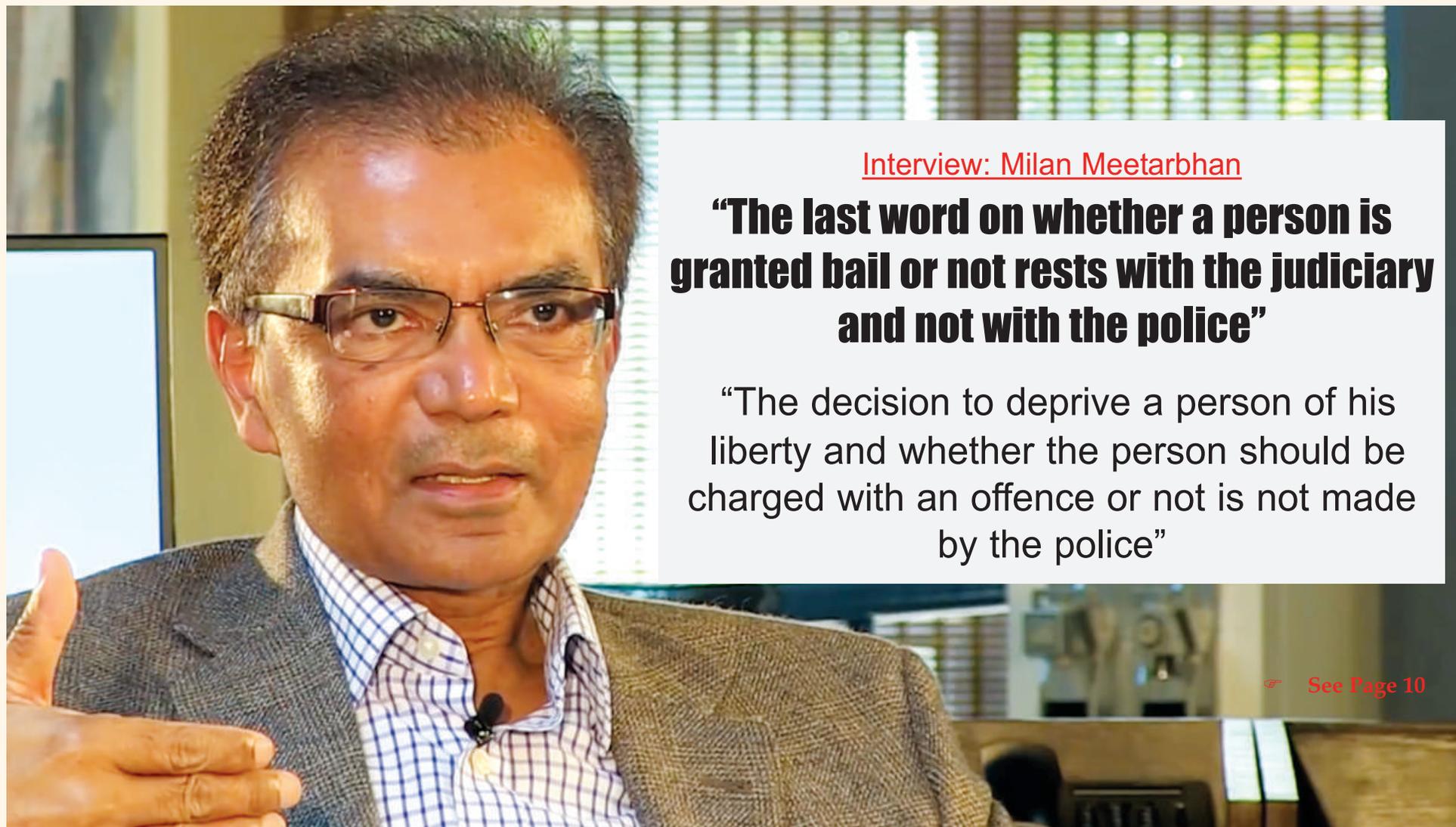


# MAURITIUS TIMES

● *Ending police brutality and mass incarceration. There is a growing left-right support for criminal justice reform. -- Ralph Nader*



Interview: Milan Meetarbhan

**“The last word on whether a person is granted bail or not rests with the judiciary and not with the police”**

“The decision to deprive a person of his liberty and whether the person should be charged with an offence or not is not made by the police”

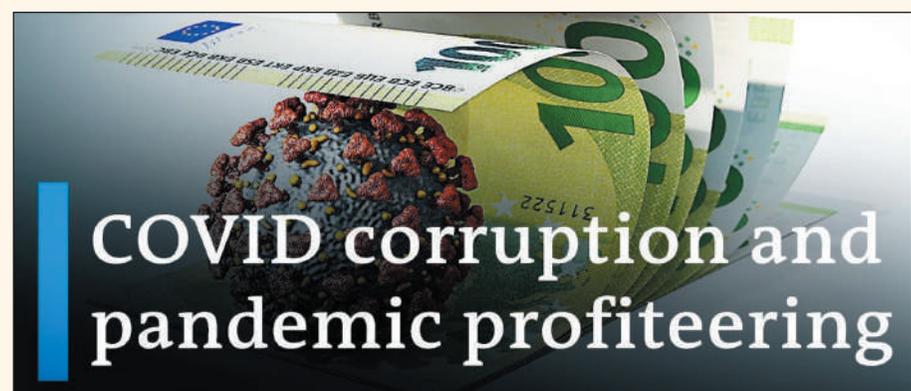
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Eclairages

## Paul Bérenger victime d'un malaise



Par A. Bartleby ☞ Voir Page 4



**COVID corruption and pandemic profiteering**

Opinion

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Breakfast with Bwana

## Modi's visit to the US redefines the geopolitical framework

By Anil Madan ☞ See Page 7

# Police vs DPP

As laypersons, not necessarily familiar with the niceties of the laws protecting our essential civic and democratic rights, we can nonetheless feel the troubled times the country is going through with the disturbing turn that the ongoing conflict opposing the Police and the Office of the Director of Public Prosecutions has taken this week. In his first public stand, through a press release issued on 28 February 2023 concerning the decision taken by the Director of Public Prosecutions (DPP) not to challenge the Moka District Court senior magistrate ruling to grant bail to Bruneau Laurette, accused of illicit drug possession, the Commissioner of Police (CP) made known his objection. He has again, through his representative in court, taken issue last Monday, with the DPP's stand not to object to the bail application of lawyer Akil Bissessur following his latest arrest by the Police Headquarters Special Striking Team (SST) for what has become popularly known as "drug posting".

We took the view when the first Police vs ODPP confrontation became public out that this was a first in the annals when a holder of a constitutional post came out publicly against the decision of another constitutional head, putting in doubt his legal judgement, whereas the obvious and reasonable alternative available to his office would have been a timely challenge of the magistrate's decision in the Supreme Court on his own steam. This time round, the Police is appealing to the Supreme Court to have the bail order of the Magistrate of the Mahebourg District Court for lawyer Akil Bissessur and his close ones reversed. That's the reasonable thing to do in the present disturbing circumstances.

In this week's interview to this paper, constitutional lawyer Milan Meetarbhan refers to the powers of the DPP as enshrined in our Constitution to take over and continue any criminal proceedings that may have been instituted by any other person or authority and to discontinue at any stage before judgment is delivered any such criminal proceedings instituted or undertaken by himself or any other person or authority. These powers are vested in the DPP to the exclusion of any other person or authority. M. Meetarbhan asks: 'The question that may arise is whether the rule also applies to bail and other applications made prior to a formal charge being lodged. In other words when does the DPP's control start?' The guidance of the Supreme Court in response to the appeal of the Commissioner of Police will hopefully resolve the current imbroglio by delineating clearly the jurisdictions of these two important organs of State.

As regards the police force itself, which is so vital to our collective well-being, what has regrettably come to the fore recently have been a succession of highly mediatised events that more or less date back to the creation of the Police Headquarters Special Striking Team last year and that have attracted a lot of controversies and opposition. At a time when drug is reportedly available in many agglomerations, when the ruling dispensation has claimed a relentless fight against drug warlords and mafioso with however little to show in terms of legal closure or condemnation of any big fish, there may have been good reason on paper to launch the SST as an important adjunct in that battle. But the perception of the SST riding high-handedly over the basic rights of citizens in their highly mediatised arrests and any abuse made of provisional charges or search warrants, the tracking of known opponents to the regime, the accusations of planting evidence on selected targets, the allegations contained in the 'Vimen Leaks' — all these have come under sustained attacks from the Opposition and from the activists-lawyers and do not help improve the police's image.

We must bear in mind that when the founding fathers negotiated and approved the Constitution at independence, one of the foremost questions in their minds might have been ensuring a proper set of checks and balances so that our young nation and its plural communities do not feel threatened by a single force, namely the Police, going overboard in exercising the very substantial powers it was granted. Those checks and balances were ingrained in the constitutional power granted to the ODPP in all matters pertaining to the proper safeguards on police arrests, charges and prosecution in courts and, as far as possible, an independent judiciary.

There are no reasons why the Police should feel constrained in their necessary policing duties or tracking criminals on reasonable grounds or suspicions, by the fact that the DPP acts as counter-poise for legal advice and sole prosecuting authority in all criminal matters. Our own non-legal reading is that the CP's role ends when the file is transferred to the ODPP for advice and appropriate action, depending on the solidity of the enquiry. By no stretch of the imagination and the Constitution can the CP be considered as an instructing client for the ODPP. The CP would be poorly advised to use such devices or private lawyers to try to bypass the constitutional prerogatives of the ODPP in prosecution matters, both were intended to collaborate to meet the ends of justice in society.

## The Conversation

### Yes, debates do help voters decide – and candidates are increasingly reluctant to participate

Former President Donald Trump's threat to skip the first Republican presidential debate, scheduled for Aug. 23, 2023, may be a sign that candidate debates will be the next casualty in the highly polarized political environment in the United States.



Republican nominee Donald Trump gestures as Democratic nominee Hillary Clinton looks on during the final presidential debate in 2016. Pic - ABC News

For Trump, the leading contender for the 2024 Republican presidential nomination, refusing to participate in a debate is nothing new. In 2020, amid the COVID-19 pandemic, he skipped a general election debate because it was moved online.

As is common for incumbent presidents, Joe Biden will not participate in Democratic primary debates, even though he is being challenged by Robert F. Kennedy Jr., whose support polls at 14%, and author Marianne Williamson. Her polling average is at 5%, which was the polling threshold for Democratic presidential candidates in 2020. The Democratic National Committee is not sponsoring presidential debates this election cycle, and Biden has ignored calls from Kennedy and Williamson to debate.

But Trump and Biden aren't the only candidates in recent years to nix debate participation. In 2022, fewer US Senate and gubernatorial candidates agreed to debate their opponents than in previous election cycles. In fact, on the statewide level, the number of candidates taking part in debates has been declining since at least 2016.

Based on these trends, it's likely debate participation will decrease again – across the board – during the 2024 election cycle.

As a professor of political science and a professor of communication, we evaluate how presidential candidates communicate their messages to the public during campaigns.

While presidential elections are rarely decided on the debate stage, there is strong evidence that viewers draw on the information they learn in debates to make voting decisions.

#### Political debates are rooted in history

Presidential debates are a historical linchpin of modern American politics. .

Gibbs Knotts, Prof of Political Science & Vince Benigni, Prof of Strategic Communication, College of Charleston

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# Central Medical Procurement Authority

*Whether there are any provisions for holding the Board and Executive echelons accountable to uphold good governance remains a matter of conjecture*

Jan Arden

Last week this paper's editorial commended what at first sight looked like a belated attempt by the government to structure the process of procurement of medical supplies which run into billions annually from the public purse and taxpayers' pockets. However, given the track record of the Ministry of Health and that of Commerce through the State Trading Corporation during and throughout the Covid-19 pandemic, for sourcing everything from vaccines, through non-functional Pack & Blister

ventilators, to masks, supplies and drugs like Molnupiravir from hardware shops, we had every reason to take with a pinch of salt Minister Jagutpal's statement that «for the purpose of good governance, there is need for accountability and transparency».

Both accountability and transparency had indeed been severely battered during the pandemic. Even in the simplest saga of vaccine purchases we still have no consolidated figure of amounts spent for the quantities secured, including those that were gifted to the country and those that perished from overstocking.

Their forced administration under coercive conditions with a controversial consent form, the priorities granted to working employees at the expense of the most vulnerable, marred what should have been an efficiently administered campaign. As for the tragedy that befell the most vulnerable of our citizens, those who needed twice or thrice weekly dialysis in safe and medically controlled conditions to live on among their relatives, Mr Jagutpal did his level best to avoid any inquiry on administrative and medical negligence that proved fatal for eleven of those forced to the New Souillac Dialysis Centre and, when forced to do so, has again done his level best since the investigative report was handed to him earlier this year, to hide and duck his responsibilities unto the bereaved families. They have been praying that the DPP orders a judicial inquiry as the only way to help them close those disturbing chapters in their hearts and minds. So much for transparency and accountability.

To come back to the Bill the Minister

has presented to Parliament this week about the new Authority he proposes as lead agency, to govern and control the health procurement process and contracts worth several billions annually, we can concur that a reliable and dependable mechanism, using cutting edge IT technology, is absolutely indispensable to minimise hiccups, disruptions, overstocking and out-of-shelf life pharmaceuticals and a variety of medical supplies, as well as their costs to the Treasury. But questions have been raised in Parliament, in particular by Hon Reza Uteem, regarding a Board whose Chairperson and members shall be appointed by the President, acting in accordance with the advice of the Prime Minister and on such terms and conditions as the Prime Minister may determine - similarly to what obtains in the case of the Procurement Policy Office and the Central Procurement Board, created under the Public Procurement Act. The same holds for the post of Director. Is that a worrying sign that another jackpot for loyalists and courtesans could well be in the offing, a possibility reinforced by the clause that states:

«The President shall, on the advice of the Prime Minister and following a report from the Minister, at any time terminate the appointment of a member whose performance appraisal is not satisfactory.» If the salary inducements are consequential, as they will likely be, that unheard of performance appraisal clause can only guarantee adherence to instructions from those above who will keep track of the «performance» of any selected Board member and sanction those not toeing the line. Whether there are any provisions for holding the Board and Executive echelons accountable to uphold the good governance the Minister mentions in his prose remains a matter of conjecture.



Pic - U4 Anti-Corruption Resource Centre

« Given the track record of the Ministry of Health and that of Commerce through the State Trading Corporation during and throughout the Covid-19 pandemic, for sourcing everything from vaccines, through non-functional Pack & Blister ventilators, to masks, supplies and drugs like Molnupiravir from hardware shops, we had every reason to take with a pinch of salt Minister Jagutpal's statement that 'for the purpose of good governance, there is need for accountability and transparency'. Both accountability and transparency had indeed been severely battered during the pandemic. Even in the simplest saga of vaccine purchases we still have n consolidated figure of amounts spent for the quantities secured...»



While specialists analyse the official statements and the market realities, ordinary Mauritians have felt the constant drift in the Dollar to MRU exchange rates since the MSM government took office in 2015. It exhibits itself in how much we pay for our essential and non-essential imports which end up in supermarket or our favourite corner shop or in how much more some parents and families have to fork out for children studying abroad. With forex scarcity also came the timely availability of essential or over-the-counter drugs.

The Governor of the Bank of Mauritius condemned, two months back, forex earning sectors of the economy as «unpatriotic» hoarders who impact the Central Bank's ability to manage the national currency and its position vis-a-vis our essential trade currency, the dollar. He may have

## The Dollar and Us

some reason to do so as the BoM has had repeatedly to borrow and inject US\$ onto the market to stave off the forex scarcity. It serves however no purpose to blame market operators for an obvious lack of confidence in the BoM's ability to maintain the MUR at a steady rate. The liberal use of the Bank's special re-serves to the tune of Rs 160 billion during the pandemic has impacted its credibility. Economic operators too can scan trends that are depressing for the consumer and unappetising for them to exchange their forex into the local currency.

Jan Arden

☞ Cont. on page 6





Le fait que l'alliance PTr-MMM-PMSD ne soit toujours pas conclue alors qu'elle est en négociation depuis plusieurs mois est particulièrement criant dans le contexte actuel

## Paul Bérenger victime d'un malaise

Par A. Bartleby

**P**aul Bérenger a passé quelques nuits en clinique cette semaine en raison d'un malaise. Les nouvelles se veulent en tout cas rassurantes sur l'état de santé du leader du MMM, qui est de retour chez lui afin qu'il puisse se reposer et récupérer.

Dans les grandes démocraties, les citoyens sont mieux informés de l'état de santé de leurs leaders politiques, cela à partir du moment que la vie privée de ces leaders devient une affaire d'intérêt public. La question qui se pose donc, c'est de savoir quel sera l'impact de cet incident sur l'état de santé de Paul Bérenger? Seul l'avenir nous le dira. Dans tous les cas, les ennuis de santé et l'âge avancé de son leader laissent pour l'instant à penser que les choses pourraient évoluer au sein des mauves.

En effet, Paul Bérenger a célébré cette année son 78ème anniversaire, faisant de lui le doyen des leaders politiques actuellement à Maurice. Il suffit d'ailleurs de l'observer pour constater qu'il n'a plus la même verve et la même énergie; et la fatigue semble de plus en plus peser sur lui. Il s'agit là du processus même de la vie, et aucun être humain n'échappera au déclin de l'âge et aux affres de la vieillesse. Mais, dans le cas de Paul Bérenger, ce déclin aura des conséquences importantes sur l'échiquier politique.

### Un retrait de Paul Bérenger de la joute électorale changerait la donne

Tout laissait présager, par exemple, qu'il aurait été à nouveau candidat en 2024, chose qui posait des problèmes de positionnement et des froissements certains lors des négociations pour une alliance PTr-MMM-PMSD. Est-ce que ce sera toujours le cas? Affaire à suivre... Mais il est certain qu'un retrait de Paul Bérenger de la joute électorale (mais peut-être avec une proposition d'occuper le poste de Président de la République, tout en restant pour l'instant leader du MMM) changerait la donne de manière importante pour les négociations avec le PTr et le PMSD.

Premièrement déjà, le front bench proposé par cette alliance serait différent. Navin Ramgoolam se positionnerait comme PM, avec un Xavier-Luc Duval DPM, et sans doute un Reza Uteem en numéro trois du gouvernement. La quatrième place du front bench serait ainsi

libérée pour un membre du PTr qui aurait le profil pour succéder à Navin Ramgoolam en tant que leader du PTr, et donc en tant que PM. Une éventuelle alliance PTr-MMM-PMSD pourrait ainsi proposer une formule qui aurait le potentiel de séduire l'électorat - et notamment l'électorat des régions rurales - avec la formule d'un partage du poste de PM pour le mandat à venir.

Cette proposition relève pour l'instant de la fiction. Les choses sont loin d'être aussi simples en réalité, et le récent cri d'alarme d'Arvin Boolell et celui de Patrick Assirvaden qui tous deux urgeaient les leaders des différents partis à finaliser l'alliance témoignent des difficultés rencontrées actuellement. Le fait que l'alliance ne soit toujours pas conclue alors qu'elle est en négociation depuis plusieurs mois, pour ne pas dire depuis début 2020, est particulièrement criant dans le contexte actuel.

En effet, la succession des scandales et le sentiment d'un glissement important des institutions et de la démocratie elle-même sous le régime actuel auraient dû permettre aux partis de l'opposition de finaliser au plus vite cette alliance, et de commencer le travail de terrain pour le build-up des prochaines élections. Mais tel n'est pas le cas, et les négociations d'alliance semblent tout autant se heurter aux égos individuels qu'aux difficultés à trouver un consensus sur un projet clair et ambitieux pour Maurice. Cela fait plus que jamais le jeu du MSM qui semble plus serein que jamais malgré un certain glissement.

### Un tournant de l'histoire politique de Maurice

En fait, nous sommes actuellement dans une situation unique. Le terrain glisse pour le gouvernement, mais il n'est pas forcément favorable à l'opposition. Joanna Bérenger, dans un entretien accordé à *Weekend*, l'a d'ailleurs parfaitement bien dit: elle ressent que les Mauriciens cherchent une alternance. Mais laquelle? Une alliance PTr-MMM-PMSD?

Toutefois, par-delà les alliances et les autres négociations, un retrait progressif de Paul Bérenger aura un impact important sur l'échiquier politique mauricien et, bien évidemment, pour le MMM. Ce parti, qui était porté à une époque par bon nombre d'intellectuels à Maurice, s'est petit à petit vidé de sa substance et de ses compétences. Quelle direction prendra donc le parti avec un retrait de Paul Bérenger? Il n'existe en réalité que deux voies possibles: le plan de succession dynastique qui semble se dessiner avec un MMM qui deviendra la version Bérengiste du PMSD, ou un axe Uteem/Bérenger capable de rallier quelques minorités et négocier quelques tickets au sein d'une alliance. Un troisième scénario est possible, celui d'une lutte entre le clan de Joanna Bérenger qui veut une alliance avec le PTr et les autres clans qui souhaitent, eux, rallier le MSM pour les prochaines élections.

Les Militants ne devraient se faire aucune illusion, les velléités d'un renouvellement du parti et son ambition de redevenir une force nationale seraient définitivement chose du passé depuis déjà plusieurs années, entend-on ici et là... Le MMM n'a plus aucune chance de reconquérir les circonscriptions rurales parce qu'il n'a plus aucun individu qui a le profil et les capacités requis pour le faire. De ce point de vue, le départ d'Avinaash Munohur serait malheureusement fatal. Il avait, lui, le fameux profil que Paul Bérenger n'a eu de cesse de rechercher pendant toute sa vie politique. Et sa contribution intellectuelle au parti envoyait le signal qu'un renouvellement pourrait être possible si le parti acceptait de mettre en place les transitions requises. Le fait qu'il soit parti démontrerait-il d'ailleurs que ces tran-

sitions n'étaient pas la priorité du leader historique?

Ainsi, nous assistons peut-être à un tournant de l'histoire politique de Maurice. Le retrait de Paul Bérenger risque de faire du MMM un parti à la hauteur du PMSD. Ce qui est sûr, c'est que ce scénario est du pain béni pour Navin Ramgoolam et pour Pravind Jugnauth, qui doivent se délecter du fait que Paul Bérenger - un homme à la poigne de fer - doive laisser sa place à des individus sans poigne, qui plieront très facilement devant leurs demandes.

\* \* \*

## Coup d'État avorté en Russie

**D**ans un épisode spectaculaire, ressemblant plus à un scénario de film d'action qu'à la réalité, Evgueni Prigojine (aussi connu comme Yevgeny Prigozhin) a tenté de mener le groupe Wagner vers Moscou afin de confronter Vladimir Poutine. Ce retournement de situation est spectaculaire à bien des égards et pose de sérieuses questions quant à l'état actuel des forces militaires et de la chaîne de décision du gouvernement russe.



Après le coup tenté par Prigojine, il est désormais clair que Vladimir Poutine ne tient plus la Russie de la main de fer qu'on le connaissait - P - Hindustan Times

Prigojine est connu pour être un intime de Poutine, ce qui lui a permis une ascension spectaculaire depuis la formation du groupe Wagner. Ce dernier, un groupe de mercenaires surentraînés et surarmés, opérait pour le compte de la Russie sur plusieurs terrains depuis plus d'une décennie. Ils ont tout d'abord été déployés sur le continent africain, en soutien à des gouvernements ou à des groupes rebelles. Les opérations de Wagner ont d'ailleurs permis des changements radicaux de politiques internationales en faveur de la Russie, dont le positionnement sur le continent africain et dans le Golfe arabe est tout aussi important géopolitiquement que celui de la Chine, même s'il est moins spectaculaire.

Le groupe Wagner avait été redéployé en Ukraine depuis l'invasion russe, et avait pour mission de mener à bien les opérations les plus délicates. Mais les choses ont rapidement mal tourné pour les mercenaires, qui ont pris de plein fouet la contre-attaque de l'armée ukrainienne. Prigojine avait d'ailleurs fait une vidéo où il s'était mis en scène, entouré de cadavres de ses soldats tombés au front.

☞ Suite en page 5

# Coup d'État avorté en Russie

☞ Suite de la page 4

Dans cette vidéo, il accusait le ministre de la Défense russe de ne pas avoir honoré ses engagements en matière de ravitaillement de munitions et d'armes au groupe Wagner. Le ton de Prigojine était menaçant dans cette vidéo car il s'en était également pris à la chaîne de commandement de l'armée russe. Néanmoins, il s'était retenu de critiquer Vladimir Poutine, mais on devinait déjà que leur relation commençait à basculer dans l'inimitié...



## Prigojine et le groupe Wagner accueillis en héros

C'est ainsi que sans surprise réelle, mais avec un certain choc, le monde a découvert la tentative de Wagner de prendre Moscou et le Kremlin. L'avancée du groupe était spectaculaire puisqu'elle avait réussi à se saisir de la ville de Rostov - point hautement stratégique pour la mise en place de la logistique de l'armée russe - et a pu s'approcher de 300km de Moscou sans être inquiété. Pire encore pour Poutine, Prigojine et le groupe Wagner ont même été accueillis en héros par de nombreux Russes lors de leur remontée vers Moscou.

Vladimir Poutine a réagi en adressant un message clair et direct à Prigojine, à ses soldats et à toute personne qui aiderait Wagner dans cette tentative de putsch: l'armée russe réagirait avec la plus grande fermeté et sans aucune pitié contre tous. Quelques heures après cette vidéo, le Président du Bélarus, Alexander Lukashenko - proche de Poutine - est intervenu afin de calmer les esprits et proposer un deal à Prigojine. Ce dernier a accepté de stopper son opération et de prendre l'asile politique en Biélorussie, alors que le Kremlin vient d'annoncer qu'ils ne poursuivront pas Prigojine et ses hommes pour mutinerie.

Tout semble donc être de retour à la normale, sauf que ce n'est pas du tout le cas. Il est désormais clair que Vladimir Poutine ne tient plus la Russie de la main de fer qu'on le connaissait. Cette tentative de putsch aura exposé les failles du système Poutine au grand jour et au regard du monde entier, à commencer par celui des Russes eux-mêmes. Et même si le putsch n'a pas abouti, il est indéniable que Poutine en sort extrêmement affaibli.

## Les jours de Vladimir Poutine à la tête de la Fédération russe sont comptés

Certains analystes n'ont pas hésité à affirmer que les jours de Vladimir Poutine à la tête de la Fédération russe étaient comptés. Est-ce que les choses sont aussi simples que cela ? Non ! Poutine n'est pas aussi isolé ou

affaibli qu'on le pense, mais Poutine n'est pas aussi fort non plus.

Il est certain que le coup tenté par Prigojine n'allait jamais aboutir, et il le savait parfaitement bien. À partir de là, même s'il s'est en quelque sorte rendu, il a atteint ce qui semble être l'objectif principal de cette tentative de putsch : démontrer que les forces russes et le gouvernement peuvent être facilement déstabilisés. À partir de là, il faut se poser une question: Qui a intérêt à provoquer une telle déstabilisation?

La réponse à cette question est loin d'être simple en réalité. On aurait pu penser que ce sont les Occidentaux, à commencer par le gouvernement ukrainien, qui aurait un intérêt direct à déstabiliser le régime de Poutine et le remplacer. Évidemment qu'ils ont intérêt à cela, mais ils ne sont pas les seuls. Il se pourrait bien qu'il y ait des courants à l'intérieur même de l'armée russe qui considèrent que Poutine n'a pas été assez ferme en Ukraine et envers l'OTAN; et ceux-ci se nourrissent des discours populaires et idéologiques autour de la réémergence de la Russie impériale, et voudraient voir partir Poutine afin de le remplacer par quelqu'un de plus radical.

L'équation actuelle en Russie semble se trouver là. Poutine a suivi la volonté de son peuple en envahissant l'Ukraine, chose qu'il avait menacé de faire depuis plus d'une décennie si l'OTAN n'arrêtait pas son expansion. Mais il n'a pas traversé la ligne rouge en réalité. Il semble s'être lui-même contenté du statut quo d'une guerre longue et qui va continuer à s'embourber. Or d'autres voix en Russie préféreraient des opérations militaires beaucoup plus extrêmes, où l'utilisation de petites armes nucléaires à faible intensité est pour eux une option que Poutine n'a jamais réellement envisagée.

Ainsi, il est important de se poser cette question: si Poutine part, est-ce que cela signifierait la fin de la guerre en Ukraine et une acceptation de l'expansion de l'OTAN par la Russie? Ou bien est-ce que cela signifierait une intensification de la guerre contre l'OTAN, et donc l'utilisation de solutions de derniers recours d'un danger absolu pour la paix mondiale? Comme le disait un ancien ministre des Affaires étrangères français, grand spécialiste de la Russie: "Croyez-le ou pas, mais si Poutine disparaît, la Russie risque de devenir le pays le plus dangereux du monde pour la sécurité mondiale car Poutine sera remplacé pas des individus bien plus extrêmes et radicaux que lui."

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## Marché de l'emploi: situation inquiétante

Si l'on en croit les réseaux sociaux et certains médias, "le peuple" serait dans une situation économique extrêmement compliquée. Il est certain que l'inflation mondiale, "importée" pour reprendre le terme du ministre des Finances et du développement économique, provoque une situation extrêmement compliquée pour un grand nombre de ménages, et notamment ceux de la classe ouvrière.

L'augmentation des prix sur le marché local, conséquence directe de l'instabilité de l'économie mondiale et d'une Roupie qui a du mal à se stabiliser, touche un nombre important de nos compatriotes. Il ne faut pas le nier.

Mais parallèlement à ce phénomène d'augmentation des prix, les secteurs clés de l'économie mauricienne démontrent les signes d'une relance solide. En effet, les secteurs touristiques, immobiliers et financiers sont dans une phase qui dépasse celle de la reprise. Ainsi, tout



Selon l'HRIM, le syndicat des hôteliers, le secteur est en demande de plus de 3,500 emplois non pourvus

semble plutôt positif pour les investisseurs. D'ailleurs l'HRIM, le syndicat des hôteliers, a déclaré ce mois-ci que le secteur est en demande de plus de 3,500 emplois non pourvus. Il en va de même pour les acteurs du secteur financier qui sont en demande de plus de 1,000 emplois à pourvoir. En ce qui concerne le secteur de la construction, une simple conversation avec quelques contracteurs témoigne du même phénomène: les employeurs sont à la recherche de travailleurs, mais ces derniers se font rares.

Comment donc expliquer les chiffres du chômage à Maurice? S'agit-il d'une déconnexion profonde entre la demande et l'offre en termes d'emplois? S'agit-il d'une conséquence du fameux problème de 'mismatch' ou encore le fait que les employeurs ne payent pas suffisamment afin de pourvoir à la demande en emplois?

Ce dernier scénario semble être le cas du secteur hôtelier, par exemple, où la majorité des Mauriciens préfèrent se faire embaucher sur les bateaux de croisière que de travailler pour les hôtels mauriciens. Quelle serait la raison à cela? Le fait que les compagnies de croisière sont de bons payeurs, contrairement aux hôteliers mauriciens, dit-on; et aussi le fait que les travailleurs de l'hôtellerie ne soient pas syndiqués, ce qui les empêche d'avoir une capacité de négociation avec leurs patrons.

Il y a là tout un domaine du droit du travail et des politiques publiques à revoir, mais est-ce que cela suffira afin d'aller vers le plein emploi à Maurice? Rien n'est moins sûr. En effet, la culture du travail se perd à Maurice. Et, en réalité, elle se perd depuis au moins deux décennies. Cette situation est extrêmement paradoxale car elle démontre à elle seule une société qui avance à des rythmes différents. D'un côté, les entrepreneurs qui font avancer l'économie mauricienne avec des projets d'investissement d'envergure, et de l'autre côté, une classe ouvrière qui semble vouloir reposer de plus en plus sur ses acquis sociaux.

Si l'on rajoute à cela le fait que les politiques qui se sont succédé n'aient eu de cesse d'augmenter les allocations sociales, nous voyons émerger une image de la relation capital/travail qui laisse pensif à Maurice.

## Peuple d'assistés

L'économiste Kugan Parapen - membre du parti de gauche Résistants ek Alternatif, et sans contradiction aucune, employé dans une firme spécialisée dans la spéculation financière - disait dans un entretien accordé dans ces mêmes pages que les élites politico-économiques du pays voulaient se débarrasser des descendants d'esclaves et de coolies.

☞ Suite en page 6

## Marché de l'emploi: situation inquiétante

☞ Suite de la page 5

Dans la finalité, il n'aurait pas vraiment tort. Il est clair que le travail des classes ouvrières - essentielle-



ment composées de descendants d'esclaves et de coolies - participe de moins en moins à la production de la richesse à Maurice, ce qui les met de facto en dehors de toute capacité de négociation avec le capital; et notamment avec le capital globalisé, qui a de moins en moins besoin des classes ouvrières mauriciennes pour continuer à avancer ses intérêts économiques.

Y a-t-il une concertation entre les élites mauriciennes au détriment des classes ouvrières. Rien n'est moins sûr. Mais il semble clairement y avoir un manque de volonté des travailleurs de saisir les opportunités actuelles du marché de l'emploi, comme en témoigne les 3,500 demandes d'emplois dans le secteur touristique et les 1,000 demandes d'emplois dans le secteur financier.

Nous nous souvenons tous d'un temps - que les moins de 20 ans ne peuvent pas connaître - où les

Mauriciens prenaient les Réunionnais en exemple pour démontrer à quel point notre pays était supérieur à la colonie française peuplée "d'assistés", pour utiliser le terme consacré. Maurice s'auto-congratulait de sa culture du travail, de l'effort et du sacrifice. N'est-il donc pas paradoxal que 30 ans plus tard, les Mauriciens soient eux-mêmes en voie de devenir des assistés?

À méditer...

\* \* \*

## Le Titan implose en allant observer le Titanic

C'est l'information qui a tenu tous les médias de la planète en haleine pendant une semaine entière. Le Titan, un petit submersible, était porté disparu alors qu'il plongeait vers l'épave du Titanic à 3,000 mètres de profondeur.

Cinq personnes se trouvaient à bord du submersible lorsqu'il a disparu des radars. Les recherches ont tout de suite été lancées afin d'essayer de secourir le submersible, pensant qu'il avait eu une panne technique et qu'il était juste perdu quelque part dans les fonds marins.

Cette mission de secours était une course contre la montre car le submersible comptait une réserve d'oxygène de quelques jours seulement. D'ailleurs, l'espoir de retrouver le submersible et les passagers était réel chez un bon nombre d'experts jusqu'à la découverte des débris.

L'hypothèse avancée timidement par certains spécialistes était donc évoquée: le submersible a implosé sous la pression de l'eau et s'est immédiatement désintégré. La désintégration a été tellement violente et rapide que les passagers sont sans doute morts sur le



Le mystère du Titan : Sous-marin révolutionnaire ou danger sous-estimé? P - Ludicweb.fr

coup, et n'ont rien senti. Un expert parlait même d'une mort plus rapide qu'une balle de revolver dans la tête.

Les langues se sont également déliées petit à petit sur la nature même du submersible. Comment se fait-il que cet engin, non homologué et n'ayant aucune certification de sûreté, ait pu opérer en emmenant des touristes observer l'épave du Titanic? Un journaliste, ayant déjà été à bord du submersible, a même déclaré que l'engin n'a jamais réussi à faire une plongée sans qu'il n'y ait eu un incident. Ainsi, les problèmes techniques et les incidents étaient notoires, mais n'avaient jamais atteint le point de mettre en danger la vie des passagers.

Selon un juriste, le submersible pouvait opérer sans certification car il n'était pas enregistré et plongeait dans des eaux internationales, ce qui fait qu'il n'était soumis à aucune juridiction précise, et donc aucun impératif en termes de normes et de sécurité.

De ce point de vue, peut être que cet incident fera évoluer le droit maritime, notamment pour l'utilisation de ce type d'engins.

A. Bartleby

### Opinion

## The Dollar and Us

☞ Cont. from page 3

A cursory glance at the trend illustrated above (from 2010 to date) indicates that neither the Covid nor the Ukraine conflict look like determinant factors in our constant downward slide in the value of the Rupee against the Dollar, marked by almost regularly spaced periodic thumps (or spikes) since 2015.

That is the unenviable source of the «imported inflation» through what one might almost qualify as a cultural affinity for financing budget «goodies» through currency depreciation and therefore from our own threadbare pockets. And sadly, professional forecasters indicate that operators may require more than 50 MUR to catch a Dollar in 2024, leaving no room for complacency on the inflation front as the «tax on the lower and middle classes» will keep rising.

## Obama irks India

While Indian PM Modi was concluding what was seen as a highly successful official state visit to the US, there emanated some remarks from former President Obama about protecting Muslim rights in a Hindu majority India. Such a remark coming from that country's

first black President was swept aside both by the energy and enthusiasm of the Indian diaspora in the US (all faiths combined) and the two-day official visit by PM Modi to another Muslim majority country with which Modi's India has developed closer ties in the Middle East. In Cairo and Egypt, PM Modi was awarded the country's highest civilian honour, the Order of the Nile, and was particularly appreciated by the Bohra Moslem community there whose roots and affinities with India were manifest in the way the Indian PM was received. That civilian honour adds to several others conferred upon PM Modi by Middle-East and Gulf states in the past few years.

Nevertheless, the strange timing Obama's sortie was condemned both in the US and India, Ministers of Defence Rajnath Singh and Finance Nirmala Sitharaman being quick off the mark to slam the utter hypocrisy of such a remark from a President who, in his terms of office, had rained thousands of bombs on six Moslem states. 'More than 26,000 bombs were dropped - from Syria and Yemen to Saudi [Arabia] and Iraq,' Finance minister Nirmala Sitharaman told a press conference in New Delhi deriding the past President: 'Why would anyone listen to any allegations from such people?'. As India-US strategic ties were blossoming, she did not need to rub in further the fact that despite an electoral pledge, Obama had not closed the Guantanamo detention and torture centre and was the last qualified to lecture India on democracy and human values.

Jan Arden

### GURU PURNIMA ON 3 JULY 2023

**Morning Program**

09:00 - 10:00 Sri Guru Paduka Puja  
10:00 - 11:00 Official Programme  
11:00 - 12:00 Bhajans  
12:00 Arati & Mahaprasad  
Blood Donation - As from 09:30 to 14:00

**Evening Program**

18:30 - 20:15 Dance Program By Balakendra kids,  
Satsang, Bhajans, Arati & Mahaprasad

Mata Amritanandamayi Center  
St Jean Road, Quatre Bornes



Anil Madan

**W**hite House Press Secretary Karinne Jean-Pierre released a statement preceding Prime Minister Modi's much ballyhooed visit to the US:

'President Joe Biden and First Lady Jill Biden will host Prime Minister Narendra Modi of the Republic of India for an Official State Visit to the United States, which will include a state dinner, on June 22, 2023. The upcoming visit will affirm the deep and close partnership between the United States and India and the warm bonds of family and friendship that link Americans and Indians together. The visit will strengthen our two countries' shared commitment to a free, open, prosperous, and secure Indo-Pacific and our shared resolve to elevate our strategic technology partnership, including in defense, clean energy, and space.'

One can hark back to the days when then Prime Minister Jawaharlal Nehru announced that India would be a non-aligned nation as between the US and the Soviet Union. This, of course, did not sit well with American presidents over the years. It did not help that the US was a major supplier of arms and support to Pakistan. Nor was it a surprise that India turned to the Soviet Union and then its successor, the Russian Federation, as its principal supplier of fighter aircraft and more.

US displeasure with India's and ergo, Pakistan's, refusal to sign on to the nuclear non-proliferation treaty, had to come to grips with the all too logical expectation that India would not let China exert a nuclear threat without India's capability to respond. And, of course, if India were to have nuclear weapons, so would Pakistan.

US-India relations have simmered ever since. There are areas of cooperation, some of compromise, and some of conflict. But India has never fully embraced the US, always acting as that mythical non-aligned player.

India's conflicts with China have brought home the stark reality that it is constantly under threat. China's seizure of Tibet, its encroachment into the Tibeto-Gangetic Plain, the threats to Bhutan, and border skirmishes with Indian troops, serve to underscore the stark instability that India faces to its northern border and water supply.

**“We must view Modi's visit as reflecting a major change for India on the geopolitical stage. To be sure, Indian nationalists will proclaim that India acts in its self-interest and not in the interest of the US Fair enough. So does every nation act in its self-interest. But clearly, India and the US need each other as never before. India cannot count on China to back off its aggressive behaviour in the South Pacific or toward India as a nation. Russia is unlikely to be a reliable supplier of arms and aircraft as it faces severe supply chain issues and probably Chinese domination...”**

# Modi's visit to the US redefines the geopolitical framework



Pic - Getty Images

**“It is remarkable that in an age where differences and failures to agree take center stage, so much of Modi's visit to the US was marked with statements emphasizing agreement and cooperation. One such statement by an Indian origin spokesperson in the US touted Prime Minister Narendra Modi's visit to the US as one elevating the already existing bilateral ties between the two countries to greater heights. There was talk of pursuing common goals and addressing global challenges together...”**

In the meantime, during the past decades, US support for Pakistan all but forced India to turn to the Soviet Union and its devolution to the Russian Federation for arms and fighter aircraft.

Putin's invasion of Ukraine was a call to take a stand against an illegal war. India chose not to condemn the invasion. This was undoubtedly a moral failure. On the other hand, it was a pragmatic decision to secure energy supplies for a nation desperately in need of them and for reduced prices. China too seemed allied with India in this respect as it also refused to condemn the invasion and signed deals to import Russian oil and gas.

One had to know that as China and Russia touted their new-found partnership and strategic alliance, alarm bells were set off in New Delhi. Could India really rely on Russia for arms and fighter aircraft? Could Russia provide support and spare parts if its supply chains were cut off by sanctions imposed by the US and EU? If China and Russia truly became partners, there would be no question that China would be the dominant force in that relationship. Under those circumstances, could India not reasonably expect that China would threaten supplies from Russia to India?

What to do? What to do? One must give credit to Prime Minister Modi. He seems to have navigated this swamp reasonably well.

There was, of course, the obligatory reservation that the US had “lingering concerns” about human rights in India. Nevertheless, President Biden and PM Modi were

expected to, and did, deepen defense and technology cooperation between their countries during Modi's official visit to the White House.

Among the expected business agreements were those in artificial intelligence (AI), quantum computing, semiconductor chips, and investments in India by Micron Technology and other US companies.

In a somewhat subtle blow to Donald Trump's hate-filled attitude toward immigrants, at a meeting with First Lady Jill Biden, Modi invited American students to come to India and said he was happy to meet “young and creative minds” as soon as he arrived in Washington. Modi said India was training students in AI and had started labs across the country.

During Modi's visit, a well-telegraphed announcement confirmed that India would manufacture fighter aircraft jet engines powered by GE jet engine technology. India is on target to produce 350 fighter aircraft over the next two decades. This announcement spells an end to India's reliance on Russia as its primary fighter aircraft supplier. And don't underestimate India's technical capability to produce more sophisticated versions of aircraft engines once it has been given access to the basic technology.

It is remarkable that in an age where differences and failures to agree take center stage, so much of Modi's visit to the US was marked with statements emphasizing agreement and cooperation. One such statement by an Indian origin spokesperson in the US touted Prime Minister Narendra Modi's visit to the US as one elevating the already existing bilateral ties between the two countries to greater heights. There was talk of pursuing common goals and addressing global challenges together, as well as a recognition of a rapidly changing global economic and geopolitical framework.

Modi and Biden covered diverse areas of cooperation including bilateral trade and investments, defense cooperation, technology, semiconductor, clean energy, MSMEs, skill development, and cooperation on the Indo-Pacific.

The new relationship is described as the India-US strategic partnership.

Not lost in all of this is the emphasis on technology of the future. The Initiative on Critical and Emerging Technologies (iCET), which was launched in January 2023. Modi emphasized that the iCET is set to widen collaboration across sectors including defense industrial cooperation, space, quantum and Artificial Intelligence, telecom and biotech sectors and will add new dimensions to the partnership.

● Cont. on page 12

## World Bank approves \$700 million aid for crisis-hit Sri Lanka



A worker carries coconuts at a market in Colombo on April 26, 2023. Sri Lanka is struggling with the worst financial crisis since its independence from Britain in 1948. Pic - CNN

to the streets with protests across the island nation that also led to the ouster of Sri Lanka's powerful Rajapaksa family from politics, reports PTI.

Of this amount, USD 500 million have been assigned for budgetary support and USD 200 million for social security.

This is the biggest financial relief to Sri Lanka since the International Monetary Fund (IMF) reached an agreement with Sri Lanka last March to provide an Extended Fund Facility of USD 2.9 billion.

In March, the IMF approved a USD 3 billion bailout programme to help Sri Lanka overcome its economic crisis and catalyse financial support from other development partners, a move welcomed by Colombo as a "historic milestone" in the critical period.

Sri Lanka has been hit hard by a catastrophic economic and humanitarian crisis, sparked by years of mismanagement and the raging pandemic.

Sri Lanka's poverty rate is estimated to have doubled from 13.1 to 25 per cent between 2021 and 2022—and is projected to increase by another 2.4 percentage points in 2023.

The World Bank has approved USD 700 million in financing to help Sri Lanka to recover from the current economic crisis and provide relief to the poor and vulnerable people, the biggest funding tranche since the IMF deal in March. Cash-strapped Sri Lanka is currently struggling with the worst economic crisis in history.

In 2022, the economy had contracted by over seven per cent as the economic difficulties forced people to take

## Titan tragedy triggered ugly jokes against dead 'billionaires' passengers

Titanic tragedy has divided the internet between those who mourn the death of 5 passengers who plunged to death with the ill-fated submersible and mockers who can't keep calm with their insensitive jokes and cruel celebrations reports *Hindustan Times*.

The jokes started even when the rescue team was in the deep sea trying to find ways to bring back the passengers alive. Many started mocking the Titanic after they learnt the wealthy passengers spent thousands to get onto the submersible. According to reports each passenger was charged, \$250,000.

"It's folks out here STRESSED about the student loan freeze ending in August and you want me to feel sorry b/c some white male billionaires got into an unregulated submersible at \$250,000 a pop to see a boat they coulda just googled...?! You want me to have empathy for THEM.....?!?" tweeted Cindy Noir.

Joshua Doss went viral on TikTok claiming why it's hard to empathise with the billionaires and poor people are not just jealous. "People are dying every single day as a result of policy failures that billionaires are actively lobbying for," said Doss. "Like, suppressing wages for record profits during a global pandemic and hoarding wealth."

The satirical newspaper "The



Inside Titan, the submersible that vanished on expedition to the Titanic wreckage. Pic - Daily Mail Online on Twitter

Onion" also made waves during the submersible search by pointing out the incredible wealth of the passengers with headlines like "Critics say submersible should've been tested with poorer passengers first," and "Coast Guard sends another submersible full of billionaires after the first one."

Doss argues the satirical responses should make people uncomfortable because they exemplify just how fed-up people are with America's growing wealth gap.

"Millions of working-class people react really un-compassionately to the death of another human being, right? Matter of fact ... it should be scary. The actions that billionaires

and large corporations are making are really, really having a deep emotional effect on middle- and working-class people.'

The Titanic tragedy took place a week after hundreds died in a boat capsized off southern Greece. The boat carrying migrants that capsized after apparently rebuffing offers of help.

'Why are some lives worth more than others', several asked as the world watched Titanic tragedy unfold.

Even former US President Barack Obama criticized the excessive media coverage afforded to the submarine incident compared to the tragic sinking of the fishing boat.



Britain's King Charles III and Queen Camilla wave to the crowds after the coronation ceremony in London. Pic - AP

## This is how much UK royal family spent in one year

The expenditure of the UK's royal household rose 5 per cent last year, annual accounts for 2022-23 released by Buckingham Palace showed. This comes as the taxpayer funding towards official royal expenses remained unchanged at GBP 86.3 million, it showed. The palace said this year's accounts cover a period of "significant transition" as King Charles III acceded to the throne after the passing away of his mother Elizabeth II in September last year.

"The total Sovereign Grant for 2022-23, amounted to GBP 86.3 million, which is made up of a core grant of GBP 51.8 million which funds official travel, property maintenance and the operating costs of the Sovereign's household," it said.

Where does the royal family gets money from?

The royal household receives annual taxpayer-funded Sovereign Grant, which has been calculated to be the equivalent of GBP 1.29 per person in the UK. Additionally, income earned through royal investments and property to supplement the Sovereign Grant was GBP 9.8 million last year, reports *Hindustan Times*.

"Like other organisations, the Royal Household has not been immune to the impacts of the joint challenges of the pandemic and inflationary pressures, which have resulted in a flat Sovereign Grant. The figure for the year remained unchanged at GBP 86.3 million, with a significant proportion funding the reservicing of Buckingham Palace, which is now in its seventh year. This figure will remain unchanged at GBP 86.3 million for the year 2023-24," Sir Michael Stevens, the Keeper of the Privy Purse, said.

\* Contd on page 9



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## France: 150 arrests in overnight unrest after teenager killed by police

**A** hundred and fifty people were arrested in France after a second night of unrest across the country, Interior Minister Gerald Darmanin said on Thursday, following the fatal shooting by police of a 17-year-old boy during a traffic stop.

The ministry said dozens of police officers were injured during the clashes.

"A night of unbearable violence against symbols of the Republic: town halls, schools and police stations put ablaze or attacked. 150 arrests," Darmanin said on his Twitter account.



Firefighters and French police operate during clashes between protesters and police, after the death of Nahel, a 17-year-old teenager. Pic - Reuters

The use of lethal force by officers in the working class Paris suburb of Nanterre against the teenager, who was of North African origin, has fed into a deep-rooted perception of police brutality in the ethnically diverse districts of France's biggest cities, reports Reuters.

The French interior ministry had said Wednesday on that 2000 police had been mobilised in the Paris region, and shortly before midnight on Nanterre's Avenue Pablo Picasso, a trail of overturned vehicles burned as fire-works fizzed at police lines.

Police clashed with protesters in the northern city of Lille and in Toulouse in the southwest, and there was also unrest in Amiens, Dijon and the Essonne administrative department south of the French capital, a police spokesman said.

President Emmanuel Macron has convened a cabinet crisis meeting for Thursday, his office said.

## Joe Biden's sleep apnea: The breathing machine US president is using

**A**s US president Joe Biden, 80, left the White House residence with noticeable marks on his face, officials said that the marks were a result of him using a CPAP machine to treat his sleep apnea.

'Since 2008, the president has disclosed his history with sleep apnea in thorough medical reports. He used a CPAP machine last night, which is common for people with that history,' White House spokesperson Andrew Bates said.



US president Joe Biden speaks with members of the media before boarding Marine One in Washington. Pic - UPI

Joe Biden - the oldest person to serve as US president - seeks a second, four-year term in the 2024 election as his age has become a concern for the Democrat party and the voters. Public opinion polling has increasingly shown that a majority of Americans have concerns about Joe Biden's age ahead of the elections, reports Hindustan Times.

**What is sleep apnea?** Sleep apnea - a common sleep disorder- causes brief interruptions of breathing during sleep which can result in snoring, daytime fatigue, high blood pressure and even heart problems. If left untreated, it can cause forgetfulness, fatigue and sleepiness, even leading to cardiovascular disease because of the significant strain put on the heart.

**What is a CPAP machine?** A CPAP or Continuous Positive Airway Pressure machine is a medical device which used to treat sleep apnea. It delivers a continuous flow of pressurized air to the airways, which thereby prevents them from collapsing. Thus, it helps in maintaining an open airway and eases breathing.

## Chinese balloon used "US tech to spy" on citizens

**T**he alleged Chinese spy balloon that passed over the United States earlier this year, sparking a diplomatic crisis between the two nations, used American-made surveillance gear to spy on citizens, the Wall Street Journal reported in an exclusive.

A probe into the incident carried out by the US found that other than commercially available US gear, the balloon was equipped with more specialised Chinese sensors and other equipment to collect photographs, and other information during its eight-day passage over the US states and some parts of Canadian territory.

The preliminary conclusions from the investigation were drawn after analysing the debris recovered after the balloon was shot down by the US military off the South Carolina coast on February 4. The probe showed that the craft collected photos and



The US shot down a suspected Chinese spy balloon off the coast of South Carolina on February 4. Pic - Reuters

videos but didn't appear to transmit them back to China, reports Hindustan Times.

According to the report, US officials stated that they traced pur-

chase orders for certain equipment found on the balloon, probed link between the purchasers and the Chinese government.

## Ajay Banga, World Bank President, named in 'Great Immigrants' 2023 list

**A**jay Banga, who became World Bank chief in June 2023, is the first-ever Indian American to lead the institution. He is the only honouree from India in this year's list of 'Great Immigrants' by the Carnegie Corporation of New York.

With over 30 years of experience in key positions, 63-year-old Banga is expected to usher in transformative policies at the World Bank to combat poverty and address climate change, opening opportunities for people around the globe, reports PTI.

What is the Great Immigrants' list? Every Fourth of July, which is celebrated as America's Independence Day, the Carnegie Corporation of New York honours a group of "remarkable" Americans — all naturalised citizens — "who have enriched and strengthened our nation and our democracy through their contributions and actions".

This year, the corporation honours 35 individuals from 33 countries and a wide range of backgrounds. Among the honourees are individuals who have fostered



Ajay Banga was nominated by the Joe Biden administration to head World Bank. Pic - HT

opportunities for others through their work as educators, mentors, philanthropists, job creators, public servants, storytellers, and advocates.

Interview: Milan Meetarbhan

# “The decision to deprive a person of his liberty and whether the person should be charged with an offence or not is not made by the police”

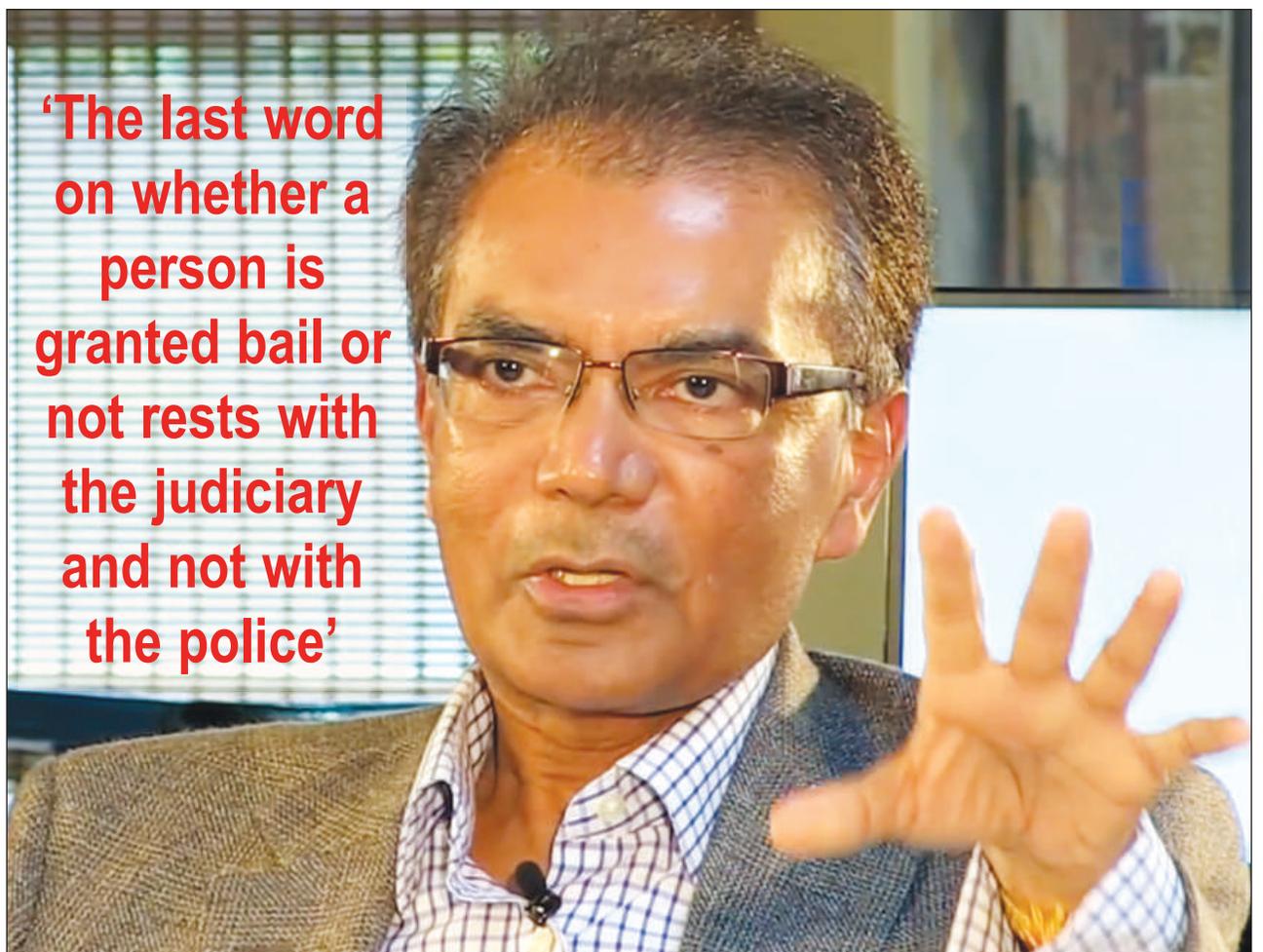
**C**onstitutional lawyer Milan Meetarbhan shares in this week's interview his views on the conflict opposing the Commissioner of Police and the ODPP, as well as on the postponement of municipal elections being challenged in court by a group of activists and hopes for a prompt determination by the Supreme Court so as not to go against the will of the electorate regarding the established mandate. He also comments on the opposition parties delaying a resolution of the issues that are preventing them from coming up with a workable alliance.

**Mauritius Times:** The Police Headquarters Special Striking Team (SST) has hogged the headlines these past several weeks, tracking, as the Team's head puts it, drug traffickers as well as “narco-politicians”. The SST seems to have the support of the Prime Minister, who this week took to task those in certain institutions who would have been lured by the easy money of drug traffickers and “media sensationalism” around what is perceived as politically motivated arrests. How do you react to that?

**Milan Meetarbhan:** The Commissioner of Police is responsible for operational matters of the Police whereas the Minister for Home Affairs may give to the Commissioner of Police such general directions of policy with respect to the maintenance of public safety and public order as he may consider necessary, and the Commissioner must comply with such directions or cause them to be complied with.

In his public statements and in Parliament, Pravind Jugnauth, the minister responsible for the police, has been very supportive of the Police and presumably he is satisfied that directions, if any, of policy with respect to the maintenance of public safety and public order he may have given to the Commissioner of Police have been

“At the close of proceedings before the Privy Council in the case regarding extension of the mandate of municipal councillors by one year in Trinidad and Tobago, the judges said that they are aware of the need to give their judgment as quickly as possible, and they did just that. We know that in Mauritius, electoral petitions challenging results of elections in some constituencies have not yet been decided almost four years later...”



‘The last word on whether a person is granted bail or not rests with the judiciary and not with the police’

complied with.

There is in the country, as has been stated by many in recent years, a serious breach of trust in our institutions. The Police is one of the main institutions in the country which require the full confidence of the people. The question should not be about the media but about why there may be lack of trust in our institutions and what these institutions themselves are doing to deserve trust or restore trust.

**\* What the Prime Minister's stand really indicates is that the SST, whatever its legal standing, will keep on chasing drug traffickers (which is what is expected from that Team) and “narco-politicians”, especially those perceived to be against the current government, unhindered - unless checked by the judiciary. Would that be a fair way of putting it?**

The people do not know who these narco-politicians are and, if there are any, that's a very serious matter. If law enforcement authorities talk of narco-politicians, then either they have said too much or too little. They must come clean with the information they have, conduct proper investigations, and bring the matter before the courts at the earliest.

**\* We witnessed last Monday, 26th June, the police taking issue with the Office of the DPP's stand not to**

“I believe that the ODPP has in the case involving Akil Bissessur as in all other cases applied the standard test relevant to the facts of the case to decide on the way forward and the stand that has to be taken. The ODPP is at the service of the administration of justice, and it must also ensure that there is no deprivation of liberty in breach of the constitutional right to liberty...”

object to the bail application of lawyer Akil Bissessur following his latest arrest by the SST for what has become popularly known as “drug posting”. The police displeasure with the ODPP was expressed in probably a bit too strong words. Are there rules or conventions as to who or which institution has the upper hand in such matters?

Under our Constitution, the DPP is empowered to take over and continue any criminal proceedings that may have been instituted by any other person or authority and to discontinue at any stage before judgment is delivered any such criminal proceedings instituted or undertaken by himself or any other person or authority.

☞ Cont. on page 11

# 'If law enforcement authorities talk of narco-politicians, then either they have said too much or too little. They must come clean with the information they have'

☞ Cont. from page 10

These powers are vested in the DPP to the exclusion of any other person or authority. There is therefore no doubt that the DPP can take over proceedings or discontinue proceedings started by the Police represented by Counsel of its own choosing.

The question that may arise in the case you mention is whether the rule also applies to bail and other applications made prior to a formal charge being lodged. In other words when does the DPP's control start?

**\* It appears that the DPP generally goes along with or even supports police's objections to bail applications by suspected drug traffickers. There is a suspicion of drug trafficking in the case involving Akil Bissessur, and we saw the ODPP not objecting to his release and his close ones on bail. What do you think could have motivated that decision?**

I believe that the ODPP has in this case as in all other cases applied the standard test relevant to the facts of the case to decide on the way forward and the stand that has to be taken.

The ODPP is at the service of the administration of justice, and it must also ensure that there is no deprivation of liberty in breach of the constitutional right to liberty.

**\* This present tussle opposing two major organs of the State - the Police and the DPP -, as seen in the Akil Bissessur case, appears to be on course to turn into a major institutional or even constitutional crisis in case things were to escalate. That does not bode well for the rule of law in Mauritius, does it?**

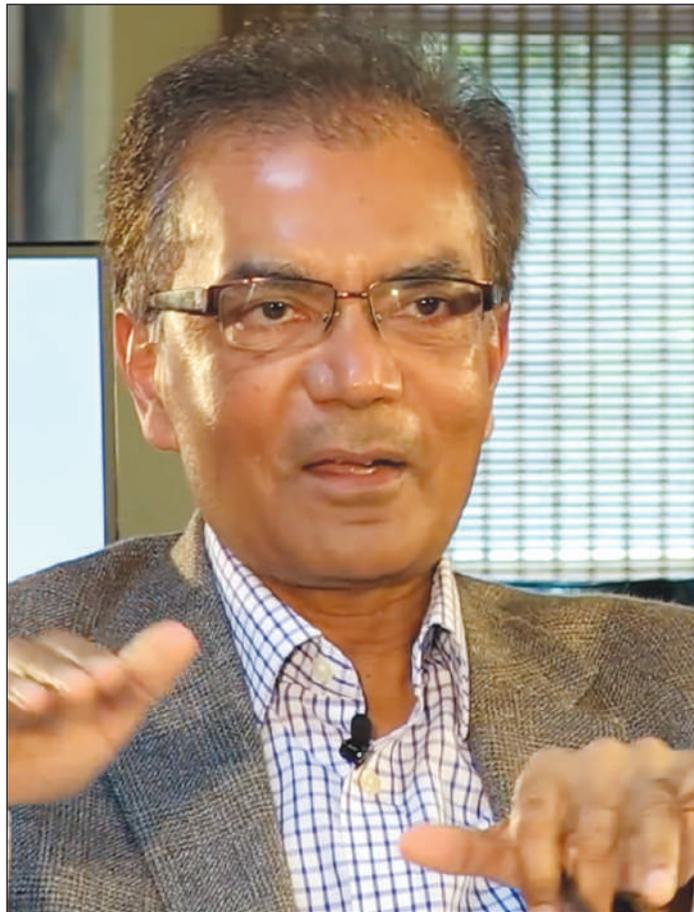
There are jurisdictions where the police conducts investigations but the decision to deprive a person of his liberty and whether the person should be charged with an offence or not is not made by the police.

In Mauritius the Supreme Court has strongly defended the right of the judiciary to decide on whether bail should be granted or not. Our judges went so far as to declare unconstitutional a law which sought to usurp the powers of the judiciary to decide on bail. So, the last word on whether a person is granted bail or not rests with the judiciary and not with the police.

In the same vein, the hue and cry about the DPP not deciding to appeal against a judicial ruling that someone should be released on bail was in my view misconceived as the appellate court could very well have upheld the decision of the magistrate and it's not the DPP who would have had the last word.

**\* There is also the nagging problem of Provisional Charges, which keeps coming up from time to time. That is said to be an important instrument used by the police when it is of the view that there is reasonable cause to suspect that a specific person committed a crime, but it would seem that in the absence of a Police and Criminal Evidence Act an abuse is made thereof in some cases. What does the law and judicial pronouncements inform us about that instrument?**

There has been a lot of controversy about the provisional charge which has no statutory basis. But we need to have a broader debate about powers of arrest and



“The DPP is empowered to take over and continue any criminal proceedings that may have been instituted by any other person or authority and to discontinue at any stage before judgment is delivered any such criminal proceedings instituted or undertaken by himself or any other person or authority... There is therefore no doubt that the DPP can take over proceedings or discontinue proceedings started by the Police represented by Counsel of its own choosing...”

“The decision to deprive a person of his liberty and whether the person should be charged with an offence or not is not made by the police. In Mauritius the Supreme Court has strongly defended the right of the judiciary to decide on whether bail should be granted or not. Our judges went so far as to declare unconstitutional a law which sought to usurp the powers of the judiciary to decide on bail...”

detention because there is a fundamental right guaranteed by the Constitution which is at stake. The right to liberty is the rule and deprivation of liberty is the exception.

It is not always clear as to why a suspect is being deprived of his liberty even if he is ultimately charged. There must be clearer legal guidelines on this major subject. There is no room for arbitrariness or unfettered discretionary powers.

The issue of the warrant must also be revisited. Can the head of a unit within the police issue a warrant authorising his own men to execute a search. The Constitution

not only guarantees the right to liberty but also that of the privacy of our homes.

**\* On the politico-legal front, there is the initiative taken by different opposition parties, both inside and outside Parliament, to challenge the amendment to further postpone municipal elections for a further two years. One would expect the Supreme Court to sit on those cases as a matter of priority for the challenge to have any meaning. Do you expect this case could upset the majority's applecart?**

At the close of proceedings before the Privy Council in the case regarding extension of the mandate of municipal councillors by one year in Trinidad and Tobago, the judges said that they are aware of the need to give their judgment as quickly as possible, and they did just that. We know that in Mauritius, electoral petitions challenging results of elections in some constituencies have not yet been decided almost four years later.

The legal challenges to the decision to allow councillors who had been elected for a six-year mandate to remain in office for a period of ten years is certainly one that requires urgent attention by the courts.

The fundamental issue in any case relating to the extension of the mandate of elected officials is whether the legislature has taken upon itself the right to decide for the electorate and grant a longer mandate than that which had initially been granted by the people who voted for the elected officials.

**\* It seems the Electoral Commissioner (EC) has responded with his comments on the memorandum submitted by the Labour Party-MMM-PMSD regarding the organisation of the next general election. The Opposition leaders have earlier obtained an undertaking from the EC about the non-recourse of computer rooms during old-fashioned ballot-counting. Do you think the Electoral Commission will ensure that the right conditions for free and fair elections will be present next time round?**

I do not believe that the conditions for free, fair and credible elections in accordance with international norms are fully satisfied in the country. I do not believe that the government of the day has shown any willingness to acknowledge that perfecting the electoral process is a continuing process.

Not everything is under the control of the Electoral Commissioner. Some matters have to be set right by the legislature. I must say that the appointments made to the Electoral Supervisory Commission in spite of reservations expressed by the Leader of the Opposition will not help to secure public confidence.

The electoral petitions following the 2019 elections and what has come to light in the course of the proceedings as well as in the course of a recount have given rise to a number of questions about the electoral process and the need to enhance confidence in the process.

☞ Cont. on page 11

# 'I do not believe that the conditions for free, fair and credible elections in accordance with international norms are fully satisfied in the country'



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**I must say that the appointments made to the Electoral Supervisory Commission in spite of reservations expressed by the Leader of the Opposition will not help to secure public confidence...”**

☞ Cont. from page 11

**\* There have been recently speculations and innuendoes about the transfer of magistrates. It seems that's a matter of routine, but there was earlier the holding of exams, followed by interviews, that prospective judges have had to sit to be able to make it to the bench. We did not hear the Opposition voicing an opinion on such an important matter. Do you think that's an improvement on what prevailed earlier as regards the appointment of judges?**

It is of the utmost importance that those exercising judicial functions should be able to perform their duties independently and impartially. The Constitution protects the independence of Judges of the Supreme Court by providing for security of tenure. There is however no constitutional or statutory provisions safeguarding the independence of magistrates of the District and Intermediate Courts. In France the Constitution itself protects the independence of magistrates.

It is important in my view that magistrates should not be transferred except at the end of a pre-determined term or otherwise with their consent. This will reinforce confidence in the justice system.

As far as appointment of judges is concerned, it's always been theoretically possible to appoint judges otherwise than on grounds of seniority or indeed even from the private Bar. But the long-standing practice has been to go by seniority from the ranks of the lower judiciary or the Attorney General's office or the Office of the DPP.

There have been challenges in at least two cases, one concerning the appointment to the rank of Chief Justice, where appointments were to be made otherwise than on the grounds of seniority. Though some may hold the view that appointments based on seniority are not always a good thing, nevertheless this practice had at least the merit of being seen as one where no outside intervention or other discretionary power was involved.

**\* The Law Lords of the Privy Council will sit on July 10th on the case filed by Suren Dayal challenging the election of MSM candidates in Constituency No. 8 in the last general elections. What do you think are the chances of Suren Dayal obtaining a judgement overturning that of the Supreme Court, and what would be its consequences?**

We do not know what are the chances of either side winning their case, but what we do know is that the powers of an appellate body can be rather limited to the extent that it can decide on the basis of what has been canvassed before the lower courts.

Of course, any decision invalidating the election of an MP who happens to hold the office of Prime Minister will have major political repercussions. But irrespective of what the ultimate judgment is in this case, the hearings before the Privy Council which are broadcast live to the rest of the world may have a significant impact here and abroad.

**\* It's not known whether it's only health issues that are coming in the way of the conclusion of an electoral alliance between the Labour Party, the MMM and the PMSD, but there seems to be a lack of conviction at the level of the leadership of these parties themselves to go forward. Do you think that could indeed be the case and for good reasons?**

I do not believe that there is a lack of conviction on the part of the leadership of the parties involved. There are issues that have to be sorted out and a common programme that has to be agreed before an alliance is sealed.

However, the leaders must set themselves a deadline and not create the impression that if they are unable to address all the pre-election issues that have to be addressed, within a reasonable time, then how will they manage, if elected, to run a government when serious challenges lie ahead.

**“There has been a lot of controversy about the provisional charge which has no statutory basis. But we need to have a broader debate about powers of arrest and detention because there is a fundamental right guaranteed by the Constitution which is at stake. The right to liberty is the rule and deprivation of liberty is the exception. It is not always clear as to why a suspect is being deprived of his liberty even if he is ultimately charged. There must be clearer legal guidelines on this major subject...”**



## Modi's visit to the US redefines the geopolitical framework



Pic - The Hindu

● Cont. from page 6

The US and India also attempted to resolve trade disputes bilaterally without going through the World Trade Organization's cumbersome procedures.

Another aspect of the Modi visit was the agreement for Micron Technology to set up a semiconductor testing and packaging unit in India with an investment of almost \$3 billion. The Indian government has committed to production-linked incentives of about \$1.3 billion.

Not lost on Modi was the opportunity to promote India as the alternative manufactory of the world to China. He urged the CEOs of Micron Technology, Applied Materials and General Electric, to invest in India to boost semiconductor manufacturing, collaborative research and production in aviation and renewable energy.

As an almost postlude, I should add that Modi planned to visit Egypt on his way back to India from the US. This was India's first bilateral visit to Egypt since 1997. Egyptian President Abdel Fattah El-Sisi were scheduled to sign a Strategic Partnership document. Echoes of the non-aligned movement, perhaps?

All in, we must view Modi's visit as reflecting a major change for India on the geopolitical stage. To be sure, Indian nationalists will proclaim that India acts in its self-interest and not in the interest of the US. Fair enough. So does every nation act in its self-interest. But clearly, India and the US need each other as never before. India cannot count on China to back off its aggressive behaviour in the South Pacific or toward India as a nation. Russia is unlikely to be a reliable supplier of arms and aircraft as it faces severe supply chain issues and probably Chinese domination.

For the US, Pakistan is no longer a reliable "partner" if it ever was. The Middle East may be all but lost. Salvaging control of the greater Pacific area requires a reliable partner. India is a critical player in that mix along with Japan, Korea, and perhaps Vietnam.

Cheer...  
Bwana



Arvind Saxena

# Colonising Minds

*The world has been colonized, not by powerful nations, but by big money. Elected leaders, legislators, regulators, bureaucracies... have all been co-opted for smoothening the way for profiteering by a few people*

**F**our news items have caught my attention in the last couple of days.

Raab, calling on the PM to “up the government’s game to reap the full dividends of a closer partnership with India”. Raab, unabashedly, spoke of Sunak’s Indian roots and heritage, as an advantage which should be

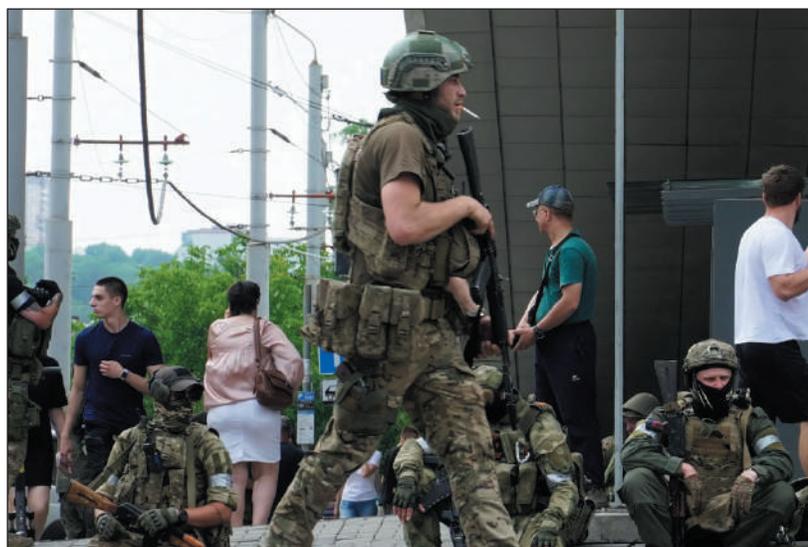
The first was about the rebellion by ‘soldiers’ of the Wagner Group, the Russian mercenary contractor fighting the war in Ukraine, alongside Russian troops. The Wagner chief, seen as an ally of President Vladimir Putin, was obviously working for money. While there might be some truth in reports about his frustration with delayed supply of military hardware and demand for ousting of the Defence Minister, the fact remains that, unlike the state forces, this man was running a business enterprise which profits from war. He hired convicted criminals and renegade soldiers to create a fighting machine which sold its services for a price. The corollary was that it could switch loyalties for better returns. Did it? So far we don’t know but a deal was apparently struck to hold him up in Belarus, while the fighting men were disarmed.

Why was the Wagner Group so much in the news while we got to hear so little about the Blackwater, Halliburton, Northrop Grumman, Raytheon, Northbridge and many other similar groups which fought dirty wars, or provided logistics for dirty wars, in many other countries being destroyed by long-drawn wars? Yes, if these companies are profiting from war they will perpetuate the strife for as long as they can. They will do everything, contrived intelligence *et al*, to keep the profit-making wars go on. Their fighters are contract workers, who need to keep fighting to keep their jobs.

The Russian fiasco, which forced the state to negotiate with criminals, has shown up that mercenary soldiers cannot replace a trained army of disciplined men and women fighting for their country, willing to make the ultimate sacrifice for the security of their motherland. If we accept that outsourcing of wars to contractors is good state policy, we might as well say goodbye to negotiations and peaceful coexistence of nations. Who starts many of these wars is another matter. The citizens obviously have no say in these decisions, whether it is in the world’s oldest democracy or a dictatorial regime.

The second news was about British PM Rishi Sunak’s former close ally and Deputy PM, Dominic

**“Let us face it - the world has been colonized, not by powerful nations, but by big money. Elected leaders, legislators, regulators, bureaucracies, law enforcement agencies, foreign policymakers, economists, educators and oversight institutions have all been co-opted for smoothening the way for profiteering by a few people...”**



Wagner fighters in the center of Rostov-on-Don, Russia, last Saturday.  
Pic - Agence France-Presse — Getty Images

leveraged to the UK’s gain.

The lesson is stark. Stop treating foreign nationals as your own. Their loyalty lies with the country to which their future and that of their progeny is tied. They want to keep ties with their country of origin for two reasons only. Firstly, it gives them a distinct ethno-cultural identity which provides them a reason to coalesce in a foreign land. Often the regressive adherence to a historical heritage gives them a reason to feel superior in some way, even if it is superficial.

The second reason is that from a commercial viewpoint, they cannot but salivate at the huge Indian market for everything from technology to military hardware, or pharmaceuticals to fast foods. They use their sheer numbers and consequent political heft to lobby the legislatures for improved commercial and strategic ties. It is projected, *ad nauseam*, that both nations would gain through deepening of bilateral relations. Please remember that ‘win-win’ is a fake concept - one side always takes advantage of the other. Even if both parties gain, someone, somewhere pays a price.

The third item was about IT experts advising common citizens to ‘educate themselves’ for identifying the ever-growing innovations in online scams, which could cause them loss of wealth and privacy. The Indian government and the Reserve Bank of India also periodically issue such advisories, essentially placing the responsibility for IT crimes, at least to some extent, on the uneducated and unprepared citizens - who are being bludgeoned into adopting online financial services.

Nobody asked me if I wanted digitisation. Did they ask you? So why are being made responsible for our

losses on account of technologies we never demanded? When a contract is breached, the vendor and the manufacturer have to be penalised, not the buyer or consumer. If your dog bites me, I have the right to take you to court and seek damages.

Likewise, if the IT solutions or software purchased by a public or private entity carries loopholes, bugs or other malware which result in losses to the end consumer... then why shouldn’t the IT company or software vendor be dragged to court? Why does the law punish only criminals who misuse the system to cheat the gullible masses, why not the system developers and vendors, who cause the losses through poorly designed or vulnerable systems? And the governments, which are forcing digitization without understanding the perils of IT?

After all we don’t punish the dog, we punish its master and owner, who exposes an innocent child to danger by taking out an untrained dog on the street, without a leash.

The fourth item was about how top leaders of democratic countries are single-mindedly focussed on pushing the interests of corporates across world. Legislation is customized and regulatory institutions tamed to provide them opportunities to get rich. All concern for social development, fundamental rights and quality of life of the common citizens appear to have been placed on a backburner, or even lost sight of. It is only about investment and business opportunities.

Who was pushing the idea that that nation states have lost relevance in a globalised world and that there should be no hindrance to movement of money across borders? Was it you? It was certainly not me. Are we still willing to buy the falsehood of the ‘trickle-down theory’, when profits and incomes instead of being shown in the books of the local corporate are seamlessly moved to third country shell companies?

What will eventually trickle down is the dole and free rations that the state will provide to a sickly, poorly educated and dehumanised population, which is being conditioned to believe in destiny and fate. The population is being dumbed and their self-respect robbed. Soon they might become so dependent on freebies and charity that they might even lose the will to strive for improving their financial and social standing - forget fight for their rights. And then social development stops.

So what is the common strain here? Yes, let us face it - the world has been colonized, not by powerful nations, but by big money. Elected leaders, legislators, regulators, bureaucracies, law enforcement agencies, foreign policymakers, economists, educators and oversight institutions have all been co-opted for smoothening the way for profiteering by a few people.

Nation states are being brought to heel, social security networks torn down and deleterious technology forced down peoples’ throats for the enrichment of a handful of people, who have subverted the will of the masses, normalising corruption and teaching them to relish poison.

Soon we will have more and more people who are conditioned to believe in these fake economic development and strategic cooperation models. The mind space would then be colonised by a handful of people across the world. Are the Club of Rome and Limits to Growth advocates still around? Or even Victor Frankenstein?

**Arvind Saxena is former Chairman, Union Public Service Commission, India**

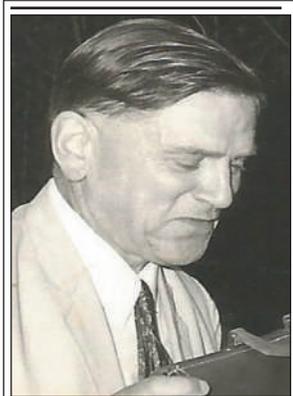
From the Pages of History - MT 60 Years Ago

6<sup>th</sup> Year No 232

MAURITIUS TIMES

Friday 23 January, 1959

• Justice consists in doing no injury to men; decency in giving them no offense. — Marcus Tullius Cicero



Peter Ibbotson

## 1950 to 1957 — A Retrospect

The false slogan, “10 ans de règne travailliste” is currently being peddled in *Le Réveil*. False, because despite the number of elected Labour MLC’s at the 1948 and 1953 general elections, there has never been a Labour government. Thanks to the anti-democratic method of

nomination to the Legislative Council practised by Sir Robert Scott’s predecessors, the will of the electorate was frustrated and an anti-Labour majority ensured. Despite this, *Le Réveil* and its contributors persist in the false and ridiculous allegation that from 1948 to 1958 we have had ten years of Labour rule.

Typical of such allegations, in which false assertions are based upon a false premise, is the article signed “Omega” in *Le Réveil* of December 3 last. In this the writer lists a number of things designed to show that the Labour Government has failed the People. Since, I repeat and emphasise, there has never been a Labour Government, then it has not, and cannot have, failed the People. Instead, since we have had anti-Labour majorities in the Legislative Council since 1948, it is (if anything) anti-Labour Government which have failed the People. And, of course, the People have shown their opinion of anti-Labourites at successive by-elections as well as at the last Municipal elections.

How, in fact, has Mauritius progressed over the last few years? A look at successive *Reports on Mauritius* will help to provide a statistical picture from which we may deduce the amount of progress or otherwise. Instead of taking the decennial period 1948-1958, I have taken the seven-year period 1950-1957; the period for which I have at hand the Annual Report published by the Government Printer.

It is true that the cost of living has risen steadily since 1950, as “Omega” alleged. In January 1950 it was 23% above its level of March 1946, and by January 1957, 51% above the 1946 level; that is to say, it had risen about 20% in the period. But by December it had fallen somewhat, by over 4 points in fact, to only 47% above the 1946 level. And the big rise in the cost of living was associated with a rise in prices which accompanied the Korean War; the colonies reflected the rise in the UK where a government committed to doctrinaire free enterprise would not take even elementary steps to halt the steep rise in costs. For much of the rise in the cost of living in Mauritius, blame must be apportioned to the Tory Government of Britain for allowing UK prices to soar — for on the UK price level depends the price level of much of Mauritius’ imports.

But have wages kept pace with the rise in the cost of living? In 1950, a Class I male labourer in the sugar estates received Rs. 30 per month basic, plus Rs 25.50 per month cost of living bonus. The next year he got Rs. 43.50 basic, plus 40% cost of living bonus. In 1957 this had only gone up to Rs 48.85 basic plus 46% cost of living bonus.



The daily-paid Class I man was getting a total of Rs 2.96 per day in 1950 against Rs 2.72 plus 46% cost of living bonus in 1957. Dockers’ wages ranged from Rs 73 to Rs 145 per month in 1950, and from Rs 83 to Rs 250 per month in 1957.

Unemployment figures for the pre-Luce era are suspect but the rise in unemployment over the years is revealed by the (admittedly inadequate) figures provided by the Labour Department. These showed some 1,200 unemployed in December 1950, with monthly placings at under 300 in that year. Unemployment averaged 1,715 per month in 1951, and placings averaged 459. Registered unemployed dropped to 1,148 in 1952, and placings dropped too to 379. Unemployment rose to 2,382 in 1957 but placings through the exchanges continued to fall; to 298 in 1957.

The fall was partly due, of course, to the private bureaux sponsored by the Parti Mauricien, through which men could get work if they first became members of the Parti Mauricien and held the infamous one-rupee card. Mr Luce of course revealed the truth about unemployment (30,000) in his famous report whose truth the Parti Mauricien spokesmen and supporters have tried to deny while taking credit (which I have shown to be undeserved — in fact the Parti Mauricien spokesmen opposed Mr Luce’s coming) for the Luce investigation being undertaken. It is odd, you know, to find in *Le Réveil* a contributor accepting Mr Luce’s figure of 30,000 as true while the Parti Mauricien spokesmen and the sugar barons generally deny that unemployment is in fact as high as Mr Luce has said!

The Labour Department established its Registration Bureaux in 1949. If therefore *Le Réveil* is going to blame a “Labour Government” for allowing unemployment to get so high, it might also give credit to that Government for establishing the Bureau and so trying to do something about the unemployment problem, which the Department frankly admitted was a problem as far back as 1950. Yet Parti Mauricien spokesmen were denying the gravity of unemployment only two years ago. *Le Réveil* also criticises the administration of the old age pensions scheme and blames its *règne travailliste* for the fact that there is now no means test for a pension. But the thousands now getting an old age pension will thank (if there has been a Labour Government in Mauritius since 1948) a Labour Government for having

introduced old age pensions. In 1950, the maximum pension was, at the start, Rs. 15 per month. Now the maximum is Rs. 22, and almost all pensioners (19,842 of them at the end of 1957 — two hundred less than a year before) were getting the maximum. In 1957, in fact the average was Rs 19.80.

Indices to the development of a country are its educational statistics. In 1950, there were 54,916 children attending primary schools (there were 138 of these), and 2,709 at secondary schools. By 1957 the primary school enrolment had gone up to 88,477 (thanks to the campaign ‘Admit our Children’ which was not noticeably supported by the Parti Mauricien), while secondary school enrolment was 3,408 — this does not take into account the attendance at private secondary schools. In 1951, Queen Elizabeth College was opened to meet the growing demand and need for additional secondary schools for girls. Also in 1951 the Loreto Convent, Rose-Hill, was opened. We have had expansion at the Royal College School; we are having new buildings for the Royal College. 12 new primary schools were opened in 1957 alone.

In the two years 1956 and 1957, 431 new classrooms were provided — all as a direct result of a rejuvenated school-building campaign resulting from the ‘Admit our Children’ campaign. The People demanded education for their children; such was the power of the voice of the People that increased provision was granted. But the capitalists have, through its spokesmen, in the past questioned the advisability of providing extended educational facilities. Why? Because they know that an educated electorate is a democratic electorate; and an educated electorate will sound the death-knell for ever of their Parti. Hence the Parti, spurred by self-preservation, seeks to restrict educational opportunity. Hence the Parti seeks to perpetuate the teaching (compulsorily) of French in all Mauritian schools, so as to ensure educational (hence social and professional and occupational) advantage for the minority capitalist bloc which has for years held in its rapacious hands the economic and political destiny of Mauritius.

But those years — the veritable years of the locusts — are coming to a close. The next election will surely see the triumph of democracy in Mauritius: triumph against, inter alia, the calumnies peddled so assiduously by “Omega” and others of his kidney in the columns of *Le Réveil* and other periodicals of like nature and inspiration.

### Notice for Permission for Land Use within Residential Zone

Take notice that Mr Ranjit Kubarawa will apply to the **District Council of Pamplemousses** for a Building and Land Use Permit for a proposed “**Addition First Floor to be used as Guest House and addition Second Floor for Residential Purposes**” at Le Goulet, Bay du Tombeau.

Any objection against the proposed development works should be made in writing to the above-named District Council within a delay of 15 days from the date of display.

# Yes, debates do help voters decide – and candidates are increasingly reluctant to participate

● Cont. from page 2

Debates put the major contenders on the same stage and allow voters the opportunity to see how candidates explain – and defend – their policy positions. Among the earliest reported examples of candidate debates in the United States were the 1858 US Senate showdowns between Republican Abraham Lincoln and Democrat Stephen Douglas. The candidates held seven, three-hour debates across Illinois, focused on whether new states should be permitted to allow slavery.

A tall, suited man stands with his right hand in a tented position on a table beside him and his left hand raised, palm facing up. Behind him, a crowd of men, also wearing suits, sit and look in his direction.

In 1956, the first televised presidential debate featured Democrat and former Illinois Gov. Adlai Stevenson facing Senator Estes Kefauver of Tennessee, also a Democrat, and it was a fairly restrained matchup. Each seeking their party's nomination for president, the candidates took similar positions on school integration, atomic energy and foreign policy during the one-hour debate. They differed over whether the US should discontinue hydrogen bomb testing.

After Stevenson won the primary and Democratic nomination, he selected Kefauver as his running mate.

But the initial, and perhaps most famous, general election presidential debate was in 1960. That's when Republican Richard Nixon sparred with Democrat John Kennedy. This debate, the first in a series of four during that election cycle, was memorable because it highlighted the important role physical appearances play in presidential contests.

Radio listeners thought Nixon – then the sitting Republican vice president – had won. But his five-o'clock shadow and pale skin caused television viewers to proclaim Kennedy the clear winner. Decades later, nationally syndicated columnist Bruce DuMont said, "After that debate, it was not just what you said in a campaign that was important, but how you looked saying it."

Two suited men stand behind individual lecterns, resting their hands atop the stand.

That first Nixon-Kennedy face-off was also important because of the large television audience – more than 70 million Americans watched – and the small boost it gave Kennedy in a closely contested election. According to Gallup polling, Kennedy went from being down by 1 percentage point before the debate to being up by 3 percentage points after the debate.

But after the Kennedy-Nixon debates, there wasn't another general election presidential debate until 1976 because some candidates refused to participate in the process. In 1964, Democratic President Lyndon Johnson, the overwhelming favourite, refused to debate the Republican nominee, Barry Goldwater. And in 1968, Nixon would not debate Democrat Hubert Humphrey because of his own dismal performance against Kennedy in 1960. Nixon also refused to debate George McGovern, a Democrat, in 1972 because he had a 39-percentage point lead in the polls in early September.

## Debates are central to political campaigns

However, since 1976, debates have been an integral part of modern presidential campaigns. In 1976, Republican incumbent Gerald Ford agreed to debate Democratic challenger Jimmy Carter because Ford was sagging in the polls after pardoning Nixon. There were three debates – the first on domestic policy, the second on international policy and the third on any topic. Carter credited the debates for his win, noting that "They established me as competent on foreign and domestic affairs and gave the viewers reason to think that Jimmy Carter had something to offer."



Then a candidate for the US Senate, Abraham Lincoln, standing, speaks during one of seven debates with Stephen Douglas, seated at Lincoln's right, over the issue of slavery. Universal History Archive/UIG via Getty images

In 1980, Carter skipped the first debate because independent candidate John Anderson was included. So, Carter

and challenger Ronald Reagan, a Republican, faced off in just one debate, a week before the election. Polls gave Reagan a slight edge in the debate, in part because he used his famous "There you go again" line after Carter accused him of opposing Medicare.

The Commission on Presidential Debates was established in 1987 "to ensure, for the benefit of the American electorate, that general election debates between or among the leading candidates for the offices of President and Vice President of the United States are a permanent part of the electoral process," and has sponsored all the debates since 1988.

Since the commission took the helm, there have been two or three presidential debates each cycle.

*Gibbs Knotts, Prof of Political Science & Vince Benigni, Prof of Strategic Communication, College of Charleston*

## Mauritius Times

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Thank you so much.  
Mauritius Times

## Teens feel pressured to get pregnant

Female adolescents are experiencing relationship abuse at alarming rates, according to a new Michigan State University study that specifically researched reproductive coercion -- a form of abuse in which a woman is pressured to become pregnant against her wishes.

Heather McCauley, assistant Prof in the School of Social Work, and co-researchers found nearly one in eight females between ages 14 and 19 experienced reproductive coercion within the last three months. Forms of such abuse included tampering with condoms and a partner threatening to leave.

The study, published in the journal 'Obstetrics & Gynecology', is the largest adolescent study on the issue. It uses data from a previously conducted randomized trial at eight school-based health centres in California during the 2012-13 school year and assessed 550 sexually



active female teens.

"We looked at whether adolescents who experience reproductive coercion displayed the 'red flags' we typically teach clinicians to look for -- like coming into the clinic multiple times for emergency contraception or pregnancy testing," McCauley said. "We found no difference in care-seeking behaviours between girls who experienced

reproductive coercion and girls who didn't, so those red flags may not be present. Therefore, clinicians should have conversations with all their adolescent patients about how relationships can impact their health," McCauley said.

### Takeaways from the study:

- 17% of teens reported physical or sexual abuse.
- Females who experienced reproductive coercion had four times the odds of also experiencing other forms of relationship abuse.
- Females exposed to both relationship abuse and reproductive coercion were more likely to have a sexual partner who is five or more years older.

"These findings highlight how common reproductive coercion and other forms of abuse are in adolescent relationships, yet the signs of a teen's unhealthy relationship may be tricky for clinicians, parents and other adults to spot," McCauley said. "So, parents could open the door for their teen to disclose abuse by having a conversation with them about healthy and unhealthy relationship behaviours."

## Optimistic people sleep better, longer, study finds

People who are the most optimistic tend to sleep better and longer, suggests a new study. The study included 3,500 young and middle-aged adults in four US regions.

People who are the most optimistic tend to be better sleepers, a study of young and middle-aged adults found.

More than 3,500 people ages 32-51 were included in the study sample. The

participants included people in Birmingham, Alabama; Oakland, California; Chicago; and Minneapolis. The research was led by Rosalba Hernandez, a Prof of social work at the University of Illinois.

"Results from this study revealed significant associations between optimism and various characteristics of self-reported sleep after adjusting for a wide array of variables, including socio-demographic characteristics, health conditions and depressive symptoms," Hernandez said.

Participants' levels of optimism were measured using a 10-item survey, which

asked them to rate on a five-point scale how much they agreed with positive statements such as "I'm always optimistic about my future" and with negatively worded sentences such as "I hardly expect things to go my way." Scores on the survey ranged from six (least optimistic) to 30 (most optimistic).

Hernandez and her co-authors found that individuals with greater levels of optimism were more likely to report that they got adequate sleep, slumbering six to nine hours nightly. And they were 74% more likely to have no symptoms of insomnia and reported less daytime sleepiness.

According to a 2016 report by the Centers for Disease Control and Prevention, about 1 in 3 U.S. adults fails to get adequate sleep, escalating their risks of many chronic diseases.

"The lack of healthy sleep is a public health concern, as poor sleep quality is associated with multiple health problems, including higher risks of obesity, hypertension and all-cause mortality," Hernandez said. "Dispositional optimism -- the belief that positive things will occur in the future -- has emerged as a psychological asset of particular salience for disease-free survival and superior health."



## How do spices get their flavour?

Humans have figured out how to season their food with virtually every part of plants.

I love savory and spicy foods. Lasagna laden with basil and oregano. Beautifully golden curries infused with turmeric, or rice flavored with saffron. I can't pass up a cinnamon-dusted snickerdoodle cookie. And some of my favorite childhood memories center on my mom's nutmeg-infused sweet potato pie.

These ingredients come from many different plants and distinct plant parts, including leaves, seeds, bark and plant oils. Their flavors are created by accumulated phytochemicals -- substances the plants make. "Phyto" comes from the Latin word for plant.

Plants produce chemicals for different purposes. In my recent book, "Lessons from Plants," I explore how plants use some of those compounds to communicate with one another.

Many of the chemicals that make up spice flavors can play important roles, such as protecting the plant against pests or pathogens. Known as secondary compounds, they can also help plants adapt to changes in the world around them. And, as spices, they communicate powerfully to our taste buds.

Common kitchen herbs like basil and oregano come from leafy plants. Essential aromatic oils that accumulate in the plants' leaves produce their flavors. For basil, those oils are called eugenol and linalool; oregano gets its flavors from carvacrol and thymol. Oils from both of these herbs have medicinal uses against infections, pain and swelling.



Without spices, our meals would have less color and flavor. Helaine Weide/Moment via Getty Images

Other common spices, such as pepper and red chili, come from the berries or fruits of plants. Black pepper is made by grinding the small berries, known as peppercorns, from the plant *Piper nigrum*. Red pepper comes from ground-up dried chiles -- small, hot-tasting fruits that grow on low bushes.

Turmeric spice comes from another plant part -- the rhizomes, or underground stems, of the flowering plant *Curcuma longa*. Rhizomes often are confused with roots, but they are more like stems that grow sideways underground and help the plant spread. A relative of ginger, another rhizome-derived spice, turmeric is beautifully orange and is used in a range of cooking that

includes my beloved curries.

Saffron is from the red-colored, threadlike stigmas of the plant *Crocus sativus*. The stigma is one component of the female part of a flower. Saffron is one of the most expensive spices, because harvesting stigmas is very labor-intensive -- it's typically done by hand with tweezers. Saffron is high in antioxidants and has been used as a medicine, dye and perfume.

Cinnamon, which cooks use in all kinds of baked goods, is derived from yet another plant part: the inner bark of tree species from the genus *Cinnamomum*. The phytochemical that gives cinnamon its distinctive smell and its rich woody flavor is the aromatic compound cinnamaldehyde.

Rich in antioxidants, cinnamon may help control blood pressure and reduce inflammation. It also has natural antifungal and antimicrobial properties that may serve to protect the trees that produce it.

The dried nutmeg that my mom used in her legendary pie comes from grinding the seed of the tropical evergreen tree family *Myristica fragrans*. The same plant produces another spice, called mace, which is often used to flavor baked custards and to spice sausages or other meat.

Plants can teach us all kinds of meaningful lessons. One of their powerful truths is that variety is literally the spice of life. I'm thankful for their tasty chemical defenses every time I cook.

**Beronda L. Montgomery**

Vice President of Academic Affairs and Dean of the College, Grinnell College



## Munusamy was baptized

The pastor dipped his head into water three times and said you are now baptized. Your sins are forgiven, you are a new creation in Christ, your name is now Jacob. No more drinking of alcohol.

Jacob went home and goes to his refrigerator, took all his alcohol bottles out, dipped them into water three times and said you're baptized, your sins are forgiven, you're a new creation in Christ, your name is now fruit juice.

\*\*\*

A man is stuck in traffic near parliament, he asks a police officer what the hold-up is about, and is told: "The Prime Minister is so depressed about UK's debt that he's stopped his car and is threatening to douse himself with petrol."

"What are you going to do?"

"We are putting together a collection for him," says the cop.

"How much have you got?"

"About forty gallons so far," says the officer.

\*\*\*

A politician dies and goes to heaven.

When he gets to the pearly gates, St Peter takes one look at him and says: "Sorry, no politician allowed in heaven."

The MP pleads that he's a good bloke who's done lots of charity.

"Oh, yeah? Like what for example?" asks St Peter.

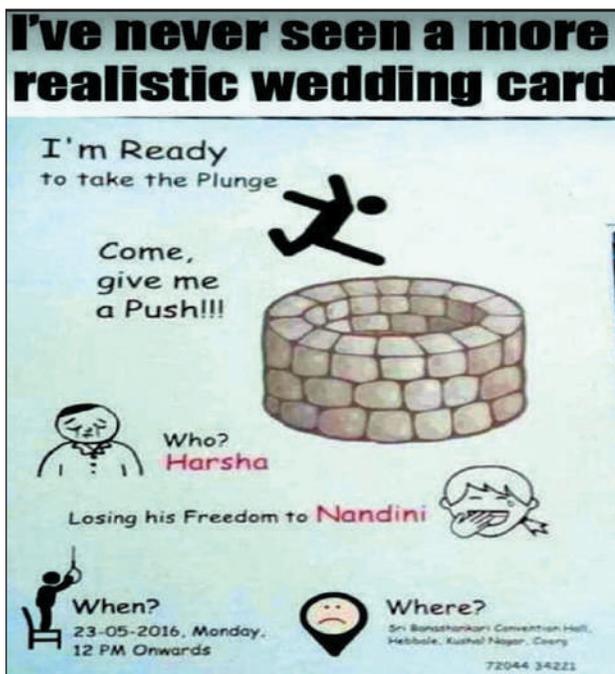
The MP says: "Why, just last week I contributed Rs100,000 to an orphanage."

St Peter thinks for a while then says, "Wait here."

He goes inside for a while, then comes back. "Sorry sir, I've a word with God," he says. "Here's your Rs100,000 back, now move to hell."

\*\*\*

In a Nursery School Canteen...



There's a basket of apples with a notice written over it:

'Do not take more than one apple, Beware! God is watching!'

On the other counter there's a box of chocolates. A small child went and wrote on its box: 'Take as many as chocolates you want, God is busy watching the apples.'

Never act smart with today's generation!

\*\*\*

**Kid:** Why are some of your hair white, Dad...?

**Dad:** Every time you make me unhappy, one of my hair turns white...

**Kid:** Now I understand why grandpa's hair are all white...

**Moral:** Don't be over smart with your kids...

\*\*\*

**Child:** Mummy why has Gandhi no hair on his head?

**Mummy:** Because he speaks only the truth.

**Child:** Now I understood why all the ladies have long hair!

\*\*\*

**Teacher:** How old is your father?

**Kid:** He is 6 years old.

**Teacher:** What? How is this possible?

**Kid:** He became father only when I was born.

Great Logic!

\*\*\*

A dinner speaker was in such a hurry to get to his engagement that when he arrived and sat down at the head table, he suddenly realized that he had forgotten his false teeth.

Turning to the man next to him, he said, "I forgot my teeth."

The man said, "No problem."

With that, he reached into his pocket and pulled out a pair of false teeth. "Try these," he said.

The speaker tried them. "Too loose," he said.

The man then said, "I have another pair... try these."

The speaker tried them and responded, "Too tight."

The man was not taken back at all. He then said, "I have one more pair of false teeth... try them."

The speaker said, "They fit perfectly."

With that he ate his meal and gave his address. After the dinner meeting was over, the speaker went over to thank the man who had helped him.

"I want to thank you for coming to my help. Where is your office? I've been looking for a good dentist."

The man replied, "I'm not a dentist. I'm the local undertaker. .."

\*\*\*

A man goes to see a doctor feeling really ill. After a thorough examination, the doctor calls him into his office and says: "I have some bad news, you have hags."

"What the hell is hags?" the patient asks.

"It's herpes, aids, gonorrhoea and swine flu," replies the doctor.

"Oh my god, what happens next?"

"We are going to put you in an isolated room and feed you pancakes and pizza."

"Is that going to cure me?"

"No, you're going to die, but it's the only food we know of that we can slide under the door."

\*\*\*

**Guy phoned a dentist to enquire about the cost of a tooth extraction**

"£ 80 for an extraction."

"£ 80? You are joking you anything cheaper?"

"That's the normal tariff."

"I know, what about if you do not use any

anaesthetic?"

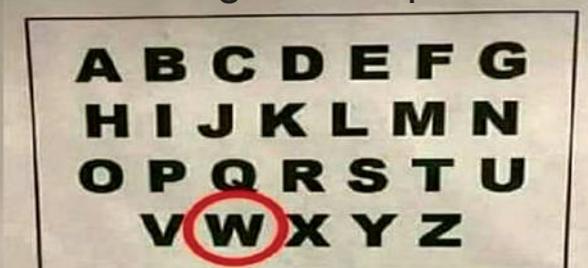
"That, would be highly unusual, sir, but I could do it and would knock £ 20 off."

"What about if your dental nurse did it instead of you and still without anaesthetic?"

"Well, I can't guarantee the standard of professionalism and it would be very painful, but yes, the price could drop by £ 20."

"Now, you are talking sense, Doc. It's a deal, can you confirm an appointment for my wife next Wednesday?" said the man.

## Most Dangerous Alphabet



'W' is the most dangerous alphabet.  
It is a tension generator.  
Because all the worries get start with 'W'  
Who? Why? What? When? Which?  
Whom? Where?

Some more....

War...Wine...Whisky...Wealth...

And Finally.....

**WIFE !**

Graham & Helen were watching a Discovery Channel special about an African black bush tribe whose men all had willies 24 inches long.

This is because when the black male reaches a certain age, a string is tied around his willy and on the other end is a weight. After a while, the weight stretches the willy to 24 inches.

Later on, that evening, as Graham was getting out of the shower, Helen looked at him and said, "How about we try the African string-and-weight stuff?"

Graham agreed and they tied a weight to his willy. A few days later, Helen asked Graham, "How is our little tribal experiment coming along?"

"Well, it looks like we're about halfway there," he replied.

"Wow, you mean it's grown to 12 inches?" said the excited Helen.

"No, it's turned black."

\*\*\*

Due to a power outage, only one paramedic responded to the call.

The house was very dark, so the paramedic asked Kathleen, a 3-year-old girl to hold a torch high over her mummy so he could see while he helped deliver the baby.

Very diligently, Kathleen did as she was asked.

Heidi pushed and pushed and after a little while, Connor was born.

The paramedic lifted him by his little feet and spanked him on his bottom.

Connor began to cry.

The paramedic then thanked Kathleen for her help and asked the wide-eyed 3-year-old what she thought about what she had just witnessed.

Kathleen quickly responded, "He shouldn't have crawled in there in the first place.... smack him again!"

## Respect the Invisible

*There's an invisible label on everyone.*

A car ahead was moving like a turtle and not giving me way in spite of my continuous honking!

I was on brink of losing my cool when I noticed the small sticker on the car's rear.

It reads: "Physically challenged. Please be patient."

And that changed everything! I immediately went calm and slowed down!

In fact, I got a little protective of the car and the driver.

I reached work a few minutes late, but it was ok!

And then it struck me. Would I have been patient if there was no sticker?

Why do we need stickers to be patient with people?

Will we be more patient and kinder with others if people had labels pasted on their foreheads?



Labels like:

- Lost my job.
- Fighting cancer
- Going through a bad divorce
- Suffering emotional abuse
- Lost a loved one
- Feeling worthless
- Financially messed up

... and more like these.

Everyone is fighting a battle we know nothing about.

The least we can do is be patient and kind.

We don't have to put people through the pressures of explaining over times before we understand their pains and offer our little best.

As you go through each passing day, always remember there's an invisible label on everyone.

A simple virtue of patience may just be the respect you're according that invisible label.

Author Unknown - HR Diary

## Motivation

### Do It Today

#### 1. Stop looking for shortcut, and do the work

Building a business or career is hard. It requires you to do difficult, tedious, and unsatisfying tasks. If you want more clients or work, no one is going to hand it to you. You have to hustle.

Do content marketing, one-on-one sales, network, or whatever method you use to grow your business.

And if you want to climb the corporate ladder, you have to form alliances, be strategic, outperform your targets, and be great at what you do.

That's what you should do, right?

Most of us already know these things. Or you will find out there's no such thing as a secret to succeeding at work.

#### 2. Eliminate. Eliminate. Eliminate

Elimination is a key strategy that I use for many aspects of my life.

We accumulate so much unnecessary baggage throughout the years that we consistently need to eliminate.

If you find yourself struggling to focus, try this strategy.

Make your life so simple that it's a breeze to live.

And let's be honest here. Who wants to live a life that's impossible?

Life is already hard enough. Don't make it harder.

#### 3. Willpower doesn't work. Systems do

What you really need is a system for doing work.

A lot of people shy away from routines, systems and frameworks because they want to have freedom.

I'm sorry to disappoint you: Freedom is your enemy.

The fact is that, if you want to get things done, you need rules.

If you combine the right productivity tactics, you have a productivity system.

The deadlines create urgency, accountability will create responsibility, working in intervals improves your focus, exercising will give you more energy, so does a



healthy diet, and eliminating distractions will take away the temptations.

#### 4. Disconnect from the Internet

And there's only one reason to do that: Too much of anything is a bad thing.

Even good things.

Too much exercise? You will get overtrained.

Too much love? You will smother people.

Too much work? You will burn out.

Too much food? You will get fat.

Too much water? You will die.

So why do you consume so much internet?

#### 5. Manage Your Attention

Focus determines the quality of your life.

No focus means no control of your attention.

And no control means frustration.

We all know what frustration leads to.

Start managing your attention.

Not your time.

#### 6. Rest

You recharge your phone when it runs out of power.

You refill your gas tank when you're running on empty.

But sometimes, you forget to do the same for your most precious possession:

Your body (and the brain that's inside of it).

**Top 6 lessons learned from the book - Do It Today**

## Time is capable of understanding how valuable Love is

Once upon a time, there was an island where all the feelings lived.

Happiness, Sadness, Knowledge, and all the others, including Love.

One day it was announced to the feelings that the island would sink, so all constructed boats and left. Except for Love.

Love was the only one who stayed. Love wanted to hold out until the last possible moment.

When the island had almost sunk, Love decided to ask for help.

Richness was passing by Love in a grand boat. Love said, "Richness, can you take me with you?"

Richness answered, "No, I can't. There is a lot of gold and silver in my boat. There is no place here for you."

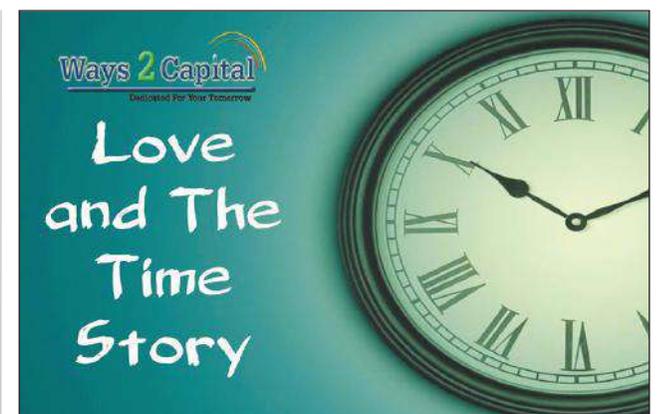
Love decided to ask Vanity who was also passing by in a beautiful vessel. "Vanity, please help me!"

"I can't help you, Love. You are all wet and might damage my boat," Vanity answered.

Sadness was close by so Love asked, "Sadness, let me go with you."

"Oh... Love, I am so sad that I need to be by myself!"

Happiness passed by Love, too, but she was so



happy that she did not even hear when Love called her.

Suddenly, there was a voice, "Come, Love, I will take you."

It was an elder. So blessed and overjoyed, Love even forgot to ask the elder where they were going.

When they arrived at dry land, the elder went her own way.

Love asked Knowledge, another elder, "Who helped me?"

"It was Time," Knowledge answered.

"Time?" asked Love. "But why did Time help me?"

Knowledge smiled with deep wisdom and answered, "Because only Time is capable of understanding how valuable Love is."

-- Unknown

## ALWAYS RISE.

If I could tell you anything, to save you the time and the lessons in this life, I would tell you to never let anything that happens turn you bitter. Don't let the pain of something that was out of your hands turn you cold. Love, stay soft, as hard as that is sometimes, try. Try with all of your heart to stay tender. I know there's a lot of things that hurt, take us to our knees and threaten our hearts. Let it go. You can't change it, but you can choose to not let it change you. Don't let the pain define you. You are bigger than that. I hope you know, you are never how someone makes you feel. Let it hurt, then let it heal, but don't linger there. Remember who you are and rise.

Stephanie B. Henry / Power of Words



Men's Health**Guys: Don't make these 10 health mistakes**

*Chances are, you're making these common mistakes that can jeopardize your quality of life*

**Y**ou already know you need to drop a few pounds and cut back on the beer and potato chips. Besides, you feel fine. Men are geniuses when it comes to finding reasons not to see the doctor. But one of the most important things you can do for your health is schedule -- and show up for -- a regular visit.

**Think you can't have a heart attack**

The "Big One" is something most guys worry about for their dad or granddad. But the threat is often there for much younger men. If heart disease runs in your family, it could find you as early as your 30s. No matter what your age is, make it a point to take care of your ticker.

**Ignore the snore**

Sawing logs at night? About half of guys who snore have something called obstructive sleep apnea. It does more than just annoy the person next to you. This disorder can make you stop breathing for a few seconds. It's also linked to heart disease and high blood pressure.

**Skip the sunscreen**

We're not just talking about golf or beach days. You should slather on a product with an SPF 30 or higher every time you go outside to prevent skin cancer. Most

guys never put it on their faces -- or any other exposed skin. Protect yourself.

**Refuse to get help for impotence**

Don't be ashamed. Bedroom problems have nothing to do with your masculinity. Chances are they aren't caused by your state of mind, either. The main cause of impotence is usually a lack of blood flow to the penis. This can also be a sign of heart trouble, so put your pride aside and see the doc.

**Drink away the blues**

More women than men get depressed. That's part of the problem -- the idea that it's a "female problem" often keeps the men who have it from seeking help. As a result, more guys turn to drugs and alcohol to help them feel better. This just makes depression that much harder to spot -- and treat.

**Go with the flow**

How many times have you gone to the bathroom today? Really, who has time to keep track? Maybe you should. If you go more than eight times a day or more than twice at night, it could be more than a nuisance. It could be a sign of a medical problem like enlarged prostate, overactive bladder (OAB), or even some forms of cancer. Talk to your doctor about it.

**Keep your mouth shut**

In the U.S., women are more likely than men to get routine dental checkups. But guys need to see the dentist regularly, too. Not only because they can spot and prevent oral problems, but sitting back and saying "ah" can also reveal symptoms of things like diabetes, Crohn's



disease, lupus, and even leukemia.

**Stick with meat and potatoes**

It's a rare guy who gets enough fruits and vegetables during the day. Doctors suggest four to five servings of each for a heart-healthy diet. If that's not enough, eating the good stuff also lowers the odds that you'll have a stroke, cancer, or digestive problems. And it keeps your blood sugar in check.

**Tempt fate**

Some guys just love to drink, smoke, gamble, drive fast, or jump out of planes. Sure these things are fun, but all of them can be bad for your health. Truth is, men are more likely than women to do all these things. Why? Some guys do drink more, which messes with their judgment. Others just spend less time worrying about the outcome of their actions. Sometimes, it pays to think twice.

Medically reviewed by Minesh Khatri, MD

Healthy Beauty**Best Foods for Younger-Looking Skin**

*See which foods may help improve skin tone, protect against UV damage, and keep your skin looking supple and radiant*

**L**ooking to make your skin its best? Along with smart habits -- like wearing sunscreen every day -- check out what's on your plate. From fighting free radicals to smoothing fine lines, some types of foods are packed with the good stuff for glowing skin. No need to obsess about a particular "superfood" or exotic ingredient. There are plenty of options in regular grocery stores. What matters most is your overall eating pattern. In a nutshell, most people need to eat more fruits and vegetables, cut down on sugar and salt, and choose whole foods over processed ones.

**Flaxseeds:** These tiny brown seeds are rich in ALA (alpha-linolenic acid), a type of omega-3 fatty acid found in plants. Omega-3s are fats that are good for you because they can reduce the harmful effects of UV radiation, smoking, and pollution. They can also lessen wrinkles in your skin and improve dry skin. Flaxseed oil, which is made from pressed flaxseeds, is known to make skin smoother and to appear less scaly. Other foods that are high in omega-3 fats are chia seeds, pumpkin seeds, salmon, albacore tuna, and sardines.

**Kiwis:** Did you know that kiwis have

more vitamin C than oranges? Kiwis are helpful foods for skin health because vitamin C is a powerful antioxidant that help zaps free radicals in cells. Some studies show that vitamin C may protect skin against UV damage, help with the production of collagen, and make skin more hydrated. Eat kiwis when they're fully ripe, as this is when they have the most antioxidants. Other good sources of vitamin C include blackcurrants, blueberries, citrus fruits, guava, red peppers, parsley, strawberries, and broccoli.

**Avocados:** They are good sources of vitamins C and E, which are two of the many antioxidants that help protect cells from damage. Avocados also contain lutein and zeaxanthin, which some early studies show may help improve skin tone. And avocados are rich in monounsaturated fat, which (like other fats and oils) helps your body absorb certain vitamins, including A, D, E, and K.

**Collards, Kale, Spinach:** Really, any dark leafy green is an all-around nutritional powerhouse. You'll get a virtual alphabet of vitamins from them, including lots of the antioxidants that are skin-friendly. Some studies show that people who eat two to three servings per week of dark leafy greens are less likely to develop skin cancer.

**Yogurt:** Not only is yogurt packed with protein, which makes it a filling snack, it's also loaded with probiotics. Probiotics are live, friendly bacteria that help fight inflammation, including inflammation that worsens skin conditions such as acne, atopic dermatitis, and psoriasis. Probiotics can help with skin sagging and increasing skin's hydration, too. Other foods that contain probiotics are kefir, kombucha, and



sauerkraut.

**Green Tea:** For smoother skin, try swapping a cup of coffee for green tea. Green tea is packed with polyphenols, a type of antioxidant found in tea leaves. Polyphenols help to lower the amount of sebum (oil) your body makes, and some evidence shows this makes green tea a good option to treat acne. Green tea also contains flavonoids, which help with DNA repair, and are even shown to help lessen fine lines. One study shows that you'll get the most flavonoids from green tea if you steep it in cold water for a long time.

**Drink Up:** Water is an easy way to give your skin a healthy glow, especially if you're prone to dry skin. You may have heard you need 8 cups a day, but there is no set advice on how much to drink. You'll get some water from food. Watermelon, cucumbers, and celery all have high water content.

**Olive Oil:** When it's part of a regular diet, olive oil is known to help curb inflammation. This may be because of the antioxidants in olive oil, some of which are being studied for use in products to curb

eczema and psoriasis. Of the more than 200 types of chemical compounds that are naturally in olive oil, the main types of antioxidant in olive oil are called phenols.

**Carrots:** A good snack choice, these vegetables are in high in beta-carotene, which protects your skin against the harmful rays of the sun. Beta-carotene is what gives plants their orange color and is found in other fruits and vegetables such as apricots, cantaloupe, mango, papaya, pumpkin, and sweet potatoes. Carrots are also a good source of magnesium, which relaxes

nerves and muscles. Not getting enough magnesium can lead to poor sleep, and getting enough shut-eye is something that's always good for your skin!

**Nuts:** Foods that are high in vitamin E -- such as almonds, peanuts, and hazelnuts -- are helpful to counter some of the ways our skin ages. Vitamin E does this by helping to prevent collagen destruction, which is needed for skin support. Vitamin E is also a potent antioxidant that fights against cell damage caused by free radicals.

**More Tips for Better Skin**

Good nutrition helps take care of the body from the inside out. But there's more to great skin than what you eat. Make sure you also get a full night's sleep, wear a broad-spectrum tinted sunscreen with a SPF of 30 or higher, stay physically active, manage stress, and don't smoke. These healthy lifestyle habits will get, and keep, your skin glowing. And if you have a specific skin problem or concern, see a dermatologist.

Reviewed by Stephanie S. Gardner, MD

## Kajol opens up about love, lust and female pleasure

**K**ajol opened up about love, lust and female pleasure ahead of the release of the anthology *Lust Stories 2*. The actor did not hold herself back from expressing her honest thoughts about "normalizing" female pleasure on-screen. In a candid chat with Filmfare, the actor also confessed that a large section of audience has lost their faith in "eternal love stories" that Bollywood used to boast of once upon a time. Kajol believes the modern storytellers portray love and lust, just the way they are now perceived by the generation of today, reports NDTV.

Kajol was asked when she became first aware of the word lust. To this, the actor replied, "Well, I'm a reader. I've always loved reading since I was a kid. My understanding of lust started with that. To me, lust is an intense need to do something. I always describe myself as having an intense lust for life. I love to eat, I love to dance, I love to listen to music, I love to knit and crochet. There are so many things in my life that I love like going out with my children. They crack me up and I love laughing and making people laugh. There are so many things that I absolutely love and I need to do them. That by definition is lust."



*Lust Stories 2* places female pleasure to the forefront. Asked about the importance of normalizing screen-portrayal of female pleasure, Kajol replied, "At one point in time as a society, we were very open about it. It was part of our ancient texts and our education. We later closed ourselves off from it. But at the end of the day, it is a very normal part of life that we cannot do without. I think it needs to be normalized the same way that we've normalized eating and drinking. It's really a question of making it

a part of the conversation rather than closing it off. Trying not to talk about it gives it all the more attention and focus."

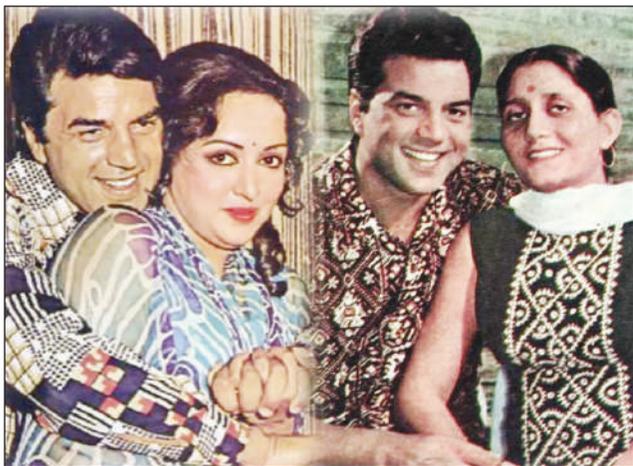
At one point of time, Kajol epitomized the concept of eternal love through her evergreen character Simran in *Dilwale Dulhania Le Jayenge*. But the actor now clearly believes that concept of love has been changed over the decades.

"Lust used to be two flowers coming together at one point. Two red roses used to come together and that was it. Right now, the movies are speaking in the language that love is defined by today. As far as eternal love stories are concerned, I don't think anyone believes in it today. Nobody wants to die for anyone for sure. There is no belief in eternal love stories. If not you, there will be someone else. People believe in multiple soul mates these days. And therefore, all the love stories we've made so far have been very differently made. They're based more on friendships, modern relationships and society," Kajol said to Filmfare.

*Lust Stories 2* is an anthology of four stories directed by ace directors Amit Ravindernath Sharma, Konkona Sen Sharma, R Balki and Sujoy Ghosh. The cast includes Kajol, Vijay Varma, Tamannaah, Mrunal Thakur, Angad Bedi, Tillotama Shome, Amruta Subhash, Neena Gupta and Kumud Mishra.

## Hema Malini on why she never met Dharmendra's first wife Prakash Kaur...

'I have never spoken to her... I respect her a lot'



**I**n her biography 'Hema Malini: The Dream Girl', the veteran actress opened up on her equation with husband Dharmendra's first wife Prakash Kaur, reports Indian Express.

Karan Deol, son of Bollywood actor Sunny Deol, tied the knot with Drisha Acharya in a glamorous wedding ceremony that brought together the entire Deol family. The star-studded affair saw the presence of Karan's parents, Sunny and Pooja Deol, as well as his grandparents Dharmendra and Prakash Kaur. Karan's uncles Bobby and Abhay Deol were also in attendance. Their starry wedding reception also saw Bollywood's big names in attendance. However, it was the absence of Dharmendra's second wife Hema Malini and their daughters Ahana and Esha Deol that grabbed the headlines.

While Dharmendra and Hema Malini have always maintained privacy regarding their relationship and family matters, Hema shared some insights in her biography, 'Hema Malini: The Dream Girl'.

In the book, Hema recalled that she met Prakash Kaur on several occasions at social gatherings before she married Dharmendra. However, after their marriage, their paths didn't cross.

She said, "I didn't want to disturb anyone. I am happy with whatever Dharamji did for me and my daughters. He played the role of a father, like any father would do. I guess I am happy with that."

Hema also emphasized the respect she and her daughters hold for Prakash Kaur and Dharmendra's first family. She said, "Today I am a working woman and I have been able to maintain my dignity because I have devoted my life to art and culture. I guess, if the situation was even slightly different from this, I wouldn't be what I am today. Though I have never spoken about Prakash, I respect her a lot. Even my daughters respect Dharamji's family. The world wants to know about my life in detail, but that is not for others to know. It's no one's business."

Esha Deol took to social media to extend her heartfelt wishes to Karan and Drisha. She wrote, "Congratulations Karan and Drisha. Wishing you both a lifetime of togetherness and happiness. Lots of love."

Prakash Kaur didn't make any media appearances during her grandson's wedding festivities but she was seen taking part in the ceremonies in wedding pictures shared by the Deol family members.

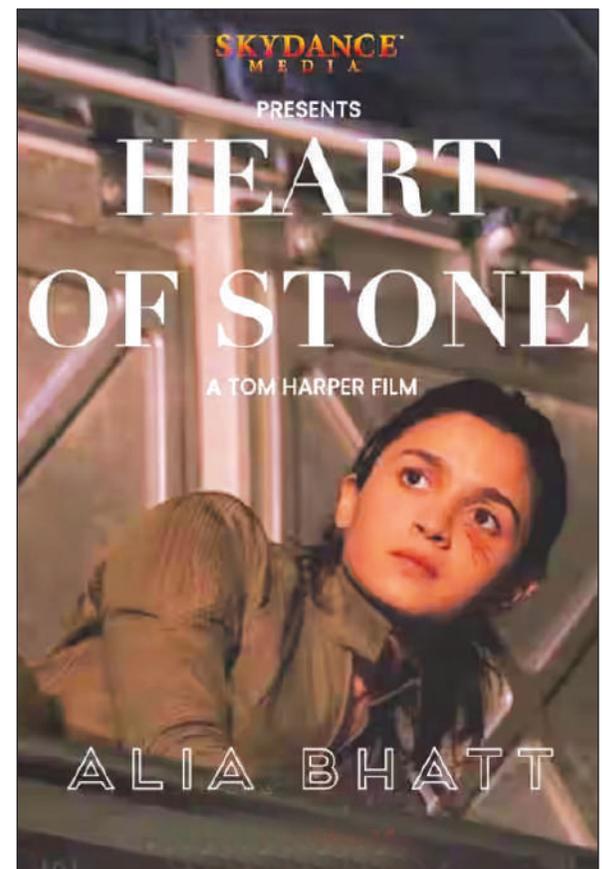
## Alia will be seen in her first Hollywood film, 'Heart of Stone' with Gal Gadot and Jamie Dornan

**E**ver since Alia Bhatt announced her much-awaited Hollywood debut in the upcoming action thriller "The Heart Of Stone," the spotlight has been firmly on her. With acclaimed actors like Gal Gadot and Jamie Dornan also on board, the anticipation for the film has reached new heights, reports Masala!

Recently, Alia returned from the Tudum 2023 event, where an exciting teaser of *The Heart of Stone* was unveiled, further amplifying the buzz surrounding the project. During a recent interview featuring the star cast of the film, Alia Bhatt opened up about her experience working on *The Heart of Stone* and the differences she noticed between Bollywood productions like *RRR* and *Brahmastra* and her Hollywood venture.

When asked about the contrast, Alia confidently replied, "Not really, I think a film set all over the world is the same. It's the same people, it's the same vision, it's the same spirit, it's the same intention. It's just that the language is different, and eventually, the storytelling is also... it's not the same storytelling, but it has to be working towards key core emotions because that eventually connects the universal audience."

Amidst the excitement surrounding her Hollywood debut, Alia Bhatt, along with her partner Ranbir Kapoor and their daughter Raha, recently took a flight to



Dubai. The couple seems to be thoroughly enjoying their time together, as evident from the numerous viral photos circulating on social media, showing them happily posing with fans and admirers in Dubai.

On the work front, Alia also has her plate full with projects back in Bollywood. She is currently working on *Rocky Aur Rani Kii Prem Kahaani*. As soon as she returns from her vacation, Alia will dive into promoting this romantic drama alongside her co-star Ranveer Singh.

## Mere Dad Ki Dulhan

### Varun Badola talks about playing a heartbroken lover

Varun Badola, who has marked his return to the small screen with *Mere Dad Ki Dulhan*, shared his experience of playing the role of a heartbroken Amber Sharma, who unknowingly falls in love with his nemesis Guneet Sikka, played by Shweta Tiwari.

Varun says that it is an entirely different space for him, and just like his on-screen character, in real life too, he believes that music helps to heal a broken heart. "Some of my favourite sad songs are *Kya Se Kya Ho Gaya*, *Waqt Ne Kiya Kya Haseen Sitam* and *Lambi Judaai*. They are not only beautifully written but also carry a soft melody. It's true that people often wallow in despair and pain when they are heartbroken, and that's when they feel music helps them and even heals these feelings," he said.

On the show, Varun's best friend is his daughter Niya Sharma (played by Anjali Tatrari), in whom he confides his deepest feelings. When asked about who his go-to person in real life is when he is sad, the 46-year-old said, "Usually, I am aware of my emotions and know how to process it. However, in moments when I feel a



Varun Badola's with wife-actress, Rajeshwari Sachdev

little low, I like to share that with my wife Rajeshwari. She is not only my wife but my best friend who understands me the most. I am fortunate to have found such an understanding life partner, with whom I can share all my emotions."

Ever since its inception, *Mere Dad Ki Dulhan* has struck a chord with the masses, and the lead actors have been garnering immense love for their characters. The show revolves around Amber Sharma, a widower, who on his daughter Niya's insistence explores online dating, and falls in love with Guneet Sikka unknowingly, who he later comes to know is none other than his arch-rival neighbour.

Besides Varun, Shweta and Anjali, the show also stars Shaleen Malhotra, Yash Pandit and Rajendra Chawla in key roles.

### 'Accidental actress' Anjali Tatrari: "TV happened to me in a very weird manner"

TV actress Anjali Tatrari, who rose to fame with her debut TV show *Mere Dad Ki Dulhan*, never thought of becoming an actress. It was a tragic incident that changed her life and made her move to Mumbai with her mom.

Calling herself an accidental actress, she shares, "TV happened to me in a very weird manner. Becoming an actress was nowhere in the plans. I'm from Pithoragarh in Uttarakhand. I lost my brother and the incident completely shook us. To bring our family out of the trauma, my uncle suggested that we should shift base to Mumbai. That's how we came to tinsel town and settled here. I was studying in high school then."

#### 'I loved working with Shweta Tiwari and Varun Badola'

Anjali was quite active in extra-curricular activities in her school, especially dance and acting. "After finishing school in Mumbai, I thought of trying my luck in the field of fashion blogging and later I switched to doing TV commercials. I also did music videos.

After facing the camera, I realised that the kind of love, appreciation and blessings I get from the audience is just incomparable. It was the best part of becoming an actress. And one fine day, I got the show *Mere Dad Ki Dulhan*, which gave a boost to my career," she shares. Anjali got to share screen space with veteran actors Shweta Tiwari and Varun Badola.

"Initially, I got intimidated by the fact that I was working with two stalwarts of Indian television. Both of them are seasoned actors and I used to think *ki main itne senior actors ke saamne kaise act karungi?* But both of them were really supportive and I enjoyed working with them," she says.

#### Avinesh Rekhi and Anjali Tatrari

Soon after the show, Anjali got another show



Anjali Tatrari with Shweta Tiwari

titled *Sargam Ki Sadhe Sati*, which unfortunately went off air in just two months. She is currently shooting for an upcoming project titled *Tere Bina Jeeya Jaaye Na* with Avinesh Rekhi in Rajasthan's Udaipur. Talking about her role, she says, "I play a fun-loving girl who lives in her own simple world. It's a romantic story and I'm paired up with Avinesh."

On being asked about the age difference between Avinesh and her, she further adds, "Age never makes any difference when it comes to acting. I think the most significant aspect of your acting skill is that you don't let it come in your way. Our on-screen relationship needs to look real and if we connect well as actors, we can pull it off quite well. As a good actor, I need to learn when to switch on and when to switch off."

## YOUR STARS

### Sagittarius: Nov 22 - Dec 21

Your week is filled with adventure and exploration. Your natural optimism and wanderlust will drive you towards new experiences and learning opportunities. Whether you're exploring new ideas or places, allow your enthusiasm to guide you. There is also a favourable atmosphere in your domestic and love life.

**Lucky Numbers:** 8, 12, 18, 20, 22, 30

### Capricorn: Dec 22 - Jan 19

Your perseverance will bring you closer to your goals, whether professional or personal. Keep putting in the effort, as your dedication is bound to pay off. You will see that your problems are getting lesser in the second phase of the week, and you are getting new chances for progress. There will be good bonding in love life.

**Lucky Numbers:** 20, 23, 25, 32, 36, 40

### Aquarius: Jan 20 - Feb 18

This coming week is teeming with intellectual stimulation and innovative ideas. Your creative and forward-thinking nature is your greatest asset. Let your originality shine but remember to stay grounded and connected to the world around you. Your partner will not be ready to accept the mistakes. It will be better for you to be more accommodating.

**Lucky Numbers:** 1, 3, 7, 8, 12, 13

### Pisces: Feb 19 - Mar 20

Your empathetic and intuitive nature might draw people towards you, providing opportunities for deep, meaningful connections. While it's in your nature to provide support, ensure you're also dedicating time to self-care and introspection. For unmarried people, this week is a very positive opportunity to find a suitable soul mate for them.

**Lucky Numbers:** 4, 9, 14, 19, 30, 33

### Aries: Mar 21 - Apr 19

With an upcoming surge of energy and motivation, this is an ideal time to initiate projects, be it at work or at home. Take charge, make bold decisions and blaze the trail. However, remember that your fiery spirit, while a great driver, can also lead to impulsivity. Maintain balance by pausing, reflecting, and thinking through decisions.

**Lucky Numbers:** 15, 17, 20, 25, 39, 40

### Taurus: Apr 20 - May 20

Your week, Taurus, is characterized by tranquility and enjoyment. Take this opportunity to embrace life's comforts and pleasures. Spend time nurturing relationships, enjoy a home-cooked meal, or simply spend time in nature. In your work and financial dealings, rely on your practical, grounded nature, making careful and deliberate decisions.

**Lucky Numbers:** 8, 14, 19, 20, 21, 30

### Gemini: May 21 - June 20

As a Gemini, you thrive on variety, communication, and learning. Attend social gatherings, engage in vibrant discussions, and let your curious mind explore new subjects. Remember, as much as you enjoy being socially active, downtime is essential to recharge your batteries. As per the planetary positions and transits, the third phase of this week will be more favourable for your income and sources related to your income.

**Lucky Numbers:** 6, 12, 15, 17, 30, 32

### Cancer: June 21 - July 22

This coming week, Cancer, you'll find your already sharp intuition and emotional understanding heightened. It's a potent time for introspection, self-understanding, and deepening your bonds with loved ones. Despite of efforts by your opponents to malign your image, you will be able to maintain a good reputation. In personal life you will have many good moments to cherish.

**Lucky Numbers:** 14, 19, 21, 25, 27, 30

### Leo: July 23 - Aug 22

As a natural-born leader, you'll find yourself drawing people in and commanding attention effortlessly. Use this influence to inspire and lead, but remember, your real strength lies in empowering others. Students would need to work harder in some subjects due to lack of preparations. In health there might be small issues like cough, common cold, and headache.

**Lucky Numbers:** 3, 9, 18, 20, 22, 26

### Virgo: Aug 23 - Sept 22

Your natural inclination towards diligence and perfectionism can push you to work hard but remember to take time for relaxation and enjoyment. While your meticulous nature can lead to great professional achievements, try not to be overly critical of yourself or others. There will be also a decent progress in the livelihood areas as well. You will make new contacts with some good people.

**Lucky Numbers:** 5, 10, 11, 18, 23, 40

### Libra: Sept 23 - Oct 22

The coming week is centred around harmony, balance, and diplomacy. Take this time to restore equilibrium in your life, whether in personal relationships, at work, or within yourself. Your natural knack for mediation could be beneficial in resolving conflicts and fostering a peaceful environment. In the academic areas, your planets are hinting towards a comprehensive success overall.

**Lucky Numbers:** 1, 9, 14, 15, 20, 23

### Scorpion: 23 Oct - 21 Nov

Your passionate and intuitive nature will push you to seek out profound experiences and relationships. Embrace this transformative energy and allow it to spur personal growth. Be mindful, though, of your tendencies to become overly secretive or possessive. In the second phase of next week, there will be more expenses. You might suffer from a bad stomach and indigestion issues. However, the weekend will be better.

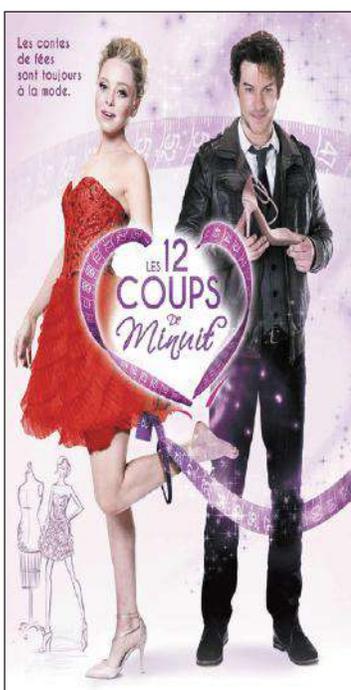
**Lucky Numbers:** 3, 7, 12, 15, 30, 36



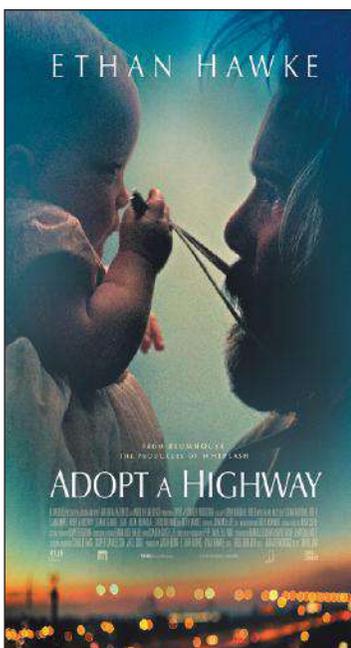
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# Programme TV



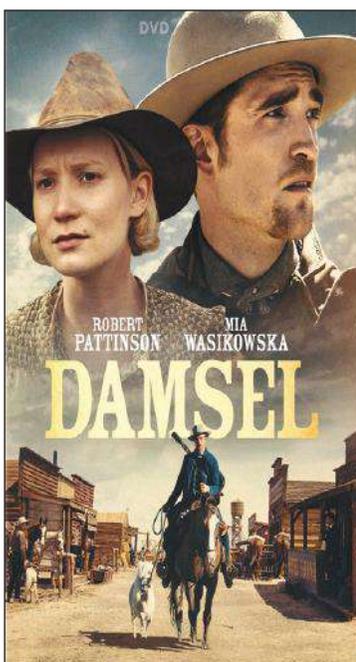
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<b>samedi 1 juillet</b>	05.40 Tele: La Beaute Du Diable 06.37 Tele: Le Chemin Du Destin 06.55 Le Livre Perdu Des Sortileges 07.45 Serial: L.A.'S Finest 08.25 Serial: Blue Bloods 09.12 Serial: Wanted 09.55 Serial: Deux Flics à Miami 10.45 Serial: Kojak 11.35 Tele: Le Chemin Du Destin 12.00 Le Journal 12.25 Serial: The Magicians 13.25 Tele: Missing Bride 15.20 Film: The Lion Woman 17.15 Tele: Tour De Babel 18.00 Live: Samachar 20.30 Film: Les Douze Coups De Minuit 22.07 Film: Elite Squad 23.04 Tele: Rubi	06.14 Local: Enn Semenn Dan Lafrik 08.33 Local: Animalia Nos Amis... 10.30 Local: Rodrig: Nou La Ter 12.02 Rodrig: 13 Minit Natir Rodrig 12.38 Local: Lir Ekirir Kreol 13.18 Local: Voyage Au Feminin 14.12 Local: Zanfan Nou Pei 15.03 Local: La Societe 17.05 Local: Come On Let's Dance 18.00 Serial: The Bionic Woman 19.00 Zournal Kreol 19.20 Magazine De L'emploi 20.10 Local: Les Petits Genies 20.44 Local: Lightning Reggae Festival 2023 23.00 Zournal Kreol 23.23 Local: Klip Seleksion 00.08 Local: Rodrig - D'jam 00.36 Local: Rodrig - Lavi Fam 01.04 Local: Saver Kiltirel	07.00 Serial: Chacha Bhatija 08.26 MBC Prod: Mati Ke Mol 10.50 Serial: Bade Acche Lagte Hai 11.52 Serial: Dikri Vahalno Dariyo 12.19 Local: Mati Ke Mol 12.44 Local: Khel Khiladi 13.10 Local Prod: Taare Zameen... 15.00 Live: Samachar 15.21 Film: Justice Chaudhury Starring: Jeetendra, Hema Malini, Sridevi 18.00 Live: Samachar 18.30 Local: Satrangi 19.16 Local: Khoobsurat 19.31 Magazine 20.00 Indian Idol Winner 2023 21.10 Film: Chhodon Naa Yaar Starring: Jimmy Sheirgill, Kim Sharma, Farid Amiri, Ahmed Khan 23.00 DDI Mag	06.12 D.Anime: Les Blagues De... 06.40 D.Anime: Gon 09.22 D.Anime: Tempete De boulettes Geantes 10.01 Serial: Malory Towers 11.05 Doc: Nepal: Snowland... 13.11 Mag: Healthy Living 15.00 D.Anime: Les Nouvelles... 15.10 D.Anime: Panda And Little... 15.47 D.Anime: Fast And Furious 16.09 D.Anime: Fangbone 16.28 D.Anime: Sam Le Pompier 16.40 D.Anime: Ubongo Kids 17.04 Mag: Lab 360 17.25 Mag: National Anthem 20.01 Tele: Le Chemin Du Destin 20.30 Live: News 21.40 Film: Get Happy! 23.25 Doc: Persons 23.29 Doc: Les Grand Mythes 23.54 Doc: Deep Sea Greed	08.00 Kabhi Kabhie Ittefaq Sey 10.00 Kalari Kids 10.20 Sasural Simar Ka 2 12.06 Udaariyaan 14.05 Anupamaa 16.00 Kuch Rang Pyar Ke Aise... 18.31 Film: Blackmail Starring: Irrfan Khan, Kirti Kulhari, Arunoday Singh 20.44 Serial: Kalari Kids 20.56 Serial: Porus 21.18 Naagin Season 05 21.50 Serial: Kabhi Kabhie Ittefaq Sey
<b>dimanche 2 juillet</b>	04.40 Tele: La Beaute Du Diable 06.01 Tele: Le Chemin Du Destin 06.25 Film: Les Douze Coups De Minuit 08.05 Serial: Le Livre Perdu Des Sortileges 08.55 Film: The Lion Woman 10.50 Serial: Under Pressure 11.35 Tele: Le Chemin Du Destin 12.00 Le Journal 12.40 Film: Represailles En Arizona 14.15 Serial: The Good Doctor 15.00 Live: Samachar 15.25 Film: Little Italy 17.25 Tele: Tour De Babel 18.31 Enter: Sa Re Ga Ma Pa 19.16 Sayings Radha Krishna 19.30 Le Journal 20.30 Film: Adopt A Highway With: Ethan Hawke, Chris Sullivan 21.47 Serial: Pulse	06.00 Rodrig: D'Jam 06.26 Rodrig Prog: Kot Nou 06.45 Local: En Forme 07.23 Rodrig Prog: Komanter 09.18 Local: Les Petits Genies 10.10 Local: Glwar Dantan 11.00 Local: Nu Rasinn 12.02 Local: Les Petits Genies 12.30 Local: Lightning Reggae... 14.00 Local: Elle 15.00 Local: Astuces Du Chef 17.30 Local: Glwar Dantan 18.00 Serial: The Bionic Woman 19.00 Zournal Kreol 19.20 Local: Inspiration 20.45 Local: Les Klips 21.44 Local: Elle 22.36 Local: Retrouvizer 23.20 Local: Rodrig: Sa Lavi-La 00.37 Local: Nu Lakwizin 01.08 Rodrig Prog: Komanter	07.00 Serial: Chacha Bhatija 09.00 Duniya Mein Is Saptah 09.32 MBC Production 12.02 Film: Piku 14.08 Mag: DDI Mag 14.59 Live: Samachar 15.30 Local: Satrangi 15.58 Duniya Mein Is Saptah 16.15 Local: Khoobsurat 18.00 Live: Samachar 18.29 Sayings Radha Krishna 19.00 Local: Tohar Rashi 19.30 Local: Tohar Farmaish 20.10 Local: Yaadein 20.30 Serial: Porus 21.02 Serial: Naagin Season 3 21.44 Serial: Crime Patrol 22.27 Serial: Chhotki Dulhin 23.11 Serial: Bhaag Na Bachhe Koi 00.12 Local: Planet Bollywood 00.53 Local: Tohar Rashi	06.28 D.Anime: Les Blagues De... 06.51 D.Anime: L'Heure Du Conte 07.13 D.Anime: Paf Le Chien 10.11 Serial: Malory Towers 11.04 Mag: Rev: The Global Auto... 11.35 Mag: In Good Shape 12.06 Doc: Sur Les Traces Du... 13.26 Doc: Deep Sea Greed 15.04 D.Anime: PAF Le Chien 15.06 D.Anime: Panda And Little... 15.18 D.Anime: La Petite Ecole... 15.49 D.Anime: Fast And Furious 16.32 D.Anime: Ubongo Kids 17.03 Mag: Sand Tales 18.00 Doc: World Capitals 18.28 Doc: Foodland 19.00 Mag: Healthy Living 20.00 Tele: Le Chemin Du Destin 20.30 Live: News 21.42 Film: Asher La Derniere Mission	00.00 Sasural Simar Ka 2 02.05 Udaariyaan 04.00 Anupamaa 05.53 Kuch Rang Pyar Ka Aise... 08.00 Kalari Kids 08.13 Main Maike Chali Jaungi... 10.02 Kundali Bhagya 12.00 Bade Acche Lagte Hai 2 14.03 Kismat Ki Lakiron Se 16.00 Jijaji Chhat Par Hain 18.32 Film: Paathshaala Starring Ayesha Takia , Nana Patekar, Shahid Kapoor 21.31 Serial: Kalari Kids 21.45 Serial: Naagin Season 22.25 Serial: Bade Acche Lagte Hai 2 23.09 Serial: Main Maike Chali Jaungi Tum Dekhte Rahiyo
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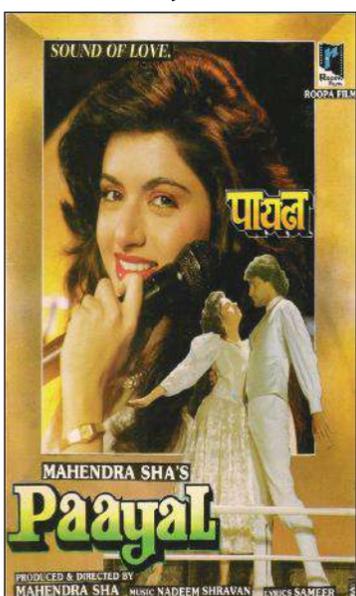
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Mercredi 5 Juillet - 15.12



Mercredi 5 Juillet - 20.50



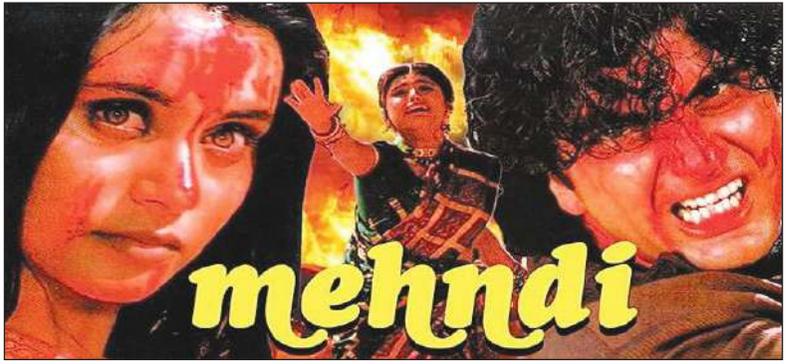
# Programme TV



	MBC 1	MBC 2	MBC 3	MBC 5	Bollywood TV
<b>mardi 4 juillet</b>	06.00 Serial: New Amsterdam 07.15 Serial: Le Livre Perdu Des... 08.09 Serial: L.A.'S Finest 08.54 Serial: Blue Bloods 09.40 Tele: Le Chemin Du Destin 10.05 Local: A Que No Me Dejas 10.30 The Gardener's Daughter 10.55 Tele: Marimar 12.00 Le Journal 12.25 Tele: Sublime Mensonge 13.15 Tele: Fierce Angel 13.45 Tele: Imperio De Mentiras 14.10 Serial: L'Incrovable Hulk 15.21 Film: Repesaillies En Arizona 17.30 The Gardener's Daughter 17.59 Live: Samachar 18.31 Serial: Wagle Duniya 18.55 Serial: Mere Dad Ki Dulhan 20.30 Film: Split Avec: James McAvoy, Anya Taylor-Joy, Betty Buckley	07.31 Local: Tous Egaux 09.00 Prod: Deba Klima 10.00 Local: Radio Vision 11.00 Local: Le Rendez Vous... 12.03 Rodrig: Feminin Pluriel 12.25 Eclairage Economique 13.03 Local: Tous Egaux 14.42 Rodrig Prog: Saver Lokal 15.10 Prod: Deba Kliba 16.04 Local: Le Rendez Vous... 17.12 Local: Radio Vision 18.00 Tele: Imperio De Mentiras 18.32 Tele: A Que No Me Dejas 19.00 Journal Kreol 19.30 Rodrig Prog: Plat Du Chef 19.48 Local: Son Ladan Mem 21.30 Local: Radio Vision 22.22 Local: Mots & Ecrits 22.51 La Journee Sous Le Regard 23.45 Local: Music Tour 2022	07.00 Serial: Chacha Bhatija 08.04 Local: Ved Ki Shikshayen 08.30 Local: Theatre 08.56 Excerpts From Shiv Abhishek 09.36 Local: Vaad Vivaad 10.12 Serial: Kundali Bhagya 11.33 Serial: Radha Krishna 12.00 Film: Saveray Wali Gaadi Starring: Sunny Deol, Poonam Dhillon, Prem Chopra 15.00 Live: Samachar 15.30 Serial: Badki Malkaain 15.59 Serial: Jijaji Chhat Par Hain 18.00 Live: Samachar 18.30 Local: Tark Vitark 19.00 Local: Bhojpuri Dhamaka 20.00 Chikitsa Aur Swasthya 20.30 Film: Aasmaan 23.35 Serial: Jijaji Chhat Par Hain 00.11 Serial: Yeh Teri Galiyan	06.03 Mag: Eco At Africa 08.52 Mag: Tomorrow Today 09.21 Mag: Washington Forum 10.32 Doc: Boom! 11.35 Doc: Sweet Magic 11.59 Mag: The 77 Percent 13.02 Mag: In Good Shape 14.11 Doc: Nobel Prize 14.20 Mag: Tomorrow Today 15.06 D.Anime: PAF Le Chien 15.22 La Petite La Petite Ecole... 15.41 D.Anime: Fast And Furious 16.04 D.Anime: Fangbone 16.31 D.Anime: Sam Le Pompier 16.40 D.Anime: Ubongo Kids 17.07 Mag: N*Gen 17.37 Mag: National Anthem 17.54 Doc: Sweet Magic 18.01 Rev: The Global Auto... 18.26 Mag: Healthy Living 18.56 Doc: World Heritage	14.25 Zindagi Mere Ghar Aana 15.11 Film: Karz Chukana Hai Starring Govinda, Juhi Chawla 18.00 Live: Samachar 18.30 Kundali Bhagya 19.03 Udaariyaan 19.33 Kuch Rang Pyar Ke Aise... 20.06 Sasural Simar Ka 2 20.38 Radha Krishna 21.08 Anupama 21.37 Mere Sai 22.08 Kismat Ki Lakiron Se 22.38 Kabhi Kabhie Ittefaq Sey 23.06 Patiala Babes 23.30 Film: Karz Chukana Hai Starring: Govinda, Juhi Chawla 02.11 Kundali Bhagya 02.33 Udaariyaan
<b>mercredi 5 juillet</b>	07.10 Film: Les Douze Coups De Minuit 08.45 Serial: The Bionic Woman 09.30 Tele: Le Chemin Du Destin 10.05 Tele: A Que No Me Dejas 10.30 The Gardener's Daughter 10.55 Tele: Marimar 11.15 Serial: Anomalia 12.00 Le Journal 12.25 Tele: Sublime Mensonge 13.15 Tele: Fierce Angel 13.45 Tele: Imperio De Mentiras 14.15 Serial: The Bionic Woman 15.21 Film: Adopt A Highway 17.30 The Gardener's Daughter 18.31 Serial: Wagle Ki Duniya 18.55 Serial: Mere Dad Ki Dulhan 19.30 Journal & La Meteo 20.30 Local: Focus Live 21.30 Serial: Chicago Med 22.15 Film: Damsel 23.35 Le Journal	07.05 Local: Les Grands Moments 08.07 Local: Priorite Sante 08.29 Local: Paroles Agricoles 09.13 Local: Zeness Dime 10.36 Rodrig Prog: Promnad 10.53 Local: Music Tour 2022 12.15 Local: Son Ladan Mem 13.05 Local: Priorite Sante 13.53 Local: Zeness Dime 14.30 Local: Rodrig: Rod'Art 15.03 Local Prod: Nu Rasinn 16.00 Local: Glwar Dantan 17.09 Local: Music Tour 2022 18.00 Tele: Imperio De Mentiras 18.33 Tele: A Que No Me Dejas 19.00 Journal Kreol 19.20 Le Magazine De L'Emploi 19.30 Local: Rodrig Spor 20.03 Local: Saver Kil Tirel 21.00 Local: Agri Ensemble 21.30 Local: Les Kliips 22.22 Local: Toile De Fond	07.00 Serial: Chacha Bhatija 08.26 Local: Bhojpuri Dhamaka 08.56 Prakriti Ki Gud Mein 09.22 Chikitsa Aur Swasthya 10.00 Serial: Jijaji Chhat Par Hain 11.32 Serial: Radha Krishna 12.00 Film: Aitbaar Starring: Raj Babbar, Dimple Kapadia, Suresh Oberoi, Danny Denzongpa 15.30 Serial: Bhagwan Ab Ho Kitne Door 17.30 Serial: Radha Krishna 18.00 Live: Samachar 18.30 Other: Radha Krishna 19.00 Local: Kala 20.00 Local: Virasat 20.35 Film: Benaam Badshah Starring Hiba Nawab, Nikhil Khurana, Anup Upadhyay 23.10 Serial: Jijaji Chhat Par Hain 23.33 Serial: Yeh Teri Galiyan	06.45 Mag: Red Carpet 08.49 Doc: Nobel Prize 09.58 Doc: Fine Arts Sculptures 10.40 Doc: The Healing Power... 11.28 Mag: Rev: The Global Auto... 11.54 Mag: Healthy Living 12.28 Doc: World Heritage 12.59 Mag: Check In 14.22 Doc: Nobel Prize 15.00 D.Anime: PAF Le Chien 15.22 D.Anime: Panda And Little... 15.45 D.Anime: Fast And Furious 16.08 D.Anime: Fangbone 16.32 D.Anime: Sam Le Pompier 16.40 D.Anime: Ubongo Kids 17.10 Serial: N*Gen 17.36 Mag: National Anthem 17.36 Mag: Carnet De Sante 18.00 Mag: Motorweek 19.00 Student Support Prog... 20.00 Tele: Le Chemin Du Destin	14.25 Zindagi Mere Ghar Aana 15.24 Film: Paayal Starring: Himalaya, Bhagyashree, Farida Jalal 18.00 Live: Samachar 18.30 Kundali Bhagya 19.00 Udaariyaan 19.30 Kuch Rang Pyar Ke Aise... 20.00 Sasural Simar Ka 2 20.30 Radha Krishna 21.06 Anupama 21.36 Mere Sai 22.05 Kismat Ki Lakiron Se 22.31 Kabhi Kabhie ittefaq Sey 22.58 Patiala Babes 23.31 Film: Paayal Starring: Himalaya, Bhagyashree, Farida Jalal 02.00 Serial: Kundali Bhagya
<b>jeudi 6 juillet</b>	06.00 Serial: New Amsterdam 07.10 Serial: Le Livre Perdu Des Sortilèges 08.00 Serial: Chicago Med 09.35 Tele: Le Chemin Du Destin 09.55 Tele: A Que No Me Dejas 10.25 The Gardener's Daughter 10.50 Tele: Marimar 12.00 Le Journal 12.25 Tele: Sublime Mensonge 13.15 Tele: Fierce Angel 13.45 Tele: Imperio De Mentiras 14.10 Serial: L'incroyable Hulk 15.22 Film: Damsel 17.15 The Gardener's Daughter 18.00 Live: Samachar 18.30 Serial: Wagle Ki Duniya 18.56 Serial: Mere Dad Ki Dulhan 19.30 Le Journal 20.30 Film: Vikram Vedha Stars: Saif Ali Khan, Hrithik Roshan, Radhika Apte	07.09 Local: Toc Toc Doc 09.09 Local: Toile De Fond 11.17 Local: Les Kliips 12.03 Local: Rodrig Spor 12.34 Local: Saver Kil Tirel 13.05 Local: Toc Toc Doc 13.20 Local: En Forme 13.35 Local: Agir Ensemble 13.57 Rodrig: Klip Seleccion 16.10 Local: Come On Let's Dance 17.05 Local: Radio Vision 18.00 Tele: Imperio De Mentiras 18.31 Tele: A Que No Me Dejas 19.00 Live: Zournal Kreol 19.20 Rodrig: Li Bon Ou Konnin 19.40 Le Magazine De L'emploi 19.48 Local: Les Grandes Lignes 20.30 Local: Mots & Ecrits 20.58 Local: Radio Vision 23.00 Le Journal 23.20 Local: Groov'in	07.00 Serial: Chacha Bhatija 08.04 Mag: Tirth Yatra 08.27 Vishwa Hindu Parishad 08.53 Local: Anjoria 09.19 Local: Virasat 09.28 Local: Gyan Vigyan 10.03 Serial: Suhani Si Ek Ladki 11.27 Radha Krishna 12.00 Film: Chatpati Starring: Smita Patil, Raj Kiran, Reema Lagoo 15.30 Serial: Badki Malkaain 16.00 Serial: Agniphera 18.00 Live: Samachar 18.30 Local: Amrit Vaani 19.11 Local: Sawdhan... Against 19.37 Local: Akshay Dhaara 20.01 Local: Hunarbaaz 20.30 Serial: Surya Puraan 21.37 Serial: Jag Jaanani Maa 22.42 Jijaji Chhat Par Hain	06.03 Mag: Motorweek 09.25 Doc: Fine Arts Sculptures 09.32 Doc: Focus On Europe 10.39 Beyond Men And Masculinity 11.26 Doc: Sweet Magic 12.00 Mag: Vous Et Nous 12.25 Doc: World Heritage 13.04 Doc: The Inside Story 13.34 Doc: Tree Stories 15.04 D.Anime: Kids Songs 15.22 D.Anime: Panda And Little... 15.34 D.Anime: La Petite Ecole... 15.42 D.Anime: Fast And Furious 16.10 D.Anime: Fangbone 16.39 D.Anime: Ubongo Kids 17.10 Mag: Lab 360 17.36 Mag: Healthy Living 17.54 Doc: Sweet Magic 17.55 Doc: Eco India 18.30 Mag: Shift 18.42 Mag: Carnet De Sante	14.25 Zindagi Mere Ghar Aana 15.21 Film: Mehndi Stars: Faraaz Khan, Rani Mukerji, Ushma Rathod 18.00 Live: Samachar 18.30 Kundali Bhagya 19.00 Udaariyaan 19.30 Kuch Rang Pyar Ke Aise... 20.00 Sasural Simar Ka 2 20.30 Radha Krishna 21.02 Anupama 21.30 Mere Sai 22.01 Kismat Ki Lakiron Se 22.31 Kabhi Kabhie Ittefaq Sey 22.59 Patiala Babes 23.30 Film: Mehndi Stars: Faraaz Khan, Rani Mukerji, Ushma Rathod 02.12 Kundali Bhagya 02.30 Serial: Udaariyaan

**BTV** Jeudi 6 Juillet - 15.30 Stars: Faraaz Khan, Rani Mukerji, Ushma Rathod

**MBC 1** Jeudi 6 Juillet - 20.30 Stars: Saif Ali Khan, Hrithik Roshan, Radhika Apte



# A Message of Unity



Nita Chicooree-Mercier

An unprecedented event was held at the United Nations headquarters in New York in June 21. At the behest of Sri Narendra Modi, the Prime Minister of India, International Yoga Day gathered representatives of 181 countries in a highly symbolic place for a mega performance of yoga directed by a young lady on a stage where the presence of young yoga practitioners stood for a sense of continuity in future generations. What deeper meanings does the message of unity delivered by the Prime Minister of India carry?

By now regular yoga practitioners are fully aware of the unity of different parts of the body in the exercises, the asanas that enable a proper circulation of energy within the body and the harmony generated by the breathing techniques accompanying the physical exercises. Relaxation of tense muscles in a series of asanas de-stresses the mind and creates mental peace. Unity of body and mind connects to the energy around us and, at a higher level, is yoked to the Cosmic Energy.

But the world largely has a first level understanding of the Indian PM's message: that of humanity as one family and is unlikely to grasp the full meaning of that unity. It may be interpreted as an idealist concept, an ideology crafted by well-wishers just as other ideologies spawned by intellectuals and thinkers in the last two centuries in a bid to create a new breed of men, men conditioned to adopt a new way of considering the political and economic system of their countries. Further back in history, centuries ago the grand enterprise to create the new man had been undertaken at a religious level. All these ideologies were forced down the throat of people by the sword, and they died out gradually in the course of time.

Humanity as one family did not crop up from the figment of a solitary thinker's imagination on a rainy day. It is a scientific fact grounded in the observation of evolutionary human conditions and the exploration of the human spirit on the earth from time immemorial. The concept has an organic basis which other cultures lack and may not fully comprehend. It is a key component of thinking and ethos India's Hindu civilization has bequeathed to its people and to the world.

It did not escape our notice that the message of unity is not easy to deliver in a tense political climate in Eastern Europe, Africa and the Indo-Pacific region, not to mention within India itself and the threats at its borders. Warring factions result from conflictual interests and reflect the tumultuous state of international relationships prevailing in the world. A reality which does not make the Indian PM's message of unity



Narendra Modi addressed a grand yoga session at the UN lawns in New York, in an effort aimed at taking yoga to a global stage. Pic - NDTV

irrelevant. It is a necessary reminder of the basic condition of humanity.

A mega showcase of yoga at the UN headquarters loftily towers as a huge stepping stone in the construction of unity among nations. The United Nations itself has been sporadically torn apart by lobbies vying for influence in world affairs. To put it in a nutshell, there is nothing sentimental or idealist in proclaiming and promoting the concept of humanity as one family. It should not be misinterpreted, distorted, and marred by notions which are alien to its original nature.

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Attempts to sabotage the Indian PM's address at the US Congress fizzled out. With his usual bonhomie Modiji seduced the members of the Congress, obtained unprecedented standing ovations and a star welcome with selfies and autographs at the end. And all this after playing smart diplomacy in promoting India-US relationship, securing significant deals with the Biden administration and the transfer of technology in the manufacture of weaponry.

There is no room for moral perfection in foreign policy, and the US, despite being the torchbearer of democracy in the world, is in no position to lecture other democratic nations on human rights and so on. The promotion of US-India ties rests upon a

win-win strategy for both countries with solid faith in democratic ideals. Neither is India fooled by the imperialist motive of the US to use India as a pawn against China.

After the event, former President Obama seems to have acted as the spokesperson of the three Democrat female lawmakers who boycotted the special session in echoing their favourite topic, the breach of minority rights in India. Obama, like other Democrats and the woke crowd, does not contextualize sporadic cases of violence that occur in a country of 1.4 billion population, with several languages, ethnicities and religions. Neither is he concerned by the persecution of and discrimination against minorities in India's neighbourhood.

The fact that India is home to so many people of diverse origins and religions, a unique situation among nations of the world is totally overlooked in such hasty outbursts of criticism. The long history of cultural assault of foreign ideologies on Hindu civilization and the revival of the same ideologies today in furthering their agenda with foreign funds, mainly American, is bound to create tensions. A most befitting reply came from Johnie Moore, former commissioner of US Commission for Religious Freedom: India is the most diverse country in human history - it should be celebrated instead of being criticized.



Tree of Knowledge

Madisyn Taylor

## Shake Your Tail Feathers

Over time, we have learned to suppress some of the most fun aspects of our individuality.

Most of us express our distinctiveness in many ways throughout our lives. Although, as we proudly share our offbeat traits and preferences with the world, we take great pains to downplay those eccentricities we ourselves deem odd. Instead of living lives colored by these quirky impulses, we seek out socially acceptable outlets for our peculiarities. We may not realize that we are editing ourselves in this way because our individual societal awareness is unintentionally attuned to the attitudes of the people we encounter each day. Over time, we have learned to suppress some of the most fun aspects of individuality. To rediscover and embrace these buried traits, we need only ask ourselves what we would do if we knew for certain that no one would judge our choices.

Visualizing this day without judgment can help you better understand the idiosyncrasies that are an important part of who you are but seldom manifest themselves in your existence. Perhaps you secretly dream of replacing grown-up, conservative clothing in favor of a changing array of costumes. You may envision yourself painting your car electric-green, hugging the trees in a crowded local park, singing joyous songs as you skip through your community, or taking up an exciting hobby like fire spinning. Try not to be surprised, however, if your imagination takes you in unexpectedly simple directions. In your musings, you may see yourself doing things such as breaking out in dance or dying your hair a fun color. Regardless of the nature of your suppressed peculiarities, ask yourself what is really stopping you from making them a part of your life, and then resolve to incorporate at least one into your everyday existence.

Life as we know it is so short. Making the most of years we are granted is a matter of being ourselves even though we know that we will inevitably encounter people who disapprove of our choices. When you shake your tail feathers like no one is watching, you will discover that there are many others who appreciate you because you are willing to let go of any inhibition. By doing this you help others know it is okay. No one else in the world is precisely like you and, each time you revel in this simple fact, you rededicate yourself to the celebration of individuality.