself against many of them by showering after you get sweaty or dirty and not sharing sports gear or towels with other people.

Not all fungi are scary, and even the alarming ones won't turn you into the walking dead. The closest you're likely to come to a zombifying fungus is through watching scary movies or playing video games.

If you're lucky, you might find a zombie ant or fly in your own neighborhood. And if you think they're cool, you could become a scientist like me and spend your life seeking them out.

Matt Kasson

Associate Professor of Mycology and Plant Pathology, West Virginia University

Unwind Mauritius Times Friday, November 1, 2024 18

A Question of Understanding husband and wife were having

Adinner at a very fine restaurant when an absolutely stunning young woman came over to their

table, gave the husband a big kiss, said she'd see him later, and walked away.

His wife glares at him and says, "Who the hell was that?"

"Oh," replies the husband, "she's my mistress."

"Well, that's the last straw," says the wife. "I've had enough. I want a divorce."

"I can understand that," replies her husband, "but remember, if we get a divorce, it means you don't get any more shopping trips to Paris, no more wintering in Barbados, no more summers in Tuscany, no more Ferraris and Lexuses in the garage, and no more yacht club. But the decision is yours."

Just then, a mutual friend enters the restaurant with a gorgeous babe on his arm.

"Who's that woman with Jim?" asks the wife.

"That's his mistress," says her husband.

"Ours is prettier," she replies.



The Lemon Challenge

A local pub was so sure that its landlord was the strongest guy around that they offered a \$1,000 bet to anyone who could prove his might. The landlord would squeeze a lemon until all the juice ran into a glass and hand the lemon to the patron. Anyone who could squeeze one more drop out would win the bet.

Many people tried their luck, but nobody could do it. One evening, a scrawny little man popped in, wearing thick glasses and a blue suit. He said in a squeaky voice, "I'd like to try the bet."

After the laughter died down, the landlord grabbed a lemon and squeezed it. Then he handed the squeezed lemon to the little guy. But the crowd's laughter turned to total silence as the man clenched his fist around the lemon, and a few drops fell into the glass. As the crowd cheered, the landlord paid the guy a thousand dollars

and asked, "What do you do for a living? Are you a lumberjack or a weightlifter or what?"

The man replied, "I work for the income tax department."

The Visa Dilemma

A businessman inquired with his travel agent about the documents he needed to fly to China. After a lengthy discussion about passports, the agent reminded him that he needed a visa.

"Oh, no! I've been to China before and never had to have one of these," the businessman said.

The agent double-checked and informed him again that he required a visa.

The businessman insisted, "Look, I've gone to China before, and they accepted my MasterCard!"



The Tight-Fisted Scot

A Scot arrived at the pearly gates and asked if he could get in. St. Peter replied, "No, actually you have been too tight-fisted while you were alive."

"No, I haven't! Last week, I gave ten pounds to an old age home, and two weeks back, I handed twenty pounds to Oxfam," replied the Scot.

St. Peter looked thoughtful for a moment, then said, "Hang on a minute," and went away.

A few minutes later, he returned and said, "Right, God has agreed with me. Here's your thirty pounds -- now get lost!"

The Unexpected Phone Call

Some guys are in a changing room when a mobile phone rings on the bench. One of them picks it up.

"Hello, darling! I'm at the shops and I've found a lovely top for fifty dollars. Can I buy it?" asks the woman on the other end of the line.

"Go ahead."

"In that case, there's also a fantastic coat for \$300 — can I get that too?"

"Okay."

Feeling lucky, she tries for a big one: "The car show-room next door has just what I'm looking for, and it's only \$50,000. Can I have that too?"

"Put it on the card."



The guy hangs up and looks around. "Anyone know whose mobile this is?"

The Price of Barbie

A father on his way home from the office remembers that it's his daughter's birthday. He pulls over at a toy shop and asks the salesgirl, "How much is the Barbie in the display window?"

The salesgirl replies, "Which one? We have Workout Barbie for \$29.99, Disco Barbie for the same price, and Divorced Barbie for \$310.99."

The amazed man asks, "What? Why is Divorced Barbie so expensive while the others are only \$29.99?"

"Sir, Divorced Barbie comes with: Ken's car, Ken's house, Ken's boat, Ken's furniture, and Ken's tablet."

The Inheritance Twist

When Michael learns he is going to inherit a fortune when his sickly father passes away, he decides he needs a woman to enjoy it with. One evening, he goes to a singles bar and spots the most beautiful woman he has ever seen.

"I may look like just an ordinary guy, but in a month or two, my father will leave me \$25 million," he says as he walks up to her.

The woman accompanies Michael home that evening, and a week later, she becomes his stepmother.



Nurturing Your Relationship: Key Steps to Connection

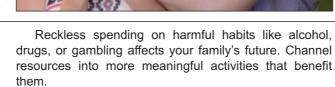
Mauritius Times

Building a strong and lasting relationship takes intention and effort. Here are some essential steps to deepen your bond and foster a secure connection with your partner:

1. Prioritize Your Bond

To cultivate a secure relationship, make your partner a top priority. Focus on their needs, ensuring they feel safe and cared for. Choose them over other commitments, such as family, work, or hobbies. Stay mindful of how your choices impact your partner, and engage in open discussions about any conflicts that arise.

2. Understand and Express Your Emotions Clearly



Costly mistakes that husbands make

* Working so hard at your job/business but not in your marriage

Men, your company, career, and business thrive because of your leadership; similarly, your marriage will grow when you lead and invest time in it.

* Thinking that flirting with other women is not cheating

Flirting or engaging in suggestive conversations, even without physical contact, is emotional infidelity. If you're inclined to flirt, do it with your wife. Treat her well, and she'll respond positively.



* Being generous outside but stingy at home

Don't be the man who helps others while neglecting his own family. Your primary responsibility is to your wife and children.

* Thinking that showing love is unmanly

Expressing love is essential. Real men show love and affection, just as God does. Continue romancing your wife and make her feel cherished.

* Throwing money and gifts at problems

Material gifts don't replace emotional presence. Your wife and children want your time and attention more than

* Admiring other women more than your wife

If other women seem more attractive to you, focus on nurturing your wife. Compliment, pamper, and invest in

* Wasting family money on meaningless things

* Justifying pornography

Pornography encourages lust and emotional infidelity. It sets the stage for future unfaithful actions by normalizing desires for other women.

* Thinking being the head of the family means being a dictator

Leadership in marriage is about partnership, not control. Serve, uplift, and support your wife instead of overpowering her.

* Ignoring your wife's advice

Involve your wife in decisions and value her input. A unified approach strengthens the family.

* Being too proud to apologize or listen

Admit mistakes, apologize, and be open to learning. Pride damages relationships, but humility fosters healing.

* Abandoning your spiritual role

Lead your family spiritually. Your wife and children need your prayers and spiritual guidance, not just your presence.

* Taking your job title home

Leave your work identity at the office. At home, you're a husband and father, not a boss. Your family needs love, not orders

* Hiding your failures

Be transparent about challenges. Your wife is your partner and will stand by you during tough times.

* Worrying more about what your male friends or parents think

Don't let external opinions dictate your marriage. Prioritize your family's happiness over pleasing friends or

* Being intimately selfish

Sexual intimacy is about mutual satisfaction. Ensure your wife feels desired and fulfilled, which strengthens

* Letting her be the parent alone

Parenting is a shared responsibility. Support her during pregnancy and actively participate in raising your

* Failing to prepare your children for succession

Prepare your family for the future. Share information about your assets and write a will to avoid confusion later.

Emotional maturity is crucial in relationships. Strive to understand and communicate your feelings honestly, sharing both positive and negative emotions. Good communication fosters a sense of value and understanding between partners.

3. Align Your Intentions, Words, and Actions

Words are promises, but they hold little weight if not backed by actions. Consistency is key to building trust. Avoid making empty promises to sidestep conflict; remember that actions speak louder than words.

4. Don't Rely Solely on Your Partner for All Your Needs

It's important not to expect your partner to fulfill every need. Cultivate strong friendships and seek support from others, such as therapists or mentors. Having fulfilling relationships beyond your partnership enriches your life and alleviates pressure on your primary relationship.

By focusing on these principles, you can create a healthy, supportive, and loving relationship that stands

Life's Lessons

Life Principles to Remember

- 1. You can grow without diminishing others.
- 2. Your dreams can come true without undermining others
- 3. No one needs to fall for you to rise.
- 4. You don't need to shame or embarrass others to maintain your happiness.
- 5. As others rise, you can also rise.
- True happiness doesn't come from finding satisfaction in the pain of others.
- 7. What you wish for others is a reflection of what you pray for yourself.
- 8. Be a positive force that uplifts others, not one that ruins their joy or expectations.
- 9. Never take pleasure in causing pain or tears to others.
- 10. Don't use your position of authority to punish others out of fear of losing it. Life is unpredictable.
- 11. Let the fear of God guide your actions, strengthen your relationships, and set your path.

This is the way to true peace, lasting influence, and a meaningful life.

> The best love is the kind that awakens the soul; that makes us reach for more, that plants the fire in our hearts and brings peace to our minds.

That's what I hope to give you forever.

— The Notebook



Wellness Mauritius Times Friday, November 1, 2024 20

Diet & Weight Management

Things you should do at night to lose weight

Then you're trying to lose weight, eating healthful foods and working out regularly are important things to do. But there are also small changes you can try at night to help you slim down.

Keep evenings busy: Sometimes people overeat at night because they're bored. If that's you, try to fit in some activities before bed. Walking, journaling, chatting with a friend, or reading a book can help distract you from binge eating. Picking up a new hobby -- like painting, playing music, or knitting -- is another great way to distract yourself from chowing down when you're bored.

Sleep well: Believe it or not, getting enough sleep can help you when you're trying to lose weight. Having a schedule that you stick to and getting the right amount of shut-eye can help a lot.

Work out (but not too late!)

Physical activity in the early evening can be helpful. Just make sure it's not too vigorous. High-intensity exercise like interval training could affect the quality of sleep you get. It can also make it harder to fall asleep at bedtime. Don't work out too late,



either. Stop at least an hour before you go to sleep.

Don't eat before bed: If you have dinner or snack too close to bedtime, it might hinder your weight loss efforts. Although the actual time doesn't really matter, many people who eat late at night choose high-calorie foods, which brings weight gain. Late meals and snacks can also make it harder for you to fall asleep. Aim to stay out of the kitchen from a couple of hours before bedtime until you wake up the next morning.

Pack your lunch for the next day:

Instead of going out for your midday meal, save some money and pack your lunch the night before. Eating out usually means more fat and sodium. But when you pack your own food, you'll have healthier options. Go for proteins like almonds or turkey slices, whole grains, low-fat dairy, and plenty

of fruits and vegetables.

Stick to a schedule: If you notice you're overeating at night, it could be because you haven't eaten enough during the day. The best way to combat that is to make sure that you eat your meals regularly. That way, your body will know when to anticipate food. Eating a snack between lunch and dinner is totally fine, too -- just try not to overdo it.

Turn Off the TV

Although you might like to watch television during dinner, screen time while you eat could cause you to accidentally

overindulge. It can distract you from how much and what you're eating.

Brush and floss right after dinner

To encourage yourself to avoid night-time eating, make it a habit to brush and floss your teeth after dinner. If your teeth are already clean, you'll probably think twice before grabbing a snack close to bedtime. Remember to wait at least 60 minutes before brushing -- especially if you have had something acidic like lemons, grapefruit or soda.

Ease stress

Stress can lead to weight gain. Try to take time to relax at night. Deep breathing techniques and mindfulness meditation are great ways to chill out. Lowering your stress levels can also do wonders for the quality and amount of sleep you get.

Turn the lights out

Sleeping in a dark room is another habit to add to your list. It helps you get better sleep. If you're trying to lose weight and get better ZZZs, Cover the windows to block out light. (Try blackout curtains if your blinds don't block light well.) and put your phone and laptop away at least 30 minutes before bedtime. An eye mask can help, too.

WebMD

Fitness & Exercise

Ways to Stay Fit After 50

Your 50-year-old body isn't the same as it was at 20. Your workout shouldn't be the same either

Las a 20-year-old one. You won't be able to do the same things—nor should you. But exercise is key to maintaining your independence and a good quality of life as you age. What exercise does?

As you age, you lose muscle mass, but exercise can help you rebuild it. Muscles burn more calories than fat, even at rest, which offsets your slowing metabolism. Exercise helps stop, delay, and sometimes improve serious illnesses like heart disease, high blood pressure, diabetes, stroke, Alzheimer's disease, arthritis, and osteoporosis. It can also help keep your brain sharp and prevent mental health issues, advises Carol DerSarkissian, MD, of WebMD.

Types of exercise

Regardless of age, everyone needs different types of exercise:

- Cardio (Aerobic Exercise): Increases heart rate and breathing, building endurance and burning calories.
- Strength Training: Keeps muscles ready for action.
- Flexibility Exercises: Help maintain a full range of movement and avoid injury.
- Balance Training: Particularly important after age 50 to prevent falls.

Choose the right activities

Lower-impact exercises with less jumping and pounding are easier on your joints. Some activities provide multiple benefits, giving you more from your workout. Choose activities you enjoy! Consult your doctor



or physical therapist for tailored advice based on any medical conditions you may have.

Activity suggestions

- Walking: Simple and effective! Builds stamina, strengthens lower body muscles, and helps combat bone diseases like osteoporosis. It's easy to incorporate into your day, whether you go solo or with friends.
- Jogging: If you prefer a more vigorous workout, jogging can elevate your heart rate. Just take it slow and steady, wear the right shoes, and consider walking breaks. Opt for soft surfaces, like tracks or grass, to reduce impact on your joints.
- Dancing: Any style will do ballroom, line, or classes like Zumba and Jazzercise. Dancing boosts endurance, strengthens muscles, improves balance, and burns calories. Plus, it's fun and good for your brain!
- Golfing: Most benefits come from walking an average round can involve over 10,000 steps.
 Swinging engages your entire body and requires balance and focus. Carrying or pulling your clubs enhances the workout.
- Cycling: Great for stiff or sore joints, as your legs don't have to support your weight. Cycling builds muscle in your legs and hips while strengthening your bones. Specially designed bikes can make riding safer and easier.
- Tennis: Racquet sports like tennis, squash, and

badminton are linked to longevity and a lower risk of heart disease. Playing tennis 2-3 times a week improves stamina, reaction times, and builds bones, especially in your arms and back.

- Strength Training: Lifting weights, using machines, or body-weight exercises like push-ups and sit-ups can counteract muscle loss and enhance flexibility. Even gardening counts!
- **Swimming:** Exercising in water reduces joint stress while providing resistance. Swimming burns calories and improves cardiovascular fitness without overheating, making it a great option for many.
- Yoga: Holding poses stretches and strengthens muscles while promoting mindfulness. Yoga can help lower heart rate and blood pressure, alleviating anxiety and depression.
- Tai Chi: This gentle, flowing exercise improves balance and may enhance bone and heart health. It can ease arthritis pain and promote better sleep.

How much exercise?

If you're in good health, aim for at least 150 minutes of moderate cardio activity each week, spread over three or more days for at least 10 minutes at a time. Also, engage in muscle-strengthening activities for your legs, hips, back, abs, chest, shoulders, and arms at least twice a week.

Generally, more exercise leads to greater benefits, and any amount of movement is better than none.

Start slow

This is especially important if you haven't exercised in a while or are trying a new activity. Begin with 10 minutes and gradually increase the duration, frequency, or intensity of your workouts. For motivation, track your progress with an app or online tool like the NIH's My Go4Life.

When to call your doctor: If you experience chest pain, breathing problems, dizziness, balance issues, or nausea during exercise, consult your doctor. Your body may not recover as quickly as it used to. If you experience muscle or joint pain after exercising, you may have overdone it. Scale back and monitor your symptoms, and check with your doctor if pain persists.

Entertainment Mauritius Times Friday, November 1, 2024

BollyBytes



Samantha Ruth Prabhu applauds Alia Bhatt and Deepika Padukone for embracing action films

Samantha Ruth Prabhu is thrilled to see female actors like Alia Bhatt, Deepika Padukone, and Anushka Shetty leading major action films. The South Indian star, who is stepping into the action genre with her upcoming series *Citadel: Honey Bunny*, expressed her excitement about this evolving trend in an interview.

Directed by Raj Nidimoru and Krishna *DK, Citadel:* Honey Bunny is part of the expansive global Citadel universe, which includes the original series featuring Richard Madden and Priyanka Chopra Jonas. In the Indian adaptation, Samantha plays Honey, alongside Varun Dhawan as Bunny, both of whom are spy agents.

In her interview with PTI, Samantha shared, "I'm glad I discovered a new facet or genre that gets me excited, which is action. Many actresses are diving into action, and it's amazing for women to take control." She noted that other actresses like Katrina Kaif, Disha Patani, and Kiara Advani are also making strides in this genre.

A prominent figure in Tamil and Telugu cinema, Samantha is celebrated for her roles in films like Ye Maaya Chesave and Mahanati. She mentioned that while many of her action sequences in The Family Man 2 were cut, she was grateful for the parts that remained. Samantha has long aspired to play a female version of James Bond, and she sees Citadel: Honey Bunny as a step toward that dream. "Who doesn't want to do cool action and play a spy? Doing action was exhilarating," she remarked.

Looking ahead, Samantha expressed her desire to collaborate with Dhawan on a comedy film, stating, "We will do it soon, a comedy movie."

Citadel: Honey Bunny, which also stars Kay Kay Menon, Saqib Saleem, and Sikander Kher, is set to premiere on November 7 on Prime Video.

Varun Dhawan and Natasha Dalal name their daughter Lara

Varun Dhawan recently revealed the name of his daughter, Lara, during an appearance on *Kaun Banega Crorepati*. The couple welcomed their baby girl on June 3 and initially shared the joyous news on social media without disclosing her name.

While chatting with host Amitabh Bachchan, Varun expressed his excitement about this Diwali being particularly special, as Goddess Lakshmi would be gracing their home. Beaming with joy, he said, "We named her Lara. I'm still learning to connect with her; as you said, everything changes when a baby comes home."

Varun also asked Amitabh about his own parenting experiences, inquiring whether his children ever kept him awake at night. The veteran actor chuckled and recalled how they had a device that alerted them to even the slightest noise from the baby. "It was a relief to have, and it kept us assured," he shared.

To announce their baby's arrival, Varun and Natasha shared a charming animated video featuring their pet dog, Joey, holding a sign that read "Welcome lil sis." In the caption, Varun wrote, "Our baby girl is here. Thank you for all the good wishes for the mama and the baby. Hail Ram, Hail Ram, Ram Rama, Hail Hail Krishna, Hail Krishna, Krishna Hail Hail."



Varun and Natasha tied the knot on January 24, 2021, after several years of dating. Their wedding was an intimate celebration attended by close friends and family. In a previous interview with Kareena Kapoor, Varun reminisced about his relationship with Natasha, revealing, "The first time I met Natasha was in sixth grade. We were friends until the eleventh or twelfth grade. I remember seeing her and feeling like I fell in love with her." The couple announced their pregnancy in February.

Ajay Devgn's new film, Azaad, featuring Rasha Thadani and Aaman Devgan, is approaching its release date

s Singham Again approaches its release date, Ajay Devgn has announced his next project, an action-adventure film directed by Abhishek Kapoor. Titled Azaad, this film will mark the Bollywood debut of Raveena Tandon's daughter, Rasha Thadani, and Ajay's nephew, Aaman Devgan. Azaad is set to hit theaters in January 2025.

Bollywood trade analyst Taran Adarsh shared a new poster for the film on Instagram, featuring a character in medieval attire riding a horse, with his face partially obscured by the horse's mane. The accompanying note read: "Ajay Devgn - Aaman Devgan - Rasha Thadani Film Titled 'Azaad'... Teaser On Diwali... Jan 2025 Release... Azaad is the title of director Abhishek Kapoor's next actionadventure."

Adarsh added that the film will



introduce Aaman Devgan and Rasha Thadani while also featuring Ajay Devgn in a powerful role, alongside Diana Penty. The teaser for Azaad will be shown with the Diwali releases of Singham Again and Bhool Bhulaiyaa 3 in theaters on November 1, 2024. The film is

produced by Ronnie Screwvala and Pragya Kapoor.

Recently, Rasha and Aaman attended Ramesh Taurani's Diwali party in Mumbai, where they met director Abhishek Kapoor and posed for photos with him and his wife, Pragya. Rasha looked stunning in a red lehenga, while Aaman donned a stylish ivory kurta set. Abhishek wore a beige kurta, and Pragva impressed in a neon suit. Although details about Azaad are still under wraps, early reports suggest it will be an action-adventure drama centered around bandits. This isn't the first time Aaman and Rasha have been seen together, as they have been spotted at various meetings and lunches.

In addition to *Azaad*, Ajay Devgn is also set to appear in *Naam*, directed by Anees Bazmee, which will be released on November 22.

When Akshay Kumar spoke about heroines' careers post-marriage

Ashay Kumar, currently gearing up for the release of Singham Again, has long been an advocate for women's issues. Recently, an old video from the late 1990s resurfaced, showcasing his thoughts on the careers of heroines after marriage.

In the clip, a younger Akshay shared his observations about the industry, stating, "I don't think it has to be that way. What often happens is that after a heroine gets married, she stops working, or her husband might discourage her from continuing. That's

what I've noticed over the past two and a half years in the industry."

He continued, "But I believe she can still carry on; why not? Maintaining her figure and staying fit is part of her profession. Marriage is just about being together; work should not have to stop. There are many heroines who continue to thrive after marriage and still look incredible."

By expressing this view, Akshay sparked an impor-

tant conversation about gender roles in the film industry, challenging the notion that marriage should hinder a woman's career.

Akshay himself married Twinkle Khanna, who has successfully carved her own path post-marriage. Though she stepped away from acting, she has launched a successful YouTube channel and a publication called Tweak, which encourages modern Indian women to engage in meaningful discussions on various topics.



Vendredi 1 novembre - 21.30

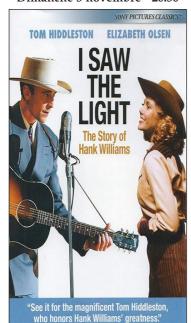




Samedi 2 novembre - 21.40







Programme TV



SERIAL







MBC 1

07.35 Serial: Under Pressure 08.41 Les Riches Pleurent Aussi 09.35 Film: Christina Noble 11.30 Your Love Is My Fortune 12.00 Le Journal 12.35 Tele: Terre Nostra Ō 13.30 Tele: Le Chemin Du Destin 14.00 Tele: Pasion Y Poder 15.00 Live: Samachar 15.30 Film: Les Dents De La Mer 17.15 Mag: Meet The Costume... 7 17.30 Your Love Is My Fortune 18.30 Serial: Shiv Shakti redi 19 00 Serial: Doree 19.30 Le Journal 20.15 General Elections 2024 22.05 Tele: Terra Nostra 22.55 Your Love Is My Fortune

00.15 Serial: The Bionic Woman

01.02 Tele: Le Chemin Du Destin

03 16 Serial: Under Pressure

04.42 The Gardener's Daughter

08.30 Serial: Ultimate Countdown

10.49 Serial: NCIS: New Orleans

12.25 Serial: Hooten & The Lady

15.25 Film: La Vie Revee De Walter

17.15 Tele: L'Empire Du Mensonge

21.15 Le Livre Perdu Des Sortileges

18.31 Enter: Dance India Dance...

11.30 Tele: Le Temps D'Aimer

06.30 Tele: Le Temps D'aimer

09.15 Serial: Under Pressure

10.00 Serial: Treadstone

12.00 Le Journal

19.30 Le Journal

13.25 Tele: Barbarita...

15.00 Live: Samachar

Mitty

20.15 General Elections 2024

22.44 Tele: Sublime Mensonge

04.31 The Gardener's Daughter 05.25 Tele: Le Temps D'aimer

09.00 Film: Ghost In The Family

10.45 Serial: NCIS: New Orleans

12.35 Film: Nouveau Job Pour Une

Nouvelle Vie

17.05 Tele: L'Empire Du Mensonge

11.30 Tele: Le Temps D'Aimer

15.25 Film: Ordinary Love

18.00 Live: Samachar 18.30 Sayings Radha Krishna

22.44 Tele: Sublime Mensonge

00.21 Tele: Sublime Mensonge

05.04 The Gardener's Daughter

06.01 Serial: The Queen Of Flow 07.30 Serial: The Equalizer

08.41 Tele: Les Riches Pleurent

11.30 Your Love Is My Fortune

13.18 Tele: Le Chemin Du Destin

17.30 Tele: Your Love Is My Fortune

09.35 Film: The Mustang

12.25 Tele: Terra Nostra

13.45 Tele: Pasion Y Poder

14.13 Serial: The Equalizer

18.31 Serial: Shiv Shakti

21.15 Serial: Briarpatch

22.02 Serial: Heartland

22.45 Tele: Terra Nostra

15.25 Film: A Boy Called Po

20.15 General Elections 2024

12.00 Le Journal

18.00 Samachar

18 55 Serial: Doree

19.30 Le Journal

22.00 Serial: Treadstone

05.55 Film: First Men

08.15 Serial: Wanted

12.00 Le Journal

14.10 Serial: Zoo

19.30 Le Journal

23.36 Le Journal

20.15 General Elections

22.00 Serial: Wanted

07.00 Serial: Heartland

23.30 Le Journal

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MBC 2 06.14 Les Grandes Lignes 06.43 Local: En Forme 08.30 En Direct De L'eglise De Ste Helene 10.30 Rodrig: J'ai Faim 12.00 Rodrig: Decouvertes 13.10 Rodrig: Sa Lavi La 14.46 Local: J'ai Faim 15.25 Rodrig: Klip Seleksion 16.35 La Journee Sous Le Regard 18.00 Seiral: Passion And Power 18 30 Les Riches Pleurent 19.20 Le Magazine De L'emploi... 19.30 Enn Semenn Dan Lafrik 20.05 Local: Animalia Nos Amis.. 20.30 Local: Carlo Acutis 22.00 Local: La Sosiete 23.20 Local: Meshiagare...

23.33 Rodrig Otantik

00.02 Local: Itinerer Rodrig

07.05 Local: Itinerer Rodrig

07.45 Local: Lir - Ekrir Kreol

13.28 Local: Couleur Marine

15.53 Local: Son Ladan Mem

17.02 Rodrig: Klip Seleksion

20.06 Local: Les Petits Genies

21.29 Local: En Toute Intimite

22.00 Rodrig: Klip Seleksion

23.20 Local: Lavi Zoli An XXL 23.46 Local: Saver Kiltirel

07.36 Local: En Toute Intimite

08.57 Local: Les Petits Genies

15.30 Local: Sega An Fet Avec

Claudio Veeraragoo

10.10 Rodrig Prog: Klip Seleksion

09.45 Rodrig Prog: Promnad

00.15 Rodrig: Promnad

11.00 Local: Nu Rasinn 14.00 Elle: Diana Ami

20.32 Festival Bouze Ocean Indien

16.45 La Journee Sous Le Regard

09.10 Rodria: Zenn Aktif

15.03 Local: La Sosiete

18.05 Serial: Heartland

19.45 Rodrig: Kot Nou

19.00 Zournal Kreol

10.30 Rodrig Otantik

06.00 Local: 13 Minit Natir Rodrig

11.05 Local: Come On Let's Dance

00.15 Rodrig: Zenn Aktif

MBC 3 07.00 Mag: Safar E Rawaan 08.01 Local: Dil Se Divali 10.00 Serial: Agniphera Jeevan Dhar 15.00 Live: Samachar 18.30 Local: Mati Ke Mol 21.00 Film: Ghar Parivaar

23.30 Serial: Mere Sai 00.22 Serial: Wagle Ki Duniya 00.44 Serial: Jai Jai Shiv Shankar

06.00 D.Anime: Miraculous... 07.24 D.Anime: Sissi 09.47 D.Anime: Denis Et Moi 09.58 Teen Serial: The Wish 10.43 Mag: Recipes For Kids 11.10 Doc: The North Drift 13.30 Film: The Legend Of Snow

Nikal Padi Irani, Kavin Dave 18.00 Live: Samachar 18.30 Local: Puranya Pakwan 19.00 Duniya Mein Iss Saptah 20.00 Local: Bollyworld Express 21.00 Film: Tere Naam 23.12 Local: Puranya Pakwan 23.38 Duniva Mein Iss Santah

Cine 12

07.26 Mag: Tomorrow Today 07.52 Mag: Planet A 08.04 Doc: Twin Sisters 09.28 Germany's Volcanic Eifel... 10.16 Doc: Albania's Last Trains 11.00 Mag: Eye On SADC 11.38 Mag: Carnet De Sante

11.58 Mag: Border Crossing 12.07 Mag: Tomorrow Today 12.52 Mag: Planet A 13.51 Doc: Artificial Immortality

15.00 Les Nouvelles Aventures.. 15.05 D.Anime: Croco Doc 15.12 D.Anime: Robin Des Bois 15.36 D.Anime: Patamuse 15.41 D.Anime: Les Schtroumpfs 15.56 D.Anime: Sonic Boom

16.15 D.Anime: Hunter X Hunter 16.38 D.Anime: Polly Pocket 21.05 Film: La Vie Revee De Walter Mitty

15.00 Les Nouvelles Aventures..

15.15 D.Anime: Robin Des Bois

16.18 D.Anime: Hunter & Hunter

15.08 D.Anime: Croco Doc

15.39 D.Anime: Patamuse

15.55 D.Anime: Sonic Boom

16.41 D.Anime: Polly Pocket

17.03 Teen Serial: The WIsh 17.30 Doc: From Gray To Green

18.05 Mag: In Good Shape

20.50 Mag: Travel

21.40 Film: First Man

20.01 Tele: Le Temps D'Aimer

White

Bollywood TV

14.25 Serial: Radha Mohan 14.55 Serial: Doree 15.30 Film: Blackmail

Starring Irrfan Khan, Urmila Matondkar, Kirti Kulhari 18.00 Live: Samachar 18.31 Kundali Bhagya

19.01 Udaariyaan 19.32 Dharam Patni

20.01 Mithai 20.31 Serial: Yashomati Maiyya Ke Nandlala

21.01 Anupamaa 21.31 Mere Sai

22.01 Kismat Ki Lakiron Se 22.27 Swaran Ghar 22.59 Serial: Rajaa Betaa

23.30 Film: Blackmail 02.00 Kundali Bhaqya

08 00 Swaran Ghar 09.58 Mithai 12.00 Udaariyaan

14.10 Anupamaa 16.10 Fanaa 18.30 Film: Saaian



21.23 Keh Doon Tumhein 21.48 Porus 22.15 Swaran Ghar

06.59 Mag: Eco India 08.00 Local: Hamar Fitness

15.30 Local: Puranya Pakwan 17.00 Local: Bollyworld Express

19.30 Local: Tohar Farmaish 19.56 Local: Yaadein

20.30 Serial: Porus 21.00 Serial: Keh Doon Tumhein 21.25 Serial: Naagin

22.06 Serial: Bahubali 22.51 Serial: Saaton Vachanwa Saath Nibhaib Saina 23.48 Local: Planet Bollywood

01.18 Local: Tohar Rashi 02.46 Local: Tohar Farmaish 06.47 D.Anime: The Jungle Book 08.09 D.Anime: Earth To Luna 09.16 D.Anime: Sam Le Pompier 09.35 D.Anime: Early Learning

23.31 Doc: Riding The Rails Across

09.40 Serial: The Wish 10.25 Mag: Recipes For Kids 12.27 Doc: Riding The Rails Acros 13.56 Doc: Raid On The Atlantic 15.00 Les Nouvelles Aventures De

15.05 D.Anime: Croco Doc 15.24 D.Anime: Robin Des Bois 15.36 D.Anime: Patamuse 15.52 D.Anime: Sonic Boom

17.00 Teen Serial: The Wish 17.40 Mag: In Good Shape

20.30 Live: News 20.50 Mag: Check In

16.38 D.Anime: Polly Pocket

19.30 Mag: Arts Unveiled

21.05 Film: I Saw The Light

06.25 Doc: Humans: The Great...

07.17 Mag: Arts Unveiled 07.47 Doc: Notre Dame De Paris

20.00 Tele: Le Temps D'Aimei

03.45 Anupamaa 05.41 Fanaa 07.48 Tenali Rama

00.00 Mithai

01.45 Udaarivaan

08 00 Patiala Rahes 12.00 Rajaa Betaa

10.00 Kundali Bhaqva 14.00 Kismat Ki Lakiron Se

16.00 Wagle Ki Duniya 18.38 Film: Super 30

Starring: Hrithik Roshan, Mrunal Thakur, Nandish Singh

20.31 Tenali Rama 21 00 Mahahharat

21.52 Dance India Dance Super

22.42 Raiaa Betaa 00.24 Patiala Babes

14.25 Radha Mohan

14.51 Doree 15.25 Film: Shaadi Ke Side Effects Starring: Farhan Akhtar. Vidva Balan, Vir Das



18.00 Samachar 18.31 Kundali Bhagya 19.00 Udaariyaan 19.30 Dharam Patni

20.05 Mithai 20.33 Yashomati Maiyya Ke 21.09 Anupamaa 21.32 Mere Sai

22.00 Kismat Ki Lakiron Se

11.30 Serial: Radha Krishna 12.00 Film: Garam Masala

Starring: Aruna Irani, Me

15.30 Serial: Jai Jai Shiv Shankar 16.00 Serial: Ishaaron Ishaaron 16.20 Serial: Bhakharwadi 17.30 Serial: Radha Krishna

19.00 Local: Yeh Shaam Mastani 20.00 Local: Khel Khiladi

Starring: Dilip Sinha, Shalini Arora, Audhesh Mishra...

08.00 Serial: Hamar Fitness 08.30 Local: Abhyas Yog 10.00 Live From Aapravasi Ghat 11.47 Dikri Vahalno Dariyo 12.51 Local: Mati Ke Mol

13.17 Local: Yeh Shaam Mastani. 13.00 La Journee Sous Le Regard... 14.05 Mere Dad Ki Dulhan 14.25 Mag: Talaash

15.00 Live: Samachar 15.30 Film: Shirin Farhad Ki Toh

Starring: Farah Khan, Boman

23.51 Local: Virasat

12.00 Film: Lootera Cast: Ranveer Singh, Sonakshi Sinha 15.00 Samachar

15.00 Les Grandes Noms Interna... 18.00 Live: Samachar 18.30 Local: Planet Bollywood

17.07 Local: En Forme 17.28 Local: En Toute Intimite 18.03 Serial: Heartland

19.00 Zournal Kreol 19.20 Local: Info En Langue. 20.00 Local: Tipa Tipa Nou Avanse 20.45 Local: Les Klips

21.36 Rodrig Prog: Sa Lavi La 23.00 Local: Zournal 23.20 Local: Arsiv MBC - Fer Roule 23.45 Local: Mangeons Veg

00.11 Rodrig Prog: Komanter 07.34 Local: Sa Lavi-La

09.59 Rodrig: Komanter 10.45 Local: Le Challenge 12.00 Local: Nu Rasinn 13.50 Local: Clin D'oeil 14.03 Local: Elle

14.53 Rodrig Prog: Komanter 15.09 Tipa Tipa Nou Avanse 15.54 Local: Les Klips 16.50 Local: Le Challenge

17.01 Morisien Konn Ou La Sante 18.00 Tele: Pasion Y Poder 18.30 Tele: Les Riches Pleurent...

19.20 Le Magazine De L'emploi 19.30 Rodrig: Feminin Pluriel 20.00 Spotlight: Bilall Adam. 20.30 Local: Tous Egaux 21.00 Morisien Konn Ou La Sante 21.15 Local: Paroles Agricoles 22.49 La Journee Sous Le regard

23.00 Zournal Rediffusion

07.00 Mag: Fit India Healthy India 08.00 Local: Planet Bollywood 08.27 Tohar Rashi 09.07 Local: Yaadein 09.58 Bahubali 10.37 Dulhin Uhe Jo Nanad Man... 11.42 Radha Krishna 12.00 Film: Agni Rekha 15.30 Jai Jai Shiy Shankar 15.56 Kundali Bhagya 17.30 Serial: Radha Krishna 18.30 Local: MBC Production

19.30 Local: MBC Production 20.40 Serial: Ramayan 21.03 Film: Rani Aur Lalpari With: Jeetendra, Asha Parekh, Reena Roy

23.15 Serial: Mere Sai 00.07 Serial: Wagle Ki Duniva 02.27 Serial: Jai Jai Shiv Shankar 10.04 Doc: Papa! How Become A. 11.07 Mag: Eye On SADC 11.26 Doc: Humans; The Great... 12.08 Mag: Arts Unveiled 12.44 Doc: Notre Dame De Paris 15.01 Les Nouvelles Aventures.. 15.12 D.Anime: Robin Des Bois 15.36 D.Anime: Patamuse 15.41 D.Anime: Les Schtroumpfs 15.52 D.Anime: Sonic Boom 16.18 D.Anime: Hunter & Hunter

16.40 D.Anime: Polly Pocket 17.02 Serial: The Wish 17.35 DOc: Us And Them

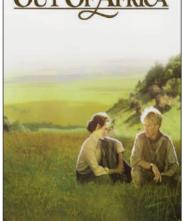
18.30 Mag: The 77 Percent 19.30 Mag: In Good Shape

20.01 Tele: Le Temps D'Aimei 21.00 Film: Trial By Fire













running time 123 MINUTES directed by MARC ABRAHAM produced by AARON L. GILBERT BRETT RATNER

starring TOM HIDDLESTON ELIZABETH OLSEN CHERRY JONES





Programme TV











Bollywood TV

14.25 Radha Mohan

14.55 Doree

MBC 2

MBC 1 05.07 The Gardener's Daughter 06.01 Serial: The Queen Of Flow 08.39 Tele: Le Temps D'Aimer 09.35 Film: Hamlet & Hutch 0 11.31 Tele: Your Love Is My Fortune em 12.00 Le Journal 12.25 Tele: Terra Nostra 13.20 Tele: Le Chemin Du Destin 15.30 Film: L'homme De La Sierra 17.00 Mag: Red Carpet 17.30 Tele: Your Love Is My Fortune 18.00 Samachar 18.31 Serial: Shiv Shakti 5 18 55 Serial: Doree 0 19.30 Le Journal 20.30 General Elections 2024 21.15 Serial: Briarpatch a 22.10 Tele: Terra Nostra

23.30 Le Journal

00.15 Serial: Treadstone

06.51 Serial: The Equalizer

07.33 Tele: Le Temps D'aimer

Mauritius Times

08.00 Local: Profil 10.35 Rodrig Prog: D'jam 11.03 Local: Music Tour 2023 12.00 Rodrig Prog: Plat Du Chef 12.28 Les Escales Musicales 13.00 La Journee Sous Le Regard 13.10 Local: Priorite Sante 15.49 Local: Glwar Dantan 16.20 Local: Mots & Ecrits 17.02 Local: Music Tour 2023 18.00 Tele: Pasion Y Poder 18.30 Tele: Les Riches Pleurent.. 19.20 Le Magazine De L'Emploi 20.10 Local: Saver Kiltirel 20.25 Local: Toc Toc Doc 20.55 Upclose And Personal 21.25 Local: Les Klips 22.25 Local: Proze Dime 23.03 Tele: Your Love Is My Fortune 22.49 La Journee Sous Le Regard 23.00 Zournal Rediffusion 23.20 Local: Come On Let's Dance 07.10 Local: Metie

08.28 Local: Tous Egaux

09.07 Local: Itinerer Moris

10.45 Rodrig Prog: Saver Lokal

11.03 Local: Lir - Ekrir Kreol

MBC 3 07.25 Aaj Aur Kal Bollywood 08.00 Local: MBC Production 09.59 Kundali Bhagya 11.40 Serial: Radha Krishna 12.01 Film: Heera 15.21 Other Serial: Radha Krishna 15.30 Serial: Saianwa Aur Anokhi 17.30 Serial: Radha Krishna 18.00 Live: Samachar 18.31 Local: MBC Production 20.30 Serial: Ramavan 21.00 Film: Sachaa Jhutha Askari, Vinod Khanna 23.29 Serial: Mere Sai

Cast: Raiesh Khanna, Mumtaz 00.21 Serial: Wagle Ki Duniva 02.28 Sajanwa Bairi Ho Gaile Hamar

07.58 Local: MBC Productio

10.00 Shaurva Aur Anokhi Ki

11.31 Serial: Radha Krishna

12.00 Film: Jawan Mohabbat

Cast: Shammi Kanoor Mu

Kahani

MBC 5

07.21 Mag: In Good Shape 08.06 Mag: Tomorrow Today 08.32 Mag: Washington Forum 11.06 Mag: Eco Africa 11.58 Doc: Africa 54 12.30 Mag: In Good Shape 13.36 Mag: Washington Forum 14.00 Doc: Cape Verde-The Sound 15.00 D.Anime: Tut! Tut! 15.08 D.Anime: Croco Doc 15.15 D.Anime: Robin Des Bois 15.39 D.Anime: Patamuse 15 55 D Anime: Sonic Boom 16.18 D.Anime: Hunter & Hunter 16.41 D.Anime: Polly Pocket 17.03 Serial: The Wish 18.00 Mag: REV 18.45 Mag: Red Carpet

19.00 Mag: Made In Germany

20.01 Tele: Le Temps D'Aimei

15.30 Film: Vaada Raha Starring: Bobby Deol, Kangana Ranaut, Dwij Yadav, Atul Agnihotri & Mohnish Behl 18.00 Live: Samachar 18.30 Kundali Bhagya 19.03 Udaariyaan 19.33 Dharam Patni 20.06 Mithai 20.29 Yashomati Maiyya Ke Nandlala 21.07 Anupama 21.29 Mere Sai 22.04 Kismat Ki Lakiron Se 22.34 Serial: Swaran Ghar 23.04 Serial: Raiaa Betaa 23.30 Film: Vaada Raha 01.52 Kundali Bhagya

07.59 Les Riches Pleurent Aussi 08.55 Film: Out Of Africa 11.33 Tele: Your Love Is My Fortune 12.00 Le Journal 12.25 Tele: Terra Nostra 13.20 Tele: Le Chemin Du Destin 13.46 Tele: Pasion Y Poder 14.11 Serial: The Equalizer 15.00 Live: Samachar 15.25 Film: The Night We Met Cast: Sarah Joy Byington. Lorenzo A. Rodriguez, Lawton Denis 17.38 Tele: Your Love Is My Fortune 18.00 Live: Samachar 18.31 Serial: Shiv Shakti 18.55 Serial: Doree 19.30 Journal & La Meteo 20.15 General Elections 2024 21.15 Serial: Briarpatch 22.00 Tele: Terra Nostra 06.03 Tele: The Queen Of Flow

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12.01 Local: Feminin Pluriel 12.16 Local: Spotlight: Bilall Adam 13.08 Local: Winterlude 14.29 Rodrig Prog: Zenn Aktif 16.04 Finals National Sketch... 15.13 Local: Rodrig Mo Pei 18.07 Tele: Passion And Powe 18.30 Tele: Les Riches Pleurent... 19.20 Le Mag De L'emploi. 19.30 Rodrig Prog: Plat Du Chef 20.00 Les Escales Musicales 20.36 Local: Priorite Sante 21.00 Finals National Sketch. 22.55 La Journee Sous Le Regard 23.00 Serial: Mere Sai 23.00 Zournal Rediffusion 23.20 Local: Music Tour 2023 06.51 Local: Aktiv 11.08 Local: Les Klips 13.20 Upclose And Personal

15.00 Samachar 15.33 Jai Jai Shiv Shankar 15.53 Radha Mohan 17.30 Radha Krishna 18.00 Live: Samachar 18.30 Local: Radha Krishna 19.01 Local: MBC Production 20.30 Mag: Talaash 20.30 Mag: Talaash 21.00 Film: Rangbaaz Raja With: Pawan Singh, Urvashi Chaudry 07.00 Mag: Visva Bharati 08.00 MBC Production 09.56 Radha Mohan 12.00 Film: Gopinath

21.05 Film: Out Of Africa 08.30 Mag: Euromaxx 09.42 Doc: Treasures In The Sand 11.04 Mag: REV 11.37 Mag: Healthy Living 12.26 Mag: Global US 13.41 Mag: Euromaxx 14.05 Doc: Death By Plastic? 14.50 Doc: Japan Video Topics 15.00 D.Anime: Croco Doc 15.11 D.Anime: Robin Des Bois 15.40 D.Anime: Patamuse 15.51 D.Anime: Sonic Boom 16.14 Serial: Hunter & Hunter 16.38 Serial: Polly Pocket 16.57 Serial: The Wish 17.30 Mag: REV 18.00 Mag: Motorweek 18.30 Mag: Travel 18.45 Mag: Planet A 19.00 Arts Unveiled 20.01 Tele: Le Temps D'Aimer 21.05 Film: I Saw The Light 07.00 D.Anime: Anna Et Ses Amis 08.57 D.Anime: Patamuse

14.25 Radha Mohan 14.50 Doree 15.30 Film: Marne Bhi Do Yaaron Starring: Krushna Abhishek, Kashmira Shah, Rishaab Chauhaan 18.00 Live: Samachar 18.31 Kundali Bhaqya 19.02 Udaariyaan 19.33 Dharam Patni 20.00 Mithai 20.31 Yashomati Maiyya Ke Nandlala 21.00 Anupamaa 21.28 Mere Sai 22.05 Kismat Ki Lakiron Se 22.20 Swaran Ghar 22.51 Serial: Rajaa Betaa 23.30 Film: Marne Bhi Do Yaaron

08.08 Serial: Le Temps D'Aimer 08.39 Tele: Les Riches Pleurent 09.26 Film: I Saw The Light 11.33 Tele: Your Love Is My Fortune 12.00 Le Journal 12.25 Tele: Terra Nostra E 13.20 Tele: Le Chemin Du Destin 13.45 Tele: Pasion Y Poder 14.10 Serial: Heartland 15.25 Film: Romance En Ligne 17.15 Tele: Your Love Is My Fortune 18.00 Live: Samachar 18.31 Serial: Shiv Shakti 18.56 Serial: Dore <u></u> 19.30 Le Journal 20.15 Film: Ki & Ka Stars: Amitabh Bachchan K. Kapoor Khan, Ariun Kar

23.12 Tele: Terra Nostra 00.50 Tele: Your Love Is My Fortune 23.20 Rodrig: Lavi Fam

07.35 Upclose And Personal 12.00 Local: Rodrig Spor 13.00 La Journee Sous Le Regard 14.00 Rodrig Prog: Klip Seleksion 14.54 Local: Proze Dime 15.13 Rodrig: Kot Nou 15.25 Rodrig: A Nou Kwi 16.41 La Journee Sous Le Regard 18.00 Tele: Pasion Y Poder 18.31 Tele: Les Riches Pleurent.. 19.00 Zournal Kreol 19.15 Le Magazine De L'Emploi 20.00 Local: Les Grandes Lignes 20.30 Local: Mots & Ecrits 22.00 Rodrig: Klip Seleksion 22.48 La Journee Sous Le Regard.. 23.00 Zournal Rediffusion

Cast: Raj Kapoor, Tripti Mitra, 15 20 Samachar 15.30 Sajanwa Bairi Ho Gaile... 15.56 Agniphera 17.30 Radha Krishna 18.00 Samachar 18.30 Local: MBC Production 20.38 Serial: Ramayan 21.01 Serial: Shiv Shakti 21.30 Yashomati Maiyya Ke

Nandlala 22.00 Mag: Dharam Yatra 22.31 Mere Sai 23.30 Wagle Ki Duniva 00.12 MBC Production

07.54 D.Anime: Go Astro Boy Go! 11.02 Mag: Motorweek 11.37 Mag: Planet A 12.24 Doc: Project 13.07 Mag: Healthy Living 13.21 Doc: Japan Video Topics 13.30 Film: The Queen Of The Swallows 15.00 D.Anime: Tut! Tut! 15.05 D.Anime: Croco Doc 15.56 D.Anime: Sonic Boom

16.16 D.Anime: Hunter & Hunter 16.38 D.Anime: Polly Pocket 17.04 Serial: The Wish 18.00 Mag: Eco India 18.42 Mag: Carnet De Sante 19.00 Mag: Border Crossing 20.01 Tele: Le Temps D'Aimer 21.00 Film: The Great Northfield... 14.25 Radha Mohan 15.00 Doree

15.31 Film: Aa Dekhen Zara Stars: Bipasha Basu, Neil Nitin Mukesh Rahul Dev. Sophie Choudry 18.00 Live: Samachar 18.30 Kundali Bhagya 19.00 Udaariyaan

19.30 Dharam Patni 20.00 Mithai 20.24 Yashomati Maiyya Ke Nandlala

21.02 Anupamaa 21.34 Mere Sai 22.01 Kismat Ki Lakiron Se 22.29 Swaran Ghar 23.05 Rajaa Betaa 23.31 Film: Aa Dekhen Zara



Jeudi 7 Novembre - 15.30 Stars:

Bipasha Basu, Neil Nitin, Mukesh Rahul Dev. Sophie Choudry



Jeudi 7 Novembre -20.30

Amitabh Bachchan, K. Kapoor Khan, Ariun Kapoor





Diaspora Mauritius Times Friday, November 1, 2024



Heritage and Harmony

The Musical Journey of Vishal Joosery

econd-generation Mauritians in the UK are British-born children of Mauritian parents, including those from mixed marriages. This narrative, drawn from interviews with hundreds of these children and observations over three decades, highlights their deep connections to Mauritius and its culture. These children actively engage in various cultural and social events alongside their families, enriching their understanding of their heritage. Their experiences in education and the workplace reflect years of adaptation and growth.

Many of their parents arrived in the UK during the 1960s and 1970s, with some migrating as early as the 1950s to pursue nursing careers. As the Mauritian community grew, many formed families with Mauritian brides and individuals from diverse backgrounds, including British whites. Strong cultural ties and family bonds lead them to frequently travel to Mauritius to visit grandparents and other relatives, fostering a lasting affection for the island and often prompting reflections on why their parents left.

The influence of their parents' upbringing and their grandparents has significantly benefitted these British-born children. These elders instilled pride and encouraged academic and professional excellence, aware that their own opportunities had been limited. Remarkably, second-generation Mauritians have often outperformed the white majority in the education system, despite typically coming from less advantaged backgrounds (Platt and Zuccotti, 2021). However, upon entering the workforce, they face challenges: many are less likely to secure employment, and some ethnic groups struggle to attain managerial and professional roles compared to their white counterparts.

I first encountered Vishal Joosery during a performance at a restaurant, immediately captivated by his talent. He struck me as a professional Bollywood singer with an exceptional voice, entertaining his audience with both Bollywood and English songs. For the past ten years, Vishal has served as an Executive Concierge for Sheikh Mohamed, the King of Dubai, after previously managing night shifts at the Think Hotel group. Following his GCE 'O' levels, he completed a two-year Diploma in Business.

Vishal is married and has two children — a 30-year-old son and a 23-year-old daughter. In 1991, he moved to Mauritius, where he launched a business called Planet Bollywood, opening a nightclub and record shop that operated until 2000. Leveraging his musical background, he sold tapes and later CDs. After returning to the UK in 2001 at the age of 30, he decided to shift his career focus

Inspired by his uncle, a singer, Vishal began promoting events on Facebook, where he received enthusiastic support from fans, encouraging him to pursue singing more seriously. He gained traction and began holding regular performances every Friday at Chennai Spice restaurant in Enfield, London, where he has performed for the last decade.

Initially, Vishal also worked as a polisher for a jewellery company where his father was employed, marking the beginning of his interest in singing and Bollywood-style performances. Since 2012, he has completed an impressive 700 live shows, primarily at the Chennai Spice restaurant, which offers a mix of Indian, Sri Lankan, and South Indian cuisine, featuring a party hall where he performs weekly. Beyond his regular shows, Vishal has performed over 50 times in Mauritius, France, and India. He has collaborated with several Indian artists for remixes and music videos and has even ventured into seggae, a unique Mauritian Indian reggae genre.

Vishal is a humble individual with a profound passion for music, blessed with a beautiful voice. Fluent in Creole and English, he can sing in Hindi but does not speak the



Vishal Joosery performing for his audience at various events in London. Pic courtesy of Vishal Joosery

language. His interests include badminton, and he has embraced a spiritual lifestyle for the past 20 years, adopting a vegetarian diet. His company, Club Vertigo, collaborates with the NGO Women of Wonders in Mauritius, focusing on women's empower-

ment initiatives. Proceeds from these efforts support children's charities in Mauritius. Vishal intends to continue his partnership with this organization while promoting their work through banqueting events at Chennai Spice in London.

Kishore Teelanah is a semi-retired expert in teaching and learning, specializing in science. He worked in the NHS during the 1970s before embarking on a teaching career in further and higher education until recently. Now, he writes blogs and science articles, advises on educational practices, and promotes the Mauritian diaspora in the UK.

We Are Moving!

We would like to inform all our patrons and well-wishers that starting Monday, November 4th, 2024, Mauritius Times will be relocating to our new office at 28 Jawaharlal Street (formerly Wellington Street), Port Louis.

You are welcome to visit us on Mondays, Tuesdays, and Wednesdays at our new office. Please note that we work from home on Thursdays and Fridays.

We kindly advise visitors to contact us at the following mobile numbers **BEFORE** making the trip to Port Louis: 5 2929 301, 5 817 4037, or 5 782 9861.

You may also reach us via email at mtimes@intnet.mu.

Thank you!



This image showcases Vishal and his partner, Yasheena Raghoonundun, advocating for women's empowerment and charity work at banqueting events at Chennai Spice in London.

Pic courtesy of Vishal Joosery

