

# MAURITIUS TIMES

• *"Never underestimate the power you have to take your life in a new direction." -- Germany Kent*

Interview: Me Yousuf Mohamed

**“ Le judiciaire n'a jamais flanché, et je ne pense pas que le judiciaire va nous laisser tomber ”**

+ Voir Pages 6-7-8



## 2020: Mostly a year of evils



*The question is: as we have turned the page on 2020, can we do a similar, moral turnaround within ourselves?*

Dr R Neerunjun Gopee + See Page 3



## January 7, 2021 - A New D-Day

*As horrific as the assault on the Capitol was, the transition from January 6 to January 7 was indeed a celebration of Democracy Day*

By Anil Madan + See Page 18

## The U.S. Capitol raid was a failed self-coup previously seen in dying regimes

*It is not just that power checks power, but that each branch performs a distinctive function in co-ordination with the others*

By Max Cameron, University of British Columbia \* See Page 2





# Loss of Focus

There is a parallel between the way events are rolling out in our country and in America. Though it's nothing to be proud about either way. In 2016 Donald Trump came in as the new President with a bang of victory and he is soon to leave office after triggering a bang of violence on the Capitol, the citadel of democracy in his country. Inspired by him, a rowdy, armed crowd stormed in to disrupt what was, after all, *still* his own government in session to take a final call on the election results held in November. What has been deemed as sedition has nullified any whiff of good that he may have done, policy-wise, to his country during his four years in office. And he is likely to leave in ignominy, with the sword of Damocles called impeachment hanging over his head.

In November 2014 the local ruling dispensation was returned with a bang too, a landslide that took on an unfolding pandemic and achieved relative success in controlling it. It has ended 2020 with a different kind of bang, a negative one like Trump's. And very loud too, with many rattling skeletons tumbling out of the procurement cupboards and mysterious deaths by violence. Louder still the military deployment at Port Louis for appearance in Court of a Minister for an alleged criminal offence.

Drowned in all this noise is whatever good the government may claim to have done to the people since its installation. As we start the year 2021, the murky and sordid details of several investigations that will be under way and the morbid accounts of what will be transpiring in the court cases will keep occupying media space. This is compounded by the lid on needed information that was being clamped in our own paler version of the temple of democracy which has now gone underground for three months. More darkness. Oh Transparency, where art thou?

Instead of fulfilling its due role of meeting the needs and expectations of the people, politics will be increasingly concerned with defending the indefensible as it tries to salvage the lost reputations of those that are savaging it, diverting its energies and resources away from attending to the issues of more immediate importance and relevance to the livelihood of the masses. The opposition will have no choice but to keep responding in kind so as not to be left behind and to mark its presence.

Jobs lost, swelling unemployment figures, industries shutting down, our receding international image, being on the European Union black list – will they get the serious attention and the thinking that they deserve so as to find the viable, short- and long-term solutions that they are crying for? There is real risk of loss of focus as we will continue to grapple with the problems that are being generated from within the ranks of government, which we could mercifully have been spared of.

If. If only instead of deviating from established procedures and abiding by sound governance principles those in power had continued to build up on the goodwill and trust they had been granted at the beginning of their mandate. Today they might have walked freely anywhere in the country with heads held high and without the need for a quasi-military shield to guard them from contact with the very people they go to beg for votes.

Continuing down this road forebodes the advent of another troubling year on the political and economic fronts, with a disintegrating social fabric, all of which threaten to take us to the rock bottom.

## The Conversation

# The US Capitol raid was a failed self-coup previously seen in dying regimes

*It is not just that power checks power, but that each branch performs a distinctive function in co-ordination with the others*

The storming of the United States Capitol may have failed to disrupt the certification of the election of Joe Biden and Kamala Harris, but it enacted a script favoured by coup-mongers around the world.

All that was missing was the intervention of the armed forces. The inaction of the Capitol Police contributed to the security breach, but the Pentagon remained above the fray.

The melée in Washington looked like the early stages of what in the Latin American context would be described as an attempted "self-coup" or *auto-golpe*. That's defined as an interruption of the constitutional and democratic order by means of the closure of congress and suspension of the constitution, typically followed by rule by decree and the perpetuation in power of an autocratic ruler. Variations on this script have been played out in Peru (1992), Russia (1993) and Guatemala (1993).

Reaching further back into history, examples of ambitious politicians disrupting established institutions to retain power can be found in the coup of the 18th Brumaire by Louis-Napoléon Bonaparte (the nephew of Napoléon Bonaparte) in France (1851), Oliver Cromwell's dissolution of the Rump Parliament in 1653 and the rebellion of the Gracchi brothers in Rome (133-121 BCE).

## 'Jarring affront'

Such episodes were not supposed to occur in the United States. The storming of the Capitol was a jarring affront to a revered symbol of the U.S. Constitution and government.

The United States has often held itself up to the rest of the world as an example of how to avoid the violence and corruption that doomed Rome and enfeebled European absolutist monarchs.

The attempted solution lay in a particular understanding of the separation of powers, an innovative model based not on parliamentary supremacy but on the explicit and intentional construction of checks and balances designed to uphold and protect the rule of law against the ambitions of unscrupulous rulers.



Trump supporters try to break through a police barrier on Jan. 6, 2021, at the Capitol. Photo - AP

This system, which contemporary political scientists call presidentialism because it involves the separate election of the executive and legislative branches of government for fixed and (typically) limited terms, has been adopted by new democracies around the world. But many scholars have noted the fragility of presidentialism especially in countries where there are many parties and the rule of law is uneven because it creates competition and duelling claims of legitimacy among the various branches of government and political parties.

Today we see that weakness in a two-party system where the rule of law is supposed to be secure. What can the United States learn from the breakdown of presidential democracies elsewhere? The "slow death" of democracy typically starts with constitutional violations.

## Egregious assault

Donald Trump's attack on Congress by inciting his mob of supporters to raid the Capitol was not his first assault on the constitutional separation of powers, but it was his most egregious for three reasons.

First, Trump used his office to incite the mob to attempt to influence the legislature. Second, his refusal to concede the election was itself an abuse of power: it is not up to the president to judge the outcome of an election. Third, and most shockingly, Trump and his enablers believe the president is *de legibus solutus* -- that is, not subject to the rule of law.

Max Cameron,  
University of British Columbia

\* Cont. on page 9

## Mauritius Times

Founder/Editor: Beekrumsing Ramlallah - Aug 1954-Sept 2000

Editor-in-chief: M. Ramlallah / Senior Editor: Dr RN Gopee  
*This epaper has been produced with the assistance of*

Doojesh Ramlallah, Sultana Kurmally and Kersley Ramsamy

Pearl House 4th Floor Room 406 - Sir Virgil Naz Street, Port Louis  
Tel: 5-29 29301 Tel/Fax: 212 1313



mtimes@intnet.mu



www.mauritiustimes.com



facebook.com/mauritius.times





Dr R Neerunjun Gopee

# 2020: Mostly a year of evils

*The question is: as we have turned the page on 2020, can we do a similar, moral turnaround within ourselves?*

The Oxford English Dictionary has the following entries under 'evil': 1. morally bad; wicked 2. Harmful, or tending to harm, especially intentionally or characteristically.

In the Hindu worldview, the creation is a constant interplay of two forces which are trying to outdo each other. The force of Dharma or righteousness which tries to uphold and sustain the integrity of the world and thus is constructive and meant for the good of one and all. It is opposed by the force of Adharma or unrighteousness which is destructive and is directed at causing harm all around.

Are also recognized four eras or yugas: Satyuga, Dwaparyuga, Tretayuga, Kaliyuga. It is said that in Satyuga Dharma prevails in all countries; in Dwaparyuga Dharma and Adharma are present but are in separate countries; in Tretayuga they are present in the same country but in different regions; in Kaliyuga they are both present in the same person.

We are currently considered to be in the Kaliyuga era.

Though not quite the same, we may for the present purposes translate Dharma and Adharma as good and evil.

There is no gainsaying that the Covid-19 pandemic is the traumatizing event that has dominated in 2020. History will definitely remember it as the year of the Covid. However, coronavirus and its impacts, although they have caused us much harm, cannot be called dharmic or adharmic, good or evil, for one cannot ascribe any intentionality. Rather, they are morally neutral.

Not so the tumultuous events which have rocked the world, because they are a direct consequence of the prevalence of evil over good in the minds of men. Because what happens in the US is most widely reported the world over, the defiance of outgoing President Trump who to this day refuses to accept the results of the US elections – namely that he lost – aptly exemplify this phenomenon.

But it has also been seen in a number of other countries where violence gripped the streets to protest against elections that were considered to be rigged, or where constitutions were tweaked to self-allow certain rulers to remain in power. Pure Adharma, evil.

And it is not as if our country has been spared. The examples are numerous, but perhaps the ones that will remain etched in our collective memory are the as yet



“If there is one lesson that the Trump-inspired attack on the Capitol in Washington may yet teach us, it is to prevent him from holding any future office which appears as a significant one and that testifies to the resilience of US democracy. It is about time that we have a similar provision and powers in our own Constitution. Why, though, limit it to the President only? It should apply to others who hold the public office of representing the people...” Photo - AFP”

unresolved controversies and contradictions relating to procurements of medical supplies for the pandemic, and the drug-related deaths of which the most tragic was that of WPC Dimple Raghoo.

Saying that we are currently in Kaliyuga is an observational statement of fact. It does not mean there is an inevitability, that we cannot change the situation for the better, that is, make good rather than evil prevail. For that, the starting point is that the human being must himself/herself be good, and have no intention or tendency to harm. If such a tendency exists, using one's faculties of reasoning and discrimination – more so when one has had the privilege of being educated – it is certainly possible to recognize it, and then to correct and eventually to overcome it. This requires following a certain disciplined way of life whereby one would imbibe the sound human values which in turn would guide us towards doing good rather than harm.

Our sages have explained that this is possible, and have shown the way. Because we have preferred to look away from them, we have fallen into bad ways and caused immense harm to other fellow human beings, death, the destruction of our society.

The question is: as we have turned the page on 2020, can we do a similar, moral turnaround within ourselves? Can we seek counsel from those who mean only the good of all, our sages? It is an individual decision for those who have spent the year scheming, perpetrating harm. And Dharma is not something that one merely talks about from the pulpit or the soap box, pretending to know what it means and implies. It is to be understood, put into practice. No one can deny that this is the greatest need of 2021 – everywhere, and very urgently so here in our country.

Despite the questions that continue to be asked about the various anti-Covid vaccines and the difficulties being faced in their rollouts, at least we can take comfort in the fact that there are thousands of good human beings, healthcare and associated personnel who have toiled and continue to devote themselves for the sake of Covid sufferers. And also the equally numerous scientists around the world who have worked jointly to study and characterize the virus and its health impacts, devise more effective treatments and continually update prevention strategies which benefit us all.

As against this – for this is Kaliyuga, remember? – are those who are playing 'vaccine politics'. Political observers in India have expressed their dismay at the use of this tactic in a bid to win votes by Chief Minister of West Bengal Mamata Banerjee. While campaigning, she is promising free vaccines to all. As an analyst has argued with facts and figures, West Bengal does not have the money to do so. However, more relevant is that the vaccine project is a central government one, and importantly its financing, and not a State subject. Technically, therefore, the CM has no say in the matter at that level; it is only as regards the distribution and administration of the vaccine that the State has responsibility, which of course makes sense. Elsewhere there are other kinds of vaccine politics being played, but it's dirty vaccine politics none the less.

To come back to America, we learn that the Congress is planning to initiate impeachment procedures against President Trump. Even though this may not happen before he leaves office on the 20th January, apparently the Constitution provides that even after he has left office proceedings may go on.

As the *New York Times* notes: 'The Constitution allows Congress to remove presidents, or other officers of the executive branch, before their terms are through if lawmakers believe they have committed "treason, bribery or other high crimes and misdemeanors".'

“Saying that we are currently in Kaliyuga is an observational statement of fact. It does not mean there is an inevitability, that we cannot change the situation for the better, that is, make good rather than evil prevail. For that, the starting point is that the human being must himself/herself be good, and have no intention or tendency to harm. If such a tendency exists, using one's faculties of reasoning and discrimination – more so when one has had the privilege of being educated – it is certainly possible to recognize it, and then to correct and eventually to overcome it...”

But what is of still greater interest is the fact that 'the Senate has the power both to remove Trump from office and to prevent him from holding any future office'. (italics added)

If there is one lesson that the Trump-inspired attack on the Capitol in Washington may yet teach us, it is to prevent him from holding any future office which appears as a significant one and that testifies to the resilience of US democracy. It is about time that we have a similar provision and powers in our own Constitution.

Why, though, limit it to the President only? It should apply to others who hold the public office of representing the people.

Something to seriously think about as 2021 unfolds.



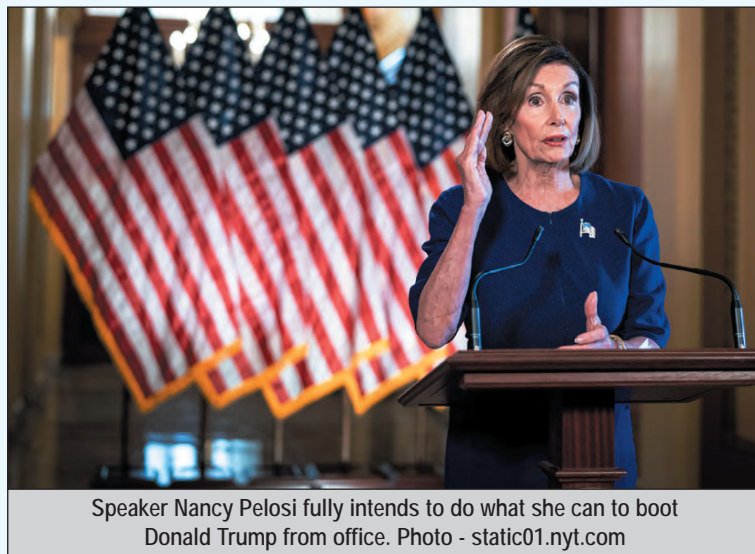
# Trump facing impeachment proceedings

If last week in Washington DC was all about making sure Joe Biden can take office on 20 January, this week is all about Democrats (and some Republicans) trying to get Donald Trump out of the White House before then, reports US politics correspondent of The Independent Griffin Connolly.

Speaker Nancy Pelosi is moving with the speed and the focus of a woman who knows her life was in imminent peril last Wednesday when a Trump-incited mob stormed the Capitol to disrupt the certification in Congress of Mr Biden's electoral college victory.

Mr Trump is "deranged, unhinged, [and] dangerous," the speaker said in a surreal interview with "60 Minutes" as she surveyed her ransacked office in the US House of Representatives. She fully intends to do what she can to boot him from office.

Ms Pelosi brought the House back into session on Monday to introduce a resolution calling on



Speaker Nancy Pelosi fully intends to do what she can to boot Donald Trump from office. Photo - static01.nyt.com

vice president, Mike Pence, to replace Mr Trump as president through a clause in the 25th Amendment of the Constitution.

She's giving Mr Pence an ultimatum: he has 24 hours to consult with the president's cabinet and pull the trigger on removing Mr Trump.

If Mr Pence resists, the House will bring impeachment legislation

to the floor, Ms Pelosi told Democratic colleagues in a letter on Sunday, making Mr Trump likely to be the first public official in US history impeached twice.

That is, unless Mr Pence does in fact invoke the 25th, which is still very much on the table according to both CNN and Ms Pelosi.

Regardless, House Demo-

crats are ready.

Congressmen Ted Lieu, David Cicilline and Jamie Raskin have drawn up an impeachment article against the president accusing him of "incitement to insurrection." It already has 200 co-sponsors.

"Trump incited a violent mob that killed a police officer, beat multiple officers, attempted to assassinate the [vice president], attempted to assassinate the Speaker, [and] hunted for lawmakers. And [House GOP Leader Kevin McCarthy] wants us to forget about Jan 6 and move on? NO. We must #Impeachand Remove [the president]," Mr Lieu tweeted on Sunday.

Meanwhile, the "sedition caucus" of 127 Republican lawmakers who voted last week to toss out Mr Biden's electoral victory are facing fierce backlash from donors, constituents, and even some GOP colleagues following the attempted coup at the Capitol.

Freshman lawmaker Cori Bush is leading an effort gaining

steam in some Democratic circles to remove all 127 of them through a clause in the 14th Amendment. To be clear, such a move would fail since removing a member requires a two-thirds vote of their respective chamber. Republicans will not vote to kick out one of their own.

But the fact Ms Pelosi encourages the ongoing discussion in her *Dear Colleague* letter on Sunday demonstrates just how serious she is about the ongoing dangers to members' safety of the (deeply ironically named) "stop the steal" movement among Mr Trump and his allies.

With no social media platforms on which to vent his rage, Ms Pelosi believes there's no telling what Mr Trump might do in the next nine days.

"What if he pardons himself?" Leslie Stahl of "60 Minutes" asks Ms Pelosi in the segment that aired on Sunday.

The speaker countered with an equally ominous question.

"What if he pardons these people who are terrorists on the Capitol? What if he does that?"

## Ex-US defense secretary urges Biden to renounce sole control of nuclear weapons

A former US defense secretary has called on President-elect Joe Biden to reform the system that gives sole control of the nation's nuclear arsenal to the president, calling it "outdated, unnecessary and extremely dangerous."

The call from William Perry came the same day US House Speaker Nancy Pelosi spoke with the nation's top military leader about ensuring that an "unhinged" President Donald Trump not be able to launch a nuclear attack in his final days in office.

"Once in office, Biden should announce he would share authority to use nuclear weapons with a select group in Congress," said Perry, who served under President Bill Clinton.

He was writing in Politico magazine with Tom Collina of the Ploughshares Fund, which advocates for stronger nuclear controls, reports AFP.

They said Biden, who takes office January 20, should also declare that the United States will never start a nuclear war and would use the bomb only in retaliation.

The piece argues that the current system gives the president -- any president -- "the godlike power to deliver global destruction in an instant," an approach the authors call "undemocratic, outdated, unnecessary and extremely dangerous."

Perry, who was defense minister from 1994 to 1997, calls Trump "unhinged" and adds, "Do we really think that Trump is responsible enough to trust him with the power to end the world?"

American presidents are accompanied at all times



Joe Biden takes office on January 20. Photo - guardian.ng

by a military aide who carries a briefcase known as "the football" which contains the secret codes and information needed to launch a nuclear strike.

Perry and Collina warn that presidents possess the "absolute authority to start a nuclear war.

"Within minutes, Trump can unleash hundreds of atomic bombs, or just one. He does not need a second opinion. The Defense secretary has no say. Congress has no role."

They then ask: "Why are we taking this risk?"

Such vast presidential authority, the article notes, dates from the waning days of World War II, when president Harry Truman decided, after the nuclear horror unleashed by the bombing of Hiroshima and Nagasaki in Japan, that the power to order the use of atomic weapons should not be left in the hands of the military -- that it should be up to the president alone.

## China, Vietnam shown the way of dealing with pandemic even in absence of vaccine: IMF

China and other countries in Asia like Vietnam have shown that there is a way of dealing with a pandemic even in the absence of a vaccine, allowing the economy to get back on track, according to a top IMF official.

The playbook here is the one that includes local restrictions, rapid testing, rapid tracing and seeing these measures through until the end, until localised outbreaks subside, said Hlge Berger, Mission Chief for China and Assistant Director, Asia and Pacific Department of the International Monetary Fund (IMF).

"I think China, but not only China, but other countries in Asia, look, for example, at Vietnam, have shown that there's a way of dealing with a pandemic even in the absence of a vaccine, that will allow the economy to get back, at least close to normal operating capacity by learning how to deal with local outbreaks," Berger told reporters during a conference call.

That's an important takeaway in a narrow sense from the experience of China that is particularly applicable to low-income countries that are facing pressures for the vaccine, he asserted. "Other developments that I would stress have to do with digital enhancements of otherwise not online businesses; for example, in many low-income countries you do have well-developed electronic communication networks through cell phones. So, progress along these lines is helpful as well," he said.

Vaccines, of course, are ultimately what will be needed to make sure so that all economies and the global economy gets back to normal, defined as the pre-pandemic normal, he noted.



## U.S. eases restrictions on contact with Taiwan in jab at China



Michael Pompeo. Photo - msn.com

The U.S. will remove decades-old, self-imposed restrictions on how its diplomats and other officials interact with Taiwan, a move that may inflame tensions with Beijing just a little over a week before President-elect Joe Biden is sworn in, reports Bloomberg.

"For several decades the State Department has created complex internal restrictions to regulate our diplomats, service members, and other officials' interactions with their Taiwanese counterparts," Secretary of State Michael Pompeo said in a statement Saturday in Washington. "No more." The announcement was the latest

in a series of moves by the Trump administration to reshape the U.S. relationship with Taiwan. Donald Trump accepted a telephone call from Taiwan's President Tsai Ing-wen weeks before taking office in January 2017, has said his support for the "One China" policy was contingent on getting better trade deals, announced arms sales, and sent senior officials to Taipei.

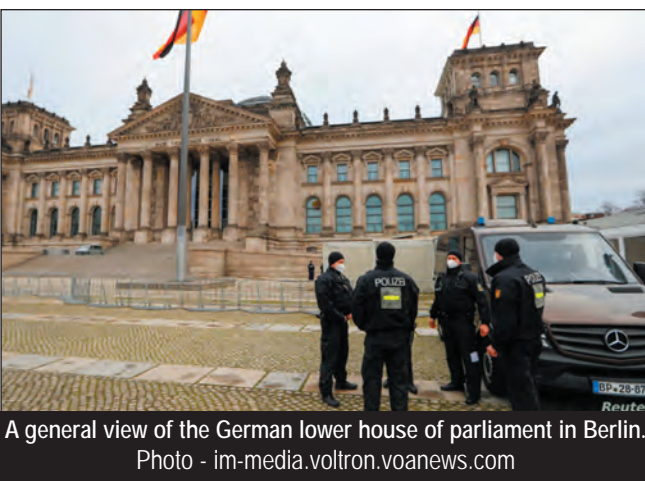
"While the implications of the announcement are not yet clear, it seems the intent is to nudge unofficial U.S.-Taiwan relations toward something more akin to official ties," said Maggie Lewis, a law professor at Seton Hall Law School who has written extensively on Taiwan and China.

China opposes meetings between U.S. and Taiwanese officials and has made no secret of its displeasure at improving ties between Washington and Taipei. The Chinese foreign ministry didn't respond to a request for comment on the latest announcement.

Taiwan's Minister of Foreign Affairs Joseph Wu said in a tweet that he was grateful to Pompeo for "lifting restrictions unnecessarily limiting our engagements."

"The closer partnership between Taiwan and the U.S. is firmly based on our shared values, common interests and unshakeable belief in freedom and democracy," the minister said.

## German parliament boosts security after U.S. Capitol riots



A general view of the German lower house of parliament in Berlin. Photo - im-media.volltron.voanews.com

Security has been stepped up at Germany's Bundestag (lower house of parliament) after the storming of the Capitol in Washington by rioters last week, Bundestag President Wolfgang Schaeuble has told lawmakers, Bild am Sonntag weekly reported.

"Berlin state police have arranged for a reinforcement of their forces around the Reichstag building," it quoted Schaeuble as saying in a letter to lawmakers.

A spokeswoman for the Bundestag

confirmed that Schaeuble had written to lawmakers about the current situation but declined to give details of the content of the letter.

Bild am Sonntag also reported that Schaeuble had asked the Foreign Ministry for a report on the Washington violence and would "clarify with the federal government and the state of Berlin what conclusions should be drawn for Bundestag security".

Angry supporters of U.S. President Donald Trump, voted out of office in a November election, broke into the Washington Capitol, seat of the U.S. House of Representatives and Senate, on Wednesday. Five people died, including a police officer.

In Berlin, protesters against coronavirus restrictions stormed the steps of the parliament building during a demonstration in August. Some were waving the far-right Reichsflagge flag.



The fund will allow for distribution of 1 billion vaccine doses to 92 developing countries.

Photo - NDTV

## UK helps raise \$1 Billion in global vaccine donations for "vulnerable countries"

Britain said on Sunday it has helped raise \$1 billion (818 million euros) from global donors towards the drive to help "vulnerable countries" access coronavirus vaccines, by match-funding contributions.

The UK said, in addition, it has committed 548 million pounds to the COVAX Advance Market Commitment (AMC), after matching with 1 pound every \$4 pledged by other donors.

Canada, Japan and Germany are among the countries to make contributions that it matched, helping the AMC raise more than \$1.7 billion in total so far.

The fund will allow for the distribution of one billion Covid-19 vaccine doses to 92 developing countries this year, according to Britain's Foreign Office.

"We'll only be safe from this virus, when we're all safe -- which is why we're focused on a global solution to a global problem," Foreign Secretary Dominic Raab said in a statement.

The announcement came as Britain marks the 75th anniversary of the first meeting of the United Nations General Assembly in London, hosting UN Secretary-General Antonio Guterres for a so-called virtual visit starting Sunday.

Guterres will on Monday meet Raab

and Prime Minister Boris Johnson, as well as Alok Sharma, who was this week designated full-time president of the UN's next major climate summit, COP26, in November.

Sharma had previously done the role part-time alongside his UK government job of secretary of state for business, energy and industrial strategy, which he left Friday.

Ahead of the virtual visit, Guterres said he was honoured to "renew our cause of overcoming global challenges together, and celebrate a country that was instrumental in creating the United Nations".

Also on Monday, Guterres and global leaders will try to reignite international environmental diplomacy with a biodiversity summit to launch a critical year for efforts to stem the devastating effects of global warming and species loss.

The One Planet Summit, a largely virtual event hosted by France in partnership with the United Nations and the World Bank, will include French President Emmanuel Macron, German Chancellor Angela Merkel and European Union chief Ursula Von der Leyen.

Compiled by Doojesh Ramlallah

# DASAUTO CO LTD

Tel: 248 3693 / 5850 1922 / 5256 4837

## BMW SPECIALIST GARAGE

- Servicing & General Repairs
- Mechanical & Electrical Problems
- Diagnosis & Coding & Programming
- Engine Overhaul/Oil &
- Water Leakages/Suspension



Me Yousuf Mohamed

# “Le judiciaire n’a jamais flanché, et je ne pense pas que le judiciaire va nous laisser tomber”



**C**'est le ministre Yogida Sawmynaden qui retient l'attention de tous cette semaine. Etant donné les déclarations du PM et les effectifs déployés le jour de sa comparution, les uns les autres s'interrogent: la classe politique aurait-elle oublié les valeurs fondamentales jusqu'au point de non-retour? Et que se passe-t-il au niveau de la police? Nous avons invité Me Yousuf Mohamed pour dénouer le nœud des événements complexes entourant l'affaire de 'Private Prosecution' logée contre le ministre du Commerce et aussi celle des 'Kistnen Papers'...

**Mauritius Times: L'affaire de 'Private Prosecution' entrée au tribunal de district de Port-Louis par la veuve de l'agent MSM Soopramanien Kistnen contre le ministre Yogida Sawmynaden paraît simple, presque 'clear-cut'. Or, les débats qui ont été engagés par les avocats des deux parties et le représentant du DPP, aux yeux des communs des citoyens, ont complexifié les choses. Dites-nous, Me Mohamed, cette 'Private Prosecution' est-elle une procédure valide, selon vous?**

**Me Yusuf Mohamed:** Il n'y a pas de 'Private Prosecution' comme tel devant le tribunal de district de Port-Louis, il n'y a qu'une 'Provisional Information', c'est-à-dire une charge provisoire. Et à mon avis, en tant que juriste, je peux vous dire que NON, cela ne tient pas la route. Les 'Avengers', comme ils s'appellent eux-mêmes, s'en rendent compte peut-être maintenant, - j'ai eu l'occasion de leur en parler -, que cela ne tient pas la route et qu'il faut entrer une 'Substantive Information' - une charge formelle devant la juridiction compétente, c'est-à-dire la Cour intermédiaire parce que cela relève d'une affaire de 'bribery'...

L'affaire doit être logée devant la Cour intermédiaire avant même que la magistrate Casamally ne rende son jugement sur les débats qui ont eu lieu jeudi dernier devant le tribunal de district de Port-Louis. Les avocats de Mme Kistnen pourraient, à partir de ce moment-là, demander à

la magistrate que l'affaire logée devant le tribunal de district soit rayée. Selon mes renseignements, mais je le dis sous toute réserve, il paraît que les 'Avengers' prendraient cette voie légale très bientôt... s'ils ne l'ont pas déjà fait.

**\* Selon l'avocat Rama Valayden, Mme Kistnen a donné une déposition formelle avec documents à l'appui le 8 décembre dernier; et ni la police, ni l'ICAC n'auraient initié une enquête jusqu'au 20 décembre, ce qui explique sa démarche en faveur d'une 'Private Prosecution'. Ce qui est donc est tout à fait justifié, n'est-ce pas?**

L'ICAC a démontré très souvent qu'elle peut initier une enquête de son propre chef, cela sans une déclaration formelle ou une plainte de qui que ce soit, comme elle l'a faite dans le cas de l'ancien président de la Mauritius

« Le meilleur agent de Navin Ramgoolam, c'est l'actuel Premier ministre et les ministres de ce dernier... Si la population trouve demain que le pays a besoin de Ramgoolam, je me rangerais du côté de la population. En tout cas, ce qui est sûr, si l'actuel gouvernement continue à fauter, Ramgoolam a toutes les chances de revenir! »

Ports Authority (MPA), Siddick Chady, et l'ex-directeur de la MPA, Prakash Maunthrooa, par rapport à l'affaire Boskalis.

La 'Prevention of Corruption Act' donne à l'ICAC le pouvoir d'ouvrir une enquête même en l'absence de déclaration formelle ou à partir d'une source anonyme. Or, je vois cela étrange qu'aucune enquête n'a été initiée malgré une déclaration formelle faite par Mme Kistnen en bonne et due forme à l'ICAC et à la Central CID. 'Nothing is done. Why?'

La population mauricienne doit se poser la question : est-ce que nos institutions sont vraiment indépendantes ou sont-elles là pour servir le gouvernement du jour même dans ses défections ou ses péchés? Le Commissaire de police, qui jouit de la protection de notre Constitution, et les forces sous son commandement ne doivent pas se mettre aux ordres du Gouvernement, quel que soit le régime en place. La police n'a pas le droit de dire qu'elle ne va pas enquêter dans tel ou tel cas au risque d'embarrasser les hommes au pouvoir.

Je me souviens que mon fils Shakeel avait fait une déclaration dans le temps contre Anerood Jugnauth; aucune enquête n'avait été faite. Voyez-vous comment cela se passe lorsqu'il s'agit d'une déclaration faite contre un ministre : aucune enquête n'a jamais eu lieu, cela alors que la République de Maurice est supposée être un Etat de droit et tous doivent bénéficier du même traitement devant la loi. Nul n'est supérieur, que l'on soit mi-nistre ou non.

Dans le temps, certaines personnes comme MM Daby et Badry avaient été poursuivis malgré le fait qu'ils fussent ministres du gouvernement de Sir Seewoosagur Ramgoolam. J'étais ministre en ce temps-là et je me rappelle des délibérations du Conseil des ministres d'alors par rapport à ces affaires. MM Daby et Badry avaient été poursuivis, trouvés coupables, et ils avaient dû démissionner par la suite...

Maintenant regardons la situation actuelle. La différence, c'est que maintenant Monsieur Jugnauth vous informe qu'il a fait une enquête et qu'il trouve qu'il n'y a pas de 'case' contre son ministre Sawmynaden. Quand le Premier ministre dit une telle chose, voyez-vous le directeur général de ICAC pouvoir agir autrement? C'est pour cela que moi qui défendais l'ICAC dans le temps et qui croyais dans son indépendance, j'affirme aujourd'hui que je ne peux plus avoir confiance en cette institution anti-corruption.

Par ailleurs, j'ai maintes fois dit à M. Jangi: 'Your police has to be independent. The Constitution provides for the police to comply with such general directions of policy with respect to the maintenance of public safety and public order as it may consider necessary as given by the Prime Minister, mais 'it shall not, in the exercise of its responsibilities and powers with respect to the use and operational control of the force, be subject to the direction or control of any person or authority'.

☞ Suite en page 7



# 'Si l'actuel gouvernement continue à fauter, Ramgoolam a toutes les chances de revenir!'

☞ Suite de la page 6

En d'autres mots, la police se doit d'exécuter les 'government's policy decisions' mais la conduite des enquêtes, c'est l'affaire de la police et elle seule. Or, dans le cas de Soopramanien Kistnen, la police a conclu au début de son enquête qu'il s'était suicidé.

Maintenant, grâce aux enquêtes des 'Avengers' et les interrogatoires de divers témoins, il est clair aujourd'hui qu'il y a eu 'foul play'. Avec tout le respect que je dois au Premier ministre, je me pose la question: Est-ce un enquêteur? Donc, il vaut mieux laisser à la police le soin de faire son travail.

« Est-ce que les avocats dits 'Avengers' peuvent mener des enquêtes comme les policiers chevronnés ? Ils ne disposent ni de l'expérience des détectives ni des logistiques pour mener à bien une telle enquête... Le jour où des détectives expérimentés au sein de la police seront chargés de mener une enquête en toute indépendance en vue de retracer et d'arrêter le/s coupables de ce 'foul play', là on saura que Maurice, y compris sa force policière, fonctionne indépendamment du pouvoir... »

Au mieux, en tant que ministre de l'Intérieur, il est de son devoir d'exiger de la police une enquête sur la mort de M. Kistnen, ainsi que dans celle de ce fonctionnaire au ministère de la Santé trouvé mort à Gris-Gris et aussi cette dame affectée au PMO, trouvée morte dans son appartement à Helvetia.

**\* Avez-vous des inquiétudes par rapport à la sécurité présentement ?**

Après soixante ans d'exercice au barreau et le seul qui exerce toujours à mon âge, je dois vous dire que je suis désespéré pour mon pays. Cela, d'autant plus que j'ai combattu aux côtés des grands tribuns de l'époque comme SSR, Sir Guy Forget, Sir Harold Walter, Sir Veerasamy Ringadoo, le fondateur de votre journal B. Ramlallah et tant d'autres ensemble pour l'indépendance de ce pays: je pensais que tous les Mauriciens allaient marcher la tête haute...

Je suis déçu et alarmé de ce qui se passe maintenant à Maurice où toutes les institutions sont entre les mains d'un seul homme qui a placé ses hommes partout, excepté le judiciaire qui reste le seul rempart pour assurer notre liberté et notre démocratie.

Quant au Parlement, c'est encore pire : on n'a jamais eu un Speaker comme celui qui est en poste aujourd'hui. Je le félicite pour ses décisions courageuses et pro-gouvernement. J'ai été moi-même Deputy Speaker et j'ai servi en tant que membre de l'Assemblée sous Sir Harilal Vaghjee, le meilleur des Speakers que le pays a connu, et sous Ramesh Jeewoolall, Ajay Daby et d'autres... Je n'ai jamais vu une chose pareille. Cela me fait regretter Mme Hanoomanjee; on la critiquait mais M. Phokeer l'a dépassée de plusieurs longueurs.

Pourquoi ne pas laisser le soin à une enquête vraiment indépendante de déterminer le vrai du faux, que ce soit par

rapport aux 'Kistnen Papers' pour savoir si les dépenses électorales avaient dépassé le seuil permis par la loi ou si ces reçus de Bel Air Sugar Estate sont des faux? Pourquoi faut-il que le Premier ministre vienne dire cela à la place des institutions qui sont censées enquêter et trouver la vérité? Laissez ces institutions fonctionner!

SSR n'a jamais agi de la sorte. Je me rappelle ce qu'il avait dit à Badry et Daby au Conseil des ministres lorsqu'il allait instituer une commission d'enquête: 'I am going to appoint a commission of inquiry. Do you agree?' Et Badry et Daby de répondre: 'Ok, Sir, you do what is required.' Voilà la manière de faire de SSR.

C'est pour cela que je ne reconnais plus mon pays. C'est très triste et c'est dommage car l'actuel gouvernement est là pour encore quatre ans. A moins que la Commission électorale ne fasse une enquête pour déterminer si ces 'Kistnen Papers' sont des vrais ou des faux : on pourrait à ce moment-là agir en conséquence...

**\* Y a-t-il, selon vous, suffisamment d'informations dans ces 'Kistnen Papers' pour que la Commission électorale et la 'Electoral Supervisory Commission' s'y intéressent afin de voir plus clair dans les conditions dans lesquelles l'élection au No. 8 s'est tenue en novembre 2019 ?**

Ces documents sont maintenant disponibles dans le domaine public, principalement par le biais des réseaux sociaux, et il faut bien une enquête pour y voir plus clair et déterminer s'il y a quelque délit, comme celui de 'declaring a false affidavit'. N'oubliez pas que dans le cas de l'élection de Reza Uteem, un dénommé Atchia avait fait une déclaration. Et la police avait mené une enquête concluant qu'aucun délit n'avait été commis.

Pourquoi donc ne pas adopter la même approche dans le cas présent ? Si aucun délit n'a été commis, une enquête policière va innocenter les trois élus de cette circonscription. Plusieurs noms ont été mentionnés dans ces 'Kistnen Papers'. Qu'une police vraiment indépendante interroge ces personnes !

**\* A quoi peuvent servir ces 'Kistnen Papers' dans l'affaire Kistnen et au-delà de cette affaire?**

'There must be a motive to what happened to Kistnen.' Au départ, on avait cru que c'était lié aux contrats alloués pendant le confinement pour la fourniture des équipements... mais il n'y aurait pas que cela... 'there is more to it than that'. D'autres personnes sont ciblées par ces 'Kistnen Papers'.

Aujourd'hui, nous savons que M. Kistnen ne s'est pas suicidé; il y a eu 'foul play'. Est-ce que les avocats dits 'Avengers' peuvent mener des enquêtes comme les policiers chevronnés? Ils ne disposent ni de l'expérience des détectives ni des logistiques pour mener à bien une telle enquête...

Le jour où des détectives expérimentés au sein de la police seront chargés de mener une enquête en toute indépendance en vue de retracer et d'arrêter le/s



« Je crois que Navin Ramgoolam, comme il l'a déclaré récemment, se doit de rajeunir le PTR ; il ne peut pas se rajeunir lui-même – 'you do not become younger', il a perdu deux élections générales deux fois de suite, donc 'I leave it to his discretion as somebody who is responsible as to whether he should find somebody else to succeed him and to guide that new leader... »

coupables de ce 'foul play', là on saura que Maurice, y compris sa force policière, fonctionne indépendamment du pouvoir politique.

**\* Mais si l'affaire de 'Private Prosecution' déposée par Simla Kistnen paraît simple, il faut reconnaître que l'affaire Kistnen est bien plus complexe, vu l'absence de témoins et de données de Safe City, non?**

Oui, mais c'est à la police de faire son travail. Les avocats n'ont ni les moyens ni l'expérience pour le faire. Cela dit, je pense toutefois que la magistrate conclura au 'foul play' et soumettra son rapport au DPP. Par la suite, on peut s'attendre à ce que ce dernier fasse une demande auprès de la police pour une enquête approfondie dans cette affaire. Attendons voir.

Par ailleurs, en ce qu'il s'agit de 'Private Prosecution' concernant M. Sawmynaden, c'est à mon avis en tant qu'avocat, une affaire très simple en raison des nombreuses preuves disponibles - 'subject to the Court listening and appreciating it'. Mais il faut que le DPP prenne position une fois une 'Private Prosecution' logée avec son assentiment devant la Cour intermédiaire.

Permettez-moi de partager mes craintes concernant le DPP, j'ai peur pour lui d'être attaqué, car il est le frère d'Arvin Boolell, le leader de l'Opposition, qui subit les attaques de la majorité au Parlement. Des remarques désobligeantes sont faites à son égard.

☞ Suite en page 8



# 'Maurice est supposée être un Etat de droit et tous doivent bénéficier du même traitement devant la loi'

☞ Suite de la page 7

C'est dégoûtant parce que le DPP, qui ne fait qu'agir dans les paramètres prescrits par la loi, ne siège pas au Parlement pour se défendre...

**\* Pensez-vous qu'au cas où la situation reste bloquée, une solution de dernier recours visant à rechercher l'intervention de la Cour suprême pourrait être envisagée?**

J'ai suggéré aux avocats d'Avengers de demander un 'writ of mandamus' - ce qui est un 'prerogative writ' qui sert à 'direct the behaviour of another arm of government, such as an agency, official, or other court'. Ceci leur permettra de demander à la Cour suprême d'émettre un ordre à l'adresse de la Police et de l'ICAC en vue de 'carry out an enquiry independently into this matter', et même davantage en ordonnant à ces deux institutions 'to report to the Court where you have reached in your enquiry'. A ce moment-là, la Police et l'ICAC seront dans l'obligation d'obéir à cet ordre émanant de la Cour suprême 'to perform their statutory duties'.

Personnellement, en tant que 'the most senior practising barrister', j'ai confiance dans notre judiciaire - le dernier rempart de l'Etat de droit. Si nous perdons confiance en notre judiciaire ou que ce dernier flanche, à ce moment-là, ce sera fini pour le pays.

Heureusement que le judiciaire n'a jamais flanché, et je ne pense pas que le judiciaire va nous laisser tomber.

**\* Que faites-vous du silence de l'opposition durant ces moments assez troublants dans le pays?**

Je ne pense pas que l'opposition garde le silence. J'ai vu Shakeel intervenir à la radio la semaine dernière et, durant son intervention, il a été très virulent dans ses commentaires sur les choses troublantes qui dominent l'actualité ces jours-ci. Arvin Boolell, en tant que leader de l'opposition, fait ce qu'il peut ; Patrick Assirvaden aussi intervient de temps en temps, mais comme Shakeel l'a dit récemment, il faut bien que l'opposition se reconstitue. Je parle surtout de l'opposition travailliste.



Je crois que Navin Ramgoolam, comme il l'a déclaré récemment, se doit de rajeunir le PTr ; il ne peut pas se rajeunir lui-même - 'you do not become younger', il a perdu deux élections générales deux fois de suite, donc 'I leave it to his discretion as somebody who is responsible as to whether he should find somebody else to succeed him and to guide that new leader'. Il pourrait éventuellement s'installer comme Président de la République.

Donc, c'est à lui de voir si c'est l'intérêt du pays et du Parti travailliste qui doit primer sur ses ambitions politiques. 'Does he want to wreak vengeance on the present Prime Minister and other ministers?' Si c'est ça le but, 'don't come'!

**\* Mais il faut reconnaître que les conditions se réunissent actuellement pour qu'il puisse faire son retour**

« La 'Prevention of Corruption Act' donne à l'ICAC le pouvoir d'ouvrir une enquête même en l'absence de déclaration formelle ou à partir d'une source anonyme. Or, je vois cela étrange qu'aucune enquête n'a été initiée malgré une déclaration formelle faite par Mme Kistnen en bonne et due forme à l'ICAC et à la Central CID. 'Nothing is done. Why ?' »

« SSR n'a jamais agi de la sorte. Je me rappelle ce qu'il avait dit à Badry et Daby au Conseil des ministres lorsqu'il allait instituer une commission d'enquête : 'I am going to appoint a commission of inquiry. Do you agree?' Et Badry et Daby de répondre: 'Ok, Sir, you do what is required.' Voilà la manière de faire de SSR. C'est pour cela que je ne reconnais plus mon pays... »

**comme le principal challenger de l'actuel Premier ministre, non?**

Oui, c'est vrai. Le meilleur agent de Navin Ramgoolam, c'est l'actuel Premier ministre et les ministres de ce dernier. Ayant dit tout ce que je viens de vous dire, vous êtes au courant de la nature très dynamique de la politique, je pourrais moi-même changer d'avis dans les jours ou les semaines à venir. Si la population trouve demain que le pays a besoin de Ramgoolam, je me rangerais du côté de la population. En tout cas, ce qui est sûr, si l'actuel gouvernement continue à fauter, Ramgoolam a toutes les chances de revenir!

## Rush-G First Come First Served!

**BEST DEAL EVER**

**SPECIAL NEW YEAR OFFER**  
LIMITED  
RS 940,000\*

Test Drive ☎ 405 6400

**TOYOTA**  
IT'S A MOVING EXPERIENCE

**Rush**  
7 Seater  
Limited Stock  
4 Years / 80,000 kms  
Service Plan INCLUDED!

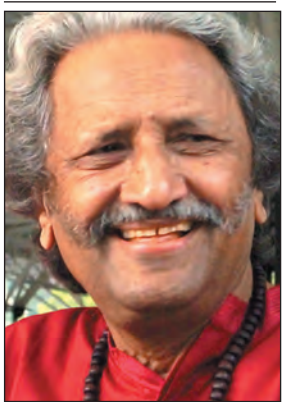
3 year warranty 100,000km | IN-HOUSE LEASING & INSURANCE AVAILABLE

TRADE-IN OPTIONS AVAILABLE

toyotamauritiusltd  
www.toyotamauritius.com

Non-contrast photos. Terms and conditions applicable. Subject to lease approval.





Kul Bhushan

Letter from New Delhi

# Good riddance 2020. Be thankful, you are alive!

**G**ood riddance 2020. Yes, goodbye to this horrendous year. One after another, the disasters kept thumping all of us. Natural calamities, fires, floods, cyclones, hurricanes, *et al*, went on all through the

year. Riding on top was the Wuhan virus which killed 1.93 M people and counting. That's nearing two million!

Our lives have been turned upside down. From March onwards, everything just closed down and remained so for the next eight months or so. Businesses were shut down, jobs lost, schools/colleges closed, cinema theatres locked, restaurants bolted, streets deserted; we were confined to our homes with our families.

And the virus raged on mercilessly across the globe, infecting and killing people, including our dear ones. No remedy on the horizon. Strict precautions were advised and implemented. Those who did not follow these instructions paid with their lives. So, 2020 can be dubbed *annus horribilis* or a horrible year.

Despite all these disasters, it is time to be thankful because you are reading this. You are still breathing. It means that you are alive and survived the *annus horribilis*. You are not a part of the nearly two million who are no more. You will get a new job or re-start your business but if you had succumbed to this virus, you will be no more. Thus, it is time to show your gratitude to be just alive.

Of course, you can recall losing your relative(s) or friend(s) which is sad. Very sad. You will bear this sorrow



for the rest of your life. As time keeps on moving ahead, you must move on. You can't stop the clock.

As you look forward to the new year, you make plans for 'revenge' indulgence of all the pleasures you were denied during the lockdown. If it is travelling or holidays, you will go out with a vengeance to live it up. If it is movies, you will line up outside the theatres. If it is dining, you will head to the restaurants more frequently. And so on with your personal favourites.

But if you had plenty of time to ponder over life and meditate, you will take a new course of self-discovery and delve deeper into the unknown which was so overwhelming and powerful in 2020. Instead of exploring the far corners of the earth, you will try and discover your virgin inner space.

So bid goodbye to 2020 and welcome 2021.

The first month, January, is named after Janus because the first day of January looks both ways - at the past, at the last year that has gone, and at the new year. Janus is a Roman god with two faces, facing both directions.

Osho says, "Man is a Janus; his whole life is a January. And both directions have something appealing and something that creates fear. One has to decide. If one decides to fall back, one disappears as an alive being; one has committed suicide. If one decides to go ahead in spite of all the fear that arises with the new, one is born spiritually. Remember it. Listen to the call of the unknown - and it is always there. Whatsoever becomes known has to be dropped."

So, what is your new year's resolution? "This and only this can be the new year's resolution," Osho says, "I resolve never to make any resolutions because all resolutions are restrictions for the future. All resolutions are imprisonments. You decide today for tomorrow? You have destroyed tomorrow."

So just be grateful, very, very grateful, that you are alive and you survived.

*Kul Bhushan worked as a newspaper Editor in Nairobi for over three decades and now lives in New Delhi*

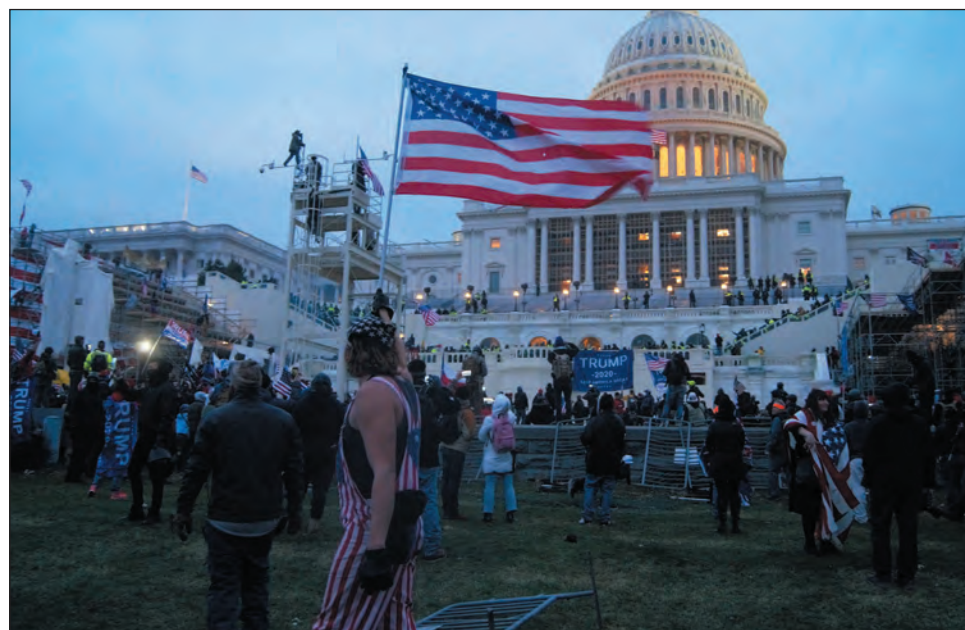
## The US Capitol raid was a failed self-coup previously seen in dying regimes

\* Cont. from page 2

However, the problem is not just that Trump abused his power; by undermining the separation of powers, he has weakened the whole American system of government.

The separation of powers is important not only as a restraint on the executive branch of government. More fundamentally, it creates a sensitive and delicate system of meaning-making that helps settle certain political questions in order to enable the political process to generate authoritative and legitimate outcomes.

It is not just that power checks power, but that each branch performs a distinctive function in co-ordination with the others. Only the legislature legislates; only the courts decide what is lawful; and the executive, which makes day-to-day policy decisions, must operate within the framework of established meanings, of agreed-upon facts and of authoritative interpretations of legally binding texts.



All that was missing was the intervention of the armed forces. The inaction of the Capitol Police contributed to the security breach, but the Pentagon remained above the fray. (File Photo: Tyler Merbler/Flickr, CC BY 2.0)

These outcomes are generated by the system of separate powers.

### Trump is a saboteur

Aided and abetted by his Republican enablers, Trump has sabotaged the constitutional functioning of government, thereby turning a routine and pro forma process into a hotly contested partisan brawl, politicizing courts and bureaucratic agencies and promoting doubt and conspiracy theories in the place of scientific knowledge and expertise.

He has badgered state officials, interfered in judicial processes, pardoned cronies and incited violence. Yet even as he abuses power and strikes the poses of a tough leader, he has proven to be astonishingly weak in the face of major policy challenges, like the COVID-19 pandemic, that demand co-ordination and respect for the integrity of the diverse roles and offices of government.

Like autocrats throughout history, Trump fails to understand that the separation of powers is a source of strength, not weakness, in any democracy. His actions have pushed the US down a path that has doomed dying regimes in the past.

**Max Cameron,**  
University of British Columbia



From the Pages of History - MT 60 Years Ago

4<sup>th</sup> Year No 155

MAURITIUS TIMES

Friday 26 July 1957

| If there be no enemy there's no fight. If no fight, no victory and if no victory there is no crown. -- Thomas Carlyle

# The Boundary Commission and The Minorities



Jay Narain Roy

**I**n its issue of the 18<sup>th</sup> of July, *The Times Weekly Review* has published an editorial on what it calls *The Mauritian Tangle*. I have the unshakable impression that while trying to make an objective approach, the great London paper has, consciously or unconsciously, only expressed those reactionary opinions which have been repeated ad nauseam.

Some time ago, when a similar, prejudiced opinion was expressed about Mauritius, I had written to *The*

*Times* to correct the wrong impression but my letter was not inserted. It is necessary to tell *The Times* that its editorial does not reflect the true situation in this colony.

*The Times* has referred to the London Agreement. It says that during the discussions, Mr Lennox-Boyd and the other Mauritian delegates were not convinced that the single-member constituencies could offer adequate representation to the minorities. The delegates of the Labour Party had maintained that this was quite possible.

The paper takes an oblique view when it thinks that our primary need is to find a system of franchise that can allay the fears of the racial minorities that the Hindus will, one day, ask for the annexation of Mauritius to India. The minorities have now begun to realise that this is only a Tory stunt to rope in the minorities so that the Tories can gradually appropriate all their rights of representation and use them as its cat's-paw. In fact, the Tories wishing to maintain their economic might have tried to invent a slogan to get the minorities to back their domination. But the minorities have no fears. They are simply desirous of being represented in the political ordering of the common land.

To continue to parade the bogey of Hindu domination is wilfully to circumvent the real issue. To try to make the minorities believe that their interests are fully safeguarded under the Party List system in three-member constituencies is to dupe them. The three-member system will only elbow out the financially weak minorities and give more than predominance to the Tories. All this is a clever, subtle manoeuvre by those who have an economic stranglehold on the country to throttle it politically also.

I have a feeling that at least the Muslims have begun to see through this game. Mr Mohamed has openly accused the Tory leaders of dictating policy and leadership to the Muslim community. This fact is not without its lesson. That community is becoming politically assertive and its amour-propre can only be satisfied if they can devise a system by which adequate representation is unmistakably guaranteed to them in the new Constitution. It will no doubt be suicidal for that community to continue to be dragged about as a rear-wagon of the Tories. I hope that enough political sagacity will be engendered for it to take a courageous line of policy at this crucial juncture.

I quite agree with *The Times* that it is important at this stage to get the right basis of political representation. It is rather unfortunate for the formation of Mauritian nationhood that the London discussions have recognized the



Lennox-Boyd succeeded to the post of Colonial Secretary at the end of July 1954.  
Photo - National Portrait Gallery

need for the separate representation of racial groups. That being so, it is the bounden duty of all right-thinking Mauritians to see that the system we adopt give effective representation to the important sections.

Personally, I like to dabble in facts and figures. And as such, I feel strongly persuaded that the single-member constituencies cannot be established on the three impossible conditions. There is probably no place in the whole island (unless we were to cunningly gerrymander our constituencies) where we can group 5000 Muslim electors in a single-member constituency. And if we can find one in Port Louis, it will be impossible to find another. People who refer to areas like Medine, Chemin Grenier or Phoenix are only talking through their hat.

But as it is impossible to give effect to the provisos of the system of single-member constituencies, it is no less impossible to safeguard minority representation through the other system. The editorial of *The Times* appears to think that the Eve Commission will succeed in "clearing up the one outstanding point on which Mr Lennox-Boyd and the Mauritian delegates had failed to reach agreement in the London talks last March."

If the Boundary Commission has been appointed to give effective safeguard to the representations of minorities, it is only bound to be a colossal waste of public money. If the Commission finally decides to demarcate eleven three-member constituencies, as it is most likely to do, it will do three things. It will strengthen the hands of the Tories whose might is already overbearing. It will throw an apple of discord in the country and a permanent cause of friction and

strife. Finally, it will gag and muzzle democracy in the colony in the guise of constitutional progress.

But the Commission will lay the foundations of real democracy and progress if it can demarcate forty single-member constituencies. Whatever we do today, I am more than certain that, latest by 1970, we shall have to have recourse to the only satisfactory system known to real democracies, namely the single-member constituencies. I shall be too willing to present the case of single-member constituencies before the Commission but not under the conditions attached to the system. If those conditions are going to be insisted upon within the meaning of the clauses, the single-member constituency system in Mauritius is as dead as the Dodo. The Boundary Commission, tethered with its provisos, constitutes, in my humble opinion, a resounding triumph for the Tories. Those who feel unduly stung by my remarks should have the pluck to come and prove the contrary before the Commission. In any case, I shall accept my discomfiture with good grace if by December 1957 events come to disprove my contention.

According to the experience in multi-racial societies, the only salvation for democracy is the Party system which superimposes political idealism on narrow, artificial allegiances. It is preposterous to imagine that Mauritius is in any way different from the rest of the world. Strings and influences might retard the even march of democratic progress but more insistent economic urges will invariably propel Mauritian society to that end. So that the great problem facing the country today is to make workable arrangements to tickle sectional vanities and to tide over the transitional period.

Whatever these arrangements may be, safeguards must be made without any possible ambiguity. I do not foresee that the Eve Commission can settle the only outstanding point of difference. The impression in London that the Commission will be a panacea for all our troubles will be rudely shaken when, during the next few years, the economic problems which have temporarily been scotched by political manoeuvres, will tend to raise their fearsome heads. Then both Whitehall and *The Times* will have reason to be disenchanted. But it is most probable that Mr Lennox Boyd, the subtle dialectician, will not be there to face the music.





**Protecting lives, ensuring happiness**

LIC Centre, 1st Floor,  
John Kennedy Street,  
Port Louis

marketing@licmauritius.intnet.mu

208 1485, Ext 24 [Port Louis]  
4674960 [Qautre Bornes]

1956-2020



**B**eloved wife of Dr Vedi Dyall who was a well-known GP in Flacq, Devi/Aunty Devi -- as she was affectionately addressed by her near and dear - left us shortly after collapsing in her bathroom on Monday morning 4th January. She was aged 84, but hardly looked her age, as the accompanying photo taken the day before shows.

'It was almost a programmed exit,' mused poetically inclined Vedi as I sat holding his hand on reaching their residence in Moka soon after I got the sad news. In fact, he told me, just before that they had both talked to her elder sister Shanta, and the day before she had met all her close ones at a family gathering.

'At least,' he reflected with calm stoicism, 'she didn't suffer.' That was the general feeling shared amongst us all who had come to pay homage to her.

She was born Satyabala Anandi Devi Bundhoo in 1936 at Port Louis, the second of six daughters of Dewakur Bundhoo, second Hindu pharmacist in Mauritius, and Janee Pandoo.

She attended the Young Men's Hindu School, coming first in the Junior Primary Scholarship Examinations in 1947. Coincidentally, her future husband, Vedi Dyall came first in the Senior Primary Scholarship that same year.

Devi was admitted to Loreto Convent Port Louis in 1948 until she cleared the School Certificate. Her father, a pharmacist and a pioneer in promoting girls' higher education, was very keen that his two elder daughters, Shanta and Devi, should pursue careers in pharmacy and medicine respectively. He therefore got them transferred to Bhujoharry College to study science subjects in Higher School Certificate as these were not on offer at Loreto Convent.

## Tribute: Devi Dyall

By RNG



In 1953, as Devi started Upper Six, Vedi (Laureate RCC Science Side, 1952) was hired as a teacher of Chemistry and Mathematics by Bhujoharry College. He was then assigned to coach the class of 1953, which included Devi (and also the future Dr Krish Gajadharsingh). This was the beginning of a beautiful romance between Vedi and Devi. The coaching led to a laureateship being awarded to Devi in 1954. They both pursued higher studies in Bristol, UK, where they eventually got married in 1958. Following the award of their respective degrees in Medicine and in Chemistry, and the birth of their first daughter Veena in 1959, Vedi and Devi returned to Mauritius in 1961.

Devi started work as a Chemistry teacher at the QEC in 1962, where she eventually taught the first HSC batch in Chemistry and coached students to compete for the Science Laureateship. Her QEC career resulted in many students being awarded the scholarship. She moved to the Ministry of Education in 1975 briefly, prior to joining the newly-created Mauritius Institute of Education. There she promoted science education, and was part of a team that introduced Integrated Science in the curriculum of Forms

I to III. Besides being involved in numerous science-related committees and projects, she trained generations of science teachers at the MIE prior to retirement as Associate Professor in 1996.

The couple had five children, two of whom in their turn became laureates, Veena and Sabrina. What with their logical and scientific mind, a trait they transmitted to their children, it was always a sheer pleasure to engage with them on any subject under the sun, none being taboo. The clarity with which they shared their views and life lessons were always delightful learning experiences.

Equally delightful were the meals that both Devi and Vedi enjoyed cooking. Those who have so often enjoyed them will savour the nostalgia of shared moments of joy and laughter. But there was more for, like Vedi, Devi was also a voracious reader - and a faithful one of the *Mauritius Times*. She was missing the printed edition during the Covid lockdown, not knowing that it was coming out online, which I then started forwarding to her. Sadly, this was the last time I met her.

She will forever be remembered as a brilliant teacher and promoter of science, devoted wife, caring mother, wonderful cook and hostess, and always with a shine on her face. She was, after all, Devi, etymologically in Sanskrit a 'Being of Light'.

Perhaps what captures her best was the response of Cookie to her photo on Facebook, 'It is... so her!' Indeed.

*Shubh Sadgati* to her atman, and our deepest condolences to Sabrina and Ruben who are here, and Veena, Niven and Amanda with their respective families who unfortunately could not be present because they are abroad. Om Shanti.

## Obituary: Mahen Utchanah

By Dawood Auleear



**W**ho would have thought that Mahen Utchanah, who died on 1st January at the age of 70, chose to dedicate the major part of his life after his political retirement to advance the cause of the Indian diaspora? With admirable drive and tenacity, he toured the world to establish contacts with the 22m people of Indian origin and persuaded them to join GOPIO International. And he had great success.

Mahen was made of the stuff of the great doers of the world. He did not wait for the nod of the Indian government to take the initiative. But the Indian government did give him its blessings and, during his presidency, three international conferences were organised in Mauritius, the most successful being the one which assembled 400 international delegates at the SVICC in 2017.

Mahen was full of ideas. His pet project was to set up the All India Institute of Medical Science, AIIMS, with Indian help, a top class medical university to train students from the Indian diaspora to become world class doctors. AIIMS was finally hijacked by the Indians of Malaysia.

Where Mahen's contribution stands out is his achievements as the Chief Trustee of the Aapravasi Ghat Trust Fund. During his tenure, he gave the impression that he was living for one reason: to put Aapravasi Ghat on the glorious list of historical sites of UNESCO. In fact, he had double success as he managed to include the International Indentured Labour Route on that list.

On my part I owe Mahen a debt of gratitude. When I tried to get my book, *Bhojpuri Folk Tales From Mauritius*, co-authored with Prof Lee Haring of the University of New York, to be published by Aapravasi Ghat Trust Fund, Mahen did not hesitate a second to give his backing. It was such a relief for me as I thought that finally my year's effort going round the island to record Bhojpuri stories, translate them, render them into international phonetics and compile them in a book form, was not in vain in order to keep alive the language. His action in this regard must have received the blessings of Hon. Choonee, the then Minister of Culture.

RIP my good friend. And to paraphrase Shakespeare's lines "the evil that men do lives after them... the good is oft interred with their bones", I would like to say, in your case, "the good that men do lives after them..."



### VACANCY NOTICE

The Mauritius Revenue Authority (MRA), established by the MRA Act 2004, is a body corporate and acts as an agent of the State for revenue collection, management of the Revenue Laws and the provision of an enhanced service to the business community and taxpayers. As an equal opportunity employer, the MRA endeavours to attract and retain the services of high calibre employees to attain its objectives.

The MRA is looking for qualified and experienced candidates, with proven integrity, for the following posts:

- Assistant Director, Research, Policy & Planning (on a 3-year performance contract basis)
- Assistant Systems Analyst (ASA)
- Assistant Network/Systems Administrator (ANSA)

#### Mode of Application

Interested candidates are requested to submit their applications, online, together with all relevant scanned documents through the MRA Website: [www.mra.mu](http://www.mra.mu) under the "Careers" tab, where all information is available. Candidates are also advised to read the Instructions to Candidates posted on the same platform.

**Closing date: 31 January 2021**

MRA reserves the right:

- to call only the best qualified and experienced candidates for the selection exercise; and
- not to make any appointment as a result of this advertisement.

MAURITIUS REVENUE AUTHORITY

11 January 2021

Ehram Court, Cnr Mgr. Gonin & Sir Virgil Naz Streets, Port Louis, Mauritius

T: +230 202 0500 | F: +230 216 4317 | E: [HumanResourcesandtraining@mra.mu](mailto:HumanResourcesandtraining@mra.mu) | W: [www.mra.mu](http://www.mra.mu)



# Six ways to 'reboot your brain' after a hard year - according to science

*The brain is surprisingly changeable*

There's no doubt that 2020 was difficult for everyone and tragic for many. But now vaccines against Covid-19 are finally being administered - giving a much needed hope of a return to normality and a happy 2021.

However, months of anxiety, grief and loneliness can easily create a spiral of negativity that is hard to break out of. That's because chronic stress changes the brain. And sometimes when we're low we have no interest in doing the things that could actually make us feel better.

To enjoy our lives in 2021, we need to snap out of destructive habits and get our energy levels back. In some cases, that may initially mean forcing yourself to do the things that will gradually make you feel better. If you are experiencing more severe symptoms, however, you may want to speak to a professional about therapy or medication.

Here are six evidenced-based ways to change our brains for the better.

## 1. Be kind and helpful

Kindness, altruism and empathy can affect the brain. One study showed that making a charitable donation activated the brain's reward system in a similar way to actually receiving money. This also applies to helping others who have been wronged.

Volunteering can also give a sense of meaning in life, promoting happiness, health and wellbeing. Older adults who volunteer regularly also exhibit greater life satisfaction and reduced depression and anxiety. In short, making others happy is a great way to make yourself happy.

## 2. Exercise

Exercise has been linked with both better physical and mental health, including improved cardiovascular health and reduced depression. In childhood, exercise is associated with better school performance, while it promotes better cognition and job performance in young adults. In older adults, exercise maintains cognitive performance and provides resilience against neurodegenerative disorders, such as dementia.

What's more, studies have shown that individuals with higher levels of fitness have increased brain volume, which is associated with better cognitive performance in older adults. People who exercise also live longer. One of the very best things that you can do to reboot your brain is in fact to go out and get some fresh air during a brisk walk, run or cycling session. Do make sure to pick something you actually enjoy to ensure you keep doing it though.

## 3. Eat well

Nutrition can substantially influence the development and health of brain structure and function. It provides the proper building blocks for the brain to create and maintain connections, which is critical for



improved cognition and academic performance. Previous evidence has shown that long-term lack of nutrients can lead to structural and functional damage to the brain, while a good quality diet is related to larger brain volume.

One study of 20,000 participants from the UK-Biobank showed that a higher intake of cereal was associated with the long-term beneficial effects of increased volume of grey matter (a key component of the central nervous system), which is linked to improved cognition. However, diets rich in sugar, saturated fats or calories can damage neural function. They can also reduce the brain's ability to make new neural connections, which negatively affects cognition.

Therefore, whatever your age, remember to eat a well-balanced diet, including fruits, vegetables and cereal.

## 4. Keep socially connected

Loneliness and social isolation is prevalent across all ages, genders and cultures - further elevated by the Covid-19 pandemic. Robust scientific evidence has indicated that social isolation is detrimental to physical, cognitive and mental health.

One recent study showed that there were negative effects of Covid-19 isolation on emotional cognition, but that this effect was smaller in those that stayed connected with others during lockdown. Developing social connections and alleviating loneliness is also associated with decreased risk of mortality as well as a range of illnesses.

Therefore, loneliness and social isolation are increasingly recognised as critical public health issues, which require effective interventions. And social interaction is associated with positive feelings and increased activation in the brain's reward system.

In 2021, be sure to keep up with family and friends, but also expand your horizons and make some new connections.

## 5. Learn something new

The brain changes during critical periods of development, but is also a life-long process. Novel experiences, such as learning new skills, can modify both brain function and the underlying brain structure. For example juggling has been shown to increase white matter (tissue composed of nerve fibers) structures in the brain associated with visuo-motor performance.

Similarly, musicians have been shown to have increased grey matter in the parts of the brain that process auditory information. Learning a new language can also change the structure of the human brain.

A large review of the literature suggested that mentally stimulating leisure activities increase brain-reserve, which can instil resilience and be protective of cognitive decline in older adults - be it chess or cognitive games.

## 6. Sleep properly

Sleep is an essential component of human life, yet many people do not understand the relationship between good brain health and the process of sleeping. During sleep, the brain reorganises and

recharges itself and removes toxic waste byproducts, which helps to maintain normal brain functioning.

Sleep is very important for transforming experiences into our long-term memory, maintaining cognitive and emotional function and reducing mental fatigue. Studies of sleep deprivation have demonstrated deficits in memory and attention as well as changes in the reward system, which often disrupts emotional functioning. Sleep also exerts a strong regulatory influence on the immune system. If you have the optimal quantity and quality of sleep, you will find that you have more energy, better wellbeing and are able to develop your creativity and thinking.

So let's make the most of ourselves in 2021 and help others to do the same.

Barbara Jacquelyn Sahakian &  
Christelle Langley,  
University of Cambridge  
Jianfeng Feng,  
Fudan University

## Le Grand Salon de la Liquidation et des Stocks

Tout ! Tout ! Tout !  
Pour la Maison et le Jardin à Prix liquidation

15 au 17 Janvier 2021 | SVICC - PAILLES

Partenaire Media : RADIO One

Organisation : PUBLI-PROMO LTD



## Rajbir Singh goes for a check-up

An 80-year-old Rajbir Singh went to the doctor for a general check-up.

The doctor, pleasantly surprised to see him in such sound health, asked: 'What is the secret of your good health?'

- 'I get up before the sun rises and go out for jogging and then come back and drink 5 pegs of whiskey. Maybe this is the secret of my health.'

Doctor: 'Okay, but can I ask you how old your father was when he died?'

- 'My father died? Who told you that he died?'

Doctor (surprised): 'You mean that you are 80 years old and your father is still alive? So how old is he now?'

- 'He is 102 years old and jogged with me this morning and had then took 5 pegs of Vodka with me.'

Doctor: 'This is very good. This means that the long life is in your family's genes. So how old was your grandfather when he died?'

- 'Hey why are you killing my grandfather now?'

Doctor (puzzled): 'You mean that you are 80 years old and your grandfather is still alive! What's his age?'

- 'Yes, he is 123 years old.'

- 'I think he too must have jogged with you this



morning and taken whiskey as well...?'

- 'Taking a cold breath! No, Grandpa could not go this morning, because he is getting married today.'

Doctor (on the verge of going mad): 'What did you say, marriage? Why would he want to get married at the age of 123 years?'

- 'Who said he wanted to get married? He has to be forced.'

- 'But why?' the doctor shouted!

- 'The girl is pregnant, that's why!'

The doctor has been jogging regularly and drinking whiskey ever since; the clinic is closed.

\*\*\*

Two men are talking and one says to the other, "My wife's doctor says she has menopause, and, man, has she been moody lately. How long do the symptoms of menopause usually last?"

The other man replies, "Let me put it this way: menopause will be listed as the cause on your death certificate."

## Enjoy the Pun!

- I've always wondered if chickens communicated using fowl language. Maybe only when they're egg-cited.
- An invisible man married an invisible woman. The kids were nothing to look at, you see.
- I didn't think the chiropractor would improve my posture. But I stand corrected.
- I took my new girlfriend out on our first date to the ice rink, and entry was half price. She called me a cheap skate.
- Studies show cows produce more milk when the farmer talks to them. It's a case of in one ear and out the udder.
- I used to date a girl with one leg who worked at a brewery. She was in charge of the hops.
- My cross-eyed wife and I just got a divorce. I found out she was seeing someone on the side.
- My wife claims I'm the cheapest person she's ever met. I'm not buying it.
- Did you know that a raven has 17 rigid feathers called pinions, while a crow has only 16. The difference between a raven and a crow is just a matter of a pinion.
- I told my carpenter I didn't want carpeted steps. He gave me a blank stair.
- What did the surgeon say to the patient who insisted on closing up his own incision? Suture self.

## Life's LESSONS

-- Pope Francis

You can have flaws, be anxious, and even be angry, but do not forget that your life is the greatest enterprise in the world. Only you can stop it from going bust.

Many appreciate you, admire you and love you. Remember that to be happy is not to have a sky without a storm, a road without accidents, work without fatigue, relationships without disappointments.

To be happy is to find strength in forgiveness, hope in battles, security in the stage of fear, love in discord. It is not only to enjoy the smile, but also to reflect on the sadness. It is not only to celebrate the successes, but to learn lessons from the failures. It is not only to feel happy with the applause, but to be happy in anonymity.

Being happy is not a fatality of destiny, but an achievement for those who can travel within themselves. To be happy is to stop feeling like a victim and become your destiny's author. It is to cross deserts, yet to be able to find an oasis in the depths of our soul. It is to thank God for every morning, for the miracle of life.

Being happy is not being afraid of

## Never give up!

your own feelings. It's to be able to talk about you. It is having the courage to hear a "no". It is confidence in the face of criticism, even when unjustified. It is to kiss your children, pamper your parents, to live poetic moments with friends, even when they hurt us.

To be happy is to let live the creature that lives in each of us, free, joyful and simple. It is to have maturity to be able to say: "I made mistakes". It is to have the courage to say "I am sorry". It is to have the sensitivity to say, "I need you". It is to have the ability to say "I love you".

May your life become a garden of opportunities for happiness ... That in spring may it be a lover of joy. In winter a lover of wisdom. And when you make a mistake, start all over again. For only then will you be in love with life.

You will find that to be happy is not to have a perfect life. But use the tears to irrigate tolerance. Use your losses to train patience. Use your mistakes to sculptor serenity. Use pain to plaster pleasure. Use obstacles to open windows of intelligence.

Never give up... Never give up on people who love you. Never give up on happiness, for life is an incredible show.

Born in... 50s  
Grew up in... 60s  
Educated in... 70s  
Ventured out in... 80s  
Messed around in... 90s  
Stabilised a bit in... 2000s  
Got a bit wiser in... 2010s  
Made it to ...2020.

We have lived in...  
Eight different decades  
Two different centuries  
Two different millennia.

Have been through...  
YouTube, Gramophone  
Player to Wireless Streaming  
Handwritten letters to Email  
and WhatsApp.

And...

We missed the Spanish Flu but were on time for Corona

Started with bell bottoms, went through "drainpipes" and then settled inbetween.

Walked, cycled, rode, drove, went on rails, on sea, went underground, hung in the air, surfed, flew and now await the Musk SpaceX Mars Trip.

Wow!!!

What a life it's been

Yes, we truly went through many more...



## Best era ever

Typically, we can be termed as "Xennials".... a "cross-over generation" of people whose birth years were in the 50s.... had an analog childhood, a digital adulthood, and now a Seenager!

Literally our generation has lived through, witnessed so much and more in every dimension of life...

This is our generation that has given a new paradigm to the word "CHANGE"

Thank you Lord for this wonderful, meaningful, amazing rollercoaster life. Thanks for everything.

Surely we beat the 20s and cross over the 30s and 40s. Holding each other's hand with fun and frolic...

Let us continue to live our lives to the fullest, one day at a time.





# Advice from 20 Writers for a Better 2021

*Life-changing words for every situation*



**W**e needed all the wisdom we could get to make it through this year. Luckily, we got a ton of it from the writers, who shared words that inspired us, comforted us, and made our lives better. Though we all might have some version of "coronabrain," these nuggets of advice have stuck. Here are 20 pieces of wisdom to carry into 2021 and beyond, as reported by [forge.medium.com](https://forge.medium.com).

## Life

When you're feeling overwhelmed by a challenge, tell yourself a story from the other side. Kelly Corrigan suggests a mental exercise: Imagine that the challenging thing already happened and you nailed it. Describe how you thrived.

If you're struggling to juggle multiple goals, think of your life in seasons. You might have a season for work, one for family, and one for learning. "In nature, seasons exist so that all animals can have their time in the sun," Niklas Göke writes. "If you manage your life well, all of the most important parts of it will, too."

Welcome whatever happens as if you wanted it to happen. Darius Foroux explains that the Stoics called this the ability to "practice acceptance without disdain." It's a necessary gestalt shift for the world we live in now.

Emotional validation feels good, but it comes at a price. "It's easier to text a friend 'I don't have to do this, right?' than it is to sit down, do your own thinking, and own whatever conclusion you reach," Kathleen Smith explains. Making your own decisions - without needing anyone's approval - is harder but ultimately much more rewarding.

A crisis is a chance to define your new normal. Don't let yourself be gaslit into resuming life as though nothing happened, writes Julio Vincent Gambuto.

Instead, "take a deep breath, ignore the deafening noise, and think deeply about what you want to put back into your life."

There is no bad weather. After months of everyone stressing about how winter would end our pandemic-safe open-air socializing, it feels like a revelation to hear, from writer Tim Heffernan, that "it's absolutely beautiful out there." We just have to bundle up.

## Work

Stop relying on your boss to motivate you. There are too many shitty bosses, Kelli María Korducki writes, and anyhow, "the trick is to find motivation outside of the managerial construct that's so deeply embedded into the world we've inherited."

Your workday must, at some point, end. For bestselling author Cal Newport, literally saying "shutdown complete" is an effective way to end your workday and return to your personal life. Whatever your shutdown ritual is, make it a definitive end.

Idleness and laziness are two different things. The most surprising benefit of building breaks into your workday, according to time-management expert Laura Vanderkam: Idleness is a state that primes your brain to come up with a great idea.

A short email is better than a long one. Especially in a professional context, your digital missives should be typed with the convenience of your reader in mind, writes Victoria Turk. Wherever possible, aim for five sentences or less.

Instead of asking yourself "How long will this take?" try "How much time am I willing to give this?" Rather than estimating how much time you'll need, Remy Franklin explains, you can take some

agency over your schedule. Just stick to whatever time commitment you've made.

## Relationships and social skills

Assess your people with the "two beers and a puppy" test. Ross McCammon suggests asking yourself two questions: Would I want to have two beers with this person? Would I trust them to look after my puppy over a week-end? "It's a step toward increasing the number of people in your life and work who you like and trust," McCammon writes.

Assume that your friends and family can handle uncomfortable situations. As Kathleen Smith puts it, "Sensitivity is often control in disguise." You may think you're being kind, but "avoiding a topic altogether means making a choice for the other person instead of letting them be responsible for themselves."

Observations get people to open up more than questions. Instead of asking "How are you?" Ashley Abramson writes, show that you're paying attention - for example, with a statement like "I've noticed that you're quieter lately. I'm wondering if you're stressed."

An awkward pause is a chance for someone else to speak. Don't rush to fill it. As Kate Morgan notes, that dreaded moment in many a Zoom call can be a valuable tool for making sure everyone gets heard.

## Creativity and writing

Writing is the final stage of a process. As Drew Magary writes in this story about how to write a lot, getting the words down is just the final stage. It's the way to shape to the writing you've already been doing in your head.

Keep a "spark file" to brainstorm with past versions of yourself. Michelle Woo suggests keeping a notebook to capture all the random ideas that pop up and then putting time on the calendar to go back through that notebook later. After all, sometimes ideas just need time to simmer.

Before drafting an email or story, write at the top of the page: "After reading this, I want the reader to....." Michael Thompson suggests using the statement as your North Star, a strategy he learned from entrepreneur Conor Neil. It's good to have a North Star before going into a job interview, too.

Creative innovation is a byproduct of great processes, not great ideas. It's easy to idealize creativity as the fruit of inspiration. But in doing so, Emre Soyer and Robin M. Hogarth write, "Creativity can seem more mysterious and exclusive than it actually is." To quote another sage creative thinker, if you want results, you better work.



## Alcohol Abuse: 5 signs you may have a problem

*Understanding your drinking habits, including amount and frequency, can help you decide if you have an alcohol abuse problem, writes*

*Michael LoRe of WebMD*

**W**hile a glass of wine with dinner or a beer after work may not seem like a big deal, you need to be cognizant of your drinking habits to make sure they don't transition into alcohol abuse.

One "drink" or serving of alcohol is defined as: 12 ounces of beer, five ounces of wine, or 1.5 ounces of liquor. Knowing your drinking habits - amount and frequency - can help you or someone you know understand whether or not they are abusing alcohol.

Here are five signs you may have a drinking problem.

### Alcohol is all that's on your mind.

As with most addictions, that thing is the main and only priority in your mind. You are thinking about having a drink, the potential relief that comes with drinking, and the feeling of being drunk. You can't cope with situations or emotions without drinking.

### Drinking regardless of consequences

Because alcohol is the only thing on your mind, you'll do whatever you can to get that fix and have a drink regardless of consequences. That means potentially fracturing relationships, health risks to yourself or others, negative effects on your education or career, financial issues or even potentially criminal consequences.

### Constantly drinking, drunk, or hungover

You spend the majority of your time drinking, being drunk or being hungover while dealing with the physical and emotional consequences of having drunk for extended periods of time. This vicious cycle dominates your life as other priorities fall by the wayside. Your mental, emotional and physical health all suffer.

### Attempted to stop/limit drinking but failed

You've addressed your issue: you have a drinking problem, and you want to quit. Whether it's after one attempt or after multiple tries, you can't shake the addiction and continue to fall off the wagon. The power alcohol has over you is a major sign you have an addiction and are abusing alcohol.

### You have withdrawal symptoms

Spending the majority of your time drinking or drunk, you don't feel much of anything else. It's not until the buzz wears off when you have to deal with symptoms of withdrawal including: restlessness, sweating, trouble sleeping, nausea or a racing heart.



# Bollywood looking to beat the blues in 2021

*With budgets ranging between Rs500M and Rs1000M, a combination of mid-budget and big-scale films will compel audiences to step out, say industry experts, reports Lata Jha of LiveMint*



**B**ollywood may have had a tough year with 2020 but top studios and stars are looking to beat the blues and stage a comeback by lining up a bunch of films for theatrical release in 2021. Apart from Akshay Kumar's *Sooryavanshi* and sports drama '83, both of which have been scheduled for the first quarter right now, there is Kumar's spy thriller *Bellbottom* in April, Salman Khan's

*Radhe* and John Abraham's *Satyameva Jayate 2* for Eid in May and Tiger Shroff's *Heropanti 2*, Ayushmann Khurrana's *Chandigarh Kare Aashiqui* and Ajay Devgn's *Maidaan* among titles that have committed to big screen showcasing this year. With budgets ranging between Rs500M and Rs1000M, a combination of mid-budget and big-scale films will compel audiences to step out, said industry experts.

The Covid-19 pandemic has wiped out the theatrical business by 67% according to a recent KPMG report, leaving several titles stalled or taken directly to video streaming platforms. Media industry experts said that Bollywood's nepotism debate and the drugs angle in the past few months may have disillusioned Indian audiences. Besides the trend of premiering mainstream Bollywood films on streaming services may have resulted in a behaviour reset where accustomed to watching films in the comfort of their homes at nominal prices, customers may not return to theatres.

Not everyone agrees.

"All theories (around the survival or death of the film industry) will continue or die down with what audiences get to see on a particular Friday. This is a business whose fate is decided entirely by the public and their wallets," said Gaurav Verma, chief operating officer at Red Chillies Entertainment which has a film called *Bob Biswas* starring Abhishek Bachchan slated for the year. Verma said it was unfair to presume only digital platforms have helped audiences taste blood with niche, meaningful content when in fact, Hindi films have been pushing the envelope for years now and the industry has seen box office successes in small-scale films such as *Mumbai Meri Jaan* or *Queen* as early as 2007.



"But consumer habits have evolved now and that will help the entire ecosystem to survive. There is space for both big stars as well as the familiarity that faces in shows such as *Scam 1992* or *Pataal Lok* bring," Verma added.

Siddharth Anand Kumar, vice-president, films and television, Saregama India added that issues around Bollywood's ethics and moralities have come up in the past, be it the casting couch or the MeToo movement but the industry has managed to bounce back thanks to the fact that the country continues to turn to it for entertainment, though none of this changes how people perceive Bollywood, in general.

"Although 2020 was a volatile year for the film industry, we are looking at a prosperous time ahead," said Shariq Patel, chief business officer, Zee Studios that has already released a Hindi film post lockdown, *Suraj Pe Mangal Bhari* and will be distributing Salman Khan's *Radhe* worldwide.

## How Bollywood stars spent 1st week of 2021

*As the first week of 2021 ends, here's a quick weekly round up on how the stars spent their first week of the year, as reported by A. Shaiwala of Republic World...*

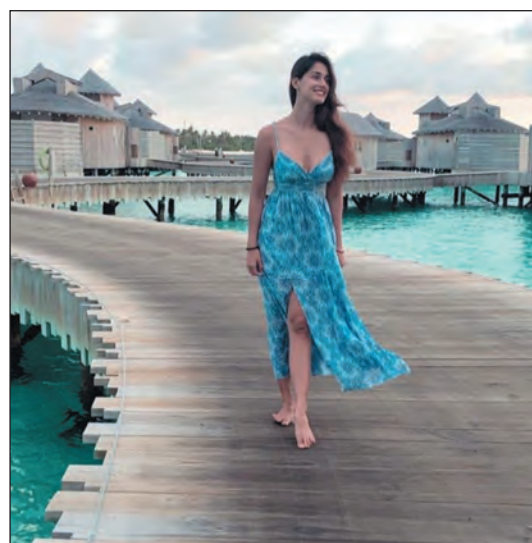
### Kareena Kapoor reunites with her 'girl gang'

On Friday night, Kareena Kapoor, reunited with her girl gang, Malaika Arora, Amrita Arora, Mallika Bhat and Natasha Poonawalla. In the photo, while to-be-mom Kareena, wore a blue dress, her friends also dressed up in chic outfits. Malaika and Amrita Arora returned from Goa after celebrating the New Year with family. In her post, Kareena Kapoor added that they missed Lolo, Karisma Kapoor.

\*\*\*

### Disha's Maldives holiday

Disha Patani has been in the Maldives since December 30. This whole week, she shared an array of photos from her trip that garnered massive attention from fans. Recently, she posted a sun-kissed photo in



a white shrug that heaped love from her followers.

\*\*\*

### Kiara Advani is 'charged for 2021'

Kiara Advani spent the first week of 2021 in the Maldives with her rumoured boyfriend and upcoming movie's co-star, Sidharth Malhotra. Right from her red bikini pic to her photo in her backless gown, Kiara stormed the internet with her vacation diaries. Even though the duo did not share any photos together, they tagged the same villa and also did the same water sports. After she returned to Mumbai, she shared a glimpse of the gym and wrote, "Charged for 2021".

\*\*\*

### Kartik Aaryan's first shoot

Kartik Aaryan's 2020 ended with the wrap up of his film, *Dhamaka*. After a short break, the *Pati Patni Aur Woh* actor kickstarted 2021 with his first shoot of the year. "Let's Roll," he wrote in his caption. This week, Kartik's photos with Janhvi Kapoor from their Goa holiday also surfaced on the internet.

\*\*\*

### 'Let love be your priority in 2021': Ayushmann Khurrana

Ayushmann Khurrana, along with his wife Tahira Kashyap and children celebrated the New Year and posted a glimpse with a heartfelt note. He posted a family picture and then another photo of himself in which he was seen reading a book.

"Once we choose love, the work to maintain our love begins - @cleowade. Let love be your priority in 2021," he wrote. More so, this week, the news of his collaboration with director Anubhav Sinha also popped up on the internet.



# TV actors urge fans to embrace 2021 with a positive attitude

2020 will go down in history as the year that changed the world. Most people will want to forget the year in a hurry. The good news is that we have finally said goodbye to 2020. With a brand new year (and decade) to look forward to, people are hoping for a better 2021. Hasti Doshi of Times of India spoke to television celebs and asked them about their expectations from 2021 and what they would like to inculcate in their lives in the new year.



Actress Shalini Kapoor, who is known for featuring in TV shows like 'Qubool Hai' and 'Swaragini' says, "There comes a day when you realise that turning a new page is the best feeling in the world. You also realise that there's so much more to life than what we were stuck on. With the onset of the new year, I hope for things to get better. I will focus on spreading positive vibes in 2021. I wish the year brings us lots of joy and happiness."

Smita Singh, who was seen in shows like 'Thapki Pyar Ki', 'Kahaani Ghar Ghar Kii' and 'Woh Rehne Waali Mehlon Ki', believes a new year is all about new choices. She says, "Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience and the passion to reach for the stars to change

the world. And the new year is a new chapter, a new verse. Ultimately, what we do in this new year is up to us. In 2021, I want to Supriya Shukla, currently seen in 'Molkki', 'Kumkum Bhagya' and 'Kundali Bhagya' adds, "This new year, we need to wake up, look up and begin things on a positive note and say goodbye to our past. It's time to embrace the New Year, the new you!"



Dolly Sohi, who has acted in shows like, 'Khoob Ladi Mardaani... Jhansi Ki Rani', 'Meri Durga' and 'Ek Tha Raja Ek Thi Rani', feels that we should be the best version of ourselves in 2021. She shares, "This year, I want to be a little more loving, caring, diligent, kind and emphatic. And I hope we are all the best versions of ourselves in 2021 after everything we went through in 2020."

For 'Namak Iss Ka' actress Garima Vikram Singh, the new year is a time to leave

behind negativity and look ahead with hope. She says, "New year is a time to understand and welcome new opportunities. We need to be positive and leave behind all the negativity in 2020. I wish this year is filled with brightness and hope, so that darkness and sadness stay away from us."



## 2020 taught us not to take anything for granted: Ronit Roy

The actor, who has a booked 2021, calls himself lucky to have releases this year and is pleased by the response to his web shows, reports Hindustan Times

Ronit Roy has been busy shooting for a new web show currently and he is enjoying being on the sets once again. This year, he garnered praise for his performance in web shows - *Hostages S1* and *S2* which streamed online, and *Kehne Ko Humsafar Hain (KKHH) S3*.

He reveals that he had planned to take time off earlier this year and was supposed to travel to New York to see his daughter, then a vacation in Goa with family and finally, solo trip to Japan to learn the culture. "But mid-February, I cancelled all plans as many countries were reporting Covid-19 cases, so I knew that travel won't be possible. Thankfully, after five months of lockdown and unlock here, spending three months in Dubai with family was a welcome change. It's been a tough year. I've had to take care of all my people and luckily, I managed. Now, we are back to normal and now the wave of new strain of coronavirus has begun (smiles). So, let's see," he says.

While many things that went viral this year, one of them was a DIY mask video Roy made which caught the attention of netizen amid the lockdown and got over two million views. Explaining the idea behind the video, he shares, "There was a bit irritation basically as we were all sitting at home and watching videos on how to make masks with sewing machines, cloth pieces and plastic bands! I mean, people were stuck in a lockdown, how is one going to get a sewing machine. So, using a T-shirt for a mask was a thought. Everyone has a T-shirt at home so it would be easy to use. I hoped it helped people."

Calling himself lucky to have releases this year, he is pleased by the response to his web shows. "*Hostages* was a huge hit and *KKHH* too did well. Now, my 2021 is booked. But 2020 taught us not to take anything for granted. One has learnt a lot of lessons this year. So, now I am chilling and working and taking each day by day. I have finished dubbing for *Shamshera* co-starring Ranbir Kapoor, and a film *Saat Kadam* with Amit Sadh should be out soon. I will wrap up my ongoing web show by February and have two feature films- a biopic and a thriller- to shoot next. I have two web shows lined up as well. It will be all work," he signs off.

## Krystle D'Souza: 'I feel proud of myself when I see the pride in my parents' eyes'

It's a new beginning for *Ek Hazaaron Mein Meri Behna Hai* fame Krystle D'Souza. The actress has bought a swanky new house in Andheri West area and spoke to Sukarna Mondal of ETimes TV exclusively about her latest possession. She talks about how she intends to decorate the house, how 2020 gave her time to fulfill her dream and more. Excerpts from the interview:

**How does it feel to buy a house for yourself at this young age?**

I feel I have worked very hard at a younger age, so now I can enjoy the benefits of that and continue to work harder. I feel proud of myself when I see the pride in my parents' eyes.

**How do you plan to design and decorate your home?**

I'm looking for good professionals to help me with that. I know what I have in mind but I will surely need someone to execute it well.

**What are the must-haves that you will include in the interiors?**

I have a beautiful deck area, so I'm surely going to use that well for my coffee mornings and as my zoning space. And I have a lot of clothes and shoes and bags, so a nice



space for that as well is what I have kept in mind.

**How long have you been planning/dreamt of owning a house?**

I honestly never thought about it since my parents own a few houses in Mumbai. But this pandemic gave me time to actually do some R&D and figure out a nice place for myself. I only bought it because I loved this property and the amenities. And because it's on a very high floor so my view is beautiful.

**Due to the pandemic did buying the house get delayed, or was it a vision**

**2021?**

I believe everything falls in place at the right time. In fact, due to the pandemic, I got enough time to research houses and locked it down in this lockdown itself. It all happened very quickly. My heart was set on this house and I knew that this is the one.

**Owing to the pandemic many lives had to take a financial hit... did you face any struggle?**

We all faced our bit of struggle be it financially, mentally or emotionally. By the grace of God, I had saved up from all these years of working and continue to save more and splurge less.

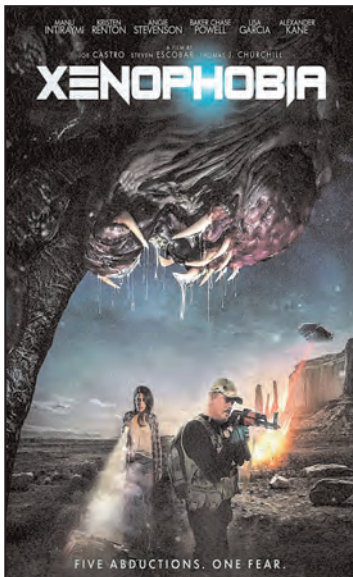




Mardi 12 Janvier - 21.10

## Xenophobia

Stars: Kristen Renton, Manu Intiraymi, Brinke Stevens



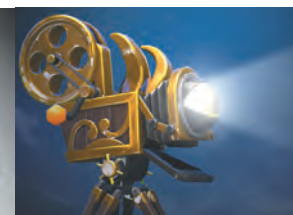
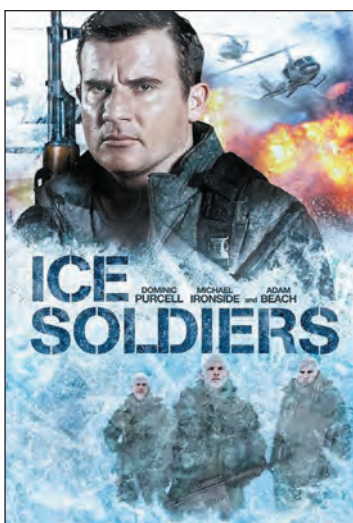
Mercredi 13 Janvier - 21.10

## The Quiet Hour



Jeudi 14 Janvier - 21.15

avec: Dominic Purcell, Adam Beach, Gabriel Hogan



### MBC 1

07.15 Local: Sekirite La Route  
10.15 Local: Fam Model  
10.30 Mag: Euromaxx  
11.00 Tele: Au Nom De L'amour  
12.00 Le Journal  
12.25 Tele: Le Prix Du Désir  
12.50 Local: People  
14.30 D.Animes: Twirlywoos  
14.41 D.Anime: The Garfield Show  
14.53 D.Anime: Petit Creux  
15.21 D.Anime: The Deep  
16.01 D.Anime: Les Triples  
16.34 D.Anime: Little Spirou  
16.52 D.Animes: Dragons  
17.20 Serial: Heidi, Bienvenida a...  
17.45 Mag: Origami  
18.00 Live: Samachar  
18.30 Serial: Jamai Raja  
19.30 Journal & La Meteo  
21.10 Film: Xenophobia  
23.00 Le Journal

### MBC 2

10.00 Serial: CID  
10.44 Serial: Ye Vaada Raha  
12.04 Film: Chhoti Bahoo  
Starring: Deepak Tijori, Shilpa Shirodkar, Bindu, Vikas Anand  
14.22 DDI Magazine  
15.00 Serial: Ek Deewana Tha  
15.23 Serial: Honaar Soon Mee...  
15.46 Serial: Mooga Manasulu  
16.09 Serial: Apoorva Raagangal  
16.32 Serial: Tu Ishq Hai  
16.50 Serial: Achra Ke Moti  
17.16 Kullfi Kumarr Bajewala  
18.00 Serial: Bloody Romance  
18.30 DDI Magazine  
20.00 Local: Tamil Programme  
20.30 Film: Sajan Ki Saheli  
Starring: Nutan, Rajendra Kumar, Rekha  
22.38 DDI Live

### MBC 3

06.00 Mag: Eco@Africa  
06.39 Mag: World Stories  
07.00 Mag: Voa Connect  
07.25 Mag: In Good Shape  
07.51 Doc: Amazing Gardens  
08.49 Doc: 360 GEO  
10.33 Doc: Fly Rocket Fly  
11.19 Mag: Eco@Africa  
11.45 Mag: Arts And Culture  
12.11 Mag: Vooa Connected  
12.39 Mag: Urban Gardens  
13.11 Doc: Amazing Gardens  
15.01 Mag: Global 3000  
15.27 Mag: Washington Forum  
15.53 Doc: Fly Rocket Fly  
17.18 Mag: World Stories  
17.30 Mag: Voa Connected  
18.30 Doc: Norwegian Riesling  
19.00 Student Support Prog...  
19.26 Mag: Urban Gardens  
19.34 Mag: Made In Germany

### Cine 12

01.27 Film: Signed, Sealed, Delive...  
03.48 Film: Bolshoi: Le Grand Saut  
05.24 Tele: Muneca Brava  
06.48 Film: Signed, Sealed, Delive...  
09.00 Serial: Mission: Impossible  
09.48 Tele: Soleil Levant  
10.35 Tele: Tanto Amor  
11.01 Serial: Counterpart  
12.00 Film: Bolshoi: Le Grand Saut  
13.30 Tele: Muneca Brava  
14.18 Mag: Hollywood Best Film  
14.45 Film: Signed, Sealed, Belive...  
16.40 Serial: Mission: Impossible  
17.29 Serial: L.A.'s Finest  
18.11 Tele: Soleil Levant  
19.00 Tele: Tanto Amor  
20.05 Tele: Le Prix Du Désir  
20.30 Serial: L.A.'s Finest  
21.15 Film: Past Never Dies  
22.47 Tele: Muneca Brava  
23.29 Serial: Mission: Impossible

### Bollywood TV

08.00 Film: Ghar Sansar  
12.04 / 19.54 - Kahan Hum Kahan Tuam  
12.26 / 20.11 - Radha Krishna  
12.50 / 20.32 Sanjivani  
13.09 / 21.09 - Zindagi Ki Mehek  
13.31 / 21.24 - Bade Acche Lagte Hai  
13.31 / 21.46 - Bade Acche Lagte Hai  
13.53 / 21.59 - Jai Kanhaiya Lal Ki  
14.15 / 22.25 - Ikyawann  
15.22 Film: Ranviir, The Marshsal  
Starring: Rishy, Rati Agnihotri, Ramnita Chaudhry  
18.00 Live: Samacher  
18.30 Kundali Bhagya

mardi 12 janvier

mercredi 13 janvier

jeudi 14 janvier

08.00 Local: Palette  
08.30 Local: Rodrig Prog  
09.00 Doc: Scent Of Freedom  
12.00 Le Journal  
12.25 Tele: Le Prix Du Désir  
13.05 Local: Groov'in  
14.00 Local: Tous Egaux: Shawn...  
14.30 D.Anime: Twirlywoos  
14.41 D.Anime: The Garfield Show  
14.53 D.Anime: Petit Creux  
15.21 D.Anime: Mega Man  
16.08 D.Anime: La Famille Blaieau  
16.20 D.Anime: Wishfart  
16.31 D.Anime: Little Spirou  
17.20 D.Anime: Heidi, Bienvenida...  
18.00 Live: Samachar  
18.30 Serial: Jamai Raja  
19.30 Journal & La Meteo  
20.00 Prod: Lottotech  
20.20 Local Production  
21.10 Film: The Quiet Hour  
23.00 Local: Le Journal

10.00 Pyar Ka Dard Meetha...  
11.17 Suhani Ek Ladhi  
12.00 Film: Don  
Starring: Amitabh Bachchan, Zeenat Aman and Pran  
15.00 Serial: Ek Deewana Tha  
15.22 Honaar Soon Mee Hya...  
15.44 Mooga Manasulu  
16.10 Apoorva Raagangal  
16.30 Serial: Tu Ishq Hai  
16.53 Serial: Achra Ke Moti  
17.12 Kullfi Kumarr Bajewala  
17.33 Serial: Kulvadh  
18.00 Serial: Bloody Romance  
18.30 Serial: DDI Magazine  
19.30 DDI Magazine  
20.00 Programme In Marathi  
20.26 Local: Chinese Local Prod  
21.00 Film: The Dragon The Hero  
Starring: John Liu, Yen-Tsan Tang, Phillip Ko

06.00 Rev: The Global Auto...  
06.26 Doc: Norwegian Riesling  
06.52 Mag: Check In  
07.25 Mag: Made In Germany  
07.51 Doc: Builders Of The Future  
08.46 Doc: Bernard Buffet...  
10.53 Doc: New York City Rich...  
11.31 Rev: The Global Auto...  
11.57 Doc: Norwegian Riesling  
12.23 Mag: Check In  
12.49 Mag: Urban Gardens  
13.47 Doc: Olivias Garden  
14.13 Doc: Bernard Buffet...  
15.09 Mag: Close Up  
16.17 Doc: New York City Rich...  
17.54 Doc: Set One: Experiencing  
18.00 Mag: Motorweek  
18.30 Mag: Vous Et Nous  
19.00 Student Support Prog...  
19.26 Doc: Urban Gardens  
20.05 Mag: Tendence XXI  
20.31 Mag: Vue D'en Haut

00.20 Serial: L.A.'s Finest  
01.26 Film: Past Never Dies  
02.58 Serial: Counterpart  
03.50 Film: A Wish Come True  
05.15 Tele: Muneca Brava  
06.38 Film: MIB/Men In Black II  
09.00 Serial: Mission: Impossible  
09.48 Tele: Soleil Levant  
10.35 Tele: Tanto Amor  
11.01 Serial: Counterpart  
12.00 Film: A Wish Come True  
13.33 Tele: Muneca Brava  
14.45 Film: MIB/Men In Black II  
16.40 Serial: Mission: Impossible  
17.30 Serial: L.A.'s Finest  
18.12 Tele: Soleil Levant  
19.00 Tele: Tanto Amor  
20.05 Tele: Le Prix Du Désir  
20.30 Serial: Beauty And The Beast  
21.15 Film: Mackenna's Gold  
23.20 Tele: Muneca Brava  
00.02 Serial: Mission: Impossible

08.00 Film: Ranviir, The Marshsal  
12.04 / 20.06 - Kahan Hum Kahan Tuam  
12.26 / 20.26 - Radha Krishna  
13.10 / 20.46 Zindagi Ki Mehek  
13.30 / 21.09 - Bade Acche Lagte  
13.52 / 21.31 - Jai Kanhaiya Lal...  
14.14 / 21.46 - Ikyawann  
14.36 / 21.59 - Yeh Hai Mohabbatein  
14.59 / 22.25 - Bin Kuck Kahe  
15.25 Film: Jaani Dushman: Ek Anokhi Kahani  
Starring: Sunny Deol, Akshay, Kumar, Suniel Shetty, Raj Babbar  
18.00 Live: Samacher  
18.30 Kumkum Bhagya  
18.51 Ek Rishta Saajhed Ka  
19.13 Mere Angne Mein  
19.35 Yeh Pyaar Nahi Toh Kya...

06.00 Local: Rodrig  
07.00 Local: Sur Prise  
09.00 Mag: Made In Germany  
09.45 Local: Encounter  
10.30 Mag: Tomorrow Today  
12.00 Le Journal  
12.25 Tele: Le Prix Du Désir  
13.00 Local: Babani Seg 2021  
14.30 D.Anime: Twirlywoos  
14.41 D.Anime: The Garfield Show  
14.54 D.Anime: Dee Dee The Little...  
15.21 D.Anime: Mega Man: Fully...  
15.42 D.Anime: Martin Morning  
16.02 D.Anime: Les Triples  
16.17 D.Anime: Wishfart  
16.39 D.Anime: Little Spirou  
18.00 Live: Samachar  
18.30 Jamai Raja  
18.55 Local: Chaar Dham Tirth...  
19.30 Le Journal  
20.25 Film: Housefull 4

10.00 Karm Phal Data Shani  
12.05 Film: Ghar Ho To Aisa  
Starring: Anil Kapoor, Meenakshi Seshadri, Saeed Jaffrey  
14.50 Serial: Ek Deewana Tha  
15.16 Honaar Soon Mee Hya  
Gharchi  
15.39 Mooga Manasulu  
16.06 Apoorva Raagangal  
16.29 Serial: Tu Ishq Hai  
16.51 Serial: Achra Ke Moti  
17.13 Kullfi Kumarr Bajewala  
18.00 Serial: Bloody Romance  
18.30 Serial: Ghar Pahucha Da  
Devi Maiya  
19.00 Zournal Kreol  
20.00 Local: Les Grandes Lignes  
21.00 Film: Beyond White Space  
Starring Holt McCallany, Zulay Henao  
22.39 DDI Live

06.00 Mag: Motorweek  
06.25 Mag: Vous Et Nous  
07.19 Doc: Urban Gardens  
08.21 Mag: Vue D'en Haut  
10.07 Mag: Initiative Africa  
11.00 Doc: Rough Ride  
11.44 Mag: Motorweek  
12.10 Mag: Vous Et Nous  
14.30 Doc: Zenith  
17.28 Mag: Motorweek  
18.00 Mag: Eco India  
18.44 Mag: Carnet De Sante  
19.05 Open Univ: Student Support  
19.34 Mag: Tomorrow Today  
20.05 Doc: Raymond Loewy, Le...  
21.10 Doc: 360 Geo  
22.02 Doc: Pablo Escobar??s  
22.44 Doc: Lethal Exports  
23.26 Mag: Eco India  
23.52 Mag: Shift  
00.05 Mag: Carnet De Sante

00.50 Serial: Beauty And The Beast  
01.35 Film: Dominion  
03.44 Film: Stan & Ollie  
05.18 Tele: Muneca Brava  
06.00 Serial: Beauty And The Beast  
06.40 Film: Mackenna's Gold  
09.00 Serial: Mission: Impossible  
10.35 Tele: Tanto Amor  
11.01 Serial: Counterpart  
12.00 Film: Stan & Ollie  
13.30 Tele: Muneca Brava  
14.32 Film: Mackenna's Gold  
16.37 Serial: Mission: Impossible  
17.21 Serial: Beauty And The Beast  
18.05 Tele: Soleil Levant  
19.00 Tele: Tanto Amor  
20.08 Tele: Le Prix Du Désir  
20.30 Serial: Beauty And The Beast  
21.15 Film: Ice Soldiers  
22.50 Tele: Muneca Brava  
23.32 Serial: Mission Impossible

08.00 Film: Jaani Dushman: Ek Anokhi Kahani  
12.05 / 19.54 - Kahan Hum Kahan Tuam  
12.26 / 20.11 - Radha Krishna  
12.47 / 20.32 Sanjivani  
13.09 / 21.09 - Zindagi Ki Mehek  
13.31 / 21.24 - Bade Acche Lagte Hai  
13.56 / 21.46 - Jai Kanhaiya Lal Ki  
14.14 / 21.59 - Ikyawann  
14.36 / 22.25 - Yeh Hai Mohabbatein  
15.20 Film: Kuchh Meetha Ho Jaye  
Starring: Arshad Warsi, Mahima Chaudhry, Shah Rukh Khan  
18.30 Kundali Bhagya



Jeudi 14 Janvier - 15.20

Arshad Warsi, Mahima Chaudhry, Shah Rukh Khan



Jeudi 14 Janvier - 20.25

Stars: Akshay Kumar, Sam Nagar, Riteish Deshmukh





## Breakfast With Bwana

## January 7, 2021 - A New D-Day

*As horrific as the assault on the Capitol was, the transition from January 6 to January 7 was indeed a celebration of Democracy Day*



Anil Madan

June 6, 1944, known forever as D-Day lives in our memories. Whether the "D" meant something specific or was just a letter identifier is debated. Doom, Deliverance, Debarkation, or simply just a day.

The hours that spanned January 6-7, 2021, made for a D-Day of another sort, Democracy Day in my estimation.

I have heard the laments from the left-wing media. I have heard the sobs from the right-wing media. I have even heard the apologists for Trump -- yes, there are still many. And I have heard the gloating, the rejoicing, and the condemnation from overseas.

I have heard the cries of shame from the Black Lives Matter (BLM) sympathizers and apologists who want to tell us that America is a racist nation and that the rioters would have been treated differently had they been Black.

One email from a friend in India stated: "No longer the global cop, USA has lost all right to preach, criticize or condemn developing countries on their performance or record of civilized behaviour after the heavily armed racist goons attacked and rampaged its Senate building yesterday. Enough! Yes, the world has had enough of US pronouncements and judgements on all other countries after the rowdy mob rioted, hit and even killed one in the hallowed halls of this so-called shrine of democracy."

I beg to differ. As the Chinese Communist Party has arrested the entire Democratic opposition, this is precisely the argument we hear from them, that other countries should not criticize how China handles its internal affairs. Never mind that human rights abuses anywhere are properly the concern of all the world.

Many well paid "contributors" (a loose term) to cable networks have told us that if the rioters had been Black, the response would have been different.

I beg to differ.

The Washington, D.C. police were commanded by a Black Mayor which makes it foolish to argue that she directed her police



As Congress prepared Wednesday 6th January to affirm President-elect Joe Biden's victory, thousands gathered in Washington in support of President Trump and his baseless claims of election fraud. Photo - Associated Press

“The truth of the matter is that America's Democracy shone through the darkness of the assault instigated by a sitting President. Make no mistake. Donald Trump really believed that there was a chance, however small, that his mob of supporters might persuade, intimidate or coerce Vice resident Pence into refusing to accept the certified Electoral College results and somehow find a way to relegate the decision to the House where the states, each voting as one delegation with a Republican majority, might swing the election to him...”

force to treat white rioters more leniently than they would Black rioters. The truth is that the capital city was unprepared because the Mayor did not want to call in armed National Guard units in advance of the Trump rally. And, by the way, the National Guard would have been under Trump's control. The result was that the Capitol police were undermanned because they are a small force in a country that does not expect assaults on the citadel of democracy.

A letter from the Mayor seven days earlier on New Year's Eve stated "No DC National Guard (DCNG) personnel shall be armed during this mission, and at no time, will DCNG personnel or assets be engaged in domestic surveillance, searches, or seizures of US persons," and DC Police Chief Robert Contee told reporters on Monday that the National Guard will assist with "crowd management" and traffic control, freeing the city's police officers to focus on potential acts of violence and other security issues.

A memorandum from the Office of the Secretary of Defense documents the timeline for the events of December 31 to January 6. One is left with the impression that senior people certainly anticipated the need for National Guard support. Why troops were not on standby in the immediate

vicinity is a question to be answered by those in charge. That is a subject for another discussion.

The truth of the matter is that America's Democracy shone through the darkness of the assault instigated by a sitting President. Make no mistake. Donald Trump really believed that there was a chance, however small, that his mob of supporters might persuade, intimidate or coerce Vice President Pence into refusing to accept the certified Electoral College results and somehow find a way to relegate the decision to the House where the states, each voting as one delegation with a Republican majority, might swing the election to him.

He was wrong. He failed.

It was an institutional triumph for America's system of checks and balances and the core belief in American Democracy.

He failed.

For all those who want to lecture America, remember that this is not the land in which Bashar al-Assad, Mohammed Bin Salman, Abdel Fattah al-Sisi, Recep Tayyeb Erdogan, Jair Bolsanaro, Vladimir Putin, Xi JinPing, Kim Jong Un, Alexander Lukashenko, Nicolás Maduro, or any of a hundred other tinpot despots have prevailed.

I salute Vice President Pence and Senate Leader McConnell (and his wife Elaine Chao who resigned from the Cabinet) for their principled stance.

I condemn Josh Hawley, Ted Cruz, and any number of similar low-life cohorts who desecrated the essence of everything for which this nation stands.

They failed.

But make no mistake, as horrific as the assault on the Capitol was, the transition from January 6 to January 7 was indeed a celebration of Democracy Day.

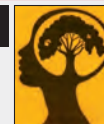
**Vive la République !**

If we can keep it.

Cheerz...  
Bwana

## Tree of Knowledge

Madisyn Taylor



## Compassion

True compassion recognizes that all the boundaries we perceive between ourselves and others are an illusion.

Compassion is the ability to see the deep connectedness between ourselves and others. Moreover, true compassion recognizes that all the boundaries we perceive between ourselves and others are an illusion. When we first begin to practice compassion, this very deep level of understanding may elude us, but we can have faith that if we start where we are, we will eventually feel our way toward it. We move closer to it every time we see past our own self-concern to accommodate concern for others. And, as with any skill, our compassion grows most in the presence of difficulty.

We practice small acts of compassion every day, when our loved ones are short-tempered or another driver cuts us off in traffic. We extend our forgiveness by trying to understand their point of view; we know how it is to feel stressed out or irritable. The practice of compassion becomes more difficult when we find ourselves unable to understand the actions of the person who offends us. These are the situations that ask us to look more deeply into ourselves, into parts of our psyches that we may want to deny, parts that we have repressed because society has labeled them bad or wrong. For example, acts of violence are often well beyond anything we ourselves have perpetuated, so when we are on the receiving end of such acts, we are often at a loss. This is where the real potential for growth begins, because we are called to shine a light inside ourselves and take responsibility for what we have disowned. It is at this juncture that we have the opportunity to transform from within.

This can seem like a very tall order, but when life presents us with circumstances that require our compassion, no matter how difficult, we can trust that we are ready. We can call upon all the light we have cultivated so far, allowing it to lead the way into the darkest parts of our own hearts, connecting us to the hearts of others in the understanding that is true compassion.