

MAURITIUS TIMES

"We may have all come on different ships, but we're in the same boat now." - Martin Luther King Jr.

'Pray for the country'



We can choose to ape the divisive trends that are shaking some societies violently. Or we consciously decide that we'd rather not shipwreck like the MV Wakashio but instead stay afloat

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“ L'indignation ne suffit pas... ”

l'indignation n'a d'ailleurs jamais suffi, il faut transformer l'indignation en action ”

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Pétition de recall 'MorisPouTouDimoun' : Défier la loi pour revendiquer ses droits ?

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Rule by populism or democratic norms?

The stage had been set for what was seen in the streets of Port Louis on Saturday 29th August. It had been in the making since many months with the coming to power of the current government and its doings that are reflective of the political culture of the parties that constitute it. This is certainly not that of its electoral base, which some attempted to equate its morals to.

It looked like the virus of favouritism and corruption has so infiltrated our polity that it appears as the new normal way of proceeding in running the affairs of the country. This perception began with the transactions relating to the procurement of pharmaceutical and other products prior to and during the pandemic confinement, costing the Exchequer some Rs 1.5 billion during a three-month period, and involving in some cases business houses unregistered with the Registrar of Companies, hardware stores, and protégés known for their closeness to the political heavyweights. Next came the St Louis Gate which led to the revocation of a Deputy Prime Minister, and which is now under investigation by ICAC (notorious for its inability to unravel the big cases especially those involving members and supporters of the regime). Furthermore, speculations and rumours about the handling/mishandling of the Wakashio shipwreck and the resulting oil spill which have a direct impact on the region, which looks more like a ghetto, have contributed to the growing mistrust of the government and the indignation of citizens.

The base was therefore gradually being laid, given the inability of the opposition to counter the government, for some form of populist movement to surf on that wave of indignation that has been unfurling across the country – with support from backers who have an axe to grind with the government for its stand regarding the reopening of our frontiers and the conditions for the disbursements of assistance from the Mauritius Investment Company.

This brings us to the citizen movement of Bruneau Laurette, the backings of which movement remain unknown to the public. Notwithstanding, on the basis of its successful mobilization, it can claim to its credit that it has forced government to take note of the frustration and wrath of large swathes of the population, which felt they were not being heard by the people in power.

The focus of the citizen movement has been on the Wakashio shipwreck and the oil spill and a number of issues flagged by Mr Laurette and which appeal to popular sentiments. However, should it morph into a political movement, it will only be taken seriously when it takes up issues which have a direct impact on the lives and livelihoods of the people across all social and ethnic groups – growing inequality, access to and housing for the upcoming generation, equal opportunity possibilities in the public and private sectors, the 'betonising' of the lands of this country with the proliferation of so-called 'smart cities' all over the place

amongst others.

At some point, as a class movement, it will have to reckon with the reality that a fundamental cause of the inequalities in the country is the hand-in-glove relationship between the monopolies and oligopolies that control the economy and the holders of political power who act as the new elite. Will it then be selective in order not to disrupt the established order maintained by these forces to lord it over the people? If so, it will sooner rather than later be hoisted by its own petard, for those same sections of Mauritian society will not for long countenance any such challenge to their status quo.

The crux of the issue from a national perspective is whether as a nation we will accept that a populist movement should rule our lives, like a permanent vigilante movement of the Haitian *tonton macoutes* type, or whether in line with our political evolution as a parliamentary democracy, we will stick to the formula of effecting change through the party system within the democratic paradigm and in respect of our Constitution.

This is what our so-called traditional parties must seriously ponder. For the fact is that despite their dwindling support down the years – rising abstention at elections being a pointer to their loss of credibility – they have on balance served the country well enough. They have gone through the democratic process and respected the will of the people and the electoral process itself which – barring a few challenges – has been acknowledged as fair, just and transparent. The onus is on the Labour Party and the MMM to review their functioning, political programme – and leadership, if they deem it necessary – if they do not want to be overtaken by events and be reduced to insignificance on the political scene.

Enormous damage has been done to their national standing. The leadership which was once respected for sticking to the highest principles is totally unrecognizable by those standards today. Looking at the kaleidoscope of political parties occupying the front stage of Mauritian politics currently, it should be clear that their leaders have devalued their parties, thinking that voters have no choice but to stick to them no matter how much the damage they have wrought.

We said of the Labour Party before that its future will forcibly depend on whether it can democratize itself and live up to the collective responsibility for which its original leaders set it up. It requires courage to arrest the harm the party has brought upon itself in past years. If this turnaround towards a greater democratisation of the party is convincingly achieved, Labour will then deserve to be given an honest chance to inspire the people to come together behind it, for rekindling hope in them of better days to come, through an infusion of a degree of Fabian socialism that helped to take the country forward at a time when things were much worse from an economic and social point of view.

The Conversation

9 reasons you can be optimistic that a vaccine for COVID-19 will be widely available in 2021

As fall approaches rapidly, many are wondering if the race for a vaccine will bear fruit as early as January 2021.

I am a physician-scientist and infectious diseases specialist at the University of Virginia, where I care for patients

and conduct research into COVID-19. I am occasionally asked how I can be sure that researchers will develop a successful vaccine to prevent COVID-19. After all, we still don't have one for HIV, the virus that causes AIDS.

Here is where the current research stands, where I think we will be in five months and why you can be optimistic about the delivery of a COVID-19 vaccine.

1. Human immune system cures COVID-19

In as many as 99% of all COVID-19 cases, the patient recovers from the infection, and the virus is cleared from the body.

Some of those who have had COVID-19 may have low levels of virus in the body for up to three months after infection. But in most cases these individuals can no longer transmit the virus to other people 10 days after first becoming sick.

It should therefore be much easier to make a vaccine for the new coronavirus than for infections such as HIV where the immune system fails to cure it naturally. SARS-CoV-2 doesn't mutate the way that HIV does, making it a much easier target for the immune system to subdue or for a vaccine to control.

2. Antibodies targeting spike protein prevent infection

A vaccine will protect, in part, by inducing the production of antibodies against the spike protein on the surface of SARS-CoV-2, the virus that causes COVID-19.

The virus needs the spike protein to attach to and enter human cells to reproduce. Researchers have shown that antibodies, like those made by the human immune system, bind to the spike protein, neutralize it and prevent the coronavirus from infecting cells in laboratory culture.

Vaccines in clinical trials have been shown to raise anti-spike antibodies that block virus infection in cells in the lab.

At least seven companies have developed monoclonal antibodies, laboratory-manufactured antibodies that recognize the spike protein. These antibodies are entering clinical trials to test their ability to prevent infection in those who are exposed, for example, through a household contact.

Monoclonal antibodies may also be effective for treatment. During an infection, a dose of these monoclonal antibodies could neutralize virus, giving the immune system a chance to catch up and manufacture its own antibodies to combat the pathogen.

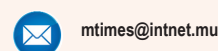


Mauritius Times

Founder/Editor: Beekrumsing Ramlallah - Aug 1954-Sept 2000
Editor-in-chief: M. Ramlallah / Senior Editor: Dr RN Gopee
This epaper has been produced with the assistance of

Doojesh Ramlallah, Sultana Kurmally and Kersley Ramsamy

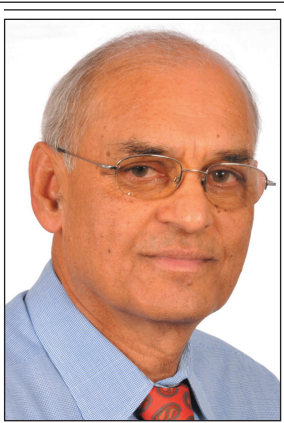
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Dr R Neerunjun Gopee

'Pray for the country'

We can choose to ape the divisive trends that are shaking some societies violently. Or we consciously decide that we'd rather not shipwreck like the MV Wakashio but instead stay afloat

Edward Everett Hale was a prodigious child who joined Harvard University at the age of 13. He rose to become a minister, a writer and historian. In 1903 he became chaplain of the US Senate. Once somebody asked him, 'Dr Hale, do you pray for the senators?' He replied, 'No. I look at the Senators and pray for the country.'

If he were to be looking at the current turmoil in several cities across the US, he would probably have said, 'I look at the senators and the people and pray for the country.'

In fact, what with Covid-19 still spreading, the unrest in so many countries and regions in the world no doubt calls for all world citizens to pray not only for their respective countries but for the whole world. However, even if this were to happen, there is no guarantee that the prayers would be as effective as optimists would wish them to be. After all, humanity has been praying for centuries altogether, but that hasn't prevented successive hordes from preying on others both within and outside their borders, perhaps an indication of the relative failure of the appeal to the divine.

Part of the reason for this could probably be because the sincere prayers emanating from cultures and traditions which seek the health and well-being of everyone irrespective suffer some neutralization by the solicitations to the divine of other believers who focus on their own welfare rather than that of the world at large.

Whatever be, we must still hope against hope and continue to direct our collective endeavours towards the restoration of sanity and security the world over. If we want humanity not only to survive but to prosper, that's the only way forward – our existential choice is indeed very limited. And this applies to our country too.

We can choose to ape the divisive trends that are shaking some societies violently with loss of lives and public or personal assets, what in the case of the US President Donald Trump has called 'domestic terror', which only a few days ago erupted – yet again - in Sweden and Norway. Or we consciously decide that we'd rather not shipwreck like the MV Wakashio but instead stay afloat and make our way in the world to destinations of our choosing: safe ones where we can put our shoulders together and build the future that we would like to leave to our children and grandchildren. This means pooling our individual strengths and talents and putting them at the service of the nation for, as the cliché goes, unity is strength.

There are a few realities that we should reckon with as we construct this common future. To start with, all of us on this island are here by an accident of history, and all of us are descendants of migrants who originate from outside – Europe, Africa, India, China. And we need not be ashamed of our origins – like the guy who told me he was proud to belong to a line of erstwhile corsairs. None of us is a native or has any more claim to the land than his fellow citizen. We have gone through rough times but the advent of independence and the farsightedness of our leaders made us put them behind us and look ahead instead. As a result we managed to avert the predicament – becoming a basket

case -- that was predicted to be our fate according to the Titmuss-Meade Report around the time of independence.

On the contrary, maintaining the welfare state that granted us universal health care, a universal pension scheme with various social benefits, free education among others, along with consolidating or setting up the institutional infrastructure needed – together with deft diplomatic negotiations such as the Lome Convention - to sustain and propel forward our developing new country, we hitched ourselves further higher to be cited as a model of demo-



“There are a few realities that we should reckon with as we construct this common future. To start with, all of us on this island are here by an accident of history, and all of us are descendants of migrants who originate from outside - Europe, Africa, India, China. And we need not be ashamed of our origins - like the guy who told me he was proud to belong to a line of erstwhile corsairs. None of us is a native or has any more claim to the land than his fellow citizen. We have gone through rough times but the advent of independence and the farsightedness of our leaders made us put them behind us and look ahead instead...”

cracy in Sub Saharan Africa and with matching human development indices that we could justifiably be proud of.

By leaps and bounds we made the transition from being a monocrop economy to industrialise and to diversify into tourism and services. We would be dishonest if we were to deny that there has been a marked improvement in the general standard of living of the people that has taken place in the five decades since independence, with the State guaranteeing equal opportunities and equal human rights to all its citizens as provided for in the Constitution.

By the same token we would be fooling ourselves to aver that everything is perfect – especially at a time when even the largest and richest democracies are being convulsed, their underbelly of yawning inequalities and vulnerabilities literally exploding in the face in the wake of the Covid pandemic – which we, tiny island with limited resources, have managed to control. We too have inequalities and pockets of poverty, as even the most advanced

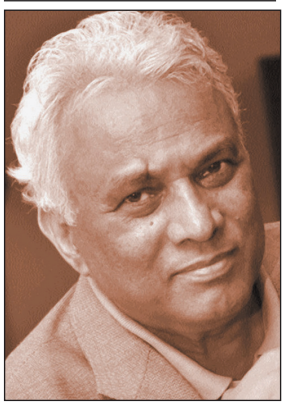
countries have, despite their vast riches and other resources, whereas we have no natural resources – our only resource being our people.

We now add up to about 1.2 million in population, in a territory of 720 sq. miles. This compares with the over 5 million people in Singapore which is about 250 sq. miles. Theoretically therefore we could accommodate a good few millions more. In other words, there is plenty of space to go around for everybody who is here, and nobody is pushing anybody out! For, aside from those who have already migrated elsewhere – something which happens to all countries – Covid-19 has changed all the parameters. Instead of going away, people are coming back now, and so much the better. We need all our people, for there is enough land space for all of us. What is required is to expand further scopes and opportunities already rolled out to keep all the able-bodied occupied and gainfully employed in order to meet individual and family needs.

Irrational and impulsive actions based on prejudices and the darker and baser instincts will only put us back, and they must be avoided at all cost. 20 years ago, in 2000, shortly after the MMM-MSM alliance came to power,

we prepared the first PRSP – Poverty Reduction Strategy Paper, which was a complement to the UNDAF, the United Nations Development Assistance Framework, in both of which I was involved as I was then at the WHO, leaving at the end of 2000.

What happened to the PRSP and the UNDAF – and any updates brought about thereafter? Why does poverty persist despite so much work done and so many actionable recommendations made? It was around the same time, at the turn of the century that the drugs epidemic began to rear its ugly head anew and corruption became a byword in our daily life. These are the two major plagues that as a country we must address over and above tackling all the ongoing issues and challenges that the pandemic is forcing upon us. This means joining in a national effort in which all parties assume their responsibilities and play a constructive role, where there is no place for the blame game and scapegoating which will lead us nowhere.



Mrinal Roy

The Last Straw

The clamours from the people for a radical change in political ethics and governance are growing louder. Will government and the political class ever learn?

The writing has been deeply carved on the wall since long. People are fed up with the appalling state of governance in the country and the cohort of politicians and inept governments which have monopolized the political scene for donkeys' years. More and more people are legitimately questioning the credentials, quality, track record, competence and professional expertise of the political class. They are appalled by the number of dilettante in politics.

They are riled by the ethos of politicians who prefer the trappings and perks of power to honouring, as elected representatives of the people, their commitment of altruistic service to the people and their continuous well-being. They are outraged by the partisan divide of party politics which compels MPs to defend contested government proposals detrimental to public interest and basic democratic principles. They deplore the decried manner the Speaker shoulders his responsibility as a fair arbiter of parliamentary debate. How can this appalling state of affairs make Mauritius a model of democracy?

People are also angry and fed up with dynastic politics, nepotism and the partisan nomination of the party faithful and defeated candidates as ambassadors, advisors or to fat cat jobs at public expense at the head of key government institutions and state companies without having the credentials and required qualifications, when swathes of Mauritians are struggling to meet their existential needs.

They are maddened by ageing political leaders who despite being repeatedly defeated at the polls do not have the grace to step down to allow a new leadership and a new breed of young talented and able Mauritians driven by an ethos of altruistic service to the people to propose innovative pathways for a better socio-economic order which rallies the multitude.

The people are also infuriated by the systemic failures of the decision making process and the long list of costly blunders by successive governments under the watch of their political appointees such as at Air Mauritius or the billions of Rupees which have had to be drawn from public funds to repair a leaking Midlands Dam. They deplore the double costs of upgrading and renovating 17 sporting facilities used for the Indian Ocean Island Games held in

July 2019 following delays due to piling and ground improvements works required for building the multisport complex at Côte-d'Or. Shareholders condemn the billions of



Samuel Burri @sam_btw

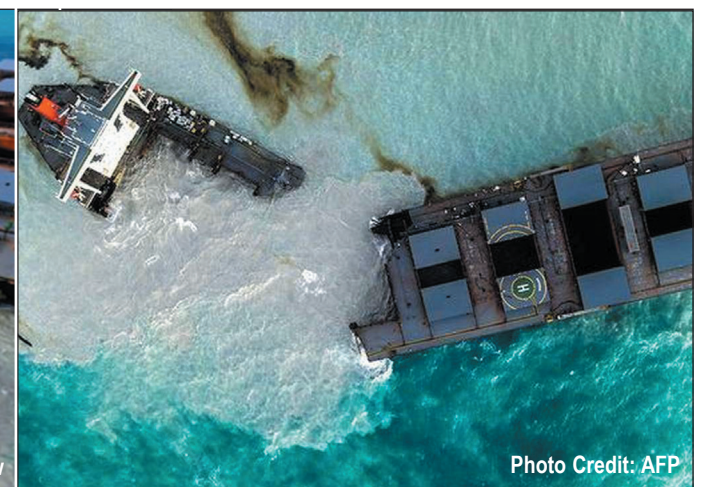


Photo Credit: AFP

“The last straw for people across the country has been that decried political appointments have continued unabated with the appointment of the kin of ministers at the head of government institutions in the wake of the patent mismanagement of the Wakashio shipwreck and oil spill which has taken such a heavy death toll among dolphins in the affected coastal region and resulted in the death of seamen. Yet, another inquiry has been announced by government...”

Rupees of losses incurred by the State Bank of Mauritius owing allegedly to risky loans to foreign companies which necessitated substantial impairment provisions.

The people are aghast at the patent lack of a rigorous due diligence exercise before the allocation of operating permits to the likes of Alvaro Sobrinho and the culpable responsibility of government in the wanton allocation of prime and scarce state lands to cronies and politicians without the due process of an open tender.

The recent death by overdose of two young men and press reports regarding the alleged abundance of drugs available on the market in a context where our borders remain closed exposes yet again the ineptitude of government to quash this evil despite the official rhetoric.

Instead of lamenting that the European Commission (EC) has included Mauritius in its revised list of high-risk countries with strategic deficiencies in their anti-money laundering and counter-terrorist financing frameworks without due consultation, the Government must above all ensure that the laws enacted, the training provided and the people manning the institutions administering the sector, etc., actually plug through a rigorous management and oversight of

the global business sector any risks of our international financial services sector acting as a conduit for illicit money laundering and terrorist financing.

It is only when the Financial Action Task Force (FATF) the global money laundering and terrorist financing watchdog and the EC are fully satisfied that the Mauritian global business jurisdiction is being rigorously administered and supervised that we can hope for progress on this key issue.

Wave of revolt

The last straw for people across the country has been that decried political appointments have continued unabated with the appointment of the kin of ministers at the head of government institutions in the wake of the patent mismanagement of the Wakashio shipwreck and oil spill which has taken such a heavy death toll among

dolphins in the affected coastal region and resulted in the death of seamen. Yet, another inquiry has been announced by government.

Will government and the political class ever learn? The bumbling management of the Wakashio shipwreck has exposed the inept crisis management acumen of government. The growing anger in the wake of the disastrous oil spill has ignited a potent wave of revolt in the country. The clamours from the people for a radical change in political ethics and governance are growing louder.

Governments are elected to competently manage the affairs of the country in an accountable and transparent manner, be constantly attentive to the hardships and concerns of the people, steer the country towards higher levels of inclusive prosperity, bridge growing inequality and efficiently grapple with any unexpected challenges faced by the country. They are helped in this task by the seasoned experience and expertise of the top brass of the government Establishment. However, successive governments have shot themselves in the foot through repeated political interference in the process of merit based appointments and undermined the management acumen

of the government.

Management acumen cannot be replaced by spin doctoring. Spin doctoring and handouts paid from public funds (basically from our own pockets) to all and sundry to assuage any aggrieved protests are key elements of the style of governance of government. Spin doctoring by the cohort of government advisors try, with the help of the national TV, to conjure narratives to mask blunders, botched decisions, setbacks and failures such as the Wakashio ecological catastrophe or disputed decisions such as the precipitated sinking of the forward section of the Wakashio wreck in high seas on 24 August 2020.

Thus, fishers, fishmongers and pleasure craft operators adversely affected by the oil spill will receive as from August 2020 a solidarity grant of Rs10,200 over and above the allowance under the Wage

Assistance Scheme or the Self-Employed Assistance Scheme, the bad weather allowance to fishers and the payment of daily rate of Rs 800 for the cleaning of beaches and lagoons.

According to government Rs 11 billion have already been disbursed under the Wage Assistance scheme and to the informal sector to some Rs 470,000 persons as well as Rs 6 billion have been paid to 1,300 enterprises to help them tide over the Covid-19 crisis.

It is evident from the statement made by the Prime Minister this week in the wake of the protest march by the citizens of the country on 29 August in Port Louis that he has not grasped the tenor of the people's protest nor the mood of the nation. Spin doctors must justify their utility and assure their survival through thick and thin. His remark that above all the objective of a full inquiry is to 'shed complete light on the Wakashio shipwreck' when it all happened under his watch as PM says it all.

Legitimacy

An elected government can no longer claim legitimacy if it is contested by the multitude.



Maldives tightens tourist virus rules. Photo - vid.alarabiya.net

Maldives tightens tourist virus rules after spike in cases

The Maldives has tightened entry requirements for tourists after a spike in coronavirus infections at more than a dozen resorts, the foreign ministry said Wednesday.

The Indian Ocean archipelago re-opened its luxury

resort islets in mid-July after a months-long lockdown, and did not require visitors to be tested or carry virus-free certificates when entering the country.

Since then, 29 local staff and 16 foreigners have tested positive at the resorts, officials said, where they were also being isolated.

Under the new guidelines, all tourists will be required to present a negative Covid-19 test result on arrival.

Tourism is the major economic driver for the Maldives, a tropical island paradise popular with honeymooners and celebrities.

Authorities had hoped tourists would flock back to the archipelago of 1190 tiny coral islets after international flights restarted.

But only 5200 tourists visited the country in the month since July 15 -- a fraction of the pre-pandemic 141,000 monthly average.

Meanwhile, the Maldives recorded more than 1000 new infections in just the past week to take the total number of cases to 8003.

Most of the infections since the start of the pandemic have been among poor migrant labourers and locals in the densely populated capital Male.

Some 29 people have so far died from Covid-19 in the nation of 340,000 people.

Novavax coronavirus vaccine is safe, published results show

Early stage clinical trial results show the Covid-19 vaccine candidate made by Novavax is safe and elicits an immune response, according to a study published Wednesday in The New England Journal of Medicine. The results had previously been announced by the company in early August, reports CNN.

Using a randomized, placebo-controlled trial -- the gold-standard method of study -- scientists gave the vaccine or a placebo, an inert substance like saline, to 131 healthy adults in May. Eighty-three people got the vaccine with adjuvant, an agent to boost the body's immune response. Another 25 got the vaccine without the booster and 23 got the placebo. Participants also received a second injection 21 days after the first.

The volunteers came from two locations in Australia and they were all under the age of 60. People who had Covid-19 or who had recovered from Covid-19 were excluded from the trial.

In a phase Phase 1 trial, doctors mostly watch to see if the vaccine is safe, but they also check to see if it produced a response.

For 35 days, participants were told to record any potential symptoms or soreness. Volunteers were also given a swab test for Covid-19 if they had any symptoms, and were tested 35 days after their first injection.

At day 35, there were no serious or unusual adverse events. One person reported a mild fever that lasted



Novavax coronavirus vaccine is safe. Photo - news.cgtn.com

for a day after the second shot. Otherwise, most didn't have any reaction at all, or if they did have a reaction, it was mild. Two people in two of the vaccine groups had headache, fatigue and malaise for a median of two days or less. Two people from two of the vaccine groups had fatigue, malaise, and tenderness.

After the second vaccination, most people didn't have any problems, or they were mild. One person had tenderness after the second shot and eight had joint pain and fatigue.

The vaccine seemed to generate an immune response. All the volunteers who got the vaccine developed neutralizing antibodies after the second dose.

At day 35, participants who got two doses of the vaccine with the adjuvant developed neutralizing antibodies at levels more than four to six times greater than average than the antibodies developed by people who had recovered from Covid-19.

Antibodies are the proteins the body naturally produces to fight off an infection or toxin.

The vaccine also seemed to generate T-cells, the type of immune cells that also help protect the body from infection, in the 16 volunteers who were randomly selected and tested for T-cell response.

The benefit of adding adjuvant to the vaccine was clear, based on the antibody response it generated, the study found. It also showed the value of the second dose on day 21.

"Based on the positive Phase 1 results, we have begun multiple Phase 2 clinical trials, from which we expect to collect preliminary efficacy," said Dr. Gregory Glenn, president of research and development at Novavax. "Novavax is committed to generating the safety, immunogenicity and efficacy data that will support confident usage of the vaccine, both in the US and globally, and the data published today further bolsters our conviction that this is possible."

Facebook threatens to prevent people in Australia from sharing news...



Facebook warned Monday that it will prevent people in Australia from sharing news on its platform if the Australian government moves forward with a plan to force both it and Google to pay news organizations for content shared on their platforms.

The announcement comes after the Australian Competition and Consumer Commission released its plan for a mandatory code of conduct in late July, reports CBS News. Under the plan, news organizations can negotiate with Google and Facebook over payments for their content - and if the groups can't reach an agreement after a three-month process, "an independent arbitrator would choose which of the two parties' final offer is the most reasonable within 45 business days."

Australia's Treasurer, Josh Frydenberg, said Facebook and Google could be forced to pay "substantial penalties" of hundreds of millions of dollars if they fail to adhere to the policy, according to the BBC.

Facebook said in a statement that the plan "misunderstands the dynamics of the internet and will do damage to the very news organisations the government is trying to protect."

"Assuming this draft code becomes law, we will reluctantly stop allowing publishers and people in Australia from sharing local and international news on Facebook and Instagram," the company said. "This is not our first choice - it is our last. But it is the only way to protect against an outcome that defies logic and will hurt, not help, the long-term vibrancy of Australia's news and media sector."

Australia in first recession for nearly 30 years

Australia's economy has plunged into its first recession in nearly 30 years, as it suffers the economic fallout from the coronavirus.

Gross domestic product (GDP) shrank 7% in the April-to-June quarter compared to the previous three months, reports BBC.

This is the biggest fall since records began back in 1959 and comes after a fall of 0.3% in the first quarter.

An economy is considered to be in recession if it sees two consecutive quarters of negative growth.

Australia was the only major economy to avoid a recession during the 2008 global financial crisis - mainly due to demand from China for its natural resources.

At the start of this year, the economy was hit by falling economic growth due to an extreme bush fire season and the early stages of the coronavirus outbreak.

More recently the shutdowns of businesses across the country have taken their toll, despite measures by the



government and central bank to support the economy.

This is the worst economic growth in 61 years due to a severe contraction in household spending on goods and services.

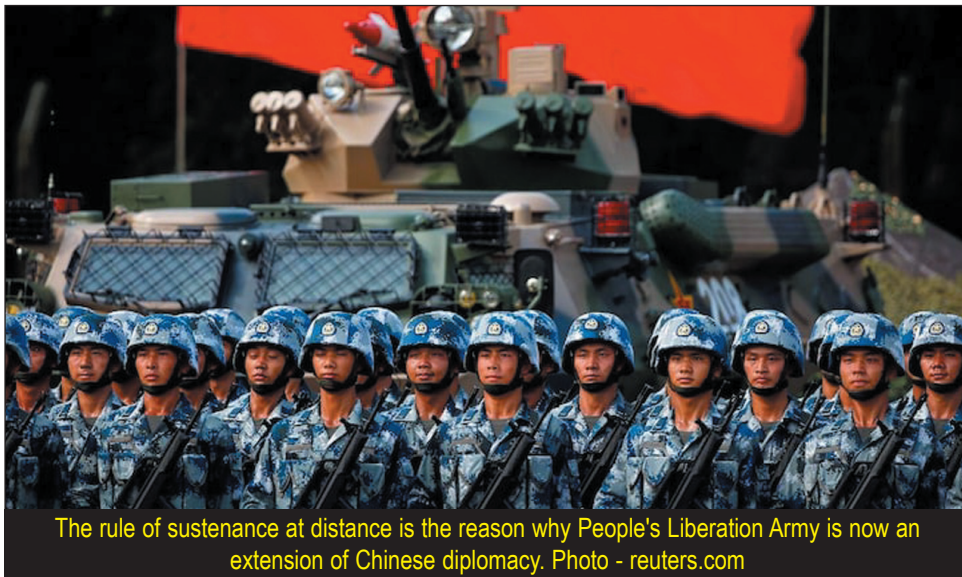
2020 will go down as a year to remember and a year everyone is already trying to forget! It's the year Australia technically lost its famous nickname as 'The Lucky Country' and fell into recession for the first time in almost three decades.

GDP figures from the Australian Bureau of Statistics have shown that the economy shrank by 7% in the last three months as a result of the coronavirus pandemic.

Despite the severe drop in economic activity, Australia is doing better than most other advanced economies that have experienced bigger downturns.

The US economy, the world's biggest, shrank 9.5% between April and June while the UK's shrank by 20.4% pushing it into recession as well. France's economy fell by 13.8% and Japan's by 7.6%.

China plans to expand military logistical bases: Pentagon report



The rule of sustenance at distance is the reason why People's Liberation Army is now an extension of Chinese diplomacy. Photo - reuters.com

Pentagon's annual military China report that was submitted to the US Congress has spelt out Beijing's expansionist agenda in the Indian neighbourhood and across the globe.

The report titled, 'Military and Security Developments Involving the People's Republic of China 2020' says that after establishing the Djibouti naval base, China is now considering expanding in the Indian Ocean, Indo-Pacific region in a big way.

According to the section on 'PLA Overseas Basing and Access', the reports says, "The PRC has likely considered Myanmar, Thailand, Singapore, Indonesia, Pakistan, Sri Lanka, United Arab Emirates, Kenya, Seychelles, Tanzania, Angola, and Tajikistan as locations for PLA military logistics facilities."

China is seeking to establish a more robust overseas logistics and basing infrastructure to allow the PLA to project and sustain military power at greater distances, the report says.

The rule of sustenance at distance is

the reason why People's Liberation Army (PLA) is now an extension of Chinese diplomacy.

As part of the key takeaways, the military reports says, "Beyond its base in Djibouti, the PRC is very likely already considering and planning for additional military logistics facilities to support naval, air, and ground forces projection."

In August 2017, the PRC officially opened its first PLA base in Djibouti. Since then, PLA Navy (PLAN) Marines have been stationed at the base with "wheeled armoured vehicles and artillery" but for resources, they are currently dependent on nearby commercial ports due to the lack of a pier on base.

However, American establishment fears that a global PLA military logistics network could "both interfere with US military operations and support offensive operations against the United States as the PRC's global military objectives evolve."

Late dictator General Franco's heirs stripped of summer palace by Spanish court

A Spanish court stripped General Francisco Franco's heirs of the late dictator's summer palace and ordered it to be transferred to the Spanish state, which had claimed ownership of the estate as part of a move to erase the dictatorship's legacy, reports Reuters.

Built between 1893 and 1907, the Pazo de Meiras palace in the region of Galicia was acquired in 1938, during the civil war, using public donations.

Judge Marta Canales said in her ruling on Wednesday that the donations were not destined for Franco himself "but to the head of state."

A subsequent acquisition by Franco in 1941 when ownership was transferred to the dictator, was fake, she added.

"Franco pays nothing...Franco buys nothing," she said.



The Pazo de Meiras in northwestern Spain will now be transferred to the state. Photo - AFP

The claim on the estate, which was valued at more than 5 million euros by the family last year, followed the removal of Franco's remains from a massive mausoleum near Madrid and other initiatives to remove dictatorship-era symbols approved by various leftist governments since Franco's death in 1975.

The family can still appeal the ruling.



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Dr Avinaash Munohur, Politologue

“L'indignation ne suffit pas...”

L'indignation n'a d'ailleurs jamais suffi, il faut transformer l'indignation en action”



Mauritius Times: Pensez-vous que la marche du 29 août 2020 constitue un événement politique majeur ?

Avinaash Munohur: Sans entrer dans la spéculation sur le nombre de participants, il est indéniable que cette marche est historique. Lorsqu'une foule va de la Place de la Cathédrale jusqu'au bout de la rue de la Chaussée, il faudrait être de mauvaise foi pour considérer qu'il s'agit d'un rassemblement mineur et sans importance. Donc, oui, je pense que nous avons vécu un événement. Et la nature même de cette marche, les slogans qui y étaient déployés, le climat actuel dans le pays, les désastres récents font qu'il s'agit bien évidemment d'un événement politique.

Maintenant nous devons comprendre ce qui s'est réellement passé. Nous avons constaté que des dizaines de milliers de Mauriciens sont descendus dans la rue, ce qui constitue un événement majeur, mais quel est le sens politique de cet événement? C'est cette question qui me semble critique.

Ce que je veux dire par là, c'est que nous avons vécu quelque chose de profondément complexe. La foule assemblée était composée d'une multiplicité de groupes qui se sont unifiés autour d'une colère commune. Mais cette foule n'est pas forcément un groupe unifié et homogène, loin de là même.

Ce que nous pouvons affirmer sans trop nous tromper pour l'instant, c'est que la marche du 29 août 2020 a constitué une ouverture des possibles, une affirmation que d'autres possibilités politiques et sociales peuvent advenir. Les événements politiques de cette nature constituent une déclaration du désir des masses de façonner le monde plutôt que de le subir. De ce point de vue, c'est à partir de maintenant que l'événement commencera vraiment à produire ses effets.

Suite à la marche citoyenne organisée par Bruneau Laurette, les yeux sont maintenant braqués sur l'avenir. La marche de protestation a permis d'extérioriser des griefs contre un système, décrié par la majorité comme étant archaïque et trop éloigné des préoccupations mauriciennes, et critiqué pour une pratique inacceptable de népotisme et d'autres formes de corruption, entre autres. De quelle manière cette marche représente-t-elle une lueur d'espoir pour la République? Notre invité, Avinaash Munohur, Research Fellow au Laboratoire de changement social et politique de l'Université de Paris Sorbonne Cité et directeur associé (Managing Partner) d'Arthésias Conseil, une société spécialisée dans le conseil en stratégies politiques et dans le conseil en affaires, nous donne son avis.

La marche de samedi est un acte fondateur, mais c'est maintenant que les rideaux s'ouvrent et que la pièce va se jouer.

*** Entrons-nous donc dans une phase d'instabilité politique?**

Si par instabilité, vous voulez dire qu'un questionnement critique sur la nature, le rôle, les pratiques et la fonction même de la politique et du politique pourrait se généraliser dans toutes les couches et les strates de la société mauricienne, alors oui, nous entrons dans une phase d'instabilité. Cette notion d'instabilité a d'ailleurs ici un sens créatif et porteur, comme un foisonnement qui puisse produire une disruption par rapport au système et aux pratiques établies.

Si cette disruption se constitue en mouvement et si elle acquiert une solidité politique qui puisse s'organiser de manière efficace dans une logique de conquête du pouvoir politique, alors nous irons vers une phase d'instabilité politique dans le sens d'une période riche en bouleversements.

*** Par ailleurs, si cette manifestation représente sans aucun doute un challenge pour le gouvernement en place, elle l'est probablement aussi pour les partis traditionnels, en particulier le MMM et le PTr. Qu'en pensez-vous?**

Je vous rejoins entièrement et je vais même plus loin, le challenge est posé pour absolument toutes les composantes de la société mauricienne : partis politiques, institutions, groupes religieux, entreprises,

ONGs, société civile, etc.

Cette marche appelait, selon moi, à une rupture avec un système qui s'est constitué à la fin des années 1960 et qui a produit tout aussi bien des effets positifs que des effets négatifs. Nous sentons bien que ce système est en perte de vitesse depuis plusieurs années. Il a été maintenu en place grâce à des pics de croissance économique et à des formes de justices distributives, mais nous percevons -- nous ressentons même -- qu'un cycle se termine et qu'un autre doit s'ouvrir.

Pour revenir plus directement à votre question, les partis de l'opposition, tout comme le Gouvernement, doivent absolument prendre la mesure de ce qui se passe et doivent pouvoir y répondre. Mais nous devons absolument dire la même chose de nos institutions, de nos acteurs économiques et industriels, de nos acteurs culturels et religieux, des acteurs engagés dans le social et tout simplement des citoyens lambda.

« Il peut y avoir récupération, réappropriation, voire même détournement. Il faudra être extrêmement vigilant car ça peut partir dans plusieurs directions. Souvenez-vous le soulèvement contre Ben Ali en Tunisie, qui avait ouvert la voie aux Printemps arabes. Ces soulèvements avaient produit de grands espoirs à l'époque, mais nous avons pu voir qu'ils ont souvent mal tourné, ouvrant la voie à des groupes radicalisés ou à des situations de guerre civile... »

Il me semble que nous sommes en face de l'impératif d'un changement de monde, et le désastre du Wakashio incarne parfaitement bien cela. L'image n'est d'ailleurs aucunement une métaphore : il faut nous adapter aux impératifs économiques, écologiques, sécuritaires, technologiques et énergétiques d'un développement responsable, égalitaire et fondé sur la justice et la valorisation des compétences, sinon c'est le naufrage pour notre pays.

Et ce changement ne viendra pas uniquement du Gouvernement ou des partis de l'opposition... c'est une conversion de la société mauricienne toute entière qui est requise ici. C'est vers cela qu'elle doit se mobiliser.

*** Pour avoir été actif au sein du MMM et vu de près le fonctionnement de ce parti, comment, selon vous, la direction de ce parti va-t-elle réagir?**

Mon passage dans le parti a été intense du fait de la campagne électorale mais je ne connais pas intimement le fonctionnement des instances. Par contre, je vous dirai que toute personne qui se nourrit de sciences politiques et de sciences sociales sait parfaitement bien que les structures organisationnelles des partis comme le MMM et le PTr sont, à l'heure de la révolution numérique, dans une érosion soutenue. La forme «parti» elle-même d'ailleurs, comme forme d'organisation politique, est appelée à se réformer et à se réorganiser.

Il y a dans cette réorganisation une réflexion réelle à avoir. Nous savons que d'autres modèles émergent: des formes d'organisation politiques beaucoup plus fluides et directes. Des organisations dont l'objectif est de produire une ouverture vers la société civile afin de représenter ses aspirations et ses revendications ; et non le renforcement d'une fermeture sur elles-mêmes.

Cette fermeture est dangereuse car elle produit *de facto* un enfermement du parti sur lui-même. La conséquence en est que le parti se retrouve pris dans ses propres problèmes et devient impuissant à appréhender ce qui se passe en son dehors. Il y a déconnexion, et de fait, il y a perte de représentation, et donc érosion de la base.

Mais un renversement de tendance est possible. Il faut pour cela introduire une plus grande vitesse de réaction au sein des structures décisionnelles et développer des outils politiques exploitant pleinement les nouvelles technologies. Ces outils constituent une forme d'expression ; il faudra ensuite y introduire un contenu. Il faut pouvoir produire et disséminer des descriptions des problèmes actuels de l'organisation sociale. À partir de là, il faut pouvoir lier ces descriptions à l'idée qu'une transformation sociale est possible en permettant aux Mauriciens de comprendre et de rationaliser ce que nous vivons actuellement à Maurice et dans le monde.

D'une certaine manière, l'indignation ne suffit pas... l'indignation n'a d'ailleurs jamais suffi, il faut transformer l'indignation en action à travers des processus de compréhension, de description des problèmes qui sont les nôtres et de formulation de propositions à ces problèmes. C'est à partir de là qu'un parti pourra récupérer sa capacité d'action et d'adhésion, et que des processus de transition pourront se mettre en place et produire des effets politiques intéressants pour l'avenir.

☞ Suite en page 8

'Il ne faut pas que nous nous enlisions dans une situation où les choses peuvent basculer vers des antagonismes dangereux'

☞ Suite de la page 7

Et la première transition est bien évidemment générationnelle... c'est à la jeunesse de prendre son destin en main et d'arrêter de subir. Ils l'ont fait savoir en très grand nombre samedi dernier dans les rues de Port-Louis. C'est à elle de se constituer en une intelligence collective qui puisse faire bouger des lignes politiques qui vacillent.

*** Et le PTr, à votre avis...**

Ma réponse précédente est valable pour absolument toutes les organisations politiques actuellement, selon moi.

*** Vous pensez donc que ce challenge est également une opportunité de réinvention. À quoi ressemblerait cette réinvention selon vous ?**

Bien évidemment. Et la réinvention ne concerne, encore une fois, pas uniquement les partis politiques mais la société dans son ensemble. Et je ne pense sincèrement pas que nous naviguons ici dans un brouillard si opaque que nous ne pouvons voir clairement les défis qui sont les nôtres.

Nous sommes en face de l'impératif de repenser notre modèle de développement. Le tourisme, l'agriculture, les secteurs financiers et celui de l'immobilier – qui ont porté le développement de Maurice ces deux dernières décennies – doivent absolument se réinventer et se repositionner. Nous devons également mettre tout en œuvre pour entamer le développement de l'économie durable bleue et la conversion énergétique. Le miracle économique viendra de notre océan et de la conversion énergétique, ou ne viendra pas.

Nous sommes en face de l'urgence de préserver nos patrimoines naturels. Nos côtes, nos littoraux, nos lagons, nos océans, ce qu'il en reste de nos forêts, de notre faune et de notre flore, ce sont des richesses inestimables et sont entièrement constitutifs de notre identité en tant que peuple et en tant que Nation – tout autant que notre Histoire et notre multiculturalisme. Nous avons donc le devoir de réexaminer nos politiques de développement économique, d'usage de nos ressources et d'aménagement de notre territoire afin que la valorisation, la conservation et la régénération de ces patrimoines soient enfin mis au cœur des décisions politiques.

Nous avons également besoin d'une vaste réforme des institutions publiques. Les pratiques de l'État sont beaucoup trop opaques, ce qui participe à amplifier la défiance grandissante. Il nous faut de la visibilité et plus de participation citoyenne dans les processus de décision. Il nous faut également développer une culture de la responsabilité et de l'*accountability*. Nous ne pourrions pas lutter contre la corruption, dans ses multiples dimensions, sans cela.

Nous avons également besoin de repenser notre modèle social. Ce dernier a pour impératif de combattre l'exclusion et de produire des citoyens capables d'affronter

« Si le Gouvernement s'enferme dans une stratégie d'isolement de Bruneau Laurette, il démontrera qu'il n'a rien compris à la marche de samedi dernier. Et si les partis de l'opposition s'enferment dans des calculs un peu bêtes comme opposer 37% des électeurs à leur force combinée de 63%, alors ils prouveront eux aussi qu'ils n'ont rien compris à ce qu'attendent les Mauriciens... »



les immenses défis de la globalisation. Notre système d'éducation publique et notre système de santé doivent être tirés vers le haut. Nous avons un sérieux problème d'accès aux logements qui doit être réglé, notamment pour les jeunes et les familles qui se trouvent dans des situations de précarité.

Je rajouterai que les drames de ces dernières semaines doivent également nous pousser à rénover nos capacités à répondre aux urgences sanitaires et aussi en matière de sécurité civile... il y a urgence.

Voilà quelques axes qui me semblent être extrêmement importants aujourd'hui. Il ne s'agit pas d'un changement radical de paradigme. Il s'agit plutôt de revoir certaines orientations et de prendre les décisions qui s'imposent, même si elles requièrent beaucoup de courage politique.

Les personnes qui sauront proposer des réformes concrètes, applicables, pragmatiques et efficaces, et qui sauront convaincre les Mauriciens de l'urgente nécessité de ces réformes, ouvriront une ère politique qui transformera notre pays.

*** On ne sait pas à ce stade à quoi l'action commune du PTr, du MMM et du PMSD au niveau parlementaire principalement va déboucher, mais pensez-vous que ce nouveau développement - avec l'émergence du mouvement de Bruneau Laurette - va casser cet élan politique des partis de l'opposition ?**

Je pense qu'il est très important de produire une démarcation entre la marche de samedi et Bruneau Laurette. Comprenez-moi bien, je n'enlève strictement rien à Monsieur Laurette au niveau de sa capacité à cristalliser, à organiser et à rassembler samedi dernier. Mais je vois, pour l'instant, Bruneau Laurette comme un écran sur lequel chaque personne présente à la manifestation a projeté sa propre volonté de changement. C'est d'ailleurs là toute la force de Monsieur Laurette, c'est un catalyseur. Il le dit lui-même d'ailleurs.

De ce fait, je ne parle pas encore de l'émergence de son mouvement. Peut-être que ce sera le cas, mais nous n'en sommes pas là pour l'instant. Et c'est aussi ça qui est

intéressant en ce moment. Monsieur Laurette, en prenant les devants à la suite du désastre du Wakashio et en insufflant la volonté à des dizaines de milliers de Mauriciens de descendre dans les rues, a participé à mettre le Gouvernement et les partis de l'opposition en face de ce qu'ils refusaient peut-être de voir : le fait qu'il existe une force historique qui est à l'œuvre dans les entrailles de notre pays, et que cette force appelle de manière de plus en plus audible et visible à une transformation politique, économique, sociale et écologique.

De ce fait, si le Gouvernement s'enferme dans une stratégie d'isolement de Bruneau Laurette, il démontrera qu'il n'a rien compris à la marche de samedi dernier. Et si les partis de l'opposition s'enferment dans des calculs un peu bêtes comme opposer 37% des électeurs à leur force combinée de 63%, alors ils prouveront eux aussi qu'ils n'ont rien compris à ce qu'attendent les Mauriciens – et les jeunes notamment.

*** À voir et à entendre les slogans affichés samedi dernier, il est évident que l'on est en face d'une autre culture politique – pas nécessairement épousée par la grande majorité de la population et qui pourrait aussi agir comme repoussoir. Qu'en pensez-vous ?**

Nous savons que cette «culture politique», de type contestataire, n'est pas nouvelle à Maurice. Il y a toute une histoire de la résistance à l'ordre établi dans notre pays, nous avons trop souvent tendance à l'oublier, voire même à l'occulter. Le maronnage, les soulèvements des travailleurs engagés, les mobilisations pour l'indépendance, les grèves syndicales et estudiantines, février 99... nous avons une histoire politique riche en contestations et en revendications. D'ailleurs, ces événements ont souvent produit de grands progrès.

Encore une fois, le problème des événements comme la marche de samedi est que nous n'en comprenons pas encore les tenants et aboutissants. De ce fait, il peut y avoir récupération, réappropriation, voire même détournement. Il faudra être extrêmement vigilant car ça peut partir dans

plusieurs directions. Souvenez-vous le soulèvement contre Ben Ali en Tunisie, qui avait ouvert la voie aux Printemps arabes. Ces soulèvements avaient produit de grands espoirs à l'époque, mais nous avons pu voir qu'ils ont souvent mal tourné, ouvrant la voie à des groupes radicalisés ou à des situations de guerre civile.

Nous sommes bien évidemment très éloignés de cette hypothèse ici. D'ailleurs, la marche de samedi ne peut pas être considérée comme un soulèvement à proprement parler. Mais c'est aussi justement pour cela qu'il faut s'activer et proposer des alternatives et des solutions aux problèmes qui ont produit cette démonstration de colère et de ras-le-bol. Il ne faut pas que nous nous enlisions dans une situation où les choses peuvent basculer vers des antagonismes dangereux.

Nous revenons à ce que je vous disais lorsque nous parlions des partis politiques... il faut mobiliser et convaincre à travers d'autres outils, en étant pédagogique et en faisant preuve de patience. C'est comme cela que la majorité des Mauriciens comprendront que le ras-le-bol exprimé est une demande de progrès, et que ce progrès est dans l'intérêt de tout le pays.

*** S'il existe un consensus auprès de beaucoup de Mauriciens quant à la nécessité de changement, souhaiteriez-vous que ce changement soit introduit par voie démocratique et non par «révolutions de rue» ?**

Je ne pense absolument pas que nous pouvons parler ici et maintenant de révolution de rue... la marche de samedi est un événement exprimant un ras-le-bol et un point de rupture appelant à des changements dans la gestion des affaires publiques. Ce n'est pas exactement une révolution, loin de là même.

Ensuite, je rajouterai que cette expression de la rue est absolument démocratique. Elle est même la preuve que la démocratie fonctionne puisque les citoyens réfléchissent, critiquent et font la démonstration de leurs inquiétudes. Cette expression de la rue est même en quelque sorte l'essence de la démocratie puisqu'elle s'approprie l'espace le plus public qui soit : la rue.

Tout changement et tout progrès ne peuvent que reposer sur des bases solides, pas uniquement sur des expressions de colère et de frustrations – aussi justifiées qu'elles puissent être. Je vous dirai donc, encore une fois, que la rue a grondé samedi dernier. C'est maintenant aux acteurs capables de produire et de porter des propositions allant dans le sens de cette ouverture des possibles de se montrer digne de l'événement en étant à la hauteur des enjeux.

Pétition de recall 'MorisPouTouDimoun' : Défier la loi pour revendiquer ses droits ?



Dr Catherine Boudet
Analyste politique

Peut-être sans même s'en rendre compte, les pétitionnaires du 'recall' se retrouvent ainsi à détourner un mécanisme démocratique à des fins anti-démocratiques

La pétition de 'recall' MorisPouTouDimoun est une grande première dans la vie politique mauricienne car une telle procédure n'existe pas dans la Constitution. Elle représente donc une innovation démocratique dans le paysage politique mauricien, inspirée d'exemples tirés de l'étranger. Pourtant, telle qu'elle est formulée, elle constitue un détournement du principe de démocratie directe, pour en faire un outil de dictature indirecte.

Tribunal populaire

Dans le cas de cette pétition lancée samedi dernier, il s'agit d'exiger un 'recall' du Premier ministre au motif qu'il se serait rendu coupable d'une violation des droits constitutionnels des citoyens. Le texte de la pétition s'appuie sur la section 28 de la Constitution pour demander au Président Pradeep Roopun, en vertu de son rôle de gardien de la Constitution : (1) de dissoudre le Parlement, (2) de demander la démission du Premier ministre, et (3) de convoquer de nouvelles élections.

Or, c'est le Judiciaire, et lui seul, qui est habilité à se prononcer sur une violation des droits constitutionnels. En demandant le renvoi du Premier ministre sur un chef d'accusation non traduit en justice, les pétitionnaires agissent comme un tribunal populaire qui viendrait se substituer aux cours de justice de la République.

Perversion du principe de démocratie directe

Le 'recall' est un mécanisme qui relève de la démocratie directe et est prévu dans certains systèmes électoraux notamment aux Etats-Unis. En vertu de ce

“La pétition de 'recall' MorisPouTouDimoun est une grande première dans la vie politique mauricienne car une telle procédure n'existe pas dans la Constitution. Elle représente donc une innovation démocratique dans le paysage politique mauricien, inspirée d'exemples tirés de l'étranger. Pourtant, telle qu'elle est formulée, elle constitue un détournement du principe de démocratie directe, pour en faire un outil de dictature indirecte...”

procédé, un responsable élu peut être démis de sa charge, en cours de mandat, par une pétition citoyenne. L'objectif est donc d'améliorer le principe de 'checks and balances' démocratique en introduisant de nouveaux mécanismes par lesquels les citoyens peuvent disposer de plus de contrôle sur les agissements de leurs élus.

Pressions sur le Président de la République

Les pétitionnaires se plaignent que leur droit constitutionnel à bénéficier de la protection de la loi a été bafoué. Dans leur logique, cela justifierait qu'ils bafouent à leur tour les droits constitutionnels de leur Premier ministre en lui déniaient la présomption d'innocence et le droit à être jugé par une cour de justice républicaine.



cence et le droit à être jugé par une cour de justice républicaine.

De plus, en faisant pression sur le Président de la République, Pradeep Roopun, pour l'obliger à 'recall' le Premier ministre, les pétitionnaires enfreignent la section 50 du code pénal, en vertu de laquelle nul n'a le droit d'exercer une pression sur le Président de la République... Une offense qui est passible de servitude pénale à vie.

Le Parlement visé

En signant cette pétition de 'recall', les citoyens sont donc incités à commettre un acte qui les mettrait en infraction à la loi et pourrait les exposer à des poursuites judiciaires. En effet, la démarche de cette pétition pourrait relever de la sédition, au titre de l'article 283 du code pénal. La sédition est le fait d'inciter à la haine contre une section de la population ou contre les autorités, et d'encourager la population à se soulever contre les institutions de l'Etat que sont l'exécutif et le judiciaire.

De plus, les pétitionnaires s'attaquent également au législatif, en demandant la dissolution du Parlement. La pétition va donc bien au-delà du concept de 'recall' qui s'applique à des titulaires individuels de charges d'Etat pour des responsabilités individuelles. En revendiquant par la pression la révocation du Parlement, les pétitionnaires font porter à tous les

parlementaires indistinctement les conséquences d'une faute imputée aux membres du Gouvernement. Une posture qui s'apparente au coup d'Etat, ni plus ni moins.

Infractions à la loi

Peut-être sans le savoir, les personnes qui font circuler ce texte de pétition sont également en train de s'exposer elles-mêmes dangereusement à des poursuites pénales. Car selon la section 59 du code pénal "Exposing citizen to reprisal", quiconque expose les citoyens à des représailles de l'Etat est passible de prison.

En résumé, cette pétition de 'recall' constitue une violation des principes fondamentaux de la Démocratie et une infraction aux lois de la République :

- en se substituant aux institutions républicaines pour agir comme un tribunal populaire
- en faisant pression sur le Président de la République (section 50 du code pénal)
- en court-circuitant le judiciaire
- en incitant à la haine contre le Premier ministre et le gouvernement (section 283 du code pénal)
- en exposant les citoyens à des représailles (section 59

du code pénal)

Perversion du concept de désobéissance civile

Des voix se sont élevées pour légitimer la pétition de 'recall' au nom de la désobéissance civile. Ce concept de désobéissance civile, forgé par l'anarchiste Henry Thoreau en 1849 et repris par Martin Luther King ou Mahatma Gandhi, consiste à refuser d'obéir à une loi républicaine que l'on trouve injuste et illégitime. Cette résistance à l'application de la loi injuste est motivée d'un point de vue philosophique par le droit légitime à la révolte contre les injustices. Elle a pour objectif de chercher à infléchir la position des autorités pour amener des changements institutionnels ou légaux dans un sens de plus de justice et de démocratie.

Mais dans le cas de la pétition 'MorisPouTouDimoun', il ne s'agit pas de défier des lois injustes pour amener plus de démocratie, il s'agit en fait de contourner les lois pour tenter d'imposer une action anti-démocratique dans ses fondements comme dans ses procédés.

Peut-être sans même s'en rendre compte, les pétitionnaires du 'recall' se retrouvent ainsi à détourner un mécanisme démocratique à des fins anti-démocratiques, incitant dans la foulée les citoyens signataires à renier leur idéal de justice.

• *Nothing can bring you peace but yourself; nothing, but the triumph of principles.* -- Ralph Waldo Emerson

The Challenge of University Education

Peter Pan

At one time, we all thought that University Education was the highest form of training one could get to face ultimately the big issues of life: moral, social, economic, political, etc.

In my teens I always dreamt of the polish and culture one could possibly get from places like London, Oxford, and Cambridge; and whenever I read of graduates coming from London or Oxford, with their 'peau d'âne', to our little island I could not help saying: 'Oh! They must be very bright'... A degree for me was the *nec plus ultra* of life.

Alas, experience – at any rate at home – has proved beyond the shadow of a doubt that our major poets, writers, thinkers are not graduates! Robert Edward Hart was apparently educated solely by his mother, to become later the self-taught genius well-known in various parts of France. Martial, Charoux, is so far as I know, never graduated at Oxford or Cambridge. And Leoville L'Homme?

Malcolm de Chazal, Cabon, Ribet, Legallant and most of our best writers at home never learnt to translate from the original the works of Greek philosophers. And Masson, the poet novelist, in France?...

Chazal evolved his own philosophy through his own insight, through his own set of values. And if for some he is nothing but a crank let us stress that Chazal's

philosophy as embodied in *Sens Plastique* is well-known in France, Germany, America...

For sure, a degree is a guarantee. It means that one has covered a fairly wide field, represented very often by no more than 10 to 12 textbooks. It equally means that one is disciplined, industrious, steady, keen. And so what? Does it mean that one is better equipped to argue, discuss or reason in a more sensible way than the so-called 'common man'? Is it true that a university-educated boy or girl is mentally fitter or superior than his or her less fortunate friends?...

Incidentally, were Dickens, Keats, Shakespeare, Franklin, Jefferson, Mozart, Linnaeus, Beethoven or Michelangelo graduates?

It is very unfortunate that a degree today is first and foremost reckoned in terms of money and security. Any father at home with a boy gifted for architecture or electricity will often deliberately try to make of the lad a doctor or a lawyer. Question of money, prestige – the typical approach of the 20th century bourgeois to education!

The recent conclusions of modern America about graduates and undergraduates are most illuminating. Says one well-known critic:

"The University is no longer a place where a youth discovers himself, but a mere processing chamber where he swots for a job that will provide security."

About the students in the under-30 group, Miss Dorothy C. Doe of Washington University says:

"What we all lack who are under 30 is some guiding passion, some moral vision."

Actually, how many want to graduate today to serve like a Ralph Bunche or a Schweitzer?...

Another professor confesses: *"Their minds are as quiet as mice."*

Is it any better in London? I am afraid, after having questioned a fairly large cross-section of London students, that most students here lack that moral or spiritual vision referred to by Miss Doe above. The student is pretty often a misfit in a circle where the lecturers or professors themselves think they are demi-gods. One lecturer in Biology last month made it quite clear to me (sic) that the human machine was badly built and that the Great Architect had blundered in following his blueprint for man's build!...

The typical London student is an amorphous, dull, shallow, misinformed lad. He argues and discusses with his textbooks in hand. Above all, he is an eccentric. His immaturity, specially the student in his early twenties, is well-nigh evidenced in his hair cut, his dirty, loose corduroy, his scarf which is there to make you see and feel that he is a university student. And naturally, he must always be in the company of his 'girlfriend' – an



University graduation ceremony. Photo - wikimedia.org

expression which covers more than meets that eye. Why insist?...

In his ivory tower, with his holier-than-thou attitude, the university student thinks he is by far better than his forbears. For him, his father is a bumpkin and his mother a 'bourgeois'. Actually, the students all know a lot, except the basic thing of life: the art of living...

Cheap love affairs, Rock n' Roll, exhibitionism in all its forms – lads of 18- or 19-years growing beards and moustache, girls dressing almost like boys and vice versa! – are the everyday ingredients of university life. At Oxford or Cambridge, acts of hooliganism, typical of morons, are so common that they hardly ever hit the headlines.

What is wrong with the kids who experiment with sex as you would with a cockroach, who think that they are the salt of the earth, who think that man can be better studied between four walls, in front of test tubes, retorts, in terms of Freud's theories or in terms of genes and chromosomes?...

And please don't talk of reli-

gion, of constructive philosophy to the modern student. He fights shy of religion as if it were a menace to society. Poor boy! As for philosophy, the London student has yet to learn that, to put it like Prof A.E. Heath, 'philosophy is a disturber of intellectual peace, not a sedative'...

Is that young generation of escapists, of misfits, all out for security, TV, better pay, fatter grants, bigger degrees, going to rule Britain in years to come? Then, let us make Bruce Rothwell's conclusion on modern American youths in American colleges – in *News Chronicles* – 22 April 1957 – ours:

"The generation which in ten years will run the world's most powerful nation will be trained, but not educated. It will know the philosophers, but will not appreciate them. It will have been taught manners in the Life Adjustment classes, it will work hard, it will be earnest; and it will be dull."

After all, didn't the Principle of the University of London himself confess in his 1955-1956 Report on p.27:

"I do not think that the minds of our students are thin by nature but I have an uneasy feeling that some of them are exhausted by cultivation or over cultivation."

Frankly, we never learnt that true culture could exhaust the mind! And we think that modern psychology is rather on our side.

The Last Straw

• Cont. from page 4

However, 75,000 protestors represent only about 8 % of the electorate. A citizens protest march is not an end itself. There is quite a long way to go. The battle for the freedom of the country was an arduous and difficult struggle. It was not won in a day. It required a breed of inspiring leaders driven by lofty ideals who challenged the established order and the reactionary forces to successfully fight for the fundamental rights of the downtrodden and freedom.

The objectives of the people are clear. They certainly do not want a comeback of

the opposition party leaders who have repeatedly been rejected by the electorate. These have been reduced to patching up in desperation a nondescript common front as a lifeline to counter the ruling MSM-ML government. The people are fed up with the unending cycle of jumping out of the frying pan into the fire at each election and back *ad nauseam*.

In an article in September 2018, I wrote: 'The shoddy benchmarks of those who have successively been in power are aeons distanced from the lofty objectives, ideals and ambition of the young talented

"75,000 protestors represent only about 8 % of the electorate. A citizens protest march is not an end itself. There is quite a long way to go. The battle for the freedom of the country was an arduous and difficult struggle. It was not won in a day. It required a breed of inspiring leaders driven by lofty ideals who challenged the established order and the reactionary forces to successfully fight for the fundamental rights of the downtrodden and freedom..."

Mauritians for the country. It is high time to sideline mediocrity and entrust the country to the bright men and women of the country to map out and realize a game changing

and significantly better future for the benefit of all.'

New dawn

So little has changed since. Standards of governance have continued to plummet. We still need a new breed of altruistic young Mauritians having the intellect, talent, professional expertise and synergic leadership which connects with the people, shies away from the parochial agendas of vested interests and proposes fundamental reforms and innovative strategies to realize our loftiest ambitions as a nation for the benefit of all.

The time is ripe for us to mobilize and harness our efforts to usher a new dawn in the country.

Mrinal Roy

9 reasons you can be optimistic that a vaccine for COVID-19 will be widely available in 2021

☛ Cont. from page 2

3. Spike glycoprotein contains multiple targets

The spike protein has many locations where antibodies can bind to and neutralize the virus. That's good news because with so many vulnerable spots, it will be difficult for the virus to mutate to avoid a vaccine.

Multiple parts of the spike would need to mutate to evade neutralizing anti-spike antibodies. Too many mutations to the spike protein would change its structure and render it incapable of binding to ACE2, which is key to infecting human cells.

4. We know how to make a safe vaccine

Safety of a new COVID-19 vaccine is improved by researchers' understanding of potential vaccine side effects and how to avoid them.

One side effect seen in the past was antibody-dependent enhancement of infection. This occurs when antibodies don't neutralize the virus but instead allow it to enter into cells via a receptor intended for antibodies. Researchers have found that by immunizing with the spike protein, high levels of neutralizing antibodies can be produced. This lessens the risk of enhancement.

A second potential problem posed by some vaccines is an allergic reaction that causes inflammation in the lung, as was seen in individuals who received a respiratory syncytial virus vaccine in the 1960s. This is dangerous because inflammation in the lung air spaces can make it difficult to breathe. However, researchers have now learned how to design vaccines to avoid this allergic response.

5. Several different vaccines in development

The US government is supporting the development of several different vaccines via Operation Warp Speed.

The goal of Operation Warp Speed is to deliver 300 million doses of a safe and effective vaccine by January 2021.

The U.S. government is making a major investment, committing US\$8 billion to seven different COVID-19 vaccines.

By supporting multiple COVID-19 vaccines, the government is hedging its bets. Only one of these vaccines needs to prove safe and

effective in clinical trials for a COVID-19 vaccine to be made available to Americans in 2021.

6. Vaccines passing through phase I and II trials

Phase I and phase II trials test if a vaccine is safe and induces an immune response. Already the results to date from three different vaccine trials are promising, triggering the production of anti-spike neutralizing antibodies levels that are two- to four-fold higher than those seen in people who have recovered from COVID-19.

Moderna, Oxford and Chinese company CanSino have all demonstrated the safety of their vaccines in phase I and phase II trials.

7. Phase III clinical trials are underway

During a phase III trial, the final step in vaccine development process, the vaccine is tested on tens of thousands of individuals to determine if it works to prevent infection with SARS-CoV-2, and that it is safe.

The vaccine produced by Moderna and NIH and the vaccine from Oxford-AstraZeneca began phase III trials in July. Other COVID-19 vaccines will be starting phase III within weeks.

8. Accelerating vaccine production and deployment

Operation Warp Speed is paying for the production of millions of doses of vaccines and supporting vaccine manufacturing at an industrial scale even before researchers have demonstrated vaccine efficacy and safety.

The advantage of this strategy is that once a vaccine is proven safe in phase III trials, a stockpile of it will already exist and it can be distributed immediately without compromising full assessment of safety and efficacy.

This is a more prudent approach than that of Russia, which is vaccinating the public with a vaccine before it has been shown to be safe and effective in phase III.

9. Vaccine distributors are being contracted now

McKesson Corp., the largest vaccine distributor in the US, has already been contracted by the CDC to distribute a COVID-19 vaccine to sites – including clinics and hospitals – where the vaccine will be administered.

I believe that it is realistic that

we will know sometime in late 2020 whether some COVID-19 vaccines are safe, exactly how effective they are and which ones should be used to vaccinate the U.S. population in 2021.

Mauritius Trade Union Congress

Members are kindly invited to attend the Annual Delegates Meeting of the MTUC to be held on Saturday 26th September 2020 at 9.30 am at the MTUC Office GRNW.

AGENDA

- | | |
|---|--|
| 1. Reading and approval of last ADM meeting | 2. Matters Arising |
| 3. Finance | 4. Leaders' Reports |
| 5. Motions and amendments to Rules (if any) | 6. Election/selection/reshuffle of Bureau Members (if any) |
| | 7. AOB |

Dewan QUEDOU
General Secretary



COMMUNIQUE

Individual Income Tax e-Filing Season 2020

Income Year ended 30 June 2020

The Mauritius Revenue Authority (MRA) informs the public that the facilities to submit **Individual Income Tax return** for the **Year of Assessment 2020-21** are now available on MRA website: www.mra.mu and on MRA mobile application **MRAeasy**.

The MRA also wishes to inform the public that it is now a legal obligation to submit individual income tax returns and effect payment, if any, **electronically**.

Tax Account Number (TAN) and Password

Individual taxpayers will have to use their **TAN** and **Password** to file their income tax return. In this context, the MRA has put in place the necessary functionalities on its website to enable an individual to:

- Retrieve his TAN
- Obtain a One Time Password on his mobile phone

Short explanatory videos on how to recover TAN and Password may be viewed on [MRA YouTube Channel](#).

Payment of Tax

The MRA requests individual taxpayers to avail themselves of the Direct Debit payment facility, wherever tax is payable.

Refund of Tax

Individual taxpayers who are eligible for a refund are kindly requested to provide their bank details while filing their returns. After the necessary verifications, the MRA will credit the amount of refund directly into the Bank Account provided.

e-Survey

To continually improve its services, the MRA is conducting a survey, for the fourth year in a row, alongside the e-Filing exercise. Taxpayers are kindly requested to participate in same after filing their income tax returns. The information gathered will help the MRA to further enhance the quality of its services.

Participants to the survey stand the chance to win the following prizes:

1st Prize: Rs. 25 000

2nd Prize: Rs. 15 000

3rd Prize: Rs. 10 000

Due Date

The last date for the electronic submission of the tax return and payment of income tax, if any, is **Thursday 15 October 2020**.

For further information, kindly visit MRA website: www.mra.mu, or phone the MRA Helpdesk on **207 6000** during working hours.

MAURITIUS REVENUE AUTHORITY

01 September 2020

Ehram Court, Cnr Mgr. Gonin & Sir Virgil Naz Streets, Port Louis, Mauritius
T: +230 207 6000 | F: +230 207 6048 | M: headoffice@mra.mu | W: www.mra.mu



How often do we need to go to the gym?

If you're a newcomer to exercise, two hours at the gym might be too much



If you started the year with a resolution to lose weight or get fit then you may have found that you need some extra help and motivation by now. In fact, 80% of people who join the gym in the new year will quit by the second week in February and generally speaking, 50% of people who join the gym will quit within six months.

So what can you do to stick to, and get the most out, of your new regime? James Brown, lecturer in biology and biomedical science at Aston University, told The Conversation how to stay motivated - he also answered some burning fitness questions in a Facebook Live session.

How much exercise do we need?

That's the \$64,000 question. National government recommendations, which were published recently, suggested that actually, the current thinking is that you need to do 150 minutes of exercise a week, and that you need to do a proportion of exercise that is regarded as moderate exercise. It is felt that if you go to the gym two or three times a week, that's the kind of levels of exercise you need to do.

However there is some evidence that even people who don't exercise throughout the week, but manage to fit their activity in at the weekend - so they go walking or they play part of a sport club - have the same outcomes in terms of health and disease as people that exercise throughout the week. The so-called "weekend warrior" effects of people that have a sedentary job during the week, but exercise at weekends has been shown to actually be as beneficial

as exercising throughout the week. And that's a really interesting finding because we know that spending more time sitting down is very bad for us.

So there isn't really a set figure that's backed by hard science. The most important thing is to be as active as you can manage. So if you can manage to go to the gym two to three times a week, great. If you can only manage to go to the gym once a week then make sure that on your non-gym days, you're being as physically active as possible. So every hour make sure you get up from your desk, if you work at a desk - walk around, get the blood moving, get your legs and your muscles contracting.

If you're walking around an office then that's better than sitting down, and if you get the opportunity to take the stairs instead of the lift (which is a big thing as in Aston University because we've got seven storeys), then try and take the stairs - it's really good exercise.

What about training for long durations?

I think it'll depend on the training that you're doing. It's important to make sure you're not having a negative effect on your health by over-training. So if you're doing training that's at a relatively moderate intensity for two hours then it's going to depend on the individual. Some individuals have a body type which is going to be able to support that level of exercise - athletes, elite athletes particularly, will cope with two hours at the gym absolutely fine.

If you're a newcomer to exercise -

and that's really what we're talking about, as most people that are making their new year's resolutions and maybe are struggling to stick to them - two hours at the gym might be too much.

And in terms of trying to maintain that motivation, make sure that what you're doing is manageable. So don't do so little that you leave the gym without a bead of sweat on you, but make sure you're not doing so much that you are in so much pain for days afterwards that you're unlikely to go to the gym again for another week. Find the level that you can manage and build on that level as you go through your exercise regime.

Protein shakes or lean meat to build lean muscle?

That's a really good question. I think taking protein in after a workout, particularly if you've done resistance training, is very important for building and maintaining muscle mass. It used to be felt that there was a window in which you needed to take protein in, and that was a couple of hours, but that's kind of been dispelled. So as long as, probably within 24 hours of your exercise, you take in 20 to 30 grams of protein then you're going to stimulate muscle protein synthesis.

The benefit of taking a whey protein shake, rather than eating meat that contains the same amount of protein, is that it's often absorbed faster because it doesn't have to be digested. Beyond that, just make sure you're maintaining a protein intake in your diet that's likely to be helping to maintain or increase the size of lean body mass after exercise.

I'm very time poor - if I want to put what little time I have into the best exercise for general health and a toned body, what should I do?

I think many of us are time poor. The key is understanding that exercise doesn't have to be in large chunks on set days. So make sure that you're walking as much as you can throughout the day.

If you have a high intensity interval training regime when you're at home that takes ten minutes, so ten minutes of exercise, it doesn't have to cost anything because the exercises which we do as part of a high intensity interval training exercise could be calisthenic based: it could be squats or star jumps for example, that's not going to take up a lot of your time. Ten minutes every other day or three days a week is going to help you remain fit and will fit in with your busy schedule.

James Brown,
Lecturer in Biology and Biomedical
Science, Aston University

Food for Thought

Single Income. Single Identity

This is how the professionals get trapped into SISI - Single Income, Single Identity (same product, few customers)

A "mouse" was put at the top of a jar filled with grains. He was too happy to find so much of food around him.

Now he doesn't need to run around searching for food and can happily lead his life.

As he enjoyed the grains, in few days' time, he reached to the bottom of the jar.

Now he is trapped and he cannot come out of it.

He has to solely depend upon someone to put grains in the same jar for him to survive. He may even not get the grain of his choice and he cannot choose either.

If he has to live, he has to feed on whatever has been put into the jar.

Here are 4 lessons from this:

- 1) Short-term pleasures can lead to long-term traps.
- 2) If things are coming easy and you are getting comfortable, you are getting trapped into survival mode.
- 3) When you are not using your potential, you are losing it.
- 4) If you don't take right action at the right time, you will finish what you have and will be in no position to come out.

Do something now and start taking action to attack your SISI zone.

Appartement à louer - long terme



Appartement meublé de 3 c.a.c, climatisé, cuisine équipée, piscine et parking, sécurité (24/24) à Trou aux Biches - Complexe Fleury sur Mer
Tel: 57809413 - 57530881

To Rent

Fully furnished and air conditioned 3-bedroom apartment at Fleury sur Mer Complex, Trou aux Biches for long-term.
Parking and 24 hour security, swimming pool
Tel: 57809413 - 57530881

In a light vein

Math Puns

1. Why was the fraction apprehensive about marrying the decimal?
Because he would have to convert.
2. Why do plants hate maths?
It gives them square roots.
3. Why did the student get upset when his teacher called him average?
It was a mean thing to say!
4. Why was the maths book depressed?
It had a lot of problems.
5. Why is the obtuse triangle always so frustrated?
Because it is never right.
6. Why can you never trust a maths teacher holding graphing paper?
He must be plotting something.
7. Why was the equal sign so humble?
Because she knew she wasn't greater than or less than anyone else.
8. Did you hear the one about the statistician?
Probably.
9. What do you call students who love maths?
Algebros.
10. I'll do algebra, I'll do trig. I'll even do statistics.
But graphing is where I draw the line!
11. Why are parallel lines so tragic if they have so much in common?
It's a shame they'll never meet.
12. How do you stay warm in any room?
Just huddle in the corner, where it's always 90 degrees.
13. Why is six afraid of seven?
Because seven eight ("ate") nine!
14. Why does nobody talk to a circle?
Because there is no point.

Pun Fun

- * The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.
- * I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.
- * She was only a whiskey maker, but he loved her still.
- * A dog gave birth to puppies near the road and was cited for littering.
- * Two silk worms had a race. They ended up in a tie.
- * Atheism is a non-prophet organization.
- * A sign on the lawn at a drug rehab centre said: 'Keep off the grass.'
- * The height challenged fortune-teller who escaped from prison was a small medium at large.
- * When cannibals ate a missionary, they got a taste of religion.
- * Two fish swim into a concrete wall. One turns to the other and says 'Dam!'

Vodkabulary

To improve your vodkabulary, the following books are essential reading.

1. Bar and Peace
 2. Tequila Mockingbird
 3. The Old Monk and the Sea
 4. Blender's Pride & Prejudice
 5. The Last of the Mojitos
 6. Ale of Two Cities
 7. The Absinthe- minded Professor
 8. Scotch-22
 9. Lord of the Gins
 10. Love in the Time of Rum & Coca-Cola
 11. My Experiments with Booze
 12. The Monk who sold his Bacardi
 13. A Brief History of Wine
 14. Harry Potter and the Goblet of Beer
 15. Drunk Dad, Sober Dad
 16. Adventures of Huckleberry Gin
 17. Charlie and the Vodka Factory
 18. Twenty Thousand Pegs under the Sea
 19. The Three Whiskeyteers
 20. Not a Pint more, not a Pint less.
- Cheers!

Strenuous Activities

that do not require much physical effort

- Beating around the bush.
- Jumping to conclusions.
- Climbing up the wall.
- Swallowing your pride.
- Passing the buck.
- Throwing your weight around.
- Dragging your heels.
- Pushing your luck.
- Making mountains out of molehills.
- Hitting the nail on the head.
- Wading through paperwork.
- Bending over backwards.
- Jumping on the bandwagon.
- Balancing the books.
- Running around in circles.
- Eating crow.
- Blowing your own horn.
- Climbing the ladder of success.
- Pulling out all the stops.
- Adding fuel to the fire.
- Opening a can of worms.
- Putting your foot in your mouth.
- Setting the ball rolling.
- Going over the edge.
- Picking up the pieces.

Whew! That is some workout! Now sit down and...
Exercise caution!

Wisdom

Three Tasters and Juice of Life

A pub in paradise was frequented by three Masters, each a big leader in his school of thought. They were all great contemporary thinkers, relaxing and chitchatting were their favourite pastime. What else can you do in heaven - when everybody is so wise and has a glorious past to share?

Lazy evening promised to be a star lit night. Three greats were welcomed with their preferred mocktails. One had lemon water, second a soft reddish liquid and third a bubbling concoction.

Nodding heads in appreciation for their favourite welcome drinks, philosophising about life started.

The idealist sipping water said, "Arguing about what is forbidden and acceptable is like redefining the Scriptures. Social and community norms are a synthesis of cumulative experience of centuries, in the end you realize that happiness is not giving way to what tempts but conquering temptations."

The naturalist swirling red liquid on his tongue said, "Live life as if everything is rigged in your favour but remember sorrow or joy; tears or laughter, all stems from careless actions. Anything we want is hitched to other strings in the universe, cautious adventure is my mantra for trouble free life."

The pragmatic with a bubbling concoction said, "Be happy for this moment. This moment is your life. Make the most of what we yet may spend, before we too into the dust descend; Dust into Dust, and under Dust to lie Sans Wine, sans Song, sans Singer, and - sans End!

As they were talking, a very beautiful woman, with an attractive flask, came to the pub.

Coming near their table, she said, "This is the juice of life; would you like to have some?"

The first turned his face away. He had not allowed his disciples to even see a woman who was perfectly clothed. To

restrain picturization of what was hidden behind the dress. A woman, so beautiful... with the proportions of a beauty queen. He closed his eyes tightly because they wanted to open. She was carrying the juice of life; something stirred in him - perhaps it is worth tasting... But discarding his own preached philosophy, his ego revolted, 'What will the world and contemporaries say?'

Many times preached philosophies and suppressed desires conflict.

The second was a practical man. He looked at the woman closely and said, "Perfect proportions." And added, "Bring the flask. I cannot drink it completely because I do not know what the taste of life is. I sacrificed my life for future generations. I will just take a sip, just to experience what I have missed."

He sipped from the flask and returned it. He said, "It is bitter."

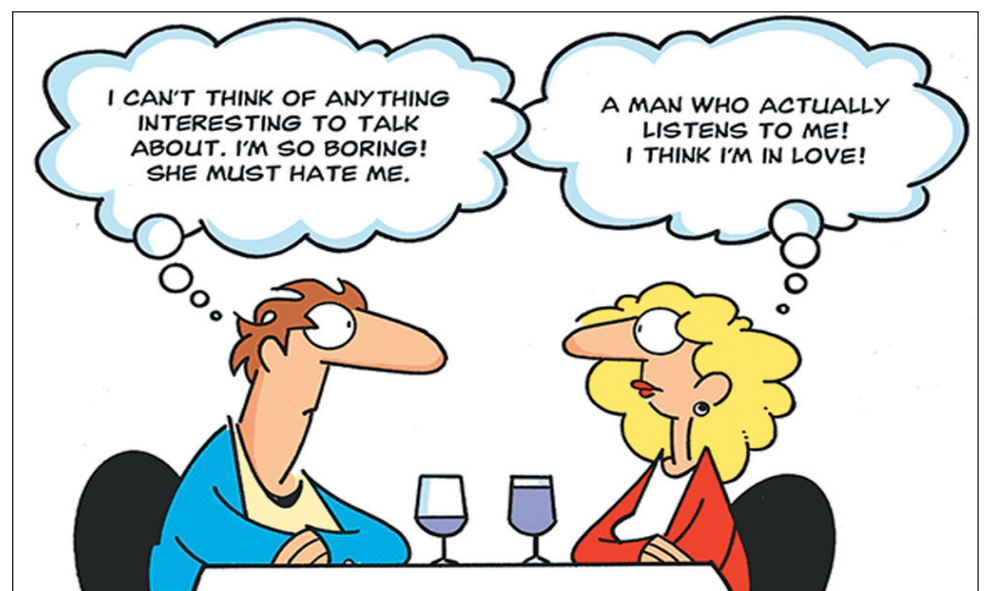
It has to be bitter for a man who always complained and poured condemnation on life, as pain, sorrow and struggle.

The third stood up, touched the woman, looked at her appreciatively saying, "Really groovy! Now give me the flask" - and he drank the whole flask. Turning to the second, he said, "To know the sweetness of the juice of life you have to clean your tongue."

And to the first he said, "Now you can open your eyes. The woman is gone and the juice of life is also gone. I have drunk it completely."

Smiling he said, "There can be no universal prescription for all, to face tests of time and tides of emotions. Innovation to face challenges and moulding oneself to face hurricanes is an art learnt by burying preconceived notions."

Whatever is your present, live it and live it totally. There is nothing higher than life. To live it according to Dharma of time, duty and role is sipping juice of life with discretion.



15 Natural Treatments for Hair Loss

A small study found that men who took pumpkinseed oil every day for 6 months saw their hair count increase by 40%

Onion Juice

The idea is that the sulfur in onion juice helps hair regrowth. There's not much research on this, but a small study tested it in people with alopecia areata, which causes patchy hair loss. Half put onion juice on their scalp twice a day; the rest used tap water. After 2 weeks, 74% of the onion juice group had regrown some hair, compared with 13% of tap water users. If you try it, you might want to add something that masks the smell.

Iron

This crucial nutrient helps your body make blood, and low levels of it are linked to hair loss. The reason why isn't clear, but make sure you eat plenty of iron-rich foods like meat, fish, poultry, tofu, broccoli, and all kinds of greens. Talk to your doctor before taking iron pills, though. Too much can cause vomiting and constipation. Very high doses can even be fatal.

Biotin

Some doctors prescribe biotin (a.k.a. vitamin B7) for hair loss and get good results. (It's also good for your skin.) Although it's safe, you probably get plenty from the foods you eat. Eggs, wheat germ, and mushrooms all contain a high amount of biotin. Don't worry so much about putting it on your scalp. While many hair products boast that they contain it, there's not much proof that your hair loss will be helped by them.

Zinc

Since zinc helps with most processes in your body that keep you alive, it's no surprise that it also strengthens the follicles under your scalp that nourish your hair. Your body doesn't have a way to store zinc, so you need some in your diet every day. If your levels are low, there's some proof that taking zinc by mouth could help with hair loss, but more research is needed. Your doctor will likely have you try other treatments first.

Saw Palmetto

From the fruit of a small palm tree comes this herbal remedy, which is sometimes hyped as a hair growth wonder drug. Some studies have shown that it keeps the male hormone testosterone from breaking down, which can help prevent hair loss. While it's unclear how well saw palmetto works, the good news is that it's believed to be safe, can be taken with other drugs, and doesn't cost much to try.

Aromatherapy

Sandalwood, lavender, rosemary, and thyme oils have been used to treat hair loss for over 100 years. A compound in them is thought to boost hair growth. You can try rubbing one or more of these oils into your scalp for at least 2 minutes every night. Then, wrap your head in a warm towel to help it absorb. A bonus: This nightly massage smells good and can help you feel more relaxed.

Silicon

High levels of this common element can slow down hair loss. (Not to mention, make your locks brighter.) You'll find different types of silicon supplements at the store, but a manmade version called orthosilicic acid (OSA) may be absorbed best by your body. Still, talk to your doctor first. It's not clear how safe silicon supplements are.



Selenium

Some hair growth supplements contain a nutrient called selenium. It can help your body fight off any toxins you're exposed to (like through smoking or unclean air) and keep your hair follicles healthy. Although rats and mice with low selenium start to go bald, this hasn't been proved true for people. In fact, too much selenium can actually cause hair loss, as well as problems with your memory.

Melatonin

You may know melatonin as the "sleep hormone." Many people take it as a supplement for a good night's rest or to cut jet lag. But a cream with melatonin can also boost hair growth or slow down hair loss. The reasons aren't clear, but in a study, people who used a melatonin mixture on their scalp saw less hair loss in 30 days. Struggle with dandruff? Melatonin could help that too. As with all supplements, check with your doctor first.

Pumpkinseed Oil

Daily doses of pumpkinseed oil taken by mouth could safely help bring your hair back. While more research is needed, one small study found that men who took four capsules of PSO each day for 6 months saw their hair count increase by 40%. One reason why? Like saw palmetto, pumpkinseed oil could block testosterone from changing into a compound called DHT, which is linked to hair loss.

Green Tea

An extract made from its compounds may help a range of health issues, including hair loss. It may be a compound called EGCG that helps with hair growth. Researchers saw a difference when they gave balding rats green tea extract for 6 months. But that hasn't been tested in people. Use green tea supplements with caution, though. Some contain other compounds that can make you sick.

Platelet-Rich Plasma (PRP)

Doctors sometimes inject platelet-rich plasma (PRP), which comes from your own blood, to help with healing after surgery. PRP, which is rich in growth factors, might also help your hair grow. You give a little blood, and a lab spins it in a centrifuge to home in on platelet-rich plasma protein. You then get it injected into different points on your scalp. Many people who have PRP notice their hair grows back -- thicker than before.

Amino Acids

These are "building blocks" for proteins. They help your body work the way it should. Some amino acids -- such as cysteine and L-lysine -- play a special role in keeping your hair healthy and growing. But you don't need to take them as supplements. You should get plenty of amino acids through a healthy diet. Good food sources include cottage cheese, fish, eggs, seeds and nuts, whole grains, and meat.

Smart Hair Care

In some cases, you can help your own hair loss with small and easy changes. Be gentle when you wash, dry, and brush your hair. Don't yank! Limit the use of curling irons and hot rollers, which can weaken your hair. (So, can often wearing your hair in a tight ponytail, braid, or bun.) If you smoke, now's a great time to quit. Men who light up are more likely to have hair loss than those who don't.

Tame Your Stress

Going through a rough time can sometimes lead to hair loss. Try to head it off by getting a better grip on your stress. Try techniques like meditation, deep breathing, guided imagery, relaxation exercises, or talking to a counselor. Exercise is also a great option. These are all easy to learn and proven to help ease tension. Keep in mind, the best treatment for your hair loss depends on the cause. Talk to your doctor for guidance.

WebMD

Reviewed by Stephanie S. Gardner, MD

SOCIETE R. CHUNDUNSING & FILS RADHAYSING LTD



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Why “Kahaan Hum Kahaan Tum” actor Karan V Grover is perfect as Dr Rohit Sippy?



Karan V Grover has been a part of the TV industry for more than a decade now. For most of the time though he has been like a sleeper hit movie. Majority of his shows have done well on TV and still you wouldn't hear his name enough. But now it seems to be changing with 'Kahaan Hum Kahaan Tum', reports Chitra Saral of justshowbiz.net.

Karan plays the role of Dr Rohit Sippy. A renowned surgeon (not doctor, as he keeps correcting Sonakshi), an admirable person with a broken heart and a secret that's lingering in his heart since past 4 years.

Karan essays the essence of Rohit Sippy and his every shade so beautifully on screen that if you didn't know him, you would really be disappointed. Karan has a smoothness in his work. His transitions from one emotion to

another are as buttery as his transitions in expressions. He never goes overboard and he is an actor who can do more with less.

The character itself

It's so common these days to have a lead who turns into an aggressive person and is always in I-live-in-this-shell-and-I-am-never-coming-out-of-it zone or a guy who is always distant with his mother or father. Karan's character has all the problems. He has a problem with his father, he is heartbroken but he is normal too. He behaves in a proper way even though he is extremely sensitive. Karan plays a big role in bringing that conflict and normality in a way that reaches us subtly and effectively. The character isn't made unnecessarily complex and still tugs at your heartstrings.

A broken heart is just the growing pains necessary so that you can love more completely when the real thing comes along.

If the show's concept could be explained in one quote this would be it. The show hasn't dwelled much into Rohit's story individually as it has for Sonakshi but we don't feel any less for Rohit. Rohit's heartbreak is shown so poetically by Karan that you cry! You have to watch him in the car on his way to fashion show or the episode where Rohit and Sonakshi's heart to heart conversation to understand what we are saying!

Krystle Dsouza to play a cameo in ‘Brahmarakshas 2’?

There has been a buzz in the media about another of Ekta Kapoor's popular supernatural fiction thriller *Brahmarakshas*. The show is supposedly going to soon return with a season two and there have been many names that have been reported in the media about the star cast as well as those who have been approached for the second season of the show.

And now, there is a report in a leading portal that suggests that Krystle Dsouza may be a part of the second season for the initial episode. The actress was the lead in season 1 along with Ahem Sharma and Parag Tyagi in pivotal roles. Krystle is still known for her character of Jeevika from *Ek Hazaaron Mein Meri Behna Hai* and she made her digital debut with ALT Balaji's *Fitrat*.

Are you excited about the show? Drop your comments in the section below and watch out this space to know more about the show.



YOUR STARS

Sagittarius: Nov 22 - Dec 21

Your relations with your heart's elected one will be founded on confidence and complicity. The solitary ones will put an end to their loneliness. A swelling of the glands is to be feared, and you'll be very vulnerable to tonsillitis; treat your ills correctly.

Lucky Numbers: 8, 12, 15, 20, 30, 31

Capricorn: Dec 22 - Jan 19

A favourable climate for friendly and social relations; you'll have some very happy reunions. You'll be lucky with money, but you'll also have a certain tendency to believe that money alone can procure happiness. Be careful in love!

Lucky Numbers: 5, 9, 10, 11, 12, 17

Aquarius: Jan 20 - Feb 18

It would be desirable to fast one weekend a month in order to eliminate the toxins that are blocking your liver. In business, think about protecting your rear, don't put all your eggs in the same basket. Risks of family quarrels.

Lucky Numbers: 5, 9, 11, 16, 24, 30

Pisces: Feb 19 - Mar 20

In your work, you could be tempted to go ahead of schedule, but your time hasn't come yet. If you're married, be careful not to get excited without thinking, otherwise beware of very troublesome consequences!

Lucky Numbers: 11, 18, 20, 23, 26, 29

Aries: Mar 21 - Apr 19

Quiet love life, without clashes but without passion either. You'll need to relax; laughter and sleep will be the most efficient ways to do it. Try to involve yourself more in your work; luck will smile to you.

Lucky Numbers: 17, 20, 24, 26, 30, 36

Taurus: Apr 20 - May 20

You'll enter this week in a very good physical and moral shape; try not to rush too much. Tense climate in your home; watch out so as not to spark off a crisis. If you're a lonely heart, you're going to meet the person of your dreams.

Lucky Numbers: 4, 6, 13, 17, 20, 30

Gemini: May 21 - June 20

At work, you won't have much elbow room and will suffer delays because of other people's fault. Beware of infections: strengthen your natural defenses with products rich in vitamin C. If you're still without someone, will at once give up your dear liberty.

Lucky Numbers: 15, 17, 21, 28, 31, 33

Cancer: June 21 - July 22

Good week for entering a durable union following a love at first sight. Watch out for the banana skins that somebody will try to throw under your feet; in businesses, don't be sentimental and don't give your confidence to anybody.

Lucky Numbers: 3, 21, 27, 29, 30, 33

Leo: July 23 - Aug 22

Even though you find yourself confronted with numerous problems, don't complain, keep silent in order to favour good reflection. If you're single, you'll make a promising encounter by the middle of this week.

Lucky Numbers: 3, 5, 7, 11, 17, 20

Virgo: Aug 23 - Sept 22

You'll feel more apt to communicate with others and very motivated to carry out your professional and social ambitions. Concern yourself more with your family, particularly with your children. You can count on your long-time friends.

Lucky Numbers: 15, 18, 19, 22, 30, 31

Libra: Sept 23 - Oct 22

You'll encounter difficulties in your work; avoid entering in an open conflict with your colleagues. You'll have the means to increase the material comfort of your home; don't hesitate.

Lucky Numbers: 8, 20, 23, 24, 29, 33

Scorpion: 23 Oct - 21 Nov

A climate that will encourage household disagreements; keep your self-control. Be careful in the choice of your relations and your friendships; the interest that people will show you won't always be sincere and without ulterior motives.

Lucky Numbers: 20, 21, 28, 29, 33, 40

'Yeh Pyaar Nahi Toh Kya Hai': A new-age story of unspoken love



After showcasing various hues of love and romance through shows like 'Ek Duje Ke Vaaste', 'Kuch Rang Pyar Ke Aise Bhi' and 'Badhe Acche Lagte Hain', Sony Entertainment Television is now bringing you an untouched, breezy yet absorbing world of romance in 'Yeh Pyaar Nahi Toh Kya Hai'.

The story revolves around Siddhant Sinha (Namit Khanna) and Anushka Reddy (Palak Jain), whose love is unspoken but palpable, unexpressed but perceptible.

Dilip Jha, Writer and Producer, says, "The series has two parts - one is a contemporary romance with nuances and nostalgia of first love. The other part is this larger-than-life drama of the 70s, where a young man is all set to take the entire world head on to make his way, while still being rooted and in love."

Danish Khan, EVP and Business Head, SET, says, "We are delighted to present Yeh Pyaar Nahi Toh Kya Hai and collaborate

with Dilip Jha, the writer-producer, who had given Sony a great love story last year - *Ek Duje Ke Vaaste*. This show will give urban working couples and youngsters a great love story to end their day."

Along with the debutant lead pair - Namit Khanna (Siddhant Sinha) and Palak Jain (Anushka Reddy) - the show will feature an ensemble of talented artistes, including Manish Choudhary, Anuraag Arora, Alka Amin, Ankit Raj, Shahana Verma and Vishal Malhotra.

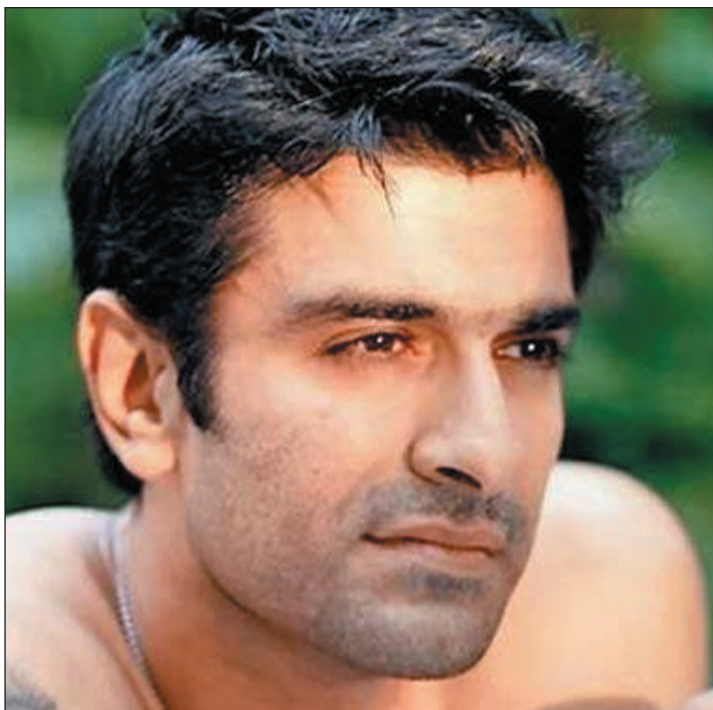
Coming back to the storyline, Siddhant races ahead to achieve fame and success in his career, but still finds a vacuum in his life. Anushka, the daughter of one of the biggest business tycoons in the

country, is untouched by the opulence in which she has been brought up. She has everything which one could desire, but she cannot give up on her feelings for Siddhant. The question the show asks is, *Yeh Pyaar Nahi Toh Kya Hai*?

Elaborating on the show, Dilip Jha of Bindu & SJ Studios, adds, "Apart from great entertainment, I believe this show will also deliver a strong social message. One can look forward to great acting, fast-paced narrative and above par production standard. It will appeal to television's regular audiences across age groups as well as bring in new audience looking for new-age content."

One of the main highlights of *Yeh Pyaar Nahi Toh Kya Hai* is that it's being shot in Delhi at real locations, to give its viewers a cinematic experience.

The pandemic was therapy for me: Eijaz Khan



Eijaz Khan talks about his experiences during the lockdown and how a dog saved him

things like migrant labourers walking back home and I would feel guilty about having basic stuff. The pandemic forced me to delve into myself and it was the best therapy that I didn't pay for. There were many lows, too, and I am a private person so opening up is tough. I became disillusioned, wouldn't eat for eight hours, and ended up scrolling through social media for hours. It seemed like the lockdown wouldn't end soon," he says.

The Bhram actor then set a routine for himself which included calling friends and family daily, relying on neighbours for food, and though he isn't "that religious", Khan prayed five times a day. "It was a revelation for me that praying felt like meditation," he shares.

What also helped the actor, he admits, is being a foster pet parent. He lost two of his pets in a span of a year and when he heard about pets being abandoned, he decided to foster. "I got a female dog called Blossom, which was a first for me. When I brought her home, she was in a bad shape? She had been tied on the highway for two weeks, had maggots all over her body and had trust issues. She needed tough love but in reality, she saved me. Taking care of her helped me through the past few months," he concludes.

All through the lockdown, actor Eijaz Khan was alone in his flat in Mumbai. He says the pandemic had a huge effect on him, as it "clamped" him in a shell and forced him "to confront demons" in his head.

"There should be counselling for people, as many might have had extreme experiences during the lockdown. Now, it will be difficult to go back to normal. In the first month, I cried a lot over

TV SERIAL

Yeh Un Dinon Ki Baat Hai

Friday 4 Sept: After the long argument, Naina decides to leave the house, but doesn't leave. Anand has decided to leave the house where he was living and has decided not to inform Naina about it. Sameer visits the office and lets his uncle and Divyang know who's the boss!

Monday 7 Sept: Sameer had an argument with Divyang and his Mama decided to separate the firm and asks Sameer to run his own share and accuses him of learning nothing while his tenure.

Tuesday 8 Sept: Naina's chacha comes to pick Naina up from Sameer and her house to take her to his place. Sameer and Naina are both upset by that fact but are also upset with each other.

Wednesday 9 Sept: As Manoj and his father with Sameer and one other friend have gone to the girls house for Manoj's marriage proposal, they find the girl very cute and even the girl says yes. But the twist in the story is that the girl says yes for Sameer.

Thursday 10 Sept: Sameer before arriving at party becomes emotional upon thinking about Naina. But later both meet at party and have short conversation and in between that Sameer notices the zip of Naina's dress was open and he helps her closing it.

Kahan Hum Kahan Tum

Friday 4 Sept: The Sippys are shocked when Rohit reveals the truth about his relationship with Sonakshi. Later, he tends to Raima when her condition drastically deteriorates.

Monday 7 Sept: Rohit and Raima spend some alone time while Sumit assures to stand by Sonakshi. Later, Rohit gets threatened by Tanushree at the hospital.

Tuesday 8 Sept: Sonakshi is overwhelmed by Rohit's honest confession. Later, she reveals a dark secret from her past while YK's mother does the unthinkable.

Wednesday 9 Sept: Upon learning that her daughter is missing, Raima's mother confronts Rohit. Meanwhile, Rohan invites Pari to accompany him for a couple's massage.

Thursday 10 Sept: Deepa slaps Pari after a verbal spat while Rohit tries to pacify an infuriated Raima. Later, a guilt-ridden Sonakshi takes a drastic step.

CINE 12

Vendredi 4 sept - 21.15

Woochi, Le Magicien Des Temps Modernes

Avec: Kang Dong-won, Kim Yoon-seok, Im Soo-jung, Yoo Hae-jin, Song Young-chang, Ju Jin-mo, Kim Sang-ho, Sun Woo-sun



CINE 12

Samedi 5 sept - 21.15

Memoires D'une Geisha

Star: Ziyi Zhang, Ken Watanabe, Michelle Yeoh



mhc 1

Dimanche 6 sept - 21.10



MBC 1

vendredi 4 septembre

07.05 Local: Passerelles
09.45 Local: Later Set Kouler
10.30 Local: Arts.21
11.00 Local: Saver KilTirel
12.00 Le Journal
12.25 Mag: Women Who Changed
12.35 Mag: Eye On SADC
14.00 Local: Rodrig Prog
14.30 D.Anime: Kid-E-Cats
15.13 D.Anime: Petit Creux
15.15 D.Anime: Twirlywoos
16.11 D.Anime: Teenie Weenies
16.47 D.Anime: Roger
17.05 D.Aimes: Trolluhunters
17.30 Serial: Lucas Etc..
18.00 Live: Samachar
18.30 Serial: Siya Ke Ram
19.30 Journal & La Meteo
20.00 Prod: Komiko
21.45 Serial: The Blacklist
23.00 Le Journal

MBC 2

10.00 Serial: Mah-E-Tamaam
11.20 Serial: Tum Mere Paas Raho
12.04 Film: Savitri
Starring: Nara Rohit, Nanditha
14.02 DDI Magazine
15.00 Mag: Comedy Classes
15.23 Serial: Honaar Soon Mee
15.44 Serial: Mooga Manasulu
16.07 Serial: Apoorva Raagangal
16.33 Serial: Bisaat-E-Dil
16.49 Mehendi Tohra Namam Ke
17.11 Serial: Gangaa
18.00 Serial: Die Now
18.30 DDI Magazine
19.00 Live: Zournal Kreol
19.30 DDI Magazine
20.00 Serial: Tawaan
20.44 Local: Anjuman
21.11 Local: Urdu Programme
22.11 DDI Live

MBC 3

06.00 Mag: Eco India
06.44 Mag: Shift
07.00 Mag: Border Crossing
07.35 Mag: Tomorrow Today
08.01 Doc: Comme Un Poisson...
09.08 Doc: 360 GEO
10.01 Doc: On Route 7 Into The...
11.31 Mag: Sur Mesure
11.59 Mag: Border Crossing
12.25 Mag: Garden Makeover
12.30 Mag: Tomorrow Today
13.05 Mag: Comme Un Poisson...
14.45 Mag: Strictly Street
15.50 Doc: Japan 2020
16.00 Mag: Eco India
16.59 Mag: Border Crossing
17.25 Mag: Garden Makeover
18.00 Doc: Brain Factory
18.43 Mag: Urban Gardens
18.47 Mag: Arts And Culture
19.00 Open Univ: Student Support

Cine 12

01.30 Film: Murder, She Baked
02.49 Serial: Dynasty 2
03.35 Film: Lowriders
05.07 Tele: Totalement Diva
05.58 Tele: Esmeraldas
06.38 Serial: The Quest
09.00 Serial: Chicago Fire
09.45 Tele: Soleil Levant
10.35 Serial: Dynasty 2
11.31 Tele: Dulce Amor
12.00 Film: Lowriders
13.36 Tele: Totalement Diva
14.45 Serial: The Quest
16.49 Serial: Chicago Fire
17.30 Tele: Esmeraldas
18.11 Tele: Soleil Levant
19.10 Live: Dulce Amor
20.05 Tele: Le Prix Du Désir
20.30 Serial: Hawaii Five-0
21.15 Film: Woochi, Le Magicien
23.25 Tele: Totalement Diva

Bollywood TV

08.00 Film: Imaandaar
12.05 / 19.54 -
Kahan Hum Kahan Tuam
12.30/ 20.11 -
Kullfi Kumarr Bajewala
12.52 / 20.32 Radha Krishna
13.14 / 21.09 - Bin Kuch Kahe
13.36 / 21.24 - Zindagi Ki Mehek
13.53 / 21.46 -
Bade Acche Lagte Hai
14.17 / 21.59 -
Jai Kanhaiya Lal Ki
14.43 / 22.25 - Bitti Business...
15.00 Film: Rajkumar
Starring: Naseeruddin Shah,
Anil Kapoor, Madhuri Dixit
18.00 Live: Samacher
18.30 Kumkum Bhagya
18.51 Piya Albela
19.14 Mere Angne Mein

samedi 5 septembre

06.00 D.Anime: Robot Trains
07.25 D.Anime: Kid-E-Cats
08.50 D.Anime: The Garfield Show
12.00 Le Journal
12.25 Local: People
12.35 Mag: Les Artisans Du Rebut
14.10 Local: Rodrig Prog
14.30 D.Anime: Kid-E-Cats
14.50 In The Night Garden
14.46 D.Anime: Le Quiz De Zack
15.14 D.Anime: Petit Creux
15.27 D.Anime: Teenie Weenies
15.30 D.Anime: Poko
16.12 D.Anime: Boule Et Bill
16.27 D.Anime: Uma And Devan...
17.30 Serial: Lucas Etc
18.00 Live: Samachar
18.35 Entertain: Nach Baliye
19.30 Journal & La Meteo
20.00 Prod: Lottotech
21.10 Film: Hollows Grove
23.00 Le Journal

07.00 Film: Tulsi Vivah
10.00 Bade Acchelagte Hai
12.00 Serial: Nanda Saukhyia Bhare
12.50 Serial: Brundavanam
13.12 Annakodiyum Ainthus
Pengalum
13.35 Serial: Anu Pallavi
14.00 Dil Hai Hindustani
15.00 Serial: Comedy Classes
15.30 Film: Pyare Mohan
Starring: Fardeen Khan, Vivek
Oberoi, Esha Deol, Amrita Rao,
Boman Irani
18.00 Mag: DDI Magazine
19.00 Journal Kreol
20.05 Serial: Vikram Betaal Ki
Rahasya Gatha
21.00 Film: Kahaani 2
Starring - Vidya Balan, Arjun
Rampal
23.01 DDI Live

06.00 Doc: Brain Factory
06.47 Mag: Arts And Culture
07.00 Mag: Global 3000
07.30 Mag: Euromaxx
07.59 Doc: Wildlife Heroes
09.00 Doc: Code(s)
09.48 Doc: Islands In The Atlantic
11.00 Doc: Brain Factory
11.43 Mag: Urban Gardens
12.01 Mag: Global 3000
12.35 Mag: Euromaxx
15.31 Doc: The Wealth Of Bio...
16.42 Mag: Urban Gardens
17.00 Student Support Prog...
19.34 Mag: Check In
20.05 Doc: Le Volcan Qui A...
20.58 Doc: 2D Innovations
21.00 Local: News (English)
21.50 Doc: Foot Down For Eternity
22.34 Doc: The Truth About Lying
23.17 Doc: Amazing Gardens
23.43 Doc: Ville En Fête

01.00 Film: Woochi, Le Magicien
03.44 Film: Black Wafe
05.16 Tele: Destiny
06.04 Serial: Hawaii Five-0
06.46 Serial: Sherlock
08.30 Serial: Mike Hammer
09.18 Serial: 12 Monkeys
09.59 Serial: Counterpart
10.52 Film: Murder, She Baked
12.15 Serial: Chicago Fire
13.00 Tele: The Magicians
13.40 Tele: Premiere Dame
15.05 Serial: Dynasty 2
16.30 Mag: Hollywood On Set
17.00 Serial: Hawaii Five-0
17.45 Film: Hope Dances
19.18 Mag: Hollywood On Set
20.05 Tele: Le Prix Du Désir
20.30 Series: Hawaii Five-0
21.15 Film: Memoires D'une Geisha
23.33 Tele: Eva Luna

04.05 Kahan Hum Kahan Tum
04.26 Kullfi Kumarr Bajewala
04.51 Radha Krishna
05.14 Zindagi Ki Mehek
05.27 Bade Acche Lagte Hai
06.01 Jai Kanhaiya Lal Ki
06.22 Bitti Business Wali
06.45 Kundali Bhagya
07.07 Piya Albela
07.29 Mere Angne Mein
08.00 Zindagi Ki Mehek
10.12 Yeh Un Dinon Ki Baat Hai
14.02 Bin Kuch Kahe
16.00 Pavitra Rishta
18.30 Film: Bhaiaji Superhit
Starring Sunny Deol,
Ameesha Patel, Preity
Zinta
20.34 Serial: Siya Ke Ram
21.16 Serial: Naagin
22.02 Serial: Zindagi Ki Mehek

dimanche 6 septembre

06.00 D.Anime: Robot Trains
06.27 D.Anime: HTDT
08.45 D.Anime: The Garfield Show
09.27 D.Anime: Astrology
09.35 Serial: Dark Oracle
12.00 Le Journal
12.30 Local: Elle - No 111
15.00 D.Anime: Kid-E-Cats
15.20 D.Anime: Le Quiz De Zack
15.24 D.Anime: In The Night Garden
15.41 D.Anime: Petit Creux
16.25 D.Anime: Kid-E-Cats
16.30 D.Anime: Fils De Wouf
16.41 D.Anime: Boule Et Bill
17.16 D.Anime: Roger
17.30 D.Anime: Trolluhunters
18.00 Live: Samachar
18.30 Local: Yeh Shaam Mastani
19.30 Le Journal
20.00 Prod: Mett Sa Ladan
21.10 Film: A Bronx Tale

07.00 Film: Anpadh
Starring: Ashok Kumar,
Parikshat Sahni, Z. Wahab
09.17 DDI Magazine
10.00 Local Production: Exerpts
Of Immersion Ceremonies
11.00 Serial: Santoshi Maa
12.00 Film: Pyaar Diwana Hota...
Starring - Govinda, Rani
Mukerji
14.32 DDI Magazine
15.00 Mag: Comedy Classes
15.16 Serial: Mooga Manasulu
15.39 Eka Lagnachi Teesri Gosht
16.06 Serial: Apoorva Raagangal
17.00 Serial: Mahakali
18.30 Local: Tipa Tipa Nu Avance
19.30 DDI Magazine
20.00 Serial: Maharakshak
20.44 Serial: Naagin
21.27 Serial: CID

06.00 Doc: Amazing Gardens
06.26 Doc: Ville En Fête
06.52 The World From Above
07.15 Mag: Check In
08.36 Doc: Scanning The Great...
10.13 Doc: The Truth About Lying
11.02 Doc: Amazing Gardens
12.23 Mag: Check In
16.34 Doc: Ville En Fête
17.53 Doc: 2D Innovations
17.54 Doc: 2D Innovations
18.00 Doc: Trajectory
18.30 Doc: Urban Party
19.05 Doc: Superfoods
19.30 Mag: Future Mag
21.00 Doc: News (English)
21.10 SOS Animaux En Danger
22.44 Doc: Hoping For A Better...
23.27 Doc: Trajectory
23.53 Doc: Garden Party
00.19 Doc: Superfoods

00.46 Film: Memories D'une Geisha
03.04 Serial: Hawaii 5-0
03.44 Film: Mort Ou Vif
05.27 Tele: Destiny
06.15 Serial: Hawaii Five-0
06.40 Film: Time Trap
08.30 Serial: Mike Hammer
09.16 Serial: 12 Monkeys
09.57 Serial: Counterpart
10.50 Film: Hope Dances
12.23 Serial: Hawaii 5-0
13.03 Serial: The Magicians
13.47 Tele: Premiere Dame
15.05 Serial: Dynasty 2
17.08 Serial: Hawaii Five-0
17.50 Serial: The Enemy Within
18.31 Serial: Mission: Impossible
20.05 Tele: Le Prix Du Désir
20.30 Serial: Incorporated
21.15 Film: King Kong
00.15 Film: Hope Dances

00.40 Yeh Hai Mohabbatein
02.23 Bin Kuch Kahe
04.13 Pavitra Rishta
05.35 Film: Bhaiaji Superhit
08.06 Motu Patlu
08.11 Jai Kanhaiya Lal Ki
09.54 Jaana Na Dil Se Door
11.40 Piya Albela
13.27 Kahan Hum Kahan Tum
15.21 Kullfi Kumarr Bajewala
17.00 Punar Vivaah
18.00 Samachar
18.30 Film: Shahenshah
Starring: Amitabh
Bachchan, Meenakshi
Seshadri, Amrish Puri
21.23 Nach Baliye
21.23 Bade Acche Lagte Hai
23.56 Piya Albela

Samedi 5 septemre - 21.00

Stars: Vidya Balan, Arjun Rampal



Dimanche 6 septembre - 18.30

Stars: Amitabh Bachchan, Meenakshi Seshadri, Amrish Puri



With Kamala Harris, Americans yet again have trouble understanding what multiracial means

While the debates about Kamala Harris' multiraciality may seem new, they are similar to the commentary other high-profile mixed-race people in the US have received about their racial identities

News that Sen. Kamala Harris was Joe Biden's choice for the 2020 Democratic vice presidential nominee drove speculation and argumentation about her identity. The big question appeared to be, "Is Kamala Harris truly African American?"

There were numerous articles and opinion pieces about whether Harris can legitimately claim to be African American; the authenticity of her Black identity if she has an Indian mother; what it means for her to be biracial; and other articles opining and speculating about her racial, ethnic and even national identity.

Harris, the daughter of immigrant parents from Jamaica and India, identifies as Black/African American while also embracing her Indian heritage. Yet the questions in social media and news outlets swirling around her identities demonstrate a continued misunderstanding of race and mixed-race people.

Where do loyalties lie?

While the debates about Harris' racial identities may seem new given the recent media attention focused on her, they are similar to the commentary other high-profile mixed-race people have received.

When I did research for my chapter on Tiger Woods in my book "Racial Ambiguity in Asian American Culture," I found much criticism of Woods' calling himself "Cablinasian" (a word Woods made up as a teen to account for his Caucasian, Black, American Indian and Asian heritages) and for not solely identifying as Black. Several articles expressed confusion about his multiraciality - the uncertainty over the most accurate racial category to fit him into.

The discussions of Woods mirror the critiques of Harris.

The competing interpretations of Harris' identity, like with Woods, seem to be a function of her multiple, intersecting identities (including race, class and gender) as well as the public's deep discomfort with people who don't fit into fixed boxes.

For example, some people want to disavow Harris' Blackness because of her multiple ethnic and racial affiliations. Others claim her as Jamaican or Indian, which serves as evidence of her success as a member of an ethnic group or which celebrates a shared cultural connection with her.

Some see her Jamaican and Indian ethnicities as diminishing her claim to a Black American experience, unlike those who are known as "ADOS," or American Descendants of Slavery. Because Harris' ancestors do not include those who were enslaved in the US, ADOS's concern is that neither she nor her family can know the deep historical pain of U.S. anti-Black racism.

Embedded in this concern are echoes of the questions Black Americans face who have passed, who chose whiteness to escape slavery or the Jim Crow South or those who choose multiraciality to flee the social stigma of Blackness. Questioning Harris' bona fides to being a Black American is questioning where her loyalties lie.

'100% Black and 100% Japanese'

There are political reasons why some may want to discredit Harris' claims to Blackness, believing that saying she's not truly Black means she shouldn't be relatable to Black voters.

But the desire to see Harris as only Black or worry that she is not truly African American derives from the racist U.S. past of the one-drop rule of racial impurity, which sociologist F. James Wood has described as the idea that "a single drop of 'black blood' makes a person a black." That was an ideology from the majority of U.S. history - from its founding through to the Jim Crow era - when race was firmly believed to be a matter of blood.

Scientists for well over half a century have disproven any link between race and genetics. Scholars have been writing and researching, for decades, about how race is a social construction rather than a biological absolute.

But in public discussion in the U.S., race is treated as an entity that can be measured and labelled. That is why people are questioning the validity of Harris' African American identity. They believe that her racial affiliation can somehow be quantified and weighed on a scale of authenticity.

Underlying these questions of authenticity are questions of legitimacy. Multiracial people are constantly confronted by those who question their whole selves and their choice to authentically identify with multiple races. For these critics, to qualify for membership in a race or ethnicity means one must be 100% of that group. Anything less means you cannot be a real member of any given culture, ethnicity or race.

Yet the reality and experiences of multiracial people's lives, like that of Harris, suggest that basic math cannot capture the realities of what it means to embody multiple races and ethnicities. As one subject of multiracial artist Kip Fulbeck's photo installation of mixed-race Asian Americans in The Hapa



Project states, "I am 100% Black and 100% Japanese."

Evolution of racial categories

Racial identity is not only about external features (eye shape, hair texture, skin colour) and ancestral lines. It is about the cultural and social habits and rituals that people participate in as they claim their affiliations with ethnic and racial groups.

The Indian food that Harris consumes speaks volumes about the ethnic influences she embraces, as does the Black sorority she pledged and the historically Black college she attended.

Anyone confused about Kamala Harris' multiraciality may recall that the U.S. is a nation that was not built by a single ethnic or racial group.

Indeed, U.S. land was taken from various Indigenous nations and built by the enslaved labour of people from multiple African nations and tribes for the benefit of others who hailed from a variety of European nations. And other immigrants from Latin America and the Pacific Rim settled in North America and made the U.S. their home.

Harris, as the US's first multiracial, multi-ethnic female vice presidential candidate, reflects the evolution of racial categories, which coincides with an ever-evolving understanding of race and racism in the 21st century.

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Tree of Knowledge

Madisyn Taylor

Leaving the Earth a Better Place

It is a great act of love to leave the earth a better place when we leave, than which we found her

We inherit this great planet from our parents and from the generations that came before. Then, in concert with the surrounding culture, our elders teach us how to care for the land and the sea, ourselves and each other. They model ways of being in relationship with every other expression of life on earth. But whether they act with care or carelessness, compassion or cruelty, generosity or greed, we have the ability to choose our own individual way of relating with the planet and her inhabitants. From our first breath here to our very last, we will find infinite opportunities to influence our environment for the better. We can decide now to act with intention in order to leave this amazing planet brighter and more beautiful than when we arrived.

If we enjoy environmental activism, we might feel moved to clean up beaches or to plant trees. But, we need not feel limited in our ability to contribute positively. There are many ways to leave a legacy of love. We might begin by radiating affirmative thoughts and feelings about how magnificent the earth truly is. We might create and tend a special garden, one that provides an abundance of food and herbs for ourselves and our loved ones. Or we might create a garden filled with sweet smelling flowers to uplift our hearts. We might even honor the earth simply by trying to be the best person we can be while we are here. Such good will can have a domino effect, inspiring others to contribute in their own way as well.

We spend our lifetimes being nourished and enlivened by the rain, sun, soil and wind. Our experience is blessed by other living beings, from plants to insects to birds and humans. We receive so much; giving back just naturally feels good. When we live our lives with intention of leaving this temporary home a better place for generations to come, we are perhaps leaving behind the best gift of all.