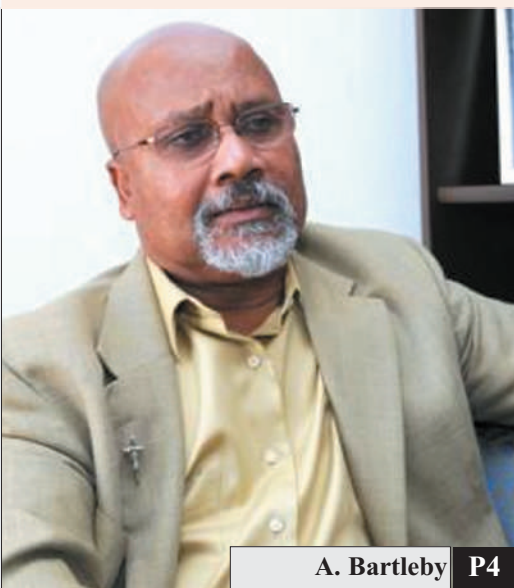


MAURITIUS TIMES

• *Effective leadership is not about making speeches or being liked; leadership is defined by results not attributes. — Peter Drucker*

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- ‘L’opposition est brisée en au moins deux groupes: les pro-PTr et MMM... et les antis-PTr et MMM. Cette alliance est aussi vectrice d’un système monarchique’



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Policing and Our Democratic Values

At several times in the past we have here stood for law and order and recognised the sometimes difficult task of many well-meaning officers of the Mauritius Police Force (MPF), so long as they go about their duties and apply the law with equity and fairly across the board. In difficult areas they may be forced to use proportional force to avoid drug proliferation or other cases of abusive behaviour and must be able to exercise their better judgement to that effect and maintain law and order, despite the odds sometimes deliberately stacked against them.

This being said and whatever the management of the Covid pandemic may have left in higher authorities minds and approaches to policing, the MPF should at all costs refrain from giving the impression that there is one law for those in power and another for ordinary citizens or even for those who are intent on exercising peacefully their democratic rights, including the vital one of freedom of expression on our streets or on social media within established legal parameters.

Such principles are fundamental to any civilized democracy. In an age of instant communication, deviations from these principles can quickly lead to public resentment. The considerable powers granted to police officers in their line of duty must be accompanied by a sense of restraint and responsibility towards all Mauritians, irrespective of race, colour, creed or political affiliation and sympathies.

Occurrences of physical brutality of suspects at Terre-Rouge have in the past shocked the national conscience and the Police Commissioner had to take corrective action, lest the damaging images and video clips spread an undesirable colouration to their nobler pursuits. We cannot sympathise either when officers on the beat are harassed or get transferred for simply doing their job without

fear or favour. If the MPF hierarchy allows some members of the force to become a tool to protect the high and mighty of the day, then a sense of collective insecurity may become pervasive and erode the respect which thousands earn and deserve through their actions.

There was a time a few years back when a senior Minister, called to court to answer charges, was provided such protection that half of the capital was blocked to through traffic, while paramilitary units and snipers on roof-tops, aided by political goons, guarded the then Minister's entry and exit from the court rooms. Whether they were acting on confidential information or simply wishes from higher quarters, no untoward event marred that fugitive appearance in courts and no explanation was provided.

In the cases of suspicious deaths of MSM chief agent Kistnen and some others in public procurement posts, after the 2019 general elections, we cannot say that the MPF hierarchs covered themselves in some glory. Even under prodding by the judicial enquiry or the Office of the DPP, the investigations into the murder of agent Kistnen have remained elusive to our sleuths, the case an unsolved mystery. Do they need the help of New Scotland Yard to unravel the mystery?

It is against this backdrop of popular discontent with the hierarchs of the force, that the recent muscular exercise by the SSU of the Police Force and the arrests of a small group of activists intending to protest peacefully against authorities' treatment of a land allocation issue relating to a Tamil Cultural Centre near a Prime Ministerial function have irritated all Opposition political forces and legal minds. This disproportionate response, which quickly went viral on social media, reflects poorly on our democratic values and those entrusted with their protection.

The Conversation

Democratic men are stepping up for a woman president by stepping back, at last

The masculinity on display at the Democratic convention was groundbreaking as men – from Joe Biden to Pete Buttigieg to Tim Walz to Doug Emhoff – aimed unreservedly to lift up women as leaders.



Vice President and Democratic presidential nominee Kamala Harris joins President Joe Biden on the stage at the Democratic National Convention after his speech in which he said he would be the Harris and Walz campaign's 'best volunteer.' Justin Sullivan/Getty Images

Women have been running for president of the United States since 1872, and for almost that long people have been asking what women need to do in order to break what Hillary Clinton has called the "highest, hardest glass ceiling" left in American culture.

Almost no one has asked what men need to do in order to remedy the problem that the job has been off-limits to more than 50% of the talent pool since ... forever.

At the 2024 Democratic National Convention, that changed. Democratic men made choices that were entirely new, or exceedingly rare, in support of a woman presidential candidate and in service to the nation. It was unprecedented.

As a communication scholar who studies gender and political leadership, I've argued that the biggest impediment to electing a woman as president is not a dearth of qualified woman candidates but a collective inability to recognize them as such. The fault is not in the candidates but in American culture.

As it turns out, men in politics were also to blame.

When faced with competitive women as presidential candidates, many men historically have leveraged their power and privilege in ways that undercut women's candidacies. But the Democratic convention was different.

For the first time in history, men in a major political party offered unified support for a woman candidate. They refrained from strategically deploying the stereotype that strong women are not likable, as Barack Obama did with Hillary Clinton in the 2008 Democratic primaries.

They accepted the party's overwhelming support for a woman candidate, instead of insisting on being entitled to superdelegates, as Bernie Sanders did in 2016.

And they put their career on hold to support their spouse's candidacy instead of undercutting it by offering support to primary campaign challengers, as Bob Dole did when Elizabeth Dole sought the Republican Party's nomination in 2000.

'Relinquishing male power'

Rhetorical choices reveal the underlying motivations of individuals and groups. The messaging of Democratic men at the 2024 convention signaled that their party was finally ready to do something that no major party has ever done. They were not only nominating a woman candidate but relinquishing male power and privilege.

Karrin Vasby Anderson
Colorado State University

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Mauritius Times

Founder/Editor: Beekrumsing Ramlallah - Aug 1954-Sept 2000

Editor-in-chief: M. Ramlallah / Senior Editor: Dr RN Gopee

This epaper has been produced with the assistance of

K. Ramlallah, Sultana Kurmally & Kersley Ramsamy

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Sada Reddi

Restoring Faith in Governance

A Call for Parliamentary Renewal

The perception that a general malaise has gripped the country is not very far from reality. For the population, there is no longer a doubt that there is an urgent need to address various failings confronting the country. But the big question that remains is: how do we do it? No one has a readymade solution, but there is a vast amount of experience that should be tapped to forge a new direction for a free society.

The parliamentary system, albeit a restricted one, has been in place since the 1886 elections. Our citizens have assumed that parliamentary government and state institutions will continue to improve with time, but they seem to have discovered that it was wrong to assume its linear development. They have now realized the unsuspected hidden dangers that have burst out and are trying to turn the clock back. They also realize that institutions decay and perish unless they are revitalized and given a new lease of life.

The statistical expression of the malaise can be easily found in the depreciation of the rupee, growing indebtedness and balance of payments deficit, unemployment, and poor governance. Added to this growing list of grievances is the (mal)functioning of the parliamentary system, which may itself be at the core of the many ills of society. Political scientists would surely probe the issues affecting our country and reach different conclusions, but reflection and action by society must start right away, pending further action and measures to be taken at a later stage.

It has been clear to many social scientists for a long time that our democratic system has been mostly a formal one, as the principles underlying it have often been violated. Nevertheless, on balance, barring some weaknesses, the system has worked more or less satisfactorily, and several conventions informing it were respected. Those principles and conventions were derived from a long tradition of parliamentary government inherited from the Westminster model. We may have forgotten that a parliamentary system is not merely a series of laws and procedures inscribed in our Constitution. Rather, it is also grounded in a number of conventions that must be observed and respected if we want the system to operate usefully, efficiently, and above all, democratically.

Political Culture

It is true that conventions have often been flouted in the past, and 'To hell with Erskine May' has been hurled at the President of the Legislative Council. This is not surprising, as it took time to learn and grasp parliamentary skills; it seems today the learning curve will take a much longer time given our present political culture, or lack thereof. This is also evident in the weakening of institutions, delayed justice, abuse of authority, denial of social justice, and many more ills.

In the end, we all know that we cannot rely on the current political system to obtain a redress of grievances. The conventions that should guide the ethical behaviour of some of our parliamentarians have also been disregarded. Members of the Assembly cannot engage in a debate that fairly identifies issues and proposes durable solutions because our parliamentarians have been regimented to vote either for or against. Most of them have lost their ability to be critical, creative, and innovative and to reach a balanced judgment on the many problems faced by the nation. It is true that we have adopted an adversarial style of parliamentary politics, but this does not mean that members of the National Assembly cannot shed their blinkers

when public interest requires it. As a result, questions and complaints are made, but few concrete actions seem to follow, making question time appear to citizens as a futile ritual.

One consequence of the parliamentary system being reduced to a mere ritual is that the checks and balances that should act as a brake on the Executive have been weakened. Although all governments must share in the blame for the present situation, they had in the past shown restraint in exercising power. Perhaps we did not realize that not all politicians have a culture of restraint, and some might shockingly go to extremes while still employing the rhetoric of public interest.

Though it is a well-known principle, it needs to be reiterated that parliamentary sovereignty rests on the principle of the sovereignty of the people. Parliamentarians are meant to represent ordinary citizens, whose concerns they voice out, through parliamentary questions, to the Executive, ask for clarifications and explanations. In other words, they are supposed to keep the Executive on its toes and make it accountable for its decisions. Parliament does not share power with the Executive but expresses the suspicions and public opinion on any wrongdoing of the Executive and forces it to respond and to take action, up to and including the revocation of ministers.

The Public Interest

Any abuse of power and authority by the Executive can encroach on the duties and responsibilities of public officials and public officers. Though there are laws, regulations, and procedures that govern the relationship between the Executive and public servants, undermining and subverting this relationship can open the gate for poor governance, inefficiency, wastage of resources, and the bullying of public officers to act against the public interest. The public interest is not the same as the private interests of the Executive. But it is Parliament, excluding those who form part of the Executive, that has the role and responsibility as watchdog of the public interest.

On the other hand, civil servants have been entrusted with the responsibility to implement policies in the public interest. They have been recruited and trained and must abide by the procedures laid down in the Constitution and other legislations and regulations. Their conditions of service have made their posts permanent to ensure the continuity of the State and their commitment to public service. They have to collaborate with the government of the day for the implementation of its policies but must follow prescribed rules and procedures. They are like the lawyer who provides all the information to his client and then awaits instructions from him to be implemented within well-laid down procedures.



« Though it is a well-known principle, it needs to be reiterated that parliamentary sovereignty rests on the principle of the sovereignty of the people. Parliamentarians are meant to represent ordinary citizens, whose concerns they voice out, through parliamentary questions, to the Executive, ask for clarifications and explanations. In other words, they are supposed to keep the Executive on its toes and make it accountable for its decisions. Parliament does not share power with the Executive but expresses the suspicions and public opinion on any wrongdoing of the Executive and forces it to respond and to take action... »

Civil servants in Mauritius have fulfilled this role well. It is well-known they have implemented the decisions of one government and the opposite policies with the same zeal when a new government comes in. But to ignore conventions, bypass procedures, and harass civil servants who have a responsibility to serve the public interest will lower the morale of our public officers, weaken the role of our institutions, waste their time in useless and unnecessary action, and finally leave them with no possibility to tackle important problems facing the country. The only compensation for any maladministration is that it is the Minister who is responsible for any wrong decision imposed on the civil servant under his administration. Even there, when one would expect members of the Executive to resign on a question of principle, they remain stuck to their ministerial posts unless revoked, and persist in their wrongdoing with impunity.

How do we fix the system? One could argue that there is no way to fix a decayed system from inside, especially when many of our institutions have been subverted. Yet the democratic deficit must be addressed. A law commission may take up various issues and sensitize public opinion on potential solutions. Academics may continue to investigate the flaws of the political system and suggest possible remedies. Citizens and citizens' organizations can come up with various suggestions, educate the wider public, and propose solutions.

At the present moment, we also have a unique opportunity to benefit from the experience of some of our senior politicians who know the system inside out and understand the conditions necessary to maintain and safeguard a free society. Their efforts should be directed in that direction, but they would need to work out the modalities that will help bring about effective action. This must be done in the most democratic manner possible. The present challenge is to revive the principles and conditions for a free society.

Concert du Père Grégoire: Une célébration spirituelle ou une manœuvre politique?

Par A. Bartleby

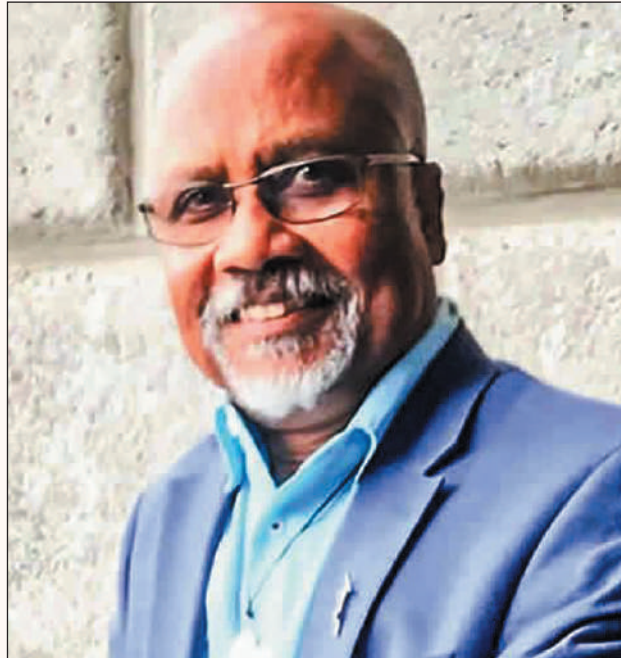
Le concert spirituel organisé par le père Jocelyn Grégoire, président de la Fédération des Créoles Mauriciens (FCM), prévu pour le 29 septembre au stade Sir Gaëtan Duval à Rose-Hill, continue de susciter des controverses. La promotion de l'événement a attiré l'attention en raison de l'utilisation d'un logo représentant un soleil orange, souvent associé au Mouvement socialiste militant (MSM). Cette association a conduit à des accusations de politisation de l'événement, avec des critiques affirmant qu'il pourrait être utilisé pour faire passer un message politique en vue des prochaines élections générales.

En réponse à ces critiques, le père Jocelyn Grégoire a fermement nié toute intention politique liée au concert. «Le concert est en train d'être associé à un événement politique quand tel n'est pas le cas», a-t-il déclaré au quotidien «Le Défi» en début de semaine. Selon lui, l'objectif principal de cet événement est de renforcer la foi et de rassembler les fidèles autour de chants et de prières, loin de toute connotation politique.

Le concert spirituel s'inscrit dans une série de réunions de quartier organisées à travers le pays pour mobiliser le plus grand nombre de personnes. Ces efforts de mobilisation incluent la participation des membres du groupe ZeziVreZom (ZVZ), soulignant l'engagement communautaire autour de cet événement.

Les divergences d'opinion entre le père Jocelyn Grégoire et le père Jean-Claude Véder, notamment sur l'utilisation du logo et de la couleur orange, ont également été évoquées. «Le Défi» nous rappelle que dans une interview publiée le 25 août dans «Le Dimanche/L'Hebdo», le père Véder a exprimé des réserves sur ce choix, le jugeant «regrettable» dans le contexte politique actuel.

Le concert, prévu dans un contexte électoral particulièrement sensible, est perçu par certains comme une opportunité pour le père Jocelyn Grégoire de montrer son soutien au gouvernement et au MSM. La présence attendue de plusieurs élus, dont les députés Sandra Mayotte, Joanne Tour



Le concert spirituel du 29 septembre représente un test crucial pour le père Grégoire, qui doit éviter que ses intentions soient interprétées comme étant politiques. - Le Défi

et Gilbert Bablee, ainsi que des figures politiques émergentes comme Lindsay Morvan et Didier Moutou, renforce cette perception.

Par le passé, le père Jocelyn Grégoire a été critiqué pour ses actions perçues comme politiques. En 2021, il avait invité le public à applaudir le Premier ministre Pravind Jugnauth lors d'une cérémonie officielle, ce qui avait provoqué une vague de critiques de la part du diocèse de Port-Louis.

Actuellement, l'évêché de Port-Louis reste discret sur la polémique entourant le concert. Il a été suggéré que le père Grégoire devra expliquer la portée du concert spirituel, et qu'un communiqué sera émis à cet effet.

La religion et la politique

L'implication des religieux dans la politique est un sujet

délicat qui suscite souvent des débats. Dans de nombreux pays, les institutions religieuses ont été appelées à maintenir une séparation claire entre leurs missions spirituelles et les affaires politiques. Le rôle des prêtres et autres leaders religieux devrait se concentrer sur l'édification spirituelle et le soutien moral des communautés, sans interférer dans les dynamiques politiques qui peuvent compromettre leur neutralité.

L'expérience internationale montre que si des figures religieuses s'engagent dans des activités politiques, cela peut entraîner une perte de confiance et une polarisation des opinions. Par exemple, aux États-Unis, le rôle des pasteurs dans les mouvements politiques a souvent été sujet à controverse. Le soutien ou l'opposition de figures religieuses à des partis ou à des candidats spécifiques peut influencer les perceptions du public et déstabiliser la mission spirituelle des institutions.

En Amérique Latine, des figures comme le père Ernesto Cardenal ont joué un rôle actif dans des mouvements politiques, ce qui a suscité à la fois admiration et critiques. L'implication politique des religieux doit être gérée avec prudence pour éviter les accusations de manipulation ou de favoritisme, qui peuvent miner l'autorité spirituelle et éthique de ces leaders.

Le cas du père Jocelyn Grégoire rappelle l'importance de maintenir une distinction nette entre le domaine religieux et les activités politiques. Si le père Grégoire souhaite préserver l'intégrité spirituelle de ses initiatives, il devra veiller à ce que ses actions ne soient pas perçues comme des instruments de soutien politique. La transparence et la clarté dans ses communications et ses choix de symboles peuvent aider à apaiser les tensions et à garantir que ces événements restent axés sur leurs objectifs spirituels.

Le concert spirituel du 29 septembre constitue donc un test important pour le père Grégoire. Il devra naviguer avec soin pour éviter que ses bonnes intentions ne soient perçues comme des manœuvres politiques, et maintenir l'accent sur la mission religieuse qui sous-tend son événement.

Inde: La cote de Modi passe sous la barre des 50 % pour la première fois



Le leader du Congrès, Rahul Gandhi, et le Premier ministre Modi se serrent la main au Lok Sabha en juin dernier. P - Sentinel Assam

La dernière enquête «Mood of the Nation» (MOTN), publiée par «India Today», révèle des tendances politiques intéressantes en Inde après les résultats des élections générales du 4 juin. Le Bharatiya Janata Party (BJP), bien que toujours en tête de la National Democratic Alliance (NDA), se retrouve réduit à une minorité au Lok Sabha.

Le sondage CATI, réalisé auprès de 136 463 personnes, a interviewé 40 591 répondants entre le 15 juillet et le 10 août 2024, et 95 872 au cours des 24 dernières semaines. Pour la première fois, la cote de Narendra Modi en tant que potentiel Premier ministre est

tombée sous les 50 %, atteignant 49 %. Les chiffres pour Rahul Gandhi ont augmenté par rapport au sondage précédent, atteignant 22 %. La proportion de ceux qui considèrent Modi comme «exceptionnel» a chuté de 7,3 % par rapport au précédent sondage, selon «The Wire».

À la question de savoir si le gouvernement BJP abuse des agences d'application de la loi telles que l'ED, la CBI et le département des impôts, 46 % des répondants ont exprimé leur accord, contre seulement 38 % estimant que tous les gouvernements agissent ainsi.

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Inde: La cote de Modi passe sous la barre des 50 % pour la première fois

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Le pourcentage de personnes convaincues du mauvais usage des agences par le gouvernement a augmenté de 43 % l'an dernier à 46 % cette fois-ci.

Le politologue et activiste Yogendra Yadav a qualifié cette enquête de «regard précieux sur l'humeur post-électorale de la nation». Yadav souligne que les facteurs économiques sont les plus grands 'points de douleur': «Bien que l'inflation soit en baisse, les gens ont du mal à gérer les dépenses domestiques. Le chômage est une préoccupation suprême. Les gens ne croient pas aux revendications du gouvernement en matière d'emploi.»

De manière significative, comme le rapportait «The Wire» précédemment, les sondages MOTN de février avaient montré que 52 % des personnes interrogées pensaient que les politiques économiques en place étaient favorables aux grandes entreprises. Ce pourcentage a considérablement aug-



menté, atteignant 58 %.

La stature du leader de l'opposition, Rahul Gandhi, a bénéficié d'un coup de pouce, 51 % des personnes interrogées jugeant sa performance en tant que Leader de l'Opposition comme exceptionnelle ou bonne. Près d'un quart (24 %) considère sa performance comme exceptionnelle. La

session budgétaire du parlement a vu Gandhi en mode attaque, mettant le BJP et ses dirigeants de haut niveau sur la défensive.

En comparaison avec les autres leaders de l'opposition, Gandhi se distingue nettement et semble émerger comme le leader parmi tous les leaders de l'opposi-

tion. Sa cote a grimpé à 32 % contre 21 %, il y a seulement six mois. Akhilesh Yadav, avec 8 %, se classe comme un second lointain, bien que sa cote ait également augmenté par rapport à 4 % en février.

Rahul Gandhi est vu comme le principal prétendant au poste de Premier ministre après Modi, avec 29 % de soutien. Le ministre de l'Intérieur et numéro deux efficace dans la NDA, Amit Shah, se classe au deuxième rang avec 20 %, presque à égalité avec Adityanath à 19 %. Nitin Gadkari suit avec 13 %.

Concernant le recensement des castes, l'approbation de cette idée a fait un bond spectaculaire, atteignant 74 %, contre 59 % en février 2024.

Le soutien à une demande clé des agriculteurs en grève, qui a conduit le gouvernement Modi à revenir sur les lois agricoles impopulaires en 2021, est également élevé; 74 % des Indiens souhaitent que les agriculteurs obtiennent un prix de soutien minimum pour leurs cultures en tant que droit légal. Cette idée, que l'opposition pousse de manière constante, est restée en suspens depuis avant les élections de 2019, le gouvernement dirigé par le BJP hésitant à y répondre.

Telegram et Pavel Durov: Une arrestation avec des implications géopolitiques?

L'arrestation récente de Pavel Durov, créateur et dirigeant de «Telegram», samedi dernier, a captivé l'attention des médias internationaux, soulevant des questions sur les véritables motivations derrière cette décision. Accusé de ne pas coopérer avec les autorités françaises dans des enquêtes sur des activités criminelles telles que le trafic de drogue, l'escroquerie, et la pédocriminalité, pour lesquelles «Telegram» aurait été utilisé comme plateforme de communication, Durov se retrouve au cœur d'une affaire qui semble dépasser le simple cadre judiciaire pour toucher à des enjeux géopolitiques majeurs.

Une longue histoire de non-collaboration avec les autorités

Pavel Durov n'est pas étranger aux conflits avec les autorités. Avant de créer «Telegram», il a fondé en 2006 «VKontakte», un réseau social russe. Pendant les manifestations massives en Russie en 2011-2012, Durov a refusé de céder aux pressions de fermer les comptes de figures de l'opposition comme Alexeï Navalny. Son refus de coopérer avec le FSB (les services de sécurité russes) pour fournir des informations sur les membres de groupes pro-Maïdan a conduit à des tensions croissantes avec les autorités russes. Après avoir été évincé de «VKontakte», Durov quitte la Russie en 2014, affirmant son opposition aux pressions politiques.

En 2018, Durov se voit confronté à une nouvelle demande de la part de Roskomnadzor, l'agence de régulation des communications russe, qui exigeait des clés de déchiffrement de «Telegram». Son refus a entraîné le blocage de la messagerie en Russie, un acte qui n'a pas été entièrement mis en œuvre, mais a boosté la réputation de «Telegram» comme une plateforme résistante aux régulations russes.



Le patron de Telegram, Pavel Durov, se retrouve au cœur d'une affaire qui semble dépasser le simple cadre judiciaire pour toucher à des enjeux géopolitiques majeurs. P - BFMTV

Malgré une certaine détente des relations entre «Telegram» et le Kremlin depuis 2018, des doutes subsistent sur l'influence de «Telegram» dans le contexte géopolitique actuel. Le réseau est largement utilisé par des a(correspondants militaires) et des groupes paramilitaires russes, y compris le groupe Wagner, pour diffuser des contenus sur l'invasion de l'Ukraine. «Telegram» joue ainsi un rôle crucial dans la propagande russe, tant à l'intérieur qu'à l'extérieur de la Russie.

En été 2024, Vladimir Poutine a signé une série de lois imposant aux administrateurs de chaînes «Telegram» de

plus de 10 000 abonnés de communiquer leurs données à Roskomnadzor. Ces lois visent à renforcer le contrôle de l'État russe sur la plateforme, bien que Durov ne se soit pas opposé publiquement à ces mesures.

Les liens financiers de «Telegram» et les suspicions de connivence avec le Kremlin

«Telegram» a longtemps été déficitaire et ses opérations ont été soutenues par les fonds personnels de Durov. En 2021, «Telegram» a commencé à afficher des publicités, y compris pour des cryptomonnaies, et a levé 2,5 milliards de dollars pour lancer une cryptomonnaie et rembourser ses dettes. Certains investisseurs russes notables, tels que Roman Abramovitch et Mikhaïl Fridman, ont également investi dans «Telegram», alimentant les spéculations sur des connexions avec le Kremlin.

«Telegram» est connu pour son chiffrement de bout en bout («End-to-End - E2E»), censé garantir la sécurité des communications. Cependant, des révélations ont suggéré que des aperçus de liens transmis dans les chats secrets pouvaient être stockés sur les serveurs de «Telegram», ce qui soulève des questions sur la confidentialité réelle des messages.

L'arrestation de Pavel Durov, bien qu'elle semble motivée par des questions juridiques liées à la coopération avec les enquêtes criminelles, s'inscrit également dans un contexte géopolitique complexe. Durov est au cœur d'enjeux stratégiques qui vont bien au-delà de la simple gestion d'une plateforme de messagerie.

A. Bartleby

☞ Suite en page 15



Dr R Neerunjun Gopee

Shouldn't all lives matter equally?

Although the Black Lives Matter movement was energized following the death of Black American George Floyd in Minneapolis in May 2020, it actually began in 2013. This was in the wake of the death of Trayvon Martin, an African-American teenager who was shot while walking to a family friend's house, and the subsequent acquittal of George Zimmerman, the man who shot him.

In the case of George Floyd, it was a video showing a police officer kneeling on Floyd's neck that went viral following his death which triggered widespread protests in several cities across the US and spread to other cities in the world. Police officer Derek Chauvin was seen kneeling on Floyd's neck. He has since been charged with murder, found guilty and is now in jail.

From online sources, it may be noted that the international human rights campaign began on social media in 2013 with the #BlackLivesMatter hashtag, as a movement which is 'an ideological and political intervention in a world where Black lives are systematically and intentionally targeted for demise. It is an affirmation of Black folks' humanity, our contributions to this society, and our resilience in the face of deadly oppression.' A few years later, BLM's co-founder Alicia Garza said in an interview that BLM's 'goal is to build the kind of society where Black people can live with dignity and respect.'

In fact, it should be the goal of all countries and all peoples to build the kind of society where not only people belonging to one particular race, religion or skin colour should be able to live with dignity and respect amongst each other, but ALL the people in any country or society should be able to do so. Unfortunately, although this is the right and reasonable way to coexist and thrive, in practice events around the world from historical times show us that many people have been and are still persecuted because of their ethnicity, race, religion or skin colour. This is especially common during wars, and the violence perpetrated -- other than the actual warring which directly kills the warriors involved -- includes looting and destruction of property, brutal killings, sexual violence against women and girls, chasing whole communities who have to seek refuge elsewhere, often becoming refugees if they have managed to escape.

In fact, this is no less than *genocide*, about which there is an abundance of information online. It is defined as an act committed with intent to destroy, in whole or in part, a national, ethnic, racial or religious group. Genocide became a crime in itself following the adoption of the 'Convention for the Prevention and Punishment of the Crime of Genocide' by the United Nations General Assembly on 9 December 1948, as result of the events of the Holocaust. The Convention came into force on 12 January 1951.

The various different acts defined in the convention as acts of genocide include: (a) killing members of a group, (b) causing serious bodily or mental harm to members of the group, (c) deliberately inflicting on the group conditions of life calculated to bring about its physical destruction in whole or in part, (d) imposing measures intended to prevent births within the group, and (e) forcibly trans-



LeeAaron Berks, 19, had never been involved in activism before joining protests in Lincoln, Nebraska - P - Courtesy LeeAaron Berks

ferring children of the group to another group.

However, in 1987, Gregory Stanton, a professor of law, published a paper which explored how genocides develop and unfold. He identified eight key stages which resulted in acts of genocide. According to Stanton's model, some of these stages can happen at the same time or in a different order. In 2012, he added two further stages (Discrimination and Persecution) to make ten. According to Stanton's current model, therefore, the *stages of genocide* are as follows:

1. **Classification** – Dividing people into 'them' and 'us'.
2. **Symbolisation** – Forcing groups to wear or be associated with symbols which identify them as different.
3. **Discrimination** – Excluding groups from participating in civil society, such as by excluding them from voting or certain places. In Nazi Germany, for example, Jews were not allowed to sit on certain park benches.
4. **Dehumanisation** – To deny the humanity of one group and associate them with animals or diseases in order to belittle them.
5. **Organisation** – Training police or army units and providing them with weapons and knowledge in order to persecute a group in future.
6. **Polarisation** – Using propaganda to polarise society, create distance and exclude a group further.
7. **Preparation** – Planning of mass murder and identifying specific victims.
8. **Persecution** – Incarcerating groups in ghettos or concentration camps, forcibly displacing groups, expropriating property, belongings or wealth.
9. **Extermination** – Committing mass murder.
10. **Denial** – Denial of any crimes. This does not necessarily mean denying that the acts of murder happened, but denying that these acts were a crime, and were in fact justified.

Stanton hoped that by identifying these stages it would be easier to recognise genocide before it took place and thus stop it from happening.

Much before this genocide was thus characterized, it has been happening, such is the propensity of some twisted minds to resort to *Classification* of 'them' and 'us'. From there the rest automatically follows. The most well-known genocide in the last century is the Holocaust dur-

ing World War II, with the extermination of six million Jews out of the then 11 million in Europe. But according to Francois Gautier, a French journalist based in India who has researched the phenomenon in depth, the largest holocaust in history is what he calls the Hindu Holocaust in the Indian subcontinent perpetrated by the Moghul and Turkic invaders over several centuries, killing tens of millions of Hindus.

Despite the UN Convention, genocides have not stopped. During the Indo-Pakistan war of December 1971, which led to the creation of Bangladesh, almost 3 million Hindus were exterminated during the ensuing genocide, and nearly 10 million refugees fled to India. Nearly two decades later, in April 1990, the genocide of Kashmiri Hindus drove out nearly 400,000 of them.

And the latest genocide in the Indian subcontinent is the ongoing one against the Hindus in Bangladesh, after the political tur-

moil that resulted in its leader Sheik Hasina fleeing to the safety of India, for no other country would accept her. By all accounts that are reaching us, Stenton's stages of genocide have been unfolding against the Hindus of Bangladesh, despite the guarantee given by the caretaker head of government, Muhammad Yunus, who is well-known as the founder of the Grameen Bank for which he was awarded the Nobel prize.

“The latest genocide in the Indian subcontinent is the ongoing one against the Hindus in Bangladesh, after the political turmoil that resulted in its leader Sheik Hasina fleeing to the safety of India, for no other country would accept her. By all accounts that are reaching us, Stenton's stages of genocide have been unfolding against the Hindus of Bangladesh, despite the guarantee given by the caretaker head of government, Muhammad Yunus, who is well-known as the founder of the Grameen Bank...”

He even visited the destroyed ISKCON Temple after he took over, to reassure the Hindu community, but the persecution is continuing, nevertheless. What a supreme irony that in the wake of the floods that have recently taken place there, the same ISKCON Temple devotees have swung into action to prepare food for ALL refugees.

Equally concerning is the situation in Gaza, where the Israeli response in retaliation to the October 7 attack by Hamas, with the death of about 1200 citizens and some 240 taken hostage, is resulting in the loss of lives among the civilian population. Some 40,000 people have been killed, according to the Gaza Health Ministry, as reported by the UN Office for the Coordination of Humanitarian Affairs.

It is a utopian hope, but there is no other way to co-exist than to genuinely and sincerely accept that **All Lives Matter!** And, taking the cue from BLM's goal, all countries should adopt the credo 'to build the kind of society where all their people can live with dignity and respect', and enforce it through the appropriate legal means.

A Harris Honeymoon or A New American Weltanschauung?

We are indeed at a pivotal moment in the history of the US



Anil Madan

President Joe Biden's performance at the so-called "debate" with Donald Trump left little doubt in the minds of American Democrats that he just had to go. Trump was one of the few who hoped that Biden would stay as the Democratic Party's nominee. Eventually, the message was delivered, received and understood. It was time to go. The Democratic Party rallied and coalesced behind Vice President Kamala Harris in short order and with unbounded enthusiasm.

As speculation mounted about whom she would pick to run for Vice-President, it was clear that, standing alone, she had ignited a spark across America. In due time the spark had become a wildfire that gained momentum at every step, from her choosing Tim Walz as her running mate, to her acceptance speech at the Democratic National Convention. Despite a barrage of denigration, name-calling and personal insults hurled daily by Trump and his running mate, J.D. Vance, momentum continues to build.

The obvious question is whether all this reflects a Harris Honeymoon that will soon fade and put Trump back in the driver's seat, or are we seeing an evolving new American Weltanschauung*? Has America grabbed onto something that rejects the alternative Trumpian Weltschmerz*, a worldview of a painful and troubled world that he alone can command and fix?

Criticism has piled on, mainly from Trump, his base of MAGA supporters, and from his acolytes. For the most part, they complain that she has not had a full unscripted interview with the press and that she has presented no concrete policy proposals. Trump and his MAGA followers have been somewhat restrained in speaking about her race, because Vance's wife is of Indian extraction. Nevertheless, Trump makes it a point to mention that Harris is a Black.

Harris' speech - A tour de force

Harris gave an exceptional speech at the Democratic National Convention. It was a tour de force, not for anything of substance, but for its structure and cadence. Every good political speech has a cadence.

Think of JFK: "And so, my fellow Americans: ask not what your country can do for you — ask what you can do for your country." Or: "We are not here to curse the darkness, but to light a candle that can guide us through the darkness to a safe and sure future." Or: "Give me your help. Give me your hand, your voice and your vote."

Think of Martin Luther King, Jr.: "But we refuse to believe that the bank of justice is bankrupt. We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. And so, we've come to cash this check, a check that will give us upon demand the riches of freedom and the security of justice." Or: "So even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream. I have a dream that one day this nation will rise up and live out the true meaning of its creed: We hold these truths to be self-evident, that all men are created equal. ... I have a dream today."

Harris' speech began with thanks to her husband and partner, and an expression of love. Then there was gratitude to President Biden and his wife Jill, and an expression that her pick Tim Walz is going to be an incredible Vice President. Note the projection of victory in that simple statement.

The speech took off from there as she introduced herself as the product of the American Dream, a daughter of two immigrants, a mother from India, a father from Jamaica. She then brought an echo of prescience, recalling that her father had said to the little girl Kamala: "Run, Kamala. Run." "Don't be afraid." "Don't let anything stop you."



Pic - The Economic Times

Harris then reprised her role as a fighter for justice, a prosecutor. In a poignant moment, she declared that charges she brought against those who perpetrated violence and injustice, were brought in the name of the people. "In our system of justice, a harm against any one of us is a harm against all of us." The contrast with the felon and sexual predator Trump could not have been more devastatingly drawn. And she cast his transgressions against his victims as transgressions against us all.

The contrast with Trump was then exalted when she declared that she would be a President who could be trusted to hold sacred America's fundamental principles. From the rule of law. To free and fair elections. To the peaceful transfer of power. All these have been Trump's shameful failings that have denigrated the majesty and meaning of America's foundational values.

She ended her speech with the admonition that this election is not only the most important of our lives — something that all politicians say at every election — but the most important in the life of our nation. She cast Trump as an unserious man, but the consequences of putting him back in the White House as extremely serious. And she reminded her listeners that he failed the essential test of leadership on January 6, 2021, when he failed to intercede but instead fanned the flames. And for an entirely different set of crimes, he has been found guilty of fraud, and separately found guilty of sexual abuse. She warned of an unrestrained Trump after the Supreme Court's decision on presidential immunity from prosecution and of the far-out rightist cult agenda known as Project 2025.

America, we are not going back, she declared. We are charting A. New. Way. Forward. And, in broad strokes, she

spoke of building an opportunity economy, of giving back to women the right to control their reproductive freedom, of creating jobs, giving all a chance to compete and succeed, grow the economy, providing access to capital for small business owners, entrepreneurs, and founders, and of ending America's housing shortage and protecting Social Security (retirement) and Medicare (healthcare). Harris ended by promising to protect voting rights and to lead the world with strength, and to win the competition in advanced technologies, and geopolitical security.

She ended, pretty much as she had begun, with an expression of love, but this time for her country, for America. She called on this nation, with a final bit of cadence: "America, let us show each other — and the world — who we are. And what we stand for. Freedom. Opportunity. Compassion. Dignity. Fairness. And endless possibilities. We are the heirs to the greatest democracy in the history of the world. And on behalf of our children and grandchildren, and all those who sacrificed so dearly for our freedom and liberty, we must be worthy of this moment."

Again, the contrast with Trump the insular, the self-aggrandizing, narcissistic, lying, abuser, felon, could not have been starker. But enough, can she win the general election?

There is, at one level, clearly a change that has overcome America. The Republicans successfully portrayed Biden as an old man unable to perform as President and indeed, raised the fear that he would be a liability if this nation faced a geopolitical crisis. The botched withdrawal from Afghanistan has allowed the Republicans to gloss over the fact that it was Trump who negotiated the surrender deal with the Taliban. It was Trump, who abandoned the Afghan government.

The Republicans have also, for decades, portrayed themselves as the party of American patriotism. Perhaps it is Trump's dastardly performance after the 2020 election, his horrendously anti-American attempt to prevent the peaceful transfer of power, his obsequious pandering to Vladimir Putin, his disgraceful disavowal of Ukraine's sovereignty, or his abusing of America's allies, that have led Americans writ large, with the exception of Trump's MAGA base, to question his judgment, his commitment to American values, and indeed his sanity. But clearly, there was a shift as the Democrats embraced America and America's values of freedom and Democracy as symbols of their patriotic love.

Nonsensical policy proposals

Republican complaints that Harris does not have cohesive and comprehensive policy proposals are nonsensical. Trump offers no cohesive policies but does have a smorgasbord of impractical and unfulfillable "promises" that he cannot keep or has no intention of keeping. For example, his promise to undertake the largest domestic deportation operation in American history, will run smack into due process limitations when deportation orders are sought in the courts. Deporting ten or twenty million people is a logistical nightmare, a task that with the current number of judges and immigration courts, could take more than 30-40 years.

Trump's promise to add a 10% tariff to all nondomestic goods sold in the US is a nonsensical tax on the American public. He promises to end the Russia-Ukraine war within 24 hours. Surprisingly, for a man who claims to be against wars, he has not disclosed to the world how this might be achieved and thereby brought an end to the war. There is little doubt that his idea of ending the war is getting Ukraine to capitulate to Putin's demands.

Trump's promise to provide a "big tax cut" depends on whether the Republicans gain control of both the House and Senate. Otherwise, there is no chance of that happening. Perhaps the only thing Trump could accomplish is his promise to pardon the criminals convicted of storming the Capitol on January 6, 2021. That would be the most shameful act by any American president in our history.

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A Harris Honeymoon or A New American Weltanschauung?

● Cont. from page 7
Tied national polls

National polls on the presidential race remain essentially tied

The national polls on the presidential race remain essentially tied. Some polls are at 50-50; some at 46-50 in favour of Trump; others at 49-47, 47-45, 44-42, 39-36, 47-46, and 46-45, for Harris.

All these polls are within the statistical margin of error. More importantly, they do not reflect how the Electoral College will play out and that is how the presidential race will be decided.

One question that remains open is whether there is occult support for Trump. These would be the voters who still have a modicum of self-respect left and do not openly want to declare that they will vote for Trump. My sense is that self-respect about support for Trump is long lost in America and there is no hidden or undisclosed support for Trump.

The wildcard issues are that women in general are rallying in support of reproductive rights and abortion access, Black men and women are surging to get registered to vote, and young people are flocking to the Harris-Walz ticket.

Harris must win Pennsylvania and some of the other swing states to collect enough electoral college votes to get to the necessary winning margin of 270. There are some murmurs that Florida, Georgia, and even Texas may be in play. True, the Harris campaign has raised over \$500 million in donations, and this suggests that donors will be committed voters. The registrations of young Black women have almost tripled compared with the same period in 2020. The registrations of young Hispanic women are up by 150%.



Pic - Los Angeles Times

Heather Cox Richardson, a well-known historian and blogger quotes a source: "Democratic registration has increased by over 50%, as compared to only 7% for Republicans. These new registrants are modelled as +20 pts Dem, as compared to +6 during the same week in 2020."

On the other hand, Republicans are doing their utmost to suppress the vote. The Brennan Center for Justice reports that in 2021 alone, 19 states passed 34 laws that restricted access to voting. In Nebraska, some 100,000 people are caught in uncertainty about whether their attempts to register to vote will result in baseless criminal prosecution. The Governor of Texas announced that more than one million voters have been removed from the registration rolls. In Georgia, the responsibility for certifying the vote is controlled by three members of a panel who are Trump MAGA supporters.

We may well have to write Georgia and Texas off for Harris. Texas was most likely going Republican anyway but recalling that Trump called the Secretary of State of Georgia Brad Raffensperger to ask him to find some 11,000+ votes to tip the Georgia election, one gets an idea of how close it will be.

We are indeed at a pivotal moment in the history of this nation. Underscoring Harris' mantle of prosecutor and Trump's of a convicted felon who has yet more crimes to answer for, the Special Prosecutor filed a Superseding Indictment on August 28, to conform to the Supreme Court's decision on presidential immunity. This is a reminder that Trump attempted to defraud the United States, engaged in a conspiracy to deny the votes of millions of Americans, and conspired to prevent the peaceful transfer of power.

Perhaps the new American Weltanschauung is the realization that America needs a president committed to the founding principles of this nation and not to some bizarre personal agenda.

Cheerz...
Bwana

"Weltanschauung" is a German term that translates to "worldview" in English. It refers to the comprehensive perspective or framework through which an individual or a group interprets and understands the world and their place in it. "Weltschmerz", also a German term, that translates to "world pain" or "world-weariness." It describes a feeling of deep sorrow or melancholy about the state of the world or human existence.



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Jack Bizlall

“Si les gens vont voter sans faire de bruit, le MSM perdra les élections”

‘Mais je pense que Jugnauth planifie une victoire par défaut. Il va essayer de faire exploser ses adversaires’

A l’approche des élections générales, Jack Bizlall, ancien journaliste et ancien directeur du journal *Nuvo Lizur*, exprime des préoccupations profondes sur l’état de la politique mauricienne, soulignant notamment la dynastie Jugnauth comme un obstacle majeur à la république et met en garde contre les dangers d’une alternance politique qui pourrait renforcer un système monarchique. Jack Bizlall dénonce également les fractures au sein de l’opposition et la faiblesse des alternatives politiques face aux défis actuels. Il attire l’attention sur des enjeux vitaux tels que la liberté individuelle, l’impact de l’inflation et les préoccupations sociales, tout en plaidant pour une action politique véritablement démocratique et progressiste. Ses commentaires apportent une perspective précieuse pour comprendre les dynamiques complexes de cette période électorale critique.

Mauritius Times: Comment les choses se dessinent-elles sur le plan politique à la lumière des prochaines élections générales, selon votre analyse de la situation?

Jack Bizlall : Bien que n’étant pas impliqué comme candidat, je suis quand même très intéressé par ce qui doit se passer impérativement sur le plan démocratique en tenant compte de notre Constitution.

Sur ce plan, je ne vois aucune évolution républicaine chez les partis politiques et au moins un tiers de la population. Le MSM est la propriété de la famille Jugnauth et doit être bouté hors du pouvoir puisque nous sommes en monarchie parlementaire sous cette dynastie déjà affirmée.

Je ne crois pas que la population soit consciente de cela. Déjà cette famille se comporte en autocrate. J’espère que ma publication à ce sujet sera prête avant les élections. Ce sera ma principale action politique.

Il y a dans le pays une cassure profonde entre ceux qui détestent la famille Jugnauth et ceux qui lui sont soumis. C’est grave. Une élection générale ne peut être l’expression de la haine. La famille Jugnauth doit bien être au courant de son rejet en tant que dynastie politique.

Fort heureusement, je suis optimiste de nature. J’estime que notre niveau de civilisation va nous protéger si les gens qui ont décidé de voter expriment un vote conscient et démocratique. Je crois que tel est l’état des choses et que le MSM a les options suivantes : soit il se transforme en parti politique républicain, soit il doit partir de gré ou par vote populaire.

Il y a un problème. Si le MSM passe, il passera avec moins de 40% des votes. Si tel est le cas, y aura-t-il une révolte ? Il ne faudrait pas écarter cette possibilité.

*** D’une part, nous observons le leader de l’alliance gouvernementale agir de manière résolue, en suivant très probablement un plan réfléchi et méthodique pour**

“Quant à l’opposition, elle est d’abord brisée en au moins deux groupes : les pro-PT et MMM et les autres, et les anti-PT et MMM. Cette alliance est aussi vectrice d’un système monarchique. Dans le passé, chacun de ces partis, avec le PMSD, a contribué pour faire en sorte que la famille Jugnauth devienne le propriétaire du pays. Ceux qui s’associent à eux vont se perdre dans l’alternance du même comportement et de la même politique. Voyez le comportement du PMSD et tirez-en les leçons qui s’imposent!”

assurer la reconduction de son alliance au pouvoir. Et d’autre part, il y a l’alliance de l’opposition toujours en mode de négociations pour finaliser un accord électoral, cela à la veille des élections. Quelle impression cela fait-il sur les électeurs ?

Je suis du même avis. Mais il faut faire attention. Cette conviction et cette assurance chez le MSM, et surtout chez Jugnauth, impliquent des moyens financiers, l’utilisation de l’appareil d’Etat, et une idéologie monarchique qui risquent de rendre les prochaines élections contestables par la population. Ça finira mal. *Marquer Garder!*

Il faudra imposer des élections démocratiques. Les forces qui sont démocratiques, progressistes et révolutionnaires ne doivent ni se soumettre ni entrer dans une alternance monarchique. J’ai pris position dans une interview accordée au *Mauritius Times* dans le passé et je compte étoffer mes réponses avec des explications et les publier avant la fin du mois de septembre.

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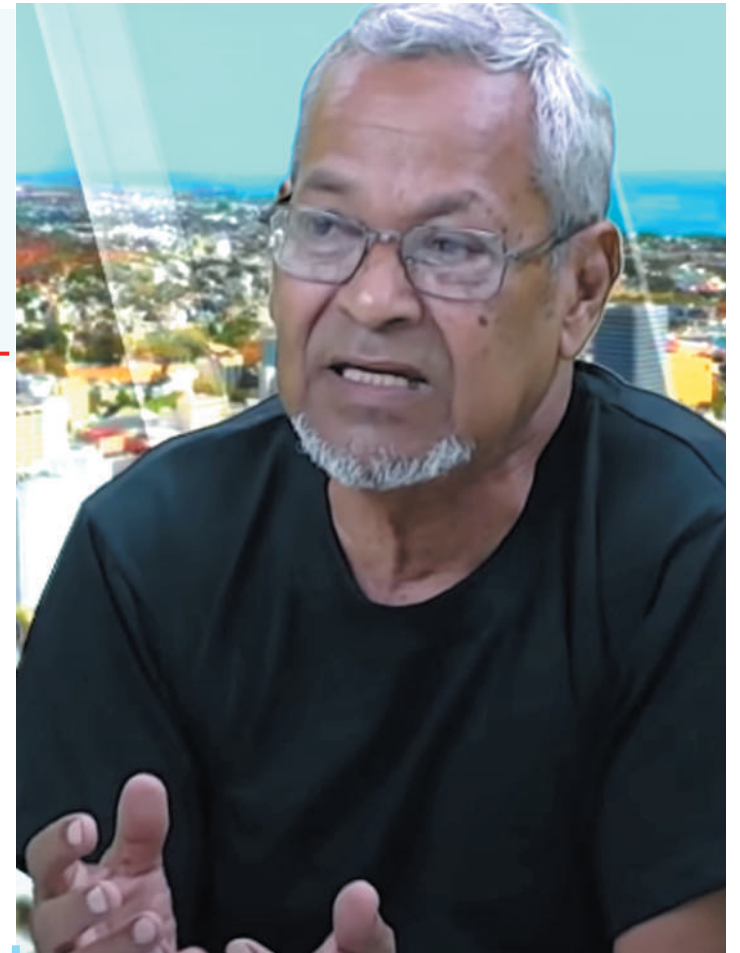
Ceux qui s’associent à eux vont se perdre dans l’alternance du même comportement et de la même politique. Voyez le comportement du PMSD et tirez-en les leçons qui s’imposent!

Mais il faut parler des autres partis. Ceux qui ne sont ni de droite ni de gauche, qui prônent l’étatisme ou le règne de la Technocratie. Je vais attendre leurs projets.

*** Quelle est votre analyse de la composition de l’électorat en 2024, en termes d’affinités politiques, d’attentes (concernant les sujets et problèmes qui préoccupent le plus les électeurs, telles que l’économie, la sécurité, la santé ou l’éducation), et de loyautés? En quoi cela diffère-t-il de l’électorat des années 1967 et 1970?**

Dans le cadre actuel des choses, il doit exister une grande catégorie d’abstentionnistes de pas moins de 35%, ce qui indique que 15% d’électeurs qui ont l’habitude de voter n’iront pas voter la prochaine fois. Ils ne savent pas encore pour qui voter. Toutefois, cette abstention doit être active.

Je n’irai pas voter. Mais mon abstention sera active. Mon



“Il faut faire attention. Cette conviction et cette assurance chez le MSM, et surtout chez Jugnauth, impliquent des moyens financiers, l’utilisation de l’appareil d’Etat, et une idéologie monarchique qui risquent de rendre les prochaines élections contestables par la population. Ça finira mal.

***Marquer Garder!* Il faudra imposer des élections démocratiques. Les forces qui sont démocratiques, progressistes et révolutionnaires ne doivent ni se soumettre ni entrer dans une alternance monarchique...”**

action sera de parler aux électeurs du MSM pour les convaincre qu’il faut agir par l’abstention active. J’expliquerai comment dans une publication.

La préoccupation des électeurs sera tridimensionnelle. La dimension sociale; comment faire face à l’accaparement dans tous les sens du terme? Il n’y a pas un seul secteur de notre pays qui ne soit pas envahi par des accapareurs d’ici et d’ailleurs.

La dimension économique est un annexe à la dimension sociale. La politique inflationniste du régime nous causera bien du tort. Cela va mettre en rogne la classe moyenne. Si la résistance ne recule pas en soumission, que l’alternative ne soit pas noyée dans l’alternance, et que le populisme et des alliances manouvrières n’endorment pas les masses, alors nous aurons un combat fort intéressant devant nous. Il ne faut pas laisser quiconque détruire notre combat à tous.

Suite en page 10

'L'opposition est brisée en au moins deux groupes : les pro-PTr et MMM... et les antis-PTr et MMM. Cette alliance est aussi vectrice d'un système monarchique'

☞ Suite de la page 9

Un projet révolutionnaire est essentiel pour notre civilisation. Ici comme partout dans le monde.

La dimension internationale est cruciale. Nous sommes au milieu d'une guerre entre deux blocs capitalistes: le capitalisme libéral et le capitalisme d'Etat et oligarchique. Que cela soit bien compris. Les cinq à dix années à venir seront cruciales.

En 1967 et en 1970 la conscience politique était guidée par le travaillisme et le militantisme. De nos jours, les jeunes sortant de l'éducation d'insertion sont ni de droite ni de gauche. Quel recul!

*** Puisque vous parlez du profil et des affinités idéologiques de l'électorat, on peut présumer que Pravind Jugnauth devrait également disposer d'analyses détaillées du profil de cet électorat, de ses attentes et de ses loyautés, etc. C'est aussi sur la base de ces analyses qu'il est allé repêcher Xavier Duval et le PMSD. Avec le soutien du Père Jocelyn Grégoire, il espère faire bonne figure dans les régions urbaines. Qu'en pensez-vous?**

Si vous suivez bien le comportement d'une monarchie, il repose sur la soumission ou l'expulsion. La liste de ceux qui ont été victimes de leur soumission doit nous faire comprendre que la situation est la même pour les gens qui gravitent autour du Roi. Ce sont des gens sans scrupules qui sont grandement méprisés par les personnes libres.

Grégoire, je l'ai critiqué publiquement en trois occasions dans le passé. Sa publicité pour sa fête de musique est une honte tant elle est sournoisement pro MSM, entend-on un peu partout – l'Evêque a eu raison de faire des commentaires sur ce soleil. Retournons-nous au monothéisme d'Akhenaton qui a fait du soleil (Aton), le seul Dieu de l'Egypte? Quitterait-il Jésus pour le nouveau Aton?

En ce qu'il s'agit du PMSD, je me demande comment un travailliste et un militant peuvent encore aller voter pour le PMSD. Ramgoolam et Bérenger portent une lourde responsabilité. Je n'ai jamais soutenu le PMSD. J'ai déjà dit que le PMSD est comme un chat qui ne vous rend visite que pendant l'heure de déjeuner.

Hier PMSD, après PMXD, aujourd'hui c'est du PMPJ. Le fils du chat diffère de son père par le fait qu'il visite plusieurs cuisines pendant l'heure de déjeuner.

La loyauté envers la population s'est transformée en loyauté envers la famille Jugnauth. Demain, ce sera le petit-fils de Duval soutenant la petite fille d'Anerood Jugnauth, ainsi de suite...

Nous sommes en plein dans le ridicule. Les enfants sont libres de s'engager en politique, mais pas pour jouer comme certains le font.

J'ai ma fille aînée qui est engagée dans Lutte Ouvrière en France.

*** On ne perçoit pas actuellement une vague montante en prévision des prochaines élections, contrairement à 2014, où une telle vague était déjà perceptible plusieurs semaines avant les élections. Qu'est-ce qui a**

changé, selon vous?

C'est un fait. La cause émane sans doute de la classe moyenne. Dans toute situation d'incertitude ou de manque d'enjeux économiques ou démocratiques, cette classe se met en attente de savoir dans quelle direction le vent soufflera.

Quand on parle aux gens, au lieu de vous répondre, ils cherchent à savoir ce que les autres pensent et vont voter, sauf les agents des uns et des autres.

Pourquoi ce silence? C'est que Jugnauth joue avec le temps. Après le budget, il faut attendre la réaction. L'attentisme joue en sa faveur. Je crois qu'il va lâcher des dossiers contre les autres. Il doit y en avoir un bon nombre. Il va développer la peur chez les électeurs de ses adversaires.

Je pense qu'il planifie une victoire par défaut. Il va essayer de faire exploser ses adversaires et ainsi il va créer un vide. Il l'a fait avec le PMSD et les démissionnaires du MMM et du PTr.

Ce manque d'enthousiasme, de mouvement, de rassemblement... permet cependant aux autres de se structurer et aux électeurs d'attendre l'effritement de la politique partisane.

Si les gens vont voter sans faire de bruit, le MSM perdra les élections.

*** Au fait, les chances sont-elles défavorables au gouvernement en place ou à l'opposition dans la situation**

“Grégoire, je l'ai critiqué publiquement en trois occasions dans le passé. Sa publicité pour sa fête de musique est une honte tant elle est sournoisement pro MSM, entend-on un peu partout – l'Evêque a eu raison de faire des commentaires sur ce soleil. Retournons-nous au monothéisme d'Akhenaton qui a fait du soleil (Aton), le seul Dieu de l'Egypte? Quitterait-il Jésus pour le nouveau Aton?”



“Je me demande comment un travailliste et un militant peuvent encore aller voter pour le PMSD. Ramgoolam et Bérenger portent une lourde responsabilité. Je n'ai jamais soutenu le PMSD. J'ai déjà dit que le PMSD est comme un chat qui ne vous rend visite que pendant l'heure de déjeuner. Hier PMSD, après PMXD, aujourd'hui c'est du PMPJ. Le fils du chat diffère de son père par le fait qu'il visite plusieurs cuisines pendant l'heure de déjeuner...”

actuelle? En d'autres termes, quels sont les critiques ou les problèmes de gestion auxquels le gouvernement est confronté, et quels obstacles ou faiblesses affectent l'opposition? Comment ces facteurs pourraient-ils influencer les résultats des prochaines élections?

Ce qui est défavorable au gouvernement, c'est l'attaque à la liberté de la personne humaine. Trop, vraiment trop de limitation à cette liberté! La répression est grande.

Du côté de l'opposition, les gens sont déçus de leurs politiques quand ils étaient au pouvoir. C'est un rassemblement hétéroclite qui risque de ne pas durer, si leur victoire est marginale. Le premier est honni par sa politique du présent et l'autre par sa politique du passé.

Je constate que l'on se préoccupe trop des deux blocs en opposition. Bien que je ne crois pas que les autres partis pourront faire élire leurs candidats, ce sont eux qui contrôlent les élections.

Imaginez un instant que ces partis qui veulent se situer dans le futur soient soutenus par plus de 15% des électeurs.

Imaginez, d'autre part, que la marge d'écart entre les deux blocs se situe entre 28 et 38 députés, excluant Rodrigues. Ce sera alors les petits partis dans les deux alliances qui vont faire la pluie et le beau temps.

Ne soyons pas dupes. Ce petit jeu a assez duré. Il faut agir avec discernement.

*** Par ailleurs, l'actualité est dominée par les crimes liés au trafic ou à la consommation de drogues, qui semblent être plus répandus dans les régions rurales que dans les zones urbaines. Les Mauriciens se préoccupent aussi aujourd'hui davantage du coût de la vie, qui ne cesse d'augmenter — deux problèmes qui paraissent intractables — ainsi que de la question de la relativité salariale. Pensez-vous que ces préoccupations pourraient influencer l'électorat mauricien de quelque manière, ou est-ce que les électeurs seront davantage influencés par les promesses électorales et la “générosité” gouvernementale?**

C'est un fait qu'il y aura des quêtes qui surpasseront les autres en importance. Mais il faut faire attention à ne pas tomber dans le populisme de droite comme de gauche.

Certes, il faut régler le problème de la drogue et savoir qui protège les vrais passeurs à l'échelle mondiale. Maurice est une plaque tournante de drogues dangereuses, sans oublier les drogues synthétiques.

L'inflation va nous affecter bien plus durement que dans les années 70. La relativité salariale, la pension, les travailleurs étrangers, l'exode de nos jeunes, les agressions dans certaines régions, etc., sont nos préoccupations populaires.

Néanmoins, il faudra agir sur les enjeux plus importants. La Constitution, l'éducation et les rapports entre l'économie et le social doivent nous préoccuper.

Ainsi, il ne faut pas laisser notre avenir entre les mains des jouisseurs, des autocrates et des opportunistes. C'est vrai qu'ils sont nombreux. Ces partis politiques ne proposent rien de nouveau.

☞ Suite en page 11

“Jugnauth joue avec le temps. Après le budget, il faut attendre la réaction. L'attentisme joue en sa faveur. Je crois qu'il va lâcher des dossiers contre les autres. Il doit y en avoir un bon nombre. Il va développer la peur chez les électeurs de ses adversaires. Je pense qu'il planifie une victoire par défaut. Il va essayer de faire exploser ses adversaires et ainsi il va créer un vide. Il l'a fait avec le PMSD et les démissionnaires du MMM et du PTr...”



marginale. Le premier est honni par sa politique du présent et l'autre par sa politique du passé..."

“Ce qui est défavorable au gouvernement, c'est l'attaque à la liberté de la personne humaine. Trop, vraiment trop de limitation à cette liberté! La répression est grande. Du côté de l'opposition, les gens sont déçus de leurs politiques quand ils étaient au pouvoir. C'est un rassemblement hétéroclite qui risque de ne pas durer, si leur victoire est

☞ Suite de la page 10

C'est aux personnes indépendantes et engagées de proposer un programme politique **objectif**, un programme nécessaire, acceptable et réalisable.

*** Quelle est votre opinion sur la protestation du mouvement "RannNou La Terre" et l'arrestation de certains de ses dirigeants cette semaine-ci?**

C'est ignoble cette agression. Nous sommes en 2024. Il y a une guerre en Ukraine et dans la bande de Gaza. Il existe un vrai danger que la bombe à neutrons soit utilisée par les antagonistes.

La liberté de la population repose sur la liberté de se rassembler, de manifester, de revendiquer librement. Ce que nous voyons est courant dans les pays le plus antidémocratiques du monde.

Je prédis une chose. Si cela continue il arrivera une scission au sein des forces de l'ordre et, sans aucun scrupule, on verra des soldats étrangers sur notre sol pour maintenir au pouvoir la dynastie Jugnauth.

On joue avec le feu. Croyez-moi.

Je demande en passant aux organisateurs de la manifestation s'il ne nous faudrait pas manifester sur le thème «**Ran Nou Later**» sur le plan de l'ensemble du pays surtout.

Je me demande si on a bien analysé le rapport de la NPCC de 2004. Il faut voyager à travers le pays, il est en train d'être transformé en un 'Smart Island' pour les nantis d'ici et d'ailleurs.

*** Cette situation soulève également la question de l'influence des associations socio-culturelles et de leur impact sur leurs membres dans le contexte politique local. Selon vous, exercent-elles une influence disproportionnée par rapport à leur "following"?**

On accorde trop d'attention à ces organisations qui dépendent d'ailleurs de l'Etat. Je les connais toutes. Je n'ai pas 78 ans pour rien. Elles ne soutiennent que le pouvoir. Quel qu'il soit.

Dans mes analyses, je porte une attention spéciale à la classe possédante. C'est compréhensible, me direz vous. A maintes fois, l'anticapitaliste que je suis a pris position contre les tenants du pouvoir économique et de l'Etat capitaliste.

Mais pour les élections et dans n'importe quel pays, c'est la classe moyenne qui contrôle tout. Tous les candidats sont de la classe moyenne.

Ce sont les agents de la classe moyenne qui influencent et contrôlent totalement les élections.

J'aurais tant aimé qu'il y ait un sondage au sein de cette classe.

Quant aux organisations socio-culturelles, elles sont présentement à attendre des signes, des indications qui les pousseraient à soutenir une alliance ou une autre.

Les dirigeants de ces organisations ont l'habitude de la

'Le PMSD est comme un chat qui ne vous rend visite que pendant l'heure de déjeuner...

Hier PMSD, après PMXD, aujourd'hui c'est du PMPJ'

chaise musicale ("musical chair") de notre système électoral. Ils sont devenus des experts de l'opportunisme.

Un dernier mot cependant. Notre faiblesse politique émane de deux évolutions néfastes. Le journalisme d'investigation et le journalisme d'opinion reculent dangereuse-

ment. Il faut que la presse écrite et parlée modifie leurs pratiques d'extrapolation de l'événementiel.

L'Internet doit être autrement utilisé. Trop de "fake news" et d'anarchisme. Le citoyen mauricien se perd dans ces deux pratiques combien catastrophiques.



COMMUNIQUE

INDIVIDUAL INCOME TAX RETURNS e-Filing Season 2024

The **Mauritius Revenue Authority (MRA)** informs individual taxpayers that the facilities to submit their Income Tax return and to effect payment of tax, if any, are available on **MRA Website: www.mra.mu**

Submission of Individual Income Tax Return

Individual taxpayers will have to use their **User ID** (NID or NCID or TAN) and **Password** to file their income tax return.

a. A Standard Tax Return

A standard tax return is required to be submitted by every individual who during the income year ended 30 June 2024:

1. derived net income which exceeds Rs. 390,000; or
2. derived gross income from business exceeding Rs. 2 million; or
3. derived emoluments in respect of which PAYE has been withheld; or
4. derived income which has been subject to Tax Deduction at Source (TDS); or
5. had a chargeable income.

b. A Simplified Tax Return

All self-employed individuals are required to submit an income tax return and pay the tax, if any, in accordance with the return.

Self-employed individuals who are not required to submit a Standard Tax Return should submit a Simplified Tax Return.

Assistance for filing and submission of Individual Income Tax Returns

▪ e-Appointment

This facility is available on MRA website and allows taxpayers to reserve a time slot on a particular day, at their convenience. Assistance to file their income tax return will be provided through a **WhatsApp Video Call** on the day and time of the appointment.

▪ MyRA

Last year, MRA introduced MyRA, a virtual assistant configured to assist individual taxpayers on a 24/7 basis, on its website. The aim of this facility is to provide information to individuals on income tax in view of filing their income tax return. This year also MyRA is available to assist taxpayers.

Taxpayer Satisfaction Survey (TSS)

MRA appeals to all taxpayers to participate in a Taxpayer Satisfaction Survey (TSS) after filing their individual income tax returns. The survey aims at receiving feedback from the public on the way they interact with MRA.

Taxpayers participating in the TSS will automatically qualify themselves for a draw which will be effected at the end of October 2024. Three cash prizes of **Rs. 25,000, Rs. 15,000 and Rs. 10,000** respectively will be awarded to the first three winners.

Due Date

Individual Taxpayers are informed that they should file their individual income tax return and effect payment, if any, by **Tuesday 15 October 2024**. To this end, MRA encourages taxpayers not to wait until the last day to meet their fiscal obligations.

For further information, kindly visit MRA website: www.mra.mu or phone MRA helpdesk on **207 6000** during working hours.

MAURITIUS REVENUE AUTHORITY

29 August 2024

Ehram Court, Cnr Mgr. Gonin & Sir Virgil Naz Streets, Port Louis, Mauritius
T: +230 207 6000 | F: +230 207 6048 | M: headoffice@mra.mu | W: www.mra.mu



US election process explained: This is how the next president will be elected

As the countdown to the United States general election begins, the country is immersed in a whirlwind of political debates, campaign rallies, fundraisers, endorsements, and relentless social media chatter, all aimed at determining the next occupant of the White House.

While former President Donald Trump is confident about reclaiming the White House throne, Vice President Kamala Harris is proving to be a formidable obstacle, making the race more intense than ever. As the political noise reaches a crescendo, here's a breakdown of how the United States will elect its next president, as outlined by Hindustan Times.

The Road to the White House: The timeline

The U.S. presidential election process is a complex journey divided into several key phases: primaries and caucuses, national conventions, the general election campaign, and the Electoral College vote.

1. Understanding Primaries and Caucuses: January to June

The journey to the White House began in early 2023, with various candidates announcing their intentions to run for president. Joe Biden emerged as the most prominent Democratic contender, while Donald Trump faced a crowded Republican field, including Florida Governor Ron DeSantis, former U.N. Ambassador Nikki Haley, and Indian-American entrepreneur Vivek Ramaswamy.

The primaries and caucuses, were then held in all 50 states, the District of Columbia, and U.S. territories. These events were essential in determining the presidential nominees for the two major political parties: the Democrats and the Republicans.

Trump, who had maintained a strong lead in the polls since 2020, confidently skipped all GOP (Grand Old Party, that is the Republican Party) debates, believing his nomination was secure. Nikki Haley gained some momentum in late 2023, but none of Trump's challengers could match his polling numbers, leading most to eventually withdraw from the race.

During primary elections, registered voters cast ballots for their preferred candidate, while states like Iowa used caucuses, which involve local meetings where party members vote on their preferred candidates.

The results of these primaries and caucuses determined how many delegates each candidate would have at their party's national convention. Delegates are representatives who pledge to support a specific candidate at the convention.

2. National Conventions: July to August



US election process explained as Republican presidential candidate former President Donald to take on Democrat presidential candidate Kamala Harris in one of the tightest contests ever. Pic - AP

After the primaries and caucuses, the Democratic and Republican parties hold their national conventions, usually in the summer before the general election. These conventions are major political events, featuring speeches, rallies, and the official nomination of each party's candidate for president and vice president.

This year months before the national convention Joe Biden and Donald Trump enjoyed full support and majority to be the candidates, however Biden had to end his race amidst widespread concerns over his age and mental ability to contest. Soon after his disastrous performance during presidential debate against Donald Trump Biden decided to step aside and hand over the baton to Kamala Harris.

Within weeks before the national convention Kamala surged unopposed to become the parties presidential candidate with endorsements from Obama, Nancy Pelosi, Clintons and majority Democrat members.

Before the conventions the presidential candidates announced their running mates, Kamala Harris picked Minnesota Governor Tim Walz and Donald Trump opted for senator JD Vance.

At the conventions, delegates formally casted their votes for their candidate who then secured a majority of delegates becomes the party's nominee. Traditionally the outcome of the conventions has been largely a formality, as the presumptive nominees typically secure enough delegates during the primaries.

3. The General Election Campaign: September to October

Once the nominees are confirmed, the general election campaign kicks into high gear. This phase involves intense campaigning across the country, with candidates making their case to the American people through rallies, debates, advertisements, and social media. The general election campaign is characterized

by several key elements:

Presidential debates, often held between September and October, are crucial moments in the campaign. This year Trump and Kamala have agreed for presidential debate on ABC News on 10 September. Whereas vice presidential candidates Vance and Walz will debate on CBS News on October 1.

Campaigns invest in extensive voter outreach efforts, including grassroots organizing, phone banking, and get-out-the-vote drives, to mobilize their supporters.

4. US Election Day: November 5, 2024

Election Day, held on the first Tuesday after the first Monday in November, is when voters across the country cast their ballots for the presidential candidates. This year it falls on November 5, 2024. However, unlike in many other democracies, the U.S. president is not elected directly by the popular vote. Instead, the Electoral College plays a decisive role.

Understanding The Electoral College: A Unique System

The U.S. Electoral College is a unique and sometimes controversial aspect of the American election process. Each state is allocated a certain number of electors based on its representation in Congress—this includes the number of Senators (always two) and the number of Representatives (which varies by state population). There are 538 electors in total, and a candidate needs a majority of 270 electoral votes to win the presidency.

5. Electoral Vote: Counting in December, 2024

After Election Day, electors meet in their respective states in December to cast their electoral votes. These votes are then sent to Congress, where they are counted in early January. The candidate who receives a majority of the electoral votes is officially declared the next president of the United States.

What Happens if No Candidate Wins a Majority?

In the rare event that no candidate wins a majority of the electoral votes, the election is decided by the House of Representatives. Each state delegation in the House gets one vote, and the candidate who receives a majority of the votes becomes president. The Senate selects the vice president in a similar process.

6. Presidential Inauguration Day: January 20

The final step in the election process is the inauguration, held on January 20th of the year following the election. On this day, the president-elect takes the Oath of Office, administered by the Chief Justice of the Supreme Court, and officially begins their four-year term.

Australians can legally ignore after-hours work calls under new law

As of Monday, Australians have the legal right to ignore unreasonable work-related calls and emails outside of business hours, thanks to new legislation that has sparked debate among business groups.

The new laws impose fines of up to A\$93,000 on employers who contact employees for non-essential reasons outside their regular working hours.

Prime Minister Anthony Albanese, speaking to the Australian Broadcasting Corp., defended the legislation, stating, "Just as people don't get paid 24 hours a day, they don't have to work 24 hours a day." He expressed confidence that the changes would enhance productivity and



A new Australian law of 'right to disconnect' will immediately apply to employees from medium and large enterprises. Pic - RNZ

address the mental health concerns associated with constant connectivity. "For many Australians, there's frustration at

being expected to be available around the clock. It's a mental health issue, frankly," Albanese added, as reported by Bloomberg.

Australia joins countries like France, Spain, and Belgium in enacting right-to-disconnect laws, which aim to shield workers from excessive after-hours contact. Other nations are also contemplating similar regulations.

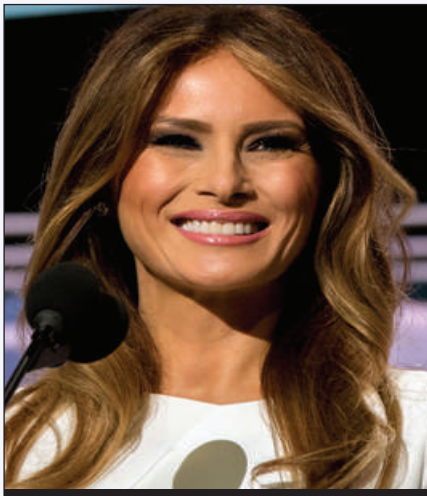
Local business leaders have voiced concerns about the new laws. Andrew McKellar, CEO of the Australian Chamber of Commerce and Industry, criticized the legislation as a "thought bubble" and noted that businesses were not consulted during its development.

Disputes over employer attempts to contact employees outside of working hours can be escalated to Australia's Fair Work Commission, the country's industrial relations regulator, for resolution, according to Workplace Relations Minister Murray Watt. However, Watt expressed hope that most disputes would be resolved through dialogue between employers and employees without needing formal intervention.

The right to disconnect is effective immediately for employees of medium and large enterprises, while small businesses have a 12-month grace period before the law applies to their workers.

* Contd on page 13

Melania Trump's memoir raises questions and eyebrows ahead of release



Melania Trump under fire for copycat behaviour ahead of memoir's release. Pic - CNBC

Melania Trump's new memoir, which went on pre-sale last week, is raising eyebrows because of its cover. The cover of the former first lady's book looks extremely similar to that of Chanel Catwalk - a fashion book that has been on sale for several years.

This is not the first time Melania has been criticised for copycat behaviour. Back in 2016, she was accused of taking parts of Michelle Obama's Democratic National Convention speech for her own Republican National Convention appearance.

Melania recently promoted her book on social media. Sharing an Amazon link to the memoir on X, she wrote, "Our lives are shaped by our experiences, challenges, and achievements. For the first time, I share my journey with you, in my new memoir, Melania."

Melania's memoir will be released on October 1. Her office has described the book as "a powerful and inspiring story of a woman who has carved her own path, overcome adversity and defined personal excellence."

'Dark and stark'

Critics soon attacked Melania over her book, with many questioning why the cover does not have her picture. Journalist Victoria Brownworth wrote on X, "Imagine that the lady who was furious she didn't get a Vogue cover as First Lady has a memoir with no photo of her on the cover like in every other memoir in history. It's a low-budget right-wing publisher, but still couldn't Trump have sprung for a photo cover for his 3rd wife?"

"Dark and stark, it feels pretty much on the nose, actually," one user wrote, while another said, "Photo or not, I wouldn't spend a dime to read this 'memoir'." "Probably thinks this is minimalist trendy," one user wrote. Another said, "But if they went for a photo cover, how could she plagiarize the Chanel cover?"

Ex-Secret Service agent warns another attempt on Trump's life could be imminent



Dan Bongino, a former Secret Service agent, warned that an attempt on Donald Trump's life wasn't the last attempt. Pic - Yahoo News UK

Bongino expressed a grim outlook, stating, "[If] you think this is the last incident, you're out of your mind," adding, "I pray to my Lord and Savior Jesus Christ that I'm wrong."

Critique of Secret Service Leadership

Bongino criticized the Secret Service's leadership, attributing the issues surrounding the July attack to failures at the top of the agency. He suggested that political influences may be affecting the agency's operations and questioned the effectiveness of the current leadership.

Just over a month after an assassination attempt on Donald Trump, a former Secret Service agent has cautioned that further attempts could be on the horizon before the upcoming election.

In July, 20-year-old Thomas Matthew Crooks fired at Trump during a rally in Pennsylvania. Since the incident, both Trump and his vice-presidential candidate, JD Vance, have conducted outdoor rallies protected by bulletproof glass.

Dan Bongino, a former Secret Service agent and current radio talk show host, raised concerns about the potential for additional threats during a forum discussing the attack. The forum included five Republican members of Congress—Chip Roy of Texas, Matt Gaetz and Cory Mills of Florida, Andy Biggs and Eli Crane of Arizona—along with Erik Prince, founder of the private military contractor Blackwater, and Ben Shaffer, a SWAT operator involved in the July 13 security efforts, reports Hindustan Times.

"If you can explain it, then good luck, because that's not the agency I worked for," Bongino remarked.

Kim Cheatle, the Secret Service chief, resigned shortly after testifying before Congress about the assassination attempt. Bongino noted that Cheatle's departure was not a firing but a voluntary resignation and speculated that she would likely land a "cushy job somewhere," while her deputy was promoted.

He also took aim at Ronald L. Rowe Jr., the interim head of the Secret Service, criticizing him as being "no better than Cheatle" and suggesting that Rowe represents the same issues that plagued the agency during the July incident.

Following the assassination attempt, former President Trump has significantly increased his security. On August 21, he held his first outdoor rally since the shooting at the Aviation Museum & Hall of Fame in Asheboro, North Carolina, speaking from behind protective glass.

US Surgeon General warns parenting can be harmful to 'mental health' and 'well-being'

The US Surgeon General is warning people that parenting can be harmful to "mental health" and overall "well-being." In the advisory issued Wednesday, Dr Vivek Murthy highlighted the "silent struggles" of parents in today's world. The Doctors for America founder drew instances from his own parenting journey, saying being a father is the "toughest and most

rewarding" job. The 30-page document delves into a number of factors that contribute to growing stress levels in parents.

In the advisory that "calls the American people's attention to an urgent public health issue and provides recommendations for how it should be addressed," Murthy notes that there is an urgent need for support among parents due to deteriorating mental health, reports Hindustan Times.

"The work of parenting is essential not only for the health of children but also for the health of society," he said, revealing that 41% of parents are so stressed that they cannot function most days, while 48% said that "most days their stress is completely overwhelming."

"We know that the well-being of parents and caregivers is directly linked to the well-being of their children. The stresses parents and caregivers have today are being passed to children in direct and indirect ways,

impacting families and communities across America," Murthy went on.

"The more parents feel they are falling short of meeting their children's needs, the more they scramble to make up lost ground," he said, highlighting the various factors that cause stress among parents in today's world. Murthy cited the Covid-19 pandemic as a major contributor to stressors among parents.

Another factor that has peaked stress levels in American parents is the issue of firearms safety.

"Firearm-related injury has become the leading cause of death among US children and adolescents ages 1-19 years old," according to the advisory.

"School safety concerns among parents are high and typically rise after a prominent mass shooting occurs. School shootings, or the possibility of one, are a significant source of stress for nearly three-quarters of parents (74%)," Murthy added.



US Surgeon General Vivek Murthy issued an advisory that warns parenting can be harmful to mental health. Pic - Los Angeles Times

MT @ 70



Peter Ibbotson

I Remember And Reflect

Mauritius and Mauritians will always hold a special place in my heart

I was first introduced to the complexity of Mauritian politics and social affairs and was led to be actively interested in them in 1948 — by one who was at that time active in the Government Teachers' Union, André Bazerque of

Rose Hill. Gradually, thanks to newspaper cuttings he sent me, I came to know much about the educational scene. When he visited England in 1951, I was privileged to meet Dr Ramgoolam and to discuss educational matters with him.

In those days Mauritius was still a colony. The Governor and his officials and nominated members of what was then a Legislative Council, held the political power. Those whom the nominated members represented - big business and the sugar estates - held economic power. The workers were treated as pawns by some capitalists: they were — if they were in employment — badly paid. In its turn, this meant that they and their families were badly housed and poorly fed. Only 30 years ago a bus-driver, in those days one of the aristocrats of the working class, had basic monthly wages of Rs 145 — and had to spend (if he were married with children) Rs 144 a month on food alone. That meant that his overtime earnings had to pay all the rest of his household expenses.

Then in September 1954 one of my correspondents sent me four or five copies of the *Mauritius Times* — then a small-sized single sheet paper. "Some of us have started this newspaper," he wrote. "We wish to support the role of the people in helping to make a better Mauritius." The first issue included a statement of aims which the editor, Beekrumsing Ramlallah, has striven always to uphold.

"We think that it is high time that all communities of this colony should find a *modus vivendi*. We must eliminate fear, foster trust, encourage understanding and friendship between individuals of different races and religions. We must make this island home of ours a worthy place to live in. Let our motto be **"Live and Help Live."** That was on the 14th August, 1954. Since then, Mauritius and the *Mauritius Times* have grown up. And each has changed.

The *Mauritius Times* remains, as it has always been, an independent weekly. It apportions praise and blame wherever each is due; it exposes shortcomings and seeks to redress wrongs. It has consistently sought to uphold the people — their history, their wellbeing, their aspirations, their rights, their responsibilities. It has always defended the people against those who oppose popular rights, against those who sought to usurp privilege at the expense of the worker.

Admit Our Children

As a professional teacher, I have always had a particularly keen interest in educational matters. So has Mr Ramlallah, also a former teacher. Right from the start, the *Mauritius Times* sought to counteract the conservative — aristocrat view of the history of Mauritius by

slowing the role of the people. Right from the start, the *Mauritius Times* sought to get rid of the colonialist approach to education and to give the educational system more relevance to Mauritian society. When a short-sighted Department of Education wanted to curtail admission to school, the *Mauritius Times* rightly — and successfully — opposed the Department with a *"Admit Our Children"* campaign with the cooperation of late P. Dabee and other youths.

Yawning Gaps

Those were early days in the beginning of Mauritius' advance from colonial status via internal self-government to independence.

From those early days, I particularly recall D.Napal and his articles on aspects of local history which truly counteracted the traditional approach enshrined in Patrick Joseph Barnwell and Auguste Toussaint; Francis Chadien, a teacher at Royal College and a MLC; J.N. Roy; Aunauth Beejadhur, at the time editor of the lamented *Advance* but later to become Minister for Education and, subsequently, Governor of Bank of Mauritius; Malcolm de Chazal (and to his day I regret that I have none of his written works or paintings) and two Labour stalwarts whose sad deaths in their prime of life left yawning gaps in the political scene — Guy Rozemont and Renganaden Seeneevassen.

Love of Liberty

All of these loved liberty; all of these knew as Mr Ramlallah knows and as I have maintained all my life. "The love of liberty is the love of others." Looking back over the years that I was an active contributor to the *Mauritius Times*, I recall great controversial issues which from time to time brought vituperations from some sections of the press and angry letters from some readers. There was the great family planning campaign — I wrote at length in its support against much religious opposition. But the editor of the *MT* rightly upholding the freedom of the press, gave space to the opposition and, by his example in so doing, gradually led other editors to allow much more freedom of expression in their columns.

Proportional representation

There was the campaign of against proportional representation, that device which would have continued to frustrate the popular vote if it had been imposed as Whitehall would have wished. There was the case for independence, which had to be made in terms which people would understand and appreciate. There was the continuing case for social justice. There was the permanent case for communal harmony, for the working class solidarity against the divisive tactics of some *grands missiés*. Many of these campaigns I was able to further in the columns of the British press: *The Times*, *Tribune*, *Peace News*, *The Observer*, *New Commonwealth*, to name but five.

Labour Party's failings

From time to time, appreciative letters came from readers. Some appreciated my articles' content. Others appreciated the fact that my articles were in English, which gave them a chance to become more familiar with

English usage.

All the time, though I was imbued with one driving force — a sense of fair play, the need for justice, the love of others. There were regrettably those who showed themselves as temporary, transient allies, who loved themselves (and therefore power) more than they loved liberty (and therefore others).

Unfortunately the Labour Party failed to move with the times. Many of its leaders lost touch with the grassroots and with the aspirations of those who were its potential supporters. The *Mauritius Times* remained faithful to the hopes of the people even though this meant criticisms of the Labour Party (without, however, ceasing to support it).

Responsible & adult

Mauritius is very different now from 30 years ago, when the *MT* was launched. The railways have gone. *Advance* and *Le Cernéen* (with whose one-time editor NMU, I waged a running battle over several years) have gone. TV and tourist hotels have come. Toplessness is seen at times on some beaches. Above all, Mauritius is independent and has a responsible and adult electorate which can see through the posturing pretensions of demagogues.

Left-wing demagoguery

In that, there is little change. When I began to be associated with the *Mauritius Times*, the demagogues were the right-wing capitalists, and their press spokesman was NMU. Consistently in the *MT* I exposed the empty propaganda of NMU — and at election after election, the voters of Mauritius rejected the right-wing demagoguery by substantial majorities. The difference nowadays is that the demagoguery and their facile propaganda are elsewhere.

The *Mauritius Times* is still needed, to expose the left-wing demagoguery now as it exposed the right-wing demagoguery then.

To thine own self be true

Only once have I been to Mauritius — 10 years ago. Mrs Ibbotson and I were touched by the esteem in which were my writings were evidently held, and I was delighted to meet many of the people who had over the years written to me. Mauritius will always hold a special place in my heart and in my memory — and so will certain Mauritians among them Ramgoolam, Beekrumsing Ramlallah, Aunauth Beejadhur, Rozemont and Renganaden Seeneevassen, all of whom led their lives according to the precept:

**"This above all: to thine own self be true,
And it must follow, as the night the day,
Thou canst not then be false to any man."**

— William Shakespeare, Hamlet

Peter Ibbotson's reflections were published in the Mauritius Times of Friday 17 August 1984 in our 30th Special Anniversary Issue

Telegram et Pavel Durov Une arrestation avec des implications géopolitiques?

☞ Suite de la page 4

Cette affaire met en lumière les tensions entre la France, la Russie et les intérêts de «Telegram», tout en soulignant la complexité croissante des relations internationales dans le cyberspace.

Selon Christine Dugoin-Clément, analyste en géopolitique, membre associée au Laboratoire de Recherche IAE Paris, «Telegram est un acteur majeur de la sphère informationnelle en général, y compris de la sphère informationnelle russe. À ce titre, la plate-forme est aujourd'hui un acteur de premier plan maîtrisant un nœud stratégique du cyberspace russe. L'arrestation de Durov permettra (et permet déjà) à la Russie, mais aussi à des représentants des courants radicaux européens et américains, notamment de droite, de s'offusquer et d'invoquer la liberté d'expression bafouée par les Occidentaux et par la France en particulier. Cet argumentaire omettra de prendre en considération que les raisons de l'arrestation sont directement liées à la non-coopération de «Telegram» dans le cadre d'enquêtes portant sur des activités criminelles, et passera sous silence les nombreuses lois visant à maîtriser la sphère informationnelle russe, particulièrement renforcées depuis l'invasion de l'Ukraine.»

L'impasse politique en France : Macron rejette la candidature de la Nouvelle Union Populaire

Le président français Emmanuel Macron refuse de nommer un nouveau Premier ministre et un gouvernement dirigé par la coalition progressiste de la Nouvelle Union Populaire (NUP), lançant une nouvelle série de pourparlers alors que la France reste bloquée politiquement.

La NUP, qui regroupe la France Insoumise, les Socialistes et les Verts, a remporté le plus grand nombre de sièges mais sans majorité absolue. Le refus de Macron de nommer Lucie Castets, candidate de la NUP, est perçu par cette coalition comme un déni de démocratie. La NUP exige la nomination d'un Premier ministre de gauche, soulignant son rôle de plus grand groupe parlementaire.

Réactions de la gauche et de l'opposition

Les dirigeants de gauche ont vivement réagi, accusant Macron de mettre en danger la démocratie française et de nier les résultats électoraux. Les Socialistes et les Verts ont refusé de rencontrer le président pour une nouvelle série de pourparlers mardi. La France Insoumise, dont les leaders n'ont pas été invités au palais de l'Élysée, appelle à des manifestations massives contre Macron, le jugeant responsable d'une «situation exceptionnellement grave».

Marine Tondelier, la leader des Verts, a déclaré dans une interview à «France Info»: «Comment est-il possible que nous en soyons arrivés à un tel déni de démocratie ? Nous sommes en train de nous faire voler cette élection.» Elle a ajouté que la Nouvelle Union Populaire rejetterait tout gouvernement qui ne serait pas de gauche.

François Ruffin, un député de la France Insoumise, a posté sur X que «le peuple doit

enlever Macron au nom de la démocratie», ajoutant que «le chaos et l'instabilité sont de sa faute».

En revanche, Pierre Jovet, secrétaire général du Parti Socialiste, a indiqué que ses partisans ne prévoyaient pas de participer aux manifestations et a laissé entendre qu'ils étaient ouverts à de nouvelles discussions avec le président. «Nous ne demandons pas encore aux gens de descendre dans la rue,» a-t-il déclaré à «France Info». «L'urgence est dans le débat, dans la discussion politique, même si la décision d'Emmanuel Macron nous inquiète profondément.»

Une situation politique sans précédent

In'existe pas de règle imposant à Macron de nommer un candidat du parti ayant remporté le plus de sièges, ni de délai pour prendre une décision. L'absence de bloc politique dominant est sans précédent dans l'histoire politique récente de la France.

Le bureau de Macron a déclaré la semaine dernière qu'il nommerait un Premier ministre basé sur les consultations commencées vendredi, visant à «aller vers la majorité la plus large et la plus stable possible». Les politiciens du centre, de la droite et de l'extrême droite ont suggéré qu'ils tenteraient de faire tomber tout gouvernement incluant des membres de la France Insoumise.

Macron semble plus enclin à rechercher



Il n'existe pas de règle imposant à Macron de nommer un candidat du parti ayant remporté le plus de sièges, ni de délai pour prendre une décision. P - Le Progrès

une coalition pouvant inclure des politiciens de centre-gauche jusqu'à la droite traditionnelle. Parmi les noms qui circulent dans les médias français comme candidats potentiels au poste de Premier ministre figurent Bernard Cazeneuve, ancien Premier ministre, et Xavier Bertrand, un ancien ministre considéré comme relativement modéré au sein de la droite française. Le politicien conservateur Michel Barnier, négociateur en chef de l'UE pour les discussions post-Brexit, est également considéré comme un candidat potentiel.

Le président français a déclaré le mois dernier qu'il garderait le gouvernement centriste sortant dans un rôle purement intérimaire pour «gérer les affaires courantes», notamment pendant les Jeux Olympiques de Paris, qui se sont terminés le 11 août.

A. Bartleby

YOUR STARS

SAGITTARIUS: NOV 22 - DEC 21

Expect invitations and opportunities to connect with new people. This is a great time for teamwork and group activities. However, don't neglect your personal goals — find a balance between socializing and self-focus.

Lucky Numbers: 2, 9, 15, 20, 26, 35

CAPRICORN: DEC 22 - JAN 19

Your hard work is paying off, and you may receive recognition or new responsibilities. Focus on long-term goals and avoid shortcuts. Family matters may also require your attention—be patient and supportive.

Lucky Numbers: 5, 10, 18, 21, 29, 36

AQUARIUS: JAN 20 - FEB 18

Aquarius, this week is all about expanding your horizons. Whether through travel, education, or new experiences, embrace opportunities for growth. Your innovative ideas are well-received, making this a great time for brainstorming. Stay open to change.

Lucky Numbers: 1, 7, 13, 19, 25, 32

PISCES: FEB 19 - MAR 20

Pisces, emotional depth characterizes this week. You may find yourself exploring intense feelings or delving into creative projects. Financial matters require careful planning—avoid unnecessary risks. Trust your intuition and seek solace in quiet moments.

Lucky Numbers: 4, 11, 16, 24, 30, 37

ARIES: MARCH 21 - APRIL 19

This week, Aries, your drive for success is unstoppable. Expect a surge of energy that propels you forward in your career. However, be mindful of overextending yourself. Balance your ambition with self-care. Relationships may require patience—listen more than you speak.

Lucky Numbers: 3, 12, 19, 22, 30, 37

TAURUS: APR 20 - MAY 20

Taurus, the cosmos encourages you to focus on personal growth. This is a good time to delve into new learning opportunities or spiritual practices. Financial matters may require attention, so review your budget. A calm and grounded approach will serve you well.

Lucky Numbers: 5, 8, 14, 21, 26, 33

GEMINI: MAY 21 - JUNE 20

Gemini, communication is key this week. Whether it's resolving misunderstandings or presenting new ideas, your words carry weight. Social connections are highlighted—reconnect with old friends or network for future opportunities. Stay adaptable and open-minded.

Lucky Numbers: 1, 9, 15, 23, 28, 35

CANCER: JUNE 21 - JULY 22

Cancer, this week brings focus on home and family. It's a good time to address any domestic issues or spend quality time with loved ones. Career matters may also come to the forefront—find a balance between your professional and personal life.

Lucky Numbers: 2, 11, 16, 20, 27, 32

LEO: JULY 23 - AUG 22

Leo, your creative energy is high, making this a great week for artistic pursuits or innovative projects. Your charisma draws others to you, making it easier to influence and inspire. However, watch out for overconfidence—collaborate rather than dominate.

Lucky Numbers: 4, 10, 18, 24, 31, 36

VIRGO: AUG 23 - SEPT 22

Virgo, the focus is on health and well-being. This is an ideal time to start a new fitness routine or refine your daily habits. Financial matters also come into play — stay organized and avoid impulsive spending.

Lucky Numbers: 6, 13, 19, 26, 31, 39

LIBRA: SEPT 23 - OCT 22

Libra, relationships take center stage. Whether it's a romantic partnership or a business collaboration, communication and compromise are essential. Creative pursuits also flourish—embrace your artistic side. Stay balanced and avoid overcommitting.

Lucky Numbers: 6, 12, 19, 22, 27, 31

SCORPION: 23 OCT - 21 NOV

Scorpio, this week invites introspection. Spend time reflecting on your goals and what truly motivates you. This is a powerful time for transformation—let go of what no longer serves you. Trust your intuition in financial and personal decisions.

Lucky Numbers: 3, 8, 14, 23, 28, 33

Democratic men are stepping up for a woman president by stepping back, at last

● Cont. from page 2

Biden surprised everyone when he pulled out of the race in response to pressure from flagging poll results, skeptical donors and party leaders, and nervous down-ballot candidates. Any resentment he may have felt, however, did not turn into pique or pettiness at the convention.

When the crowd chanted, "Thank you, Joe," he instructed, "Thank you, Kamala, too," and promised to be "the best volunteer the Harris and Walz camp have ever seen." He didn't just give up his candidacy. He ceded his authority – to the people and the party, but also to Harris, specifically.

Although Secretary of Transportation Pete Buttigieg angled to be Harris' running mate and may still harbor his own presidential aspirations, he did not use his convention speaking slot to audition for the 2028 campaign. Instead, he performed the role that historically has been

touted it as a "Masculinity-Themed Populist Pep Talk."

But Walz did something Americans are not used to seeing "man's men" do. He made it clear that he could work not just with, but for, a woman. And that everyone should.

After informing the crowd that the election was in the metaphorical "fourth quarter," the team was "down a field goal" and the offense was "driving down the field," Coach Walz made it clear that, as in his high school coaching days, he was the assistant coach. Their leader was Kamala Harris, and "Kamala Harris is tough. Kamala Harris is experienced. And Kamala Harris is ready."

Contented second fiddles

To be clear, Harris' early success as a presidential candidate should be attributed, first and foremost, to her skillful and dexterous response to a series of unprecedented events and to the savvy support of the Black women who have long sustained the Democratic Party.

But the men of the convention made a collective choice to embrace "their second-fiddle roles," as an Axios reporter described it, and treat Harris like a commander in chief. That should be unremarkable. Women have been doing it for presidential candidates since... forever. But to see so many white men stepping back so enthusiastically for a woman of color was almost unbelievable.

Stepping back is not the same thing as stepping away. That's important, because the broader message of the convention was about how to create an inclusive, democratic community. When you need to make a circle wider, and let more people in, you step back. That doesn't leave you out of the circle. It makes your circle bigger.

The convention offered an expansive circle that includes gay dads raising strong-willed toddlers, blended families that attend synagogue and church, football coaches who bag pheasants and serve as faculty adviser to the high school's gay-straight alliance club, and presidents who give up their power for the good of the country.

It also includes a presidential candidate who looks like no other president in US history. That's a big step forward for the country.

Karrin Vasby Anderson
Colorado State University

Remembrance Pandita Indira Muttur

Pandita Indira Muttur, born in 1956 in Ville Noire, Mahebourg, was the beloved daughter of Shree Shikshanand Budia, a dedicated Arya Samajist, and Shreemati Bindumati Narain. Growing up in a family steeped in traditional values and community service, Pandita Indira embraced these principles from an early age. Despite having to leave her studies to care for her siblings, she married Shiva Narain Muttur (Satish) in 1979. Together, they had a son and a daughter, and she devoted herself to being a loving mother and wife.

Tragically, the loss of her son in 1994 was a profound shock. In her grief, her father encouraged her to join the Mahebourg Arya Samaj and become involved with the Mahebourg Arya Mahila Samaj. Under the guidance of respected figures like Pandita Radhika Manee, Pandit Gokhool, and Arya Netha Shree Oudaye Narain Gungoo, she delved into Vedic studies and Dharmic classes, also learning Sangeet from Pandit Iswar Rejhaw and Acharya Usha Sharma.

Pandita Indira was renowned for her



melodious voice and her warm, welcoming nature. Her generosity and genuine kindness made her a beloved figure in her community. She was a dedicated wife, with her husband standing by her side in all religious and cultural functions, embodying the ideal partnership.

Pandita Indira Muttur, who touched many lives with her kindness and devotion, passed away too soon at the age of 68 on August 19, 2024, in Rodrigues. Her legacy of love, faith, and service will be cherished by all who knew her. Aum Shanti.

Mauritius Times

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Thank you so much.
Mauritius Times



Transportation Secretary Pete Buttigieg used his address at the convention to speak from the perspective of a parent whose primary concern is kitchen table politics. Win McNamee/Getty Images

reserved for women at political conventions: pitching the party's message via the perspective of a parent whose primary concern is "kitchen table" politics, issues that affect children and families most directly.

The convention speech given by the presidential nominee's spouse has historically been an opportunity for prospective first ladies to portray their husbands as patriarchs of an ideal American family. In his speech, second gentleman Doug Emhoff painted a picture of a "complicated" and "blended family" with no patriarch but two active partners, equally capable of professional success and deep commitment to family.

When Harris selected Tim Walz as her running mate, she defied many pundits and the oddsmakers who deemed Pennsylvania Gov. Josh Shapiro the best strategic choice. Walz's convention performance was described by one news outlet as the message of a "midwest 'man's man'" and the "antidote to toxic Maga masculinity." Even Ms. magazine

Emtel champions inclusive sponsorship, supporting paralympic excellence



Sunju Heeramun, Manager - Brand, Communication & Digital Marketing at Emtel; Shezaad Auchoybur, Manager Quality & CSR at Emtel; Kresh Goomany, CEO; Brandy Perrine, Veronique Marisson - educator at Loreto College Quatre-Bornes; Maxwell Drack; Brandy Perrine's coach and Kapil Seewooruthun, Head - Trade Marketing at Emtel

wheelchair racing, competing in the 100m T54, 400m T54, and 800m T54 events. At the 2024 World Para Athletics Championships in Kobe, Brandy achieved notable results, including a 4th place finish in the 100m and an 8th place in the 400m.

Expressing gratitude for the sponsorship, Brandy stated, "I am extremely thankful for Emtel's support since 2021, which has helped me remain among the top athletes. Their assistance has allowed me to purchase equipment, supplements, and cover medical expenses, which has been crucial for my preparation for the Paralympics."

Eddy Capdor, hailing from Rodrigues, specializes in the long jump T20. He also made a mark at the Kobe 2024 World Para Athletics Championships, securing 7th place in his event. Emtel's active support of both athletes since 2021 will continue with this new financial aid, aiding their preparations for the upcoming Paris 2024 Paralympics.

Fabrice Ramsamy, coach of Eddy Capdor, expressed his appreciation for Emtel's support, highlighting the importance of the company's sponsorship: "Emtel is the largest sponsor Eddy has received. This effort by Emtel towards social inclusion is significant. Without them, none of this would have been possible."

Reacting to the occasion, Kresh Goomany, CEO of Emtel, remarked, "Today's sponsorship perfectly exemplifies our core values of social inclusion and sportsmanship. By helping these athletes participate in the Paris 2024 Paralympics, we are contributing not only to their personal growth but also providing them with the opportunity to prepare for a brighter future. Allez Moris!"

Emtel, a leader in the telecommunications industry, has reaffirmed its commitment to promoting sports excellence and inclusion within the community by sponsoring two para-athletes who have qualified for the Paris 2024 Paralympics. Earlier this month, the company held a ceremony at Royal Green to officially announce its support for para-athletes Brandy Perrine and Eddy Capdor.

As part of its "We Care" program, Emtel provided financial assistance, along with essential equipment and attire for training and competition. This initiative reflects the company's broader Corporate Social Responsibility (CSR) goals, aiming to foster a more inclusive and equitable society in Mauritius through various support programs.

Brandy Perrine is a high-level athlete specializing in

Business

ABC Automobile revolutionizes recruitment with the Disrupt Program

ABC Automobile has officially launched its groundbreaking recruitment program, Disrupt, at an event held at the Škoda showroom on Militaire Road in Port Louis on Thursday, August 29, 2024. The event was attended by key executives from ABC Group's automotive division and representatives from Charles Telfair Education.

"At ABC Automobile, we firmly believe in the importance of investing in our talent to stay at the forefront of the industry," said Dean Ah-Chuen, Managing Director of ABC Automobile. "The Disrupt program exemplifies our ability to be disruptive in the automotive market, setting the pace and being pioneers in the Mauritian sector. It also reflects our commitment to being an employer of choice, attracting and developing the brightest and most innovative talents, with the ultimate goal of grooming them into our leaders of tomorrow. Disrupt represents our dedication to investing in Mauritian talent, providing young professionals with the opportunity to thrive and fully express their creativity within a pioneering company where innovation is at the heart of all our initiatives."

The innovative Disrupt program aims to recruit five of the country's top young talents while establishing a robust succession plan to ensure the sustainability and growth of



Dean Ah-Chuen, Managing Director of ABC Automobile, and Alain Ng, Chief Operating Officer of ABC Automobile, posing for a photo at the event organized to launch the Disrupt program

ABC Group's automotive division.

Disrupt is structured into four main tracks: Engineering Maestro, Creative Dynamo, Innovation Catalyst, and Operational Alchemist, with an additional Wild Card category for uniquely talented candidates. This program not only enhances the current teams at ABC Automobile but also builds a strong talent pipeline to meet the company's present and future needs.

Interested candidates are encouraged to apply and learn more about the program by visiting the website www.disrupt.mu. The application deadline is September 27, 2024.

READ ONLINE

Forum

Hospital Life and the Birth of MHOA

By Dr Mala Modun-Bissessur

In this contribution, Dr Mala Modun-Bissessur reflects on pivotal moments that have shaped our medical community, focusing on a significant chapter from the late 1970s at the Civil Hospital, now Dr AG Jeetoo Hospital. She highlights the influential role of Dr G, whose leadership and commitment led to the establishment of the Medical and Health Officers Association (MHOA), a milestone in advocating for the rights and welfare of public medical practitioners.



P - freepik.com

Forum

Open Letter to the Minister for Agro-Industry and Food Security

By Pal Rajaram

As the government undertakes significant plans to enhance food security, an urgent issue remains inadequately addressed: the extensive damage caused by bats to our fruit crops. This problem affects essential fruits like mangoes, lychees, guavas, and papayas, which are vital for both local consumption and export, and has substantial economic implications. This Open Letter is a call for swift and decisive action to prevent further damage and support those affected by this growing crisis.

Opinion

Democracy Watch Mauritius - Bulletin du 28 août 2024

Sommaire

- Défense des droits acquis: le cas de la MTC et l'organisation des courses
- Surging Seas and a Warming Planet!
- Snober un Eliézer François ressemble au renvoi de Mandela à Robben Island
- Nous acceptons que seulement 4 % de 504 000 tonnes de déchets soient recyclés

Please Consult: www.mauritiustimes.com



Kul Bhushan

World's Greatest Show on Hindi Films

“The World’s Greatest Mela – Respecting India’s Cinematic Heritage,” declared the banner at the entrance of an exhibition featuring posters, photos, and other memorabilia on Indian movies. But ‘The World’s Greatest’...really?

Anyway, we entered to see if this statement could be true. As the impact of the immense and magnificent display awed us, we were convinced that the statement was indeed accurate, as the sheer number of film exhibits and their quality and preservation swept us away.

Starting with the Silent Era of the 1920s, the display moved to the magnificence of the Black and White Era of the 1930s; the Kapoor Family in the 1950s; on to Dilip Kumar with *Devdas*; Fearless Nadia; Kamal Amrohi’s lyrics in *Pukar*, *Mahal*, *Mughal-e-Azam*, *Pakeeza*, and *Razia Sultana*...the fascination with the origins of Indian filmdom was spellbinding.

Other panels showcased Meena Kumari’s Eternal Story of love and love lost; cine chemistry from Raj Nargis to Hema Dharmendra and the comedy of Mehmood. Equally enthralling were sections on vintage hand-painted posters, letters from stars to their fans, trophies celebrating film jubilees, film merchandising, photos from film shoots, and more. A special section was devoted to Bengali cinema with a photo documentary of the legendary Satyajit Ray at work.

While marvelling at this mind-blowing collection of cine artefacts displayed in New Delhi from August 13 to 25, the natural question arose: Who is behind this project? He is Neville Tuli, an artist and curator extraordinaire. Born in England in 1964, he was educated at the London School of Economics and Oxford University. Living in England until 1993, he then came to India. After touring the vast country, he published a book, *The Flamed Mosaic: Indian Contemporary Painting*, on the aesthetics and history of Indian modern and contemporary painting.

He became increasingly interested in Indian cinema and started collecting film materials, which led to the formation of Osian. In 2013, Tuli launched osianama.com, an online knowledge portal as a leading learning and educational platform for Indian arts, cinema, and cultural heritage.

Today, Osian has more than 175,000 original artworks, mostly film posters among other memorabilia, which is unique in many ways. It is perhaps the world’s largest collection of Indian film posters, covering 85 percent of all Hindi films ever produced. More importantly, he built this vast collection from scratch. In India, where films are part of the living culture and have carried Indian lifestyle worldwide with NRIs and the popularity of Indian stars, this private collection is a treasure. Moreover, Tuli shares it with all on his website.

At the launch of osianama.com, Tuli said, “It is the biggest free-of-cost access search engine in South Asia dedicated to visual arts and cinematic history.” Tuli has unlocked the first door to his lifelong dream of building a ‘university’ for the promotion of the arts.

Clicking photos and selfies with sentimental film posters, admiring some original artefacts of cinema while listening to eternal movie tunes and songs, it seemed we were reliving our lives when we watched those films. Many groups of school children and college students thronged the exhibition, and Tuli addressed them before they left. He emphasized the importance of preserving cinema history, which is a major part of the popular culture of India, and pointed out how language, music,



Neville Tuli with Mr Mrs Kul Bhushan

and acting influence people for years after the films are released. He highlighted how Hindi films help India become a soft power worldwide and how NRIs share Indian lifestyle through films.

During a break from his talks, we introduced ourselves, and when he learned that I reviewed Hindi films every week from 1966 to 1980 in Nairobi, Kenya, he was fascinated and said that Hindi films abroad were an integral part of their history. As I told him about many Hindi film actors who visited Kenya during those years and whom I interviewed, he became more interested and wanted to know if I had any photos with them. Yes, he would like to have those reviews and photos to add to the collection, as Kenya, Uganda, Tanzania, South Africa, and Mauritius are important countries with overseas Indians who love Hindi films.

Before leaving the exhibition, we wanted a photo at its entrance with the bold announcement: “The World’s Greatest Mela”. After this experience, it is true.

Tuli’s Favourite Film Poster

Chittaprosad’s poster from *Do Bigha Zameen* comes to my mind most often, as it brings together many ideas of personal stoicism, aesthetic integrity, service to functionality, the fusion of Indian and international responsibilities, and, in the process, becomes a truly universal image. The inspiration from the best period of Polish poster design during the 1950s and the heightened passion for serving the people through art created a very dignified image of a farmer, which was so different from the more helpless feel of the Indian versions designed by Bimal Roy and later by the distributors. A great artist applying their talent to poster design can have a genuine impact.

Favourite Scene: I love the picturisation of the song *Kahin Door Jab Din Dal Jaye* from the film *Anand*, especially the scene when he finds a dry rose in the book.

Favourite Books: My favourite books continue to be what I read during my childhood, most importantly, those books which I could read in two days: *Julius Caesar*, *The Gambler*, *A Man for All Seasons*, *Waiting for Godot*, *Thus Spake Zarathustra*, and *Candide*.

Favourite Actors: I always had a soft spot for Walter Matthau, Dilip Kumar, and Harpo Marx.

Favourite Film: One of my favourite films is Hrishikesh Mukherjee’s *Anand*. “The film is connected to Indian cinema in a meaningful manner. During my childhood, while I was still in England, I recognized the deep connection, especially with its music and sentimentality.”

Anand Kul Bhushan is a writer, journalist, UN media consultant and workshop/meditation leader.

Environment

Official Launch of the “Green Rangers” Program

QBL promotes environmental excellence and education

Quality Beverages Limited (QBL), in partnership with the Ministry of Education, Higher Education, Science, and Technology, and Precious Plastic Mauritius, has officially launched the “Green Rangers” program. This new initiative aims to combat plastic pollution through education and awareness, targeting young people with practical solutions to mitigate its impact on the environment.

The “Green Rangers” program, part of the extracurricular activities for Grade 8 students and beyond, features a series of theoretical and hands-on activities and workshops focused on the three R’s: Reduce, Reuse, and Recycle. After a successful pilot phase involving 15 schools in Zone 2 and over 270 students, the program was formally launched on August 22, 2024, at the Rajiv Gandhi Science Centre in Bell Village.

The launch event was attended by Raj Dansinghani, Senior Advisor at the Ministry of Education; Inigo de Prado, Managing Director of QBL; and various school officials, teachers, and students. Highlights included the awarding of certificates to participants, the announcement of the mascot competition winner, and an exhibition showcasing student projects.

The MGSSS Moka emerged as the winner of the mascot competition with its project “Eco – Ella, the Blooming Seaturtle,” receiving a cash prize of Rs 25,000. The Manilal Doctor SSS and Bel Air SSS were awarded second and third place, respectively, with prizes of Rs 15,000 and Rs 10,000. The exhibition underscored the students’ commitment to addressing plastic pollution and demonstrated their creativity.

Raj Dansinghani praised the “Green Rangers” initiative, emphasizing the importance of collective responsibility in protecting the environment. “We are all aware of the risks associated with plastic pollution. Unfortunately, in Mauritius, many waste products, including plastics, end up in nature. I am thrilled to see the youth, with the support of their schools, teachers, and QBL, taking proactive steps to clean up our environment,” Dansinghani said. He encouraged participants to become ambassadors for the cause and to inspire their peers to get involved.

Inigo de Prado highlighted that the “Green Rangers” program aligns with QBL’s sustainability goals, aiming to educate youth on the importance of recycling plastic waste. He also outlined QBL’s recent sustainability efforts, including reducing plastic use in packaging, using recycled plastics (rPET), offering low and zero-sugar beverages, reducing water consumption, and investing in rainwater collection and advanced equipment to lower carbon emissions. Beyond environmental initiatives, QBL supports physical activity and sports for a better quality of life. The company backs programs like “Natation Scolaire,” integrated into the school curriculum in 2023 and now reaching approximately 15,000 Grade 4 students annually. QBL also fights hunger through food donations to NGOs.

Low voice pitch enhances status among strangers

If you're aiming for a lasting relationship or looking to elevate your social standing, lowering your voice may be the key, as per research investigating the impact of voice pitch on social perceptions. The study reveals that both men and women with lower voice pitches are perceived as more attractive as potential long-term partners. Additionally, lower-pitched male voices are perceived as more authoritative and prestigious among their peers.

Published in the journal *Psychological Science*, this cross-cultural study sheds light on human evolution and how individuals evaluate and confer social status.

"Vocal communication is a crucial human trait, with pitch being the most perceptible aspect of voice," explained David Puts, co-author of the study and professor of anthropology at Penn State. "Understanding the influence of voice pitch on social perceptions helps us comprehend broader social dynamics, including how we establish and assess social status, and choose partners."

To explore voice pitch's influence on social perceptions, researchers presented two recordings each of male and female voices, each repeating the same sentence. They adjusted the recordings to produce average, higher, and lower pitches, resulting in 12 clips. These clips were then presented to over 3,100 participants across 22 countries spanning five continents, including New Zealand. Participants were asked to identify which voice they found more attractive, flirtatious, formidable, and prestigious.

The findings revealed a preference across cultures for lower-pitched voices when selecting a partner for long-term commitments such as marriage. Lower-pitched male voices were also associated with greater authority,



particularly among younger men, and heightened prestige, especially among older men. The impact of perceived authority and prestige was more pronounced in societies with higher relational mobility and instances of violence.

"We used homicide rates as a measure of physical violence within societies, a crucial factor in the reproductive success of our male ancestors," Puts elaborated. "Historically, males faced physical threats in the competition for mates, where larger individuals tended to dominate. A lower voice pitch amplifies this sense of size and intimidation, a trait evident in humans and other primates."

The study's cross-cultural consistency in perceiving lower male voice pitch as indicative of authority and high social status suggests these traits were likely advantageous in ancestral populations. Puts likened this effect to the commanding presence of Darth Vader's deep voice in the *Star Wars* franchise, universally perceived as formidable due to the association of lower frequencies

with larger beings.

"These findings suggest that deep voices evolved in males due to frequent interactions with unfamiliar competitors among our ancestors," Puts continued. "They underscore how evolutionary principles and insights from nonhuman animals can predict and elucidate variations in human psychology and behavior across different social contexts and cultures."

The study also found that men generally perceive women with higher-pitched voices as more attractive for short-term relationships, while women perceive higher pitches as more flirtatious and attractive to men. In societies with lower relational mobility, where interpersonal connections are more intimate, women may view flirtatious voices as potential threats to existing social bonds.

"Female secondary sexual characteristics, like voice pitch, appear optimized for mate attraction rather than physical competition," noted Puts. "Our research indicates that sensitivity to raised voice pitch in potential competitors may be higher in societies with lower relational mobility, where flirtatious behavior could impact both romantic relationships and social friendships."

Contrary to the belief that early humans primarily lived in small, close-knit societies, ethnographic and archaeological evidence suggests frequent interactions in larger groups numbering in the hundreds or thousands. This study underscores voice pitch's relevance in social perceptions across diverse societies, highlighting its variability and responsiveness to sociocultural factors like relational mobility.

"Voice pitch plays a significant role in social attributions globally," Puts concluded. "Its prominence varies across societies, shaped by relevant sociocultural variables. In societies with higher relational mobility and limited direct information about competitors, people are particularly attuned to distinct, recognizable signals like voice pitch."



Why do I need to yawn when someone else yawns?

Try to read this article without yawning.

Yawning happens when you open your mouth, take a deep breath and take in air without even thinking about it. You might be tired, bored or waking up. Most people yawn six to 23 times a day – even animals yawn!

You may have noticed that you often yawn after you see someone else yawn. This is called "contagious yawning".

Contagious yawning feels automatic, like a reflex you don't have to think about. But scientists know it's not completely automatic because we are not born knowing how to do it.

In fact, contagious yawning only starts around ages four or five, which is when kids begin to develop better empathy. Empathy means understanding and sharing the feelings of others. So, without even thinking about it, seeing someone yawn can make you want to yawn, too.

How do scientists know this?

Scientists have noticed that people yawn more when the other person they see yawn is someone they know well – like a best friend or a parent.

This supports the idea that empathy plays a big role in contagious yawning.

When you see a friend or family member yawn, your brain understands their feelings, and you might yawn, too.

Contagious yawning can also help strengthen social connections and coordination within a group. In other words, it's one way our brains help us connect with others.

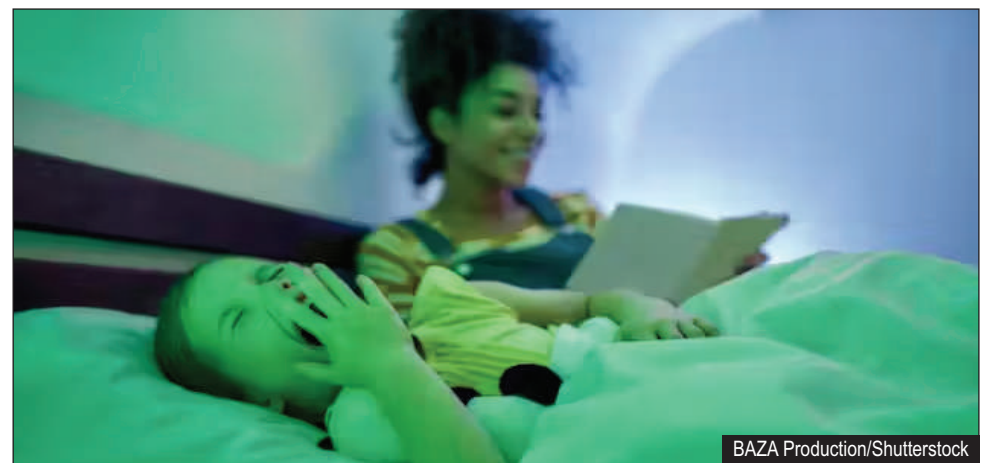
Yawning animals

Scientists found people might also yawn when they see animals like birds, reptiles and fish yawning (yes, fish yawn too).

In fact, some animals like dogs and chimpanzees also experience contagious yawning. When a chimpanzee sees another chimpanzee yawn, it often yawns, too. Like for us humans, this helps them build social connections with each other.

Scientists found that both in humans and in animals like chimpanzees and bonobos, contagious yawning is more common among those who share a strong bond. This means you're more likely to catch a yawn from your best friend or family member than from a stranger.

As people get older, they become better at understanding others' feelings,



BAZA Production/Shutterstock

and they yawn more when they see others yawn. However, this ability to catch yawns might decrease in very old age. This is seen in both humans and chimpanzees.

Humans can have a contagious yawn from many different types of animals – not just their pets that they love and know well. This shows that yawning helps us connect and understand each other, whether it's with another person or an animal.

What happens in the brain when we catch yawns?

Your brain has special cells called mirror neurons. These neurons activate

when you see someone do something, and they make you feel like doing the same thing – for example, yawning. It's like your brain is mirroring what the other person is doing.

So, the next time you see someone yawn and feel the urge to yawn too, you'll know it's your brain's way of building a connection with your friends, family and even pets.

Johanna Simkin

Senior Curator of Human Biology and Medicine,
Museums Victoria Research Institute



The Note Under the Bed

In any marriage, there are bound to be moments of frustration, especially when one spouse feels taken for granted. This joke takes that scenario to the extreme, as a wife decides to teach her husband a lesson with a note — only to find herself caught off guard by his response.

A woman, cranky because her husband was late coming home again, decided to leave a note saying, "I've had enough and have left you. Don't bother coming after me."

Then she hid under the bed to see his reaction.

After a short while, the husband came home, and she could hear him in the kitchen before he entered the bedroom. She watched him walk towards the dresser and pick up the note. After a few minutes, he wrote something on it before picking up the phone and calling someone.

"She's finally gone... Yeah, I know, about time, right? I'm coming to see you. Put on that sexy French nightie. I love you... Can't wait to see you... We'll do all the naughty things you like."

He hung up, grabbed his keys, and left.

She heard the car drive off as she came out from under the bed. Seething with rage and with tears in her eyes, she grabbed the note to see what he wrote...

"I can see your feet. We're out of bread: be back in five minutes."

* * *

The Pharmacist's Explanation

Upon arriving home, a husband was met at the door by his sobbing wife. Tearfully, she explained, "It's the pharmacist. He insulted me terribly this morning on the phone!"



Angrily, the husband drove down to the chemist to confront the pharmacist and demand an apology. However, before he could say a word, the pharmacist told him, "Now, just a minute, listen to my side of it. This morning the alarm failed to go off, so I was late getting up."

"I went without breakfast and hurried out to the car, only to realize that I had locked the house with both my house and car keys inside. I had to break a window to get my keys. Then, driving a little too fast, I got a speeding ticket. Later, when I was about three blocks from the store, I had a flat tire. By the time I opened up, there was already a crowd waiting. All the while, the phone kept ringing off the hook."

"Then I had to break a roll of coins against the cash register drawer to make the change, and they spilled all over the floor. I got down on my hands and knees to pick up the coins; the phone was still ringing."

When I stood up, I cracked my head on the open cash drawer, which made me stagger back against a showcase full of perfume bottles. Believe it or not, all of them hit the floor and broke. Meanwhile, the phone was still ringing and would not let up, and I finally got to answer it."

"It was your wife. She wanted to know how to use a rectal thermometer and believe me, as God is my witness, all I did was tell her."

* * *

The Family Secret

One Sunday morning, George burst into the living room and proclaimed, "Dad! Mom! I have some great news for you! I am getting married to the most beautiful girl in town. She lives a block away, and her name is Susan."

After dinner, George's dad took him aside and said, "Son, I have to talk with you. Look at your mom, George. She and I have been married for 30 years. She's a wonderful wife and mother, but she has never offered much excitement in the bedroom, so I used to fool around with women a lot. Susan is actually your half-sister, and I'm afraid you can't marry her."

George was heartbroken. After eight months, he eventually started dating girls again. A year later, he came home and very proudly announced, "Diane said yes! We're getting married in June."

Again, his father insisted on another private conversation and broke the sad news. "Diane is your half-sister too, George. I'm awfully sorry about this."

George was livid! He finally decided to go to his mother with the news his father had shared.

"Dad has done so much harm. I guess I'm never going to get married," he complained. "Every time I fall in love, Dad tells me the girl is my half-sister."

His mother chuckled, shaking her head, "Don't pay any attention to what he says. He's not really your father."

* * *

The Fried Eggs Incident

A wife was making fried eggs for breakfast. Suddenly, her husband burst into the kitchen.

"Careful," he said, "Careful! Put in some more butter! Oh my gosh! You're cooking too many at once. Too many! Turn them now! We need more butter. Oh my gosh! Where are we going to get more butter?! They're going to stick! Careful. Careful! I said be careful! You never listen to me when you're cooking! Never! Turn them! Hurry up! Don't forget to salt them. You know you always forget to salt them. Use the salt!"

The wife stared at him. "What in the world is wrong with you? You think I don't know how to fry a couple of eggs?"

The husband calmly replied, "Sure you do. I just



wanted to show you what it feels like when I'm driving."

* * *

The Supermarket Strategy

In a supermarket, Ivan lost sight of his wife. He walked up to a nice young lady and asked, "Will you talk with me for a couple of minutes, please?"

"Why should I?" asked the lady, startled by Ivan's strange request.

"It's always the same. As soon as I get into talking with a pretty woman, my wife abruptly pops up out of nowhere."

* * *

The Flu Revelation

A man visited a friend recovering from the flu that had bedridden him for weeks.

"How's the flu been treating you?" the man asked his friend.

Surprisingly, the friend said it had been a happy and wonderful experience.

"How so?" asked the man.

"Well, I've found out how much my wife loves me and how pleased she is to have me home."

"Really? How's that?"

"Well, every time the postman, the milkman, or the dustman comes by, she runs out shouting, 'My husband is home! My husband is home!'"

* * *

The Late-Night Approach

Two married friends were out drinking one night when one turned to the other and started complaining about his home situation.

"You know," he said, "I don't know what else to do. Whenever I go home after we've been out drinking, I turn the headlights off before I get to the driveway. I shut off the engine and coast into the garage. I take my shoes off before I go into the house, sneak up the stairs, get undressed in the bathroom, ease into bed, and my wife still wakes up and yells at me for staying out so late!"

His friend looked at him and replied, "Well, obviously, you're taking the wrong approach. I screech into the driveway, slam the door, storm up the steps, use the full flush on the toilet, throw my shoes in the closet, undress in the bedroom, then jump into bed and say, 'Do you want to make love?' And every single time she acts like she's sound asleep!"

That's Life

6 Common Manipulation Tactics Some Women Use to Control Men

Manipulation can subtly erode trust in any relationship. While both men and women can engage in such behavior, this article highlights six common but effective tactics some women may use to control men. Understanding these tactics helps everyone recognize and address toxic relationships, fostering healthier, more respectful connections.

1. Emotional Blackmail

Emotional blackmail is one of the most insidious forms of manipulation. It involves using guilt, fear, and obligation to control someone. For example, a woman might say, "If you loved me, you would do this for me," or "I can't believe you would hurt me like this." These statements can make you feel responsible for her happiness or distress, leading you to comply with her demands to avoid guilt or fear of losing her.

2. Gaslighting

Gaslighting is a psychological tactic where the manipulator makes you doubt your own perceptions and reality. A woman using this tactic might deny events that you clearly remember, twist facts, or accuse you of being overly sensitive or paranoid. Over time, this can erode your self-confidence and make you more dependent on

her version of reality, giving her more control over you.

3. Playing the Victim

Playing the victim is a manipulation tactic where someone portrays themselves as helpless or wronged to gain sympathy and control. A woman might exaggerate or fabricate stories of how others have mistreated her to elicit your pity and support. This can make you feel compelled to protect and care for her, often at the expense of your own needs and boundaries.

4. The Silent Treatment

The silent treatment involves refusing to communicate or acknowledge your presence as a form of punishment. When a woman uses this tactic, she creates a power imbalance by making you desperate for her attention and approval. This can lead you to apologize or concede to her demands, even if you're not at fault, just to end the uncomfortable silence and restore communication.

5. Triangulation

Triangulation is a tactic where a woman brings a third party into your relationship to create jealousy, competition, or insecurity. She might flirt with someone else, talk about another person's interest in her, or compare you unfavorably to others. This can make you feel inadequate and drive you to go to great lengths to win her approval and keep her attention focused on you.

6. Withholding Affection

Withholding affection is when a woman deliberately denies you love, attention, or physical intimacy to punish you or get her way. By withdrawing affection, she creates a sense of emotional deprivation that can make you more compliant to her wishes. This tactic exploits your natural



desire for closeness and approval, making you more likely to submit to her demands to regain her affection.

Understanding these subtle manipulation tactics is crucial for maintaining healthy and balanced relationships. By recognizing these behaviors, you can protect yourself from being controlled and ensure that your relationships are built on mutual respect and genuine affection. Remember, a strong relationship thrives on trust, honesty, and open communication. Stay aware, set boundaries, and always prioritize your well-being.

The Soul Journey with Sarah Moussa

The man you've been waiting to sweep you off your feet? He's waiting for you too.

He's waiting for you to take responsibility for your dating patterns, instead of blaming men for them.

He's waiting for you to learn how to love who he is, instead of who you want him to be.

He's waiting for you to be ready for him, instead of feeling entitled to



him.

He's waiting for you to heal your relationship with men, so that you can truly be open to him.

He's waiting for you to be able to see the ways you have objectified men.

He's waiting for you to be capable of truly seeing and appreciating him.

He's waiting for you to soften the rigid ideas of what love is supposed to look like, so you can open to the magic of what it will be like.

He's waiting for you to be humble and courageous enough to do this deeper work.

He's waiting for you to let go of the ideas and the roles that keep you stuck, and embrace the truth of who you really are and want to be.

He's waiting for you to reach out your hand so he can feel it softening the hardness around his chest.

He's waiting for you too.

-- Anonymous

Life's Lesson

When to Be Silent

- 1. Be silent - in the heat of anger.
- 2. Be silent - when you don't have all the facts.
- 3. Be silent - when you haven't verified the story.
- 4. Be silent - if your words will offend a weaker person.
- 5. Be silent - when it is time to listen.
- 6. Be silent - when you are tempted to make light of holy things.
- 7. Be silent - when you are tempted to joke about sin.
- 8. Be silent - if you would be ashamed of your words later.
- 9. Be silent - if your words would convey the wrong impression.
- 10. Be silent - if the issue is none of your business.

- 11. Be silent - when you are tempted to tell an outright lie.
- 12. Be silent - if your words will damage someone else's reputation.
- 13. Be silent - if your words will damage a friendship.
- 14. Be silent - when you are feeling critical.
- 15. Be silent - if you can't say it without screaming.
- 16. Be silent - if your words will be a poor reflection of your friends and family.
- 17. Be silent - if you may have to eat your words later.
- 18. Be silent - if you have already said it more than one time.
- 19. Be silent - when you are tempted to flatter a wicked person.
- 20. Be silent - when you are supposed to be working instead.

"Whoever guards his mouth and tongue keeps his soul from troubles."

Quotable Quotes

Mistakes in Life

Mistakes are the portals of discovery.

-- James Joyce

You make mistakes. Mistakes don't make you.

-- Maxwell Maltz

Mistakes are the growing pains of wisdom.

-- William George Jordan

If you're not making mistakes, then you're not making decisions.

-- Catherine Cook

Fear of mistakes is the root of lack of confidence.

-- Dan Rockwell

An error doesn't become a mistake until you refuse to correct it.

-- Orlando A. Battista

Fear of mistakes is just another way of procrastinating, of never moving forward.

-- Robin S. Sharma

The greatest mistake you can make in life is to be continually fearing you will make one.

-- Elbert Hubbard

I can accept failure; everyone fails at something. But I can't accept not trying.

-- Michael Jordan

The only real mistake is the one from which we learn nothing.

-- Henry Ford

It's not how we make mistakes, but how we correct them that defines us.

-- Rachel Wolchin

Mistakes teach you important lessons. Every time you make one, you're one step closer to your goal.

-- Unknown

Never be afraid to try something new. Remember, amateurs built the ark; professionals built the Titanic.

-- Unknown

Good Health

Warning Signs You Have Diabetes

In many cases, type 2 diabetes isn't discovered until it takes a serious toll on your health. Here are some early red flags to watch for.

When you have type 2 diabetes, your body becomes resistant to insulin or doesn't produce enough insulin to maintain normal blood sugar levels. This results in hyperglycemia, where excess glucose circulates in the bloodstream instead of being absorbed by cells for energy. Over time, this can lead to complications such as heart disease, nerve damage, and kidney failure.

Recognizing the Symptoms

1. **Early Signs:** Symptoms may be subtle at first, including increased thirst, frequent urination, dry mouth, increased appetite, and unexplained weight changes.
2. **Later Symptoms:** As blood sugar levels remain elevated, symptoms may progress to include headaches, blurred vision, and persistent fatigue.
3. **Signs of Serious Problems:** Cuts or sores that heal slowly, frequent infections, itchy skin (especially in the groin area), and sexual dysfunction are indicators of poorly controlled diabetes.

Risk Factors

1. **Controllable Factors:** Lifestyle choices such as obesity, sedentary behavior, smoking, and unhealthy diet significantly increase the risk of developing type 2 diabetes.
2. **Uncontrollable Factors:** Ethnicity (Hispanic, African-American, Native American, Asian), family history of diabetes, and age (45 years and older) also contribute to susceptibility.



3. **Women-Specific Risks:** Women who had gestational diabetes, delivered large babies, or have polycystic ovary syndrome (PCOS) are at higher risk.

How insulin works

In a healthy body, insulin is crucial for regulating blood sugar. It allows cells to absorb glucose from the bloodstream, converting it into energy. In type 2 diabetes, insulin resistance or reduced insulin production impairs this process, causing glucose to accumulate in the blood.

Diagnosis and Monitoring

1. **Diagnostic Tests:** Doctors use blood tests, including A1c and random glucose tests, to diagnose and monitor diabetes. These tests measure average blood sugar levels over time or at a specific moment.
2. **Self-Monitoring:** Regular blood sugar testing with a glucose meter helps individuals track their response to treatment and adjust their lifestyle accordingly.

Managing Type 2 diabetes

1. **Lifestyle Changes:** A healthy diet rich in whole grains, vegetables, lean proteins, and low in sugars and fats, combined with regular physical activity, can significantly improve blood sugar control.
2. **Medications:** Oral medications or injectables may

be prescribed to help the body better use insulin or increase insulin production, depending on individual needs.

3. **Insulin Therapy:** Some individuals with type 2 diabetes may require insulin injections to manage blood sugar effectively, particularly if oral medications are insufficient.

Complications of untreated diabetes

1. **Cardiovascular Issues:** Diabetes increases the risk of heart disease, stroke, and peripheral artery disease due to damage to blood vessels and increased plaque formation.
2. **Kidney Disease:** Chronic high blood sugar can lead to diabetic nephropathy, a condition causing kidney damage and eventual failure if untreated.
3. **Eye and Nerve Damage:** Diabetes can cause diabetic retinopathy (leading cause of blindness), neuropathy (nerve damage), and foot complications such as ulcers and amputations.
4. **Dental Health:** High blood sugar contributes to dental problems like gum disease, tooth decay, and tooth loss.

Prevention

1. **Healthy Lifestyle:** Adopting a balanced diet, maintaining a healthy weight, regular exercise, and avoiding smoking can significantly reduce the risk of developing type 2 diabetes.
2. **Early Detection:** Testing for prediabetes and making lifestyle changes can prevent or delay progression to type 2 diabetes.

Understanding type 2 diabetes and its management is crucial for preventing complications and maintaining overall health. By making informed choices and working closely with healthcare providers, individuals can effectively manage their condition and lead healthy lives. Regular monitoring and proactive management are key to reducing the impact of type 2 diabetes on long-term health outcomes.

Better Living

Bad habits that are harming your longevity the most

Living a long and healthy life is a goal many aspire to, but it's often undermined by everyday habits that accumulate over time. From neglecting preventive care to ignoring the impact of stress, here are ten habits identified by doctors that can significantly affect your longevity, writes J. Wilson of HuffPost.

1. Skipping Preventive Care

Dr. Heather Whitson, director of the Duke Aging Center, stresses the importance of regular check-ups and preventive screenings like mammograms and colonoscopies. Neglecting these can lead to undetected health issues that worsen over time, akin to skipping routine maintenance for your car.

2. Not Cultivating Social Relationships

Dr. Lee Lindquist, chief of geriatrics at Northwestern Medicine, emphasizes the role of socialization in longevity. Social interactions not only benefit mental health but also contribute to a longer life span. Avoiding toxic relationships and nurturing

connections with positive individuals can significantly enhance well-being as you age.

3. Not Adjusting Medications as You Age

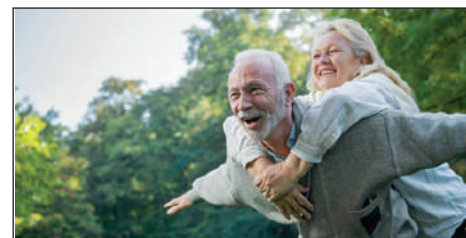
Continuing to take medications without adjusting them as you grow older can pose risks. Some medications that were suitable in earlier years may become less ideal with age, potentially causing side effects such as increased fall risks or cognitive impairment. Regularly reviewing medications with your doctor is crucial for optimizing health.

4. Lack of Exercise

Physical activity is essential for longevity, impacting mood, weight management, cardiovascular health, and brain function. Experts recommend at least 150 minutes of moderate exercise or 75 minutes of vigorous exercise per week to maintain optimal health as you age.

5. Smoking

Smoking remains one of the most detrimental habits to longevity, linked to



numerous health issues including lung cancer, heart disease, and stroke. Quitting smoking significantly reduces these risks and improves overall health outcomes.

6. Unhealthy Diet

A diet rich in processed foods and lacking in fruits, vegetables, and whole grains can compromise longevity. Adopting a Mediterranean-style diet, which includes fish, fruits, vegetables, and grains, can support better health outcomes in the long run.

7. Inadequate Sleep

Chronic sleep deprivation can lead to serious health consequences such as increased risk of dementia and heart disease. Maintaining a regular sleep schedule and addressing sleep disorders like sleep apnea are crucial for preserving cognitive function and overall well-being.

8. Letting Stress Go Unmanaged

Persistent stress triggers physiological responses that can undermine health over time, affecting immune function, blood

pressure, and metabolism. Managing stress through techniques like mindfulness, exercise, and seeking support can mitigate these effects.

9. Not Planning for Future Health Needs

Planning for future health needs, including end-of-life care preferences and potential living arrangements, is essential for maintaining quality of life in older age. Discussing these plans with loved ones and utilizing resources like advanced-care planning tools can ensure your wishes are honored.

10. Ignoring Financial Planning

Financial stability plays a critical role in ensuring a secure and stress-free retirement. Failing to plan for long-term financial needs can lead to financial strain in later years, impacting overall well-being and health outcomes.

In conclusion, while genetics play a role in aging, everyday habits significantly influence your longevity and quality of life. By addressing these common habits and making proactive choices to prioritize health and well-being, you can enhance your chances of living a long and fulfilling life. Taking small steps today can lead to significant benefits in the years to come, ensuring you enjoy your golden years to the fullest.

Bollywood Movies Releasing in September 2024

September 2024 is shaping up to be an exciting month for Bollywood enthusiasts, with a diverse lineup of films hitting the theaters. From biopics and murder mysteries to romantic comedies and political dramas, this month offers something for everyone. Here's a look at the Bollywood movies set to release:



1. Emergency

Starring Kangana Ranaut, Anupam Kher, Manisha Koirala, Mahima Chaudhry, Satish Kaushik, and Shreyas Talpade, *Emergency* is a political drama and biopic on former Indian Prime Minister Indira Gandhi.

Release Date: September 6, 2024

2. Metro... In Dino

Directed by Anurag Basu, this film features a stellar cast including Kay Kay Menon, Anupam Kher, Pankaj Tripathi, Ali Fazal, Sara Ali Khan, Aditya Roy Kapoor, Konkona Sen Sharma, Neena Gupta, Fatima Sana Shaikh, and Rahul Bose. *Metro... In Dino* is a romantic comedy and a sequel to the 2007 film *Life In A... Metro*.

Release Date: September 13, 2024



3. The Buckingham Murders

Featuring Kareena Kapoor Khan, Ranveer Brar, Rukku Nahar, and Ash Tandon, *The Buckingham Murders* is inspired by Kate Winslet's character in *Mare of Easttown*. This film follows British-Indian detective Jaspreet Bhamra, who investigates a mysterious murder while grieving the death of her child.

Release Date: September 13, 2024



4. Abhi Toh Party Shuru Hui Hai

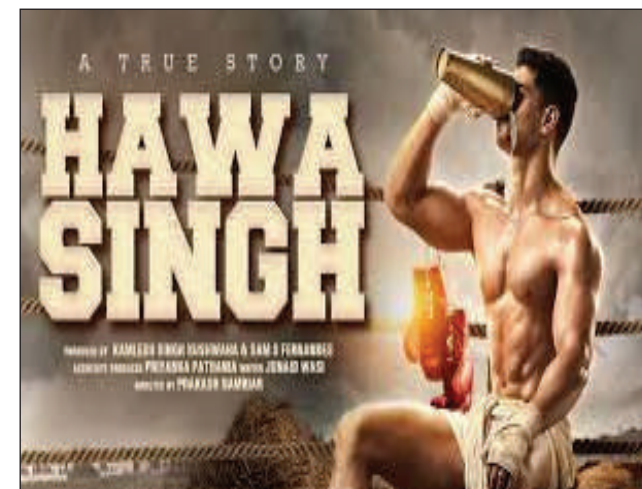
With a talented ensemble including Richa Chadha, Pankaj Tripathi, Prateik Babbar, Saurabh Shukla, Vinay Pathak, Kumud Mishra, Shriya Pilgaonkar, Manoj Pahwa, and Divya Dutta, *Abhi Toh Party Shuru Hui Hai* is a political comedy set to entertain audiences with its humor and satire.

Release Date: September 15, 2024

5. Humari Shaadi

Starring Jacqueline Fernandez, Ravi Kant Singh, Asmita Moharkar, Sanjay Kumar, and Sanjay Mishra, *Humari Shaadi* is a comedy film produced by Laxman Seth Bandal, Sham Gaikwad, and Ravi Kant Singh.

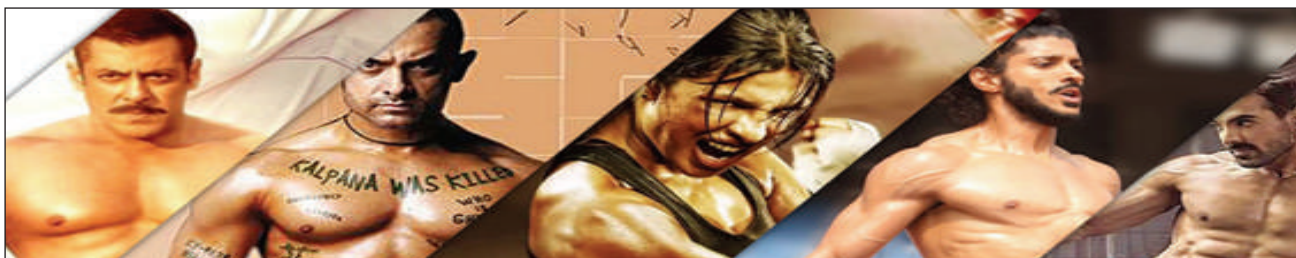
Release Date: September 20, 2024



6. Hawa Singh

Hawa Singh is a biopic based on the life of Indian heavyweight boxer Hawa Singh, who was a prominent figure in Indian and Asian amateur boxing. The film features Sooraj Pancholi, Nawab Shah, and Bijou Thaangjam.

Release Date: September 29, 2024



Bollywood Movies That Will Inspire You to Stay Fit

Bollywood films often focus on glamour and drama, but there are several that can also motivate you to hit the gym and get back into shape. If you're looking to reignite your fitness enthusiasm, check out these movies featuring actors who transformed their bodies through intense workouts as reported by Times Now:

Sultan (2016)

In *Sultan*, Salman Khan takes on the role of a wrestler who undergoes a rigorous fitness regimen to impress his love interest. Khan's transformation to embody his character's ripped biceps and sculpted physique is both impressive and inspiring. This film is a must-watch for sports and fitness enthusiasts alike.

Force (2011)

In this action-packed film, John Abraham and Vidyut Jammwal showcase their impressive physiques. Both actors committed to a demanding workout routine that included cardio, weightlifting, boxing, and various other exercises. Their dedication to fitness is evident in their

chiseled abs and muscular build, serving as great motivation for anyone looking to up their workout game.

Mary Kom (2014)

Mary Kom highlights the incredible journey of the Indian boxer, portrayed by Priyanka Chopra. Chopra underwent a 45-day training session to accurately represent the athlete's rigorous lifestyle. The film's intense boxing scenes and Chopra's dedication are sure to inspire and motivate viewers to embrace a fitness routine.

Bhaag Milkha Bhaag (2013)

This biopic tells the story of Indian athlete Milkha Singh, with Farhan Akhtar delivering a standout performance. Akhtar underwent intense training, including one memorable scene where he is shown running while tied to a tire. His transformation and dedication to achieving an athletic body are truly motivating.

Ghajini (2008)

Aamir Khan played Mr. Singhanian in *Ghajini*. Khan committed to an exhaustive workout regimen — training for three hours a day, six days a week, over 13 months — to achieve his iconic eight-pack abs. His dedication not only popularized the eight-pack trend but also inspired many to pursue their fitness goals with renewed vigor.

Mrunal Thakur speaks out on nepotism in Bollywood: 'The media ran towards a star kid'

Mrunal Thakur has once again showcased her remarkable talent by winning the Best Actress award at The Oniros Film Awards in New York City. Her acclaimed performance in the film *Hi Nanna* not only captivated audiences but also earned the film a total of 12 awards at the event in April, including Best Film, Best Actor, Best Director, and Best Cinematography.

In a recent Instagram video, Mrunal addressed the issue of nepotism in Bollywood, highlighting her experience with media bias. She recounted an incident where, while she was giving interviews at an awards night, and suddenly the media ran towards a star kid.

The success of *Hi Nanna* is a testament to the dedication and talent of its entire team. Expressing her joy, Mrunal Thakur said, "I am beyond thrilled and grateful to receive this incredible honour from The Oniros Film Awards. Portraying the character in *Hi Nanna* was a deeply rewarding experience, and to be recognized in this way is truly humbling. I am immensely thankful to my fans for their unwavering support and love."

Thakur is also set to appear in a special cameo in the much-anticipated film *Kalki*, which features a stellar cast including Amitabh Bachchan, Deepika Padukone, Prabhas, and Kamal Haasan, among others.



Vendredi 30 août - 20.30



Samedi 31 août - 20.30



Dimanche 1 septembre - 20.30



Programme TV



SERIAL



	MBC 1	MBC 2	MBC 3	Cine 12	Bollywood TV
vendredi 30 août	07.25 Serial: Madam Secretary 08.38 Tele: Amour Secret 09.20 Film: Battleship 11.30 The Gardener's Daughter 12.00 Le Journal 12.35 Tele: Terre Nostra 13.30 Tele: Le Chemin Du Destin 14.00 Tele: Pasion Y Poder 15.00 Live: Samachar 15.30 Film: Three Doors From Paradise 17.10 Mag: Red Carpet 17.30 The Gardener's Daughter 18.30 Other: Radha Krishna 19.00 Serial: Doree 19.30 Le Journal 20.30 Film: The Debt Collector 2 22.06 Tele: Terra Nostra 22.56 The Gardener's Daughter 23.30 Le Journal 00.15 Serial: Billions	06.14 Les Grandes Lignes 08.32 Local: Nou Later Nou Lamer 10.21 Local: J'ai Faim 11.01 Rodrig: Klip Seleksion 12.00 Rodrig Prog: Decouvertes 13.12 Rodrig Prog: Sa Lavi-La 14.33 Local: J'ai Faim 15.05 Local: Artizan 16.42 Serial: En Forme 18.00 Seiral: Passion And Power 18.25 Serial: Amour Secret 19.20 Le Magazine De L'emploi... 19.43 Enn Semenn Dan Lafrik 20.05 Local: Animalia Nos Amis... 20.32 Local: Lir - Ekir Kreol 21.51 Local: La Sosiete 23.20 Local: Voyage Au Feminin 00.12 Rodrig: Itinerer Rodrig 00.49 Local: Retrovizor 01.32 Local: Couleur Marine 01.58 Rodrig: 13 Minit Natir Rodrig	07.00 Serial: Tik Tak Tail 08.01 Local: Amrit Vani 10.00 Serial: Agniphera 11.30 Serial: Radha Krishna 12.00 Film: 2G Apartment Gujrati Starring: Akhil Kotak, Darshiina Barot, Chetan Daiya 15.00 Live: Samachar 15.30 Serial: Senhur 16.00 Serial: Ishaaron Ishaaron 16.30 Serial: Bhakharwadi 17.30 Serial: Radha Krishna 19.56 Local: Khel Khiladi 20.30 Serial: Vidrohi 21.00 Film: Nehiya Sanehiya Bhojpuri Starring Rajiv Mishra, Shyamli Srivastava, Sweta Sinha 23.24 Serial: Mere Sai 00.16 Serial: Wagle Ki Duniya 00.42 Serial: Senhur	06.25 Mag: Shift 06.38 Mag: Carnet De Sante 07.26 Mag: Tomorrow Today 07.52 Doc: Ageless Gardens 08.14 Doc: Protecting The Climate 08.56 Doc: Robert Wilson 09.43 Mothers In The Boardroom 10.26 Naples Under The Volcanic 11.10 Mag: Eco India 11.49 Carnet De Sante 12.04 Mag: Border Crossing 12.32 Mag: Tomorrow Today 12.58 Doc: Ageless Gardens 13.25 Doc: Protecting The Climate 14.49 Doc: Japan Video Topics 15.00 D.Anime: Baby Einstein 2 15.12 D.Anime: Kika Et Bob 15.39 D.Anime: Drole De Bocal 15.43 D.Anime: Dee Dee The Little 16.41 D.Anime: Miraculous 17.38 Mag: Shift	14.25 Serial: Radha Mohan 14.48 Serial: Gadget Guru Ganesha 15.32 Film: Banjo Starring Riteish Deshmukh, Nargis Fakhri 18.00 Live: Samachar 18.31 Kundali Bhagya 19.01 Udaariyaan 19.32 Fanaa 20.01 Sasural Simar Ka 2 20.31 Serial: Yashomati Maiyya Ke Nandala 21.01 Anupamaa 21.22 Mere Sai 22.01 Kismat Ki Lakiron Se 22.32 Swaran Ghar 22.59 Serial: Rajaa Betaa 23.30 Film: Banjo 02.01 Kundali Bhagya 02.31 Udaariyaan
samedi 31 août	03.53 Serial: Blue Bloods 04.35 The Gardener's Daughter 06.30 Tele: Le Temps D'aimer 07.00 Serial: Heartland 08.30 Serial: Seal Team 09.15 Serial: Madam Secretary 10.00 Serial: Blue Bloods 10.49 Serial: Chicago Med 11.30 Tele: Le Temps D'aimer 12.00 Le Journal 12.25 Serial: Under Pressure 13.10 Tele: Sublime Mensonge 15.00 Live: Samachar 15.25 Film: La Prophetie De L'Horloge 17.00 Tele: L'Empire Du Mensonge 18.31 Enter: Dance India Dance... 19.30 Le Journal 20.30 Film: La Planete Des Singes 22.28 Serial: Blue Bloods 23.30 Le Journal 00.15 Serial: Sublime Mensonge	06.00 Local: 13 Minit Natir Rodrig 07.02 Local: Itinerer Rodrig 07.47 Local: Lir - Ekir Kreol 08.39 Rodrig Prog: Ala Nou Vini 10.47 Rodrig Prog: Nou La Ter 11.13 Local: Come On Let's Dance 13.00 La Journee Sous Le Regard... 13.06 Local: Voyage Au Feminin 14.25 Rodrig: Ala Nou Vini 15.00 Local: La Sosiete 16.47 La Journee Sous Le Regard 17.07 Local: Come On Let's Dance 18.00 Tele: Gout De L'Amour 19.00 Journal Kreol 19.40 Rodrig: Kot Nou 21.24 Local: Glwar Dantan 22.58 La Journee Sous Le Regard... 23.13 Rodrig Prog: Klip Seleksion 23.23 Local: Saver Kiltirel 23.49 Rodrig: Promnad 00.15 Rodrig: Rod'Art 00.41 Rodrig: Coin Zen	07.00 Serial: Tik Tak Tail 07.08 Serial: Kalari Kids 08.00 Local: Hamar Fitness 10.40 Bade Acche Lagte Hai 2 11.55 Dikri Vahalno Dariyo 12.31 Local: Mati Ke Mol 14.06 Serial: Mere Dad Ki Dulhan 14.30 Mag: Shanti Ka Anubhav 15.00 Live: Samachar 15.30 Film: Ram Shashtra Starring Jackie Shroff, Manisha Koirala, Deepti Bhatnagar 18.00 Live: Samachar 18.30 Local: Puranya Pakwan 19.00 Local: Duniya Mein Iss Saptah 20.00 Miss India Worldwide Mauritius 2024 22.40 Local: Puranya Pakwan 23.06 Local: Duniya Mein Iss Saptah 23.21 Local: Khoobsurat	06.00 D.Anime: Giant 07.36 D.Anime: Romy And Boo 09.36 D.Anime: Les Schtroumpfs 10.00 D.Anime: Early Learning 10.29 Mag: Recettes For Kids 11.38 Mag: Choices 12.25 Doc: Top Dive Sites 14.16 Doc: Princess For A Day 15.00 D.Anime: Baby Einstein 2 15.07 D.Anime: Les Aventures Du Petit Pingouin 15.38 D.Anime: Drole De Bocal 15.43 D.Anime: Dee Dee The Little.. 16.02 D.Anime: Sonic Room 16.18 D.Anime: Hunter X Hunter 16.39 D.Anime: Miraculous... 17.04 Serial: Sept Nains Et Moi 18.00 Mag: In Good Shape 20.01 Tele: Le Temps D'aimer 20.30 Live: News 20.50 Mag: Skuld 21.45 Film: The Huntress	08.00 Swaran Ghar 09.14 Sasural Simar Ka 2 11.29 Udaariyaan 13.40 Anupamaa 15.50 Fanaa 18.32 Film: Waqt-The Race Against Time Starring Akshay Kumar, Amitabh Bachan, Priyanka Chopra  21.04 Serial: Porus 21.31 Swaran Ghar
dimanche 1 septembre	04.23 The Gardener's Daughter 06.27 Tele: Le Temps D'aimer 06.55 Film: The Night Is Young 08.25 Serial: Stan Lee's Lucky Man 09.10 Film: La Prophetie De L'Horloge 10.50 Serial: Chicago Med 11.30 Tele: Le Temps D'aimer 12.00 Le Journal 12.35 Film: La Planete Des Singes 15.20 Serial: Radhi Krishna 15.21 Film: Retour Vers Le Futur 3 17.14 Tele: L'Empire DU Mensonge 18.00 Live: Samachar 18.30 Sayings Radha Krishna 19.30 Le Journal 20.30 Film: Savage Dog 22.05 Serial: Stan Lee's Lucky Man 23.38 Le Journal 00.23 Serial: Sublime Mensonge 01.15 Serial: Chicago Med	07.11 Local: Saver Kiltirel 08.55 Local: Les Petits Genies 10.16 Rodrig Prog: Klip Seleksion 11.03 Local: Nu Rasinn 14.06 Local: Elle 14.57 Les Grands Noms Inter... 15.00 Local: Les Grandes Lignes 16.35 Local: Tous Egaux 17.08 Local: Saver Kiltirel 17.34 Local: Glwar Dantan 18.00 Tele Gout De L'Amour 19.00 Journal Kreol 19.20 Local: Elle 19.59 Local: Tipa Tipa Nou Avanse 20.30 Le Challenge 20.45 Local: Les Klips 21.37 Rodrig: Sa Lavi-La 23.00 Journal Rediffusion 23.20 Local: Arsiv MBC 23.46 Local: Mangeons Veg 00.28 Rodrig Prog: Komanter	07.00 Serial: Kalari Kids 07.12 Serie 08.00 Local: Hamar Fitness 12.00 Film: Dariya Dil Cast: Starring Govinda, Kimi Katkar, Roshni and Raj Kiran 15.00 Samachar 15.30 MBC Production 18.00 Live: Samachar 18.30 Local: Planet Bollywood 20.30 Serial: Porus 21.00 Serial: CID 21.45 Serial: Naagin 22.30 Serial: Bahubali 23.21 Serial: Saaton Vachanwa Saath Nibhaib Sajna 00.21 Local: Planet Bollywood 02.15 Film: Dariya Dil Starring Govinda, Kimi Katkar, Roshni and Raj Kiran	06.25 D.Anime: Agent 06.56 D.Anime: The Jungle Book 09.47 Les Nouvelles Aventures De Caillou 09.59 D.Anime: Malory Towers 10.24 Mag: Recipes For Kids 11.16 Doc: Made To Measure 12.28 Mag: Skuld 13.30 Doc: Germany's Volcanic... 15.00 D.Anime: Baby Einstein 2 15.34 D.Anime: Drole De Bocal 15.43 D.Anime: Dee Dee The Little... 15.54 D.Anime: Robin Des Bois 16.06 D.Anime: Sonic Boom 16.41 D.Anime: Miraculous... 17.06 Serial: Sept Nains Et Moi 17.29 Mag: In Good Shape 19.30 Mag: Arts Unveiled 20.00 Tele: Le Temps D'aimer 20.50 Doc: Brilliant Corners 21.42 Film: Trigger Point	00.00 Sasural Simar Ka 2 02.15 Patiala Babes 04.05 Anupamaa 06.20 Fanaa 08.35 Patiala Babes 10.26 Kundali Bhagya 12.16 Bade Acche Lagte Hai 2 14.08 Kismat Ki Lakiron Se 16.05 Wagle Ki Duniya 18.31 Film: Main Tera Hero Starring: Varun Dhawan, Ileana D'Cruz 20.32 Serial: Mahabharat 21.32 Dance India Dance Little Masters 22.24 Serial: Bade Acche Lagte Hai 2 00.10 Patiala Babes
lundi 2 septembre	06.01 Tele: Tour De Babel 07.24 Serial: The Bionic Woman 08.13 Tele: Le Temps D'aimer 09.11 Tele: L'Envers Du Paradis 09.30 Film: Savage Dog 11.30 The Gardener's Daughter 12.00 Le Journal 12.25 Serial: Terra Nostra 13.16 Tele: Le Chemin Du Destin 13.41 Tele: Pasion Y Poder 14.10 Serial: The Bionic Woman 15.21 Film: Battleship 17.30 The Gardener's Daughter 18.00 Live: Samachar 18.30 Serial: Shiv Shakti 18.53 Serial: Doree 19.30 Le Journal 20.20 Film: Thinspiration 21.48 Serial: Heartland 22.31 Tele: Terra Nostra 23.30 Le Journal	07.37 Local: Sa Lavi-La 10.04 Rodrig: Komanter 10.55 Père Laval, Li Touzour La 12.27 Local: Nu Rasinn 13.30 Local: Clin D'oeil 13.48 Local: Elle 14.20 Local: Arsiv MBC 14.52 Tipa Tipa Nou Avanse 15.23 Local: Aktiv 15.36 Père Laval, Li Touzour La 17.08 Morisien Konn Ou La Sante 18.00 Tele: Pasion Y Poder 18.30 Tele: Amour Secret 19.20 Le Magazine De L'emploi 19.30 Rodrig: Feminin Pluriel 20.00 Local: Voyage Au Feminin 20.26 Local: Business Connect 20.45 Local: Tous Egaux 20.56 TipaTipa Nou Avanse 21.23 Pape François: Pelerin De Paix	07.00 Serial: Tik Tak Tail 08.27 Tohar Rashi 08.47 Tohar Farmaish 09.13 Yaadein 09.55 Bahubali 10.30 Saaton Vachanwa Saath... 11.30 Radha Krishna 12.00 Film: Ghar Ek Mandir 15.30 Senhur 15.56 Kundali Bhagya 17.30 Serial: Radha Krishna 18.30 Local: Ved Ki Shikshaain 19.00 Local: Ayush 19.26 Local: Excerpts from Shiv Abhishek 20.40 Serial: Ramayan 21.04 Film: Janwar 23.48 Serial: Mere Sai 00.40 Serial: Wagle Ki Duniya 01.06 Local: Ved Ki Shikshaain 01.32 Local: Ayush	06.25 Verdun, The Shall Not Pass 07.08 Mag: Arts Unveiled 07.34 Doc: Brilliant Corners 09.13 Doc: From Refugee To Mayor 10.40 Doc: Tea-New Ideas For A Traditional Drink 12.15 Mag: Arts Unveiled 13.33 Trophy Hunting-A Cruel... 15.01 D.Anime: Baby Einstein 2 15.07 D.Anime: Les Aventures Du... 15.12 D.Anime: Kika Et Bob 15.39 D.Anime: Drole De Bocal 15.55 D.Anime: Robin Des Bois 16.07 D.Anime: Sonic Boom 16.18 D.Anime: Hunter X Hunter 16.40 D.Anime: Miraculous... 17.02 Serial: Sept Nains Et Moi 17.30 Doc: Punk Mum 18.30 Mag: The 77 Percent 19.30 Mag: In Good Shape 20.01 Tele: Le Temps D'aimer 21.16 Film: The Debt Collector 2	14.25 Radha Mohan 14.51 Gadget Guru Ganesha 15.32 Film: Jungle Starring: Vidyut Jammwal, Pooja Sawant, Asha Bhat  18.00 Samachar 18.31 Kundali Bhagya 19.00 Udaariyaan 19.30 Fanaa 20.05 Sasural Simar Ka 2 20.33 Yashomati Maiyya Ke 21.09 Anupamaa 21.32 Mere Sai

mbc 1
Mardi 3 Septembre - 20.30



mbc 1
Mercredi 4 septembre - 21.30



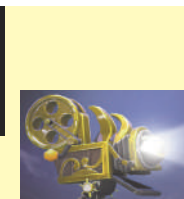
CINE 2
Jeudi 5 septembre - 21.40



Programme TV



SERIAL



	MBC 1	MBC 2	MBC 3	MBC 5	Bollywood TV
mardi 3 septembre	05.14 The Gardener's Daughter 06.06 Serial: Tour De Babel 08.41 Tele: Amour Secret 09.30 Film: Retour Vers Le Futur 11.30 The Gardener's Daughter 12.00 Le Journal 12.25 Tele: Terra Nostra 13.18 Tele: Le Chemin Du Destin 13.45 Tele: Pasion Y Poder 14.10 Tele: Gout De L'Amour 15.25 Film: The Debt Collector 2 17.00 Hollywood On Set 17.30 The Gardener's Daughter 18.00 Samachar 18.31 Serial: Shiv Shakti 18.55 Serial: Doree 19.30 Le Journal 20.30 Film: Palm Beach 22.06 Tele: Terra Nostra 23.01 The Gardener's Daughter 23.30 Le Journal	07.19 Local: Business Connect 09.30 Morisien Konn Ou La Sante 10.37 Local: Lir - Ekir Kreol 11.03 Local: Rodrig Mo Pei 11.59 Rodrig: Feminin Pluriel 13.15 Tipa Tipa Nou Avanse 14.00 Local: Tous Egaux 15.15 Rodrig: Zenn Aktif 15.42 Rodrig: Saver Lokal 17.02 Local: Le Mag 18.00 Tele: Pasion Y Poder 18.30 Tele: Amour Secret 19.20 Le Magazine De L'Emploi 19.36 Local: Ganesh Chaturthi 20.00 Local: An Eta Dalert 20.30 Local: Priorite Sante 21.31 Pape François: Pelerin De Paix 22.47 La Journee Sous Le Regard 23.20 Local: Le Mag 00.12 Local: Mots Et Ecrits	07.09 Serial: Kalari Kids 08.00 Local: Ved Ki Shikshaein 08.43 Excerpts from Shiv Abhishek 09.58 Serial: Kundali Bhagya 11.30 Serial: Radha Krishna 12.00 Film: Maa Beti Starring: Shashi Kapoor, Meenakshi Sheshadri, Sharmila Tagore 15.00 Live: Samachar 15.30 Serial: Sajanwa Bairi Ho Gaile Hamar 16.00 Serial: Shaurya Aur Anokhi Ki Kahani 18.00 Live: Samachar 18.30 Local: Tark Vitark 19.15 Local: Bhojpuri Dhamaka 20.00 Chikitsa Aur Swasthya 21.00 Film: Padosan 23.29 Serial: Mere Sai	07.00 Mag: Africa 54 08.39 Mag: Washington Forum 09.08 Doc: Operations 1005 11.02 Mag: Eco Africa 12.09 Mag: Africa 54 12.28 Mag: In Good Shape 12.54 Doc: Ageless Gardens 13.16 Mag: Tomorrow Today 13.46 Mag: Washington Forum 15.00 D.Anime: Baby Einstein 2 15.05 D.Anime: Les Aventures Du... 15.51 D.Anime: Robin De Bois 16.03 D.Anime: Sonic Boom 16.17 D.Anime: Hunter X Hunter 16.41 D.Anime: Miraculous 17.03 Serial: Sept Nains Et Moi 18.00 Mag: Rev 18.45 Mag: Red Carpet 19.00 Student Support Programme 20.01 Tele: Le Temps D'Aimer 21.16 Film: Savage Dog	14.25 Radha Mohan 14.55 Gadget Guru Ganesha 15.31 Film: Shaadi Teri Bajayenge Hum Band Starring Rahul Bagga, Radha Bhatt, Shrashti Maheshwari 18.00 Live: Samachar 18.30 Kundali Bhagya 19.03 Udaariyaan 19.33 Fanaa 20.06 Sasural Simar Ka 2 20.37 Yashomati Maiyya Ke Nandlala 21.07 Anupama 21.35 Mere Sai 22.04 Kismat Ki Lakiron Se 22.34 Serial: Swaran Ghar 23.04 Serial: Rajaa Betaa 23.37 Film: Shaadi Teri Bajayenge Hum Band
mercredi 4 septembre	07.25 Serial: The Bionic Woman 08.13 Tele: Le Temps D'Aimer 08.39 Tele: Amour Secret 09.01 Tele: L'Envers Du Paradis 09.25 Film: Palm Beach 11.30 The Gardener's Daughter 12.00 Le Journal 12.25 Tele: Terra Nostra 13.20 Tele: Le Chemin Du Destin 13.46 Tele: Pasion Y Poder 14.11 Serial: The Bionic Woman 15.00 Live: Samachar 15.25 Film: Savage Dog 17.32 The Gardener's Daughter 18.00 Live: Samachar 18.31 Serial: Shiv Shakti 18.55 Serial: Doree 19.30 Journal & La Meteo 20.20 Serial: Nelle Tue Mani 21.15 Film: Stan The Man 22.55 Tele: Terra Nostra	07.16 Local: Priorite Sante 08.04 Local: Mots Et Ecrits 09.42 Local: Profil 10.16 Local: Le Mag 11.08 Local: Koze Zom 11.37 Local: Music Tour 12.29 Rodrig Prog: Plat Du Chef 13.30 Local: Nu Rasinn 14.20 Local: Paroles Agricoles 15.12 Local: Nu Rasinn 16.03 Rodrig Prog: Rod'Art 16.22 Pape François: Pelerin De Paix 18.00 Tele: Passion And Power 18.30 Tele: Amour Secret 19.20 Le Mag De L'emploi... 19.30 Local: Rodrig Spor 20.00 Local: Saver Kiltirel 20.30 Local: Toc Toc Doc 20.45 Local: Agir Ensemble 21.11 Local: Bigospel 21.48 Local: Itinerer Moris	07.00 Serial: Tik Tak Tail 07.09 Serial: Kalari Kids 07.21 Serie 08.01 Serial: Tark Vitark 08.42 Local: Bhojpuri Dhamaka 09.17 Local: Gyan Vigyan 10.00 Shaurya Aur Anokhi Ki... 12.00 Film: Suraj Starring: Vyjayanthimala, Rajendra Kumar Tuli, Ajit Khan 15.00 Live: Samachar 15.30 Serial: Senhur 16.00 Zindagi Mere Ghar Aana 17.30 Serial: Radha Krishna 18.00 Live from SVCC, Pailles Our Island Celebrate 20.30 Mag: Discover Life 21.00 Film: Devarjee With: Krishna Abhishek, Divya Tiwari 23.00 Serial: Mere Sai	08.43 Mag: Euromaxx 09.13 Music Under The Swastika 10.38 Doc: Beneath The Waves 12.06 Mag: Made In Germany 12.30 Mag: Global US 13.26 Mag: Business Africa 13.53 Mag: Euromaxx 14.45 Mag: Travel 15.00 D.Anime: Baby Einstein 2 15.05 Les Aventures Du Petit... 15.38 D.Anime: Drole De Bocal 15.43 D.Anime: Dee Dee The Little... 16.11 D.Anime: Sonic Boom 16.45 Serial: Miraculous... 17.06 Serial: Sept Nains et Moi 17.30 Mag: Rev 18.00 Mag: Motorweek 18.30 Mag: Rev Special 18.45 Mag: Planet A 19.00 Student Support Prog... 20.01 Tele: Le Temps D'Aimer 21.16 Film: Seberg	14.25 Radha Mohan 14.50 Gadget Guru Ganesha 15.15 Tenali Rama 15.36 Film: Dedh Ishqiya Starring: Madhuri Dixit, Arshaad Warsi, Huma Qureshi, Naseeruddin Shah, Vijay Raaz 18.00 Live: Samachar 18.59 Kundali Bhagya 19.28 Udaariyaan 19.59 Fanaa 20.30 Sasural Simar Ka 2 21.01 Yashomati Maiyya Ke Nandlala 21.06 Anupama 21.28 Mere Sai 22.05 Kismat Ki Lakiron Se 22.54 Swaran Ghar 23.28 Serial: Rajaa Betaa 23.58 Film: Dedh Ishqiya 02.56 Kundali Bhagya
jeudi 5 septembre	07.25 Serial: Nelle Tue Mani 08.20 Serial: Le Temps D'Aimer 09.13 Tele: L'Envers Du Paradis 09.35 Film: Stan The Man 11.30 The Gardener's Daughter 12.00 Le Journal 12.25 Tele: Terra Nostra 13.20 Tele: Le Chemin Du Destin 13.45 Tele: Pasion Y Poder 14.10 Serial: Gout De L'Amour 15.25 Film: La Prophetie De L'Horloge 17.15 The Gardener's Daughter 18.00 Live: Samachar 18.31 Serial: Shiv Shakti 18.56 Serial: Doree 19.30 Le Journal 20.30 Film: Khiladi 786 Stars: Akshay Kumar, Asin, Mithun Chakraborty 22.41 Tele: Terra Nostra 00.20 The Gardener's Daughter	06.51 Local: En Forme 07.26 Local: Agir Ensemble 11.00 Rodrig: Klip Seleksion 12.06 Local: Rodrig Spor 12.26 Local: Saver Kiltirel 13.06 Local: Toc Toc Doc 13.25 Local: Agir Ensemble 14.28 Local: Itinerer Moris 14.41 Local: Proze Dime 15.19 Rodrig: Komanter 16.39 Local: Le Mag 18.00 Tele: Pasion Y Poder 18.31 Tele: Amour Secret 19.00 Zournal Kreol 19.15 Le Magazine De L'Emploi 20.00 Local: Les Grandes Lignes 20.30 Emotion En Avant Plan 21.46 Local: Le Mag 22.48 La Journee Sous Le Regard... 23.19 Rodrig: Klip Seleksion 00.04 Rodrig: Sa Lavi-La	07.09 Serial: Kalari Kids 07.21 Serie 08.27 Local MBC Production 09.52 Zindagi Mere Ghar Aana 10.12 Radha Mohan 12.00 Film: Pyar Ki Jeet With: Ashok Kumar, Shashi Kapoor, Vinod Mehra, Rekha 14.27 Mag: Sadhguru Speaks 15.30 Serial: Sajanwa Bairi Ho Gaile Hamar 16.00 Serial: Agniphera 17.30 Serial: Radha Krishna 18.29 Local: Amrit Vani 18.39 Local: Bhajan Sandhya 20.05 Local: Hunarbaaz 20.30 Local: Ramayan 21.00 Serial: Yashomati Maiyya... 21.30 Mag: Dharam Yatra 22.20 Serial: Mere Sai	08.16 Mag: Close Up 08.42 Mag: Focus On Europe 10.40 The Bridge Of Minor Miracles 11.33 Mag: Rev Special 12.30 Doc: A Mediterranean... 13.48 Doc: Legendary Hotels 15.00 D.Anime: Baby Einstein 2 15.06 Les Aventures Du Petit... 15.25 D.Anime: Kika Et Bob 15.44 D.Anime: Dee Dee The Little... 15.55 D.Anime: Robin Des Bois 16.06 D.Anime: Sonic Boom 16.42 Serial: Miraculous... 17.04 Serial: Sept Nains Et Moi 17.30 Mag: Motorweek 18.00 Mag: Eco India 18.30 Mag: Shift 18.43 Mag: Carnet De Sante 20.01 Tele: Le Temps D'Aimer 21.16 Film: Le Journee Des Violents	14.25 Radha Mohan 15.00 Gadget Guru Ganesha 15.30 Film: Shakuntala Devi Stars: Vidya Balan, Adi Chugh, Sanya Malhotra 18.00 Live: Samachar 18.30 Kundali Bhagya 19.00 Udaariyaan 19.30 Fanaa 20.00 Sasural Simar Ka 2 20.34 Yashomati Maiyya Ke Nandlala 21.02 Anupama 21.34 Mere Sai 22.01 Kismat Ki Lakiron Se 22.29 Swaran Ghar 23.05 Serial: Rajaa Betaa 23.31 Film: Shakuntala Devi Stars: Vidya Balan, Adi Chugh, Sanya Malhotra



Jeudi 5 septembre -
15.25

Stars: Vidya Balan, Adi Chugh,
Sanya Malhotra



Jeudi 5 septembre -
20.30

Stars: Akshay Kumar, Asin,
Mithun Chakraborty





Nita Chicooree-Mercier

Les aléas de la bonne gouvernance

À travers le monde, le public exige que les dirigeants élus pour gouverner leur pays le fassent avec efficacité, en appliquant les principes d'éthique et de morale exigés par les démocraties modernes. Bien que de nombreux pays revendiquent leur appartenance à une démocratie, qu'il s'agisse de vieilles démocraties occidentales ou de pays émergents de l'ère post-coloniale, la qualité de l'administration, la gestion des finances publiques et de l'économie varient considérablement d'un pays à l'autre.

Les pays occidentaux, forts d'une longue expérience en matière de méritocratie et de transparence, ainsi que d'une avance technologique et scientifique, maintiennent leur statut de modèle pour ceux qui cherchent un avenir meilleur, malgré les Cassandre du déclinisme occidental. Bien que tout ne soit pas parfait, l'Occident continue à attirer ceux qui, ailleurs, luttent pour faire respecter les institutions et, par conséquent, la dignité de leur peuple.

Où se positionne Maurice sur la carte des pays qui ambitionnent de promouvoir une gouvernance moderne et saine? L'objectif est de se comparer à des modèles éprouvés plutôt que de se contenter d'être un bon élève parmi les pays voisins, souvent entravés par des querelles identitaires et tribales, ainsi que par un sens du pouvoir hérité des premières années suivant l'indépendance, sans oublier les idéologies politiques destructrices importées pendant la guerre froide.

Le sens du bien commun a longtemps fait défaut dans l'exercice du pouvoir politique en Afrique, tandis qu'en Afrique du Nord, les citoyens sont souvent perçus comme des unités plutôt que comme des individus dignes, sous le règne d'une équipe dirigeante au-delà des apparences démocratiques des élections.

Toute personne de bonne foi doit reconnaître que le sens du bien commun, la volonté d'exercer le pouvoir pour améliorer le niveau de vie du peuple, élargir le "welfare state" et partager les fruits de la prospérité, est bien ancré dans l'ambition des dirigeants depuis l'indépendance.

En même temps, il convient de reconnaître que l'instauration du salaire minimum ces dernières années constitue une avancée cruciale. Cette mesure vise à encadrer les rémunérations et à prévenir l'exploitation des employés par des employeurs peu scrupuleux, qui ont longtemps négligé le bien-être des salariés et leur contribution à la prospérité des entreprises. Cette loi confère aux travailleurs la dignité qu'ils méritent en tant que citoyens. Ceux qui commentent et médiatisent leur opinion depuis leur bureau climatisé, déconnectés des réalités sociales, ne mesurent pas l'impact psychologique et financier de cette mesure gouvernementale tant attendue.

Aujourd'hui, il est largement reconnu que l'exercice du pouvoir est souvent entaché par des tentations de corruption, affectant les classes dirigeantes dans de plus en plus de pays depuis leur émancipation politique. Comme c'est le cas ailleurs dans le monde, les conflits d'intérêts et la corruption se sont intensifiés avec le développement du capitalisme. Les grands acteurs économiques ont investi pour satisfaire diverses demandes en échange de contrats pour divers projets. À Maurice, par exemple, la coalition multicolore des années 80 et 90 a été marquée par la médiatisation de plusieurs cas où certaines figures influentes ont abusé de leur statut de représentants du peuple pour obtenir des faveurs.

Autre fait médiatisé dans le passé : le recrutement dans la fonction publique, malgré la Public Service Commission (PSC) chargée de veiller au respect des critères d'embauche, avait été marqué par des allégations avérées ou non de manipulations politiques répondant à des considérations de couleur politique, d'identité ethnique ou de caste, ou simplement par la proximité avec le cercle des dirigeants. Comme il y avait peu d'offres dans le secteur public, cela avait suscité une demande pressante et avait laissé un goût amer aux candidats non retenus.

Le secteur privé, pendant les années de miracle économique, n'a pas échappé aux changements nécessaires. La demande en compétences a obligé les mentalités à évoluer, rendant le recrutement plus diversifié. Idem dans la fonction publique et les organismes paraétatiques, où l'explosion des postes a déterminé la politique de

recrutement plutôt que l'inverse, entraînant une plus grande équité et moins de discrimination. Toutefois, serait-il vrai d'affirmer que la volonté de recruter les compétences nécessaires a souvent primé sur d'autres considérations?

Cela étant dit, des anomalies telles que l'interférence politique dans la nomination des directeurs de certains organismes paraétatiques, comme la compagnie nationale aérienne, ont contribué considérablement au déclin global de leur fonctionnement. On se souvient de la médiatisation du trou noir de Rs80 millions tout comme le marchandage pré-électoral par des lobbys pour des nominations ethniques qui demeurerait toujours d'actualité dans certains organismes, devenus des bastions personnels.

Un autre fait de société a souvent fait la une des journaux: les leçons particulières. Il est également préoccupant de constater selon les dires des uns et des autres que la corruption est croissante dans le milieu éducatif, où certains enseignants ont transformé les cours privés en un business lucratif, négligeant la qualité des cours pour lesquels ils sont rémunérés par les fonds publics. Les sociologues pourraient peut-être expliquer pourquoi ce phénomène s'est amplifié dans les années 90 avec la recrudescence des diplômés de l'Université de Maurice?



Pourrait-on avancer l'hypothèse que la corruption, la malhonnêteté, l'avidité, la trahison, le manquement à la parole donnée et le mensonge dans le secteur public sont le reflet d'un manque d'éthique et d'un sens moral fluctuant chez beaucoup de ceux qui ont gouverné? Une exposition religieuse à la télévision peut contribuer à combler cette absence de droiture et de valeurs. Et plus, il y a quelques exceptions à la règle, eux aussi médiatisés mais pour la bonne cause. Aujourd'hui, il est rare de devoir soudoyer un employé pour obtenir un passeport ou un permis de conduire. Mis à part quelques éléments corrompus, les agents de l'ordre ne voient plus le public comme des cibles à plumer... Cependant, des questions graves demeurent concernant l'augmentation continue du trafic de drogue dans le pays, touchant chaque coin et recoin de l'île.

L'esprit de revanche, qui se manifeste par l'ingérence dans le recrutement dans le service public afin d'écarter ceux qui ne soutiennent pas le pouvoir en raison de leur nom, de leur affiliation politique perçue ou de leur appartenance ethnique, compromet l'équité, la justice et la méritocratie, comme le soulignent souvent les conversations entre Mauriciens. C'est inacceptable. De même, l'aide financière de l'État aux médias par le biais de publicités est marquée par une grande inégalité et une discrimination évidente. Cette situation ne peut perdurer. Après tout, il s'agit de fonds publics, et non du coffre personnel des dirigeants. C'est inacceptable ! Enfin, les sommes énormes versées aux experts étrangers, architectes et autres, pour des projets abandonnés pour des raisons discutables mériteraient aussi une attention particulière.

Somme toute, la qualité de la gouvernance à l'île Maurice n'est pas isolée de celle observée dans plusieurs autres pays du monde. Les gouvernants n'ont pas réussi à contenir les dérives qui érodent progressivement les principes d'éthique et de morale exigés par les démocraties modernes. Des progrès importants restent nécessaires pour parvenir à une gouvernance efficace, moderne et saine.

Tree of Knowledge

Promoting the Positive



We always have the option to not participate in negativity or to find a way to create a positive direction instead.

Sometimes we start out with the best intentions to think and speak only positive thoughts, but the people around us throw us off course. Not everyone fully understands the power our thoughts and words have, or even if they do, they may be stuck in old patterns of negativity. Much of our habitual communication takes the form of complaining and criticizing, and it can be hard to find a way into certain conversations without lapsing into those old habits. However, we always have the option not to participate in negativity or to find a way to influence the situation in a positive direction. In the right company, you may even be able to directly acknowledge the fact that things have taken a negative turn, thus freeing yourself and others from the negative pull.

Not everyone will respond to your cues. There's no need to become overly attached to the idea of changing other people, because people have to choose for themselves how they will be in the world. Many people stay with negativity because it is familiar to them and feels safe. It is important to give people the space to find their own way, but you can always set an example, subtly representing the power of being positive. At times, you may interject an affirmative statement into the conversation, or you may simply change the subject. You also may withdraw your energy and presence, which makes a subtle statement. If you feel comfortable enough with somebody that is always negative, perhaps, you can have an honest conversation with them; after all, awareness is the first step to change.

A powerful way to free yourself from the negative pull is to enlist allies who are of similar mind. You and a friend, coworker, or family member may agree to work together to continually shift the energy in a situation in a positive direction. The power of two people working to promote the positive is exponentially greater than one person working on their own. As you and your allies work together to lift the energy around you, you will be amazed to see how quickly the positive pull begins to draw people into its orbit, freeing one mind after another from negativity into light.