

MAURITIUS TIMES

• Politicians are people who, when they see light at the end of the tunnel, go out and buy some more tunnel. -- John Quinton, American actor/writer



Pourquoi les placements à Dubaï attirent-t-ils des Mauriciens?

Socratic Dialogue

The Quest for the Golden Ticket

Politics is about being everything to everyone, especially the leader

Plutonix P11

Breakfast with Bwana

Trump, Israel, Hamas: Are Courts the Answer?



Climate change or not...

But floods, extreme heat, landslides are real

Dr R. Neerunjun Gopee P 7

Interview: Rajeev Hasnah, Economist

"For the past decade or longer, politics took precedence over the economics of running the country"



• 'Having to deal with crises be it economic, political or climatic is now the new normal'

Eclairages

Donald Trump devient le premier ancien président américain à être condamné criminellement



Justice Deferred, Justice Denied

The recent verdict in the case of former Minister Yogida Sawmynaden has once again brought to light the complexities and challenges facing the justice system of Mauritius and its administration. While Y. Sawmynaden was acquitted this Thursday of the charges brought against him in the "Constituency Clerk" affair, questions linger regarding the broader state of justice in the country.

The ruling, handed down yesterday by Magistrate Anusha D. Rawoah, underscores the importance of a rigorous legal process. The magistrate's assessment that the prosecution's case was undermined by inconsistencies in witness testimony highlights the critical role of evidence in determining guilt or innocence. However, the swiftness of this judgment raised eyebrows in some quarters and stands in stark contrast to the languishing of other important cases, most notably the unresolved murder of Soopramanien Kistnen.

Kistnen's tragic death, discovered in a sugar cane field in October 2020, has left his family seeking answers and justice. Despite the efforts of Me Rama Valayden and the 'Avengers', to prevent the case being classified as a "suicide" and keep the case in the public eye, progress has been slow. The revelations from the judicial inquiry into Kistnen's murder paint a disturbing picture of the police's unbelievable "incompetence" as qualified by the Magistrate of the inquiry. Serious deficiencies in the police investigation, including the mishandling of evidence and suspicious circumstances surrounding the autopsy, raise serious concerns about the integrity of law enforcement.

One notable concern is the apparent reluctance of the investigative bodies to act, despite significant pressure from both the magistrate and the DPP's Office. This raises doubts about their ability to address political issues within high offices. If the fundamental principle of conducting fair and impartial investigations is compromised, it poses significant risks to the integrity of our institutions and the vitality of our democracy. When similar concerns arise within other democratic pillars like the National

Assembly or financial crime investigation units, any efforts to target opponents will inevitably be viewed as politically driven, thus eroding trust in law enforcement endeavours.

Moreover, the connection between Kistnen's murder (he was chief constituency agent of the MSM) and alleged irregularities in election expenses in Constituency No. 8, further underscores the need for a thorough and transparent investigation. The existence of the so-called "Kistnen Papers" suggests a deeper web of political intrigue and potential wrongdoing that must be brought to light. Whether this web extended to other public officers who worked in procurement and found an untimely death, we cannot determine but it is a strange coincidence.

The failure to adequately address cases like Kistnen's murder not only denies justice to the victims and their families but also erodes public trust in the system. The role of the police in protecting citizens and upholding the rule of law is paramount, and any perception of politicization or interference must be vigorously countered. The people of Mauritius rely on investigators doing their job fairly and our judiciary to protect their rights and hold wrongdoers accountable. If that system fails to deliver justice, it'll erode the very foundation of our society.

As we approach the next general elections, it is imperative that we demand more from our elected leaders and law enforcement agencies. We cannot allow justice to become a casualty of political expediency or bureaucratic incompetence. The incoming government must prioritize the independence and effectiveness of our justice system, ensuring that it has the resources and autonomy necessary to fulfill its mandate and deliver outcomes in a reasonable time-frame.

But this is not just a job for politicians and bureaucrats. It's a responsibility that we all share as citizens of Mauritius. We must continue to demand accountability from those in power and support those who seek to uphold the principles of justice and the rule of law. Justice delayed is justice denied, but justice denied is also a betrayal of everything we stand for as a nation.

The Conversation

Democracy in Africa: digital voting technology and social media can be a force for good – and bad



Pic - Institute for Justice

It's a bumper year for elections on the continent: by the end of 2024, 20 countries ought to have gone to the polls to vote in national elections. A handful of others are also scheduled to conduct local-level elections. As is the case elsewhere in the world, digital technologies have come to play a key role in African elections and political life more broadly – sometimes, but not always, in positive ways. Maxwell Maseko researches digital governance and media. He recently published a book chapter examining the potential threats and benefits to democracy that digital technologies pose in African countries. He explains what he found.

Can African countries use digital technology to strengthen democracy?

In recent years, more people in African countries have been able to access the internet than ever before. This growth has been driven by improved telecommunication infrastructure and the rising adoption of mobile devices.

At the same time there's been a worrying democratic decline in some countries and regions, most markedly north Africa. This is marked by an increase in military regimes, a rise in violent conflicts and growing public dissatisfaction with political systems.

Today social media platforms like X (formerly known as Twitter), WhatsApp and Facebook are regularly used for debate, and to mobilise citizens and organise protests.

Examples include the 2010 Arab Spring in north African and Middle Eastern countries and South Africa's #FeesMustFall protests beginning in 2015.

During Zambia's "bush protests" in 2020 a reported 500,000 people tuned in online to social media platforms to listen to their leaders criticise alleged government corruption.

That's just one example of how digital technology can strengthen democracy by allowing citizens to get involved. Others include improving health and education services and strengthening tax and revenue collection methods.

What kind of digital technologies can be used? And how?

Many African countries have weak election management systems. Citizens are rightly worried about human interference in electoral processes, as well as a lack of transparency and oversight.

A study of India and some countries in the Americas and Europe suggests that digital technologies can be used to restore the credibility and integrity of elections.

This approach is already being taken in some countries on the continent – mostly those like Kenya and South Africa, which are considered stronger democracies than their peers.

Maxwell Maseko, Postdoc Research Fellow - Digital Governance and Media, University of the Witwatersrand

● Cont. on page 16

Mauritius Times

Founder/Editor: Beekrumsing Ramlallah - Aug 1954-Sept 2000

Editor-in-chief: M. Ramlallah / Senior Editor: Dr RN Gopee

This paper has been produced with the assistance of

Doojesh Ramlallah, Sultana Kurmally and Kersley Ramsamy

Pearl House 4th Floor Room 406 - Sir Virgil Naz Street, Port Louis

Tel: 5-29 29301 Tel/Fax: 212 1313

mtimes@intnet.mu



www.mauritiustimes.com



facebook.com/mauritius.times





Prakash Neerohoo

Investissements à l'étranger

Pourquoi les placements à Dubaï attirent-ils des Mauriciens?

Les placements de capitaux dans des pays étrangers semblent attirer des Mauriciens de plus en plus, qu'il s'agisse des sommes placées dans des banques, affectées à l'achat de valeurs mobilières (actions ou obligations d'entreprise) ou affectées à l'acquisition de valeurs immobilières (appartements ou villas). Cette tendance s'est accentuée depuis l'ouverture de l'économie locale envers l'extérieur, marquée par l'abolition du contrôle des changes dans les années 1990.

Cette semaine, Maurice a défrayé la chronique dans la presse internationale grâce aux «Dubai Leaks», un dossier publié par l'*Organised Crime and Corruption Reporting Project* (OCCRP), un consortium de journalistes d'investigation provenant de 70 médias, sur les investissements étrangers dans le secteur immobilier à Dubaï. Ce dossier nous apprend qu'un ministre mauricien a acheté un appartement de Rs 11,5 millions (\$251,600) dans le complexe Noora Residence à Dubaï.

L'information n'est pas vraiment nouvelle parce que le ministre en question avait déclaré son bien immobilier à Dubaï dans sa déclaration des avoirs déposée en 2019 auprès de l'ICAC (*Independent Commission Against Corruption*), une organisation qui a été absorbée dans la nouvelle institution connue comme *Financial Crimes Commission* (FCC), chargée de combattre les crimes financiers.

Toutefois, cette affaire soulève des questions pertinentes sur la transparence financière et les sources de financement pour les placements dans des pays étrangers.

Individus politiquement exposés

Dubaï, un des sept émirats formant les Emirats Arabes Unis, est réputé comme un centre financier où des oligarques du monde placent leur fortune en investissant dans l'immobilier, ce qui est un moyen de blanchir l'argent illicite.

Le dossier de l'OCCRP identifie un bon nombre d'investisseurs dans les trois catégories suivantes: des criminels condamnés ou présumés, des individus sujets à des sanctions en Occident, et des individus «po-

litiquement connectés ou exposés».

Dans le préambule du dossier, l'OCCRP écrit ceci: "Dubai's high rises and villas have served as a safe haven for some of the world's most wanted criminals, due in part to the secrecy its real estate affords. Dubai's reputation for financial secrecy, its lack of property taxes, and relative political stability have also made the city an appealing spot for those looking to safely park funds abroad should the political tides turn against them at home."

Parmi les personnalités africaines qui ont fait des placements suspects à Dubaï, le dossier mentionne notamment:

- les frères Gupta (Rajesh et Atul), qui sont accusés de fraude et de blanchiment d'argent en Afrique du Sud à travers leur proximité avec l'ex-président sud-africain Jacob Zuma, et
- Isabel Dos Santos, la fille de l'ex-dictateur angolais, qui est accusée de blanchiment d'argent et de fraude commise aux dépens de la société pétrolière d'Etat en Angola. Rappelons qu'elle a investi dans certaines sociétés offshore à Maurice.

Apart le ministre mauricien, il y a sans doute d'autres Mauriciens qui ont investi à Dubaï, qui est une destination de prédilection pour eux pour faire des affaires ou du tourisme. On sait que certains politiciens ont fait des visites fréquentes à Dubaï soit en voyage privé ou en mission officielle. Les noms d'autres investisseurs mauriciens ne paraissent pas dans la base de données interactive de l'OCCRP pour l'une de deux raisons: soit ils ne tombent pas dans l'une des trois catégories mentionnées, ou les propriétés immobilières acquises sont enregistrées sur des prête-noms (un proche d'un nom différent, un notaire, une société, une fiducie, etc.) qui cachent les noms des propriétaires bénéficiaires (*beneficial owners*).

A Maurice, les individus politiquement exposés (représentants élus) et les hauts officiels des secteurs public et parapublic sont requis de faire une déclaration des avoirs tous les cinq ans sous l'article 6 de la loi, *The Declaration of Assets Act 2008*,



Pic - Oplndia

« Il est évident que ceux ayant acquis des biens mobiliers (véhicules, bateaux, actions d'entreprise, etc.) et des biens immobiliers (maisons, terrains, bâtiment commercial) l'ont fait à partir des sources de revenu considérables. Sans vouloir remettre en question l'intégrité des principaux concernés, des questions se posent: 1) Ces revenus ont-ils été déclarés en totalité aux autorités fiscales (MRA) ? 2) Puisque certaines propriétés immobilières acquises se trouvent en Europe ou dans des pays du Golfe Persique, quels sont les montants en devises étrangères qui ont été transférés à cette fin? »

amendée en juillet 2019. Sous l'article 6(1) de la FCC Act, la FCC est chargée de surveiller les actifs et passifs des déclarants en vue de détecter, et d'enquêter sur, les délits de corruption, de blanchiment d'argent et d'enrichissement illicite.

Lacunes de la loi

L'article 7(1) de la loi sur la déclaration des avoirs permet à la FCC de divulguer au public les déclarations des avoirs des représentants élus. Toutefois, l'obligation de déclarer les avoirs et la divulgation de ces déclarations des avoirs par la FCC butent contre des lacunes et des limitations significatives dans la loi qui ne rendent pas justice à deux impératifs de la bonne gouvernance: (a) la transparence des affaires et des transactions, et (b) le devoir de rendre compte de ses décisions et de ses actes dans l'exercice du pouvoir.

Premièrement, en vertu de l'article 7(2) de loi, la FCC n'est pas autorisée à divulguer les comptes bancaires des représentants élus (députés, ministres et conseillers de ville et de district), leur argent en main de moins de Rs 1 million et leurs objets de valeur de plus de Rs 500 000. La divulgation des avoirs des représentants élus est donc réduite au patrimoine de biens mobiliers (véhicules, bateaux, actions d'entreprise, obligations et autres instruments financiers) et de biens immobiliers (propriétés foncières). L'information fournie à la FCC sur les comptes bancaires restera

confidentielle. On ne saura pas avec quel argent ils ont acquis leurs biens.

Deuxièmement, l'article 7(3) de la loi n'autorise pas la divulgation des déclarations des avoirs des hauts officiels des secteurs public et parapublic. C'est une aberration parce que ces officiels, comme les présidents et chefs exécutifs des entités paraétatiques (CEB, CWA, STC, etc.) et des entreprises sous le contrôle de l'Etat (Air Mauritius, Mauritius Telecom, SICOM, etc.), négocient des marchés publics (contrats d'approvisionnement) valant des milliards de roupies. Ils devraient être au-dessus de tout soupçon.

Troisièmement, la déclaration des avoirs se fonde sur une approche quantitative dans la mesure où le déclarant doit seulement déclarer les biens qu'il a acquis. En vertu de l'article 5(2), il n'est pas tenu à fournir une évaluation monétaire des biens acquis. Si l'on sait combien de biens mobiliers (actions d'entreprise ou véhicules) ou de biens immobiliers (maisons, terrains) une personne a acheté, on ne saura jamais la valeur de ces biens pour autant.

Evaluation monétaire

Si l'on peut juger le degré de richesse relative par le nombre de biens acquis, c'est davantage par l'évaluation monétaire des biens qu'on détermine si quelqu'un est riche ou super-riche.

● Suite en page 8

« En vertu de l'article 7(2) de loi, la FCC n'est pas autorisée à divulguer les comptes bancaires des représentants élus (députés, ministres et conseillers de ville et de district), leur argent en main de moins de Rs 1 million et leurs objets de valeur de plus de Rs 500 000. La divulgation des avoirs des représentants élus est donc réduite au patrimoine de biens mobiliers (véhicules, bateaux, actions d'entreprise, obligations et autres instruments financiers) et de biens immobiliers (propriétés foncières). L'information fournie à la FCC sur les comptes bancaires restera confidentielle. On ne saura pas avec quel argent ils ont acquis leurs biens... »

Donald Trump devient le premier ancien président américain à être condamné criminellement

Que se passe-t-il ensuite? Peut-il toujours se présenter à la présidence?

Par A. Bartleby

Dans une décision historique, un jury de New York l'a reconnu coupable de falsification de documents commerciaux pour commettre une fraude électorale. L'ancien président doit être condamné le 11 juillet, quelques jours avant le début de la Convention nationale républicaine le 15 juillet, où Trump devrait être officiellement désigné candidat à la présidence.

rait jamais dû être autorisé à juger cette affaire". "Nous en avons encore pour longtemps," a ajouté Trump.

Pendant ce temps, un porte-parole de Joe Biden a déclaré dans un communiqué: "Personne n'est au-dessus de la loi."

"Donald Trump a toujours cru à tort qu'il n'y aurait jamais de conséquences pour avoir enfreint la loi pour son propre bénéfice personnel," a déclaré Michael Tyler, directeur de communication de la campagne Biden-Harris. "Un deuxième mandat Trump

suite 45e président des États-Unis.

Le verdict de culpabilité pourrait-il avoir un impact sur l'élection? Des sondages d'opinion réalisés avant le verdict de jeudi suggéraient qu'il pourrait poser un danger politique significatif pour Trump.

Mais dans un sondage d'avril, seulement environ un tiers des adultes américains ont déclaré que Trump avait commis quelque chose d'illégal dans l'affaire du silence de l'argent, tandis que près de la moitié pensaient qu'il avait commis quelque chose d'illégal dans les trois autres affaires criminelles en attente contre lui. Et ils étaient assez sceptiques quant à savoir si Trump était traité équitablement par les procureurs dans l'affaire, ou si le juge et les jurés pouvaient être impartiaux dans des affaires le concernant.

Cependant, la moitié des Américains considéreraient Trump comme inapte à occuper la présidence s'il était reconnu coupable de falsification de documents commerciaux pour dissimuler des paiements de silence à une femme qui a déclaré avoir eu une relation sexuelle avec lui.

Les sondages AP-NORC réalisés au cours de la dernière année ont révélé que près de la moitié des Américains estimaient que Trump avait commis quelque chose d'illégal concernant les documents classifiés trouvés dans sa maison de Floride, et une proportion similaire pensait qu'il avait commis quelque chose d'illégal concernant sa prétendue tentative d'interférer dans le décompte des voix en Géorgie lors de l'élection présidentielle de 2020.

Le sondage a également révélé que près de la moitié des Américains croyaient qu'il avait fait quelque chose d'illégal en rapport avec son effort pour renverser les résultats de l'élection de 2020.

Bien que la condamnation de Trump représente un tournant historique dans la politique américaine, son impact sur les

élections futures reste incertain. Les sondages indiquent une division au sein de l'électorat américain quant à la perception des actions de Trump et à leur impact sur son aptitude à occuper la présidence.

Polarisation politique et méfiance envers les médias

Alors que les États-Unis se préparent à de nouvelles élections, l'affaire Trump continuera de susciter des débats et de façonner le paysage politique américain. Cette affaire met en lumière la division au sein de l'électorat américain concernant leurs perceptions des actions de Trump et de leurs implications pour sa présidence.

Malgré la représentation négative de Trump par ses adversaires politiques et les médias, il est clair que de nombreux Américains ont leurs propres opinions sur ce qui est juste ou injuste. Cette divergence de perception pourrait être attribuée à plusieurs facteurs.

Tout d'abord, la polarisation partisane s'est considérablement intensifiée ces dernières années, les individus formant souvent leurs opinions en fonction de leur affiliation politique plutôt que d'une analyse objective des faits. Les partisans de Trump peuvent être enclins à minimiser ou à rejeter les allégations à son encontre en raison de leur loyauté envers le Parti républicain et de leur alignement avec son programme politique.

De plus, la méfiance à l'égard des sources d'information traditionnelles s'est considérablement accrue, conduisant de nombreux Américains, tout comme le reste du monde, surtout dans les pays démocratiques, à rechercher des sources d'information alternatives qui correspondent à leurs croyances préexistantes. Par conséquent, les individus peuvent consommer sélectivement des nouvelles qui renforcent leurs points de vue tout en ignorant celles qui contredisent leurs opinions.



L'ancien président américain Donald Trump, au centre, et son avocat Todd Blanche, avocat de l'ancien président américain Donald Trump, à droite, parlent aux membres des médias alors qu'ils arrivent au tribunal pénal de Manhattan à New York, États-Unis, le jeudi 30 mai 2024. P - EPA - Bloomberg

Les verdicts plongent les États-Unis dans un territoire inexploré à l'approche des élections du 5 novembre, alors que les sondages d'opinion montrent Donald Trump et Joe Biden engagés dans une course serrée pour la Maison Blanche. Trump encourt une peine maximale de quatre ans de prison, bien que d'autres condamnés pour le même crime reçoivent souvent des peines plus courtes, des amendes ou une probation.

S'exprimant à l'extérieur du tribunal, Trump a qualifié la condamnation de "honteuse" et a affirmé être "un homme très innocent". Il a déclaré que le procès était "truqué" et que le juge était "partial" et "n'au-

signifie le chaos, l'abolition des libertés des Américains et l'incitation à la violence politique - et le peuple américain le rejettera en novembre."

Paiements de "silence"

TTrump était au centre d'un stratagème visant à dissimuler des paiements de "silence" pour acheter le silence d'une actrice pornographique dans les jours précédant l'élection de 2016. Lorsque les révélations de Stormy Daniels sur une liaison sexuelle avec Trump ont menacé de bouleverser sa campagne présidentielle, il a dirigé son avocat pour lui verser 130 000 dollars pour la faire taire. Le paiement a enterré l'affaire, et Trump a été élu par la

Élections en Inde 2024: Y a-t-il une vague Modi?

L'Inde devrait avoir un nouveau gouvernement en place d'ici la mi-juin après une élection de six semaines qui a débuté le 19 avril. Les votes seront comptés le 4 juin et les analystes s'attendent à ce que le Premier ministre Narendra Modi remporte un troisième mandat consécutif.

Cependant, selon Deccan Herald, des membres du parti, des membres de l'opposition et des analystes qui ont parcouru le pays pour parler aux électeurs affirment qu'il y existe peu de preuves d'une même "vague Modi" (Modi wave) qui avait permis à son parti Bharatiya Janata de balayer les élections en 2019. À l'époque, le BJP avait remporté 303 des 543 sièges de la chambre basse du parle-

ment, la Lok Sabha.

Avec ses alliés, la coalition dirigée par le BJP comptait environ 351 sièges. Modi vise plus de 400 sièges pour sa coalition cette fois-ci, un objectif affiché sur les affiches de campagne, et que le Premier ministre mentionnait fréquemment dans ses discours de campagne.

Mais un changement notable dans le ton de Modi après la première phase de vote a alimenté la spéculation selon laquelle le BJP aurait pu être alarmé par les tendances de vote initiales et aurait besoin de rallier sa base de soutien.

☞ Suite en page 5



Le BJP sera le plus grand parti et devrait être invité par la Commission électorale de l'Inde à former le gouvernement. P - Le Monde

Élections en Inde 2024: Y a-t-il une vague Modi ?

☞ Suite de la page 4

D'autre part, Neerja Chowdhury, journaliste et commentatrice politique, affirme, elle, que les dirigeants du BJP sont très confiants et considèrent déjà la victoire comme acquise. "Il va sans dire que le BJP formera le gouvernement. Quel que soit le nombre, le BJP sera le plus grand parti et devrait être invité par la Commission électorale de l'Inde à former le gouvernement."

Quels défis attend le nouveau gouvernement ?

L'économie indienne devrait avoir progressé d'environ 8% au cours de la dernière année fiscale, l'un des taux de croissance les plus rapides parmi les grandes économies, mais les électeurs ont signalé des disparités sur le terrain, avec une croissance plus visible dans les villes que dans l'immense arrière-pays, selon Reuters.

L'économie est passée de la septième à la cinquième place mondiale au cours de la dernière décennie sous Modi et il a déclaré qu'il la hisserait à la troisième position s'il était élu. Cependant, le revenu par habitant du pays reste le plus bas parmi les nations du G20.

Néanmoins, S&P Global Ratings a relevé fin mai la perspective de la note souveraine de l'Inde à "positive" contre "stable" tout en maintenant la note à "BBB-", affirmant que l'expansion économique robuste du pays avait un impact constructif sur ses indicateurs de crédit.

Inflation: L'inflation annuelle au détail en avril s'est élevée à 4,83 %, légèrement inférieure à celle de mars, mais toujours au-dessus de l'objectif de 4 % de la banque centrale. La lutte contre l'augmentation importante des prix alimentaires a été l'un des principaux axes de campagne du principal parti d'opposition, le Congrès, qui a promis plusieurs distributions d'argent liquide pour atténuer la situation. Modi, quant à lui, a interdit les exportations de blé, de



Le Premier ministre Narendra Modi brigue un troisième mandat. P - Getty Images

riz et d'oignons pour contenir l'inflation intérieure.

Chômage: Le chômage en Inde a également été l'un des principaux problèmes de la campagne, le Congrès accusant le Gouvernement Modi de ne pas faire grand-chose pour fournir des emplois à la jeunesse du pays. Le taux de chômage en Inde est passé à 8,1 % en avril, contre 7,4 % en mars, selon le centre de réflexion privé, le Centre for Monitoring Indian Economy. Dans l'ensemble, le taux de chômage urbain au cours du trimestre janvier-mars s'est établi à 6,7 %, contre 6,5 % au trimestre précédent, selon les données gouvernementales.

Relations étrangères: Le prestige croissant de l'Inde sur la scène mondiale et sa politique étrangère assertive ont été présentés comme des réalisations majeures récentes par l'administration Modi. Cependant, une tension diplomatique clé persiste avec la Chine, attisée par un

affrontement frontalier en 2020 qui a causé la mort de 20 soldats indiens et de quatre soldats chinois.

Modi a déclaré le mois dernier que les pays devraient aborder la "situation prolongée" à leur frontière. Le gouvernement Modi tente d'attirer des entreprises étrangères pour diversifier les chaînes d'approvisionnement au-delà de la Chine. Les relations avec le Canada sont également tendues depuis quelques mois après que Ottawa et Washington ont accusé un fonctionnaire indien d'avoir dirigé le complot dans la tentative de meurtre de Gurpatwant Singh Pannun, un séparatiste sikh et citoyen double des États-Unis et du Canada.

Agriculteurs: Le revenu agricole stagnant est un signe majeur d'aggravation des inégalités entre l'Inde urbaine et rurale, ce qui a conduit à des manifestations généralisées. Le BJP avait promis de doubler le revenu agricole d'ici 2022 dans son manifeste pour les dernières élections, mais n'a pas réussi à le faire.

Malgré cela, Modi a fixé un nouvel objectif pour augmenter de 50 % le revenu par habitant en milieu rural d'ici 2030, mais les agriculteurs de l'arrière-pays restent sceptiques quant à de tels plans, a rapporté Reuters plus tôt.

Réformes foncières et du travail: En février, un porte-parole du BJP a déclaré que Modi pourrait faire des réformes du travail une priorité s'il remportait les élections générales. De nouveaux codes du travail, qui faciliteraient l'embauche et le licenciement des travailleurs par les entreprises et imposeraient des restrictions d'exploitation aux syndicats, ont été approuvés par le parlement en 2020, mais n'ont pas encore été mis en œuvre en raison de la résistance des travailleurs et des États. Le nouveau gouvernement pourrait également continuer à retarder la mise en œuvre des réformes foncières, car de telles mesures seraient controversées et pourraient entraîner des pertes lors des élections locales plus tard cette année.

L'Afrique du Sud commémore 30 ans de démocratie

Comment les mythes sont-ils créés et exploités en politique ?

Une réflexion à partir du livre de Jonny Steinberg sur Nelson et Winnie Mandela

Dans son ouvrage intitulé "Winnie & Nelson: Portrait d'un mariage", le chercheur en histoire politique Jonny Steinberg offre une biographie croisée des deux figures emblématiques de la lutte pour la démocratie en Afrique du Sud : Nelson et Winnie Madikizela Mandela. Cet ouvrage s'attache également à démystifier de nombreux mythes sur le couple et sur la lutte pour la libération, des mythes qui se sont enracinés dans la culture populaire et même dans les récits académiques de l'histoire.

Alors que l'Afrique du Sud commémore 30 ans de démocratie, Steinberg analyse la manière dont ces mythes historiques sont créés et les raisons justifiant de cette création.

Pour comprendre comment Nelson et Winnie sont devenus des figures mythiques, il est important de définir ce que nous entendons par "mythe". Il ne s'agit pas de fiction; mythifier ne consiste pas nécessairement à inventer des choses qui ne sont pas vraies. Par exemple, mythifier une personne, cela signifie raconter son histoire personnelle de manière à incarner quelque chose de plus grand, généralement une leçon, comme la façon dont les opprimés

devraient répondre à leur propre souffrance, ou comment les systèmes de gouvernance oppressifs devraient prendre fin.

Nelson et Winnie, eux-mêmes, ont contribué à leur propre mythification. Tous deux ont compris intuitivement que leur plus grand talent résidait dans la performance publique. Lorsque Nelson a rejoint la clandestinité pour créer l'aile militaire du Congrès national africain (ANC), il a compris qu'il devait non seulement mener une lutte armée, mais aussi montrer au monde ce à quoi ressemblait un homme noir qui choisissait de se battre.

Il en va de même pour Winnie. Lorsqu'elle est apparue au tribunal de Johannesburg lors de l'arrestation de Nelson en 1962, elle a apporté deux tenues: une tenue traditionnelle Thembu pour le tribunal afin de correspondre au kaross en peau de chacal qu'elle savait qu'il porterait, et un tailleur pour la marche illégale qui débiterait dans la rue après l'audience.

Elle avait compris qu'il n'était pas trivial pour une femme noire de confronter l'ennemi avec style. Ils savaient tous les deux que les guerres seraient gagnées ou perdues par le pouvoir des mythes que leur apparence véhiculerait.



Une simple histoire sur un homme bon et une femme bonne qui s'aimaient et qui avaient été déchirés par un régime maléfique. Des histoires comme celle-là valent leur pesant d'or. P - BBC

Mais si Nelson et Winnie ont été responsables du début de leur propre mythification, d'autres personnes ont grossi les rangs par la suite. À la fin des années 1970, le leader de l'ANC, Oliver Tambo, a été approché avec l'idée de célébrer le 60e anniversaire de Mandela. Il a immédiatement compris qu'il y avait là l'opportunité de façonner une figure héroïque incarnant la lutte pour la liberté. Il n'a pas consulté l'exécutif de l'ANC car il savait qu'ils s'y opposeraient, craignant les cultes de personnalité et ainsi de suite.

Et ainsi, il a donné à l'ANC l'arme la plus puissante qui soit, une simple histoire sur un homme bon et une femme bonne qui s'aimaient et qui avaient été déchirés par un régime maléfique.

A. Bartleby

☞ Suite en page 8

Trump, Israel, Hamas: Are Courts the Answer?



Anil Madan

Unless the US and other countries are prepared to accept the decisions of courts across the board and not just when the decisions please them, or conform to their preconceive notions, courts will never be the answer

On May 29, 2024, a judge in New York instructed the jury on the law applicable to the criminal charges against former President Donald Trump. The jury started their deliberations and in the first three hours requested that they be given a copy of the testimony on certain subjects as well as a re-reading of the judge's charge on certain points of law.

Whether Trump is found guilty or not, a sizable percentage of the American electorate has stated in a recent poll that it will make no difference in the likelihood of their voting for him. On the other hand, a significant number of registered voters said a verdict, one way or the other, would make it less likely that they will vote for him.

Such abstract polls do not provide the only answer that matters, the one that counts the total votes cast to determine who will be the next president. Yet, it is remarkable that those claiming to be registered voters can express such disdain for the legal process.

When it comes to disdain for judges and prosecutors, there is not much that can match Trump's discouraging and scathing remarks. He has referred to them as corrupt, deranged, and engaged in witch hunts and in interfering with his reelection bid.

Even if Trump is convicted, it is unlikely that he will be jailed. The logistics of accommodating the Secret Service which is required by law to provide a former president 360° protection in a prison environment are daunting. The option of home confinement, whether in his New York apartment or at Mar-a-Lago in Florida may be the only options for confinement that a judge would consider. And a lesser sentence of parole or perhaps just a fine are options.

In April this year, twelve Republican US Senators sent Karim Khan, of the International Criminal Court (ICC), a stern letter threatening him and other UN jurists with personal consequences should the ICC apply for arrest warrants for Israeli Prime Minister Netanyahu or other Israeli government ministers or officials. The letter stated that the Senators would view any arrest warrant as "a threat not only to Israel's sovereignty, but also to the sovereignty of the United States."

A month later, on the advice of a panel of ICC experts, Khan applied for warrants for the arrest of Netanyahu, Israeli defense minister Yoav Gallant, and as well of Hamas leaders Ismail Haniyeh, Mohammed al-Masri, and Yahya Sinwar.

The ICC's controversial warrants

Trumping the level of disdain for prosecutors shown by the former US president, Israel's Prime Minister Netanyahu called Khan one of the "great antisemites in modern times." Notwithstanding that Israel is not a member of the ICC, Israeli government condemnation of Khan and the ICC was swift and strident. Netanyahu said he rejected with disgust that "democratic Israel" had been compared with "mass murderers". Gallant called the



"The ICJ is making a political decision regarding the conduct of a war. Whereas one might plausibly argue that the court is effectively issuing an injunction against the commission of further war crimes or crimes against humanity, or even preventing genocide, there is a serious jurisdictional question as to whether it is the proper function of a court to direct the conduct of a war..." Pic - Balkan Insight

ICC's action a disgraceful attempt to interfere in the war.

Not surprisingly, Hamas issued its own denunciation of the ICC's action, saying that it was equating the victim with the executioner.

The US is also not a member of the ICC. Nevertheless, President Biden called the application "outrageous" and stated that there is no equivalence between Israel and Hamas. US Secretary of State Blinken called the move shameful and declared that the ICC has no jurisdiction in this matter.

House of Representatives Speaker Mike Johnson called the idea of such warrants "disgraceful" and demanded that the Biden Administration must immediately and unequivocally demand that the ICC stand down and the US should use every available tool to prevent such an abomination.

Meanwhile, it appears that many countries including Spain, Ireland, France, Germany, Denmark, and Norway, are prepared to honour the ICC warrants. In what many have fairly called hypocrisy, when the ICC issued an arrest warrant for Putin on charges of committing war crimes, Biden said Putin had "clearly committed war crimes," and called the arrest warrant justified. Blinken urged all ICC member states to enforce the warrant.

Whereas British Prime Minister Rishi Sunak's spokesperson denounced an arrest warrant as not helpful in stopping the conflict, rescuing hostages, or delivering humanitarian aid, when the Putin arrest warrant was announced, then-Foreign Secretary Cleverly welcomed the ICC's independent action in that regard.

Karim Khan is a prosecutor with a distinguished career in international criminal law. He is a barrister called to the Bar at Lincoln's Inn and King's Counsel. His more than 30 years of professional experience as an international criminal law and human rights lawyer includes being a prosecutor, victim's counsel and defense lawyer in the International Criminal Court, International Criminal Tribunal for Rwanda, International Tribunal for the Former Yugoslavia, the Extraordinary Chambers in the Courts of Cambodia, the Special Tribunal for Lebanon, and the

Special Court for Sierra Leone.

Nevertheless, it must be said that Khan was pandering to supporters of both Israel and Hamas when he announced his simultaneous application for arrest warrants. For supporters of Israel, the warrants for Hamas leaders are fully justified. In fact, the leaders of many countries that support the ICC condemned the equivalence Khan's actions had made between Israel and Hamas. On the other hand, supporters of the Palestinians, decried equating the victims with Israel which they see as an illegal occupier. Those are not issues I intend to address here; my purpose being directed to the disdain that courts of law and the legal process are seen at the highest levels in governments across the world.

War crimes tribunals

It should be noted that the US was instrumental in establishing the war crimes tribunals in Nuremberg and Tokyo after World War II and, as Todd Buchwald has noted, "the United States was the prime

advocate in the Security Council debates that produced the Yugoslavia and Rwanda tribunals that stand as forefathers to the International Criminal Court and was in fact an early supporter of a permanent international criminal tribunal. And notwithstanding its concerns about the Court, the United States played a significant role in shaping the ICC's Elements of Crimes and its Rules of Procedure and Evidence as well as in helping in its investigations."

On another note, in South Africa's genocide case against Israel before the International Court of Justice (ICJ), that court issued an Order in January this year, directing Israel to take all measures to prevent any acts that could be considered genocidal according to the 1948 Genocide Convention.

On the same day as Khan's announcement that he would seek the arrest warrants mentioned, the ICJ issued an order that Israel must immediately halt all military operations in the governorate of Rafah and that any further operations could be considered an act of genocide.

It is notable that neither the ICC nor the ICJ, has charged Hamas or its leaders with attempted genocide against Israel.

The ICJ order has prompted rights groups to call on the Biden administration to cease weapons transfers to Israel. Biden himself has voiced public opposition to a ground invasion of Rafah, but his administration appears to be backing away from that apparent red line which now appears pink. Indeed, when an Israeli airstrike was alleged to have caused the death of 45 civilians including women and children, White House spokesperson said that this did not cross an US red line. Netanyahu called the deaths a tragic mistake, but an Israeli spokesperson referred to the need for an investigation and appeared to cast doubt that the Israeli airstrike was the cause of the fire that followed.

Israeli condemnation of the ICJ's order was swift and not limited to just Netanyahu's coalition.

• Cont. on page 8



Dr R Neerunjun Gopee

Climate change or not...

But floods, extreme heat, landslides are real

When the Intergovernmental Panel on Climate Change (IPCC), which was set up in 1988 by the World Meteorological Organization (WMO) and the United Nations Environment Programme (UNEP), came out with its initial reports, I recall coming across articles – including one in the respected *Scientific American* magazine – wherein naysayers denied that climate change was taking place. Of late, though, it would seem that it is the views of the proponents of climate change that are predominating.

Its website notes that IPCC assessments are written by hundreds of leading scientists who enlist hundreds of other experts to provide complementary expertise in specific areas. Besides, IPCC reports undergo multiple rounds of drafting and review to ensure they are comprehensive and objective and produced in an open and transparent way, and that the reports reflect the full range of views in the scientific community.

The UN has been coming under fire for some time now on a number of its roles – among others: human rights issues, humanitarian aid, prevention of conflicts and wars, representation at the level of the UN Security Council – with very severe criticisms having been levelled at it, to the extent of some member states advancing that it is no longer relevant and should be dissolved since reform seems to be impossible!

However, in all fairness, its scientific bodies seem to have greater credibility. Like the IPCC, they too are staffed by a wide, global cross-section of scientists and other domain experts. It is now generally accepted that climate change is happening, because of global warming caused by the totality of human activities and is responsi-

“As I watched these scenes on the television, I was reminded of cyclone Carol in April 1960. I and my siblings similarly saw iron sheets pulled off the roofs of houses and flying off in the air. We called them *soucoupes volantes* (flying saucers). And so too do I recall the spectacle of desolation in the immediate aftermath of the cyclone, and the disbelief and despair writ large on the faces of everybody, obviously more so in those whose houses had been damaged almost beyond repair: in those days most houses were of the colonial type, made of wood framework and iron roofs, some had wooden tiles for the roof. But all suffered serious damage. And we too have had our fair share...”



Much of Europe, US grapple with scorching temperatures. Pic - CBC News

ble for many of the unusual phenomena that the world has been subjected to in recent times.

Whatever the doubters believe, undeniably extreme heat, heavy rainfall, swollen rivers, flash floods and mudslides, tornadoes and cyclones, turbulence in aircraft are for real! They are occurring suddenly and unexpectedly, across all continents and irrespective of the usual seasonal patterns, catching thousands of people unaware and invariably causing death, destruction and misery so protracted that before affected areas have time to return to any semblance of normalcy, other catastrophes loom!

Last Friday, for example, Papua New Guinea was hit by a mountain landslide which has submerged whole villages, with an officially estimated 2000 deaths. This happened in a remote area, and compounded with difficulty of access because of debris, there was delay in the arrival of a first excavator until Sunday. In the meantime, the people were struggling with whatever implements they could lay their hands on, and even using their bare hands to dig where they thought they could hear cries for help coming from below ground.

At the other end of the world, Brazil was still battling the aftermath of the most severe floods that it had suffered in several years, and that had caused deaths and extensive damage to human habitations and to infrastructure.

In the USA four states – Texas, Arkansas, Kentucky, and Oklahoma – have been hit by cyclones and tornadoes last weekend. In a matter of hours buildings have been flattened to the ground over vast areas. 21 people are reported dead. In public buildings where they could, people rushed to the toilets to seek shelter and avoid injuries, if not death, as these areas were the only ‘hard-built’ parts of those structures. One could see numerous

pieces of metal and other materials flying overhead, creating apprehension about where they would land and adding to the damage.

As I watched these scenes on the television, I was reminded of cyclone Carol in April 1960. I and my siblings similarly saw iron sheets pulled off the roofs of houses and flying off in the air. We called them *soucoupes volantes* (flying saucers). And so too do I recall the spectacle of desolation in the immediate aftermath of the cyclone, and the disbelief and despair writ large on the faces of everybody, obviously more so in those whose houses had been damaged almost beyond repair: in those days most houses were of the colonial type, made of wood framework and iron roofs, some had wooden tiles for the roof. But all suffered serious damage. And we too have had our fair share, haven’t we, of unusually heavy rains with flooding and severe cyclonic weather since the year began.

High temperatures have also been occurring in several places. In Bharat, where general elections are being held, temperatures in the high 40s haven’t deterred people from turning out to vote, and understandably many chose early morning or later afternoon when the heat was *somewhat* less. In one area in the state of Rajasthan, the temperature a few days ago touched 49 degrees Celsius! On an average it was 45-47 degrees there and in adjoining Delhi.

In Delhi almost 50 years ago I stood waiting for transport outside the hospital where I was doing my internship and felt the tar melting under my shoes. Later that evening I learnt that the temperature had been recorded as 47 degrees. But I have experienced higher temperature still: 55 degrees in the shade in the Namib desert in 1992. I was part of a delegation of Commonwealth Fellows, and we were being hosted at the American base there, halfway

through to the town of Swakopmund on the west coast of Namibia. We did not feel unduly uncomfortable though, because it was dry heat.

The physiological adaptation of the human body to temperature variations has been extensively researched, especially for the cold. In fact, this is an important topic – acclimatization – which we had to study in physiology. We probably have better knowledge about exposure to cold than about the impact of heat. But we have to catch up, and fast.

There have been no reports of deaths due to extreme heat that I know of in the current heat wave in Bharat. In contrast, it would be recalled that about two decades ago during heat wave in France, almost 20,000 people – the elderly in particular – lost their lives due mainly to dehydration. Europe was never used to such high temperatures – barring the sweltering summer of 1976 in the UK that was experienced after nearly 40 years. Mostly Europe is on the cooler side there even during summer, so this was extremely unusual. Fortunately, the people have since been better prepared in subsequent heat waves, which are nowadays a regular feature, and in several countries such as Portugal and Spain where they have also been associated with extensive forest fires too.

“There have been no reports of deaths due to extreme heat that I know of in the current heat wave in Bharat. In contrast, it would be recalled that about two decades ago during heat wave in France, almost 20,000 people – the elderly in particular – lost their lives due mainly to dehydration. Europe was never used to such high temperatures – barring the sweltering summer of 1976 in the UK that was experienced after nearly 40 years. Mostly Europe is on the cooler side there even during summer, so this was extremely unusual. Fortunately, the people have since been better prepared in subsequent heat waves, which are nowadays a regular feature...”

A friend abroad forwarded me an article in ‘The Guardian’ (UK) of Mon 27 May 2024, written by David King, chair of the global Climate Crisis Advisory Group. It contains a stark message: ‘On our current path, civilisation as we know it will disappear.’

Unless, realizing that ‘we are a part of the natural world and depend on it, we choose to transition our societies into a sustainable period of ecological civilisation.’

How? By swinging into action with the 4 Rs he advocates: Reduce emissions, build resilience, repair ecosystems, remove greenhouse gases.

What choice will we make? And what can we do to save our small island – that also is important to ponder.

Investissements à l'étranger

Pourquoi les placements à Dubaï attirent-ils des Mauriciens?



● Suite de la page 3

En comptabilité, l'évaluation monétaire se fait normalement selon l'un de deux critères:

- le coût historique du bien, c'est-à-dire sa valeur d'acquisition au moment de l'achat ou du transfert, et
- la juste valeur marchande (*fair market value*) au moment présent.

Lorsque les déclarations des avoirs ne mentionnent aucune valeur, cela donne libre cours à l'imagination des curieux.

Du coût historique à la juste valeur marchande d'un bien quelconque, il y a toujours une appréciation ascendante au fil du temps, sauf pour les biens mobiliers (les véhicules, par exemple) qui perdent de leur valeur sous l'effet de l'usage et de l'amortissement. Par exemple, une propriété foncière (maison ou terrain) qui coûte Rs 1 million à l'achat peut valoir Rs 5 millions après quelques années avec l'inflation et le renchérissement des prix sur le marché. Au moment de la revente de cette propriété, le vendeur réalise des plus-values de Rs 4 millions.

Sources de revenu

Il ne suffit pas de parler d'évaluation monétaire des biens acquis pour déterminer si les individus concernés sont des personnes riches. Encore faut-il connaître les sources de revenu (salaire,

revenu d'entreprise, dividende, revenu de location, intérêts bancaires, etc.) qui ont financé l'achat des biens.

Il est évident que ceux ayant acquis des biens mobiliers (véhicules, bateaux, actions d'entreprise, etc.) et des biens immobiliers (maisons, ter-

rains, bâtiment commercial) l'ont fait à partir de sources de revenu considérables. Sans vouloir remettre en question l'intégrité des principaux concernés, des questions se posent :

- Ces revenus ont-ils été déclarés en totalité aux autorités fiscales (MRA)?
- Puisque certaines propriétés immobilières acquises se trouvent en Europe ou dans des pays du Golfe Persique, quels sont les montants en devises étrangères qui ont été transférés à cette fin?
- Est-ce que le montant transféré fut assujéti à l'impôt sur le revenu au préalable?
- Le régulateur (*Financial Services Commission*) surveille-t-il les placements des Mauriciens à l'étranger dans le cadre du régime légal CFT/AML (Combating the Financing of Terrorism/Anti-Money Laundering) sous la loi contre le blanchiment d'argent ?
- Les banques commerciales qui autorisent les transferts de fonds finançant les achats de biens font-elles preuve de diligence pour connaître les sources des fonds?
- La Banque de Maurice a-t-elle un droit de regard sur ces transferts de capitaux à l'étranger effectués par les banques commerciales?

Prakash Neerohoo

Breakfast with Bwana

Trump, Israel, Hamas: Are Courts the Answer?

● Cont. from page 6

National Security Minister Itamar Ben-Gvir described the order as "antisemitic." He declared that Israel's response to the ruling "should be a single answer: the occupation of Rafah, increased military pressure, and the complete defeat of Hamas until full victory is achieved." Finance Minister Bezalel Smotrich said the government could not accept the court's order, adding that Israel is "at war for its existence," and "those who demand that it should stop the war, demand that it decrees itself to cease to exist." Former Defense Minister Avigdor Lieberman, criticized the Israeli government's decision to appear before the court as "a serious mistake."

He added: "The court's decision from today proves that various UN institutions and also the criminal court in The Hague have become aides to terrorists all over the world and their entire role is to deter democratic countries." Opposition leader Yair Lapid also decried the order. "The fact that the court did not make a connection in its ruling between the cessation of fighting in Rafah and the return of the abductees and Israel's right to defend itself against terrorism is a moral collapse," he wrote.

A serious jurisdictional question

One must pause to note the distinction between the actions at the ICC and the ICJ. The first is directing the arrest of individuals to answer to charges of crimes against humanity or against the laws of war. This is a proper function of a court, to adjudicate guilt or innocence for defined crimes. The notion of due process requires that a person charged be given fair notice or and understand the charges against him.

The ICJ, on the other hand, is making a political decision regarding the conduct of a war. Whereas one might plausibly argue that the court is effectively issuing an injunction against the commission of further war crimes or crimes against humanity, or even preventing genocide, there is a serious jurisdictional question as to whether it is the proper function of a court to direct the conduct of a war. Might such a court authorize Hamas to conduct a retaliatory strike within Israel?

When the courts at Nuremberg and Tokyo were established, the ideas of universal jurisdiction and of crimes against humanity were relatively new. Today, we take them for



'In April this year, twelve Republican US Senators sent Karim Khan, of the International Criminal Court (ICC), a stern letter threatening him and other UN jurists with personal consequences should the ICC apply for arrest warrants for Israeli Prime Minister Netanyahu or other Israeli government ministers or officials. The letter stated that the Senators would view any arrest warrant as "a threat not only to Israel's sovereignty, but also to the sovereignty of the United States..." Pic - Metro UK

granted. Might it come to pass that we will view orders such as the one issued by the ICJ as routine and warranted? Will we need to establish standards regarding how and when military operations may be conducted?

Is a court such as the ICJ the right forum to decide such matters? And if not the ICJ, what tribunal might be effective in this regard?

More importantly, unless the US and other countries are prepared to accept the decisions of courts across the board and not just when the decisions please them, or conform to their preconceive notions, courts will never be the answer.

Cheerz...
Bwana

Eclairages

● Suite de la page 5

Des histoires comme celle-là valent leur pesant d'or. Imaginez si les Palestiniens disposaient d'une telle histoire maintenant dans leur lutte contre l'occupation israélienne...

Cette mythification s'inscrit-elle dans le récit populaire plus large sur la libération? Selon Steinberg, cela signifie que l'idée même de liberté était incarnée en une personne, Nelson Mandela. Quant à savoir si l'Afrique du Sud aurait été déchirée par la guerre civile sans le mythe de Nelson Mandela, il déclare:

"Nous ne connaissons jamais la réponse. Mais il est certainement plausible de soutenir que nous n'aurions pas pu franchir le pont de l'apartheid à la démocratie sans un mythe éblouissant pour nous hypnotiser tous, afin que nous puissions avancer

ensemble vers l'inconnu."

La création et l'exploitation des mythes

L'utilisation de mythes à des fins politiques n'est pas unique à l'Afrique du Sud. À travers le monde, les politiciens ont recours à la création et à l'exploitation de mythes pour consolider leur pouvoir et obtenir un soutien électoral. Les mythes politiques sont souvent utilisés pour façonner l'identité nationale, mobiliser les électeurs et justifier les politiques et les actions gouvernementales.

Dans de nombreux cas, les politiciens créent des mythes autour de leur propre personne pour se présenter comme des

leaders charismatiques et infaillibles. Ces mythes peuvent être basés sur des événements réels ou être totalement fabriqués, mais leur objectif est toujours de renforcer la légitimité et l'autorité du politicien en question. Par exemple, certains dirigeants politiques présentent leur ascension au pouvoir comme le résultat d'une destinée inévitable ou d'une mission divine, renforçant ainsi leur image de leaders providentiels.

En outre, les politiciens exploitent souvent des mythes préexistants dans la société pour promouvoir leurs propres agendas politiques. Ils utilisent des symboles, des récits historiques et des traditions culturelles pour susciter l'émotion et mobi-

ser les électeurs en leur offrant une vision simplifiée et idéalisée de la réalité. Ces mythes peuvent servir à diviser la société en créant des "nous" et des "eux", à diaboliser les opposants politiques et à justifier des politiques discriminatoires ou autoritaires.

En fin de compte, la création et l'exploitation des mythes par les politiciens peuvent avoir des conséquences importantes sur la démocratie et les droits de l'homme. Lorsque les électeurs sont influencés par des récits simplifiés et trompeurs, ils peuvent être amenés à soutenir des politiques qui vont à l'encontre de leurs propres intérêts ou qui portent atteinte aux droits et libertés fondamentaux. Par conséquent, il est essentiel de remettre en question les mythes politiques et de rechercher une compréhension plus nuancée et critique de l'histoire et de la politique.

A. Bartleby

L'Afrique du Sud commémore 30 ans de démocratie

Comment les mythes sont-ils créés et exploités en politique?

Rajeev Hasnah, Economist



Mauritius Times: Referring to the 2024 edition of the World Happiness Report recently published by the UN Sustainable Development Solutions Network, Visual Capitalist reports that Mauritian youths (under 30 years old) are seemingly the most discontented demographic compared to older generations worldwide. This assertion may seem incredulous unless we are closely monitoring societal trends. What are your thoughts on this matter?

Rajeev Hasnah: The results of the World Happiness Report are enlightening and revealing from several perspectives for Mauritius both on its own and in comparison, with other countries. While for the overall indicator, Mauritius ranks 70th out of 143 countries, the results are at extreme ranges when we apply the age filter. For those above 60 years old, Mauritius ranks 28th, which puts the country among the likes of France, Singapore, and Spain, whereas for those aged below 30 years old, Mauritius ranks 85th, which puts the country in the company of South Africa, Venezuela, and Ukraine (Venezuela's and Ukraine's rank are even better at 83rd and 82nd respectively).

Visual Capitalist ranks Mauritius as Number 1 in the world for the gap in the ranking between those aged above 60 years old and those aged under 30 years old. This disparity is quite shocking as while the level of happiness of old people is similar to that of those living in Singapore and France on one hand, the level of happiness of the young category is similar to those living in Venezuela, which is considered as an authoritarian regime by *The Economist*, and Ukraine, which is a country currently at war with Russia since February 2022!

This significant gap in the level of happiness between these two different generations in Mauritius is very concerning as it points towards extreme opinions about the level of happiness for living in Mauritius. May be this situation in the level of happiness among the youths could explain why the country is currently undergoing a massive brain drain in all sectors of economic activity – the situation is so perverse that we could even refer to it as a labour force drain in the country.

*** If the assertion of the UN Sustainable Development Solutions Network is correct, it suggests that we are not monitoring what's happening in our own backyard, and that oversight might also extend to other demographics such as the elderly, women, and various segments of the labour force. It's likely that the data from Mauritius**

“For the past decade or longer, politics took precedence over the economics of running the country”

Rajeev Hasnah sheds light on a perplexing revelation from the 2024 World Happiness Report: Mauritian youths exhibit unprecedented levels of discontent compared to older generations. In a candid discussion, Hasnah attributes this divergence to economic disparities and a sense of entitlement, urging policymakers to prioritize inclusive growth and fiscal prudence. As Mauritius faces economic and other challenges now and, in the years, ahead, Rajeev Hasnah's insights as an economist provide valuable guidance for steering the country toward stability and sustainable growth.

Statistics may not capture the whole picture. What do you think?

The results of the World Happiness Report may not necessarily be captured and monitored by any public authorities in Mauritius, as this report is based on surveys that assessed three main criteria:

1. Life evaluations: assessment of overall well-being in the country
2. Positive emotions: laughter, enjoyment, and interest
3. Negative emotions: worry, sadness, and anger

Nevertheless, the above intangible assessment is also correlated to economic datasets such as GDP per capita, healthy life expectancy, freedom, and perceptions of corruption, among others.

As such, it can be said that the level of happiness experienced by those above 60 years old could be depicting the focus of recent government policies that ensured that the old age pension increased to Rs 13,500 today and also the fact that Mauritius is a nice place to live in terms of weather and affordable access to leisure places such as the beach.

As the country still has a modified version of extended families, old age pensioners could also be enjoying a relatively happy life as they are well surrounded with their descendants with sufficient monetary funds to make ends meet. While the massive loss of purchasing power over the years should have rendered the increase in pensions inconsequential, it is also a fact that it is quite uncommon for people in this age bracket in Mauritius to be on the lookout for building a house or having to cater for their children over and above themselves. So, they have less to worry about!

The average Mauritian experience seems to be at the opposite end for those aged below 30 years as well as those above 30 years old but below 60 years old. In their perception they could be worried about their future as well as that of

“The average Mauritian experience seems to be at the opposite end for those aged below 30 years as well as those above 30 years old but below 60 years old. In their perception they could be worried about their future as well as that of their children's and their retirement; they may also feel sad that they do not see much opportunity to be able to lead a comfortable life and build a decent asset base as their parents did in the previous generation; and angry about how their purchasing power...”

their children's and their retirement; they may also feel sad that they do not see much opportunity to be able to lead a comfortable life and build a decent asset base as their parents did in the previous generation; and angry about how their purchasing power both for consumables and owning an asset like a house has been robbed away from them in such a short time span.

*** There may also be an issue with what many believe is prevalent among our youths: a sense of entitlement, which may not always be met. As an economist yourself, what's your take on that?**

As an economist, I am of the opinion that the results of the World Happiness Report could be depicting a Ricardian Equivalence mindset among those aged below 60 and more so among those aged below 50.

According to the Ricardian Equivalence theory, when a government finances its spending through borrowing rather than taxation, individuals anticipate that they will have to pay higher taxes in the future to repay the debt.

Applying this theory to the Mauritian context, it can be said that the massive increase in public debt since 2019 to the tune of around Rs 208 billion (versus Rs 65 billion increase between 2014 and 2019), the printing of money to the tune of Rs 140 billion along with the significant utilisation of the inflation tax as well as ballooning government recurrent expenses may have resulted in those aged below 60 years old to believe that these excessive non-productive spending and borrowing will ultimately be paid by them and also with ultimately not much left in the government coffers to cater for them when it is their turn to retire.

The above assessment could be at the back of the mind of the working class in one form or the other; this could be the core reason behind for why the happiness level of this category of people in Mauritius ranks even lower than Venezuela (an authoritarian regime) and Ukraine (a country at war).

*** On the other hand, the Finance Minister will present the 2024-2025 Budget next week. There are numerous issues that call for serious attention: the challenges of inflation and the rising cost of living, public debt and fiscal sustainability, income inequality, support for vulnerable groups, economic resilience, and competitiveness, among others. But this Budget could be more about politics than good economics. Can our economy afford more politics in its present state?**

Unfortunately for the past 10 years and potentially even before, politics took precedence over the economics of running the country. The affordability of political decisions as opposed to taking rational decisions for the benefit of the economy is always open to debates and interpretations as we have witnessed first-hand the works of an ongoing and sustained money illusion (deliberate or unplanned) since 2020 in Mauritius that made the fulfilling of political promises possible.

The money illusion and debt-hungry games that we have played since 2019 with the printing of Rs 140 billion from the Bank of Mauritius and the increase of Rs 208 billion of public debt since 2019 (Gross Public Debt as at March 2024 is at Rs 525 billion) unfortunately have an expiry date, which is not very far in the future. According to me, these are the core factors that resulted in a significant drop in the purchasing power of all Mauritians alike and for the persistent shortage of foreign exchange currencies in the country.

☞ Cont. on page 10

'Having to deal with crises be it economic, political or climatic is now the new normal'

☞ Cont. from page 9

Though the IMF has been very diplomatic in its recommendations with regards to rebuilding reserves and fiscal buffers, it is very clear that the ability of any government to be able to continue playing these games further in the future will be significantly impaired, unless we have a massive increase in revenues going into the government coffers arising from increased economic activity or rent.

*** There are many hotspots in some parts of the world that may impact economies globally. Do you anticipate that the road ahead will be challenging in the next few years, and what strategies could the government implement to mitigate the impact?**

Over the past 20 years, the world has witnessed around 15 crises, ranging from the Global Financial crisis in 2007 to the Covid-19 pandemic and Russia-Ukraine war, passing through the Eurozone debt crisis among others. The new economic term used to describe this situation is "permacrisis" or as the G20 recently coined it, "cascading crisis". Having to deal with crises be it economic, political, or climatic is now the new normal. Obviously facing one crisis after another undoubtedly results in the erosion of our financial and human resilience, with each passing crisis making us more vulnerable to futures ones.

However, the countries that are not able to grow their economy in an inclusive and sustainable manner, and whose governments keep on repeating policy mistakes with more severe consequences on the reserves and resilience of their countries than the crisis itself, will undoubtedly enter a vicious cycle, which will ultimately take the country in a downward and negative spiral instead of an upward and positive one.

Unfortunately for Mauritius, the policy decisions taken to combat the Covid-19 crisis have significantly reduced the financial and economic resilience of our country, with the quasi depletion of our reserves and the massive increase in government indebtedness over a very short span of time.

It's no surprise that the IMF recommends the government of Mauritius to rebuild its macroeconomic buffers and foreign reserves which will assist the country in facing the next crisis. The bad news for this is that while it is very easy to deplete these buffers and reserves in a short span of time (as we have already done since 2020), it is very difficult and takes an awful long time to rebuild those macroeconomic buffers and reserves.

Think of it this way; each successive government and generations of entrepreneurs and workers (including professionals) brought the country to where it was in 2019 and then came a crisis that resulted in policy decisions having significant and persistent negative consequences for the economy at large and every Mauritian in particular.

*** The impact of economic disruptions resulting from conflicts may be more localized and immediate compared to the potentially global and long-lasting effects of climate change and job market transformation caused by automation and AI. Do you see Mauritius prepared for that challenge?**

This is indeed a true challenge for Mauritius as we do not produce most of our basic commodities and we remain heavily dependent on imports for our core supplies. Unfortunately, despite the rhetoric that emerged during the Covid-19 period about self-sufficiency, no concrete actions have been taken.

I believe that it may not be efficient from a resource allocation perspective that we become fully autonomous on all our food requirements; rather we should be able to selectively promote local production so as to ensure that we have a good level of food security in key products; we are already



“The money illusion and debt-hungry games that we have played since 2019 with the printing of Rs 140 billion from the Bank of Mauritius and the increase of Rs 208 billion of public debt since 2019 (Gross Public Debt as at March 2024 is at Rs 525 billion) unfortunately have an expiry date, which is not very far in the future. According to me, these are the core factors that resulted in a significant drop in the purchasing power of all Mauritians alike and for the persistent shortage of foreign exchange currencies in the country...”

doing a good job in products like eggs, chicken and some vegetables in that respect. Maybe we should replicate the success formula for the production of other key products.

Climate change is already impacting the population severely and our tourism sector which is still marketing Mauritius as a sun, sea and sand destination will be in dire straits within the next 20 years with the expected ongoing disappearance of our beaches due to the rising level of water globally. We only have to compare our actual shoreline to what it was 10 years ago to realise what is awaiting us ahead. We should start planning and acting now to mitigate the impact of the climatic changes on this core sector of our economic activity; delaying actions on that front to later could have disastrous consequences for our economic livelihoods.

It is a generally accepted fact that all new technological and other societal developments and trends normally require a period of 10 to 20 years before these new developments are adopted as the new norm in Mauritius. Unfortunately, we are in a similar cycle for this new technological wave and are potentially far behind, which is also understandable as these are still in development stages in the countries where the Research & Development are currently taking place.

*** Moreover, there's the matter of responsible spending — ensuring transparency and accountability in public finance management. Has Mauritius met the mark on this front?**

Unfortunately, we have completely missed the mark on this front. May be having a robust and well-functioning Fiscal Responsibility and Budget Management Act will result in the much needed judicious, transparent, and accountable public

finance management legal framework so as to ensure that scarce resources are used diligently and not wasted.

This is more so relevant for a country like Mauritius, as on top of being limited in natural resources, we are also facing a declining trend and ageing of our key resource, Our People, along with climatic changes.

*** Earlier we discussed youth dissatisfaction. To address concerns about brain, drain and skilled young Mauritians, many of them highly qualified, seeking opportunities abroad, what economic policies and incentives could be implemented to encourage them to stay and contribute to Mauritius' development and innovation?**

First of all, we have to understand what is it that they are worried, sad and angry about in Mauritius. From a purely economic standpoint, one can understand that the recent dwindling in consumption purchasing power, as well as an ever-increasing asset price inflation may have weighed heavily in the decisions of Mauritians looking for opportunities of earning a decent living and building a basic asset base. Securing their children's future in another country that could be providing more promising opportunities for growth could also be a core reason for the ongoing exodus that the country is currently experiencing.

I believe that we should tackle the above first and foremost with judicious policymaking as well as ensuring that the rule of meritocracy, equity and fairness prevails along with the availability of opportunities for everyone to grow and contribute in the development of the country.

*** With a new government set to take office in the next few months, what expectations do you have, regardless of its political affiliation?**

Over and above what the IMF has recommended (structural transformation to strengthen Mauritius' external position, boosting female labour force participation, addressing skill mismatches, fostering digitalization, and strengthening governance as well as anti-corruption frameworks, and enhancing climate-resilient infrastructure investment as well as strengthening the AML/CFT so as to secure a resilient and sustainable long-term growth, and achieving high-income status), I would add the following:

- We should restore confidence in all institutions of the country and more so in the ability of the government to handle all economic matters with a fair view of having a win-win situation for everyone (population, government, investors and businesses).
- Once the confidence level is back to what it was some 5 years earlier, the next government will be in a better position to gradually undertake and promote the implementation of key reforms in a phased manner such that the country can emerge more resilient with better prospects of sustainable growth.
- A review of our policy of energy generation such that this can be obtained in the greenest possible manner, at the lowest cost of production and thereby saving billions in importation of our core energy requirements.

It is important to point out that the government should not be focused on a short-termism approach with the only focus geared towards winning the next general elections. Actions and decisions should be taken in the general interests of all concerned parties, which will bear their benefits in the short-term, medium term and long-term.

Once we embark in this logic, we shall ensure a continuity in terms of our economic development such that in the end, all Mauritians win with the economy moving in a sustainable and tangible manner in the high-income category rather than climbing into this bracket just for namesake for a period less than one year!

The Quest for the Golden Ticket

Politics is about being everything to everyone, especially the leader

In the labyrinthine world of politics, the quest for electoral tickets is akin to a high-stakes game, where contenders must juggle ambition, pragmatism, and unwavering loyalty. Join us as we delve into the humorous yet enlightening dialogue between the venerable philosopher Socrates, known for his questioning approach, and the seasoned political sage Cephalus, a wealthy and experienced elder with a keen interest in politics. Through their banter, we uncover the hidden truths and absurdities of the electoral process, where principles are often sacrificed at the altar of expediency, and where the road to success is paved with compromises and unexpected twists.

By Plutonix

Setting: The dialogue takes place in a quaint Athenian tavern, nestled in a bustling marketplace. Outside, the sounds of the marketplace drift through the open doorway, blending with the distant echoes of political rallies and street performers. It is a scene of timeless intrigue, where philosophy and politics collide in a whirlwind of wit and wisdom.

Socrates: Ah, Cephalus, my old friend! I hear the winds of election are blowing once more. Tell me, what advice do you have for our aspiring politicians?

Cephalus: Ah, Socrates! Politics, my dear fellow, is a game of skill, money, and the right connections. It's not just about having noble ideas or good intentions.

Socrates: Indeed, Cephalus. But isn't it true that the youth and even the seasoned politicians are all vying for electoral tickets as if they were golden fleece?

Cephalus: (Laughs) Yes, they are! Each one dreams of fame, glory, and, dare I say, wealth. But what many often forget is the myriad of factors at play.

Socrates: Pray, enlighten me. What are these factors?

Cephalus: In different countries, the game changes. Cultural, religious, and political norms shape the race. In Mauritius, we even have caste considerations. Party leaders have to balance these with the candidates' cash contributions. A few million rupees can work wonders.

Socrates: So, are you saying that an aspiring politician must not only be virtuous but also wealthy?

Cephalus: Virtue? (Chuckles) Oh, Socrates, if only virtue were enough. A candidate must align with the community's profile — caste, religion, and all. They must also shower the party leader with loyalty, as he holds the power to distribute tickets.

Socrates: I see. And what of gender equality?

Cephalus: The party leader ensures there are enough women candidates to appease the calls for gender equality. But let's be honest, the real criterion is electability.

Socrates: So, Cephalus, if I were an aspiring candidate, how should I proceed?

Cephalus: First, find a generous benefactor or become one yourself. Money talks, my friend. Then, make sure your background matches the constituency's profile. Be ready to bow and scrape before the party leader, and don't forget to curry favour with any potential allies.

Socrates: And what of principles and education?

Cephalus: Principles are a luxury for the poor, and education is merely a feather in the cap. What's needed is the right connections and a good amount of cash.

Socrates: Ah, Cephalus, it seems that the path to an electoral ticket is fraught with compromises.

Cephalus: (Sighs) Indeed, Socrates. Politics is not for the faint-hearted or the principled, but for those who can play the game well.

Socrates: Perhaps, then, my advice to aspiring candidates would be to not lose their soul in the process. For what does it profit a man to gain an electoral ticket and lose his integrity?

Cephalus: Wise words, Socrates, but in the world of politics, idealism often takes a back seat to pragmatism. Nonetheless, a bit of wisdom never hurts.

Socrates: So, Cephalus, what else should our aspiring politicians know? Surely there must be more to this art of acquiring electoral tickets.

Cephalus: Oh, indeed, Socrates. It's a complex dance. Besides wealth and alignment with the constituency's profile, one must exhibit an almost acrobatic level of loyalty to the party leader and his whims.

Socrates: Loyalty, you say? So, if the leader fancies a particular brand of olive oil, should one become an olive oil connoisseur, or better, masseur overnight?

Cephalus: (Laughs) Exactly! If he says jump, you ask, "How high?" If he says kneel, you ask, "How low?" If he prefers his coffee with seven sugars, you make sure it's ready before he even thinks of it. Unwavering loyalty, my friend.

Socrates: (Chuckling) Ah, the lengths to which one must go! It seems that an aspiring politician must be ready to adapt to any whim. But tell me, what if the leader has a peculiar hobby, say, collecting rare beetles? Must our candidate become an entomologist as well?

Cephalus: (Grinning) Of course! If the leader loves beetles, our candidate must become the foremost expert on beetles. If the leader's passion is ballroom dancing, our candidate must waltz their way to favour. Politics is about being everything to everyone, especially the leader.

Socrates: And what of our candidate's own passions and principles? Are they to be cast aside like last season's toga (a loose, draped outer garment worn by citizens of ancient Rome)?

Cephalus: (Winking) Principles? Passions? Those are luxuries for philosophers, not politicians. In politics, one's principles must be as flexible as a contortionist in a



Pic - Business Standard

circus.

Socrates: Ah, speaking of circuses, Cephalus, it seems our candidate must also be a master of public speaking. A silver tongue, you said. Should they perhaps moonlight as an actor to hone their oratory skills?

Cephalus: (Laughs) Precisely! A bit of drama can turn the tide. Imagine a speech so moving it brings tears to the eyes of even the most stoic voter. A good actor can make the voters believe in anything — even a promise as elusive as a needle in a haystack.

Socrates: (Grinning) So, our aspiring politician must be part fundraiser, part community chameleon, part sycophant, part tightrope walker, part spouse hunter, part orator, part charmer, part actor and part... masseur.

Cephalus: (Laughs heartily) You've got it, Socrates! A true politician is a master of many trades yet known primarily for getting elected. And let's not forget the golden rule for aspiring candidates: Secure funding. Ensure you have enough resources or backers. A campaign without cash is like a ship without sails.

Socrates: Indeed, Cephalus. Thus, my advice to aspiring candidates is as follows: While maintaining integrity is important, be pragmatic about the political realities. Sometimes, a little compromise is necessary to get the bigger things done. And build strong connections within the party and with potential allies. It's all about who you know—and who you can charm. And, lastly, become a master of public speaking. The ability to move an audience is invaluable.

Cephalus: Sage advice, Socrates. Now, let's hope our aspiring candidates have the stomach for such a feast of political manoeuvring.

Socrates: Indeed, Cephalus. May their ambitions be tempered with wisdom and their campaigns filled with both strategy and sincerity.

Cephalus: And may they always remember to enjoy the circus along the way, for politics without a touch of humour is like a banquet without wine.

Socrates: (Laughs) Well said, Cephalus. Well said.

As the evening wears on and the wine flows freely, Socrates and Cephalus conclude their lively discussion with a toast to the enigmatic world of politics. With a final round of laughter and camaraderie, they bid farewell to the tavern, leaving behind an atmosphere charged with intellectual curiosity and the promise of future philosophical adventures.

Gaza war may last till end of 2024, warns Israel amid Rafah offensive

An Israeli official cautioned Wednesday that the war with Hamas may last till the end of 2024 as military operations against Hamas continue.

Tzachi Hanegbi, Israel's national security adviser, indicated that 2024 had been designated a "year of combat" by Israel's war cabinet. "We are now in the fifth month of 2024, which means we expect another seven months of fighting to deepen our achievements and achieve our goal of destroying the military and governmental capabilities of Hamas and Islamic Jihad," Hanegbi stated.

These remarks by the top Israeli official come as military tanks were seen advancing towards the Rafah despite mounting pressure on the country to halt its operations amid global outrage.

The Israeli government earlier said



Israel-Gaza war. Pic – The New York Times

that entering Rafah would mark the final stage of its war with Hamas. However, the intensifying offensive in the south Gaza city has claimed dozens of civilian lives so far. After Israel's most recent airstrike in

Rafah, 45 civilians including children died and over 200 were left injured.

The shelling and airstrikes led to multiple casualties in a refugee shelter in Rafah, where people were residing in

outdoor tents. Footage from the Tal al-Sultan camp depicted scenes of horror.

Despite earlier considerations for a ceasefire-for-hostages deal with Hamas, a faction of Israel's war cabinet advocated for proceeding with the Rafah offensive, prioritizing the destruction of the group over the return of hostages believed to be in Gaza.

Israel commenced its series of attacks in Gaza after Hamas' unprecedented attack on October 7, resulting in approximately 1,200 casualties and the abduction of around 250 individuals. Israel said that around 125 people are still being held hostage by Hamas, most likely in Gaza.

In response, Israel launched a devastating offensive in Gaza, claiming the lives of over 36,000 people, according to Palestinian officials.

Nawaz Sharif admits Pakistan violated peace agreement with India in 1999

Pakistan's former Prime Minister Nawaz Sharif on Tuesday admitted that Islamabad had "violated" an agreement with India in 1999, in an apparent reference to the Kargil war. Sharif made the remarks in a meeting of the PML-N general council that elected him president of the ruling party six years after he was disqualified by the country's Supreme Court, reports Hindustan Times.

"On May 28, 1998, Pakistan carried out five nuclear tests. After that Vajpayee Saheb came here and made an agreement with us. But we violated that agreement...it was our fault," said Sharif.

The agreement with India that Sharif talked about was the "Lahore Declaration" signed between him and then Indian prime minister Atal Bihari Vajpayee on February 21, 1999. The agreement aimed to bring peace and stability between the two countries. But, just a few months later, Pakistani troops intruded into the Kargil district in Jammu and Kashmir, leading to the Kargil War.

At the meeting of the PML-N general council, Sharif claimed how he carried out nuclear tests despite pressure from the United States and took a dig at ex-PM Imran Khan.

"President Bill Clinton offered Pakistan USD 5 billion to prevent it from conducting nuclear tests, but I declined. If (former prime minister) Imran Khan had been in my position, he would have accepted Clinton's offer," Sharif remarked on a day marking the 26th anniversary of Pakistan's inaugural nuclear tests.

Sharif claimed that former ISI chief Gen Zahirul Islam had played a role in toppling his government in 2017 to bring Imran Khan into power.

Sharif also accused the then chief justice of Pakistan Saqib Nisar of removing him from the office of the Prime Minister in 2017 on a false case.

Heat waves can be deadly for older adults

An aging global population and rising temperatures mean millions are at risk

Recently, a deadly heat wave swept across large swathes of Asia during April and May 2024, with temperatures soaring past 110 degrees Fahrenheit in India, leading to numerous cases of heat-related illness and even death. From Japan to the Philippines, the relentless heat disrupted daily life, forcing school closures in Cambodia and devastating crops in Thailand. This trend is not isolated; similar extreme heat events have occurred in other parts of the world, including a notorious weeks-long heat wave in the southwestern United States in 2023 and unprecedented high temperatures in Europe that same year, contributing to widespread fatalities and wildfires.

One consistent pattern in these events is the disproportionate impact on older adults. As temperatures escalate, so do the risks for this vulnerable population. Our research highlights two intersecting global trends: soaring temperatures and an aging population. By 2050, the number of individuals aged 60 and older is expected to double, making up a significant portion of the global populace. Consequently, a larger proportion of older adults will be exposed to dangerously high temperatures, amplifying the risk of heat-related health issues and fatalities.

Mapping population projections alongside climate change scenarios reveals that by 2050, over 23 percent of individuals aged 60 and older will reside in regions where peak temperatures regularly surpass hazardous levels. This translates to approximately 250 million older adults facing heightened exposure to extreme



Dehydration can make older adults weak and dizzy, increasing their risk of falls and injury. Pic – ET HealthWorld

heat, with many residing in low- and middle-income countries lacking adequate resources and infrastructure to mitigate these risks.

Extreme heat exacerbates age-related health conditions and poses numerous threats to older adults, including dehydration, respiratory difficulties, and exacerbated chronic illnesses. Even temperatures as seemingly moderate as 80 degrees Fahrenheit can pose significant dangers, especially when coupled with high humidity. Access to cooling centers and reliable transportation becomes crucial during heat waves, yet many older adults face barriers in accessing these resources, particularly in economically disadvantaged regions.

To address these challenges, tailored strategies are needed at local, national, and international levels. Policymakers must prioritize

emissions reductions and implement effective heat risk management plans, while also investing in infrastructure to support older adults during extreme weather events. Efforts to improve access to healthcare, clean water, and affordable housing are essential components of a comprehensive approach to mitigating heat-related risks for older adults.

The next decade presents a critical window for action, as rising temperatures and an aging population converge to heighten the threat of heat waves. Collaborative efforts among researchers, practitioners, policymakers, and communities are essential to safeguarding the health and well-being of older adults in the face of escalating climate challenges.

Another pandemic 'absolutely inevitable': Top UK scientist's warning

As the world is just getting over Covid-19 after four years, a top British scientist warned that another pandemic is "absolutely inevitable".

The former chief scientific adviser to the British government, Sir Patrick Vallance, urged the UK government to prioritise preparations for the pandemic and emphasized that the country is "not ready" for it yet, reports Hindustan Times.

According to the report, Vallance, speaking at a panel event at the Hay Festival in Powys, stressed that the UK government must implement "better surveillance" to detect the threats of the virus.

He also recommended some measures to prevent drastic steps during the Covid-19 pandemic, such as diagnostic tests, vaccines, and treatments. The top scientist believes that such measures could be implemented, however, it would require some coordination.

According to the report, Vallance also said that by 2023, G7 had "sort of forgotten" his points about the pandemic preparations in 2021. "You can't forget about it," he said.

'Covid cut global life expectancy by 2 years': WHO

Last week, the WHO said that Covid-19 has cut global life expectancy by almost two years, wiping out a decade of progress. According to the UN health agency's world health statistics study, global life expectancy fell 1.8 years to 71.4 years - the same level it was in 2012.

The study said that the amount of time an average person can expect to live in good health fell 1.5 years to 61.9 years in 2021.

The Covid-19 pandemic raged between 2019 to 2021, following which small waves of the virus were witnessed across the world.

American Jewish family accused of funding pro-Palestinian protests across US colleges

A prominent American Jewish family has been accused of channeling tens of thousands of dollars to organizations to incite pro-Palestinian demonstrations on college campuses.

This family, which counts a sitting US congressman and a former ambassador to Jerusalem among its members, owes its fortune to Levi Strauss, the denim tycoon.

According to a recent report by the Institute for the Study of Global Antisemitism and Policy (ISGAP), a think-tank sponsored by Israel, the Bafrayung Fund emerged as the primary sponsor of pro-Palestinian activist groups involved in college demonstrations. The report reveals that the Bafrayung Fund, based in Covina, California, consistently supports the Palestinian Youth Movement, a key player in recent campus protests, along with its allies, the Arab Resource and Organizing Center and Critical Resistance, as reported by Hindustan Times.

These organizations have been known to employ the slogan "from the river to the sea," which critics argue implies the destruction of Israel. However, some, including Rep. Rashida Tlaib (D-MI), dispute this

4,000 historic French state dinner menus up for auction

From cooking for dictators to rushing to accommodate Barack Obama's love of cheese a collection of French state dinner menus offered a unique insight into 150 years of diplomatic and gastronomic history on Wednesday.

The 4,000-plus menus were on display in Paris before going up for auction on Friday, with the oldest dating back to an imperial dinner given by Napoleon III in 1868 that carries a few wine stains from the moment.

They offer a who's who of royalty, statesmen and dictators, from John F Kennedy and Nelson Mandela to Saddam Hussein and Vladimir Putin right up to the sumptuous meal at Versailles for King Charles III last year, reports AFP.

They were obsessively collected by a Lyons-based chef, Christophe Marguin, who has put them up for auction with the Millon auction house at estimations ranging from 10 to 1,500 euros per lot.

Some are printed on beautiful silk, and one for US president Jimmy Carter features an original lithograph by painter Marc Chagall.

They hint at the complex logistics that surround diplomatic moments such as the commemorations for the 70th anniversary of the D-Day landings in 2014 when then-president Francois Hollande had to dash from a meal with Obama to another with Putin.

Having enjoyed a blue lobster



Guests attend a state banquet at the Palace of Versailles, west of Paris, on September 20, 2023, on the first day of a British royal state visit to France. Pic - AFP

salad and grilled sea bass, Obama messed with the delicate timing by asking for a cheese course that was not on the tight menu schedule "almost causing a diplomatic incident," auctioneer Alexandre Millon told AFP.

Those logistics pale compared to the meal for 23,000 local mayors, held in the Tuileries Gardens in 1900, that required seven kilometres of tablecloth, 125,000 plates, 600 cooks, 2,200 servers, 2,000 kilos of salmon, 1,200 litres of mayonnaise and 39,000 bottles of wine.

"We see the evolution of international relations. Visits at the end of the 19th century were much rarer, so they were exceptional events with several meals at the Elysee, sometimes at Versailles... often with military parades and a programme of opera or theatre," said Millon.

Some menus carried subtle messages.

When France was trying to ensure close ties with both Russia and Britain in 1897, the dinner for Russian Tsar Nicolas II included both Sturgeon from the Volga and "Ananas à la Victoria" a pineapple dessert named after the British queen.

It is the French president who usually has the final call on the menu, but there is back-and-forth to ensure it fits the tastes of the guests.

For one visit, Queen Elizabeth II was offered two choices with foie gras or without for fear of offending her environmentally-conscious son Charles.

"But it was the queen that decided, and clearly she liked foie gras, so it stayed in," Millon said.



Demonstrators from the pro-Palestine encampment on Columbia's Campus barricade themselves inside Hamilton Hall. Pic - AFP

interpretation.

The driving force behind the Bafrayung Fund is 33-year-old Rachel Gelman, a Bay Area resident and scion of the Levi Strauss family, who is also a cousin to Rep. Dan Goldman (D-NY). The fund's resources are derived from Gelman and the Morningstar Philanthropic Foundation, her parents' charitable organization. Gelman's parents are prominent Democratic Party donors and own a chain of publications serving Jewish communities on the East Coast. They have a long history of involvement in organizations promoting US-Israeli relations.

Rachel Gelman's mother, Susie Gelman, was appointed by President Joe Biden last summer to the U.S. Commission on International Religious Freedom. Susie Gelman's grandfather, Walter Haas, played a pivotal role in transforming Levi Strauss into a global

denim brand, and her father, Richard Goldman, founded a major insurance company. Her late brother served as a federal prosecutor and was the father of the current U.S. representative.

Susie Gelman's engagement with Jewish issues dates back to her youth, when she met her husband through a youth group affiliated with what is now the Jewish Federations of North America. Together, they own the Mid-Atlantic Media Group, which publishes several Jewish newspapers.

Her connection to Israel began at a young age, with her first visit to the country at 16. During the Second Intifada, she volunteered at a Jerusalem hospital. More recently, she chaired the Israel Policy Forum from 2016 to 2023, using the platform to critique Israeli Prime Minister Benjamin Netanyahu. Despite disagreements with Israel's current leadership, the Gelman family remains staunch supporters of the Birthright Israel Foundation, which sponsors free trips for young Jewish adults to Israel.

The Bafrayung Fund is dedicated to advancing various progressive causes, including support for pro-Palestinian initiatives.

The Palestinian Youth Movement received \$60,000 from the fund, while the Arab Resource and Organizing Center received \$40,000. Most recently, the Palestinian Youth Movement has highlighted its involvement in recent campus protests, such as the one at Columbia University.

From the Pages of History - MT 60 Years Ago

6th Year No 273

MAURITIUS TIMES

Friday 6 November, 1959

● *Government must always be a step ahead of the popular movement. — Count Von Arnim*

Peter Ibbotson

Once again, with the publication of the Report of the Commission appointed to enquire into the Purchasing Power of the Rupee in Mauritius, we find that the *Mauritius Times* has advocated a policy years before the Government, or a government commission of enquiry has advocated that same policy as being desirable. On this occasion it is legislation affecting moneylenders in the colony which is recommended; yet two years or more ago, the *Mauritius Times* was asking for just that.

The Commission has done, for laymen, a good job of work as far as the report goes. They have unearthed a lot of hard facts which substantiate what people have been saying for a long time but have lacked proof to support it. For a long period, I had been getting letters from businessmen and men in-the-street complaining of profiteering in pharmaceuticals, and of abuse of the sole agency system. But nobody could give hard facts. Now we have it from the Commission, with the margins between import and retail prices for a number of drugs. It is worth quoting the Commission in full: "We still think that margins as high as 164 per cent. for Metatone, 127 per cent. for Benadryl cream, of 306 per cent and 441 per cent. for certain vitamins, 132 per cent. on Streptomycin, of 161 per cent on Penicillin Procaine, let alone the 563 per cent we have already mentioned on 5 grams tablets of Acetyl Salicylic Acid (aspirin) and 549 per cent on Ephedrine HCL 1/2 gr., to quote certain striking instances, are proof that, somewhere in the chain, excessive profits are being made at least on these drugs."

One agrees with the Commission that a full-scale enquiry is justified in the specialised field of pharmaceuticals. More than once, however, the Commission refers to the fact that its members - Messrs Nairac, Ah-Chuen, Dupré, Piat, Ringadoo, Roy and Herchenroder — were all laymen in the field of economics. One wonders why no competent professional economist was included in the Commission; the fact that the enquiry was entrusted (or had to be entrusted) to laymen underlines that lack of economists in Mauritius, a lack which will not be redressed in the near future if we are to judge by the data supplied by the Students' Unit regarding courses being pursued by students in the UK, France and Ireland at present. Mr Beejadhur has made an excellent beginning at the Ministry of Education; it is hoped that he will be able to persuade students to follow economics courses when they come to the UK. In this modern world, economists are no less valuable than agricultural experts in a country such as Mauritius.

Indebtedness is rife all over Mauritius; so, the report tells us. The worker is born into debt; he lives a life of debt; he dies in debt; his funeral expenses bequeath an after-life debt to his heirs. The social customs of many labourers impose heavy expenditure (extravagant, perhaps, when seen through Western spectacles, but unavoidable in the social *milieu* of Mauritius) on such occasions as weddings and funerals. When all other sources of cash fail, recourse has to be made to the village or departmental money lender; and the Commission has revealed the debts to which these parasites, these leeches on the body politic, will go.

The borrower signs a promissory note agreeing to pay

USURY

The worker is born into debt; he lives a life of debt; he dies in debt; his funeral expenses bequeath an after-life debt to his heirs



P - bhaskarhindi.com

interests at 12 per cent per year; in fact he pays interest (and makes a verbal agreement to pay this) at a much higher rate, often as much as 20 per cent per month (240 per cent per year!) The classic case is retold by the Commission of the man who borrowed Rs 300; by the time he had repaid the moneylender Rs 1,105.50, he still owed Rs 371! This is, says the Commission, "no doubt that professional money lending at usurious rates of interest is very widespread indeed throughout Mauritius."

The Commission tells of Civil Servants who augment their salaries by lending money to their colleagues. The Commission recommends money lending legislation based on the English Act of 1927 — moneylenders must be licensed, interest rates must not exceed 48 per cent per annum for unsecured loans, the capital borrowed should be repayable by installments. if you want to keep abreast and ahead of the times, then read the *Mauritius Times*.

All of this is what the *Mauritius Times* asked for two years ago. The English Act was then described; the activities of the moneylender were revealed; we referred to Civil Servants who were spare time moneylenders. All this part of the Commission's report will command the unequivocal support of the *Mauritius Times* when the time comes (and we hope it will be soon) for legislation to implement these particular recommendations.

We should add one suggestion which the Commission has not made — that where it is known that a Civil Servant is acting as a moneylender, either to his colleagues or to the general public, he should be dismissed from the service immediately, with complete forfeiture of any pension, rights which he may have accrued. And I would go further and say that any Civil Service pensioner who is acting as a moneylender should be liable to suspension or forfeiture of his pension. Ruthless, perhaps, but I believe that usurers deserve the harshest possible treatment, and no steps are too harsh if they are to be stamped out.

The Commission does not appear, on this subject, to have studied two different remedies which have been applied, with success, in other colonies. One, which has in the past been applied in Cyprus and Zanzibar, was the drastic remedy of debt conciliation — debts were scaled

down to sums which the peasants could afford to repay. The remedy, which has been practised in Uganda and Bechuanaland (which became the Republic of Botswana), is to make it as difficult as possible for people to borrow from moneylenders by refusing legal enforcement to liens on crops and other instruments of debt.

It is good to see the desirability of credit unionism being canvassed; one hopes that positive steps will be taken to set up credit unions. Meanwhile, are steps being taken to educate the public in ways of avoiding recourse to borrowing to meet funeral or marriage expenses? I mean, of course, are people being sufficiently made aware that it is possible to effect insurance policies to provide funeral expenses, etc.? The operative word is, of course, 'sufficiently' — that so many people run off to the usurer for help suggests that the insurance companies have begun 'sufficiently' to educate their potential clients.

I have dealt this week almost entirely with that part of the Commission's report which deals with private indebtedness to moneylenders. The rest of the report deserves an article to itself; and it will get it next week. For the present I will content myself by saying that capitalism and private enterprise stand condemned by the facts which the Commission have unearthed and published. The people have been for years at the mercy of the exploiting capitalists who have clearly waxed fat at the expense of the general public.

The clear-cut remedy here, since private enterprise and capitalism have failed, is for public enterprise and Socialism to replace them.

Yet we have the unedifying spectacle of one of the members of the Commission, a Socialist of long standing, flirting with the opponents of the only organisation in Mauritius (the Labour Party) which is determined to see Socialism in action!

BON-AIR COOPERATIVE CREDIT SOCIETY AND OTHER WORKERS UNION

(Reg. No. TU782)

The Annual General Meeting of the Union will be held on Saturday 15 June 2024 at noon, at Cooperative Credit Society Centre, Royal Rd, Morc. St. Andre.

AGENDA:

1. Reading and approval of last minutes.
2. Matters arising.
3. President's report.
4. Finance.
5. Approval of Annual Returns for the years 2020 to 2024.
6. Motions and Amendments to Rules (if any).
7. Election of Office-Bearers (if any).
8. AOB
9. Close Down. Lunch.

Compliant members are requested to attend the AGM.

Dr Mohun Prasadsing ODIT
Secretary

Date: 25.05.2024

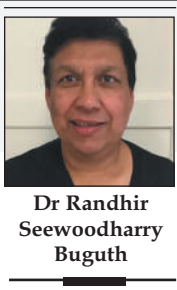
NOTICE FOR BUILDING & LAND USE PERMIT APPLICATION

NOTICE FOR PERMISSION FOR LAND USE

Take notice that I, **Gungaram Chand**, will apply to the Municipality of Vacoas-Phoenix for a Building and Land Use Permit for the proposed construction of a commercial building for the general repair and mechanical repair of motor vehicles at Kistoo Lane, Solferino.

Any person feeling aggrieved by the proposal may lodge an objection in writing to the above-named Council within 15 days as from the date of this publication.

Date: 27 May 2024



Antibiotics in Dentistry: Advancements, Challenges, and Best Practices

In 1928, Sir Alexander Fleming's discovery of penicillin marked a watershed moment in medicine, offering a potent weapon against bacterial infections. Subsequent efforts by researchers like E. Chain and H. Florey in Oxford University led to the mass production of antibiotics, revolutionizing healthcare during World War II and beyond.

The collaboration between the UK and the US spurred the widespread availability of antibiotics, initially with low levels of bacterial resistance. This era saw the emergence of numerous pharmaceutical firms dedicated to producing these life-saving drugs, culminating in the monumental effort to provide 2.3 million doses of penicillin for soldiers during the D-Day invasion of Normandy in 1944.

In modern dentistry, antibiotics play a vital role, with UK dentists accounting for 10% of all antimicrobial prescriptions. Guided by rigorous standards set by institutions like the National Institute for Clinical Excellence (NICE), the Faculty of General Dental Practitioners (FGDP), the Royal College of Surgeons (RCS), and the Scottish Dental Clinical Effectiveness Programme (SDCEP), practitioners ensure judicious antibiotic use to combat the growing threat of antimicrobial resistance (AMR).

Despite these efforts, AMR remains a significant concern, with estimates projecting millions of deaths globally by 2050. Prescribing errors among general dental practitioners highlight the need for ongoing education and adherence to best practices to mitigate the risks associated with antibiotic misuse.

Antibiotics in dentistry are indicated for various conditions, including acute or chronic oral infections, cellulitis, systemic involvement, and situations where drainage or debridement is impractical. Special consideration is given to immunocompromised patients and those at risk of infective endocarditis, where antibiotic prophylaxis can be life-saving.

Recent research underscores the importance of pre-treatment antibiotic prophylaxis for high-risk patients undergoing invasive dental procedures, emphasizing the critical role of timely intervention in preventing adverse outcomes such as infective endocarditis-related fatalities.

While ideal practice involves bacterial culture and sensitivity testing to tailor antibiotic therapy, logistical constraints often limit its feasibility in routine dental care. Nevertheless, efforts to enhance antibiotic stewardship through pharmacist-led initiatives and stringent prescribing guidelines have yielded promising results.

During the COVID-19 pandemic, dental emergency units faced challenges, leading to temporary deviations from standard practices. However, adherence to guidelines emphasizing advice, analgesics, and antimicrobials helped mitigate risks associated with inappropriate antibiotic use.

Commonly prescribed antibiotics in dental practice include amoxicillin, metronidazole, clarithromycin, co-amoxiclav, and clindamycin. Dosage adjustments are made based on factors such as age, weight, and specific medical conditions, with special considerations for patients with kidney failure or allergies.

As part of comprehensive antibiotic stewardship efforts, public education campaigns are crucial to raise awareness of the risks associated with antibiotic misuse. Healthcare professionals must challenge unnecessary prescriptions, supported by governmental initiatives to safeguard public health.

In conclusion, antibiotics in dentistry represent a cornerstone of modern healthcare, but their prudent use is paramount to combatting AMR and ensuring optimal patient outcomes. Through collaborative efforts and stringent oversight, the dental community can continue to uphold the highest standards of care while safeguarding the efficacy of these life-saving drugs.



Diaspora

The Migration of Talent: A Mauritian Perspective

In recent decades, a significant number of young professionals from Mauritius have embarked on journeys abroad, enticed by the allure of higher salaries, enhanced quality of life, and access to advanced technology in developed nations. This phenomenon traces its roots back to the 1970s when the British government actively recruited nursing students from Commonwealth countries, including Mauritius, to bolster its National Health Service (NHS). Since then, tens of thousands of Mauritians have found employment within the NHS.

While the migration of Mauritian professionals to the United Kingdom initially centered on healthcare roles, particularly within the NHS, opportunities in other sectors have emerged in recent years, particularly in the wake of Brexit. The UK has become an increasingly favoured destination for Mauritians seeking employment abroad.

Among those who ventured to the UK is Deepak Luckhun, whose journey began in 2003 when he arrived as a law student. However, Luckhun's talents extend far beyond the legal realm. Unbeknownst to many, he is a seasoned performer, having showcased his vocal prowess as a professional singer on Mauritian television from 1994 to 2003, notably on the program 'Geet Gata Chal'. With a background in Karnatic and Hindustani classical music, Luckhun boasts over a decade of experience in North Indian and classical Sargam, along with seven years devoted to South Indian Karnatic music.

However, Deepak Luckhun continues to pursue his passion for music, gracing various venues with his melodic performances. Yet, his journey is not solely defined by his artistic pursuits. He has also embraced opportunities for personal and professional growth.

It's widely known that Mauritians take



Deepak Luckhun and his wife in his love of singing in different London venues

their jobs seriously and tend to maintain employment more consistently compared to locals. Deepak took on a role as a Carer in a nursing home, a field his wife was already familiar with as a Nurse. Deepak juggled multiple jobs, including portering and healthcare, while pursuing studies in Health and Social Care at the Open University in 2011. Over time, he developed considerable expertise in Health and Social Care practices, advancing to roles as Deputy Manager in eight different homes. He provided valuable support to teams, troubleshooting issues, and training staff. His proficiency opened doors to opportunities in Cambridge, Bristol, and eventually as a Regional Manager in 2019. Seeking positions closer to home, he transitioned to management roles in Edmonton, London, and later served as a Consultant for Care Homes.

YOUR STARS

SAGITTARIUS: NOV 22 - DEC 21

You might feel the urge to travel or explore new ideas. Embrace these opportunities but remain practical in your planning. At work, innovative thinking will be rewarded, so don't hesitate to share your ideas. Socially, you'll be the life of the party, but remember to nurture close relationships. **Lucky Numbers:** 5, 10, 16, 23, 29, 35

CAPRICORN: DEC 22 - JAN 19

Be open to learning new skills or taking on additional responsibilities. Financially, it's a good time to make long-term investments. In personal relationships, show appreciation and support for your loved ones to strengthen bonds. **Lucky Numbers:** 2, 8, 13, 21, 27, 31

Aquarius: Jan 20 - Feb 18

Engage in educational pursuits or explore new philosophies. Professionally, collaborative efforts will bring success, so seek out teamwork opportunities. Personal relationships benefit from your open-mindedness and willingness to try new things. Ensure you take time for self-care to balance your mental and physical health.

Lucky Numbers: 4, 12, 18, 24, 30, 36

PISCES: FEB 19 - MAR 20

Reflect on your dreams and aspirations and make plans to turn them into reality. At work, your creativity and empathy will shine, making you a valuable team member. Relationships deepen through meaningful conversations and shared experiences.

Lucky Numbers: 6, 9, 15, 20, 25, 33

ARIES: MARCH 21 - APRIL 19

Your energy levels will be high, and you'll be ready to take on new challenges. Use this burst of vitality to start new projects or pursue creative ventures. However, be mindful of your impatience. Slow down and consider the details to avoid potential mistakes. In relationships, communicate clearly.

Lucky Numbers: 3, 11, 17, 22, 29, 35

TAURUS: APR 20 - MAY 20

It's an excellent time to review your budget and make adjustments. You might also find opportunities to increase your income. Relationships are steady but be sure to balance work and personal time to avoid neglecting your loved ones. Pay attention to your health and incorporate some relaxation into your routine.

Lucky Numbers: 5, 10, 14, 18, 26, 33

GEMINI: MAY 21 - JUNE 20

Networking will bring new connections that could be beneficial for your career. However, avoid spreading yourself too thin. Prioritize tasks and delegate when necessary. Communication is your strength, so use it to resolve any lingering conflicts. Romance is highlighted; plan a special date night. **Lucky Numbers:** 7, 13, 19, 21, 28, 36

CANCER: JUNE 21 - JULY 22

Focus on your home and family and consider making improvements to your living space. Professionally, stay grounded and avoid taking unnecessary risks. Emotional well-being is crucial, so engage in activities that bring you peace. Nurture your relationships with patience.

Lucky Numbers: 2, 9, 16, 20, 24, 31

LEO: JULY 23 - AUG 22

Whether at work or in social settings, you'll attract positive attention. Use this to your advantage in negotiations or presentations. However, avoid coming across as too domineering. Maintain humility and listen to others' perspectives. Romance flourishes if you show genuine interest in your partner's feelings.

Lucky Numbers: 4, 8, 15, 23, 27, 32

VIRGO: AUG 23 - SEPT 22

Focus on tidying up your workspace and home, which will help clear your mind. Pay attention to health routines and consider starting a new fitness regimen. Professionally, your attention to detail will be noticed, so strive for excellence. Relationships improve with open communication and shared activities.

Lucky Numbers: 6, 12, 18, 25, 30, 37

LIBRA: SEPT 23 - OCT 22

Libra, creativity, and romance are highlighted this week. Engage in artistic pursuits or spend quality time with your loved ones. Professionally, collaborative projects will be successful if you maintain balance and fairness. Keep harmony in your relationships by addressing any issues with diplomacy. **Lucky Numbers:** 1, 9, 14, 22, 28, 34

SCORPION: 23 OCT - 21 NOV

Reflect on past experiences and consider what changes you need to make for growth. Professionally, trust your intuition and don't be afraid to take bold steps. In relationships, be open and honest about your feelings to deepen connections. Ensure you manage stress effectively to maintain your health.

Lucky Numbers: 3, 11, 17, 20, 26, 38

Democracy in Africa: digital voting technology and social media can be a force for good – and bad

● Cont. from page 2

In its 2021 local government elections, South Africa piloted the use of Voter Management Devices to replace scanners. The machines were used to verify voters and address the issue of double voting.

There were, however, some hiccups in practice. Internet connection issues were reported on voting day. That left about 100,000 people unable to cast their vote. Despite this mishap – and recent concerns raised by members of parliament about the

Politicians also use these platforms to campaign and mobilise supporters.

Its Integrated Electoral Management System includes technology for biometric voter registration and electronic voter identification.

Electronic voting (e-voting), however, is a long way from being a reality in African countries. According to the World Economic Forum, the benefits of e-voting include more efficient elections and a faster vote count.

material. Its government also uses the internet as a surveillance tool. Ethiopia's Center for Advancement of Rights and Democracy says internet access remains unequal and expensive.

In the Democratic Republic of Congo, there were several internet shutdowns before the presidential elections in December 2018. But even when the internet is functioning, it's not very accessible. In a country of over 70 million people, only 22.9% were connected at the beginning of 2023. This is due to limited infrastructure and high access costs.

What needs to change?

African leaders need to remember that an election is not always a sign of a healthy democracy, although it gives citizens a chance to choose and evaluate their lea-

ders. A positive attitude towards technology will go some way towards strengthening democracy.

Attitude, of course, won't be sufficient. Authorities must create social, political and economic conditions that are conducive to ensuring digital benefits reach everyone. This will require political will, skilled artisans with a general understanding of basic technology, proper information and communications technology infrastructure, affordable data and legislation.

That access and technology must then be put to work to introduce modern balloting methods.

Maxwell Maseko, Postdoc Research Fellow - Digital Governance and Media, University of the Witwatersrand



Pic - Centre for Human Rights

machines' efficiency – the devices are expected to be used again in the 2024 national elections on 29 May.

Social media platforms are also well used by South Africa's Independent Electoral Commission and various political parties to promote voter education and registration, political campaigning, and debate on key national issues. This is a good way to try to reach the country's more than 45 million active internet users out of a population of over 60 million.

Kenya also views the adoption of technology as an important step in improving accountability, transparency and citizen participation in democratic processes previously tainted by controversy and mistrust. Today Kenyans use social media platforms like X, Facebook and Instagram to voice opinions about various issues.

Elsewhere, Brazil, India, the US and Estonia have piloted e-voting.

In 2014, Namibia became the first African country to adopt electronic voting machines. Though the system was prone to technical glitches, the machines were used again in Namibia's 2019 presidential elections.

What about government misuse?

In line with the democratic decline in some countries and regions that I mentioned earlier, we've seen a number of governments throttling their citizens' internet access to prevent people from organising, mobilising or even discussing their grievances with their leaders.

Ethiopia, for instance, has since the early 2000s shut down the internet and on numerous occasions censored online

Mauritius Times

Even if you are receiving a free copy of the paper from your contacts or WhatsApp/Email groups

YOUR SUPPORT MATTERS

As a reader-funded newspaper, the Mauritius Times relies on the support of those who are in a position to help. We know that you are fully conscious of the important role of an independent media, so even if you are receiving a free copy of the paper from your contacts or WhatsApp/Email groups, your support in the form of a subscription or patronage will allow us to pursue our mission and protect our editorial independence. That is why we would kindly request you to consider becoming a regular subscriber by sending us your contribution.

Our Annual Subs Rate amounts to Rs 1500.
Your support, however much you can contribute will be greatly appreciated.

Payment Options - Any one of the following

1. By cheque drawn to the order of **The Prakash Ramlallah Foundation**. Kindly post the cheque to our postal address as above.
2. Via MCB Juice to the following Phone No **5 782 9861**.
3. Bank transfer, paid to **The Prakash Ramlallah Foundation**, to any one of the following bank accounts:

Bank	Account No	Swift Code	IBAN
MCB	000448214277	MCBLMUMU	MU71MCBL0901000448214277000MUR
SBM	50300000703075	STCBMUMU	MU17STCB1101000000703075000MUR
SBI	156000504401	INILMUMU	MU47INIL0801156000504401000MUR

Please send us your personal details - Name, Postal Address, Email and Telephone / Mobile number by email or WhatsApps for immediate processing of your subscription.

Another option is to subscribe by going to our Google Form by clicking on the link below:

SUBSCRIBE NOW

Please know that we are at your disposal for any clarification and assistance that you may require. You may please contact us on:

Tel - 5 2929 301 - 5 782 9861 - 212 1313 -- Email: mtimes@intnet.mu

Pearl House - 4th Floor - Room 406, Sir Virgil Naz St -- Port Louis

Thank you so much.
Mauritius Times

DASAUTO CO LTD

Tel: 248 3693 / 5850 1922 / 5256 4837

BMW SPECIALIST GARAGE

Servicing & General Repairs
Mechanical & Electrical Problems
Diagnosis & Coding & Programming
Engine Overhaul/Oil &
Water Leakages/Suspension

Toddlers' screen time: Implications for development

New research, led by Dr Karen Heffler, from Drexel University highlights the potential impact of screen time on sensory processing in babies and toddlers. The study, published in the journal JAMA Pediatrics, suggests that increased exposure to television or video viewing during early childhood may contribute to atypical sensory behaviours, such as disengagement and heightened sensitivity to stimuli. By analyzing data from the National Children's Study, the researchers found that children exposed to greater screen time exhibited higher rates of atypical sensory behaviors by the age of 33 months.

The findings underscore the importance of limiting screen time in infancy and early childhood to support healthy sensory development. Parents are encouraged to



engage in alternative activities that promote sensory exploration and interaction.

Dr Heffler emphasizes the need for parent education

and awareness regarding the potential consequences of excessive screen time on sensory processing. By implementing strategies to reduce screen exposure and promote sensory-rich environments, caregivers can support optimal development in young children.

The study's findings have significant implications for early childhood development and parental guidance. Excessive screen time during crucial developmental stages may hinder sensory processing skills, which are essential for children to navigate and interact with their environment effectively.

The study underscores the importance of implementing guidelines for screen time usage in young children. The American Academy of Pediatrics recommends limiting screen time for children under two years old and advocating for interactive, sensory-rich activities instead.

Dr. David Bennett, the senior author of the study, emphasizes the need for parent training and education to minimize screen time in young children effectively. By promoting awareness of the potential risks associated with excessive screen time, caregivers can make informed decisions to support their children's sensory development.



Why can some plastics be recycled but others can't?

Whether we can recycle plastic or not depends on what it's made of (because there are many different types of plastic), if it's sufficiently clean and if enough people will buy recycled products.

Great question Jessica! We use lots of plastic in Australia and it's frustrating to find out how little is recycled.

I work at a university with a team trying to find new ways for people to use less plastic, recycle more and not waste anything. So this is a question I think about a lot.

Basically, some plastics can be recycled because they are easy to melt down and make into other products. Others can't be, or they contain extra ingredients that make them hard to recycle, such as dyes or chemicals that stop them catching fire.

But even if you could recycle the plastic, then you have a whole new problem: you have to find someone who will buy the recycled material to make new products.

There are many different types of plastic

Have you ever wondered why the plastic used to make soft drink bottles looks and feels so different to the plastic used for other types of containers – such as yoghurt tubs, lunch boxes or even plastic bags?

It turns out there's more than one type of plastic. We classify plastic into seven main types. But there are many more when you consider all the mixtures and new or unusual varieties.

The raw material is almost always fossil fuels (oil or gas). Although these days, people can also make plastic from plants such as corn.

Either way, plastic is "synthetic", which means it's not natural. Long chains of molecules are stitched together to make "polymers" (from the Greek "poly", meaning many, and "mer", meaning parts). Different polymers make different types of plastic.

Some polymers are easier to recycle because they can be melted down and reshaped into new products. This includes



MOHAMED ABDULRAHEEM, Shutterstock

number one on our list of seven main types: "polyethylene terephthalate", found in soft drink bottles.

It also includes type number two, the "high-density polyethylene" in some milk bottles, and number five, "polypropylene", which makes things like yoghurt containers.

Other plastics such as type number three, "polyvinyl chloride", found in plumbing pipes, and number six, "polystyrene" such as Styrofoam, are much harder to recycle. That's mainly because they tend to contain lots of extra ingredients, which makes melting and recycling difficult.

These extra ingredients can include dyes to make the plastic brightly coloured, or chemicals to stop the plastic catching fire. But these extra ingredients can make it harder for the plastic to be recycled.

Did you know almost 300 billion plastic coffee cups have made their way to rubbish dumps around the world? These cups were not recycled, because they were made from a mixture of paper lined with plastic.

It's hard to separate the plastic from the other materials. This makes it difficult to recycle them. But we can choose to use reusable or compostable coffee cups instead.

Plastic can also be too dirty to recycle. That's why you should always rinse plastics before putting them in the recycling bin.

Here's a little tip. Check the label on plastic bottles, containers and packaging for the symbol that looks like a triangle made of arrows, with a number in the middle. Read the table below to see what the numbers mean and whether it's worth putting that plastic in your recycling bin or not.

Just because there's a logo on it doesn't mean it can be recycled. It depends on the recycling services that are available near where you live.

Look up your local council's website to see what facilities they have for plastic recycling. If it's not clear, you could ask your council to explain what they can and can't recycle.

Sukhbir Sandhu

Associate Professor in Sustainability,
University of South Australia



CONTACT US

57809413 - 5 7829861 - 5 2929301

email: drrouget@gmail.com

FOR RENT

4000 Sq Ft Building
In Excellent Condition
within less than 5 mins
from New Supreme
Court Building

Ideal for
Office - Mini
Clinic - Medical
Lab - Archives
& Chambers

Parking Spaces &
Alarm System Available

Laughter is the Best Medicine

Suddenly,

Satan gets beaten

In a small village church, moments before the service were to start, the congregation chattered amongst themselves.

Satan appeared at the altar in a flash of light. Chaos erupted as people scattered in all directions, except for Bill Smith.

Satan approached Bill and asked, "Don't you know who I am?"

Bill calmly replied, "Yes, I do."

Bewildered, Satan asked, "So you aren't scared of me, then?"

Bill responded, "No, I'm not. Because I've been married to your sister for 25 years."

* * *

The Proud Father

A man had six children and was immensely proud of them. So proud, in fact, that he started calling his wife "Mother of Six," despite her objections.

One evening, they attended a party. When the man decided it was time to leave and wanted to see if his wife was ready too, he shouted, "Shall we go home now, Mother of Six?"

Finally fed up, his wife retorted, "Any time you're ready, Father of Four."

* * *

The Barber's Customer

A man walked into the barber's shop during lunchtime and asked how long it would be before he could get his hair cut.

The barber, looking around at the full shop, replied, "At least two hours."

The next day, the man returned, asking the same question, and again, the

barber said it would be a two-hour wait.

On the third day, once more at lunchtime, he returned, and the barber, growing tired, repeated, "At least two hours."

The man left, but this time the barber asked his friend to follow him and find out where he went.

After some time, the friend returned, looking grim. "Well, where did he go?" asked the barber. The friend replied, "Your house."

* * *

To whom do you owe your success

Interviewer: "To whom do you owe your success as a millionaire?"

Millionaire: "I owe everything to my wife."

Interviewer: "Wow, she must be some woman."

Interviewer: "What were you before your marriage?"

Millionaire: "A billionaire."

* * *

The Dead Cat

A kid told his teacher that he had found a cat by the roadside. "It's dead," he stated.

"How do you know it's dead?" asked the teacher.

"Easy, because I pissed in its ear and it didn't move," explained the boy.

"You did what?" the teacher shouted. "You know, I leaned over, made a 'pssst' sound, and it didn't move," clarified the boy.

* * *

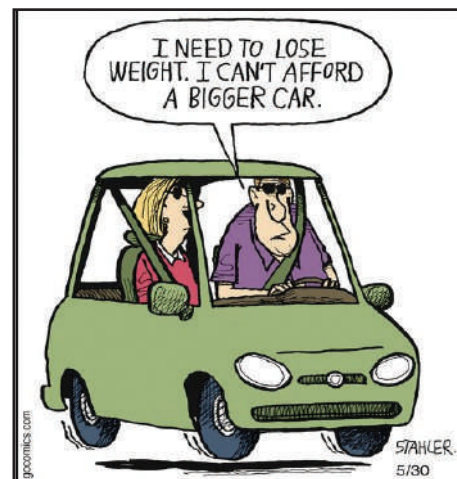
Medical Tests

A guy received a phone call from his local surgery, informing him that there had been a terrible mix-up with his wife's medical tests.

"We're not sure whether she is the one with herpes or a heart condition," apologized the doctor.

"Oh my God, what can I do?" asked the fellow.

"Well, send her out jogging, and if she comes back fit, we'll be sure," suggested the doctor.



* * *

The Boxer's Insomnia

A boxer decides to visit his family doctor.

"Doc, you've got to help me, my insomnia is terrible. I just can't sleep at night," he moans.

The doctor peers over his glasses. "Have you tried counting sheep?" he asks. The boxer sighs. "That doesn't help at all. Every time I reach nine, I get up," he complains.

* * *

Who says the brain doesn't work...

Last night, I was returning from a party feeling a bit intoxicated when I noticed a police officer checkpoint up ahead. Instant panic set in, but I quickly made a decision. I got out of the driver's seat and moved to the back.

After a few minutes, an officer approached and asked me to move my car ahead for an alcohol test.

I responded, "My driver ran away when he saw you."

To which he replied, "Then you move your car ahead for the checking."

I insisted, "No sir, as a responsible citizen, I cannot drive while under the influence."

The officer looked at me, seemingly touched by my words, and commended me for my responsible behavior. He even arranged for a constable to drive my car home.



Who says the brain doesn't work after drinking?

* * *

What if you don't see me for 2 days?

A man came home late at night after a party.

His wife yelled: "How would you feel if you don't see me for 2 days?"

The man couldn't believe his luck: "That would be great."

Monday passed he could not see her. Tuesday and Wednesday passed too. On Thursday his swelling improved -- and now he could see her from the corner of one eye.

Moral of the story: Natural disasters just happen. Nobody teaches volcanoes to erupt, tsunamis to devastate, cyclones to sway around and no one teaches one how to choose a wife.

* * *

Grandparents' Answering Machine

Good Morning!

At present, we are not at home, but please leave your message after you hear the beep.

Beeeeeeppp...

- If you are one of our children, dial 1 and then select the option from 1 to 5 in order of "birth arrival" so we know who it is.
- If you need us to stay with the children, press 2.
- If you want to borrow the car, press 3.
- If you want us to wash your clothes and do ironing, press 4.
- If you want the grandchildren to sleep here tonight, press 5.
- If you want us to pick up the kids at school, press 6.
- If you want us to prepare a meal for Sunday or have it delivered to your home, press 7.
- If you want to come to eat here, press 8.
- If you need money, press 9.
- If you are going to invite us to dinner or take us on a holiday, then start talking... we are listening!



Life's Lesson

Wisdom is more valuable than money

Consider this: Billionaires reside alone in cavernous mansions. Industry titans toil relentlessly, yet find themselves devoid of loved ones. Super producers dominate their fields, yet suffer from a poverty of the soul.

Allow me to suggest humbly that achieving economic success while neglecting one's humanity renders such success meaningless. I've encountered janitors, ski instructors, and cabbies exuding more grace, dignity, and character than some of the rich, famous, and influential figures whom you may follow, read about, or even admire.

Our world is indeed fascinating. The



true heroes often remain nameless while undeserving individuals bask in unwarranted celebration. I do not intend to complain or judge; I merely observe and remark.

I harbour no ill will toward anyone. That's the beauty of life on our planet: the freedom to live as one chooses, to prioritize what truly matters, to dress in attire that uplifts the spirit, and to conduct oneself according to personal inclinations.

Nevertheless, it behooves us, on occasion, to pause and ponder: What truly

enriches life? Drawing inspiration from those who have discovered genuine happiness, self-respect, and a serenity defying logic, one answer resonates profoundly with me: wisdom.

It is the kind of wisdom that compels us to:

- Invest our days in fulfilling our potential.
- Undertake tasks that challenge us, knowing they will fortify our character.
- Utilize every experience to sculpt the person we aspire to become.
- Transmute insecurity into courage.
- Harness past pain to cultivate empathy, forgiveness, and nobility.
- Dedicate the remainder of our days to learning, daring, creating, and serving others.

Yes, I firmly believe that wisdom eclipses the allure of money. Money can be transient, perplexing, and even corrupting. It has the capacity to unveil the

darkest aspects of human nature, leading to actions regretted on one's deathbed.

In contrast, wisdom—earned through the trials and triumphs of the human journey—endures. It enriches, uplifts, and illuminates our lives, akin to the essence of divine beings. It is the substance of angels, stardust, and profound revelations.

Forgive the whimsical analogy, but wisdom transcends the ephemeral pleasures of mundane existence. Therefore, do not squander your precious years fixating on trivial pursuits. Such a path does not befit your true essence or align with your highest potential.

Instead, aspire to impress your higher calling, your inner wisdom, and the collective yearning for genuine fulfillment. Let your legacy be one of wisdom, compassion, and authentic greatness.

Robin Sharma

Humanitarian and Leadership Missionary

Life can be better

Train Your Mind to Be Successful

In the pursuit of success, many seek out strategies, techniques, and shortcuts to reach their goals faster. Yet, amidst the myriad of self-help books, there are some gems that stand out for their profound insights and practical wisdom. "Train Your Mind to Be Successful: Attract and Get Anything You Want in Life" is one such book, offering seven powerful lessons that can transform the way you approach success and fulfilment. Let's delve into these lessons and uncover their significance:



1. Mindset Matters: At the core of any achievement lies the mindset of the individual. This book underscores the importance of cultivating a positive and growth-oriented mindset. By believing in yourself and your abilities, you lay the foundation for success. Your mindset shapes your reality, influencing how you perceive and respond to challenges. By adopting a mindset focused on growth and possibility, you unlock your potential and attract opportunities for success.

2. Goal Setting and Planning: Setting clear and specific goals is essential for directing your efforts towards meaningful outcomes. This book emphasizes the importance of not only defining your goals but also creating a plan to achieve them. Breaking down your goals into actionable steps enables you to make progress consistently. By envisioning your desired future and charting a course to get there, you empower yourself to turn dreams into reality.

3. Tapping into the Power of Belief: Belief is a

potent force that can propel you towards your aspirations. The book stresses the significance of believing in your capacity to achieve your goals. Through visualization and affirmation, you harness the power of your subconscious mind to manifest your desires. However, it's crucial to recognize that belief alone is not sufficient; it must be accompanied by diligent effort and perseverance.

4. Cultivating Positive Habits: Success is not merely a destination but a journey guided by your habits. This book advocates for the cultivation of positive habits that align with your goals. Establishing a robust morning routine, practicing gratitude, and surrounding yourself with uplifting influences are instrumental in fostering a conducive environment for success. By nurturing habits that support your growth and well-being, you pave the way for sustainable achievement.

5. Learning from Failure: Failure is an inevitable part of the journey towards success. Rather than fearing failure, this book encourages embracing it as a valuable learning experience. Each setback provides an opportunity for growth and refinement. By reframing failure as a stepping stone towards success, you develop resilience and tenacity. Instead of being deterred by obstacles, you approach them with a mindset of curiosity and adaptability.

6. Taking Action: While positive thinking sets the stage for success, action is the catalyst for transformation. The book emphasizes the importance of taking consistent and purposeful action towards your goals. Even in the face of challenges and uncertainties, it's essential to persevere and maintain momentum. By taking decisive steps forward, you create momentum and progress towards your desired outcomes.

7. Personal Growth and Development: The journey towards success is not only about achieving external milestones but also about personal growth and development. Cultivating a mindset of continuous improvement is paramount. Seeking feedback, embracing challenges, and expanding your knowledge are integral to this process. By investing in your growth and evolution, you position yourself for long-term success and fulfillment.

By adopting these seven powerful lessons, you can cultivate a mindset and lifestyle conducive to achieving your goals. Remember, success is not merely about what you accomplish but who you become in the process. With the right mindset and approach, you have the power to attract and manifest anything you desire in life.



A PRAYER

Lord Thou knowest that I am getting older,
Keep me from becoming talkative and possessive,
Free me from the idea that I must
express myself on every subject,
Release me from the craving
to straighten out everyone's affairs,
Keep me from the recital of endless detail,
give me wings to get to the point.
Seal my lips when I am inclined to tell
of my aches and pains. They are increasing
with the years, and my love to speak of
them grows sweeter as the days go by.
Restrain me from telling what I have done for
others, instead let me count my blessings in silence.
Teach me the glorious lesson, that
occasionally I may be wrong.
Make me thoughtful, but not nosey,
helpful but not bossy.
With my vast store of wisdom and experience,
it seems a pity not to use it,
But Thos knowest O Lord,
that I want a few friends at the end.

11 Natural Ways to Boost Your Testosterone

Did you know that magnesium, found in spinach, almonds, and other foods, helps maintain your testosterone levels? Discover what else can benefit your numbers as advised by WebMD.

Add Zing to Your Meals

Onions and garlic are your allies in the kitchen and the bedroom. They aid in producing more and better sperm. Both elevate levels of a hormone that stimulates your body to produce testosterone. Moreover, they contain high levels of natural plant chemicals called flavonoids, which protect your sperm against damage.

Pile on the Protein

Lean beef, chicken, fish, and eggs are excellent options. Tofu, nuts, and seeds also provide protein. Aim for about 5 to 6 ounces per day, adjusting based on factors such as age, sex, and activity level. Insufficient consumption of these foods prompts your body to produce more of a substance that binds with testosterone, reducing the availability of T to perform its functions.

Go Fish

Fatty fish like salmon, tuna, and mackerel are rich in vitamin D, a natural testosterone booster that plays a vital role in hormone production.

More Magnesium

This mineral prevents a protein from binding with testosterone, resulting in more usable testosterone circulating in your blood. Spinach is a magnesium-rich



food, and almonds, cashews, and peanuts are good sources as well.

Order Oysters

These mollusks are renowned for their fertility-boosting properties, providing nearly five times your recommended daily dose of zinc. This mineral aids in testosterone production and can also be obtained from beef and beans, with some breakfast cereals fortified with it.

Bonus: Zinc Boosts Your Immune System

Pick Pomegranate

Start your day with a glass of pomegranate juice instead of orange juice. It reduces stress hormone levels, such as cortisol, thereby raising sex hormone levels, including testosterone. Additionally, it can lower your blood pressure and improve your mood.

Diet Down

A Mediterranean-style diet helps maintain a healthy weight and guards against insulin resistance, which is associated with lower T levels. Lower testosterone levels

lead to increased fat levels, exacerbating insulin sensitivity issues. Break this cycle by swapping saturated fats for healthier options like olive oil, avocado, and nuts, while incorporating lean meats and whole grains, as well as plenty of vegetables and fruits.

Back Off the Beer

Regular drinking for just five days can cause your testosterone levels to drop. Alcohol disrupts various aspects of your body's hormone system. Heavy drinkers may experience testicular shrinkage, reduced chest and facial hair growth, and elevated levels of the female hormone estrogen.

Use Glass, Not Plastic

Be mindful of what you use to store leftovers. Bisphenol-A (BPA), found in certain plastics, cans, and other food packaging, can disrupt your hormone production process. Men who are regularly exposed to BPA have been found to have lower testosterone levels than those who are not after six months of exposure.

Build Your Strength

Focus on muscle-centric workouts. Whether in the weight room at the gym or under the guidance of a trainer on exercise machines, strength training can boost your testosterone levels. However, avoid excessive exercise, as it can have the opposite effect on your T levels.

Get Enough ZZZs

Your testosterone levels increase while you sleep, peaking during REM sleep and remaining elevated until you wake up. However, insufficient sleep can lead to a 15% decrease in daytime testosterone levels with just 5 hours of sleep. Aim for 7 to 8 hours of sleep each night, even if it means adjusting your schedule or limiting late-night activities.

Home Remedies: What Works?

Does garlic help lower cholesterol? Is peppermint oil good for stomach problems? Find out which common remedies work -- and which ones probably don't. Tips from Jabeen Begum, MD

No matter what you've heard or how badly you want relief, talk with your doctor or pharmacist before trying any home remedy. This is especially important if you take prescription or over-the-counter medications, as some can interact with these remedies. Additionally, many home remedies lack scientific research to back them up.

Peppermint

Mint has been used for hundreds of years as a health remedy. Peppermint oil might help with irritable bowel syndrome (IBS) -- a long-term condition that can cause cramps, bloating, gas, diarrhoea, and constipation -- and it may also be good for headaches. More studies are needed to understand how much it helps and why. While people use peppermint leaves for other conditions, there is very little evidence supporting their effectiveness.

Honey

This natural sweetener may work just as well for a cough as over-the-counter

medicines. This could be especially helpful for children who aren't old enough to take those. However, don't give honey to an infant or a toddler younger than 1 year old, as there's a small risk of botulism, a rare but serious kind of food poisoning. While local honey is often touted as a remedy for allergies, studies don't support this claim.

Turmeric

This spice has been hyped as a remedy for various conditions from arthritis to fatty liver. Some early research supports these claims. However, other purported benefits, such as healing ulcers and treating skin rashes after radiation, lack proof. If you try it, don't overdo it: High doses can cause digestive problems.

Ginger

Ginger has been used for thousands of years in Asian medicine to treat stomachaches, diarrhea, and nausea, and studies show that it works for nausea and vomiting. There's also some evidence that it might help with menstrual cramps. However, ginger is not necessarily good for everyone. Some people experience tummy trouble, heartburn, diarrhea, and gas, and it may affect how some medications work. So talk to your doctor and use it with care.

Sex

No more "Not tonight, Dear." It turns out that sex can help ease pain from certain types of headaches, especially migraines. It has also been shown to improve heart health, ease stress, and



boost mental alertness.

Green Tea

This comforting drink does more than keep you awake and alert. It's a great source of powerful antioxidants that can protect your cells from damage and help you fight disease. It may even lower your odds of heart disease and certain types of cancers, like skin, breast, lung, and colon cancers.

Garlic

Some studies show that people who eat more garlic are less likely to get certain types of cancer (though garlic supplements don't seem to have the same effect). Garlic may also lower blood cholesterol and blood pressure levels, but the impact is modest.

Chicken Soup

Turns out, Grandma was right: Chicken soup can be good for a cold. Studies show it can ease symptoms and help you recover more quickly. It also reduces inflammation and clears out nasal fluids.

Neti Pot

Using a neti pot involves pouring a salt and warm water mixture through one nostril and letting it drain out the other. Once you get the hang of it, it can ease allergy or cold symptoms and may even help you recover from a cold faster. Be sure to use distilled or cooled boiled water and keep your neti pot clean.

Cinnamon

You may have heard that cinnamon can help control blood sugar for people with prediabetes or diabetes. However, there's no strong evidence supporting its effectiveness for any medical condition. If you plan to try it, be cautious: Cinnamon extracts can be harmful to your liver in large doses.

Ice Pack

Use a bag of frozen peas or a plastic bag or wet towel with ice within the first 48 hours after an injury to help with pain and swelling. You can also use it on injuries that cause recurring pain and swelling -- but only after physical activity, not before. Never use ice for more than 20 minutes at a time, and remove it if your skin gets red.

Ear Candling

Ear candling is dangerous and ineffective -- don't do it. The idea is to place the unlit end of a lit, hollow candle into your ear to draw out wax. However, this can push earwax deeper, introduce candle wax into your ear, puncture your eardrum, or burn your ear canal, face, scalp, or hair. See your doctor if you think you have a problem with earwax.

8 Feel-Good Movies like "Laapataa Ladies"

that'll 100% make you laugh & smile by iforher team

Ever stumbled upon a hidden gem of a movie that left you feeling all warm and fuzzy inside? That's exactly what happened when "Laapataa Ladies" hit Netflix! This soulful flick took us on an emotional rollercoaster, leaving us craving more of its heartfelt charm.

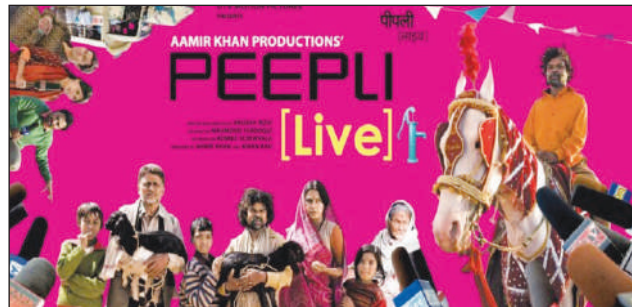
If you found yourself enchanted by the magic of "Laapataa Ladies," get ready for a cinematic adventure filled with laughter, warmth, and feel-good vibes. IForHer lists nine delightful small-budget comedy movies that you absolutely must watch if you adored "Laapataa Ladies."



1. Badhaai Ho One of the finest movies of Bollywood, "Badhaai Ho," revolves around a couple facing an unexpected pregnancy at a later stage, leading to humorous and heartfelt moments as they navigate societal norms and family dynamics. Just like "Laapataa Ladies," the movie uses humor and warmth to address family challenges and societal expectations. And, just like "Laapataa

Ladies," "Badhaai Ho" focuses on progressive men who believe in equality!

2. Peepli Live This dark comedy sheds light on media attention surrounding a farmer's condition, highlighting important social issues like rural India's struggles and media sensationalism. The movie depicts village life and attempts to bring notice to important social issues with wit and humor just like "Laapataa Ladies."



3. Dhobi Ghat Kiran Rao's drama follows four characters in Mumbai: a washerman aspiring to become an actor, a banker-turned-photographer, a painter seeking inspiration, and a newly-married immigrant who documents her experiences on home video. The intertwining stories capture a beautiful range of emotions and connections, much like "Laapataa Ladies."

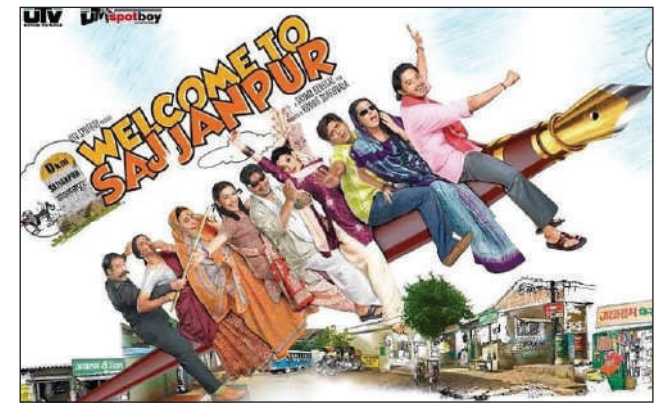
4. English Vinglish Starring the super-talented Sridevi, this comedy-drama depicts a woman's journey to regain confidence by learning English, challenging stereotypes, and finding self-worth. Both "Laapataa Ladies" and "English Vinglish" portray women embarking on a beautiful journey of self-discovery while challenging societal norms.

5. Dhanak A heartwarming story of sibling love as a girl fulfills her brother's wish to meet Shah Rukh Khan,

encountering kindness and adventure. Similar to "Laapataa Ladies," both films celebrate resilience and innocence, finding joy and hope amidst life's challenges.

6. Titu Ambani A funny tale of a man's misadventures in a small town, filled with eccentric characters and humorous situations. This light-hearted entertainment with quirky characters and funny moments will keep you as entertained as "Laapataa Ladies."

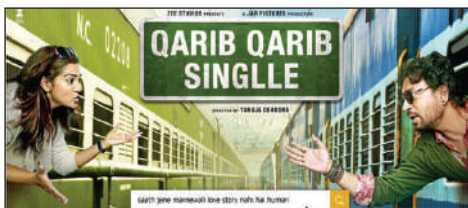
7. Welcome to Sajjanpur A comedy-drama set in a village where a writer helps illiterate villagers with letter writing, getting involved in their lives and love stories. Just like "Laapataa Ladies," both films portray the charm and humanity of village life through multiple stories and characters.



8. Qarib Qarib Single This romantic comedy follows two middle-aged individuals as they journey together, rediscovering love and friendship. Similar to "Laapataa Ladies," "Qarib Qarib Single" challenges social norms with humor and wit. Through its charming characters, the film takes viewers on heartwarming personal journeys akin to "Laapataa Ladies."

Unexpected Delights: 11 Movies that Surprised us with their Brilliance

The cinematic world is full of surprises, and Bollywood seems to excel at pulling the rug from under our feet. There's nothing quite like randomly stumbling upon a movie, with no expectations, only to be blown away by its excellence. It's a healthy sensation as a moviegoer and the perfect antidote to the overhyped A-list flicks that fall short of their promises. Uttkarsha Shekhar has compiled a list of such movies that made us sit up and take notice. These gems are the unsung heroes of Bollywood that deserve more recognition.



1. Qarib Qarib Single "Qarib Qarib Single" is a 2017 rom-com starring the late Irrfan Khan and Parvathy Thiruvothu. It's an entertaining and witty take on modern-day dating that explores the complexities of finding love in the digital age. The chemistry between the two leads is electric, and the film's music adds to its charm.

2. Uunchai "Uunchai" is a heartwarming tale about three elderly friends who embark on a journey to Everest Base Camp to fulfill the final request of their late

friend, Bhupen. Along the way, they are joined by Mala, Bhupen's long-lost love, who laments not fighting for their love. What begins as a simple excursion becomes a psychological, emotional, and spiritual adventure as they find the true meaning of freedom.



3. Thursday "Thursday" is a gripping crime thriller that takes place over a single day. The direction, screenplay, and performances by the cast elevate it to another level, making it a must-watch for fans of the genre.

4. Dasvi "Dasvi" is a political satire that follows the story of a 10th-grade dropout who becomes a politician. The film's dialogues and performances by the cast, especially Abhishek Bachchan, making it a hilarious and insightful commentary on Indian politics.

5. Raat Akeli Hai "Raat Akeli Hai" is a gripping murder mystery that keeps you guessing until the very end. The direction and performances by Nawazuddin Siddiqui and Radhika Apte make it a must-

watch for fans of the genre.

6. Badla "Badla" is a suspense thriller that revolves around a woman accused of murdering her lover. The direction, screenplay, and performances by Amitabh Bachchan and Taapsee Pannu make it a gripping and intense watch.

7. Photograph "Photograph" is a heartwarming film that explores the themes of love and companionship. The direction, cinematography, and performances by Nawazuddin Siddiqui and Sanya Malhotra make it a poignant and beautiful watch.



8. Love Sonia "Love Sonia" is a hard-hitting film that exposes the dark world of human trafficking. The direction and performances by the cast, particularly Mrunal Thakur and Richa Chadha, make it a powerful and gut-wrenching watch.

9. Sharmaji Ki Namkeen "Sharmaji Ki Namkeen" is a posthumous release featuring the late Rishi Kapoor in his last role. The film explores the themes of ageing and regret and is a heartwarming

and emotional watch.

10. Jogi Last but not least, "Jogi" is a period drama film directed by Ali Abbas Zafar, starring Diljit Dosanjh in the lead role. The film received mixed-to-positive reviews from critics, with praise for the performances, direction, cinematography, background score, editing, production design, and themes.



11. Meri Pyari Bindu "Meri Pyari Bindu" is a coming-of-age love story that subverts Bollywood's traditional happy endings. It's a nostalgic trip down memory lane, chronicling the lives of Abhimanyu Roy and Bindu, childhood sweethearts who meet as neighbors. The film captures the essence of their relationship, and the music adds a sense of melancholy to the story.



Vendredi 31 mai - 20.30



Samedi 1 Juin - 21.00



Dimanche 2 Juin - 20.30



Programme TV



SERIAL



vendredi 31 mai

MBC 1

06.01 Serial: Tour De Babel
07.10 Film: The Mountain Men
08.40 Le Livre Perdu Des Sorti...
09.35 Tele: L'Amour A Mort
10.00 Tele: Amour Secret
10.23 The Gardener's Daughter
10.45 Tele: L'Envers Du Paradis
11.15 Tele: La Reina Del Flow
12.00 Le Journal
12.40 Tele: Entre Justice Et Vengeance
13.25 Tele: Fierce Angel
13.50 Tele: Pasion Y Poder
14.15 Serial: Treadstone
15.21 Film: Mothers And Daughters
17.30 The Gardener's Daughter
18.31 Serial: Shiv Shakti
18.55 Serial: Swaran Ghar
20.30 Film: Ask Me To Dance
22.10 Entre Justice Et Vengeance

MBC 2

06.15 Local: Portraits Maternels...
08.55 Local: Generations J
10.22 Local: J'ai Faim
11.00 Rodrig - Klip Seleksion
11.45 Rodrig: Li Bon Ou Konnin
12.13 Local: Portraits Maternels...
12.58 Local: Evasion
15.49 Local: Nou Later Nou Lamer
16.23 Local: Aktiv
16.50 Local: La Societe
18.00 Tele: Pasion Y Poder
18.30 Tele: Amour Secret
19.00 Zournal Kreol
19.30 Prod: MRIC
20.11 Local: Animalia Nos Amis...
21.03 Local: Come On Let's Dance
21.55 Local: La Societe
23.00 Le Journee Televisé
23.20 Local: Voyage Au Feminin
23.41 Rodrig Prog: Zenn Aktif
00.27 Local: Parkour

MBC 3

07.00 Serial: Tik Tak Tail
08.01 MBC Prod: Amrit Vaani
10.07 Serial: Agniphora
12.00 Film: Target
Starring: Rudram Desai, Kumpal Patel, Maruf Shaikh, Kavan Shah, Sailesh Prajapati
15.00 Live: Samachar
15.30 Serial: Senhur
16.00 Ishaaron Ishaaron Mein
16.45 Serial: Bhakharwadi
18.00 Live: Samachar
18.30 Local: Mati Ke Mol
19.00 Local: Khel Khiladi
19.30 Local: An Evening With Mohammed Rafi
20.30 Serial: Vidrohi
21.00 Film: Dulhaniya London Se Layenge
23.12 Serial: Mere Sai
00.25 Serial: Wagle Ki Duniya

Cine 12

06.26 Mag: Shift
06.41 Mag: Carnet De Sante
07.53 New York City Rich And Poor
08.35 Mag: Face And Voice
09.22 Doc: Glacier Express
10.05 Marvel - Empire Superheroes
10.47 Mag: Japan Video Topics
11.41 Border Crossing
12.12 Mag: Border Crossing
12.38 Doc: New York City Rich
15.00 D.Anime: Giant
15.26 Serial: Rainbow Rangers
15.48 D.Anime: Hunter X Hunter
16.24 New Adventures Of Lassie
16.47 Science Experiments
16.55 Dessin Anime
17.21 Serial: Malory Towers
17.46 Doc: Japan Video Topics
20.30 L'amour a Mort/Amar a Mueete
20.50 French Film: Meet Joe Black/
23.47 Doc: Birds Beyond Flight

Bollywood TV

14.25 Serial: Radha Mohan
15.00 Serial: Bade Acche Lagte Hai 2
15.23 Film: Teri Meri Kahaani
Starring Shahid Kapoor, Priyanka Chopra, Prachi Desai, Neha Sharma.
18.00 Live: Samachar
18.31 Kundali Bhagya
19.01 Udaariyaan
19.25 Fanaa
20.01 Sasural Simar Ka 2
20.25 Radha Krishna
21.01 Anupamaa
21.30 Mere Sai
22.01 Kismat Ki Lakiron Se
22.29 Swaran Ghar
22.59 Serial: Rajaa Betaa
23.29 Film: Teri Meri Kahaani
Starring: Shahid Kapoor, Priyanka Chopra, Prachi Desai, Neha Sharma

samedi 1 Juin

03.10 Serial: Pearson
04.34 Tele: A Que No Me Dejas
06.30 Tele: Amour A Mort
07.00 Serial: Zoo
07.45 Serial: Seal Team
08.30 Serial: NCIS
09.20 Serial: Pearson
10.05 Serial: Blue Bloods
10.50 Serial: Chicago Med
11.35 Tele: Amour A Mort
12.00 Le Journal
12.25 Serial: Under Pressure
13.15 Tele: Sublime Mensonge
15.25 Film: Monolith
17.20 Tele: Imperio De Mentiras
18.00 Live: Samachar
18.31 Enter: Dance India Dance...
19.30 Le Journal
21.00 Film: Kingsman
22.45 Serial: Blue Bloods
23.30 Le Journal
00.15 Tele: L'Envers Du Paradis

06.00 Local: 13 Minit Natir Rodrig
07.10 Local: Voyage Au Feminin
07.49 Local: Animalia Nos Amis...
09.39 Local: La Societe
10.33 Local: Couleur Marine
12.00 Prod: MRIC - Inove Moris
12.52 Enn Semenn Dan Lafrik
13.05 Local: Animalia Nos Amis...
13.31 Local: Zannan Nou Pei
14.14 Local: Lir
15.40 Local: Son Ladan Mem
15.52 Local: Mon Jardin Ma Maison
16.16 Local: En Forme
18.00 Tele: Gout De L'Amour
19.00 Zournal Kreol
19.40 Rodrig: Coin Zen
20.00 Local: Les Petits Genies
20.29 Local: Deba Klima
21.29 Local: Glwar Dantan
22.01 Local: Klip Seleksion
23.00 Le Journal
23.20 Local: Lavi Zoli An XXL

07.00 Serial: Tik Tak Tail
08.26 MBC Prod: Mati Ke Mol
10.38 Bade Acche Lagte Hai 2
12.20 Local: Mati Ke Mol
12.46 Local: Khel Khiladi
13.12 An Evening With Mohammed Rafi
14.06 Serial: Mere Dad Ki Dulhan
15.00 Live: Samachar
15.30 Film: Aadmi
Starring Mithun Chakraborty, Gautami, Harish Kumar
18.00 Live: Samachar
18.30 Local: Puranya Pakwan
19.46 Local: Ek Mulakaat
21.00 Film: Roohi
Starring Rajkummar Rao, Varun Sharma, Janhvi Kapoor
23.18 Local: Puranya Pakwan
23.59 Local: Duniya Mein Is Saptah
23.59 Local: Virasat

06.00 D.Anime: Llama Llama
06.45 D.Anime: Stan Lee's
09.46 Mag: Lab 360
09.52 Serial: The Avatars
10.55 Doc: Healthy Eyes
12.35 Doc: It's In The Air
14.41 Mag: Shift
15.00 D.Anime: Giant
15.24 Serial: Rainbow Rangers
15.48 D.Anime: Hunter X Hunter
16.05 D.Anime: Robin Des Bois
16.23 D.Anime: The New Adventure
16.46 Magazine: Lab 360
17.17 Serial: Superstore
18.10 Mag: In Good Shape
20.01 Tele: L'Amour A Mort
20.30 Live: News
20.50 Tele: La Reina Del Flow
21.40 Film: Baby Doll
23.01 Doc: Wild Isles
23.44 Doc: The Healing Power Of Music

08.00 Swaran Ghar
10.00 Sasural Simar Ka 2
12.16 Udaariyaan
14.04 Anupamaa
16.00 Fanaa
18.31 Film: Rangoon
Starring A Saif Ali Khan, Shahid Kapoor, Kangana Ranaut
20.54 Gadget Guru Ganesha
21.06 Porus
21.28 Crime Patrol
22.14 Swaran Ghar



dimanche 2 juin

04.31 Tele: A Que No Me Dejas
06.15 Tele: Amour A Mort
06.40 Film: Kingsman
08.50 Serial: New Amsterdam
09.31 Film: Monolith
10.52 Serial: Chicago Med
11.34 Tele: Amour A Mort
12.00 Le Journal
12.40 Film: L'or Noir De L'Oklahoma
15.00 Live: Samachar
15.25 Film: Kingsman
17.31 Tele: Imperio De Mentiras
18.00 Live: Samachar
18.31 Enter: Sa Re Ga Ma Pa
19.23 Sayings Radha Krishna
19.30 Le Journal
20.30 Film: Highlander II
Avec Christopher Lambert, Sean Connery
22.15 Serial: New Amsterdam
23.00 Tele: L'Envers Du Paradis

07.06 Local: Saver Kiltirel
08.17 Local: Les Petits Genies
09.27 Local: Lavi Zoli An XXL
10.49 Local: Nu Rasinn
11.50 Rodrig: Coin Zen
12.57 Local: Glwar Dantan
13.23 Rodrig - Klip Seleksion
14.00 Local: Lavi Zoli An XXL
14.30 Local: Saver Kiltirel
14.58 Excerpts From Seg Bay...
17.00 Prod: Deba Klima
18.00 Tele Gout De L'Amour
19.00 Zournal Kreol
19.20 Local: Elle
20.00 Local: Tita Tita Nou Avanse
20.30 Le Challenge
20.45 Local: Les Klips
22.30 Local: Clin D'Oeil
23.00 Zournal Kreol
23.20 Local: Arsiv MBC: Fer Roule
00.12 Local: Zannan Nou Zil

07.00 Serial: Tik Tak Tail
08.00 Local: Hamar Fitness Challenge
08.23 Local: Puranya Pakwan
12.00 Film: Love Story
With Kumar Gaurav, Vijayata Pandit, Danny Denzongpa
16.53 Local: Ekta
18.00 Live: Samachar
18.30 Local: Planet Bollywood
19.00 Local: Tohar Rashi
19.23 Local: Tohar Farmaish
20.00 Local: Yaadein
20.30 Serial: Porus
21.00 Serial: Crime Patrol
21.45 Serial: Naagin Season 4
22.28 Serial: Bahubali
23.01 Serial: Saaton Vachanwa
Saath Nibhaib Sajna
00.37 Local: Tohar Rashi
01.29 Local: Yaadein

06.00 D.Anime: Llama Llama
06.23 D.Anime: Stan Lee's Super...
07.10 D.Anime: Les Schtroumpfs
09.45 Mag: Lab 360
09.53 Serial: The Avatars
10.38 Mag: D.I.Y.
10.50 Mag: In Good Shape
11.16 Mag: Afrimaxx
12.29 Doc: Wild Isles
13.59 Doc: Extreme Climate Events
15.01 D.Anime: Giant
15.26 D.Anime: Rainbow Rangers
15.48 D.Anime: Hunter X Hunter
16.11 D.Anime: Robin Des Bois
16.23 D.Anime: The New Adventure
16.46 Mag: Lab 360
16.54 Serial: Malory Towers
17.19 Serial: Superstore
19.30 Mag: Arts Unveiled
20.00 Tele: L'Amour A Mort
20.50 Tele: La Reina Del Flow

00.00 Sasural Simar Ka 2
01.56 Udaariyaan
03.43 Anupamaa
05.50 Fanaa
08.00 Tenali Rama
08.15 Patiala Babes
10.02 Kundali Bhagya
12.00 Bade Acche Lagte Hai 2
14.03 Kismat Ki Lakiron Se
16.00 Wagle Ki Duniya
18.38 Film: Indrajeet
Starring: Amitabh Bachchan, Jaya Prada, Kumar Gaurav, Neelam
21.07 Tenali Rama
21.19 Dance India Dance Little Masters
22.13 Serial: Bade Acche Lagte Hai 2

lundi 3 Juin

05.09 Tele: Tour De Babel
06.01 Film: The Guns Of Navarone
08.45 Serial: Heartland
09.25 Tele: L'Amour A Mort
10.00 Tele: Amour Secret
10.25 The Gardener's Daughter
10.45 Tele: L'Envers Du Paradis
12.00 Le Journal
12.30 Entre Justice Et Vengeance
13.17 Tele: Fierce Angel
13.40 Tele: Pasion Y Poder
14.10 Serial: Heartland
15.21 Film: The Missing
17.30 The Gardener's Daughter
18.00 Live: Samachar
18.30 Serial: Shiv Shakti
18.55 Serial: Swaran Ghar
19.30 Le Journal
20.40 Serial: Zoo
21.24 Serial: Seal Team
22.06 Serial: NCIS
22.45 Entre Justice Et Vengeance

07.08 Tita Tita Nou Avanse
08.41 Local: Clin D'Oeil
10.41 Local: Le Challenge
11.00 Local: Les Klips
12.00 Local: Nu Rasinn
13.00 Local: La Journee Sous Le Regard Du Seigneur
13.54 Local: Elle
14.35 Local: Arsiv MBC
15.08 Rodrig Prog: Komanter
15.23 Local: Tita Tita Nu Avance
16.00 Local: Les Klips
16.52 Local: Le Challenge
18.00 Tele: Pasion Y Poder
18.30 Tele: Amour Secret
19.20 Le Magazine De L'emploi
19.30 Local: Konn Ou Drwa
20.00 Local: Notre Petite Vie
20.45 Local: Metie
21.01 Local: Radio Vision
21.51 Local: Lir - Ekir Kreol

07.00 Serial: Tik Tak Tail
09.48 Serial: Bahubali
10.27 Serial: Saaton Vachanwa...
12.02 Film: Mr India
15.00 Live: Samachar
16.00 Kundali Bhagya
17.31 Serial: Radha Krishna
18.00 Live: Samachar
18.29 Local: Ved Ki Shikshayen
19.00 Local: Ayush
19.30 Local: Excerpts From Shiv Abhishek
20.13 Local: Vaad Vivaad
20.45 Film: Gaban
Starring: Sunil Dutt, Sadhana Shivdasani, Kanhaiyalal Chaturvedi
23.08 Serial: Mere Sai
23.51 Serial: Wagle Ki Duniya
00.15 Local: Ved Ki Shikshaen
00.41 Local: Ayush

06.00 Mag: SADC
08.21 Doc: Northern Lights
09.04 Doc: Antarctica
09.44 Doc: Legendary Hotels
10.34 Doc: Does The Lynx Have A...
11.05 Doc: From Gray To Green
11.31 Doc: Purunga
12.13 Mag: Arts Unveiled
12.44 Doc: Moldova
14.09 Doc: Antarctica
15.00 D.Anime: Giant
15.26 D.Anime: Rainbow Rangers
15.48 D.Anime: Hunter X Hunter
16.10 D.Anime: The Jungle Book
16.09 D.Anime: Caillou
16.18 D.Anime: Robin Des Boix
16.30 D.Anime: The New Adventure
16.49 Mag: Lab 360
18.30 Mag: The 77 Percent
18.55 Student Support Prog..
20.01 Tele: L'Amour A Mort
21.40 Film: Leçon De Seduction

14.25 Serial: Radha Mohan
15.00 Serial: Bade Acche Lagte Hai 2
15.14 Film: Mehbooba
Starring: Sanjay Dutt, Ajay Devgan, Manisha Koirala
18.00 Live: Samachar
18.30 Kundali Bhagya
19.00 Udaariyaan
19.31 Fanaa
20.08 Sasural Simar Ka 2
20.29 Radha Krishna
21.04 Anupamaa
21.34 Mere Sai
22.04 Kismat Ki Lakiron Se
22.28 Swaran Ghar
23.06 Serial: Rajaa Betaa
23.30 Film: Mehbooba
Starring: Sanjay Dutt, Ajay Devgan, Manisha Koirala



Mardi 4 Juin - 20.30



Mercredi 5 Juin - 15.12



Jeudi 6 Juin - 21.40



Programme TV



MBC 1	MBC 2	MBC 3	MBC 5	Bollywood TV
06.00 Tele: Tour De Babel 06.54 Mag: Hollywood On Set 07.15 Serial: Zoo 07.59 Serial: Seal Team 08.45 Serial: NCIS 09.30 Tele: L'Amour A Mort 09.54 Tele: Amour Secret 10.25 The Gardener's Daughter 10.45 Tele: L'Envers Du Paradis 11.11 Tele: La Reina Del Flow 12.00 Le Journal 12.25 Entre Justice Et Vengeance 13.15 Tele: Fierce Angel 13.55 Tele: Pasion Y Poder 14.10 Tele: Gout De L'Amour 15.25 Film: Feu Sans Sommaton 17.30 The Gardener's Daughter 18.31 Serial: Shiv Shakti 18.55 Serial: Swaran Ghar 20.30 Film: Madame Bovary 22.52 Entre Justice Et Vengeance	07.04 Local: Notre Petite Vie 09.32 Local: Radio Vision 10.24 Rodrig: Saver Lokal 10.37 Rodrig: Lir - Ekrir Kreol 12.02 Rodrig: Feminin Pluriel 13.41 Local: Tous Egaux 13.56 Rodrig Mo Pei: Provin 15.02 Local: Intinerer Moris 15.54 Rodrig Prog: Zenn Aktif 16.27 Rodrig: Saver Lokal 17.02 Local: Le Mag 18.00 Tele: Pasion Y Poder 18.26 Tele: Amour Secret 19.20 Le Magazine De L'Emploi 19.42 Local: Son Ladan Mem 20.00 Local: An Eta Dalert 20.30 Local: Priorite Sante 21.04 Local: Paroles Agricoles 21.30 Local: Le Mag 22.21 Local: Mots & Ecrits 23.21 Local: Music Tour 2022	07.00 Serial: Tik Tak Tail 08.00 Local: Ved Ki Shikshayen 08.26 Local: Ayush 08.52 Excerpts From Shiv Abhishek 09.32 Local: Vaad Vivaad 10.00 Serial: Kundali Bhagya 11.30 Serial: Radha Krishna 12.00 Film: Ban Phool Starring: Jeetendra, Babita, Shatrughan Sinha 15.00 Live: Samachar 15.30 Serial: Badki Malkaain 16.00 Serial: Jijaji Chhat Par Hain 18.00 Live: Samachar 18.30 Local: Tark Vitark 19.15 Local: Bhojpuri Dhamaka 20.00 Chikitsa Aur Swasthya 20.30 Film: Teen Deviyen 22.35 Serial: Mere Sai 23.23 Serial: Wagle Ki Duniya	06.03 Mag: Eco Africa 08.34 Mag: Tomorrow Today 09.02 Mag: Washington Forum 10.59 Mag: Eco Africa 11.25 Mag: The 77 Percent 11.56 Mag: Africa 54 12.24 Mag: In Good Shape 13.35 Mag: Tomorrow Today 14.06 Doc: Washington Today 15.00 D.Anime: Giant 15.26 Serial: Raindow Rangers 15.48 D.Anime: Hunter & Hunter 16.10 D.Anime: Caillou 16.30 D.Anime: The New Adventure 16.46 Mag: Lab 360 16.57 D.Anime: Words And Sounds 17.23 Serial: Malory Towers 18.00 Mag: Rev 18.45 Mag: Red Carpet 19.00 Student Support Prog... 20.01 Tele: L'Amour A Mort	14.25 Radha Mohan 14.58 Bade Acche Lagte Hai 2 15.23 Film: Sanam Starring Sanjay Dutt, Manisha Koirala, Vivek Mushran 18.00 Live: Samachar 18.30 Kundali Bhagya 19.03 Udaariyaan 19.33 Fanaa 20.06 Sasural Simar Ka 2 20.29 Radha Krishna 21.08 Anupama 21.30 Mere Sai 22.08 Kismat Ki Lakiron Se 22.30 Serial: Swaran Ghar 23.06 Serial: Rajaa Betaa 23.30 Film: Sanam Starring Sanjay Dutt, Manisha Koirala, Vivek Mushran 02.05 Kundali Bhagya 02.31 Udaariyaan 03.00 Fanaa
06.30 Film: Madame Bovary 08.53 Serial: Heartland 09.35 Tele: L'Amour A Mort 09.55 Tele: Amour Secret 10.25 The Gardener's Daughter 10.45 Tele: L'Envers Du Paradis 11.15 Tele: La Reina Del Flow 12.00 Le Journal 12.25 Entre Justice Et Vengeance 13.15 Tele: Fierce Angel 13.50 Tele: Pasion Y Poder 14.15 Serial: Heartland 15.20 Film: Highlander II 17.32 The Gardener's Daughter 18.00 Live: Samachar 18.31 Serial: Shiv Shakti 18.55 Serial: Swaran Ghar 19.30 Journal & La Meteo 20.41 Serial: Alex Rider 21.30 Film: Warning: Do Not Play 22.46 Entre Justice Et Vengeance 23.29 The Gardener's Daughter	07.05 Local: An Eta Dalert 08.30 Local: Mots & Ecrits 08.48 Local: Profil 09.31 Local: Le Mag 10.28 Local: Koze Zom 11.00 Local: Music Tour 2022 12.30 Rodrig Prog: Plat Du Chef 13.05 Local: Priorite Sante 13.27 Local: Paroles Agricoles 15.00 Prod: Deba Klima 16.39 Le Journee Sous Le Regard 18.00 Tele: Pasion Y Poder 18.30 Tele: Amour Secret 19.00 Zournal Kreol 19.20 Le Magazine De L'Emploi 19.30 MRIC - Inove Moris 20.30 Local: Toc Toc Doc 20.45 Local: Agir Ensemble 21.30 Local: Les Klips 22.22 Local: Proze Dime 23.21 Local: Come On Let's Dance	07.00 Serial: Tik Tak Tail 07.08 Serial: Kisna 08.41 Local: Bhojpuri Dhamaka 08.56 Local: Ayush - Benefits 09.26 Chikitsa Aur Swasthya 10.00 Serial: Jijaji Chhat Par Hain 11.32 Serial: Radha Krishna 12.00 Film: Khilona Starring: Jeetendra, Sanjeev Kumar, Mumtaz, Shatrughan Sinha 15.30 Serial: Senhur 16.00 Serial: Zindagi Mere Ghar Aana 18.00 Live: Samachar 18.30 Local: Yatra 19.00 Local: Darshan 20.00 Local: Virasat 20.15 Local: Gyan Vigyan 21.00 Film: Dil Tohra Pyar Mein Pagal Ho Gail 23.44 Serial: Mere Sai	06.41 Mag: Red Carpet 08.35 Mag: Initiative Africa 09.32 Doc: The Bitter Sweet Deal 10.14 Doc: Marvel 11.28 Mag: Healthy Living 11.43 Mag: Red Carpet 12.58 Mag: Made In Germany 13.35 Doc: Initiative Africa 14.08 Doc: Euromaxx 15.00 D.Anime: Giant 15.26 Serial: Rainbow Rangers 15.49 D.Anime: Hunter & Hunter 16.11 Les Nouvelles Aventures... 16.32 D.Anime: The New Adventure 16.54 Mag: Lab 360 16.58 D.Anime: Words And Sounds 17.30 Serial: Malory Towers 18.00 Mag: Motorweek 18.30 Mag: Choices 18.43 Mag: Planet A 20.01 Tele: L'Amour A Mort 21.40 Film: Ask Me To Dance	14.25 Radha Mohan 15.25 Film: Rustom Starring: Akshay Kumar, Ileana D'Cruz, Sharad Kelkar 18.00 Live: Samachar 18.30 Kundali Bhagya 19.00 Udaariyaan 19.30 Fanaa 20.00 Sasural Simar Ka 2 20.30 Radha Krishna 21.06 Anupama 21.36 Mere Sai 22.05 Kismat Ki Lakiron Se 22.31 Swaran Ghar 23.01 Serial: Rajaa Betaa 23.31 Film: Rustom Starring: Akshay Kumar, Ileana D'Cruz, Sharad Kelkar 02.00 Kundali Bhagya 02.32 Udaariyaan
08.05 Serial: Alex Rider 08.45 Serial: Pearson 09.30 Tele: L'Amour A Mort 09.54 Tele: Amour Secret 10.21 The Gardener's Daughter 10.45 Tele: L'Envers Du Paradis 12.00 Le Journal 12.25 Entre Justice Et Vengeance 13.15 Tele: Fierce Angel 13.45 Tele: Pasion Y Poder 14.10 Serial: Gout De L'Amour 15.21 Film: A Date With Danger 17.15 The Gardener's Daughter 18.00 Live: Samachar 18.31 Serial: Shiv Shakti 18.56 Serial: Swaran Ghar 19.30 Le Journal 20.30 Film: Shubh Mangal Saavdhan Stars: Ayushmann Khurrana, Bhumi Pednekar, Seema Bhargava	07.16 Local: Toc Toc Doc 09.07 Local: Proze Dime 11.00 Local: Les Klips 12.06 MRIC - Inove Moris 12.16 Local: Rodrig Spor 13.31 Local: Toc Toc Doc 13.46 Local: En Forme 14.21 Local: Klip Seleksion 15.29 Rodrig Prog: Kot Nou 17.31 MRIC - Inove Moris 18.00 Tele: Pasion Y Poder 18.31 Tele: Amour Secret 19.00 Zournal Kreol 19.24 Le Magazine De L'Emploi 20.00 Local: Les Grandes Lignes 20.30 Local: Mots & Ecrits 21.01 Local: Le Mag 21.58 Rodrig: Sa Lavi La 23.20 Local: Generations J 23.55 Local: Artizan 00.01 Local: Nou Later Nou Lamer	07.00 Serial: Tik Tak Tail 07.20 Gadget Guru Ganesha 08.27 Local: Darshan 08.53 Local: Yaadein 09.19 Local: Virasat 09.34 Local: Gyan Vigyan 10.03 Serial: Zindagi Mere Ghar Aana 11.27 Radha Krishna 12.00 Film: Amar Rahe Ye Pyar Starring: Rajendra Kumar, Nalini Jaywant, Nanda 15.30 Serial: Badki Malkaain 16.00 Serial: Agnipheera 18.00 Live: Samachar 18.30 Local: Amrit Vaani 19.06 Local: Faith 19.32 Local: Hanuman Chalisa... 20.30 Local: Shiv Shakti 21.00 Serial: Yashomati Maiyya 21.30 Mag: Dharam Yatra	07.24 Doc: Home Again 08.29 Mag: Close Up 09.27 Doc: Umoja-Where Women... 10.59 Mag: Motorweek 11.51 Mag: Arts Unveiled 12.48 Doc: Superfood Or Climate 13.30 Mag: Close Up 13.56 Doc: Umoja-Where Women... 14.38 Doc: Shift 15.00 D.Anime: Giant 15.24 D.Anime: Rainbow Rangers 15.46 D.Anime: Hunter & Hunter 16.11 Les Nouvelles Aventures... 16.20 D.Anime: Robin Des Bois 16.54 Mag: Lab 360 17.30 Serial: Malory Towers 18.00 Mag: Eco India 18.30 Mag: Shift 20.01 Tele: L'Amour A Mort 21.40 Film: Au Mepris Des Lois Avec: Jeff Chandler, Jay Silverheels...	14.25 Radha Mohan 15.16 Film: Aap Mujhe Aache Lagne Lage Stars: Hrithik Roshan, Amisha Patel, Kiran Kumar 18.00 Live: Samachar 18.30 Kundali Bhagya 19.00 Udaariyaan 19.30 Fanaa 20.00 Sasural Simar Ka 2 20.30 Radha Krishna 21.02 Anupama 21.30 Mere Sai 22.01 Kismat Ki Lakiron Se 22.37 Swaran Ghar 23.02 Serial: Rajaa Betaa 23.31 Film: Aap Mujhe Aache Lagne Lage Stars: Hrithik Roshan, Amisha Patel, Kiran Kumar 02.01 Kundali Bhagya 02.29 Udaariyaan



Jeudi 6 Juin - 15.30

Stars: Hrithik Roshan, Amisha Patel, Kiran Kumar



Jeudi 6 Juin - 20.30

Stars: Ayushmann Khurrana, Bhumi Pednekar, Seema Bhargava





Nita Chicoore-Mercier

En cette fin de saison...

... les routes de l'île sont en train de retrouver leur vitalité, ce qui est bénéfique tant sur le plan pratique qu'esthétique pour les usagers. Une couche d'asphalte s'étend un peu partout, les lignes blanches sont à nouveau visibles, les nids-de-poule sont comblés, et l'extension du réseau d'égouts crée une atmosphère d'activité sur les routes, témoignant de la volonté de mener à bien les travaux de réparation et de maintenance du réseau routier, une intention qui ne passe pas inaperçue en cette période d'intense campagne électorale de cette année. Rien qu'à l'entrée de Grand Baie, un fossé le long d'une rue étroite, qui constituait un véritable obstacle obligeant les automobilistes à se déporter au centre, a enfin été recouvert d'un trottoir après des décennies d'abandon.

Cet habillage en noir et blanc apporte un souffle de nouveauté en cette période de changement de saison où les nuages s'accumulent dans le ciel et enveloppent l'île d'un manteau gris. Les éléments de la nature évoluent selon le principe du changement, qui ponctue également la vie des gens à travers le rythme des événements sociaux, culturels, profanes et sacrés.

Ici, la grisaille n'est guère susceptible de provoquer des accidents d'hélicoptère, et en ce qui concerne les incidents en série du transport aérien en ce moment, espérons qu'Air Mauritius recevra à temps les pièces détachées commandées pour sa flotte auprès des usines américaines.

L'été s'éloigne en emportant la chaleur étouffante et les inondations soudaines, et les pluies de ces derniers jours apportent un répit bienvenu pour la terre nourricière et les esprits surchauffés en dehors des bureaux climatisés.

Ce n'est qu'en politique que la proposition de faire du neuf avec du vieux peine à se frayer un chemin. Entre les pluies intermittentes, le peuple exprime sa gratitude envers le soleil dès que les premiers rayons apparaissent à l'horizon, en versant quelques gouttes d'eau sur la terre pour le saluer par *Om Suryaya Namah*, dans la pure tradition *bhakti* millénaire qui considère la pluie comme une bénédiction du ciel et le soleil comme une aubaine.

Ainsi, c'est sous un soleil omniprésent et bienveillant que le peuple vaque à ses occupations quotidiennes, tout comme les pensionnaires de la Mère Augustine Home de Rose-Belle.

* * *

Une Fête des mères exploitée à outrance

Comme d'autres pays, Maurice continue à subir de plein fouet l'inflation causée en partie par la montée des prix,



Pic - Pinterest

“Revoyons le verre à demi-plein. On ne sait pas si le métro, qui est tout sauf métro et express, l'est. Mais il est certain que ce tramway a changé la vie du grand public. Son expansion ne pourrait que rendre le déplacement plus pratique et agréable... La retraite des pensionnaires, revue à la hausse, équivaut toujours à dix mille roupies compte tenu du taux d'inflation. Néanmoins, il faut être de mauvaise foi pour oublier la pauvreté des plus de 60 ans avec des pensions de Rs 3500 à Rs 5000 mensuelles il y a plus de dix ans...”

conséquence directe de la politique monétaire et aussi du contrôle du commerce maritime des denrées alimentaires provenant de l'Ukraine par la Russie, d'une part, et de la flambée des prix du pétrole suite aux sanctions américaines.

L'amnésie générale fait oublier les manigances de l'administration Biden/Obama à la porte de la Russie, lesquelles ont poussé ce pays à se lancer dans une offensive sans fin, influençant sur le pouvoir d'achat des gens à travers le monde.

Une autre forme d'amnésie est d'oublier que l'Amérique a réussi à exporter ses mythes et ses fêtes à travers le monde entier. Conçue par l'Américaine Anna Jarvis pour rendre hommage aux mères, à leur amour inconditionnel pour les enfants, à leur dévouement au sein de la famille, source de sérénité et de stabilité pour les futurs jeunes adultes dans la société, la Fête des mères est exploitée à outrance à des fins commerciales depuis des lustres aux États-Unis.

Le superficiel est inhérent au mimétisme, et le comportement de troupeau est bien ancré à Maurice. La presse, les radios privées et la MBC se sont donné à cœur joie pour gonfler leur budget à travers la publicité de tout un éventail d'enseignes commerciales. La MBC joue au malin dans ce genre de promotion en flattant les vertus des mères, conférant ainsi un aspect spirituel à cette fête, tout en stimulant l'appétit de consommation d'un public en manque de divertissement.

C'est l'occasion de tendre le micro à

quelques voix exprimant leur reconnaissance envers les mères avec un vocabulaire répétitif sur un ton monocorde dans un créole restrictif qui leur laisse peu de choix. Une litanie de gnan-gnan et d'inepties à débiter à la moindre occasion. C'est à désespérer...

Être mère, c'est avant tout une fonction biologique comme pour toutes les femelles de l'espèce animale, qui font de la protection et des soins apportés à leurs progénitures une priorité absolue. Lionnes, chattes et chiennes nourrissent leurs petits en premier lieu, tandis que les mâles, de par l'égoïsme qui les caractérise, se servent en premier et s'éclipsent au plus vite.

L'instinct maternel est donc naturel. Faut-il en faire tout un tam-tam? Cela vaudrait la peine si les hommes reconnaissent qu'ils ont besoin non seulement de la mère, mais aussi de la femme pour leur propre évolution spirituelle. En sont-ils suffisamment conscients pour le reconnaître?

Quant à la MBC, c'est l'occasion de lever le pied et de laisser tourner la caméra, comme pour les fêtes religieuses, pour faire du remplissage par paresse intellectuelle, en augmentant la dose d'opium par l'exaltation de l'émotion. C'est à désespérer...

Par ailleurs, on s'interroge sur le génie qui sélectionne les informations internationales. Lundi 27 mai, c'était pour nous annoncer, entre autres catastrophes naturelles, la vente d'une maison iconique du

film "Maman, j'ai raté l'avion". Hmm... sans cette information, on n'aurait pas raté grand-chose...

Autre scène inutile: c'est l'étalage de l'autoritarisme à l'Assemblée, incarné par la personne du président. Une telle médiatisation dessert le pouvoir en place car cet autoritarisme abusif et gratuit est associé à l'image du gouvernement. Le jeune Adrien Duval s'acquittait mieux de cette fonction pendant le peu de temps qu'il l'a assumée. Autre interrogation: Que font certains élus arrogants pendant cinq ou six séances d'absence du Parlement? Du business? C'est à se poser des questions...

Revoyons le verre à demi-plein. Toute entreprise gouvernementale n'a pas pour vocation d'être rentable. On ne sait pas si le métro, qui est tout sauf métro et express, l'est. Mais il est certain que ce tramway a changé la vie du grand public. Son expansion ne pourrait que rendre le déplacement plus pratique et agréable, et apporter un plus dans la qualité de vie des Mauriciens.

La retraite des pensionnaires, revue à la hausse, équivaut toujours à dix mille roupies compte tenu du taux d'inflation. Néanmoins, il faut être de mauvaise foi pour oublier la pauvreté des plus de 60 ans avec des pensions de Rs 3500 à Rs 5000 mensuelles, il y a plus de dix ans.

Et que dire des petits salaires avant l'instauration du salaire minimum? C'est oublier que les employeurs sans scrupules faisaient la pluie et le beau temps avec le salaire de leurs employés.

Il y a toujours des poches de pauvreté, mais dans l'ensemble, les Mauriciens vivent nettement mieux. La pauvreté a nettement reculé, c'est une réalité.

* * *

Le rituel du budget: attente quasi religieuse

C'est dans une attente quasi religieuse que le public attend le prochain budget. Le ministre des Finances a déjà paré le coup de ses adversaires en trouvant une formule honorable à ce qui pourrait tomber dans la catégorie des générosités populistes, de "*fer labous dou*", traduction de l'expression en hindi "*mou mitha karo*".

La résilience, voilà un glissement sémantique qui pourrait donner du fil à retordre aux plus remontés du camp adverse. Les experts se livreront à une analyse en profondeur des retombées dans le monde des affaires. Le business est le seul débat officiellement autorisé à la télévision, tant les autres sujets tombent sous la censure exercée par l'État et les médias privés, de crainte de heurter les susceptibilités et sensibilités du peuple. Il est vrai que le business, par son aspect pragmatique et matérialiste, ne risque pas d'infantiliser le grand public.